



The Aurora

newspaper



Artist Geoff Bennett takes a look at his favourite painting at his art show, Aviation History in Art, at the Greenwood Military Aviation Museum. The Painting titled "The Princess and the Comet" comes from a scene he observed from his home on England's South Coast in 1948.



Remembering Made Easy

By Wayne Bailey

(photos by: Pte Melissa Spence, Image Tech, 14 Wing Imaging)



Additional Paintings by artist Geoff Bennett on display.

Renowned artist Geoff Bennett exhibited some of his works at the Greenwood Military Aviation Museum at 14 Wing Greenwood from the 17 to 25 April, 2009. Mr. Bennett has been drawing and painting since he was a child living in England during the Second World War.

His work gave you a great appreciation of a man with immense talent, but most of all his works brought back memories of a more simple and violent time when Canada was involved in a World War.

The diverse types of aircraft, and the wide time frame of the many planes exhibited, caused the artist and members of the public who viewed them to recall stories that brought out a wave of emotions of times gone by.

Mr. Bennett was born in the United Kingdom and witnessed as a child the aerial activity during World War II over the

country. He does not remember learning to draw, but won the "Honour the Soldier" poster while in school one year.

The many penciled drawings on hand were drawn when he was a child and were nearly as fascinating as the excellent work he completed as an established artist.

A former member of the Royal Air Force and retired from the Royal Canadian Air Force, this well travelled "brush pilot" gave us a chance to view detailed work that was indeed a rare treat!

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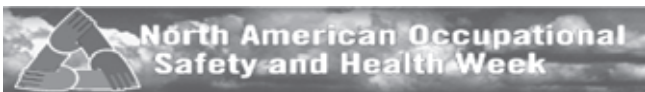
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**When: Wednesday, 6 May 2009
1000 – 1500 Hrs**

Where: 14 Wing, Annapolis Mess (Lounges A & B)

In celebration of North American Occupational Safety & Health Week the 14 Wing General Safety Office is hosting a Health & Safety Fair. The Fair is open to all DND/CF employees as well as the local business communities and the general public.

There will be numerous exhibitors with health & safety information kiosks and displays touching on issues from home & community safety to workplace safety. Drop by and browse the exhibits.

Door prizes will be drawn for throughout the day.

Don't forget to mark this event on your calendar.

Sponsored by your 14 Wing General Safety Office.

14 Wing Greenwood Participates in the Back to Baddeck Relay Flight

Submitted by: Captain Scott Spurr, 14 Wing Greenwood's Public Affairs Officer

NR-002.09
April 17, 2009

14 WING GREENWOOD – Aircraft Commander, Major Al Harvey and his CP-140 Aurora crew handed off a baton to Major Deirdre Peet, the Canadian Forces Detachment Commander Joint Task

Force North in Iqaluit on April 8, 2009 as part of the Canadian Aeronautical Preservation Association's (CAPA) "Back to Baddeck" vintage aircraft relay flight project.

The cross country relay is a way for CAPA to celebrate 100 years of flight in Canada and the northern part of the relay started at Greenwood, Nova Scotia (N.S.) on March

5, 2009 where the baton was flown to Saint John's, Newfoundland. The baton will eventually make its way to Comox, British Columbia and then back to N.S. for its International Air Show that will be held in Yarmouth in September, 2009.

The baton contains commemorative stamps issued by Canada Post as well as special mint coins from the Royal

Canadian Mint. The relay will stop at various museums across the country, provincial capitals and Ottawa where each of the museums, provincial Premiers and the Governor General of Canada will be presented with a stamp and a coin.

For more information regarding the relay of flight project go to www.capa-acc.com.

7th Annual Communication & Electronics Golf Tournament

The 7th Annual Atlantic Region C&E Golf tournament will be held this year from 18-19 Jun 2009. A four person scramble format will be used with the first round being played at the beautiful Berwick Heights golf course and the second round at the Challenging Greenwood Golf Club. The tournament is shaping up to be one of the best ever with great food, prizes and entertainment. You can sign up individually, a partial team or a complete team of four. Maj. Steven Wood 14 WTISO would like to extend a personal invitation to all former members of the C & E branch, business associates and any affiliates interested in joining our Squadron for two fun filled

days. This is a great opportunity to get reacquainted with old friends and perhaps make some new ones. For more information you can contact the Tournament Chairman Cpl David Cleghorn 902-765-1494 ext. 3556 or Tee Master MCpl Jessy Trepanier 902-765-1494 ext. 5272. For additional tournament information, to register or to browse pictures from previous tournaments please visit our website: www.wtisc.ca

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Celebrating its 50th Anniversary

To kick off the season, the club will be hosting a

~ Tea Party ~

Sunday, May 3rd from 1 - 3 p.m.

All members past and present are welcome. Let's reminisce, share stories, and view photos from years gone by. Open to the public.

Keeping in mind the fashions of 50 years ago, we will be awarding prizes for the best decorated hats.

Tickets are \$5.00 per person, please call 765-5800 to reserve your seat.

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Letter to the Editor

I arrived home from Europe in February 1946. I had a month's leave which was spent with my mother and father in Karsdale.

My brother was in the car business in Toronto and he wanted me to come up there so I decided to do that. I got tired of city rat race after a while so came

back and bought a place in Deep Brook.

This was in 1987, and Cornwallis Base was still training, so a friend who was on security asked me to think about becoming a Commissionaire. I decided to do it even though the pay was not very big, but it was

better than doing nothing.

One thing for sure, now that the war was over, security was not too serious. The night shift was long, six at night to eight the next morning and I was all alone.

The editor of the base paper was always after me to write about some of my wartime experiences so that helped at night.

There was a lot of day traffic, many people who trained there during the war liked to drive through. I guess it brought back memories.

At first they were allowed to drive in but suddenly the Base Commander made new regulations. People had to park across the street and walk in. I had to tell visitors this and it didn't set

well with many, and they let me know that.

When they were told to park across the street and walk they started throwing abuse at me saying it was my fault. The driver usually a man said very little but their passengers would start throwing foul and profane language at me.

I soon got enough of that af-

ter a day or two, so decided to tell the Military Police. They put a stop to most of it, as this was not my fault.

It seemed like telling people to use their legs for a walk around the base, was an insult to them.

I put in seven years as a Commissionaire and enjoyed it much better than sitting at home.

Oren Foster B.E.M.

14 Wing Men's Slow Pitch Team

All interested 14 Wing Military personnel are invited to try out for the 14 Wing Men's Slow Pitch team. Practices will be held Thursday from 1500 until 1600. The first 3 practices, April 16, 23, and 30, will be held at the Community Center above the Bowling Alley. Then followed by practices on the field every Tuesday 15:00 to 17:00. If you are interested in playing please come out to practice and also pass on the information to anyone you feel might be interested in playing. For more information please contact MCpl Chalifoux Loc 3272.

14 Wing Ball Hockey Team

All interested 14 Wing Military personnel are invited to try out for the 14 Wing Ball Hockey team. Practices will be held Monday and Wednesday from 1500 until 1700. The first 4 practices May 4, 6, 11 and 13 will be held at the Arena in Kingston until the floor in our own Arena is ready. If you are interested in playing please come out to practice and also pass on the information to anyone you feel might be inter-

ested in playing. For more information please contact Mr. Graham White Loc 5753.

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Xi Kappa Rituals/ Beta Sigma Phi

Submitted by: Joyce
Jacques - Xi Kappa
Member

On April 19th, 2009 President, Brenda Goodlad, and members of the Executive con-

ducted rituals for Pat, Helen and Joyce. Pat received her Ritual of Jewels, Helen, her Masters Degree and Joyce her Pledge Ritual. An honour for all of these women and a special event for the rest of us; this was an enjoyable afternoon. The Master Degree is the sixth degree of Beta Sigma Phi. Liz Tappen conducted this special Ritual for Helen. Our Rituals contain lovely thoughts, readings,

yellow roses, new pins, exchanges and coloured candles. For members 'new' and 'old', Rituals are moving and memorable.

Congratulations are extended to these three Xi Kappa members on their special day. A delightful lunch and social time followed.

April is a busy month for all Beta Sigma Phi(s). Our Founder's Day banquet is celebrated April 30th.

Hosted by Mu Chapter, this year, we will renew friendships, enjoy dinner and celebrate our beginning which occurred in 1931. If interested in BSP membership, contact an active member in your area or visit the website: betasigmaphi.org.

(L-R) Pat, Helen and Joyce.

(Photo: Submitted)



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Employment Tip

Submitted by: Stephanie
Townsend, Coordinator
of Adult Programs and
Employment Services

Dressing for an interview – Many struggle with what appropriate attire is for a job interview. It is a

good habit to dress in business formal wear for an interview (a suit for example); even if you think that you will be over dressed. Use your judgement and you will soon find out what the company

dress code is and can adjust afterward. It is better to be over-dressed than under-dressed for an interview. Even if you are just dropping off a résumé, dress as though you were going to the

actual interview. The employer may wish to speak with you immediately and your appearance makes a big first impression. You could also do some research to see how the company's staff

present themselves. For more information on this employment tip or on employment services in general, contact Stephanie at the GMFRC (902) 765-1494 local 1816.



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Wayne Atwater 5567
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Debby Benda 3340

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Congratulations to The Aurora Newspaper Team from the GMFRC

The Greenwood Military Family Resource Centre's Board of Directors, Staff and Volunteers would like to congratulate our friends at The Aurora Newspaper for winning the Best Canadian Forces Newspaper award for 2009. Here at the GMFRC, we have always known that they are the best and we very much appreciate their support over the last 20 years or so. To The Aurora Newspaper team - Stephen, Brian, Anne and Keith - we would like to congratulate you on a job well done and thank you for your continued support to the GMFRC and to our 14 Wing community.

2009 Primary Registration Dwight Ross Elementary School Monday & Tuesday May 4 & 5

Dwight Ross Elementary School will be holding their Primary Registration on May 4th and 5th for all students starting school in September 2009. Registration is by appointment only; if you have a child eligible to start school in September and have not received an appointment time for registration, please call the school at 765-7510.

Parents are reminded that all children **must** be five years of age on or before December 31, 2009 in order to begin school in September 2009.



Annual Meeting Notice

The Annual Meeting of the Kingston District Fire Commission

will be held on

Tuesday, May 12th, 2009 at 7:30 p.m.

in the Kingston Fire Hall.

- Presentation of Financial Statements for April 1/08 - March 31/09.
- Presentation of Budget for April 1/09 - March 31/10.
- Increase fire area rate from 5 cents to 6 cents per \$100 of assessment.
- Election of Commissioners.

All interested persons are invited to attend.

Marilyn Wilkins, Secretary/Treasurer
Kingston District Fire Commission
P.O. Box 528, Kingston, N.S. B0P 1R0

Kingston Fire Hall Rental

All enquiries re hall rental and use, please call 765-2358.

Allie Pierce Memorial Award

Students graduating from Middleton Regional High School and West Kings District High School going on to further studies and residing in the Kingston Fire District may apply for the Allie Pierce Memorial Award. Information can be obtained by calling 765-8158 or emailing mwilkins@ns.sympatico.ca.

