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VOL. 30 NO. 11 MARCH 16, 2009 NO CHARGE
14 WING • ESCADRE 14 GREENWOOD, NS

The Aurora

newspaper



Winter Carnival Wrap-up

Catch...

... all this years
Winter Carnival
results!
See pages 14-15.

(photo: 14 Wing Imaging)

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14 Wing Telecommunications and Information Services Squadron

14 Wing Greenwood has seen incredible growth in technology over the last several years. In fact, the total number of computers has more than doubled since 1999. In addition, the

capacity of these machines has increased by orders of magnitude. This is all good news for the users, but who takes care of all of this equipment? The answer is Wing Telecommunications and Information Services Squadron (WTISS). This unit has roughly 90 members.

These technicians take care of just about all the electronic systems on the base. This includes all of the ground-based radios, radar systems, computers, servers, network equipment, cables, cell phones, messaging systems, cryptographic equipment and of course BlackBerries!

Most of WTISS is in 4 Hangar, but there are also people in 9 Hangar, the Hornell Centre and the Air Traffic Control centre.

The Area Surveillance Radar is also maintained by WTISS. You can see this radar from just about anywhere in the area; it's the large tower with a dome on the North Mountain. Our technicians are up there on a regular basis to perform preventative maintenance.

The Squadron also mans the radars located at Sydney and Barrington. These technicians are reservists who live in the nearby communities. Their drive to work isn't that bad, but it takes them a while to get to CFB Greenwood when they have appointments on base!

WTISS also deploys! In fact, roughly 20% of the Squadron will depart with 14



Pte LeMoyne tuning a radio.

Wing's Mission Support Squadron for six weeks this summer and for six months next winter. This will, unfortunately, have an impact to the level of service we provide to the Wing.

Still wondering how many computers there are on base? There are over 2,300

workstations and laptops, and the number is constantly growing! We hope that these machines don't give you any problems, but if they do, please drop by our service desk located at the front of 4 Hangar.



Cpl Caceras checking the radar system.

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Soldier killed, four injured in Afghanistan

Trooper Marc Diab, a member of The Royal Canadian Dragoons, was killed March 8 in the Shah Wali Kowt District of Kandahar Province.

Tpr Diab, who was serving with 3rd Battalion, The Royal Canadian Regiment Battle Group, died and four Canadian soldiers were injured when an IED detonated near their

armoured vehicle while they were conducting security operations northeast of Kandahar City.

The injured soldiers were evacuated by helicopter to the Multinational Medical Unit at Kandahar Airfield. All four are in stable condition; three of them were evacuated to Landstuhl Medical Facility.

Un soldat canadien tué et quatre blessés en Afghanistan

Le 8 mars dernier, un soldat canadien a été tué et quatre autres ont été blessés lorsqu'un dispositif explosif de circonstance a explosé près de leur véhicule blindé à environ 35 kilomètres au nord-est de Kandahar City, dans le district de Shah Wali Kowt.

Le soldat tué est le Cavalier Marc Diab de l'unité des Royal Canadian Dragoons. Le Cavalier Diab servait avec le

groupement tactique du 3^e Bataillon, The Royal Canadian Regiment Battle Group.

Les membres des FC blessés ont été évacués par hélicoptère vers le centre médical multinational de l'aérodrome de Kandahar. Tous les blessés sont en état stable et trois d'entre eux seront évacués bientôt vers l'établissement médical de Landstuhl.



Trooper Marc Diab

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Notes from the Dak

By: Wayne Bailey

Once again, the Greenwood Military Aviation Museum's Dakota #655B has "taken flight". Well at least part of it has...

On February the 17th the restoration crew, with the assistance of three members of the MSE Section, raised the centre section of the wing box, away from the wooden skid and braces that had been originally fashioned in Hay River N.W.T. to enable the unit to be trucked to Greenwood. This centre section contains the engine

nacelles, the main wing attachments and connects the main undercarriage to the lower fuselage.

A great deal of repair work had been completed while it sat inverted on the skid, and it was now time to lift it, rotate it 180 degrees and place it right side up with the wheels on the ground, and close to where it will match it up with the fuselage.

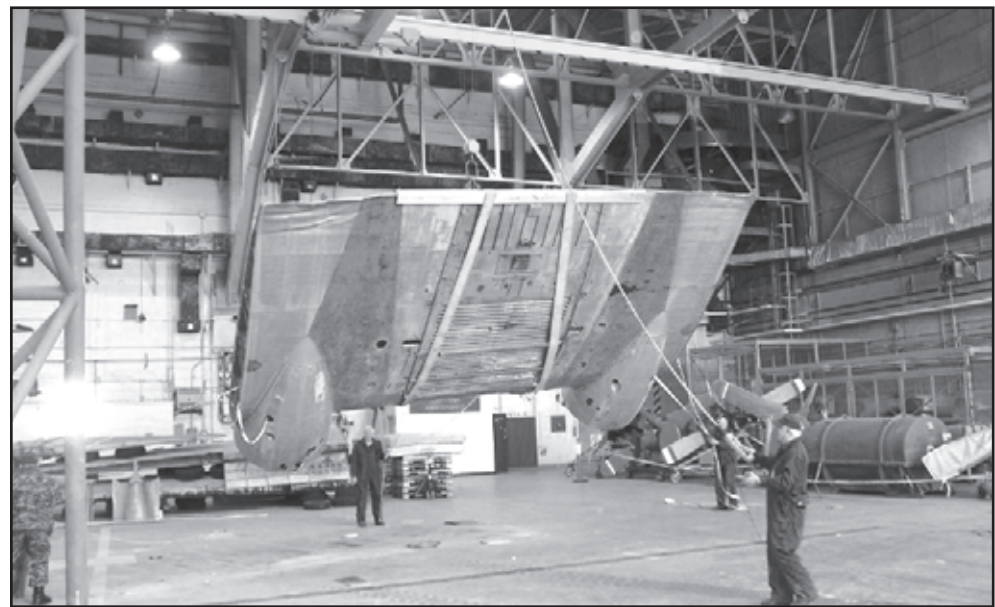
Sounded easy and reasonably straight forward, but it wasn't quite what you would call a "piece of cake". The 3000 lb. / 1360 kilogram

Wing box is not round, or square, or flat and this wasn't a project that needed ordinary rigging and lifting devices. With the expert assistance and advice of *CPL Shawn Roberts, CPL Harold Arsenault, and Mr. Baxter Evans* from the MSE Transport section, conferences among

our restoration crew, and some trial and error, we finally managed to get the reluctant beast to lay down where we wanted and needed it without significant damage. We are not done with this piece of the puzzle by any means, but the flap well, flaps and other areas are now accessible from the

hangar floor and progress will be a bit easier.

Many thanks to *Cpls Roberts and Arsenault and Mr. Evans* of MSE for their expertise and equipment. We couldn't have done it without you and you've shown once again that you are the lifting experts.



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The Buzz from 14 AMS

Compiled by: WO Glen Goodall, 14 AMS

THE BUZZ...
To start off the New Year, 14 AMS held their annual Mess Dinner the 22nd of January 09 and the guest of honour was BGen David Millar the Commander of Joint Task Force North, Yellowknife. Our Honourary Col Lee was also in attendance for this auspicious occasion. An excellent time was had by all with many impromptu renditions of popular music being sung by some talented 14 AMS personnel.

During the Mess Dinner three awards were presented. These awards was the start of a new 14AMS tradition which will be handed out at the annual 14AMS Mess Dinner. The Chief Warrant Officer D.J. Spencer Airmanship Trophy AKA Champagne Trophy was awarded to MCpl Kevin Madower, the Chief Warrant Officer K.L. Rerrie Junior Leadership Trophy AKA Spirit Trophy was presented to MCpl Jim LeBlanc and the Lieutenant-Colonel P.F. Garbutt Senior Leadership Trophy AKA Port Trophy was bestowed upon Sgt Dwayne Fox. Congratulations to all from 14 AMS.

A fierce battle took place at the Greenwood Gardens the 22 Jan 09 as we watched 10 Hangar take on the reigning champs 11 Hangar for the coveted Gartenburg Cup. A hard fought match was played with 10 Hangar coming out victorious. Now 10 Hangar has the bragging rights for a full year.

For those of you who would like to contribute to

“The Buzz from 14AMS” may do so by contacting me at GLEN.GOODALL@forces.gc.ca. Some sections already have a “Buzz Rep” but there are many smaller sections not represented. If you want the rest of 14 AMS and the local area to know about the happenings and events in your shop this is the best way to promote your section.

14 AMS ACS Shop - Cpl Mike Norden

There is a flurry of activity around the Avro Anson Museum Project. Shop members from the Refinishing and Metals Shop are working feverishly to get the 14 Wing Museum Anson Project completed for the 31st March deadline.

ARO is close to finishing the Periodic 4 Check on CP 140 105. In spite of all the extra man-hours put towards the Anson Project, the ACS techs were able to still achieve all timelines for AC 105's inspection.

Cpl Will Nowotczynski is now back from his 2 week tasking to Sigonella Italy in support of EX Noble Manta, which is a NATO Anti Submarine Warfare Exercise. His tasking was challenged when an aurora aircraft was struck by lightning at the very end of the exercise. Cpl Yves Perreault from Greenwood was sent over to Italy to assist Cpl Nowotczynski with the repair on the damage caused by the lightning strike. After a day of repair work, Will and Yves returned back home.

There are three newly promoted ACS Corporal's, Cpl See “The Buzz” Page 6

You AUTO KNOW

~ Shock Absorbers ~

Whenever you inspect the suspension system, you should test the shock absorbers or struts, says Jim Luddington, Service Manager for Canadian Tire Greenwood. The test should be performed with the car on the ground, not

when the car is being supported on a jack or hoist.

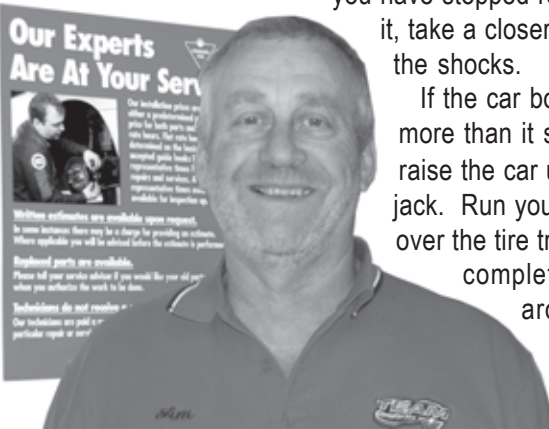
The way to test the rear and front shocks, Jim says, is by bouncing each corner of the car manually. Rock the car at each corner and release. If the car bounces more than 1 ½ times after you have stopped rocking it, take a closer look at the shocks.

If the car bounces more than it should, raise the car up on a jack. Run your hand over the tire tread completely around

the tire and from inside to outside. Cupping or unusual wear in any area indicates the shocks may not be holding the tires on the road. Look for broken mounts, damaged bushings, and oil on the shock absorber barrel.

Then proceed to grab the shock and shake firmly. This may show damage to the mounting or bushing not visible at first sight. A great amount of fluid on the outside of the shock absorber housing indicates a leaking seal. Fluid cannot be replaced and

shocks are ineffective without fluid; shock absorber replacement is required. Jim also recommends that shocks should always be installed in pairs, and it is often most economical to replace all four. One indicator of a need to replace the strut/shock is oil leakage at the piston rod seal. Also conduct a bounce test. During the bounce test, carefully observe the top strut mount. Any noise or movement here can indicate the need for parts replacement.



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The Buzz

from Page 5

Mike Gillam promoted on the 19th February, Cpl Yannick Robitaille will be wearing his new rank upon return from Parental Leave in June and Cpl Guy Patrick Charrier's promotion effective 31st of March.

Three Shop members are currently away on professional development

starting with Cpl Mike Gillam who is about to complete his Advanced Machining Course, Cpl GP Charrier is on Military Second Language Training and MCpl Dave Penney is beginning his 6 week Enhanced Primary Leadership Qualification Course. Also, Cpl Kevin Roy just completed his Special Metals Quality Assurance Course held at the Quality Engineering Test Establishment (QETE) in Ottawa. This six week course

is an advanced welding course that gives its students the ability to weld metals such as Titanium, Stainless Steel, Cobalt, and Inconel.

In other news, MCpl Paul Gillmore has been awarded the CO 14 AMS Award of Excellence. Paul has been contributing significant efforts and time in support of the 14 Wing Combined Charities Drive for the last two years. Last year, he was congratulated on his outstanding canvassing results. This year, he was instrumental in raising \$1,756.00 for all charities within the MSO section, doubling last year's contributions. Paul raised 27% of the donations for 14 AMS which in turn, helped the SQN exceed last year's totals in excess of \$6,800.00. Well Done Paul.

The ACS has also had a few additional personnel just newly posted in: Pte Ryan Pyke arrived after successful QL3 completion from CFSATE Borden, Pte Scott Lindsay is also in from CFSATE temporarily attached posted to gain some OJT training while awaiting his QL3 course start date in June. Also, joining the section is

WO Pete Kowalchuk, who is not new to 14 AMS but is new in the position of ACS Manager. He will be taking over for WO Hugh Ryan who is now the Acting MSO. The ACS Shop would like to welcome you all.

Finally, on the 3rd of March 2009, MCpl Terry Gibson retired from the CF after an astonishing 42 + years of loyal service! On behalf of the entire section, we would like to say thank you for all your contributions you have made as a mentor and valued member of the ACS Shop. We also wish you, your wife Sabine, and your family, all the best in your future endeavours.

14 AMS AMO 2 Crew – Lt Nadia Kang

AMO 2 Crew has been keeping so busy we haven't had time to send out an update. We're still busy, but we don't want to leave you in the dark about the latest and greatest events of your favourite crew.

Retirement was too tempting to pass up for two familiar faces. Sgt Mike Melanson is now Mr.

Melanson and has been promoted to Mr. Mom until his career in dance takes off. MCpl Doug Meltz is now Mr Meltz, at present working in the Halifax area. We wish them both the best of luck in their new endeavours.

Faster than we lose members to retirement, the 2 Crew family continues to expand quickly with the births of several babies. Congratulations go out to Cpl Tucesku, Cpl McCallum and Cpl Sills on your bundles of joy.

Congratulations are also in order a few of our personnel. I was promoted to full Lt from 2Lt just prior to the Christmas break at the 14 AMS Christmas bash. Congrats to Cpl Chris Boudreau who finally was promoted to MCpl after a long wait due to paper work and technical difficulties. Pte Sebastien Gasseau is now Cpl Gasseau and Pte Truchon now has a nice hook on his previously empty flap. Congratulations to you both.

Perhaps more promotions are in the works now that personnel evaluation season is upon us and is evident in

the new descriptive words popping in people's vocabulary and the glazed-over look of those who have spent too long staring into a computer screen. MWO Price's brain still seems to be functioning after reading dozens of PERs, and turning fifty years old this February has not seemed to slow him down.

Speaking of keeping us on our toes, Cpl Steve Cummings and Cpl Jason Cheeke expertly organized crew sports days which gave 2 Crew members the chance to hone their skills at hockey, snowshoeing, and a new sport – curling in the dark – created by Cpl Johnston's curiosity around light switches. Everyone escaped relatively unscathed and intact with no visits to the hospital. Thanks go out to Steve and Jason for a great time.

Two 2 Crew members represented us well in the athletic domain. MCpl Swansburg demonstrated 2 Crew's brute strength and skill during his hockey regionals. **See "The Buzz" Page 10**

GMFRC • Feature of the Week

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Annapolis Mess

- Admission
 - \$10.00 (2 books)
- For additional books
 - One for \$6.00
 - Two for \$10.00
- 15 Games
 - 50/50 Cash prize
- 2 Wild Cards
 - One 50/50 Charity
 - One Take-all

B	I	N	G	O
	24	37	48	
9		42		68
6	28		60	75
13		36		74
	18	31	56	

17 PRIZE GAMES

DOORS OPEN AT 6:00 PM
OPEN TO MILITARY AND GENERAL PUBLIC
MUST BE 19 OR OLDER
WHEELCHAIR ACCESSIBLE

Permit # AGA-221863-08

Greenwood's Rainbow Riders Gymnastics Club Update

February 28th and March 1st, athletes from Greenwood's Rainbow Riders Gymnastics Club competed in an artistic qualifying competition at Halifax Alta Club.

The boys competed on 6 events: floor, pommel horse, rings, vault, parallel bars, and high bar.
The girls competed on 4 events: floor, vault, uneven bars, and beam.

Their results are as follows:

Boys Level 1 ages 10 & under Sheldon McGean - 13th overall

- floor – 16th, pommel horse – 13th, rings – 13th, vault – 6th, parallel bars – 13th, high bar – 8th

Boys Level 1 ages 10 and over Duncan Gagnon – 3rd overall

- floor – 9th, pommel horse – 4th, rings – 8th, vault – 4th, parallel bars – 2nd, high bar – 3rd

Sandon Gagnon – 10th overall

- floor – 12th, pommel horse – 11th, rings – 12th, vault – 13th, parallel bars – 5th, high bar – 3rd

Girls Tyro 2

Ceilidh McGean – 13th overall

- vault – 19th, bars – 12th, beam – 11th, floor – 9th

Girls Novice 2

Kayla Salsman – 12th overall

- vault – 4th, bars – 13th, beam – 11th, floor – 11th

Nicole Verstichelen – 13th overall

- vault – 12th, bars – 7th, beam – 9th, floor – 13th

Girls Argo 2

Rachel Holland – 7th overall

- vault – 3rd, bars – 12th, beam – 10th, floor – 7th

Girls Open 2

Sarah Calder – 4th overall

- vault – 1st, bars – 3rd, beam – 5th, floor – 6th

Upcoming competitions:

Amherst Aerials Invitational on March 14-15th – artistic meet.

Dartmouth Titans meet – March 15th – trampoline and double mini trampoline.

Rainbow Riders meet – March 21st-22nd – tumbling, trampoline, double mini trampoline.

Valley Autism Support Team

Free Public Lecture

Lions Hall, Kingston, Friday 3 April 2009, 1300-1600 hrs (1:00 – 4:00 p.m.)

Recognition and Risk Management of Autism

The Valley Autism Support Team (VAST) is sponsoring an Autism-Recognition and Risk Management audio/visual presentation.

Presented by Mr. Dennis Debbaudt from Florida, USA author of "Autism, Advocates and Law Enforcement Professionals:

Recognizing and Reducing Risk Situations for People with Autism Spectrum Disorders". An author, video producer and law enforcement trainer, Dennis presents to law enforcement agencies in the United States, Canada and United Kingdom. More information may be found on Dennis's web site <http://www.autismriskmanagement.com/>
This is an opportunity to learn more about Autism Spectrum Disorders.

Registration is not required and there is no charge to attend.



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Economy package gets 29 mpg
9.6L/100km (hwy) 20 mpg
14.3L/100km (city).***

"Residual Value" award from
Automotive Leasing Guide (ALG)^{††}
For retaining the highest percentage of its original price
among 2009 full-size light duty pickups at the end of a
conventional three-year lease, based on ALG projections.

*"Best Overall
Half-ton Pickup"* from
PickupTrucks.com[†]

2009 FORD F-150 SUPERCAB XLT 4x4

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With \$0 down payment,
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plus freight and taxes



PLUS get a
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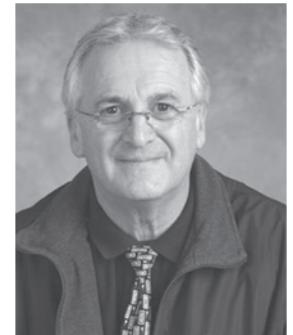
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*Heather Veinot
General Manager*

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† Receive \$1,000 worth of selected Genuine Ford accessories at no extra charge with the purchase or lease of all new 2009 Ford F-150, F-250 - F-550 SuperDuty (excluding Chassis Cab), Explorer Sport Trac or Ranger delivered on or before April 30, 2009. Offer valid from February 20, 2009 to April 30, 2009. Taxes payable on total price of the vehicle, including accessories. Offer is subject to vehicle and accessory availability. Accessories may not be exactly as shown. Any accessory prices shown include installation and are effective February 20, 2009 and were accurate at the time of printing. Please see your Dealer for up-to-date pricing. Dealer may sell accessories for less than MSRP. \$1,000 is not redeemable for cash and can only be applied to accessories shown. This offer applies only to a maximum of \$1,000 worth of accessories per eligible vehicle. This offer can be redeemed once for each eligible vehicle purchased or leased, to a maximum of two different eligible Ford vehicles per customer (the "Rule of 2"). Factory installed accessories are not eligible under this offer. This offer can be used in conjunction with most consumer offers made available by Ford of Canada at the time of purchase. This offer is not applicable to any Fleet (other than small fleets with an eligible FIN) or Government delivery and not combinable with CPA, GPC, Daily Rental Allowances, and the A/V/Z program. Limited time offer. Offer may be cancelled at any time without notice. Some conditions apply. See Dealer for details. † Lease a new 2009 Ford F-150 SuperCab XLT 4x4 (non XTR package)/ SuperCrew XLT 4x4 (non XTR package) for \$399/\$429 per month for 48/48 months with \$2,995/\$2,995 down payment (offer includes \$6,000/\$6,000 Canadian Delivery Allowance, \$2,080/\$1,925 dealer contribution) per month based on a 48/48 month lease at an annual lease rate of 4.99%/4.99% from Ford Credit to qualified lessees, on approved credit. Total lease obligation is \$19,152/\$20,592 (plus down payment of \$2,995/\$2,995). Lease a new 2009 Ford F-150 SuperCab XLT 4x4 (non XTR package)/ SuperCrew XLT 4x4 (non XTR package) for \$468/\$498 per month for 48/48 months with \$0/\$0 down payment (offer includes \$6,000/\$6,000 Canadian Delivery Allowance, \$2,080/\$1,925 dealer contribution) per month based on a 48/48 month lease at an annual lease rate of 4.99%/4.99% from Ford Credit to qualified lessees, on approved credit. Total lease obligation is \$22,464/\$23,904 (plus down payment of \$0/\$0). Some conditions and a mileage restriction of 80,000/80,000 km over 48/48 months apply. A charge of 12 cents per km over mileage restriction applies, plus applicable taxes. \$2,995/\$2,995 down payment required. First month's payment and \$0 security deposit required. Lease offer excludes freight and air tax of \$1,450/\$1,450. License, insurance, registration, PPSA, administration fees and all applicable taxes are extra. This F-150 offer is not raincheckable. ** Receive \$6,000 delivery price adjustment (delivery allowance) on the cash purchase or purchase finance of any new 2009 Ford F-150 full-size truck. Factory order may be required. †† Top Safety Pick from the Insurance Institute for Highway Safety (IIHS) based on best-of-class 5-star frontal and 5-star side impact ratings the new 2009 F-150 received. *** Fuel economy #s based on Ford's new Superior Fuel Efficiency (SFE) package, available on the 2009 F-150 SuperCrew XLT 4x2 with a 4.6-litre, 3-valve V-8 engine. Fuel efficiency figures based on the Ford Motor Company (Canada) 2009 ratings. Actual fuel consumption may vary based on road conditions, vehicle loading, and vehicle equipment and driving habits. ††† "Residual Value" award from Automotive Leasing Guide (ALG) for the 2009 Ford F-150 retaining the highest percentage of its original price among 2009 full-size light duty pickups at the end of a conventional three-year lease, based on ALG projections. † The 2009 Ford F-150 was awarded "Best Overall Half-Ton Pickup" from PickupTrucks.com. Dealer may sell or lease for less. Factory order may be required. Limited time offers. Offers may be cancelled at any time without notice. Some conditions may apply to the Graduate Recognition Program. See Dealer for details. Atlantic FDA: 1595 Bedford Highway, Bedford, Nova Scotia B4A 3Y4.

1st Annual Air Force Run

Not to be outdone by the Army with their inaugural run this past summer on the 31st of May, 17 Wing Winnipeg will be putting on the 1st Annual Air Force Run.

14 Wing will be an active participant anticipating sending a group of 20 members of the 14 Wing Defence Team.

Events include a 5km, 10km and ½ marathon (21kms) with a little over two months before the event there are a few unknowns such as team composition, however, I will pass on the information as presented to me in Winnipeg.

The Wing Commander has accepted the 17 Wing

Commander challenge to participate at the event. The proposed method of transport will be a C-130 Herc flight to Winnipeg on 30 May and return after the event on 31 May. Accommodations have been booked for the 30th of May (20 rooms). We are looking at attracting members

of the Wing to participate in all three categories within our 20-person team from the defence team employees.

In order to establish a well-rounded team, members are asked to provide a small résumé of their running experience and proposed race to enter. All registration fees will be the responsibility of the participant. Any TD costs

will be the responsibility of the sending unit. 14 Wing Sports Coordinator.

As we get closer to the date more details will be available and passed on. The Air Force will also be adding the info the website at www.airforcerun.ca

For addition info, or to pass on your e-mail résumé, please e-mail to: Graham.White2@forces.gc.ca,



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Stay Strong. Eat Like a Champion!

Submitted by: Lisa White

In honour of nutrition month, on 26 March from 0830-1530 at the F&S Centre classroom there will be a nutrition and active living seminar called Stay Strong. Eat Like a Champion. This one day seminar will host a variety of guest speakers. Deidre Burns a registered dietician will provide information on serving sizes, label reading, foods and moods, foods and sleep, energy drinks, sport drinks, fad diets and much more. Sonni Deglan will spend part of the afternoon discussing the benefits of massage therapy and what kinds of exercises and stretches you can do to

facilitate healing as well as prevent injury. Aprill Denney the new Physical Exercise Specialist will also provide guidance on active living and physical fitness. Time permitting, Lisa White will discuss exercise nutrition and what athletes can eat and drink before during and after physical activity.

This workshop is available to military members and their spouses. DND and NPF employees are also welcome to attend.

Seats are limited so register NOW! To register contact Edith Tremblay at 765-1494 ext 5388.



The Greenwood Golf Club Offices
are now open and taking membership applications
for the 2009 Golf Season.

Full Adult memberships
are available for as little as
\$549 or \$49 a month

on a pre-authorized debit plan or DND payroll deduction.

Full Couple's memberships
start at **\$949 or \$86 a month**

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For more information please call Karen at
765-1494, ext. 5821, or check our website
www.greenwoodgolfclub.ca

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Give Yourself at Break at the GMFRC

Submitted by Coreen Penny, GMFRC Casual Childcare Director at 765-1494 local 1817

The GMFRC Casual Childcare Program has adjusted the hours of operation for the week of March 16th – March 20th, 2009 to provide parents with some much needed free time during the March Break period. Our program will be available Monday to Friday from 8:30 am to 12:00 pm (space is limited) during this week for parents who would like to book their children 3 months to 12 years. *Casual Childcare will be closed in the afternoons during this week.* There will be plenty of funtastic activities for your little person to do in our licensed childcare facility while you take time for yourself. Please call Miss Coreen at local 1817 to pre-book your child today!

We will resume normal hours of operation on March 23rd.

GMFRC Second Language Training Spring 2009

Second Language Service - Coordinator: Janie Gagnon at 765-1494 local 5938 or email at janie.gagnon@forces.gc.ca
Dates: Tuesday, April 14, 2009 to Monday, June 22, 2009
Duration: 10 weeks for a total of 60 hours (three hours twice a week)
Location: Birchall Centre

on the Base, 2nd floor, Language School.
Cost: For military spouses, Canadian Forces members, and dependants over 14 years of age: \$50.00 refundable upon completion of 85% of classes
 All other participants: \$100.00

(Free childcare is offered to Military Families during GMFRC childcare hours)
Registration: Before Friday, April 03, 2009 at the GMFRC reception.
LIMIT of 8 students per class – register early to avoid disappointment!
Phone: Reception 765-5611

	Monday	Tuesday	Wednesday	Thursday	Friday
0900-1200			French Modules 2 English Modules 1-2		French Modules 2 English Modules 1-2
1800-2100	English Module 9	French Modules 3-5	English Module 9	French Modules 3-5	

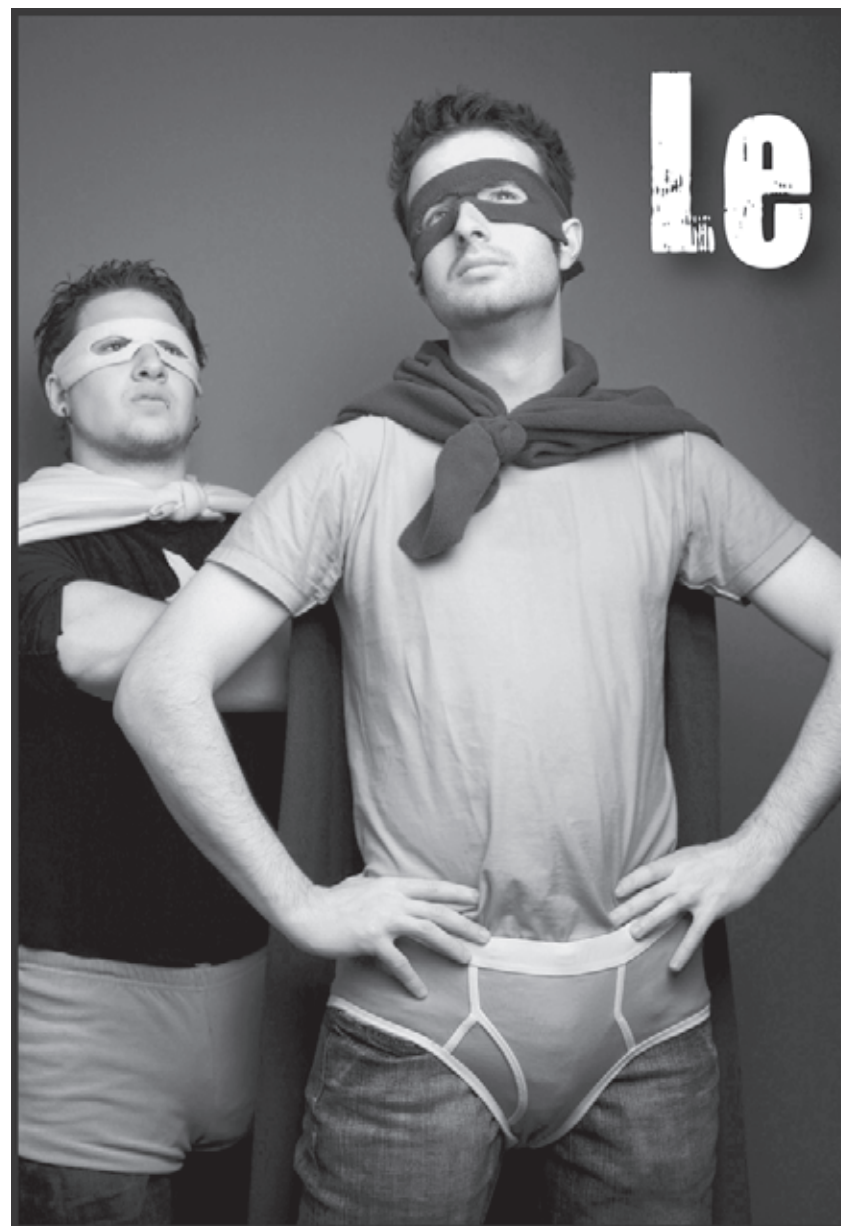
Cours de langues secondes printemps 2009

Service de langue seconde - Coordonnatrice: Janie Gagnon au 765-1494 local 5938 ou courriel janie.gagnon@forces.gc.ca
Dates: Du mardi, 14 avril 2009 au lundi, 22 juin 2009
Durée: 10 semaines pour un total de 60 heures (trois heures par jour, deux fois par semaine).

deuxième étage à l'École des Langues.
Coûts: Pour les conjoint(e)s des membres des FC, dépendant(e)s de militaires qui ont 14 ans et plus, et membre des FC, 50\$ remboursable après avoir complété au moins 85% du cours.
Pour les autres participants: 100\$

Garderie offerte gratuitement pour les familles militaires durant les heures d'ouverture de la garderie du CRFMG
Inscription: Avant le vendredi 3 avril 2009 à la réception du CRFMG
 Le nombre de place est limité – *inscrivez-vous le plus tôt possible!*
 La réception au 765-5611

	Lundi	Mardi	Mercredi	Jeudi	Vendredi
0900-1200			Français Modules 2 Anglais Modules 1-2		Français Modules 2 Anglais Modules 1-2
1800-2100	Anglais Module 9	Français Modules 3-5	Anglais Module 9	Français Modules 3-5	



Le service, sans négociés

Asteure qu'y a des services pour les Acadiens et francophones, t'as pu besoin d'changer d'identité quand tu parles aux employés du gouvernement. (Mais si tu veux te déguiser en super-héros acadien, bravo pour toi!) Vas-y! Essaie les services du gouvernement dans ta langue.

En Nouvelle-Écosse, **Bonjour!** *va loin ...*
gov.ns.ca/bonjour



The Buzz

from Page 6

and MCpl Coughran demonstrated 2 Crew's skill and sharp eyes as a referee at regionals and Winter Carnival.

It's been an extra snowy winter but despite the piles of snow and lots of shovelling to do, our perseverant personnel still made it in to work. MCpl Coughran escaped the winter blues during a short trip to Texas to help with the Blk III aircraft. We're still waiting to see his cowboy hat. Many personnel hopped on short trips to Newfoundland and ten lucky individuals enjoyed a few days of relaxation under the Italian sun after a couple of weeks' worth of hard work in Sigonella, Italy.

Overall, it's been a busy time and we look forward to giving you our next update in a few months.

14 AMS AMSO Shops – MCpl Don Harvie COMP SHOP

The Component Shop, which has been running with a skeleton crew, finally has some meat added to its' bones with the addition of two new faces. Cpl Nick Skipper (you would think with a name like

that he would have been a natural for the Navy - but he has an Army background) has joined us, as well as Pte Dan Major, who is fresh from his AVN course in Borden. Also returning for his second stint in the shop to 'beef up' the manpower is Cpl Kerry Gidge. His previous experience is definitely a welcome asset as the seats and tires keep piling up. Meanwhile, Sgt Andy Billard has sprouted several more grey hairs as he deals with IRP over his impending release and Sgt Alain Bilodeau is expected to return to his office soon, after being away on training for an upcoming deployment.

Periodic Maintenance

With aircraft 106 finally out the door, work on the next Aurora, aircraft 105, has begun in earnest. The hard working ARO team has slimmed down considerably, missing some of their valued members, starting at the top. MWO Bruce Harkness has departed the Reg. Force to take up a position in the Reserves at ARAF (Air Reserve Augmentation Flight), Cpl Jessy Bouchard and Pte Chris Nuefeld are both off to start their Flight System course, while Cpl Jonathan Bedard will be taking the Prop

course, where he should be safe from breaking any more of his bones. Away from the aircraft is Pte Cormier who is on T.S.F training. Welcome back to Cpls Trevor Sharpe and Rob Bennett, who have been deployed to Sigonella, Italy. It sounds like it was fun, but they may not want to see another plate of spaghetti and meatballs for a while.

Closer to home, congratulations goes out to Cpl Ian Davenport and Spouse, who have welcomed the arrival of their 1st child, an adorable bouncing baby boy. He appears to be handling the situation well and is remarkably composed, all things considered.

Cpl Nathaniel Afonso, minus his fine looking Winter Carnival beard, is looking forward to getting 'wired' on company time on his upcoming Capton Wiring Repair course.

Still more missing ARO members are; Cpl Terry Powers, who is on an ALSE (aircraft life support equipment) course in preparation for a posting to Gander NFLD. and Cpl Rene Addicott, who is high up in the mountains of B.C. on Exercise Silver, in support of the upcoming Olympics.