YOU AUTO KNOW

~ Nitrogen Tire Inflation ~

Nitrogen is all around us, says Jim Luddington, Service Manager for Canadian Tire Greenwood. When used to replace oxygen and other gases in tire inflation, it enhances handling, improves fuel efficiency, extends tire life, protects the Earth and, most importantly, keeps you safer on the road.

By reducing the percentage of oxygen, water vapour and other gases in your tires for 22% to 7% or lower, your tires will maintain proper pressure longer than if you use "plain old air." For example, with 95% nitrogen in your tires, they retain optimal pressure three to four times longer, states Jim.

Proper tire pressure is a big deal. Maintain it with nitrogen, and you will see these **three primary**

benefits:

- Increased Fuel Efficiency - Correct tire pressure keeps the manufacturer's recommended "contact Patch" on the road. This lessens the rolling resistance and maximizes fuel efficiency.
- Longer Tire Life - When it

comes in contact with other materials, oxygen causes oxidation. Oxidation can make rubber brittle and cause it to lose tensile strength. In addition, at high temperatures and pressures, oxygen reacts and damages inner tire liners and belt packages; and nitrogen does not.

- Increased Safety - Under-inflated tires cause 90% of blowouts. Nitrogen provides more reliable pressure for reduced blowout potential.

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- Improved TPMS Performance - If you have a new car, you likely are plagued by a flashing light telling you your tire pressure is low. For example, one woman's light was going off every four to five weeks. After inflating with nitrogen, her

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- More Predictable Pressure Fluctuation - NASCAR teams use nitrogen so they can more accurately predict tire pressure fluctuation. Regular compressed air can fluctuate considerably when water vapour is present.
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Table Top Puzzle Time

Puzzle time is as easy as one, two, three for Maya. Last week some of the boys and girls from Miss Maurina's French Immersion Nursery School class took advantage of their table top time to enjoy putting together just a few of the new puzzles added to their classroom.

For information about our schools English or French Immersion Nursery School (2 1/2-3 yrs old) or Preschool (4-5 yrs old) programs please contact Maurina Duret at 765-1494 local 5301. We are presently taking registrations for our Fall 2009 programs.



Coordinator of Special Events & Promotions

Submitted by: Margaret Reid, GMFRC Executive Director, at 765-1494 local 5583

The GMFRC is pleased to introduce the newest member of our staff team, Michelle Thibodeau Wagner, Coordinator of Special Events & Promotions. Michelle offers some personal information below on her background, education, & experience. We're very happy to welcome Michelle to our team!

Hi everyone,
For the past 10 years I have been providing the "Strength Behind the Uniform" for my military family. With 3 kids (each born in a different province of course) we have been through 4 postings, 2 overseas tours, numerous courses and we are approaching the 2-year mark on IR. I am proficient in snow-blower operation and, in a pinch, I can fix anything with duct tape.



Michelle Thibodeau Wagner - Coordinator of Special Events & Promotions. (Photo: Submitted)

I have a business degree from MSVU in Halifax, with concentrations in Marketing and Management. I am very excited to apply my education and my previous experience as a GMFRC volunteer to promote our "Support Our Troops" and "Military Families: Strength Behind the Uniform" campaigns.

I'm looking for some awesome volunteers to join our Support Our Troops Awareness Committee. If you are creative, fun loving and believe in honouring our troops and their families... give me a shout. I can be reached at 765-1494 ext.1421, thibodeau-wagner.me@forces.gc.ca or just drop in to say hi. I would love to hear from you.
Cheers, Michelle

GMFRC • Feature of the Week

Children and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Respite

Saturday, May 9th, 2009

12:00 p.m. – 6:00 p.m.

Ages: Children up to age 12

Cost: Free to CF Families who currently have a partner deployed

Registration deadline: Thursday, May 7th, 2009

Parenting on your own during a deployment can be challenging at times. Respite childcare is designed to support families of deployed members and relieve some of the stressors of parenting on your own during a deployment. Please contact our receptionist at local 5611 to register your child, while you enjoy an evening to yourself.



NOMINATION DAY VILLAGE OF GREENWOOD Wednesday, APRIL 29, 2009

The Village Commissioners of Greenwood have adopted a nomination day by-law and hereby give notice that nominations for election for two upcoming vacancies for Village Commissioner; will be accepted on **Wednesday, April 29, 2009.**

Nomination Forms will be available at the Greenwood Village Office beginning April 13, 2009 for the following vacancies:

2 – three year terms

All nominations must be in writing, in "Form A", and must be filed with the Clerk/Treasurer on April 29, 2009, between the hours of 8:00 a.m. and 1:00 p.m.; or by appointment during the week preceding Nomination Day. Only those persons duly nominated shall appear on the ballots, as candidates for election on **Election Day, May 12, 2009 at the Annual General Meeting, 7:00 p.m.** at the Greenwood Civic Building, RCAFA Hall, 904 Central Ave, Greenwood.

Marian Elsworth
Clerk-Treasurer
Village of Greenwood



Now Open for Play

and taking membership applications for the 2009 Golf Season.

Full Adult memberships

are available for as little as
\$549 or \$49 a month

on a pre-authorized debit plan or a military or DND payroll deduction.

Full Couple's memberships start at \$949 or \$86 a month

on a pre-authorized debit plan or a military or DND payroll deduction.

For more information please call Karen at 765-1494, ext. 5821, or check our website

www.greenwoodgolfclub.ca

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Open to the Public

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Jennifer - 902-242-2085



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Greenwood Men's Closing Bonspiel

The weekend of April 17-19 the Greenwood Curling Club hosted the Mens Closing Bonspiel. There were 26 teams entered and the competition and camaraderie was first class. This years the teams were from Yarmouth, Clare, Middleton, Berwick, Kentville, Windsor, Halifax, Dartmouth, Stellarton, Truro, Northumberland, Chester/Bridgewater, Lr Sackville and of course Greenwood. We even had a curler from Ottawa ...it was so nice to see Ron (and Terry Brownrigg) back here. Thanks to all the curlers who participated in the spiel.

Special thanks to Bill Cox and his staff for the excellent ice, no complaints from anyone. Also thanks to Mr. Doug McEwan for looking after the draw ...again, no complaints. Great job.

Bonnie, Phyllis, Kathy put in the long hours on the bar and everyone was appreciative. Thanks to Scottie for running the kitchen, food was great.

I know everyone enjoyed the Pig Roast put on by Meadowbrook Meat Market...it was yummy. The pizzas from Mama Sofia's were devoured on Friday night.

The winner of the spiel this year was a new team to

our closing. Ian Fitzner-LeBlanc skipped his team of Dana Seward, Mark Robar and Dave Backman to victory over the Brian Nickerson team from Yarmouth. We hope we will see them back again next year to defend. The 3rd and 4th winners in the A Event were the Mark Kehoe and Colin Tanner teams.

The A Consolation Event winners were the Greenwood foursome of Doug Carpenter, Tom Litsas, Dwight Richardson and Brian Walker. They defeated the Rob McClure

team from CFB Halifax.

The B Event Winners were Jim Doucet (aka Peggy Sue) and his Clare team...Ed Comeau, Pete Comeau and Brian Doucet: they defeated the team of Walter Coggins, Doug McNaughton, Jacques Deveau and Jim Gosson. Thanks for the scallops and the wonderful "tunes"...love the Band. Great to see and hear Joe Melanson again. The 3rd and 4th winners were Dave Ronaldson's team and Curt Palmer's team.

The C Event winners

were the Bob Marshall team from Middleton ...Bill Eaton, Les Smith and Jim Leaman...they defeated Truro's foursome of Butch Sullivan, Murray Ewert, Dave Canning and our very own, Terry Peters. The 3rd and 4th winners were the Art Faulkner team from Truro and Calvin MacDonald's team from Middleton & Ottawa.

The First Team Out prize was won by Doug

MacLeod's foursome from Stellarton...Boyd Green, Aaron Johnston and Jeff Head...they certainly took a lot of teasing over that one. Mark Kehoe's Team won the Team Buy Back and the mini winner was the Lou White team. Congratulations to all the winners.

This year we had 26 teams, we are hoping to have 32 next year. Have a great summer and mark down the date for next year ...April 16-18.

CUCINA AURORA

Play-Off Nachos

2 lg. Bags of tortilla chips
Salsa (mild to hot)
2 cups Shredded cheddar cheese
1/4 cup Sliced black olives
1/4 cup Diced scallions
3 tbs. Jalapeno peppers, sliced (optional)
1 cup Sour cream
1/2 cup Diced tomatoes

Spread chips out on a large baking sheet, or divide between two oven safe platters.
Sprinkle cheddar cheese over the nachos and place in a preheated 350° F oven. Once the cheese has melted, remove from the oven. Sprinkle nachos with the remaining ingredients, except the sour cream that you can serve along side.
Set out on your table and dig in.

End of the Line PUB
Bridgetown 665-5277
If you would like to be on our event mailing list visit www.endoftheline@ns.alianzinc.ca

Saturday, May 2 Derby Day

Watch the *Kentucky Derby Race*
on our **BIG** screen

\$10 ticket includes:
Admission, Pre-Game Snacks, an Authentic Derby drink & Dinner (Fried Chicken, Kentucky Slaw, Potato Salad and Derby Pie), entry to the Hat Contest

\$5 ticket includes:
Admission and a Derby drink

Pre-game Party begins at 5:30 p.m.
Limited seating — Book Now!

West Kings PTSA Golf Tournament

When: Friday, 15 May 2009
Registration/Photos at 8:00 a.m.
Tee Off at 9:00 a.m.

Where: 14 Wing Greenwood Golf Club

Who: The first 32 teams to register

Cost: \$350 per team of 4

Proceeds to support School Enhancement Project

Highlights:

- 4 Person Scramble Format
- Many Prizes and Draws!
- Longest Drive - Men and Women
- Two \$10,000 Hole-In-One Chances
- Closing BBQ
- Refreshments

For more information, or to register your team, contact West Kings District High School at 847-4440

MAY							The Annapolis Mess 14 Wing Greenwood		2009	
Sun	Mon	Tues	Wed	Thu	Fri	Sat				
INFO Thursdays Movies 1900 h Wings 1845 h <small>• Events subject to change</small>	INFO Darts & Pool Balls are available from The Back Bar.	INFO Non Alcoholic Beverages Available	INFO Back Bar Darts Available	TGIT Officers' Mess 30 BBQ Oktoberfest Sausage, Perogies W/Bacon & Onion, Coleslaw	IND TGIF 1 WS - Taco Salad Bowl JR - Subway Live Band "HAL BRUCE"	INFO 2 Back Bar Daily Newspaper Available				
INFO Fridays TGIF • 1700 h Back Bar Entertainment 2000 - 2400 h <small>• Events subject to change</small>	3	4	5	6	7	8	9			
HAPPY MOTHER'S DAY 10	11	Annapolis Entertainment Meeting 1500 h Back Bar 12	13	Wings & Movie 14 WS Hosting "Jim Carrey YES MAN"	15	16				
INFO 17 Internet/wireless available in TV Lounge/Mess	18	19	20	21	22	23				
24	25	26	27	28	29	30				
31										

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THE MUNICIPALITY OF THE COUNTY OF KINGS

87 Cornwallis Street PO Box 100
Kentville, NS B4N 3W3

REQUEST FOR PROPOSALS

G.I.S. Data Development Aldershot Sewage & Water Systems

The Municipality of the County of Kings' Engineering and Public Works Department requires services from a qualified consultant to conduct field surveys to collect spatial and non-spatial attributes of the infrastructure making up the Aldershot Sewage System in North Kentville/Centreville, N. S. This project is intended to aid in updating the Municipality's Geographic Information System.