AVN Labs/ Battery Shop

The game of musical technicians continues in the AVN lab as Cpl Trevor Johnston is off to start a prop course. His replacement will be a new arrival from Borden, Pte Marc Piche (another fresh

young mind for MCpl's Doug Kennie and Greg Gillis and Cpl Carl Lyman to mould into a battery technician extraordinaire). Also arriving to the AVN Lab is Cpl Constantin Stan from Borden. He saw the light and re-mustered from Army Supply technician to the Air force.

ENGINEBAY

Engine Bay has taken on a multinational flavour recently with the arrival of three new PAT Privates from Borden. Pte Pierre-luc Leguellec ("I'm European French," he states.), Pte Ivan Ponomarev, who is trying teach the others to sing B. B. King tunes in Russian, and Pte Josh Bowles, who simply refers to himself as "Canadian".

Also joining Engine Bay will be Cpl Shaun Malone, a re-muster to the AVN trade who will be arriving soon from Borden. Meanwhile, Cpl Chris Clarke is temporarily away on a run-up course.

To sum up the current state of affairs, I will quote an Engine Bay MCpl whose voice was heard echoing off the tool boards, "Just another great day in the Air Force."

14 AMS AVS Labs – Cpl Christopher Morris

It's been a busy time for the AVS Labs over the past few weeks. We have two members on course for Chinook training, five members on a first line Tac course, one member on a UHF Radio course, some are on parental or preparing for parental, and even a few that are helping out

other sections.

Cpls. Mike Frenette and Simon Jean are back from Philadelphia, US. They have been receiving training on the Chinook helicopter for a future deployment later on this year.

There has not been any official word as of yet to what will happen to the AVS Labs. Everyone is eager to know what will transpire, but until such time work here in the shops continues to get done. We are all still trying to prepare for a transition in case something does happen.

Congratulations to MCpl. Warren Reinhart and MCpl. Daniel Gagnon for completing their Enhanced PLQ in Borden over the last few weeks. This is the new career course required for all Master Corporals. Their return to work on the 2nd of March was just in time to work on more PERs! MCpl Chris Nicodemo is slated to start his Enhanced PLQ on the 10th this month. Good luck to him.

Pte. Jacek Piasecki will be leaving us at the end of the month. He is posted to Shearwater. Currently, he is here in Greenwood on IR. Good luck to you!

14 AMS SOR – MCpl Dwight Sine

Happy New Year from the nerve centre of the hive, another year has quickly approached and the OR staff are busier then ever. With every New Year, change is inevitable and this is the case for the OR staff.

Capt Tammy Hiscock, our CF Female Athlete of the year, was rewarded for her hard work and dedication by receiving an all inclusive 6 month vacation in the tropical desert. She has eagerly accepted this mission and loves the way the Tan uniform brings out the colour of her eyes. We all wish her the best and hope for a safe return.

Not to be out done, Cpl Todd Lunn made attempts to please his supervisors. His reward was for a 6 month all inclusive vacation to some hotspot called Alert. I am sure he is enjoying the sun and warm crystal clear beaches. Job well done Todd.

With the absence of Capt Hiscock and Cpl Lunn we have the privilege to welcome Capt Carol (don't call me Carol Ann) Molyneaux. Capt Molyneaux

has returned from a successful tour overseas and will be taking over the Capt Hiscock's duties. Pte Ashleigh Tucesku has graciously offered her assistance during the absence of Cpl Lunn. She is currently expected her second child and will be with us until that magical day arrives.

To our newly departed members we wish them a safe journey and look forward to seeing them again in the near future. For our newest members welcome aboard, you are posted to the best unit on the base.

Until next time.

14 AMS TSF/ETO – Cpl Shawn Cooze

Well winter is almost over and another successful winter carnival is now over. As the weather warms up most of us here are getting anxious to get out on the course and see just how bad our golf swing has become, and to be able to finally stop shovelling.

It has been a few busy months here in TSF. With course 0804 graduating and 2 new courses ramping up, all instructors are busy completing reports and teaching classes.

I would like to congratulate Pte Perry on receiving the Major MacInnis award for top student. I would also like to congratulate the entire section on receiving the "Operate as one" Award.

With spring coming, there has been a few rotations to the section, we would like to welcome MCpl Roger Chemij to the load standards team and would also like to welcome MCpl Shawn Brideau to ETO. Also departing for a short time, is MCpl Phil Maynard who is completing his PLQ course.

From everyone up here in TSF we hope you have a safe march break and hope to see you on the golf course.

Final Buzz

I can safely assume everyone is looking forward to spring. We've had enough snow this winter to last ten winters. Makes one want to start saving for a new snow blower next year, either that or start hinting to you significant other your wishes for next Christmas!!

That's the Buzz from 14 AMS. It's time to start getting prepared for fishing season eh!



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Divine Hollandaise

1/2 tsp. Saffron threads
3 lg. Egg yolks
1 cup Unsalted butter, in pieces (225g)
2 tbs. Lemon juice
1 tbs. Hot water

You can add saffron successfully to any hollandaise recipe.

Steep threads in hot water for 20 minutes. Cook egg yolks and saffron in double boiler over low heat until thickened, stirring constantly. When thickened, begin adding butter pieces, incorporating each piece before adding another. Add lemon juice and keep warm in pan of water until ready to serve.



DEADLINES

for The Aurora Newspaper are as follows:

12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material MUST be typed and MUST be accompanied by an electronic/digital (MS-Word® file) and a printed hard copy, the originator's name, address and telephone number no later than 9:30 a.m. Thursday.

Or E-mail us at aurora@auroranewspaper.com

Thank You for Your Support!

Thank you to all the friends, family and neighbors who have donated their refundable bottles so far for my upcoming trip to England with the Girl Guides! Your help is really making a difference. Keep them coming ☺. Call any time and I will pick them up.

Thank you so much! Laurie Snider, 765-8013



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★★★★★
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2009 DODGE CALIBER SXT

Hwy: 7.3L/100 km 39 mpg^Δ
City: 9.0L/100 km 31 mpg^Δ



★★★★★
NHTSA 5 Star Front and
Side Impact[‡]



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NHTSA 5 Star Front and Side Impact[‡]

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Community Bids Farewell

Since October 2006 upwards of 40 military personnel from 14 Construction Engineering Squadron (14 CES) have deployed to Afghanistan on tours of two to seven months. Sixteen personnel from 14 CES are currently in the final stages of preparing for a seven month tour as part of the Construction Management Organization (CMO). Another group, of fifteen personnel, are preparing for a two-three month tour in the May-July time frame.

The sixteen personnel from 14 CES shall form the nucleus of the CMO with other military personnel joining them from various units across Canada.

On 6 March a large group of community and senior military leaders gathered with family and friends, at the Oakhill Fire Department in Lunenburg County, to bid the twenty-four members of the CMO a heartfelt formal farewell.

The role of the CMO is to conduct on-site management of Canadian funded infrastructure and development projects in Afghanistan by utilizing local labour and material resources. To accomplish this task the CMO shall be located at forward operating bases or at police sub-stations. There they shall supervise and train local Afghan workers on road and irrigation improvement/

restoration projects. The CMO has been part of the Canadian Battle group since early 2008 and is viewed as a "force multiplier" since it gainfully employs over 400 Afghan civilian workers, develops vital infrastructure (implementing the Canadian government's development policies), builds trust amongst the local population with regards to the Canada military presence there, and marginalizes the influence of insurgent groups in the area. All members are aware that their mission objectives can quickly change due to changes in security levels or in accordance with the direction of the task force commander. Everyone stands ready to be flexible in their assignments.

Training for this mission started in the spring of 2008. Training, away from "home", was conducted in Kingston, Toronto and Petawawa, Ontario; Gaagetown, New Brunswick; Valcartier, Quebec; Wainwright, Alberta; Fort Bliss, Texas and at four sites in Jamaica. The team spent upwards of 18 weeks away from home during this training.

Amongst the folks who gathered for the farewell event were Mayor Don Downs of the Municipality of Lunenburg, Deputy Mayor Dave Walker of the Town of Bridgewater, Mr Allister MacDonald of the Pictou Advisory board, Honourary Colonel Mike Sweeney of Centreville NS, Colonel Derek Joyce of 14 Wing Greenwood, Colonel Ray Baker of 1 Canadian Air Division, and Colonel Jim Wall of Canadian Operational Support Command (CANOSCOM) Ottawa. A farewell Banner was presented to the CMO by the grades 4, 5 & 6 students of Bridgewater Elementary School. Representing the school was teacher Belinda Josephson and students Meghan Semple, Brandon Roberts, Meikan Dahl, Allison Martell, Peter Benjamin-Nolan and Paige Collins. Major James Fera, the commanding officer of 14 CES, accepted the banner on behalf of the squadron and expressed the collective thanks and gratitude of the unit. The banner shall be displayed in the Kandahar Headquarters of the CMO during this tour of duty. Captain Harold King, the unit padre, concluded the event with a cleverly crafted rendition of "Engineer's Prayer".

The personnel of 14 CES scheduled to join the CMO are: (from Gander NL) Warrant Officer J Crisby, Master Corporal S Sheppard, Corporals H Collins, P Carver, E Currie, and S Stevens. The other CF personnel on the CMO team are Corporal D Keirstead (3 Wing Bagotville), Petty Officer 2nd Class H Breton (4 Wing Cold Lake), Warrant Officer K McCarty (14 Wing Greenwood), Captain A MacDonald (CFB Borden), Captain G Dufour (I Engineer Support Unit Moncton), Major W Miron and Master Warrant Officer C Sorge (CANOSCOM Ottawa), and Lieutenant C Clarke (Jamaican Defence Force). Chimo!

Corporals H Collins, P Carver, E Currie, and S Stevens. The other CF personnel on the CMO team are Corporal D Keirstead (3 Wing Bagotville), Petty Officer 2nd Class H Breton (4 Wing Cold Lake), Warrant Officer K McCarty (14 Wing Greenwood),

Corporals H Collins, P Carver, E Currie, and S Stevens. The other CF personnel on the CMO team are Corporal D Keirstead (3 Wing Bagotville), Petty Officer 2nd Class H Breton (4 Wing Cold Lake), Warrant Officer K McCarty (14 Wing Greenwood),

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Major James Fera the Commanding Officer of 14 Construction Engineering Squadron (14 CES) addresses the attendees of the luncheon.

Images of farewell luncheon for members of 14 CES from Gander, Bridgewater & Pictou who are deploying to Afghanistan in April 2009. Photo taken in the Fire Hall in Bridgewater, Nova Scotia.

(Photo: Cpl Mary Mechalko – 14 Wing Imaging)



Front row (L-R) Major James Fera, Corporal Everett Currie & Corporal Shawn Stevens.

Back row (L-R) Captain Gary Silliker, Captain Kristy Mathisen, Master Warrant Officer Chris Towler, Corporal Mike Carver & Master Corporal Don Ruston.

Are members of 14 Construction Engineering Squadron from Gander, Pictou & Bridgewater deploying to Afghanistan in April.

Photo taken in the Fire Hall in Bridgewater, Nova Scotia.

(Photo: Cpl Mary Mechalko – 14 Wing Imaging)



Group photo of the Bridgewater Elementary School students presenting members of 14 Construction Engineering Squadron from Gander, Pictou & Bridgewater with a banner the school made for them. They are deploying to Afghanistan in April. Banner was presented during a farewell luncheon held for the deploying members in Bridgewater, Nova Scotia.

Photo taken in the Fire Hall in Bridgewater, Nova Scotia.

(Photo: Cpl Mary Mechalko – 14 Wing Imaging)



Deputy Mayor Walker from Town of Brigewater presents members of 14 Construction Engineering Squadron from Gander, Pictou & Bridgewater with the Municipality of the District of Lunenburg flag. The members are deploying to Afghanistan in April. Photo taken in the Fire Hall in Bridgewater, Nova Scotia.

(Photo: Cpl Mary Mechalko – 14 Wing Imaging)



Colonel Derek Joyce Addresses the attendees at the farewell luncheon. Images of farewell luncheon for members of 14 Construction Engineering Squadron from Gander, Bridgewater & Pictou who are deploying to Afghanistan in April 2009. Photo taken in the Fire Hall in Bridgewater, Nova Scotia.

(Photo: Cpl Mary Mechalko – 14 Wing Imaging)

Team TSF Shows Their Support

Submitted by Margaret Reid, Executive Director at 765-5900, Greenwood Military Family Resource Centre

Once again, we had a great team of volunteers show up

last week to offer their strength & support to the Greenwood MFRC. We hope they realize how very much we appreciate their hard work. To the Training Standards Flight AVN 09/01 class, you guys (and gal)

were awesome! Our thanks to Sgt Dwayne Fox for allowing your team to help out our GMFRC team. We feel very fortunate to have 14 Wing partners who help us support & celebrate our military community!

A Valentine Visit from K-Rock

On Friday afternoon February 13th we were privileged with a surprise visit from two members of the K-Rock team. Neil Spence and Melanie Sampson dropped into the GMFRC on their rounds to local organizations to wish us a happy Valentines Day. They came bearing delicious Valentines treats and warm wishes. K-Rock doesn't miss an opportunity to help us support our troops and their families. We are grateful for this wonderful community partnership. Thanks again to the whole K-Rock team!



Pictured is Deployment Coordinator Paula Davison (middle) accepting valentines treats on behalf of the GMFRC from Neil Spence (left) and Melanie Sampson (right) of the K-Rock team.



TSFAVN 09/01 class & instructors – always willing to lend a hand at the GMFRC.

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567/U	2007	Dodge	Grand Caravan	V6,Auto,3 zone A/C,Stow'n' go	88k	---	\$12,995	\$111
506/U	2007	Ford	Taurus SE	V6,Auto,A/C,Alloys,Loaded	48k	\$14,995	\$12,995	\$111
540/A	2006	Pontiac	G6 Sedan	V6,Auto,A/C,Alloys,Loaded	53k	\$15,995	\$14,995	\$143
534/A	2006	Chev	Cobalt 2dr LT	4cyl,Auto,A/C,Alloys,Loaded	12k	\$13,995	\$12,995	\$124
499/U	2006	Chev	Uplander LS	V6,Auto,A/C,PL,PW,CD	82k	\$14,995	\$11,995	\$115
578/U	2006	GMC	Savana 3500	12 passenger,V8,Auto,A/C,PW	155k	---	\$10,995	\$104
570/U	2005	Chev	Optra LS	4cyl,Auto,A/C,PW,PL,CD	93k	---	\$ 9,995	\$113
576/U	2005	Chev	Optra LS Wagon	4cyl,Auto,A/C,PW,PL	95k	---	\$ 9,995	\$113
550/U	2005	Chev	Cobalt	4cyl,Auto,A/C,CD,Spoiler	70k	\$10,995	\$ 9,995	\$113
484/U	2005	Ford	500 SE	V6,Auto,A/C,PW,PL,Cruise	120k	\$14,995	\$ 9,995	\$113
562/U	2005	Pontiac	Montana Ext	V6,Auto,A/C,8pass,Loaded	109k	\$ 9,995	\$ 8,995	\$102
515/U	2004	Honda	Civic SE	4cyl,Auto,A/C,CD,PL,Spoiler	65k	\$13,995	\$11,995	\$132
561/A	2004	Dodge	Grand Caravan	V6,Auto,A/C,DVD,Loaded Ann.Ed	118k	\$ 9,995	\$ 8,995	\$102
575/U	2005	Saturn	ION 2 Sedan	4cyl,Auto,A/C,PW,PL	96k	---	\$ 8,995	\$102
577/U	2005	Dodge	Caravan	V6,Auto,A/C,PW,PL	97k	---	\$ 8,995	\$102
562/U	2004	Pontiac	Grand AM SE	V6,Auto,A/C,Alloys,Loaded	100k	\$ 9,995	\$ 8,995	\$102
526/U	2004	Nissan	Sentra	4cyl,Auto,A/C,CD	100k	\$ 9,995	\$ 8,995	\$102
552/U	2004	Mazda	MPV	V6,Auto,A/C,Quads,Loaded	---	---	---	---
476/A	2004	Pontiac	Grand AM SE	4cyl,Auto,PW,PL,Alloys	100k	\$ 8,995	\$ 7,995	\$ 90
478/U	2004	Chev	Optra LS	4cyl,Auto,A/C,PW,PL,Cruise	94k	\$10,995	\$ 7,995	\$ 90
569/U	2004	Hyundai	Accent GL	4dr,4cyl,Auto,PS,Tilt,CD	92k	---	\$ 6,995	\$ 79
504/U	2004	Chev	Aveo 4dr	4cyl,5spd,PS	81k	\$ 9,995	\$ 6,995	\$ 79
547/U	2004	Pontiac	Montana	V6,Auto,A/C,Quads,PW,PL	137k	\$ 7,995	\$ 6,995	\$ 79
502/U	2003	Chrysler	PT Cruiser	4cyl,Auto,A/C,Alloys,Loaded	93k	\$10,995	\$ 7,995	---
-----	2002	Pontiac	Sunfire	2dr,4cyl,Auto,A/C,PW	95k	---	\$ 6,995	---
552/A	2005	Buick	Century Custom	V6,Auto,A/C,PW,PL	132k	---	\$ 4,995	---
517/C	2001	Saturn	SCI 3 dr coupe	4cyl,5spd,tilt,CD	129k	---	\$ 4,995	---
TRUCKS & SUVs								
553/A	2008	Ford	Ranger Sport S/C	V6,Auto,A/C,CD,Cruise,Sirius Radio	13k	---	\$15,995	\$135
560/U	2005	Chev	Equinox LS	V6,Auto,A/C,Alloys,Loaded	74k	---	\$12,995	\$143
545/U	2005	Ford	Ranger Edge S/C	V6,Auto,A/C,Alloys,Cruise	51k	\$14,995	\$11,995	\$132
538/A	1993	Ford	Ranger XLT S/C	4Litre,4wd,Auto,CD,Alloys	---	\$ 3,995	\$ 2,995	---

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*O.A.C. E.&O.E.



Winter Carnival Wrap-up



Article by Capt Paulette Taylor

Our W Comd, Col Derek Joyce, announced that the "Vintage Wings Winter Carnival is officially closed" on Saturday, 28 Feb at the Closing Ceremonies.

I would like to send out a huge BRAVO ZULU to each of the Team Reps for a job well done! It was truly your dedication and perseverance that made our Winter Carnival the success it was. A huge round of applause goes out to our four judges, Col Derek Joyce, Mrs. Kathy Joyce, CWO Jorma Hamalainen and Mrs. Karen Hamalainen. Thank

you to those who participated in the events and to those who came out to cheer on their teams. **Trophy Winners are as follows:**

Team # Mess Theme Name & Era Trophy Winner 1 Club Civilian Spitfire - 1940s Synchronized Swimming Escapades 2 Junior Ranks Golden Hawk - 1950s Hockey Tournament Labatt Cup - Ice Painting - Team Spirit.

Overall Winner 4 Officers Lancaster - 1960s Lip Synch Our final hockey game was in honour of the RCAF Flyers 1948 Olympic Gold Win and our Wing Commander, Col Derek Joyce, presented Major Luce

Gilbert, Acting Wing Admin O, with a Commemorative picture to be hung in the Arena in their honour.

A huge Thank You to MCpl Andrew Collins from Wing Imaging for the fantastic job on enhancing the picture.

The Beard Growing Contest raised \$1500.00 which was donated to 14 Wing's Combined Charities Fund and our winners were as follows:

Best Beard went to Capt Aaron Noble

Most Colorful Beard went to Mr. Gord McIlwrick

Most Futile Beard went to Sgt Joseph Sarazin

Congratulations to the

three main prize winners:

Capt Remi Pelletier from Health Services wins 1st Prize, 46" Plasma HD Television; Lt Chad Dietz from USN won 2nd Prize, Sony Wireless Home Theatre System; and CWO Dave Spencer won 3rd Prize, \$500.00 Gift Certificate at the CANEX.

Liam Crozier is the big winner for the Pancake Breakfast door prize - Congratulations Liam for winning the model helicopter donated by the Greenwood Aviation Museum!

Thank you to the following sponsorship for their support and generous donations:



Labatt sponsored "The Hupman Brothers" who entertained us on 20 February at the Annapolis Mess.

RONA Cash and Carry kindly donated \$500.00 toward Mess Decorations.

CANEX was very generous with discounting our main prizes.

Zedex Theatre generously put on two showings of "Hotel For Dogs" at cost and both shows were sold out.

The always entertaining Jerry Neville from Magic 94.9 announced the final Hockey Game.

IMP donated \$500.00 toward the Pancake Breakfast.

The Aurora Newspaper provided full support throughout with Advertising the Winter Carnival.

As always **PO1 Randy Power** and his staff at The Annapolis Mess provided full support and contributed \$4000.00 toward entertainment.

The following sponsors donated many Door Prizes:

Upper Clements Park
Old Orchard Inn
Lola's Touch of Beauty
Greenwood Military Aviation Museum

Royal Canadian Airforce Association

Mark's Work Wearhouse
Let's not forget Veritea

Warren and her team for the awesome job they did with painting the Winter Carnival Commemorative Coin on centre ice. The coin will remain for all to enjoy throughout the Centennial of Flight Year. The always reliable teams from the Fitness and Sports Centre and Arena did an awesome job with the Pool and Arena Events. Thank you everyone!

Also, a big **THANK YOU** to Sgt Pete Nicholson and his team at Wing Imaging for their tireless support throughout the Winter Carnival.

Finally, I would like to send out my utmost appreciation to **CWO Jorma Hamalainen** for being the Master of Ceremonies at the Opening Ceremonies, **Mr. Rod Reeves** for volunteering to be Master of Ceremonies at the Closing Ceremonies and the unforgettable Master of Ceremonies for the Lip Synch contest, **LCol Phil Garbutt**, I am sure **LCol Pam Smith McBride** will be delighted to see the introductory video.

It was truly an honour to have Chaired 14 Wing's 2009 Winter Carnival. I received nothing but support and had a great time. All the best to next year's Winter Carnival and I hope it will be as much fun as this one. Way to go 14 Wing!



Civilians win the trophy for the Best Escapades Event, and also the Synchronized swimming event at the Closing Ceremonies of 14 Wing Greenwood's Winter Carnival.

(photo: Cpl Shane Rudderham, 14 Wing Imaging)

Junior Ranks Mess win the trophy for the Best Ice Painting, and Best Team Spirit at the Closing Ceremonies of 14 Wing Greenwood's Winter Carnival. This, along with winning the hockey tournament propelled the Jr Ranks into the overall winners.

(photo: Cpl Shane Rudderham, 14 Wing Imaging)

Team →	1	2	3	4
Mess →	Club Civilian	Juitor Ranks	WOSM	Officers
Theme Name →	SpitFire 1940's	Golden Hawk 1950's	Argus 1970's	Lancaster 1960's
Event	Points	Points	Points	Points
Ice Painting*	4 pts	8 pts	6 pts	2 pts
Pool Relay	1 st 3:39, 8 pts	3 rd 4:16, 4 pts	4 th 5:00, 2 pts	2 nd 3:59, 6 pts
Synchronized Swimming*	8 pts	6 pts	0 pts	4 pts
Aircraft Sled Pull/ Judging	9 pts	2 pts	5 pts	5 pts
Egg Toss	3 pts	9 pts	5 pts	11 pts
Cribbage	2 pts	4 pts	6 pts	8 pts
Crud	4 pts	6 pts	2 pts	8 pts
Darts	2 pts	8 pts	4 pts	6 pts
Euchre	2 pts	6 pts	8 pts	4 pts
Blow Ball	2 pts	4 pts	6 pts	8 pts
Blind V'Ball	2 pts	6 pts	8 pts	4 pts
Bowling	4 pts	8 pts	2 pts	6 pts
Curling	8 pts	6 pts	4 pts	4 pts
Lip Synch*	2 pts	6 pts	4 pts	8 pts
Escapades*	8 pts	6 pts	4 pts	2 pts
Hockey	3 rd 4 pts	1 st 8 pts	2 nd 6 pts	4 th 2 pts
Team Spirit*	2 pts	8 pts	4 pts	6 pts
Wing Commanders Revenge	4 pts (Tie)	8 pts	6 pts	4 pts (Tie)
Total Points	78 pts	113 pts	82 pts	98 pts
Place	4 th	1 st	3 rd	2 nd

Notes:

- Scores for events in the upper portion reflect number of points awarded
- Scores for Hockey and Team Spirit reflect placement in event
- Zero (0) points awarded reflects a no-show for that event
- * indicates a judged event
- Points awarded for the Team Spirit award are only utilized to break a tie



Sargeant and Warrant Officer's Mess pose for a photograph at the Closing Ceremonies of 14 Wing Greenwood's Winter Carnival.

(photo: Cpl Shane Rudderham, 14 Wing Imaging)

Officer's Mess win the trophy for the Lip Synch Event at the Closing Ceremonies of 14 Wing Greenwood's Winter Carnival at Greenwood Gardens.

(photo: Cpl Shane Rudderham, 14 Wing Imaging)

(All images provided by: 14 Wing Imaging)

Subway Swimmers of the Week



Elizabeth Beaudry
AA Competitive
11 yrs old, 2nd year with GDSC
Favourite Stroke: Breaststroke
Other Interests: spending time with her dog Ted



Kyra Jarvis, FL
7 yrs old, 2nd year with GDSC
Favourite Stroke: Butterfly and Backcrawl
Other Interests: Horseback Riding and Reading



Malek Bergeron, FL
10 yrs old, 1st year with GDSC
Favourite Stroke: Breaststroke
Other Interests: Basketball and Video Games



Valerie Labarre, Novice
9 yrs old, 1st year with GDSC
Favourite Technique: Dolphin kick
Other Interests: Reading

Skater of the Week

The Greenwood Skating Club Presents the "JC's Hot Tubs and Pools" Skater of the Week:

Claire Bent

Age: 8
School: Berwick & District
School Grade: 2
Skating Level: Junior StarSkater
Coaches: Ann Young & Cheryle Gaston
Started Skating: 7 years old
Highest Tests Passed: CanSkate Level 3
Favourite Part of Skating: "I like all of it!"
Other Hobbies: Swimming, cross country running & reading.



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Centennial of Flight Contests

Model Photography Essay
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Each entry has a chance to win one of many exciting prizes, based on the age category for each contest. First place winners of the Rookie and Primary categories will have their pictures in The Aurora Newspaper. Senior first place winners will win a framed Centennial of Flight poster. Winners of the Junior and Intermediate categories will win exclusive Silver Tickets, admitting the winners into an exciting "Night at the Museum" event in May.

For contest rules go to: www.greenwood100years.ca

Age Categories	
6 and 7	Rookie
8 and 9	Primary
10 and 11	Junior
12 -14	Intermediate
15 -18	Senior

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EMPLOYMENT OPPORTUNITY

Greenwood Military Family Resource Centre



COORDINATOR of SPECIAL EVENTS and PROMOTION

Full Time Position

The Greenwood MFRC is hiring for a new position: Coordinator of Special Events and Promotion. As a member of a multi-disciplinary team of professionals, the Coordinator will be responsible for the promotion of GMFRC programs, services and activities as well as relevant community programs through advertising and awareness. This Coordinator is also responsible for the development, delivery, & promotion of GMFRC and community special events.

Advanced verbal and written communication skills are necessary to fulfill need for public speaking, facilitating activities, and report writing. Ability to organize and prioritize workload effectively to meet deadlines is also essential.

Experience in program/event development, management and evaluation as well as experience in supervising staff. Excellent interpersonal skills will aid the requirement to work with people experiencing a challenging lifestyle. Strong belief in the principle of volunteer involvement and leadership is required. A solid understanding of not-for-profit board governed organizations is necessary, along with the advanced ability to work both independently with little supervision and as part of a team.

To learn more about the GMFRC, please visit our website at www.greenwoodmfrc.ca.

Probationary Period: 3 months

Responsible to: Executive Director

Qualifications:

- Undergraduate degree in public relations, marketing/promotion, or an acceptable combination of education, training and experience
- Experience working with individuals/families is essential
- Must have experience working in an effective multi-team environment
- Knowledge of public relations practices
- Possess a friendly, outgoing, cooperative personality
- Ideal candidate is bilingual
- Excellent communication and interpersonal skills; ability to function collaboratively in a flexible and creative manner is required.
- Clear understanding of the community development process and a working knowledge of community resources is vital.
- Skilled in office procedures, administration, operation of office equipment, and computer programs.
- Knowledge of and appreciation for the unique challenges of the military family lifestyle
- Awareness of Risk Management
- Good knowledge of electronic media for promotional purposes
- Previous experience in event planning is definitely an asset

Hours and Salary

- 37.5 hours per week (evening & weekend hours are required. Flexibility is a must.)
- Salary: \$33,000 annually

The successful candidate will be prepared to commence employment on 6 April 2009.

Must complete a Child Abuse Registry Check, Criminal Record Check, and Enhanced Reliability Check.

Eligible candidates should submit by fax, mail, or email a cover letter and resume clearly outlining their ability to fulfill all position requirements, on or before 4:00pm on Monday, March 23, 2009 to:

Margaret Reid
Executive Director
Greenwood Military Family Resource Centre
PO Box 582, Greenwood, NS, B0P 1N0
email: margaret.reid@forces.gc.ca
(MS Word or PDF format)
fax: (902) 765-1747

Applications can also be dropped off at the GMFRC Front Desk. The GMFRC is located in the AVM Morfee Centre, School Road, in Greenwood.

Please note: Only candidates selected for further consideration will be contacted.

The Greenwood MFRC is committed to employment equity.

Can You Help?

14 Wing Library is seeking replacements for some of their much used and well loved books.

If you have any of the following titles in good condition and are willing to donate them, please drop in to the 14 Wing Library or phone 765-1494 ext 5430. Our readers will thank you for it!

- "Beloved" by Bertrice Small
- "Trinity" by Leon Uris
- Hardy Boys - The Hidden Mystery (Unknown number); While The Clock Ticked, #11; A Figure In Hiding, #16;
- The Wailing Siren, #30; The Yellow Feather Mystery, #33.

WV Peewee AAA Spartans Advance to Provincials

March 6-8th Western Valley hosted the Mainland Alliant PeeWee AAA tournament held at the West Kings Arena. This was a great weekend of PeeWee AAA action as all eight teams from the Mainland league were participating. Special thanks have to go to the tournament co-ordinator David Coulter and Don Rawding and the hospitality room co-ordinators Josee Morse and Patsy Rawding. As well, all of the parents that worked the hospitality room and helped out with other duties that have to be performed to make a tournament successful. Once the opening ceremonies were done it was time to get

ready for some hockey games.

WV was seeded 3rd in the tournament so their first game was against the Acadia Axemen. This game started out great for the Spartans; they scored early in the game and continued scoring winning their first game 7-2. Leading the way in scoring with a hat-trick for the Spartans was Zach Moody, a two goal effort by Emmerson Coulter and single tallies by Grant Janes and Lucas Kane. Goaltender Kyle Gordon. MVP for the Spartans was Zach Moody.

The next game of the day for the Spartans brought on the Truro Bearcats. This was

a very action packed game. After two periods of play the Spartans found themselves down 2-0. The Spartans found themselves on the power-play to start the third period, this proved to be the turning point. The Spartans scored with the man advantage, then from there took control of the game, winning 4-2. Leading the way in scoring with another hat-trick for the Spartans was Zach Moody and a single tally by Grant Janes. Goaltender Kyle Gordon. MVP for the Spartans was Grant Janes.

The third and final game of the Round Robin portion for the Spartans found themselves against the

Antigonish Bulldogs. The Spartans had a slow start to this game, after two periods of play they were down 5-2. But a good talk in between periods had the boys pumped up; the Spartans scored eight unanswered goals in under ten minutes of play, winning 10-5. Leading the way in scoring with another hat-trick for the Spartans was Zach Moody, two goal efforts by Alex Rawding and Grant Janes and single tallies by Lucas Kane, Brian Burke and Ryan Thibeault. Goaltender Bryceon Wade. MVP for the Spartans was Emmerson Coulter.

With the Round Robin play completed, the final two games were set. Acadia vs South Shore in the first game, Yarmouth vs Western Valley in the second game. The winners of these games would move on and represent the Mainland league at provincials the following weekend.

The boys were pumped up for this game and started out strong; they scored early and had full control of the game at the beginning. They got into penalty trouble in the second period and at one point the game was tied at two a piece. The boys turned it on once again and took full control of the game never looking back winning 7-2. Leading the way in scoring for the Spartans with a hat-trick was Brett Tidman, a two goal effort by Alex Rawding and single tallies by Lucas Kane and Emmerson Coulter. Goaltender Kyle Gordon. MVP for the Spartans was Alex Rawding.

This was a great weekend of hockey for the boys getting a chance to move onto provincials, as well they are now placed as the 3rd seed and hope to make a good run during provincials. Congratulations also have to go to South Shore for defeating Acadia in the other semi-final game. With Pictou hosting provincials this year the Mainland league will be represented well with Western Valley, South Shore and Pictou. Good luck to the Spartans as they get ready for a great run at provincials.

14 WING LANGUAGE SCHOOL – SPRING 09 SCHEDULED COURSES ÉCOLE DES LANGUES DE LA 14^E ÈRE – HORAIRE DE PRINTEMPS 09

... une version française suit ce message

The WCOL section is looking for any level candidates in both French and English for the upcoming spring course session which is due to begin on 01 April 2009. We need 4 candidates requesting the same level to start a course.

Last chance to do your French or English Level 1 & 2, prerequisite to get on the Year Long French or English Course.

Please contact the WCOL Manon Dubé loc 5671 or Sgt Lisa Gresko loc 1402 for further information and instructions.

The deadline to send your application form is Monday March 23, 09. We are looking forward to hearing from you ;)

SPECIAL ATTENTION TO THE FOLLOWING COURSES...

- **French Progress Level 1 Full Time** (Apr 1st – May 7th) followed with **PL 2** (May 8th – June 12th 2009)
- **French Progress Level 3 Full Time** (Apr 1st – May 7th) followed with **PL 4** (May 8th – June 12th 2009) – eligible for the Public Service Commission Tests after this level
- **English Progress Level 5 Full Time** (Apr 1st – May 7th) followed with **PL 6** (May 8th – June 12th 2009) – eligible for the Public Service Commission Tests after this level
- **French Maintenance Part Time** (Apr 2nd – June 9th 2009) followed by the Public Service Commission Tests if requested. You need to be classified PL6 or have a valid linguistic profile AAA to be illegible for this course.
- **Administrative English Writing Part Time** (Apr 2nd – June 9th 2009) Public Service Commission Tests available for ELS if requested. Francophone must have a valid linguistic profile AAA to apply for this course.

Version française...

L'école des langues de Greenwood est présentement à la recherche de candidats pour des cours de français et d'anglais de tous les niveaux et ce débutant le premier avril 2009. Pour débiter une classe, nous devons avoir 4 candidats nécessitants le même niveau.

Dernière occasion de suivre les cours de français ou d'anglais niveau 1 & 2, préalable pour suivre le cours d'un an d'anglais ou de français.

Veuillez contacter la CLO Ere Manon Dubé au poste 5671 ou le Sgt Lisa Gresko au poste 1402 pour plus amples renseignements.

La date limite pour faire parvenir votre demande de cours est le lundi le 23 mars 09. Au plaisir de vous rencontrer ;)

ATTENTION TOUTE PARTICULIAIRE AUX COURS SUIVANTS...