Sealed two-envelope format Proposals will be received up to **2:00 p.m. Thursday, May 14, 2009.** Specifications are available at the office of the Department of Engineering and Public Works, 87 Cornwallis St., Kentville, N.S. from Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m. Any questions or correspondence regarding the proposal may be addressed to the undersigned.

Monica Beaton, GIS Technician
mbeaton@county.kings.ns.ca

Tel: (902) 690-2452 Fax: (902) 679-0911
Local from Kingston & Greenwood (902) 847-3051
www.county.kings.ns.ca

14 Wing Community Common Area Spring Clean-up

By: **Capt Keith Cusson** –
14 Wing Housing
Committee Chair

14 Wing Community Council is once again asking for your support with the 14 Wing Community Spring Clean-up. In preparation for Summer, the Residential Housing Unit (RHU) Spring Clean-up will be completed in two parts. Part 1 will kick off in concert with the Valley Waste Resource Management's (VWRM's) spring pickup on Wednesday 13th May, with each residence being responsible for their individual 'Spring Cleaning'. Part 2 concerns the tidying up of common 14 Wing Community areas.

From VWRM's website (<http://www.vwr.com/fallspringpickup.html>), Spring Clean-up occurs in the Greenwood/14 Wing RHU area on regular collection day, Wednesday, 13th May, one day only. Normal waste collection (recyclables, green carts and garbage) stays on the same schedule. All items must be road-side by 8:00 am on pickup day, and may not go out more than 7 days prior to collection day.

What Goes

- washer, dryer, stove
- fridge, freezer, air conditioner, dehumidifier – with CFC sticker
- furniture, mattress
- water tank, boiler
- carpet (rolled in 4 ft lengths)
- construction waste (tied securely in bundles)

- Pine needles (in clear bags)
- Small auto parts (no fuel or fluids)

What Doesn't

- Empty oil storage tank
- leaves and brush
- cardboard boxes
- large or heavy auto parts
- household hazardous waste, paint & motor oil
- propane cylinders
- automotive tires
- automotive batteries
- fridge, freezer, air conditioner, dehumidifier - without CFC sticker
- NEW Electronics: televisions, computers, monitors, printers, audio & visual playback and recording systems, telephones etc.

Further Guidelines from VWRM:

- No more than 20 items will be collected from any one stop. An item is a single object, a bag or a securely tied bundle measuring no more than 1.2m (4ft) in length.
- Lumber or loose items must be bagged or tied securely in bundles no longer than 1.2 metres (4 ft). Nails must be bent over or removed for safety reasons.
- No more than 2 of any one appliance type (e.g. fridge, stove, water tank, etc.) will be collected at any one stop. Any one furniture or appliance item must weigh no more than 91kgs (200 lbs). Other items must weigh no more than 34kgs (75lbs).

Fridges, freezers and air conditioners cannot be collected until CFC's have been removed, and a CFC free sticker applied to the unit. The Eastern Management Centre at 100 Donald Hiltz Rd. in the Kentville Industrial Park, and the Western Management Centre at 343 Elliot Road near Lawrencetown at Exit 19 on Highway 101, will accept and service refrigeration units for a \$20 fee.

Items not collected during VWRM's Clean-up are the responsibility of the resident and must be removed from roadside when the clean up is finished.

NOTE: No types of Household Hazardous Waste (HHW) can be placed at the curb for pick up. A product is considered Household Hazardous Waste (HHW) if it bears one of the words (or symbols for) Danger, Poisonous, Caution, or Warning on the label. Hazardous products cannot be disposed of in regular garbage; they require special disposal. Some examples are:

- Propane tanks (large & small)
- Fluorescent light bulbs
- Motor oil & other automotive fluids
- Pool chemicals
- Pesticides
- Batteries (rechargeable & non-rechargeable)
- Paints, stains, finishes (empty, dry paint cans go in regular garbage with covers removed)

So What To Do With HHW?
Household Hazardous

Waste should be taken to one of the permanent HHW depots for proper disposal. The depots are located at the VWRM centres in Lawrencetown and Kentville; there is no disposal fee. The depots are open Monday-Friday 8:00 a.m.- 4:00 p.m. and Saturday 8:00 a.m.-noon.

Again, 14 Wing RHU residents are asked to take advantage of this service if at all possible. Leaves, grass clippings and weeds should be disposed of using the green bin during normal VWRM pickup, or taken to either VWRM centre. CFHA may be contacted regarding removal of material around vacant RHUs. Any items not accepted during scheduled pickup are the responsibility of the occupant; no Wing resources exist for disposal of such waste. Once again, for more information call VWRM at 1-877-927-8300 toll free, or visit their web site at www.vwr.com.

Part 2 will take place 0900 in dress of the day, or comfortable civilian attire, as appropriate. After a short brief on the morning's activities, personnel will be broken down into six teams, one team per Ward. The teams will make their way to starting points within their assigned Ward, and start a sweep of the common areas, bagging trash material as they go. As bags are filled, they will be taken to the main streets throughout the Housing area and deposited curbside for pick up by "Clean-Up Crews" in light duty trucks. Depending on the

number of participants, Clean-Up should easily be complete by noon.

Valley Waste Resource Management (VWRM) has a program for supply and removal of large dumpsters/waste bins free of charge when used for Community Clean-ups. The "Clean-Up Crews" will circulate around the Housing area, collecting the filled bags and transporting them to this centrally located dumpster. When the Community Clean-Up is complete, VWRM will automatically remove the dumpster.

During sweeps, there is no requirement for personnel to proceed into individual housing lots; those are solely the responsibility of the residents, and should have already been 'spruced up' during VWRM's

Spring Collection. The object is to collect material accumulated over the course of last Fall and Winter; no extremely heavy debris or deadfall need be collected. As with all things, the greater the number of participants, the better the end result, and the faster it can be completed. This call for participation is not restricted to Military members; any resident of the Community or other interested party can volunteer to help out.

The 14 Wing Community Council realizes how busy schedules may be as we all prepare for Summer, but hope you will take time to help us in making and keeping our Community clean and safe, so we can all enjoy Summer a little more. Thanks in advance for all your support.

Blood Donor CLINIC

By: **Eric MacKenzie**,
Community Recreation
Coordinator


Canadian Blood Services held another successful Blood Donor clinic at the 14 Wing Community Centre on Tuesday April 21st. A total of 186 donors came to support this worthy cause and as a result 166 donations were collected, which can be used to save roughly 498 lives! Canadian Blood Services will be returning for a two day clinic at the 14 Wing Community Centre on Tuesday June 16th and Wednesday June 17th.

Canadian Blood Services will now be holding two day

clinics as a result of the support from our local communities. Let's respond and take advantage of this opportunity by filling up two full days with appointments. If we can double our one-day attendance, over both days, Canadian Blood Services may be able to collect enough donations to save over a thousand lives!

If you are interested in booking an appointment to give blood or to volunteer at this next two day clinic, please call 1-888-236-6283.

The 14 Wing Community Centre would like to thank Tim Hortons and McDonalds for their continued sponsorship towards this event.



THE MUNICIPALITY OF THE COUNTY OF KINGS
87 Cornwallis Street PO Box 100
Kentville, NS B4N 3W3

NOTICE

**GREENWOOD WATER UTILITY –
FLUSHING OF HYDRANTS**

The Municipality of the County of Kings' Department of Engineering and Public Works wishes to advise customers of the Greenwood Water Utility that water mains and fire hydrants will be flushed from May 4th to May 22nd between the hours of 8:30 a.m. to 4:30 p.m.

Customers may experience low water pressure or discolored water during this time. Customers should flush their own lines by allowing the water to run until clear.

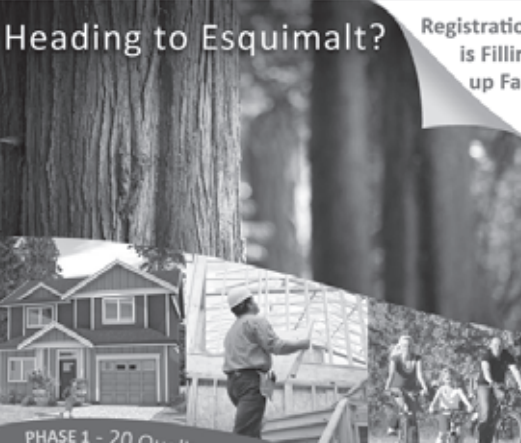
Flushing of the water system is conducted twice each year to maintain water quality in the utility's piping.

The Municipality apologizes for any inconvenience this may cause.

Satu Peori, Operations Manager
speori@county.kings.ns.ca

Tel: (902) 690-6195 Fax: (902) 679-0911
Local from Kingston & Greenwood (902) 847-3051
www.county.kings.ns.ca

Heading to Esquimalt? Registration is Filling up Fast




PHASE 1 - 20 Quality Homes Now Under Construction

Parkdale Creek
Nature at your doorstep at **westhills**

ParkdaleCreek.com
Victoria, B.C.

PEGASUS BOXING PRESENTS



An Evening of Amateur Boxing
~ **02 May 2009** ~
7:00 p.m. DOORS OPEN 6:00 p.m.
GREENWOOD COMMUNITY CENTRE
~ **MAIN GYM** ~
ADMISSION \$10.00
Bruce Harkness - Home: 825-1671

Creating a Better World... One Tree at a Time

Hello! My name is Nicholas Currie, and I am with Scouts Canada. This is my second year as a Beaver here in the Kingston/Greenwood area. In a few weeks, we will be planting trees as part of the Scoutrees tree-planting project and we need your help.

"Scoutrees is a national environmental program of Scouts Canada. The benefits are many. As they grow, the trees planted by our Scouts will help prevent flooding, produce clean air, provide shelter for wildlife, and become a source of raw materials to meet our future needs.

All of our community will benefit through your support." (www.scouts.ca) Scoutrees is also a fundraising project. Most funds stay in the community, with 15% being forwarded to the Canadian Scout Brotherhood Fund to help Scouting members in developing countries run self-help and community betterment programs.

If you would like to make a pledge to support the Scoutrees program locally, please contact: scoutrees_currie@yahoo.com and arrangements will be made to pick up your pledge.



Nicholas Currie.

Say Cheese!

Grace Wagner says "cheese" while enjoying her snack this week at the Greenwood Military Family Resource Centre's Casual Childcare. Grace is the newest member of our MFRC family as her mom Michelle Wagner is now our new Special Events & Promotion Co-ordinator. If you are in need of our service or would simply like to pop in and check us out please do so anytime or feel free to phone us at 765-1494 (ex.1817).



The Anglican Parish of Wilmot Welcomes You!