- **Français, niveau de progrès 1 à temps plein** (premier avril – 7 mai) suivi du **NP2** (8 mai – 12 juin 2009)
- **Français, niveau de progrès 3 à temps plein** (premier avril – 7 mai) suivi du **NP4** (8 mai – 12 juin 2009) – le candidat pourra faire les tests de la Fonction publique après ce niveau s'il le désire.
- **Anglais, niveau de progrès 5 à temps plein** (premier avril – 7 mai) suivi du **NP4** (8 mai – 12 juin 2009) – le candidat pourra faire les tests de la Fonction publique après ce niveau s'il le désire.
- **Français, Maintien de l'acquis à temps partiel** (2 avril – 9 juin 2009) – le candidat pourra faire les tests de la Fonction publique après ce niveau s'il le désire. Pour suivre ce cours, vous devez vous classer NP6 ou posséder un profil linguistique AAA à jour.
- **Anglais écrit administratif à temps partiel** (2 avril – 9 juin 2009) – le candidat pourra faire les tests ELS de la Fonction publique après ce niveau s'il le désire. Pour suivre ce cours, un francophone doit posséder un profil linguistique à jour.

M:14 Wing Public Shared Folders\Branches\Wing Administration\Wing Coordinator of Official Languages (WCOL)

Sports Trivia

By: Bill Sheridan
Montreal Canadiens Trivia Celebrates their 100th Year

The Montreal Canadiens are arguably the greatest franchise in professional sports in North America. They are celebrating their 100th anniversary this year. So whether you love 'em or not, here are 23 questions about les habitants as Bob Gainey wore number 23 and is now the GM.

1. What was the first league the Canadiens appeared in?
2. Where did they play their home games when they started?
3. What does the CH logo on their shirt stand for?
4. They were sold in 1921, for how much?
5. How many Cups did they win and how many did they win as members of the NHL?
6. Who has played more games than anyone else in the red, white and blue?
7. Who scored the most goals, assists and points for the Habs?
8. Name a couple other arenas where the Habs played.
9. What are some nicknames for the greatest team in the history of hockey?

10. Who was the millionaire who founded the Canadiens?
11. The punch line dominated hockey in the 1940's, who was on this line?
12. In 2008 which victory did the Habs win to become the first team to do so?
13. Why is the team nicknamed the Habs?
14. In recent games the striped sweater has a CAC on it, What does it stand for?
15. Who is now the official mascot for the Canadiens?
16. Who was Bernie Geoffrion's father in-law and what happened the day his number was retired in Montreal?
17. The Montreal season record for goals, assists and points are held by which three players?
18. Which two goalies hold the record for most wins and most shutouts with the Habs?
19. Which American team did the Habs beat in the 1916 to win their first Cup?
20. What team was the Forum built for?
21. Who did the Habs defeat in the final for their second Cup?
22. Which GM built the farm system for the Habs allowing the team to be strong for many years?
23. What years did the Habs win

- their unmatched five cups in a row?
- Answers:**
1. National Hockey Association
 2. Jubilee Arena
 3. Club de Hockey Canadien
 4. George Kendall paid \$7500.
 5. 24, with 1 being before the NHL
 6. Henri Richard
 7. Maurice Richard, 544 G, Guy Lafleur 728 assists and 1246 points
 8. Forum, Bell/Molson Centre, Mount Royal Arena, Westmount Arena
 9. Les Glorieux, les blue-blanc et rouge, Le tricolor, les Canadiens, la Sainte Flanelle and the Habs(Habitants).
 10. J. Ambrose O'Brien who sold the team to George Kendall
 11. Maurice Richard, Toe Blake and Elmer Lach
 12. 3000.
 13. Tex Rickard owner of the Rangers had mistakenly believed that the H on the jersey was because of the name Habs. He called the team the Habs and it stuck.
 14. Club Athletique Canadien.
 15. Youppi
 16. In a strange bout of coincidence, Geoffrion's number retirement ceremony happened on March 11 2006, unfortunately Bernie died that same day, which was ten

years after the forum closed. As the number was raised, his father in law, Howie Morenz's number 7 came down halfway and they both went up together as Howie's

grandson and Bernie's son watched from ice level.
 17. G) Steve Shutt 60, A) Pete Mahovich 82, and P) Guy Lafleur 136
 18. Jacques Plante 311 Wins and

George Hainsworth 75
 19. Portland Rosebuds
 20. Montreal Maroons
 21. Calgary Tigers
 22. Frank Selke
 23. 1956-60

"Rummy Trophy" Presented



Bobby Holmes (REH) is being presented with the "Rummy Trophy" by Rick Banyard for surviving the Scoring Race between the Awesome Twosome (Bob & Rick) during the 2008/2009 Friday/Monday Golden Oldies Hockey nights at Greenwood Gardens. The other two, Jerry & George were brought in from out of town (Note Toronto sweaters) to ensure the scoring race was on the up & up. Congrats to Rick and Bob.



14 Wing Greenwood presents the 8th Annual Education & Employment Fair

* Bring your whole family! *

26 March 2009
9:30 am – 2:30 pm

Annapolis Mess (upstairs, all lounges)

Exhibitors:

- 20+ Educational Institutions
- 20+ Local Employers & Career Assistance Service Providers
- CF Recruiting and RCMP
- Apprenticeship Training & Skills Development Division, N.S. Dept of Education
- N.S. Student Assistance Program
- Prizes to Win!

Presentations:

- **10:00** RCMP Brief
 - **11:00** Education Reimbursement Reg Force & PRes
 - **12:00** CF Recruiting Brief
 - **13:00** CF Aptitude Testing
- Must pre-register for testing NLT March 13th by phoning 5390 & provide proof of age and citizenship.



14 Wing Greenwood

MARCH BREAK DAY CAMP

The break is almost here, and what more fun way to spend it than at the 14 Wing Greenwood Community Centre! If you are between the ages of 6-12, you can sign up for your favorite days or for the whole week of fun-filled activities, costing only \$15/day or \$60/week (\$55/week for additional family members). The camp will run from Monday, March 16th to Friday, March 20th from 9am-3pm, with before and after care available from 7:30-9:00am and 3:00-4:30pm for an extra cost of \$5/week per service or \$2/day. Here is what we have planned each day:

Monday: "Meet and Greet Monday!"

It is our first day at camp so we are going to have a big meet and greet. We will start off the morning with some fun ice breaker games that will help you to learn all the other campers' names. Then we will go up to the gym for some fun relay games. Finally we will do some tobogganing. After lunch we will head over to the hill behind the Community Centre for some sledding. Once we are all done sledding we will come back inside and warm up with some Hot Chocolate.

Tuesday: "Mad Science Day"

Tuesday is mad science day. All day we will be conducting some crazy and fun science experiments like making Alkalsalser bottle rocket and Egg capsules. You can even dress up like a mad scientist would.

Wednesday: "Fun in the Sun"



Wouldn't it be nice to jump ahead to summer for a day...well you can here with our fun in the Sun day! Join us for a day full of beach fun with the visiting Berwick camp, including swimming in the morning and glow-bowling in the afternoon.

Thursday: "Wild Animal Safari"

Today we will be doing a bunch of activities that are all about animals. Some of the activities are a wild animal show and tell, wild animal scavenger hunt, wild animal paint art session and much more. If you love animals this day is perfect for you

Friday: "Chillaxing day"



This whole week has been a lot of fun so on the last day we are going to be chilling and relaxing. We will make some yummy delicious chocolate chip cookies and bake them right here. Then in the afternoon we will be watching Beverly Hills Chihuahua (rated G) and eating the yummy cookies we made that morning. If you like cookies and movies you should sign up for this day.

Registration starts March 4th at 9am! For more info, please call the Community Centre at: 765-1494 ext. 5337, 5331, or 5341.

For the Birds

By: Patrick Giffin

In Tremont, Sheila Hulford reported: "February, the Brown-headed Cowbirds are gone, but there have been lots of Common Redpolls and the Northern Cardinal keeps visiting." Sheila also saw; Common Raven, Downy & Hairy Woodpeckers, White & Red-breasted Nuthatches, Brown Creeper, Evening Grosbeak(m,f), Blue Jay, Dark-eyed Junco, American Goldfinch: 10-20 birds seen most days during 1st 2 weeks, occasional sightings for rest of month, Pine Siskin, Purple Finch : no sightings, Rock Pigeon, no Song Sparrows or

American Tree Sparrows., Brown-headed Cowbird : 4 males, 2 females, In Feb. Sheila saw American Robins: in Tremont, Kingston, and Wolfville, Horned Larks and Snow Buntings, 30+ were along the roadside near Canard. American Crows: 50+ along the roadside, and Ring-necked Pheasants: many m/f, in Port Williams.

On Mar 8, Tony Chaulk wrote: "Saw my first A. Robin, Red-winged Blackbird (RWBB) & Brown Headed Cowbird (BHCB) today. Must be the first signs of spring for me! The Redpolls are still around. I suppose they will be

heading North with the warmer weather? A lot of woodpecker pairs this winter are a good sign as well as a pair of White Breasted Nuthatches. What has happened to the Red Breasted Nuthatches?" The redpolls are an irruptive species and will likely stay with us as long as the food supply holds out: we are still seeing plenty of catkins. On Mar. 5, in Fales River Subdv: we saw 100+ C. Redpolls that were taking advantage of Birch Catkins and 4 feeders, in a small tree, in front of a large apartment building. We have had Red & White-breasted Nuthatches at our feeders throughout this winter and Sheila Hulford is reporting them too, both these species are with us year round, no doubt they move about for food. Perhaps the competition at Tony's feeder is too keen; causing the nuthatches to move on to a dining table with room to spare. I expect the redpolls will soon run out of catkins, then having had enough of nyger seed they will succumb to the lure of the Boreal, breeding,



From the left it is a Lesser Antillean Bullfinch (known as a sparrow), a Zenaida Dove (wood dove), and a Carib Grackle (blackbird).

You need to keep everything covered in your kitchen or these guys march right in and help themselves.

(Photo: John Belbin)

ground. Sheila and Tony's reports sent us looking for migration data: we discovered that BHCB migrate mid-Feb-mid-May, with peak migration from mid-Mar to the end of Apr. NS is breeding territory for BHCB, in NB they remain year round. RWBB are in the northern half of NS year round, breeding province-

wide: migration mid-Feb – mid-May. Ref: [The Birds of North America Online (A. Poole, Ed.). Ithaca: Cornell Lab of Ornithology; <http://bna.birds.cornell.edu/bna> & "Stokes Nature Guides", Vol. 1, 2, 3, Donald and Lillian Stokes]

We thoroughly enjoyed the Chronicle Herald's report by Ian Fairclough, Wed., Mar. 4: "Once a plague on communities, nuisance birds have flown the coop". If you missed the issue, it is available on the internet. The reporter interviewed a Greenwood resident who enjoyed the "visiting" crows, finding the experience, "eerie, spooky, and fascinating. Ted and Joe Kajdas have been sighting

huge flights of crows from Jefferson Subdv, also flights that were visible south of the road leading to the Falcourt Inn. Joe estimated 1000s, in an endless flight which stretched from the Torbrook Rd to #10hwy. There may be sufficient wooded area in South Farmington to provide a roost at a comfortable distance from residential property. Perhaps the crows have founded their own Crow, Conservancy! Now all they need are infrastructure funds. Crows were sighted near Halifax carrying nesting material on Feb. 27; again in early March. B. Eagles and C. Ravens are nesting too.

Ted wrote, "Noticed a squirrel gathering nesting material, she zeroed in on the BBQ, a sanctuary from predators and the elements. This is an annual event. I leave her to brood till they vacate; rent free. You wouldn't believe how much mulch they are able to pack into the BBQ."

In Hantsport, John Belbin wrote: "I thought you might like a shot I took at the Barbados Yacht Club. We were having lunch and I became an unwitting host. From the left it is a Lesser Antillean Bullfinch(known as a sparrow), a Zenaida Dove(wood dove), and a Carib Grackle (blackbird). You need to keep everything covered in your kitchen or these guys march right in and help themselves." We are at: 765-8688, p_giffin@hotmail.com.

GMFRC • Feature of the Week

Adult Programs and Employment Services

Coordinator: Stephanie Townsend at 765-1494 local1816 or email at Townsend.SC@forces.gc.ca

Yoga Classes

Beginning Wednesday, April 1st, 2009, continuing Wednesday nights for 10 consecutive weeks 6:30 p.m. – 8:00 p.m.

GMFRC Classroom 1

Cost: \$75 for Military Families, \$90.00 for Civilians, and \$10 for drop-in

Registration Deadline: March 27th, 2009

Join the GMFRC as we now offer Yoga classes to improve your health and fitness! This is a 10 week class appropriate for beginners to pro yoga enthusiasts. This class offers an opportunity for individuals of all athletic abilities to participate in a relaxing, strength and flexibility building yoga routine to benefit the body and spirit, while connecting with fellow community members



The Aurora Newspaper

Send your articles and photos to:

aurora@auroranewspaper.com

or visit us on the web:

www.auroranewspaper.com

Together in Church

Queen of Heaven Chapel

Sunday Schedule
11 a.m. (English Mass)

St. Mark's Chapel

Sunday Schedule
10:30 a.m. Divine Worship

Switchboard 765-1494

Wing Chaplain

Padre Art Crawley ext 5119

Wing Chaplain's Admin Assistant

Ms Diane McKeage ext 5883

Chapel Life Coord - St. Mark's

Padre Harold King ext 5541

Chapel Life Coord - Queen of Heaven

Father Tim Nelligan ext 1960

Unit Chaplain

Padre George Helou deployed

Chaplain (BTL)

Padre Mike Peterson ext 5835

Chaplain (BTL)

Padre Gord Poley ext 5545

Emergencies

In an emergency, you can reach a chaplain anytime through Wing Operations at (902) 765-1494 ext. 5457.



Need a Hand?

Community Volunteer Income Tax Program

Besoin d'un coup de main?

Programme communautaire des bénévoles en matière d'impôt

Volunteers, trained by the Canada Customs and Revenue Agency, can help you complete your income tax and benefit return. Des bénévoles, formés par l'Agence des douanes et du revenu du Canada, peuvent vous aider à remplir votre déclaration de revenus et de prestations.

To find out if you are eligible or to make an appointment call: Pour savoir si vous êtes admissible, ou pour prendre rendez-vous, téléphonez au:

765-1494 Local 5430

You can meet with the volunteers! Vous pouvez rencontrer les bénévoles!

March 17, 24 & 31
April 7, 14 & 21 (if needed)

To be held at the 14 Wing Library, Greenwood

By appointment only (765-1494, local 5430)

Bring all your tax papers and forms with you.

This service is free!

Apportez tous vos feuillets et formulaires d'impôt.

Ce service est gratuit!

www.ccra.gc.ca/volunteer

www.adrc.gc.ca/benevole



REGISTRATION 2009

At the 14 Wing Community Centre

March 28 • 2:00 pm - 5:00 pm

March 29 • 2:00 pm - 5:00 pm

March 30 - April 2 • 8:00 am - 4:30 pm

April 4 • 2:00 pm - 5:00 pm

REGISTRATION FEES

Save \$25 per player by registering by April 4th, 2008

	By April 4 th	After April 4 th
Mens Masters	\$140.00	\$165.00
U16 & U18	\$115.00	\$140.00
U12 & U14	\$105.00	\$130.00
U8 & U10	\$70.00	\$95.00
U6	\$55.00	\$80.00
4 Yrs Parent & Tot	\$50.00	\$75.00

- You **MUST** have the player's HEALTH CARD at time of registration and Rec Cards for a \$5 discount.
- You **MUST** have \$50 Jersey deposit cheque per player.

For more information check out our website:

<http://kingstongreenwoodsoccer.org>

Or contact Michelle Cummings (registrar) at 765-3264 or soccer_registration@hotmail.com



Historic Aircraft that Played a Significant Role in Canadian Aviation Heritage

Submitted by: Bryan Nelson, Executive Director, Canadian Aeronautical Preservation Association



Fairchild FC-2

When the American-made Fairchild FC-2 was introduced into Canada in 1927 it made an immediate impact on the aircraft market. Up to this time, the primary aircraft for bush flying had been flying boats, primarily the Curtiss HS-2L, which were large and needed longer stretches of water on which to take off. Further, with much of northern Canada frozen five months of the year, the flying boats could not operate during this period.

The FC-2 could be equipped with floats or skis, thereby allowing it to operate in most areas of Canada throughout the year. Requiring only one person, versus the two required for the Curtiss HS-2L, the FC-2 also had a greater payload, at 318 kgs and a higher cruising speed of 150 km/h. The attraction of the FC-2 was obvious to large and small operators. As other aircraft began to compete with the FC-2, Fairchild rapidly made improvements by increasing the engine horsepower

and wingspan, including the Model 51 which retrofitted a 300 horsepower in an FC-2 fuselage.

Fairchild Aerial Surveys, a company formed in Canada by Fairchild of the United States to gain access to the aerial photography business, brought the first two FC-2s into Canada, in July and August 1927. The aircraft was used not only to

one of the biggest users of the FC-2, operating over 12 aircraft, while Northern Aerial Mineral Exploration Ltd used at least four FC-2s to transport geologists and prospectors into northern parts of Canada.

The success of the Fairchild Aviation Ltd at Grand Mere, Quebec encouraged Canadian Vickers of Montreal to seek Canadian manufacturing rights, which the company quickly received. Canadian Vickers built 11 aircraft, with another used for spare parts. At least 40 FC-2s were on the Canadian civil register in the 1930s as well as 21 with the RCAF. The FC-2 has earned its place in Canadian aviation by introducing more modern, small float-plane operations into the Canadian aviation



transport passengers between Canadian cities big and small, but also for exploring the north. Canadian Airways was



Le Fairchild FC2

En 1927, l'introduction au Canada du Fairchild FC2 de fabrication américaine a eu un impact immédiat sur le marché aéronautique. Jusque-là, les principaux avions de brousse avaient été des hydravions à coque, principalement le Curtiss HS21, qui étaient gros et nécessitaient de plus longues étendues d'eau sur lesquelles décoller. De plus, comme la majeure partie du Nord du Canada est gelée pendant cinq mois par année, les hydravions à coque ne pouvaient voler pendant cette période.