Holy Trinity in Middleton **All Saints' in Kingston**
 244 Main St. (across from Tim's) Pleasant St. (off Bridge St.)
 8:00 a.m. BCP Eucharist 9:30 a.m. BAS Eucharist
 11:00 a.m. BAS Eucharist & Sunday School & Sunday School

Information: call the Parish Office 525-2326
 Contemporary Faith, Catholic Worship & Living Community

Greenwood Military Family Resource Centre



present its



6th annual "Pamper-Me" Day

for woman of deployed families



Saturday, May 9th, 2009
from 1:00 p.m. to 5:00 p.m.



You are invited to join us for a glorious afternoon at our

This will be a wonderful day set aside to honor the woman of deployed families.

We'll meet at GMFRC Classroom #1 & depending on which services you draw; you will be treated to a pedicure, henna tattoo, manicure, hairstyle, make-up etc. We're still working out the details but have no fear, this annual event has become one of our most popular, for very good reason.

We promise you'll leave feeling totally pampered & refreshed.

We at the GMFRC have a deep respect & appreciation for military families & want to give back - this annual gift to deployed families is one of the many ways we choose to do this.

We'll have lots of decadent treats & gift bag draws as well.

It will truly be a special day!

We must limit the number of participants for this event so we only have one spot per family; so sign up early to secure your spot. We will keep a waiting list.

Call 765-5611 to register by Tuesday, May 5th.

* Free respite childcare from 9:00 a.m. to 6:00 p.m. is available at the GMFRC on this day so sign up your children when you register!

Greenwood Military Family Resource Centre invites you to participate in our annual



Reconnecting Through Touch

Friday & Saturday- June 12th & 13th, 2009

Location: Milford House (23 km south of Annapolis Royal)

Open to all Military Couples

Cost is \$100.00 per couple which

includes a one night stay, all meals and snacks, canoe rental, and interactive workshops.

Registration is limited to the first 12 couples. Reserve your spot early.

Register at the GMFRC or call 765-5611 for more information.

Registration Deadline: June 4th, 2009

The GMFRC Couples Retreat will provide opportunity to reconnect with one another through the tool of touch and participate in workshops designed for fun, laughter, & rekindling connection.



Kingston Legion Br 98 ~ May 2009
 Office 765-4920 • Bar 765-4428 • Fax 765-2479 • E-Mail legion98members@ns.sympatico.ca

Sun	Mon	Tues	Wed	Thu	Fri	Sat
Events Subject to Change Without Notice. Members & Guests Welcome!						
					1 COUNTRY HEAT FISH & CHIPS	2 BREAKFAST DARTS LADIES TEAMS
3 BINGO	4 EUCHRE	5 BINGO	6	7 CRIB	8 BIG DEAL ROAST BEEF DINNER	9 CRIB MIXED DART MEM.
10 BINGO	11 EUCHRE	12 BINGO	13	14 CRIB	15 MIXED DARTS BANQUET TBA IN AUD BURGERS & DOGS	16 DARTS LADIES ZONE SING/ DOUB
17 BINGO	18 EXEC MTG EUCHRE	19 BINGO	20	21 CRIB	22 STABLE COUNTRY OCTOBERFEST SAUSAGE	23 AIR CADET BANQUET
24 BINGO	25 GEN MTG	26 BINGO	27	28 CRIB	29 GOOD FEELIN BAND SCALLOPS	30
31 BINGO						

Legion Calendar Sponsored by **PHARMASAVE VALLEY DRUG MART**

613 Main St. KINGSTON 765-2103
 488 Main St. LAWRENCETOWN 584-3366
 26 Commercial St. MIDDLETON 825-4822



Historic Aircraft that Played a Significant Role in Canadian Aviation Heritage

Submitted by: Bryan Nelson, Executive Director, Canadian Aeronautical Preservation Association



Canadian Car & Foundry Maple Leaf II

The *Maple Leaf II* holds a unique place in Canadian and international aviation history – it was the first aircraft wholly designed by a woman. Miss Elizabeth Muriel Gregory (Elsie) MacGill of Vancouver was the world's first female aeronautical engineer and professional aircraft designer. In May 1938 Canadian Car and Foundry (Can-Car) of Fort William, Ontario (now Thunder Bay) hired her and in 1939 became their Chief Aeronautical Engineer, the first woman in the world to hold such a position.

MacGill graduated from the University of Toronto with a B.A.Sc in electrical engineering in 1927, the first female in Canada to do so. She then earned a Master's Degree in Aeronautical Engineering in 1929 from the University of Michigan at Ann Arbor. MacGill was then hired as an Assistant Engineer at Fairchild Aircraft in Montreal where she worked primarily on bush planes before she was recruited by Can-Car.

In January 1939 MacGill began designing the *Maple Leaf II* trainer, with potential for sales in Mexico. The aircraft was completed and subsequently tested on 31 October 1939. The *Maple Leaf II* underwent testing by the Department of Transport in December that year and in May 1940 by the RCAF. The RCAF tests found the aircraft handled very well but was considered too

docile to be a good service training aircraft.

Although the aircraft did not enter service in any Commonwealth air force, the tooling and one airframe were sold to Mexico where it was named the Ares. The Mexican Air Force eventually built ten before large-scale American aircraft donations arrived with Mexico's entry into the Second World War.



Le Maple Leaf II de la Canadian Car & Foundry

Le *Maple Leaf II* occupe une place unique dans l'histoire de l'aéronautique canadienne et internationale, car il a été le premier avion entièrement conçu par une femme. Madame Elizabeth Muriel Gregory (Elsie) MacGill, de Van-

Bay), en Ontario, l'a embauchée et, en 1939, elle en est devenue ingénieure en chef de l'aéronautique et la première femme au monde à occuper un tel poste.

En 1927, madame MacGill avait obtenu de l'Université de Toronto un baccalauréat en sciences appliquées avec spécialisation en génie électrique. C'était la première femme au Canada à recevoir un tel diplôme. Par la suite, en 1929, elle avait fait

brousse, avant d'être recrutée par Can-Car.

En janvier 1939, madame MacGill a commencé à concevoir l'avion-école *Maple Leaf II*, avec possibilités de vente au Mexique. Le 31 octobre 1939, on a terminé l'avion et on a ensuite procédé à des essais. En décembre de la même année, le *Maple Leaf II* a fait l'objet d'essais de la part du ministère des Transports et, en mai 1940, de la part de l'ARC. Les essais de l'ARC ont permis d'établir que cet appareil se pilotait très bien, mais on l'a jugé trop docile pour être un bon avion d'entraînement.

Même si cet avion n'est entré en service dans aucune force aérienne du Commonwealth, on a vendu l'outillage et une cellule au Mexique, où l'avion a été renommé l'*Ares*. La force aérienne mexicaine en a par la suite construit 10, avant l'arrivée des gros avions américains donnés au Mexique lorsque ce dernier s'est engagé dans la Seconde Guerre mondiale.



couver, a été la première ingénieure en aéronautique et la première conceptrice professionnelle d'avions au monde. En mai 1938, la Canadian Car and Foundry (Can-Car), de Fort William (maintenant Thunder

Bay), en Ontario, l'a embauchée et, en 1939, elle en est devenue ingénieure en chef de l'aéronautique et la première femme au monde à occuper un tel poste.

Mini Boys Basketball Provincials Greenwood Bombers Bring Home Silver

Submitted by Nancy Gullison, GMBA Club president on behalf of Dan MacKinnon, coach
Short in numbers but high

in determination the Greenwood Minor Basketball Mini Boys under coach Dan MacKinnon bring home the silver in an, overtime fight to

the finish against home team Pictou. Great game everyone!
Here are the game results:
Game #1: Pictou 51, Greenwood 50. Hustle Award, Glen

Rowe. Coaches Award, Tyler Brothers.

Game #2: Greenwood 71, Fall River 22. Hustle Award, Andus MacKinnon. Coaches Award, Martina MacKinnon.

Game #3: Greenwood 39, Antigonish 30. Hustle Award, Travis Porter. Coaches Award, Ethan MacInnis.

Game #4: Greenwood 46, Sackville 39. Hustle Award, Liam Walton. Coaches Award, Robert MacCormack.

Game #5 Gold Medal Game: Pictou 57, Greenwood 55. Hustle Award, Tyler Brothers. Coaches Award, Andus MacKinnon. Tournament All Star, Robert MacCormack.

Total Points for the Tournament: Robert 116, Glen 57, Andus 36, Liam 18, Tyler 12, Travis 10, Ethan 6 and Martina 6.

A special thanks to Martina who assisted the

team by playing when one of the original team players was unable to go making it possible for Greenwood to stay

in the tournament and not forfeit due to the minimum eight player requirements. Way to go girl!



Greenwood Bombers Boys Basketball Team.
From left to right, back row: Dan Hughie MacKinnon, Coach, Martina MacKinnon, Ethan MacInnis, Liam Walton, Andus MacKinnon, Dwight MacInnis, Assistant Coach. Front row, Tyler Brothers, Robert MacCormack, Glen Rowe, Travis Porter.

2nd Annual Spring Shopping Expo

Where: Queen of Heaven Church, CFB Greenwood
Corner of Church St and Kingswood Place

When: Saturday, May 2, 2008
9am – 2pm

Cost: FREE Admission
Donations to Queen of Heaven Church will be accepted at the door.

Take a break!
Bring a friend, enjoy some refreshments, and do some shopping while supporting home-based businesses in your community.

Refreshments Available! Win a Door Prize!

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- Previous experience in performing Life Cycle Materiel Management
- Knowledge of Microsoft Office suite of software products
- Ability to work independently with minimal supervision

Naval Training Specialist – Enfield location

Essential Qualifications and Experience

Ideally you are a NES OP (QL6 Qualified) with relevant experience instructing at a Naval school. Must have excellent written skills and be an adept public speaker and:

- Knowledge of Microsoft Office suite of software products
- Minimum of two years experience with Canadian Forces Training and Education Systems (CFITES) and Training and Development
- Operational experience onboard Halifax Class frigates
- Ability to work independently, with minimal supervision

Data Software Analyst – Greenwood location

Essential Qualifications and Experience

Ideally you are a Senior Avionics NCO with secondary duty experience in Information Telecommunications. Other qualifications include:

- Computer Science Degree, or Technologist Diploma;
- Highly knowledgeable in computer networking concepts, data acquisition/analysis tools/techniques;
- Knowledge of aircraft databuses desirable (MIL-STD-1553, ARINC 429) - CP140 6 MHz Manchester bus an asset;
- Experienced in Software Development in Visual C++, Visual BASIC, Pascal and/or FORTRAN;
- Familiar with Microsoft Office Suite and Software Development environments;
- Able to work independently, with minimal supervision;

Demonstrated leadership, supervisory and interpersonal skills;

Materials Coordinator 2 – Enfield Location

Essential Qualifications and Experience

Ideally you have attained the rank of at least Corporal/Leading Seaman as a Supply Technician (MOSID 00168). Other qualifications include:

- Completion of Grade 12 or equivalent
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- Good hand writing skills, an aptitude for numbers and math as well as knowledge of packaging techniques
- Good organizational and communication skills
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- Previous experience and use of SAP or other ERP systems is an asset

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For confidential consideration, please e-mail your resume to HR.esi@L-3com.com **referencing the job posting number in the subject line** or fax to (902) 873-2152. We thank all applicants for their interest; however, only candidates under consideration will be contacted. No phone calls please.

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For the Birds

By: Patrick Giffin

The Nova Scotia Migration Count will take place Saturday, May 9. Feeder watchers and observers in the field, along roadsides, are needed. Sheila Hulford is our local coordinator; please contact Sheila at 765-4023 or hulford@s@eastlink.ca

In Jefferson Subdivision, Jennifer Niemi rescued a Ce-

dar Waxwing (CW) from the jaws of a cat. Although there were no obvious, physical injuries Jennifer did notice, what may have been, a spot of dried blood and it was obvious that CW was unable to fly. Without a cage, Jennifer decided to release the bird in their guest, bedroom, providing water and a supply of Holly Berries. First Class accommo-

ation, meals included! I spoke with the duty, DNR representative in Kentville, 902-679-6097, and learned that they do not have facilities for wildlife of this size or category. I contacted Helene Van Doninck DVM, at the Cobequid Wildlife Rehabilitation Centre, RR#1 Brookfield, Nova Scotia, B0N1C0, hvandoninck@eastlink.ca, www.cwrc.net, http://cwrcblog.blogspot.com/1-902-893-0253. Helene, offered to do what might be needed to rehabilitate our wax-

wing friend and the task of arranging transport began. She recommended that we use a cardboard box rather than a cage in which a bird, excited by the transport environment, is more likely to harm itself. For the trip to Brookfield, food and water were unnecessary and could, given vehicle movements, have a negative impact on the bird's condition. Gary Myers and Merry Atwood visited the VIB, nicknamed CW, sharing resources and providing an exquisite photo!



Summer Tanager.

(Photo: Gary Myers)

I had not seen Common Redpolls in over a week and assumed they were enroute to the boreal forest, etc. Then I remembered that they are an irruptive species that are likely to stay with us as long as food is available. Although I haven't seen any birch catkins (flowers, male and female) that when fertilized become seeds that are a redpoll's, 'favourite food', however, there is Nyger in a number of the feeders in our neighbourhood. The Redpoll's habit of feeding on the ground requires less energy and puts them in a position where they are less susceptible to wind chill and birds of prey. A few members of the flock will land in the trees to shake seeds onto the ground where the flock is feeding. They also use this process at backyard feeders. The

Redpoll's diet includes ticks; hopefully, they will stay long enough to eat them all.

Mick McKnight had a very good look at the Pileated Woodpecker which regularly chooses a nearby hydro pole in front of their home rather than the countless, trees. Mick sees a Bald Eagle that is either attracted to the ducks in the Black River or, this time of year, could be building a nest nearby. They also have Cedar Waxwings that are attracted by the remaining Holly berries. In the Black River they see a pair of Wood Ducks and Hooded Mergansers: Mallards and Black Ducks are regulars too.

In Morden, alerted by a neighbour, Gary Myers got to see and photograph a rare, for NS, Summer Tanager. Three or

four others were reported throughout the province during a 7 day period; we assume the coincidence of their migration and unusual wind direction brought them our way. Unfortunately for the Morden visitor it incurred a, to date, unexplainable, death. It is presently in our freezer and will be delivered to the Biology Department at Acadia. Recently Gary saw a flock of 80 Common Eiders and noted the absence of Eagles that had been in the area most of the winter. He suspects that the visiting Sharp-Shinned hawk, that was being very vocal, is looking for a mate. Last, but not least, Gary has seen a male, Northern Cardinal; hopefully it will find a mate in the area. We are at 765-8688, p_giffin@hotmail.com

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08-29A	1986	GRAND NATIONAL	BLACK	6	A	AC,PW,3.8TURBO	6700	30995
09-402A	2005	COROLLA CE BA	BEIBE	4	A	AC,PDL,CD	75000	11995
09-472A	2005	COROLLA CE BA	RED	4	A	AC,PDL,6 DISC	83000	11995
09-530A	2005	ECHO SEDAN	GREY	4	5	CD	74000	8995
09-529A	2005	COROLLA CE AA	GREY	4	5	CD	37000	10995
09-374A	2006	PURSUIT G5	SILVER	4	5	CD, SPOILER	93000	7995
09-340A	2006	HIGHLANDER HYB	BLUE	6	A	HYBRID,LOADED	70000	24995
08-225A	2006	PT CRUISER	SILVER	4	A	AC,PW,PDL,CRU	62000	9995
09-524A	2006	PRIUS HYBRID	RED	4	A	AC,PW,PDL,CRU	63000	20995
09-366B	2006	COROLLA CE BA	BEIGE	4	A	AC,PDL,CD	78000	12995
09-469A	2007	YARIS 3DR H/B	RED	4	5	CD	81000	10995
04-341B	2007	MUSTRANG CONV'T	RED	6	A	AC,PW,PDL,CRU	28000M	19995
07-494	2007	SIENNA LE	RED	6	A	AC,PW,PDL,CRU	55000	22995
U1560	2007	KAWASAKI 1600	BLK/RED	2	5	MEANSTREAK	1400	13995
U1642	2008	YARIS SEDAN	SILVER	4	A	A/C	22000	14995
U1638	2008	YARIS SEDAN	RED	4	A	A/C	23000	14995
08-342A	2008	YARIS SEDAN	GREY	4	5	AC,PW,PDL,CD	32000	14995
U1653	2008	PRIUS HYBRID	BLUE	4	A	AC,PW,PDL,CRU	51000	24995

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(L-R): Taylor Gosse, Brandon Green and Taylor Struble. (Photo: submitted)

1st Kingston's Chief Scout's Award Recipients

Submitted by: Troop Scouter Darren Struble
 On Thursday April 2nd, 1st Kingston Scouts held it's Chief Scout's Award Ceremony. The award is the highest award attained by a scout and given when a youth has attained both their Voyageur and Pathfinders Awards, holds a current qualification in Standard First Aid, holds the World Conservation Badge and has performed more that 30 hours of community service to mention a few of the requirements.

This year Taylor Gosse, Brandon Green and Taylor Struble were presented the award. In attendance were Leo Glavine, MLA for West Kings,

WCWO Jorma Hamalainen, Wing CWO for 14 Wing Greenwood, Frank Martyn, Village of Greenwood, David Lowe, Village of Kingston, and David Bourrier, Group Commissioner for Kingston Scouting.

The youth will now attend a ceremony in Dartmouth later in the month where they will receive their certificates signed by Her Excellency the Right Honourable **Michaëlle Jean, Governor General** of Canada and Chief Scout of Canada. This certificate will be given to them by the honourable Mayann E. Francis, Lieutenant Governor of Nova Scotia.

Stk#	Year	Make	Model	Description	Kms	Original Price	Spring Cleaning Price	Bi-weekly*
CARS & VANS								
584/U	2008	Hyundai	Sonata Sport	V6,Auto,Fully Loaded			SOLD	
530/U	2007	Ford	Focus SES Wagon	4cyl,Auto,A/C,Heated seats	48k	\$14,995	\$12,995	\$140
567/U	2007	Dodge	Grand Caravan	V6,Auto,3 zone A/C,Stow'n' go	88k	---	\$12,995	\$140
506/U	2007	Ford	Taurus SE	V6,Auto,A/C,Alloys,Loaded	48k	\$14,995	\$12,995	\$140
584/U	2006	Ford	Fusion SEL	V6,Auto,A/C,Leather,Loaded	65	---	\$13,995	\$151
540/A	2006	Pontiac	G6 Sedan	V6,Auto,A/C,Alloys,Loaded	53k	\$15,995	\$14,995	\$162
534/A	2006	Chev	Cobalt 2dr LT	4cyl,Auto,A/C,Alloys,Loaded	12k	\$13,995	\$12,995	\$140
582/U	2006	Ford	Fusion SE	4cyl,Auro,A/C,PW,PL,PM	91k	---	\$11,995	\$130
570/U	2005	Chev	Optra LS	4cyl,Auto,A/C,PW,PL,CD	93k	---	\$ 9,995	\$109
576/U	2005	Chev	Optra LS Wagon	4cyl,Auto,A/C,PW,PL	95k	---	\$ 9,995	\$109
550/U	2005	Chev	Cobalt	4cyl,Auto,A/C,CD,Spoiler	70k	\$10,995	\$ 9,995	\$109
484/U	2005	Ford	500 SE	V6,Auto,A/C,PW,PL,Cruise	120k	\$14,995	\$ 9,995	\$109
562/U	2005	Pontiac	Montana Ext	V6,Auto,A/C,8pass,Loaded	109k	\$ 9,995	\$ 8,995	\$ 90
575/U	2005	Saturn	ION 2 Sedan	4cyl,Auto,A/C,PW,PL	96k	---	\$ 8,995	\$ 90
577/U	2005	Dodge	Caravan	V6,Auto,A/C,PW,PL			SOLD	
515/U	2004	Honda	Civic SE	4cyl,Auto,A/C,CD,PL,Spoiler	65k	\$13,995	\$11,995	\$156
561/A	2004	Dodge	Grand Caravan	V6,Auto,A/C,DVD,Loaded Ann.Ed	118k	\$ 9,995	\$ 8,995	\$118
499/A	2004	Chev	Venture	V6,Auto,A/C,Quads,PW		---	\$ 8,995	\$118
526/U	2004	Nissan	Sentra	4cyl,Auto,A/C,CD	100k	\$ 9,995	\$ 8,995	\$118
478/U	2004	Chev	Optra LS	4cyl,Auto,A/C,PW,PL,Cruise	94k	\$10,995	\$ 7,995	\$107
580/U	2004	Kia	Rio RS	4cyl,Auto,PS	88k	---	\$ 6,995	\$ 94
569/U	2004	Hyundai	Accent GL	4dr,4cyl,Auto,PS,Tilt,CD	92k	---	\$ 6,995	\$ 94
504/U	2004	Chev	Aveo 4dr	4cyl,5spd,PS	81k	\$ 9,995	\$ 6,995	\$ 94
547/U	2004	Pontiac	Montana	V6,Auto,A/C,Quads,PW,PL			SOLD	
502/U	2003	Chrysler	PT Cruiser	4cyl,Auto,A/C,Alloys,Loaded	93k	\$10,995	\$ 7,995	\$120
-----	2002	Pontiac	Sunfire	2dr,4cyl,Auto,A/C,PW	95k	---	\$ 6,995	\$120
517/C	2001	Saturn	SCI 3 dr coupe	4cyl,5spd,tilt,CD	129k	---	\$ 4,995	---
TRUCKS & SUVs								
553/A	2008	Ford	Ranger Sport S/C	V6,Auto,A/C,CD,Cruise,Sirius Radio	13k	---	\$15,995	\$149
583/U	2008	Ford	Escape XLT	4cyl,Auto,FWD,Loaded	139k	---	\$14,995	\$140
578/U	2006	GMC	Savana 3500	12 Pass,V8,A/C,Loaded			SOLD	
579/U	2006	Ford	Ranger Sport S/C	V6,5spd,CD,PS			SOLD	
560/U	2005	Chev	Equinox LS	V6,Auto,A/C,Alloys,Loaded	74k	---	\$12,995	\$140
545/U	2005	Ford	Ranger Edge S/C	V6,Auto,A/C,Alloys,Cruise			SOLD	
538/A	1993	Ford	Ranger XLT S/C	4Litre,4wd,Auto,CD,Alloys			SOLD	

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Promotions & Presentations

Photos by 14 Wing Imaging unless otherwise stated.