Le FC2 pouvait être muni de flotteurs ou de patins, ce qui lui permettait de voler dans la plupart des régions du Canada pendant toute l'année. Son pilotage n'exigeait qu'une seule personne, contrairement au Curtiss HS2L qui en nécessitait deux,

le FC2 permettait également l'emport d'une charge utile plus importante de 318 kg ainsi qu'une vitesse de croisière supérieure de 150 km/h. L'attrait que constituait le FC2 était évident aux yeux des petits et gros exploitants. Comme d'autres avions se sont mis à concurrencer le FC2, Fairchild l'a vite amélioré en augmentant la puissance du moteur et l'envergure, notamment par le modèle 51, lequel constituait une modification de rattrapage qui comportait un moteur d'une puissance de 300 hp dans un fuselage de FC2.

Fairchild Aerial Surveys, entreprise mise sur pied au Canada par Fairchild of the United States pour accéder au marché de la photographie aérienne, a amené les deux premiers FC2 au Canada en juillet et août 1927. On a utilisé ces deux avions non seulement pour transporter des passagers entre de petites et grandes

villes canadiennes, mais aussi pour explorer le Nord. La Canadian Airways a été l'un des plus importants utilisateurs du FC2, exploitant plus de 12 avions, alors que la Northern Aerial Mineral Exploration Ltd a utilisé au moins quatre FC2 pour transporter des géologues et des prospecteurs dans des parties septentrionales du Canada.

Le succès de Fairchild Aviation Ltd à Grand-Mère (Québec) a encouragé la Canadian Vickers de Montréal à demander les droits de construction au Canada, que l'entreprise lui a vite accordés. La Canadian Vickers a construit 11 avions, plus un autre utilisé pour les pièces de rechange. Dans les années 30, au moins 40 FC2 figuraient au registre d'état civil canadien et 21 faisaient partie de l'ARC. Par sa modernité pour l'époque, le FC2 est parvenu à se tailler une place de choix dans le milieu de l'aviation canadienne pour les opérations réservées aux petits hydravions.

GMFRC • Feature of the Week

Prevention, Support and Intervention Services
Coordinator: Shannon Doubleday at 765-1811 or 765-5611
Self Help Groups

Self Help Groups provide a unique opportunity to meet with others experiencing similar challenges and successes as you. By definition, self help groups are participant driven and managed, the GMFRC is committed to supporting the development and coordination of self help groups through offering support, space and guidance. Some suggestions that we have heard for groups are: coping with divorce, life after infidelity, parenting teens. We are looking for leaders, people interested in spearheading the development of a self-help group targeting the needs of our unique community. For more information please contact Prevention, Support and Intervention Services.

Alternative Dispute Resolution

Greenwood Dispute Resolution Centre



Maj. Bob Sealby
Call 5530

- Are you involved in a conflict in the workplace and unsure of how to handle it?
- Do you have issues with a work situation that you want resolved?
- Do you want to know how to approach a co-worker during a dispute?

Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at the AVM Morfee Centre (MFRC), School Road or for a DRC nearest you National Phone Number: 1-888-589-1750

DRC services are available to all Regular and Reserve Force members, Civilian and NPF employees, and members of the Cadet organizations.

GMFRC • Feature of the Week

Volunteer Services
Coordinator: Janie Gagnon at 765-1494 local 5938 or email at Gagnon.JMC@forces.gc.ca

Easter Deployment Mail Out

Friday, March 13th, 2009
9:00 a.m. – 12:00 p.m.
GMFRC Classroom #1
Volunteers Needed: 6

To prepare packages and get boxes ready for mail out to send to troops. It is a fun time and a way to feel connected to the member and to give back to them for what they sacrifice each and every day.

Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue only covers for the next couple of weeks. For future and ongoing programs and services, please visit our website at www.greenwoodmfrc.ca or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

Note: We are sorry for any inconvenience this may cause, but to keep costs down, the only methods of payment accepted for workshop registrations is cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration.

Adult Programs and Employment Services

Coordinator: Stephanie Townsend at 765-5611 local 1816 or email employmentgmfrc@eastlink.ca

Upcoming Programs or Services
Stampin' Up! Class
Wednesday, March 18th, 2009

6:00 p.m. – 9:00 p.m.
Classroom 2
\$15.00
Registration Deadline: March 16th, 2009

CF Recruiting
Monday, March 23rd, 2009
1:00 p.m. – 5:00 p.m.
Classroom 1
Free

8th Annual 14 Wing Education & Career Fair
Thursday, March 26th, 2009
9:30 a.m. – 2:30 p.m.
Annapolis Mess, 14 Wing Greenwood
Free

Easter Photos with Tammy Pyette
Wednesday, April 1st, 2009
9:00 a.m. – 1:00 p.m.
Classroom 2

\$15 for CD of 1 copyright free image, \$10 per additional image

Employment Ongoing Services

- Resume and Cover Letter Creation and Modification
- Resume Updating
- Career Assessment / Counselling

- Job Search Assistance
- Interview Skill Building
- Information on Small Business Planning
- Information on Military Home-based Business Network
- Magazines and Books exchange
- Employment Computer Available
- Portfolio Development

Community Information Services

Coordinator: Nicole Godin at 765-1494 local 5941 or email godin.n@forces.gc.ca

Ongoing Services

- Greenwood Welcome package
- GMFRC Virtual Welcome package
- New Arrivals Registration
- Welcome GMFRC visit/tour and Welcome Gift
- GMFRC Welcome Calls
- GMFRC Email Information Newsletter
- GMFRC Website
- Community Information Database
- GMFRC Family Fun Day

Deployment Services

Coordinator: Paula Davison at 765-1494 local 5583 or email at Davison.PL@forces.gc.ca

Upcoming Programs or Services

Deployed Families Adult

Dinner Out

Tuesday, March 31st, 2009
5:30 p.m. – 8:00 p.m.
Location to be determined
Pay the cost of your own meal

Registration deadline: Friday, March 27th, 2009

Deployed Families Card/Craft Club & Children's Fun/Support Group

Monday, March 23rd, 2009
6:00 p.m. – 8:00 p.m.
GMFRC

Registration: Call 765-5611 and register before Friday, March 20, 2009. Don't forget to register your children for the Fun/Support Group.

Is your military member away?

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give Paula a call & we'll set you up with any of our programs/services/activities that may interest you. We do not know you're out there unless you let us know.

All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

** For respite childcare offerings for deployed families, see details under Child/Youth & Parenting Services*

Prevention, Support and Intervention Services

Coordinator: Shannon Doubleday at 765-5611 or email shannon.doubleday@forces.gc.ca

Couples Retreat
Please note new date and cost
Friday June 12th and 13th, 2009

Fee: \$100 per couple
Contact 765-5611 for registration

Connecting Friends

Every Wednesday
9:30 a.m. to 11:30 a.m.
At the GMFRC
Open to the public
Childcare is available through the GMFRC Casual Childcare Service. For more information about Connecting Friends please call Shannon and to schedule childcare please call Coreen at 765-1494 local 1817.

Ongoing Services

- Emergency Shelter
- Resource Library
- Assessment and referral
- Short term support
- Crisis Intervention

Child/Youth and Parenting & Emergency Childcare Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email Dixon.K@forces.gc.ca

Upcoming Programs or Services

Children's Deployment Support Group
Monday, March 23rd, 2009
6:00 pm – 8:00 pm

Children aged 3 years and up
FREE
Preregister by Thursday, March 19th, 2009

Youth Council
Tuesday, March 24th, 2009
4:00 p.m. – 5:00 p.m.
14 Wing Community Centre
FREE

Youth aged 14 and up
Academic Tutoring Service
Monday, Tuesday, Wednesday

Time scheduled with families & tutor
Children in grade P-12
FREE

A tutor request form is available at GMFRC

Parent & Tot Program
We meet every Monday
9:30 a.m. – 10:30 a.m.
Children 3 – 5 years
FREE

Drop in – no registration required

Toddler Tuesdays Program
We meet every Tuesday
9:30 a.m. – 10:30 a.m.
Children 1 – 2 years
FREE

Drop in – no registration required

Tumble Tots
Every Wednesday in the gym
9:30 a.m. – 10:30 a.m.
Children 1 – 5 years
FREE

Drop in - no registration required

Baby Club
First and third Thursday of every month at the GMFRC
10:00 a.m. – 12:00 p.m.
Parents with infants aged 0 – 1 yr.
FREE

Drop in – no registration required

Respite Dates
Saturday, March 14th, 2009

GMFRC
12:00 p.m. – 4:00 p.m.
Children aged 12 years and under who currently have a deployed parent/caregiver.

Registration deadline: Thursday, March 12th, 2009 and
Saturday, March 18th, 2009

GMFRC
12:00 p.m. – 5:00 p.m.
Children aged 12 years and under who currently have a deployed parent/caregiver.
Registration deadline: Thursday, March 16th, 2009

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at Gagnon.JMC@forces.gc.ca

Upcoming Workshop

Stampin' Up with the GMFRC
Wednesday, March 18th, 2009

6:00 p.m. – 9:00 p.m.



March 15-19

Sun - 9:00 p.m.
Mon - Thur - 8:00 p.m.

TAKEN

Rated 14A

While you are at the theatre enter to win an iPod Nano. We will be giving away 1 a month.

Dolby EX Digital Sound
Come See it on the Big Screen www.zedex.ca

Kingston Legion BINGO

Prize Money Guaranteed: \$2,500

BOOKLET BINGO

Sunday, 1:45 p.m.
Tuesday, 7:45 p.m.

Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

Lic.# 35542-96



Business of the Week is Back!

Due to popular demand, The Aurora Newspaper is delighted to once again offer you the opportunity to participate in our Business of the Week advertising feature. The idea is simple:

- Six businesses run a business card ad for six weeks
- Each week one of the businesses will be featured as the **Business of the Week**
- The featured business will have the opportunity to work with the Marketing Consultant in developing a write up that can include a photo and approximately 500 words of copy
- The cost for this is only ~~\$220.00~~ **\$199 tax incl.** per business

For more information on how you can take part in this exciting feature (space is limited so don't delay!), please contact:
Anne Kempton
Marketing Consultant
The Aurora Newspaper
765-1494 ext. 5833
www.auroranewspaper.com



Reduced to \$199 tax included

Paper Carriers WANTED

We are compiling a waiting list for all paper route areas ~ except for ~ Ravenwood Sub.

Please apply at our office at the Morfee Annex on School Road.

Applications are also available on our website
www.auroranewspaper.com



Learning and Career Centre

"People working together to foster a learning culture – within the Defence Team – many places, many ways."

LCC Upcoming Workshops

Please note prices on LCC Computer courses are as follows: full-day course \$110.00

March 2009

- 17 Excel Level 1, \$110.00 per person • 1 day
- 23 Power Point Level 1, \$110.00 per person • 1 day
- 24 Word Level 3, \$110.00 per person • 1 day
- 30 Introduction to Computers, \$110.00 per person • 1 day
- 31 Excel Level 2, \$110.00 per person • 1 day

April 2009

- 06 Outlook Level 1, \$110.00 per person • 1 day
- 07 Person Learning Plans • ½ day
- 07 Access Level 1, \$110.00 per person • 1 day
- 14 Word Level 1, \$110.00 per person • 1 day
- 16 Orientation to New Employees • 1 day
- 20 Project Level 1, \$110.00 per person • 1 day
- 21 Person Learning Plan • ½ day
- 21 Visio, \$110.00 per person • 1 day
- 23 Job Experience Training (JET) Info Session, 1100-1200hrs • 1 hour

- 27 Publisher Level 1, \$110.00 per person • 1 day
- 28 Access Level 2, \$110.00 per person • 1 day

May 2009

- 04 Power Point Level 2, \$110.00 per person • 1 day
- 5-7 Pre-Retirement Planning, civilian age 45 and older • 3 days
- 05 Front Page Level 1, \$110.00 per person • 1 day
- 11 Project Level 1, \$110.00 per person • 1 day
- 12 HTML, \$110.00 per person • 1 day
- 19 Windows XP, \$110.00 per person • 1 day
- 20-21 Interpersonal Communication Skills • 2 days
- 25 Project Level 2, \$110.00 per person • 1 day
- 26 Harassment Prevention for Employees • 1 day
- 26 Front Page Level 2, \$110.00 per person • 1 day
- 28 Harassment Prevention for Supervisors • 1 day

June 2009

- 01 Excel Level 3, \$110.00 per person • 1 day
- 02 Word Level 2, \$110.00 per person • 1 day
- 3-4 Understanding My Leadership Style • 2 days
- 08 Outlook Level 2, \$110.00 per person • 1 day
- 09 Access Level 3, \$110.00 per person • 1 day
- 15 Excel Level 1, \$110.00 per person • 1 day
- 16 Introduction to Internet, \$110.00 per person • 1 day
- 22 Word Level 3, \$110.00 per person • 1 day
- 23 Power Point Level 1, \$110.00 per person • 1 day
- 29 Excel Level 2, \$110.00 per person • 1 day
- 30 Introduction to PC, \$110.00 per person • 1 day

July 2009

- 06 Access Level 1, \$110.00 per person • 1 day
- 07 Outlook Level 1, \$110.00 per person • 1 day
- 09 Stress Management • 1 day
- 13 Word Level 1, \$110.00 per person • 1 day
- 14 Power Point, Level 2, \$110.00 per person • 1 day
- 20 Publisher Level 1, \$110.00 per person • 1 day
- 21-23 Negotiation Skills • 3 days
- 21 Project Level 1, \$110.00 per person • 1 day
- 27 HTML \$110.00 per person • 1 day
- 28 Access Level 2, \$110.00 per person • 1 day

GMFRC Classroom 2
Free to the first 5 volunteers who register or \$15 per person
Register by calling 765-5611
Employment Fair*
Thursday, March 26th, 2009
9:30 a.m. – 2:30 p.m.
Annapolis Mess
Open to everyone
Conflict Resolution Phase 1 (RCE)
Tuesday & Thursday, April 7th-8th-9th, 2009
8:30 a.m. – 4:00 p.m.
Community Centre Multipurpose Room
Free for volunteers and only open to volunteers and military members
Register by calling 765-5611
Interview Skills Workshop*
Thursday, April 16th, 2009
1:00 p.m. – 3:00 p.m.
GMFRC Classroom 1
Free for volunteers
Register by calling 765-5611
Conflict Resolution Phase 2 (CML)

Wednesday & Thursday, April 22nd & 23rd, 2009
8:30 a.m. – 4:00 p.m.
Community Centre Multipurpose Room
Free for volunteers and only open to volunteers and military members
Register by calling 765-5611
Volunteer Opportunities Warm Line Callers
Ongoing need
Flexible (2 hours per month)
GMFRC or from home
Registration deadline: Open
Volunteers needed: Many (you will receive a prior training)
Gym Preparation and Facilitator for Tumble Tots
Every Wednesday
9:00 a.m. – 11:00 a.m.
GMFRC Gym
Volunteers Needed: 1
Set up and facilitate Wednesday gym program
***Suitable for our awesome Youth Volunteers!**

GMFRC • Feature of the Week

Deployment Services

Coordinator: Paula Davison at 765-1494 local 5883 or email at Davison.PL@forces.gc.ca

Deployed Families Adult Dinner Out

Tuesday, March 31st, 2009

5:30 p.m. – 8:00 p.m.

Location to be determined

Pay the cost of your own meal

Registration deadline: Friday, March 27th, 2009

Share a meal with other deployed spouses/parents and make valuable connections.

Please Note: Respite childcare is available that evening from 5:00 p.m.-9:00 p.m. in the GMFRC Casual Care Room. When you call to register for the dinner, let us know if you will be using the respite service.