The Wing Administration Officer, Lieutenant-Colonel Smith McBride, had the honor of presenting Second Lieutenant Holly King with her Commissioning Scroll. This mark worthy event was followed by the reading of the scroll by Warrant Officer Lake. The Wing Administration branch would like to congratulate Second Lieutenant King.



In photo: LCol Smith McBride and 2Lt King. (Photo by: 2Lt Stadelmann)

The Wing Administration Branch is pleased to announce the promotion of Lt Godfrey-White to Captain. Capt Dianne Godfrey-White and Cpl Dennis White are expecting a baby this summer. The branch would like to take this opportunity to congratulate the couple and wish them all the best.



In photo: LCol Smith McBride and Capt Godfrey-White. (Photo by: 2Lt Stadelmann)



Pte Samuel Cormier receives an Air Command Change of Appointment Scroll commemorating his one day "appointment" to WCWO during the Junior Ranks Christmas dinner 2008, presented by LCol Garbutt.



Capt MacKenzie Doucet receives the "Eagle of the Quarter" award from 405 Squadron CO LCol Jim Irvine. This award is presented to the squadron member that displays exceptional professionalism throughout the quarter.



Lt. Rob Goulding receives his promotion from W/ATCO Major Sara Karcha.



Pte Phillip Martin receives his new hook from LCol Garbutt.



CWO Mark Flawn is presented his Chief Warrant Officers scroll from 14 Wing Commander Colonel Derek Joyce and 14 Wing Chief Warrant Officer JK Hamalainen. (photo submitted)



WO Wayne Snider receives the "NCM Eagle of the Year Award" from 405 LRP Squadron CO LCol Jim Irvine. This award is presented to the NCM that displays exceptional work ethic, dedication and professionalism throughout the year.



Capt Dev Paquette receives the "Officer Eagle of the Year Award" from 405 LRP Squadron CO LCol Jim Irvine. This award is presented to the Officer that displays exceptional work ethic, dedication and professionalism throughout the year.



LCol Smith McBride presented Cpl Jason Barnes with his Certificate of Service, his spouse Angela is holding his Retirement Pin.



Members of the 405 Squadron Intersection Hockey team and 405 Squadron CO LCol Jim Irvine proudly display their Intersection Hockey 'B' Division Championship trophy.



MWO Kevin Hughes a member of the UAV component of 405 Sqn is presented the CD2 from 14 Wing Commander Colonel Derek Joyce. (photo submitted)



LCol Smith McBride presenting Fred Williams and Mike Taylor with a Centennial of Flight memento. The picture will be hung at the F&S Centre.



Sgt Jonathan Porter, on behalf of the 14 AMS ACS shop, receives the 14 AMS "Operate as One" Award from LCol Garbutt, CO 14 AMS.



Cpl Roxanne Cronk receives a DND Award of Excellence for her entry in the 2008 Photographic contest, presented by LCol Garbutt.



Cpl Mark King receives his CD from LCol Garbutt.



Sgt Jonathon Porter receives his CD from LCol Garbutt.



MCpl Randy Arsenault receives his CD from LCol Garbutt.



MCpl Andrew Collins receives his CD from LCol Garbutt.



Cpl Jules Vaillancourt receives his CD from LCol Garbutt.



Cpl Terry Power receives his CD from LCol Garbutt.



Sgt Joe King receives his CD1 from LCol Garbutt.



MCpl Sean Moran is awarded a CO's Commendation from LCol Garbutt.



Cpl Steven Cummings is awarded a CO's Commendation from LCol Garbutt.



Cpl Christopher Morris receives the Tech of the Quarter award from LCol Garbutt.



2Lt Blair Keiver, from 413 Squadron, is awarded a CO's Commendation from LCol Garbutt.



Lt Clark Sollows is presented with a Certificate of Completion for OPMEs from LCol Garbutt.



Cpl Gregory Osborne receives his new rank, accelerated six months, from LCol Garbutt.



MCpl Yves Perreault receives his new rank from LCol Garbutt, CO 14 AMS.



Cpl Phillip Martin receives yet another new rank, A/L Cpl, from LCol Garbutt.



Sgt Cheryl Leblanc receives her new rank from LCol Garbutt.



MWO John Short receives his new rank from LCol Garbutt.



Captain Brian Brown receives his new rank from LCol Garbutt.

International Toastmasters Speech Contest at 14 Wing Greenwood a Huge Success

Submitted by: Edward Wedler, Annapolis Valley Toastmasters Club

The Annapolis Valley Toastmasters Club, Greenwood, celebrated their 18th birthday with a cake cutting ceremony at the International Speech and Table Topics Contest, at 14 Wing Greenwood Air Commodore Birchall Training Centre, Saturday 18th April 2009. Area toastmasters from Yarmouth to Dartmouth competed on the path to the International Championship to be held in Connecticut, USA later this year. Three Canadians have held the world's top public speaking title in the past 75 years. Dan Moore of Aylesford performed well in the Area 9 Speech Contest, coming third behind winner Donna Tutty of Halifax-Dartmouth, and third in the Table Topics

(impromptu speaking) Contest.

Toastmasters International (<http://www.toastmasters.org/>) is a worldwide, non-profit organization with nearly 235,000 members in 12,036 clubs in 106 countries, offering a proven – and enjoyable – way to practice and hone communication and

leadership skills. Some well-known people who have been Toastmasters include: Napoleon Hill, bestselling author of "Think and Grow Rich"; Tim Allen, actor and star of TV series "Home Improvement"; William Bennett, former Premier of British Columbia; and, Tara Christensen, Miss America 1997.

GMFRC • Feature of the Week

Employment and Education Services

Coordinator: Stephanie Townsend at 765-1494 local1816 or email at Townsend.SC@forces.gc.ca

Make a Mosaic at the GMFRC!

Thursday, May 14th, 2009

9:30 a.m. – 12:00 p.m.

GMFRC Classroom 2

\$5.00

Registration deadline: May 12th, 2009

This fun new workshop is sure to get creative juices flowing as we make mosaic pieces using broken ceramic tiles, glass beads, grout and clay objects. This is a crafty way to make a unique piece to keep or to give away as a gift all while having some fun socializing with a group. This project may get messy so make sure you dress appropriately!



(Leo Glavine, MLA Kings-West, and Christine Austin, president Annapolis Valley Toastmasters Club chat while waiting for the start of the Toastmasters speaking contest)




(Left to Right: Ron Corkery, Area 9 Governor; Christine Austin, President Club 8104; Scot Austin, Contest Chairman)

The Learning and Career Centre is pleased to present a

Lunch & Learn


By

Commercial Safety College



Keynote Speaker



Roy Nichols



Topics:

Programs offered by the Commercial Safety College

- o Truck & Tractor Trailer Driver Training
- o Straight Truck Driver Training
- o Motor Coach Driver Training
- o Heavy Equipment Training (Excavator, Dozer, Loader, Backhoe)
- o Q&A period

When: Thursday, 18 June 2009
Time: 1200-1300 hrs
Where: LCC, Room 204, Upper Level, Birchall Training Centre

REGISTRATION IS REQUIRED
 Interested persons may register by contacting the LCC at local 5226 or 5227

Mental Health Services

26 Canadian Forces Health Services Centre

Confidential services are available to all military personnel and their families. Our primary mandate is to ensure the deploy ability of all Military personnel. This includes suitability screenings for deployments as well as postings to isolated units. Secondary services provided are: individual, marital and family counselling which may include counselling to assist with relationship difficulties, addictions, PTSD, emotional problems, issues arising from childhood experiences, family violence, separation/divorce, stress, grief and loss. We also provide information regarding referrals to local community services and military resources.

Mental Health Services Team:

Manager: SLt Yvonne Luedee, MSW, RSW
Social Work Officers:
 2 i/c Capt Michelle MacIsaac, MSW, RSW
 Michelle Hammond, MSW RSW
 Joe Beninati, MSW, RSW
Mental Health Nurse: Dale Young, BN, RN
Psychologist: Eileen Donahoe, PhD, Registered Psychologist
Psychiatrist: Dr Mark Johnston, (Medical Referral required)

*A referral is not required for appointments to see Social Work Officers.

We are located at the Morfee Centre, School Road
 Please contact Pat Ferguson, Admin Support at local 5215 to book appointments or to make contact with any of our team members.

Phone: 765-1494 ext 5215 • Fax: 765-1742

SPONSORSHIP PROGRAM

14 Wing Greenwood is Celebrating 100 Years of Flight



Centennial of Flight is a year long celebration recognizing 100 years of powered flight in Canada (*find out more at www.greenwood100years.com*). There will be many opportunities throughout the year for you to participate in our sponsorship program through the many events that we have planned. Your business will receive maximum exposure to our 2300 military and civilian personnel and their families as well as to thousands of residents of the surrounding communities whom we touch as part of the Canadian Forces "Connecting with the Community" program.

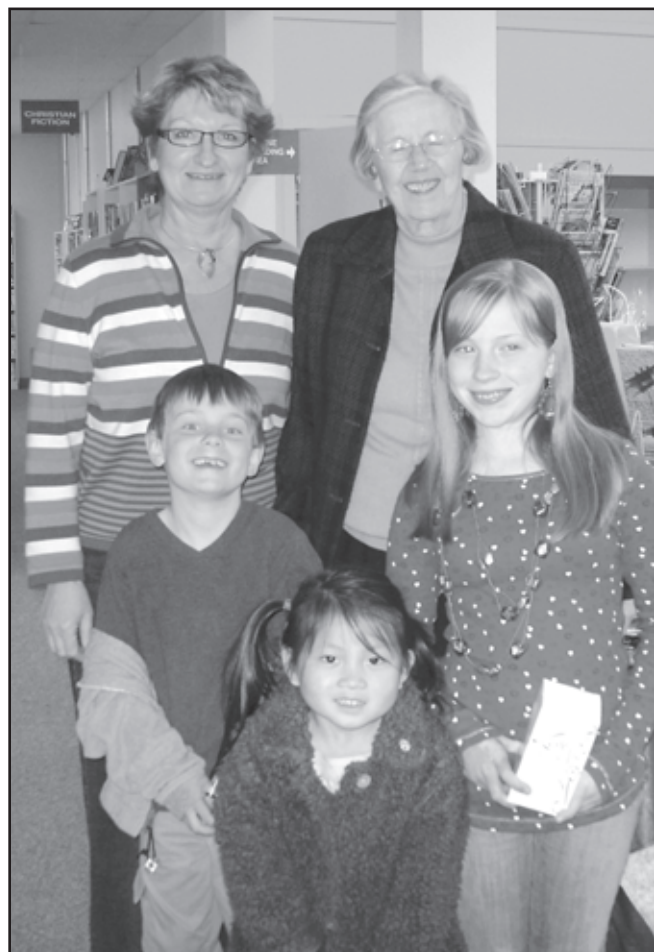
All businesses regardless of size are welcome to participate. There are many ways to partner with our Centennial of Flight celebrations.