Support Businesses That Support your Military Newspaper

ANNAPOLIS EAST ELEMENTARY SCHOOL



~ The following items are available at the Cafeteria daily ~
Sandwiches: \$2.00; Wraps - \$2.00; Sub Sandwiches - \$2.00;
All sandwiches, wraps & subs will include fresh vegetable or fruit on the side.
Vegetables & Dip - \$1.50; Cheese & Crackers - \$1.50;
Fruit & Dip - \$1.50; Tossed Salad - \$2.50 sm \$1.50;
Caesar Salad - \$2.50 sm \$1.50; Spinach Salad - \$2.50 sm \$1.50;
Yogurt - \$1.00; Yogurt Tubes - \$1.00; Yogurt Parfaits - \$1.25;
Fresh Fruit: Apples, Oranges & Bananas - \$1.00; Fruit Squiggles - \$1.50;
Gold Fish Crackers - \$.45; Baked Lays - \$1.50; Flat Earth - \$1.50;
Smart Popcorn - \$1.50; Frozen Juice Bars: Orange & Cherry - \$1.00;
Rice Crispy Squares - \$.80; Smoothies: Mon, Wed, Fri - \$1.25;
Juice: Apple, Orange & Seven Fruit - \$1.00; Milk - \$.35; Water - \$1.00;
~~~~ Canteen Items - CASH ONLY ~~~~  
There will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria.  
Ketchup, Mustard, Relish - \$.15 each; Mayo & Salad Dressings - \$.30 each;  
Barbecue/Sweet & Sour Sauce - \$.40 each

We are a NUT & SCENT sensitive school with a smoke-free environment.

Mar 9<sup>th</sup>: Chicken Rice Soup 1.75 • Macaroni & Cheese 2.50 • Baked Potato 1.25 • Caesar Salad 1.50 • Fresh Fruit Cup 1.00  
Mar 10<sup>th</sup>: Chicken Noodle Soup 1.75 • Hamburger with Lettuce & a Slice of Tomato 2.00 • Cheeseburger with Lettuce & a Slice of Tomato 2.00 • Juiced Fruit 1.00  
Mar 11<sup>th</sup>: Minestrone Soup 1.75 • Chicken Dinner 2.50 • Toss Salad 1.50 • Apple Slices 1.00  
Mar 12<sup>th</sup>: IN-SERVICE for School Students  
Mar 13<sup>th</sup>: Corn Chowder 1.75 • Minipizza with Apple Slices 2.50 • Caesar Salad 1.50 • Yogurt 1.00  
Daily Specials can be purchased for \$3.25 • Main Entree, Milk & Daily Dessert

## Annapolis Café

### 14 Wing Food Services

All Prices include HST

Breakfast Full ..... \$5.55

Breakfast Light ..... \$3.30

(Beverage & Toast or Cereal)

Lunch Full ..... \$11.10

Lunch Light ..... \$6.65

(Beverage, Soup or Salad; Choice from A La Carte menu or Sandwich; French Fries and Fruit or Cookie)

Dinner Full ..... \$11.10

Dinner Specialty (Steak Night, etc.) \$13.90

### Meal Hours

Breakfast ..... 0600 - 0900

Weekend & Holidays ..... 0600 - 1100

Weekend Brunch ..... 1100 - 1315

Lunch ..... 1100 - 1315

Dinner ..... 1600 - 1830

OPEN TO AUTHORIZED PATRONS ONLY

## JOIN THE FUN!!

14 Wing Library is having a

### Reading Challenge

during the month of March.

Open to all members.

Come in and register.

Start Reading ... PRIZES!



## school lunch menu KINGSTON & DISTRICT SCHOOL

### Whole Sandwiches

1/2 Sandwiches (Asst. fillings) ..... \$1.15  
Subs/Kaisers/Wraps ..... \$2.25 - \$2.50

### Hot Foods

One Hot Food Daily ..... \$2.50  
Cup of Soup ..... \$1.00  
Bowl of Soup ..... \$2.00

### Beverages

Milk ..... \$0.35  
Choc. Milk ..... \$1.30  
Juice Small ..... \$1.00  
Juice Medium ..... \$1.25  
Bottled Water ..... \$1.25  
Yop ..... \$1.25  
V8 Juice ..... \$1.00

### Salads

Assorted Salad Plates ..... \$2.50  
Fruit Plate ..... \$1.75 - \$2.25  
Veggies & Dip ..... \$1.00  
Apple Snacks ..... \$1.00

### Snacks

Cheese & Crackers ..... \$1.00  
Fresh Fruit ..... \$0.75 - \$1.25  
Gold Fish Crackers ..... \$0.50

### Miscellaneous

Bread & Butter ..... \$0.50  
Bagel ..... \$1.25  
Cream Cheese ..... \$0.50  
Cheese Whiz ..... \$0.50

### Freezer Items

Frozen Yogurt ..... \$1.25  
Yogurt Tubes ..... \$1.00

### Desserts

Muffins ..... \$1.00  
Cookies (small) ..... \$0.35  
Biscuits ..... \$1.00  
Yogurt ..... \$1.25  
Fruit Salad ..... \$1.00  
Other Assorted Desserts ..... \$0.75  
Special Treat Days ..... \$1.50

Daily Specials (Mon-Thur): Price Includes Main Course, Drink and Dessert - \$3.25

Mon: Pizza, Sub, Sandwich, Pasta, Wings, Fries & Soft Drink

## MARCH BREAK

This menu brought to you compliments of:

## FRASER'S PRO Home Centre



BERWICK • 1-800-959-3727  
KINGSTON • 1-902-765-3111  
KENTVILLE • 1-902-678-8044  
BRIDGETOWN • 1-902-665-4449  
www.frasers.ca



# FOR YOUR INFORMATION

**UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS**  
 FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com). These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

## Kingston Area Seniors Association

The Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. at the Kingston Branch No 98 of the Royal Canadian Legion Kingston. Fun day (Cards & Games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Minnie Roger's at 765-3292.

## IWK Quilt Fair & Sale

A joint project of the Mayflower Quilters' Guild of Nova Scotia and the IWK Auxiliary. Proceeds to assist in providing items of care and comfort and support to the women, children, youth and their families who must visit the Health Centre. March 20th 10:00 a.m. to 8:00 p.m.; March 21st & 22nd 10:00 a.m. to 5:00 p.m. Admission \$2.00 - Parker Reception Room, IWK Health Centre, University Ave., Halifax, NS. The show also features Silent Auction, Craft Table and Raffle Quilt "Summer Sampler".

# HOROSCOPES

March 15 to March 21

## ARIES - Mar 21/Apr 20

Aries, a misunderstanding at home could lead to a major battle if you're not careful. Be diplomatic with your words, especially when discussing sensitive issues.

## TAURUS - Apr 21/May 21

Taurus, don't waste time and energy on someone who is bound to let you down. You may find that the best way to get the job done is to do it yourself.

## GEMINI - May 22/June 21

Gemini, use diplomacy when dealing with those who are hot-tempered. Keep your cool, and you'll end up looking like the winner every time.

## CANCER - Jun 22/Jul 22

Cancer, an upcoming trip will go smoothly if you start planning now. Prepare for potential problems and you'll be ahead of the game. A new relationship blossoms soon.

## LEO - Jul 23/Aug 23

You could find yourself saddled with another person's responsibilities and may have to put your own obligations on the back burner, Leo. It will be appreciated in the long run.

## VIRGO - Aug 24/Sept 22

If you feel you're being taken advantage of at work, don't be afraid to speak up, Virgo. Otherwise a difficult pattern will continue. Hold your ground.

## LIBRA - Sept 23/Oct 23

Libra, try to solve problems at work on your own. A simple project could turn into a big problem if too many people get involved. Financial matters look promising.

## SCORPIO - Oct 24/Nov 22

Scorpio, patience will be an important virtue this week, especially when it comes to romance. An attractive Gemini could give you a run for your money.

## SAGITTARIUS - Nov 23/Dec 21

Even if work-related problems are plentiful, don't let them get the better of you, Sagittarius. Keep a calm, cool approach, and tackle the issues one at a time.

## CAPRICORN - Dec 22/Jan 20

A surprise phone call from an old friend could set the stage for weekend activities. Be prepared for a good time, Capricorn, because the odds are in your favour.

## AQUARIUS - Jan 21/Feb 18

Aquarius, a new project may seem overwhelming at first, but you're sure to get a wealth of satisfaction from it. Your optimistic nature will guide you through.

## PISCES - Feb 19/Mar 20

Pisces, overreacting to a difficult situation will only make matters worse. You'll need to be more cooperative if you want things to work out.

### FAMOUS BIRTHDAYS

- MARCH 15 Fabio, Model (50)
- MARCH 16 Flavor Flav, Rapper (50)
- MARCH 17 Mia Hamm, Athlete (37)
- MARCH 18 Adam Levine, Singer (30)
- MARCH 19 Glenn Close, Actress (62)
- MARCH 20 Kathy Ireland, Model (46)
- MARCH 21 Rosie O'Donnell, Comic (47)

Horoscopes brought to you compliments of:



**24 HOUR SERVICE**



**www.morsetowing.ca (902)825-7026**

Auto Clubs Accepted

## "Open Mic" Praise Service

Sunday March 22, 7:00 p.m. There will be an "Open Mic" Praise Service at the Kingston Baptist Church, Main St, Kingston. There will be music, readings, poems, skits, etc. by various people. Fellowship time with refreshments to follow. All welcome.

## Annual Meeting

The Greenwood Skating Club will be holding its Annual Meeting on Tuesday, March 24/09, at the Greenwood Arena in the Bomber Room (located upstairs in the arena) at 6:00 p.m.

## Somerset Soccer Annual General Meeting

Somerset Soccer annual general meeting will be held on March 30th at 7:30 p.m. at the Somerset Elementary School. Everyone is welcome to attend this meeting. Registration dates for the Somerset summer soccer program will take place at the Somerset Community Hall on the following dates: Saturday, April 18, 10:00 a.m. - 12:30 p.m. and Sunday, April 19, 1:00 - 3:30 p.m. Registration forms will be available at the Berwick Recreation Department as of the 1st of April 2009.

## Movie Night

Monday March 15, 7:00-9:30 - Kingston Baptist Church Youth Group will be having a movie night, showing the Narnia Chronicles: "The Lion, The Witch, and The Wardrobe".

## Community Breakfast

Saturday March 28, 8:00-10:00 a.m. The Kingston Baptist Church, Main Street, Kingston, will be holding a Community Breakfast. A full, hot breakfast for a free will offering. All welcome.

## Big Breakfast

Big Breakfast at the Middleton Curling Club located at 6 King Street. Saturday March 28th from 8:00 a.m. till 11:00 a.m. A community favourite.

## AVH Nutrition Line

1-888-642-8484 - What's a serving size? What's healthy? How do I read a label? March is Nutrition Month. Have a food or nutrition question? Call the AVH Nutrition Line toll free number at 1-888-642-8484 during March. Call and leave your question and contact information on the machine, an AVH Dietician will return your call within 48 hours.

## MCF

Greenwood Military Christian Fellowship Tue; 11:30-12:50, St. Mark's Chapel, Annex. Info: WO Glenn Hussey at 765-2380 Work Ext 3840, Dale Harty (CWO Rt'd.) at 765-2637. Spouses and Retirees also welcome.

## Gospel Concert

The Middleton Baptist Church is hosting a Gospel Concert Saturday, March 21 at 7:00 p.m. Musicians include: Sonlight, Jean Marshall, Brad Hewey, and many others. There will be a free-will offering and a canteen will be available at intermission with all proceeds going to the Kenya Mission Trip.

## Bridgetown Lions Breakfast, Auction, Music and Supper

Saturday, March 21 2009, 9:00 a.m. - 6:30 p.m. The Bridgetown Lions present a fun day at the Lions Community Hall, 289 Church Street, Bridgetown North. Club on March 21st. 9:00 a.m. - Start your day with an allegedly fabulous hearty breakfast at the Lions Hall. Free will offering. 12:30 p.m. Come enjoy an old fashioned auction of superior superfluity. 2:30 p.m. - Foot stomping music by Raymond Weir and his Jam Session Troubadours. 5:00 - 6:30 p.m. - Top off your day with a delicious all you can eat spaghetti supper. Comes with salad, rolls, coffee, tea and fruit. Prepared by Lions chef Larry Corneal and his enthusiastic band of sous chefs and servers. \$7.00. Location: Lions Community Hall, 289 Church Street, Bridgetown North. For information contact: Bill O'Neill 584-3983.

## Church Breakfast

Breakfast at the Aylesford United Church on Saturday, March 21, 2009 from 8:00 to 11:00 a.m. Menu includes homemade pancakes, ham, sausages, scrambled eggs, toast, tea, coffee and juice. Free will offering. Sponsored by the Committee of Stewards.

## Whiskey Hymnal Tour

A Nova Scotia Songwriters' Circle featuring Steven Bowers, Christina Martin, Kevin Corbett and Norma MacDonald. Evergreen Theatre Friday March 20 at 8 p.m. Reservations and information web: [www.evergreentheatre.ca](http://www.evergreentheatre.ca); e-mail: [evergreentheatre@gmail.com](mailto:evergreentheatre@gmail.com); phone 902-825-6834.

## "Meat" the Spring Meatloaf Supper

Potato Scallop, Meatloaf, Coleslaw, with Roll. Pie for Dessert. Come join us at the Paradise Hall March 21st, 2009 from 4:30 - 6:30 p.m. Adults: \$10.00; Children under 12: \$7.00; Under 4: \$4.00.

## Indoor Cycling Classes

Looking for a challenge? Why not try Indoor Cycling. Whether a cyclist or not, you can benefit from this aerobic non-impact class. This is a group fitness session led by certified indoor cycling instructors who will offer a variety of workouts. A water bottle, small hand towel and a willingness to sweat are all that is required. Classes are held in the Indoor Cycling room upstairs (at the pool end) at the F & S Center. Class Times: Mon, Wed, Fri, at Noon for 45 minutes; Tues, Thurs at 5:00 p.m. for 60 minutes; Sat at 9:00 a.m. for 90 minutes.

## Kingston Lions St. Patrick's Day Dinner

There will be a Corned Beef & Cabbage dinner with coffee, tea and green cake for desert at the Kingston Lions Hall on Tuesday 17 March 09. Dinner will be served from 5:00 - 7:00 pm. Cost \$10.00 per person and \$6.00 for children 12 and younger. Proceeds for Lions charitable work.

## Kingston/Greenwood Living With Cancer Support Group

The Canadian Cancer Society "Living With Cancer" Support Group will be holding its March "Get-Together" in the St. Mark's Protestant Chapel, 14 Wing Greenwood from 7:00 - 9:00 p.m. Monday 16 Mar 09. This is an important, timely topic on "Tax Benefits" by tax professional Mr. Gordon Way. Cancer patients, their family and friends or anyone seeking information on cancer is welcome to attend. For information call Lloyd (765-6133) or Lynda (765-3055).

## Contemporary Worship Service

10:45 a.m. Sunday Mornings at New Beginnings Center, 1151 Bridge St., Greenwood. Sunday March 22nd will include sharing from a person in the fellowship. We look forward to having you join us in worship. For further information phone 765-8155 or check our website at [new-beginnings-ministries.org](http://new-beginnings-ministries.org).

## Toastmasters

The mission of a Toastmasters club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skill, which in turn fosters self-confidence and personal growth. We learn by doing. The Annapolis Valley Toastmasters Club invites you to the Air Commodore Birchall Centre, Building 221, Classroom 3 at 14 Wing, Greenwood to experience a meeting from 6:30 to 8:00 p.m. every Tuesday. Further information is available at <http://annapolis.freetoasthost.net/> or contact Kay at 765-0574.

## Church Library Hours

The Kingston United Baptist Church Library is open to the public Thursday evenings 6:30 to 7:30 p.m. Located upstairs in the Christian Education wing. Please use upper side door off main parking lot. Excellent selection of Christian books, videos, CDs, DVDs and other resources. For further information call 765-6735.



**PRESENTS... FIND & WIN**

**Just Fill in The Blanks. Three Easy Ways to Enter.**

- Through our website: [www.auroranewspaper.com](http://www.auroranewspaper.com)
- Fax: 765-1717
- Drop into our office located on School Road (Morfee Annex)

**No Central Registry or Canada Post please.**  
**Deadline: Noon, Thursday, March 19, 2009.**  
 Make sure you include your full name and phone number.

| NAME                                                                                                                                                           | PHONE NUMBER |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| <i>Limited to one win per month.</i>                                                                                                                           |              |
| <i>The winner will be drawn randomly from all correct entries. Only one entry per person per week.</i>                                                         |              |
| <b>Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!</b> |              |
| 1. Fraser's Pro Home Centre has how many locations _____                                                                                                       | _____        |
| 2. Where can you buy automotive transponder keys _____                                                                                                         | _____        |
| 3. Whose ad says, 'How do you accessorize Dirt and Sweet' _____                                                                                                | _____        |
| 4. Where is Parsons Motors displaying their campers _____                                                                                                      | _____        |