For more information on the various levels of sponsorship available to you, and the benefits to your business, please contact

Rod Reeves, 14 Wing Sponsorship Coordinator at (902)840-0739 or roderick.reeves@forces.gc.ca



14 Wing Library March Reading Challenge Winners



Back Row – Left: Judy McCool, 14 Wing Librarian, Right: Irene Brown, Middle R: Thomas Wood, Left: Sarah Nyenhuis, Front: Nia Arbuckle

14 Wing Sports Program Summer Season

It is that time of year once again to put away skates, curling brooms and bowling shoes and dust off your ball gloves, golf clubs and running shoes. We are about to start our summer sport programs.

Inter-Section

We currently have three I/S sports starting for our Summer season – Ball Hockey, Slo-Pitch and Golf.

If you are interested in participating or just helping out with any of the above mentioned sports please come to the meeting for the sport you are interested in, all meetings will be held in the classroom at the F&S Centre:
 Slo-Pitch - May 11th 0800
 Golf - May 11th 0900
 Ball Hockey - May 11th 1000
Wing Teams

We have 5 Wing Teams and 1 Atlantic Region team for our Summer season these teams are as follows – Ball Hockey, Men's Slo-Pitch, Ladies Slo-Pitch, Soccer, Golf and Atlantic Region Ladies Soccer.

If you are interested in trying out for any of these teams or just want to help out etc please contact the people listed below.

- Ball Hockey - Mr. Graham White Loc 5753,
- Golf - Mr. Graham White Loc 5753,
- Men's Slo-Pitch - MCpl Allain Chalifoux Loc 3272,
- Ladies Slo-Pitch - Mr. Graham White Loc 5753,
- Men's Soccer - Cpl Doug Junkin Loc 3444,
- Atlantic Region S/W Soccer - Mr. Graham White Loc 5753.

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 Tuesday 10am-1pm & 2-5pm
 Wednesday 1-5pm & 6-8pm
 Friday 12-4pm
 * Sunday 1-4pm


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 Loc. 5430 Closed on holidays and holiday weekends throughout the year.



The Learning & Career Centre is pleased to present a Lunch & Learn on:

ADULT EDUCATION

Presented by:
 Rod Franklin
 Adult Education Coordinator
 Department of Labour & Workforce Development
 Kingstec Campus, NSCC



Mr Franklin will be presenting information about the programs and services available through the Nova Scotia School for Adult Learning (NSSAL), including:

- ✓ high school completion diplomas for adults,
- ✓ GED testing,
- ✓ academic upgrading,
- ✓ basic literacy, and
- ✓ one-to-one tutoring.

These programs are designed to enable adults in Nova Scotia to more effectively participate in the home, community, and workplace.

OPEN TO ALL MILITARY AND CIVILIAN PERSONNEL

Learning & Career Centre
 Upper Level, Birchall Centre, Room 204
 Thursday, 14 May 2009 from 1200-1300 hrs

Please register by phoning the LCC at local 5226 or 5227. Don't forget your lunch!

GMFRC • Feature of the Week

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at Gagnon.JMC@forces.gc.ca

Occupational Health, Safety and Wellness Trade Fair

Wednesday, May 6th, 2009

9:30 a.m. to 12:30 p.m. and / or 12:30 p.m. to 3:30 p.m.

Annapolis Mess Lounges A & B

Volunteers Needed: 2

Paired with a staff member, the volunteer must be comfortable speaking with members of the public, able to help set up and man the GMFRC table displaying information about all GFMRC wellness services.

Service Debenevolat

Coordonatrice Janie Gagnon au 765-1494 local 5938 ou courriel à Janie.Gagnon@forces.gc.ca

Présentation de la semaine Foire commerciale sur la santé, sécurité et bien-être au travail

le mercredi 6 mai 2009.

de 9:30 à 12:30 et/ou de 12:30 à 15:30.

Mess Annapolis, salons A et B

Réquisition: 2 bénévoles

Jumelé avec un membre du personnel du CRFMG, le bénévole devra se sentir à l'aise d'informer le public au sujet des services de bien-être offert par le CFRMG ainsi que d'aider à préparer la table de présentation.

EMPLOYMENT OPPORTUNITY Greenwood Military Family Resource Centre



On-call Emergency Childcare Providers

We are currently hiring on-call Emergency Childcare Providers in the following areas: Greenwood/ Kingston, Bridgewater, Aldershot / Kentville

The Greenwood Military Family Resource Centre (MFRC) is an independently registered not-for-profit provincially incorporated society. The Greenwood MFRC is contracted annually to provide preventative, pro-active multi-services and resources to families of military members. Information about the Greenwood MFRC is available at www.greenwoodmfrc.ca. The Greenwood MFRC requires Emergency Childcare Providers who will be responsible for the provision of short term on call childcare to CF families requiring care due to respite, childcare plan failure or crisis situation.

The ideal candidate will have:

- Minimum of three years experience working with children of various ages from infant to teens
- Certificate in First Aid/CPR
- Successfully complete a Criminal Records Check
- Successfully complete a Provincial Child Abuse Registry Check
- Knowledge of the unique challenges of the military family lifestyle and proficiency in French are considered an asset.

Please submit your resume in confidence by Friday, May 8th, 2009 to:

Kim Dixon
 Coordinator of Children & Youth Services
 email: kim.dixon@forces.gc.ca
 fax: (902) 765-1747

AVM Morfee Centre on School Road, Greenwood

Please note that only candidates selected for further consideration will be contacted.

Paper Carriers

WANTED

We are compiling a waiting list for ALL PAPER ROUTE AREAS.

Please apply at our office at the Morfee Annex on School Road.

Applications are also available on our website

www.auroranewspaper.com



Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue only covers for the next couple of weeks. For future and ongoing programs and services, please visit our website at www.greenwoodmfrfc.ca or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

Note: We are sorry for any inconvenience this may cause, but to keep costs down, the only methods of payment accepted for workshop registrations is cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration.

Employment and Education Services

Coordinator: Stephanie Townsend at 765-5611 local 1816 or email employmentgmfrfc@eastlink.ca

Upcoming programs or services

Military Home Based Business Group – 2nd Annual Spring Shopping Expo

Saturday, May 2nd, 2009
9:00 a.m. – 2:00 p.m.

Queen of Heavens Church, Greenwood NS

Donation at the door

Military Home Based Business Group Meeting

Thursday, May 7th, 2009
9:30 a.m. – 11:30 a.m.

GMFRC Classroom 2
FREE

Creative Writing

Monday, May 4th, 2009 for 6 consecutive weeks

7:00 p.m. – 9:00 p.m.

GMFRC Classroom 1
\$70.00

Registration Deadline: April 30th, 2009

Mosaics Workshop

Thursday, May 14th, 2009
9:30 a.m. – 12:00 p.m.

GMFRC Classroom 2
\$5.00

Registration Deadline: May 12th, 2009

Employment Ongoing Services

- Resume and Cover Letter Creation and Modification
- Resume Updating
- Career Assessment / Counselling
- Job Search Assistance
- Interview Skill Building
- Information on Small Business Planning
- Information on Military Home-based Business Network
- Magazines and Books exchange
- Employment Computer Available

Portfolio Development

Community Information Services

Coordinator: Nicole Godin at 765-1494 local 5941 or email nicole.godin@forces.gc.ca

Ongoing Services

- Greenwood Welcome package
- GMFRC Virtual Welcome package
- New Arrivals Registration
- Welcome GMFRC visit/tour and Welcome Gift
- GMFRC Welcome Calls
- GMFRC Email Information Newsletter
- GMFRC Website
- Community Information Database
- Outreach to Reserve Units

Deployment Services

Coordinator: Paula Davison 765-1494 local 5583 or email paula.davison@forces.gc.ca

Upcoming programs or services

Deployed Families Adult Dinner Out

Thursday, April 30th, 2009
5:30 p.m. – 8:30 p.m.

Location: Pizza Delight

Pay the cost of your own meal

Reg. Deadline: Monday, April 22nd, 2009

Deployed Families Adult Pool Night at Dooly's

Monday, May 4th, 2009
8:00 p.m. – 10:00 p.m.

Location: Dooly's in Greenwood

Registration deadline: Call 765-5611 by Friday May 1st

Deployed Families Pamper Me Day

Saturday, May 9th, 2009
1:00 p.m. – 5:00 p.m.

GMFRC Classroom 1
Complimentary

Registration deadline: Wednesday, May 6th, 2009.

Call 765-5611 Deployed Families Card/Craft Club & Children's Fun/Support Group

Monday, May 11th, 2009
6:00 p.m. – 8:00 p.m.

GMFRC

Registration: Call 765-5611 and register before Friday, May 08th, 2009. Don't forget to register your children for the Fun/Support Group

Is your military member away?

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give Paula a call & we'll set you up with any of our programs/services/activities that may interest you. We do not know you're out there unless you let us know.

* For respite childcare offerings for deployed families, see details under Child/Youth & Parenting Services

Prevention, Support and Intervention Services

Coordinator: Shannon Doubleday at 765-5611 or email shannon.doubleday@forces.gc.ca

Couples Retreat

Friday, June 12th and 13th

Milford House Cabins (located 23 km south of Annapolis Royal)

Fee: \$100 per couple

Contact 765-5611 for registration

Registration limited to first 12 couples.

Warmline Caller Training

Monday, May 25th, 2009
6:00 p.m. - 8:00 p.m.

GMFRC
FREE

To register call 765-5611
Reg. Deadline: Thursday, June 4th, 2009

Ongoing Services

- Emergency Shelter
- Resource Library
- Assessment and referral
- Short term support
- Crisis Intervention

Children And Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Upcoming programs or services

Youth Council

Tuesday, May 4th, 2009
4:00 p.m. – 5:00 p.m.

14 Wing Community Centre

FREE

Youth aged 14 and up Academic Tutoring Service

Mon., Tues., Wed.

Time scheduled with families & tutor

Children in grade P-12

FREE

A tutor request form is available at GMFRC

Parent & Tot Program

We meet every Monday
9:30 a.m. – 10:30 a.m.

Children 3 – 5 years

FREE

Drop in - no registration required

Toddler Tuesdays Program

We meet every Tuesday
9:30 a.m. – 10:30 a.m.

Children 1 – 2 years

FREE

Drop in - no registration required

Tumble Tots

Every Wednesday in the gym
9:30 a.m. – 10:30 a.m.

Children 1 – 5 years

FREE

Drop in - no registration required

Baby Club

First and third Thursday of every month at the GMFRC
10:00 a.m. – 12:00 p.m.

Parents with infants aged 0 – 1 yr.

FREE

Drop in - no registration required

Respite Dates

Saturday, May 9th, 2009
12:00 p.m. – 6:00 p.m.

Children up to age 12

Free to CF Families who currently have a partner deployed

Registration deadline: Thursday, May 7th, 2009

Thursday, May 28th, 2009
5:00 p.m. – 9:00 p.m.