| 5. Who are, Canada's Mortgage Experts _____                                                                                                                    | _____        |

**This contest is brought to you by:**  
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**Congratulations to last week's winner: TARA CARSON**

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# Youth Happenings at the 14 Wing Community Centre

By **Brendan Loughnane**  
Youth Recreation  
Worker

March Break is finally here and that means that it is time to relax and have some fun. Seeing as we planned a whole bunch of fun stuff, all you have to do is relax. We have got a bunch of fun activities like a night time trip to Ski Martock, free glow-bowling and some skating. If any of these activities sounds fun come on out and join us we always like to see new faces. In the meantime here is what's going on this week at the Community Centre.

**Boyz Club**  
Tuesday March 17<sup>th</sup> 2009  
Indoor Soccer  
4:30 – 6:00 p.m.

Hello boys this week we have to meet on Tuesday night instead of Monday. We will be playing some soccer upstairs in the gym. Don't forget to bring some indoor shoes and I will see you all there.

**Active Chicks**  
Wednesday March 18<sup>th</sup>,

2009

**Parachute Games**  
6:00 - 7:30 p.m.  
Active Chicks will be meeting at the Community Centre Wednesday night for Parachute Games in the gym! We'll play all your favourite games, including Cat & Mouse, Shark & Lifeguard, Hairdresser and many more!! See you there!

**Ski Martock Trip**  
Monday March 16<sup>th</sup> 2009  
12 noon - 9:30 p.m.  
Hey everyone, don't forget about the night time ski and board trip this Monday. The bus leaves at noon and should be back at the Community Centre around 9:30 p.m. It's going to be a lot of fun, see you all there.

**Free Glow-Bowling**  
Friday March 20<sup>th</sup> 2009  
Pre-Teens 6:00 - 7:30 p.m.  
Teens 7:30 - 9:00 p.m.

If you're looking for something fun to do this March Break why not join us for some free glow-bowling. Pre-teens start at 6pm and teens at 7:30pm. And it's FREE!! What a great deal,

see you all there.

**Skating and Hot Chocolate Party!!**  
Sunday March 22<sup>nd</sup> 2009  
10:45 a.m. - 12:30 p.m.  
Meet here at the C.C  
Free with your Rec-Pass or \$4 without

If you're still looking for more activities to keep you busy come join us for some skating and hot chocolate on Sunday March 22<sup>nd</sup> It is going to be a fun day so come on out and join us. See you all there.

**Look What's Playing at the Community Centre Pre-Teen Movie Night**

Every Saturday is pre-teen movie night. The fun starts at 6:00 p.m. and runs until 8:00 p.m. Admission to the movie is free with your membership card or \$1 drop in fee. This

|           | Pre-Teen (ages 9 – 12)       | Teens (ages 13 – 18)          |
|-----------|------------------------------|-------------------------------|
| Monday    | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Tuesday   | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Wednesday | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Thursday  | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Friday    | 6 pm to 8 pm                 | 4 pm to 6 pm<br>8 pm to 11 pm |
| Saturday  | 2 pm to 4 pm<br>6 pm to 8 pm | 4 pm to 6 pm<br>8 pm to 11 pm |
| Sunday    | 2 pm to 5 pm                 | 5 pm to 9 pm                  |

weeks Pre-Teen movie is TBA.

**Teen Movie Night**  
Teen movies run from 8:30 – 10:30 p.m. Admission to the movie is free with your membership card or \$2 drop-in fee. This week the teens will be watching Twilight. This movie is rated PG-13. This movie is all about a vampire family that is trying

to fit in with the rest of the world despite all their differences. One of the boys falls in love with a young

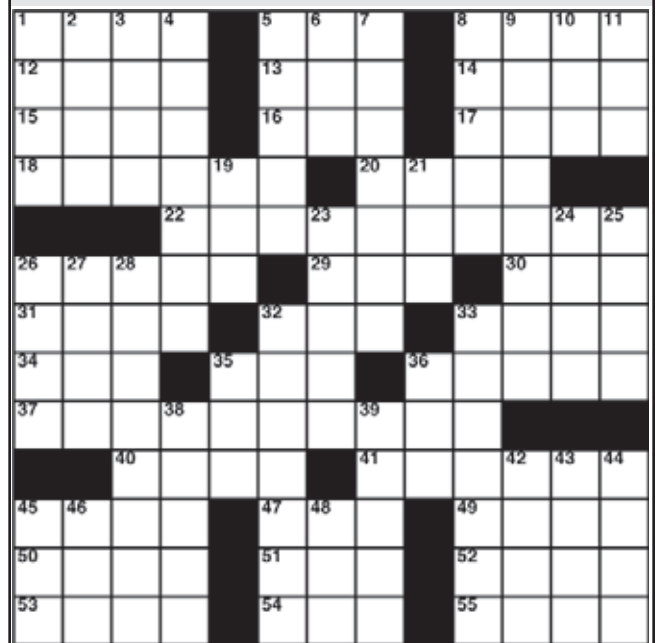
human girl and that's when the trouble starts. Come join us for this romantic drama. See you all there.

## Canadiana Crossword

Alpine Aces

Solution page 26

By Bernice Rosella and James Kilner



- ACROSS**
- 1 Witch's concoction
  - 5 CDs precursor
  - 8 Many a trucker
  - 12 Author of Portnoy's Complaint
  - 13 Not!
  - 14 Russian city or pitcher Hersher
  - 15 Swiss river
  - 16 Mil. rank
  - 17 Hardwood trees
  - 18 Hall of Fame skier Nancy
  - 20 African antelope
  - 22 Hall of fame skier Kerrin
  - 26 D'Allaire or Leblanc
  - 29 Treebeard for one
  - 30 Rage
  - 31 Eastern potentate
  - 32 Malaysian isthmus
  - 33 Burqa
  - 34 Printer's measure
  - 35 Macaws
  - 36 Hall of fame skier Karen
  - 37 Nominal figure
  - 40 Opposer
  - 41 Hall of fame skier Laurie
  - 45 PEI product
  - 47 Gadfly
  - 49 \_\_\_contendere
  - 50 Yen
  - 51 Summer to some
  - 52 Afrikaans
  - 53 Equal
  - 54 Left-leaner
  - 55 Fired
  - 21 Scrap
  - 23 Hebrew coin
  - 24 Lindross or Margolis
  - 25 Depend
  - 26 Knot
  - 27 Prefix for all embracing
  - 28 Measure incorrectly
  - 32 Hall of fame skier Kathy
  - 33 Hindu philosophy
  - 35 Eggleton or Erickson , among friends
  - 36 Golf score
  - 38 Beneath
  - 39 Urged
  - 42 Scam
  - 43 Wings
  - 44 Cast
  - 45 Dine
  - 46 Prefix for war and school
  - 48 Dined
- DOWN**
- 1 Boast
  - 2 Growl
  - 3 Be in Bonsecours
  - 4 Hall of fame skier Lucille
  - 5 Middle School in Montreal
  - 6 Dad
  - 7 Raisin
  - 8 Nominate
  - 9 More clever
  - 10 Expression of alarm
  - 11 Literary monogram
  - 19 Con or classical

Weekly Crossword brought to you compliments of:

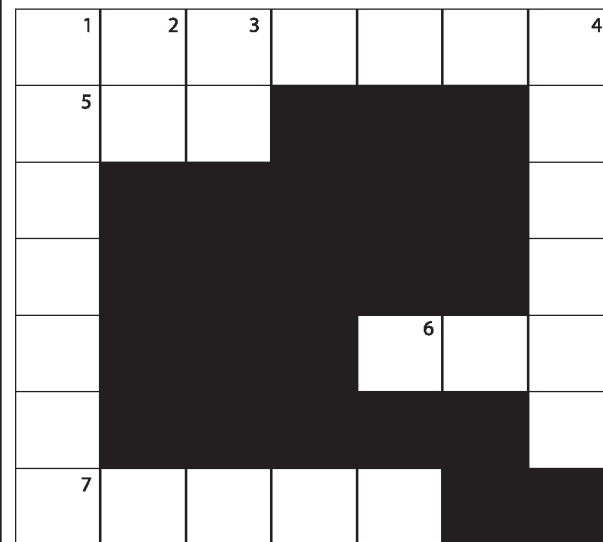
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## PATRICK'S PUZZLE

### Animal Crossword



#### CLUES ACROSS

- 1. Living organisms other than humans
- 5. Canine
- 6. Feline
- 7. Poisonous

#### CLUES DOWN

- 1. Refusing to change one's mind
- 2. Opposite of "yes"
- 3. \_\_\_nore: refuse to acknowledge
- 4. Doing something to prevent injury

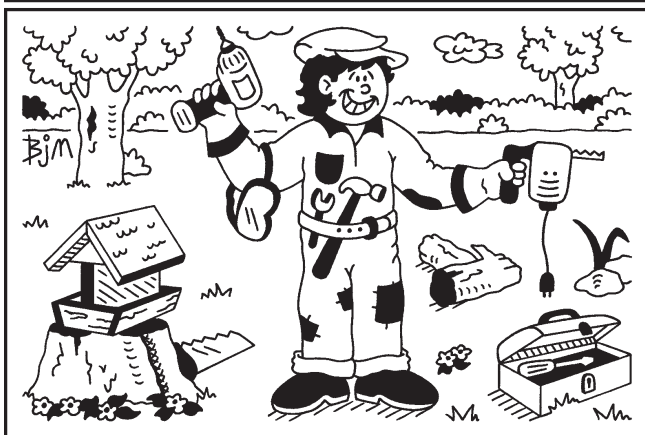
**Answers**  
Across  
1. Animals 5. Dog 4. Cat 7. Toxic  
Down  
1. Adamant 2. No 3. Ig 4. Safety

Patrick's Puzzle brought to you compliments of:

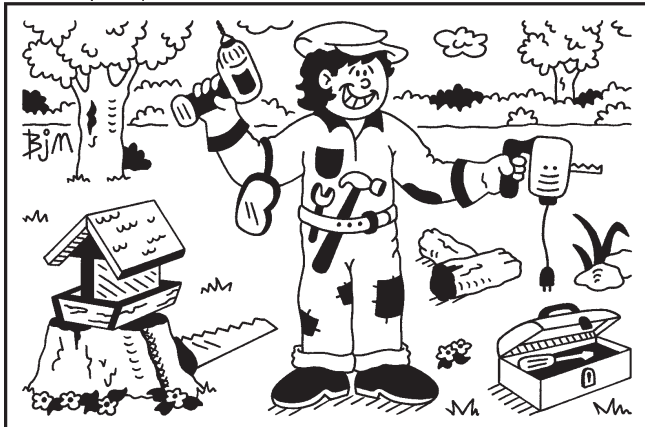
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**ComParrot** by Bonnie J. Malcolm  
Can you spot 12 differences between these pictures?



www.comparrotpuzzles.com © 2009 Bonnie J. Malcolm



Solution: 1. Cloud is missing. 2. Grass appears behind rock. 3. Branch on log is missing. 4. Strap on safety goggles is hidden. 5. Grass beside toolbox is missing. 6. Leaf beside stump is missing. 7. Bush behind tree is colored in. 8. Part of birdhouse is colored in. 9. Label on drill is colored in. 10. Blade on saw has moved. 11. Bush in background has moved. 12. Handsaw is longer.

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FOR RENT - Retirement apartments. New, 2 bedroom unit in seniors complex Kingston. Ground level, walking distance to all amenities. \$690.00 per month plus utilities. Guaranteed no rent increase. Call 1-902-825-6929. (3002-12tp)

FOR RENT – 43 Geiger Dr, 2 bedroom duplex available Jan 15<sup>th</sup>. Fridge/stove, washer/dryer hook-up provided. Large Living room, partially renovated, lawn care/snow removal provided, electric heat. \$500.00 per month plus utilities. For more info contact Glengary Properties at 765-2421.

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HOUSE FOR RENT - Brand New Home in Nictaux S/D, Old Runway Drive. 4 bedroom, electric heat, fridge/stove, dishwasher included. \$750.00 per month plus utilities, available April 1<sup>st</sup>. Call 765-0224 (3010-3tp)

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**SERVICE – Bilingual handyman carpenter** available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates – flexible hours Call Mike at 242-2465 (3011-4tp)

**SERVICE - Garden School Talk & Tea Soil Nutrition and Roots.** Hello Fellow Gardeners, Thank you to all those who attended March 10th Talk & Tea. This coming March 17th St Patricks Day Talk & Tea, we will be following on with a discussion on Plant Nutrition and Roots. Our guest speaker, Horticulturist Adrian de Montfort will go through this topic to help us all understand how our plants take up valuable nutrition from the soil, and what we can do in our practical gardening to help this process. If you could not make it to the last Talk & Tea, come along and join us this coming Tuesday March 17th, St Patricks day, where you will gain knowledge and can share your own gardening experiences with others. Your Hosts for the evening, Terri & James will provide Tea and Treats all inclusive in the price. \$12.00 per person, for attending 2 or more Talk&Teas \$15.00 per person, for attendance of one Talk&Tea If you have already paid a \$15.00 ticket, and want to attend another Talk&Tea, just mention it to Terri on arrival, and your price will be adjusted! We look forward to seeing you at Telegraph Tea Room & Garden School, Melvern Square. Phone for bookings 1-902-242 2359 (3011-1tp)

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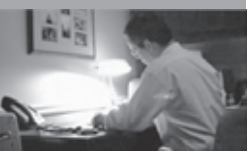
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## Crossword Solution

|   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|
| B | R | E | W | L | P | S | C | B | E | R |
| R | O | T | H | Y | O | U | O | R | E | L |
| A | A | R | E | C | P | L | O | A | K | S |
| G | R | E | E | N | E | T | O | P | I |   |
|   | L | E | E | G | A | R | T | N | E | R |
| R | O | M | E | O | E | N | T | I | R | E |
| E | M | I | R | K | R | A | V | E | I | L |
| E | N | S | A | R | A | P | E | R | C | Y |
| F | I | G | U | R | E | H | E | A | D |   |
|   | A | N | T | I | G | R | A | H | A | M |
| S | P | U | D | N | A | G | N | O | L | O |
| U | R | G | E | E | T | E | T | A | A | L |
| P | E | E | R | R | E | D | A | X | E | D |

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# Take a Stand Lose Grand!

14 Wing Health Promotion and the Fitness and Sports Centre staff are going to be partnering up for the most exciting weight loss program this year! Have you ever thought you wish you could lose some weight but lack the motivation and necessary tools on how to properly achieve your goals? Well you're in luck because we are offering all defence team members the chance to "Take a Stand and Lose Grand." This program will include one hour classroom sessions with the Health Promotion Director who will offer components of the Weight Wellness weight loss program. In addition, the new Physical Exercise Specialist from the Fitness and Sports Centre will provide personal training sessions that will provide participants with the necessary skills to improve their health and fitness levels. Advice will also be available for individualized programs. This can be the chance to reach new

goals and make lifelong changes in your life. Prizes will be awarded for those who LOSE GRAND!

The initial weigh in will consist of height, weight, and waist circumference. Your progress will be tracked for your own personal feedback.

To confirm and to ensure you are registered you MUST attend the information session that will be held on 22 April from 1200-1400 at the F & S Centre classroom. The program will run every Wednesday from 1200-1400 starting 29 April for eight continuous sessions.

Seats are limited so if you wish to pre-register contact Edith Tremblay at 765-1494 ext 5388.

Take a Stand and Lose Grand is open to military members and their spouses, DND and NPF employees are also welcome to attend.



## International 'Footloose' Women's Day Basket Winner Logo Contest Winner

*The winner of the International Women's Day basket from the GMFRC was Brandi Nicholauson. Our celebration of International Women's Day was a great success and gave us the opportunity to meet and acknowledge many of the wonderful women in our local community. We hope that all of the ladies who received their tokens of appreciation from the GMFRC enjoy them. Congratulations Brandi!*

Submitted by: Mary Walker Hope

*Jessica Herndorf, winner of the West Kings High School FOOT-LOOSE logo contest, holds the first poster fresh off the printer. Performances will start Tuesday, March 31 and end on Saturday, April 4. Tickets can reserved at the High School Office. 847 4440.*



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 14 Wing Greenwood

**Public Skate Come One Come All**

Greenwood Gardens Public Skating takes place Saturday evenings from 7:00 to 8:00 p.m. and Sunday mornings from 11:00 a.m. to 12:00 noon. The skate is free for Military and valid Rec Card holders. There is a drop-in fee of \$4.00 for those without Rec Cards. Although helmets are not mandatory they are strongly suggested. Come out and enjoy a great winter tradition.

# Both Girls Basketball Teams at Pine Ridge Middle School Win Their Districts

(March 2009)  
Pine Ridge Middle School had two girls basketball teams this season, one at the B level and one at the C level. Head coach Mrs. Kim Leonard, a grade seven teacher at Pine Ridge, and assistant coaches Reg Leonard and Rick Scott, coached both girls basketball teams. Our B-girls won two tournaments and fifteen out of eighteen games against other B teams throughout the season. In pre-districts we defeated Berwick 39-22, and Coldbrook 42-22, clinching first place in our pool. At

playoffs, which were hosted by Kings Edgehill, we beat Hantsport 39-26, and Kings Edgehill 31-17 to become the B girls basketball champions for 2008/2009. First place out of nine teams! Our team consisted of six grade

eight girls and seven grade seven girls: Shelby Allen, Madison Archibald, Abby Bastock, Gina MacMillan, Kelsey Pierce, Sara Stokes, Nicole Abriel, Emily Baltzer, Tessa Leonard, Amy Litsas, Amy Scott, Robyn Spicer, and

Alex Walbourne. Top scorer for the season was grade eight student, Sara Stokes. Pine Ridge Middle School hosted the C playoffs that consisted of three teams. Our C girls were victorious over

Hantsport 40-23 and Hants West 47-30. Our C team consisted of four grade eights, six grade sevens, and three grade sixes: Emmalee Burns, Chelsea Cameron, Chelce Cyr, Jamika Johnson, Jenny Green, Brenna Hickey,

Brittany McDow, Lizzy Nichols, Natalie Palmer, Dana Windsor, Rae Chiasson, Emily Hickey, and Aimee Wilkinson. Top scorer for the season was grade eight student, Chelsea Cameron.



C Girls Basketball District Champs 09. (Missing: Reg Leonard).



B Girls Basketball District Champs 09. (Missing: Reg Leonard).

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| 08-293A | 2003 | SX 2.0 SPORT   | BLUE   | 4 | A | AC,PW,PDL,CRU    | 68000  | 5995  |
| 09-318A | 2004 | ELANTRA VE     | MAROON | 4 | A | AC,PW,PDL,CRU    | 25000  | 8995  |
| 07-237A | 2005 | DAKOTAQUADCAB  | SILVER | 8 | A | ST,4X4,AC,CD     | 80000  | 13495 |
| 09-271A | 2005 | COROLLA CE BA  | GREEN  | 4 | 5 | AC,PDL,CD        | 105000 | 9995  |
| 09-362A | 2005 | COROLLA CE BA  | SILVER | 4 | 5 | AC, PDL, CD      | 75000  | 11995 |
| 09-402A | 2005 | COROLLA CE BA  | BEIBE  | 4 | A | AC,PDL,CD        | 75000  | 12995 |
| 09-366A | 2006 | MERCEDES B200  | BLUE   | 4 | A | AC, PW, PDL, CRU | 15000  | 21995 |
| 09-374A | 2006 | PURSUIT G5     | SILVER | 4 | 5 | CD, SPOILER      | 93000  | 7995  |
| 09-340A | 2006 | HIGHLANDER HYB | BLUE   | 6 | A | HYBRID,LOADED    | 70000  | 24995 |
| 08-225A | 2006 | PT CRUISER     | SILVER | 4 | A | AC,PW,PDL,CRU    | 62000  | 9995  |
| U1658   | 2006 | TACOMA ACCCAB  | BLACK  | 4 | 5 | 2WD,CD           | 85000  | 14995 |
| 09-426A | 2006 | COROLLA CE CA  | RED    | 4 | A | AC,PW,PDL,CRU    | 58000  | 13995 |
| 09-473A | 2006 | TACOMA ACCCAB  | SILVER | 4 | A | 2WD,SR5,LOADED   | 24000  | 18995 |
| U1656   | 2007 | CAMRY LE AA    | GREY   | 4 | A | AC,PW,PDL,CRU    | 38000  | 18995 |
| 09-469A | 2007 | YARIS 3DR H/B  | RED    | 4 | 5 | CD               | 81000  | 10995 |
| U1642   | 2008 | YARIS SEDAN    | SILVER | 4 | A | A/C              | 22000  | 14995 |
| U1638   | 2008 | YARIS SEDAN    | RED    | 4 | A | A/C              | 23000  | 14995 |
| 08-342A | 2008 | YARIS SEDAN    | GREY   | 4 | 5 | AC,PW,PDL,CD     | 32000  | 14995 |
| U1653   | 2008 | PRIUS HYBRID   | BLUE   | 4 | A | AC,PW,PDL,CRU    | 51000  | 24995 |

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