Children up to age 12

Free to CF Families who currently have a partner deployed

Registration deadline: Wednesday, May 27th, 2009

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at janie.gagnon@forces.gc.ca

Upcoming workshop

Support the Troop Awareness Team Members

Ongoing need
Flexible hours

GMFRC and local community

Volunteers needed: many

Publicity at Trade Fair

Wednesday, May 6, 2009
9:30 a.m. to 12:30 p.m. and/

or 12:30 p.m. to 3:30 p.m.

Annapolis Mess Lounges A & B

Volunteers Needed: 2

Children's Deployment Support Group

Monday, May 11th, 2009
5:30 p.m. – 8:30 p.m.

GMFRC Casual Childcare

Volunteers Needed: 2

Warm Line Callers

Ongoing need
Flexible (2 hours per month)

GMFRC or from home

Registration deadline: Open

Volunteers needed: Many

(you will receive a prior training)

Gym Preparation and Facilitator for Tumble Tots

Every Wednesday
9:00 a.m. – 11:00 a.m.

GMFRC Gym

Volunteers Needed: 1

Set up and facilitate

Wednesday gym program

* Suitable for our awesome

Youth Volunteers!

Second language service/service de langue seconde

Coordinator /
Coordonnatrice: Janie Gagnon at 765-1494 local 5938 or email at Gagnon.JMC@forces.gc.ca

Souper Franco-femmes

Le vendredi, 29 mai 2009

Kings Arms Pub de

Kentville.

Coûts : Les frais de votre

Réservez : Avant le 22 mai

en appelant Sylvie au 765-5611.

Vous pouvez vous rendre

sur le site du Kings Arms Pub

pour avoir un aperçu du menu

offert et l'ambiance qu'on y

retrouve au :

www.kingsarmspub.ca

C'est la chance de passer

une soirée entre francophones, faire de nouvelles connaissances et qui sait, peut-être se faire de nouvelles amies. Venez découvrir un endroit charmant et passer une soirée en bonne compagnie. Réservez votre place et laissez-vous conduire pour une soirée de pur plaisir!

Franco-Femmes Dinner
Friday, May 29th, 2009
Kings Arms Pub, in Kentville
Cost of your meal only
Registration before May 22 by calling 765-5611



April 26 - April 30
Sun - Thurs 8 p.m.

Fast & Furious

Rated 14A

While you are at the theatre enter to win an iPod Nano. We will be giving away 1 a month.

Dolby EX Digital Sound
Come See it on the Big Screen www.zedex.co

Kingston Legion

BiNGO

Prize Money
Guaranteed: \$2,500

BOOKLET BINGO

Sunday, 1:45 p.m.
Tuesday, 7:45 p.m.

Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

Lic.#
35542-96



Lake Pleasant Campers Club • Cabin Rental



The cabin sleeps six and consists of a kitchen complete with fridge and stove, hot and cold water, electric heat, living room, patio deck, outside fire pit, and a great view of the lake. The kitchen is set up with an electric kettle, toaster, microwave, cutlery, dishes including mugs, glasses, bowls, pots and pans.

The only items you must provide include bedding, food and other convenience items to make your stay a pleasant one.

To book the cabin:
Call 902-547-2882

Members with Rec Card:
\$35.00 per night
\$210.00 per week (Monday to Sunday)

Bookings can be of 2 weeks duration.

Non Members:
Check in time – 1300 hrs \$40.00 per night
Check out time – 1100 hrs \$240.00 per week

www.lakepleasant.ca

Volunteer Services

14 Wing Health Promotion Spring Programs

Submitted by: Lisa White

Alcohol, Drug and Gambling Supervisor Training

This one day supervisor training will be held on 12 May from 0830-1600 at the F&S Centre. The Canadian Forces (CF) Alcohol, Drugs and Gambling Education are centered on 12 training modules that cover a variety of subject areas. This one day supervisor training will be a combination of the 12 modules offered to the CF. This workshop will provide education and information on: types of illegal drugs and their side effects, alcohol and their side effects, DWI, how to host a party safely, prescription and over the counter medication, problem gambling, how to stay within the guidelines and some of the legalities around drugs, alcohol and gambling. Information will also be provided to supervisors in the CF on how to deal with alcohol and drug misuse, and much more. A variety of videos, group's discussions and activities will be provided during the day.

Managing Angry Moments

This workshop is for the average person who would like to learn more about how to communicate more effectively, manage the angry and frustrating times in their life and improve

coping mechanisms for stress. It IS NOT for treatment or counseling. Stress Management techniques and principles are also discussed. Modern video clips and class discussions are used to promote skill development and action planning. Learn skills that can help you make your thoughts and emotions work for you.

The info and registration date is 14 May 0830-1200 at the F&S Centre. There are 4 sessions that will run every Thursday from 0830-1200 beginning 21 May and ending 18 June.

Basic Relationship Training Program (BRT):

BRT is a relationship enhancement program that is a research-based approach to teaching couples how to communicate effectively, prevent breakup, work as a team to solve problems, manage conflicts without damaging closeness, and preserve and enhance love, commitment, and friendship. It's great information.

The BRT program will start on 19 May 1300-1530 at the F&S Centre. It will continue to run every Tuesday for 6 sessions.

Stress Take Charge

The last Stress Management workshop until the fall is 24-

25 June at the F&S Centre from 0830-1530 both days. This workshop will provide you with time to identify the stressors in your life as well as recognize the coping mechanisms that you already use, and learn more coping mechanisms so that you can incorporate them into your life. Relaxation and meditation exercises will be introduced and practiced throughout the two days so bring a blanket and pillow if you like. Refreshments and light snacks will also be available. This is a chance for you to get away from it all, meet some new people, relax and take in some great information.

I Quit Smoking Challenge

The I Quit Smoking Challenge for the month of March prizes was drawn nationally and locally on 1 April 2008. I will advertise who the winners are once confirmed.

To register call the 14 Wing Health promotion office at 765-1494 ext 5388.

All programs and workshops are FREE and available to military members and their spouse. DND and NPF employees are also welcome to attend.

LCC Upcoming Workshops

Please note prices on LCC Computer courses are as follows: full-day course \$110.00

APRIL 2009

- 27 Publisher Level 1, \$110.00 per person • 1 day
- 28 Access Level 2, \$110.00 per person • 1 day

MAY 2009

- 04 Power Point Level 2, \$110.00 per person • 1 day
- 5-7 Pre-Retirement Planning, civilian age 45 and older • 3 days
- 05 Front Page Level 1, \$110.00 per person • 1 day
- 11 Project Level 1, \$110.00 per person • 1 day
- 12 HTML, \$110.00 per person • 1 day
- 14 Lunch & Learn: Adult Education • 1 hour
- 19 Windows XP, \$110.00 per person • 1 day
- 20-21 Interpersonal Communication Skills • 2 days
- 25 Project Level 2, \$110.00 per person • 1 day
- 26 Harassment Prevention for Employees • 1 day
- 26 Front Page Level 2, \$110.00 per person • 1 day
- 28 Harassment Prevention for Supervisors • 1 day

JUNE 2009

- 01 Excel Level 3, \$110.00 per person • 1 day
- 02 Word Level 2, \$110.00 per person • 1 day
- 3-4 Understanding My Leadership Style • 2 days

- 08 Outlook Level 2, \$110.00 per person • 1 day
- 09 Access Level 3, \$110.00 per person • 1 day
- 15 Excel Level 1, \$110.00 per person • 1 day
- 16 Introduction to Internet, \$110.00 per person • 1 day
- 18 Lunch & Learn: Commercial Safety College • 1 hour
- 22 Word Level 3, \$110.00 per person • 1 day
- 23 Power Point Level 1, \$110.00 per person • 1 day
- 29 Excel Level 2, \$110.00 per person • 1 day
- 30 Introduction to PC, \$110.00 per person • 1 day

JULY 2009

- 06 Access Level 1, \$110.00 per person • 1 day
- 07 Outlook Level 1, \$110.00 per person • 1 day
- 09 Stress Management • 1 day
- 13 Word Level 1, \$110.00 per person • 1 day
- 14 Power Point, Level 2, \$110.00 per person • 1 day
- 14-16 Negotiation Skills • 3 days
- 20 Publisher Level 1, \$110.00 per person • 1 day
- 21 Project Level 1, \$110.00 per person • 1 day
- 27 HTML \$110.00 per person • 1 day
- 28 Access Level 2, \$110.00 per person • 1 day

GMFRC • Feature of the Week

Prevention, Support and Intervention Services

Coordinator: Shannon Doubleday at 765-1811 or 765-5611

Warmline Training

The Warmline Program is a GMFRC service designed to reach out to our deployed families, provide information, referrals, and extend services. PSI is hosting a Warmline Training for everyone interested in becoming a volunteer Warmline Caller.

****Training will be held on Monday May 25, 2009 from 6:00pm to 8:00pm at the GMFRC. To register please contact Karen Doiron at 765-5611 local 5866.**

Multicultural Women's Coffee

The GMFRC has some keen volunteers who are interested in developing a weekly Multicultural Women's Coffee group. "It's nice to go somewhere where you don't have to worry about having an accent", this will be an open group welcoming women from all walks of life. Designed to build relationships, share stories, and knowledge; the Multicultural Women's Coffee will provide the opportunity to celebrate differences and find a commonality. For more information please contact Shannon Doubleday.

ANNAPOLIS EAST ELEMENTARY SCHOOL



~ The following items are available at the Cafeteria daily ~

Sandwiches: \$2.00; **Wraps** - \$2.00; **Sub Sandwiches** - \$2.00; All sandwiches, wraps & subs will include fresh vegetable or fruit on the side.

Vegetables & Dip - \$1.50; **Cheese & Crackers** - \$1.50; **Fruit & Dip** - \$1.50; **Tossed Salad** - \$2.50 sm \$1.50;

Caesar Salad - \$2.50 sm \$1.50; **Spinach Salad** - \$2.50 sm \$1.50; **Yogurt** - \$1.00; **Yogurt Tubes** - \$1.00; **Yogurt Parfaits** - \$1.25;

Fresh Fruit: Apples, Oranges & Bananas - \$1.00; **Fruit Squiggles** - \$1.50; **Gold Fish Crackers** - \$.45; **Baked Lays** - \$1.50; **Flat Earth** - \$1.50;

Smart Popcorn - \$1.50; **Frozen Juice Bars:** Orange & Cherry - \$1.00; **Rice Crispy Squares** - \$.80; **Smoothies:** Mon, Wed, Fri - \$1.25;

Juice: Apple, Orange & Seven Fruit - \$1.00; **Milk** - \$.35; **Water** - \$1.00;

~~~~ Canteen Items - CASH ONLY ~~~~

There will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria. **Ketchup, Mustard, Relish** - \$.15 each; **Mayo & Salad Dressings** - \$.30 each; **Barbecue/Sweet & Sour Sauce** - \$.40 each

We are a NUT & SCENT sensitive school with a smoke-free environment.

**Apr 27<sup>th</sup>:** Beef Vegetable Soup 1.75 • Oven Fries, Cheese, Gravey 2.50 • Frozen Yogurt Tube 1.00

**Apr 28<sup>th</sup>:** Chicken Noodle Soup 1.75 • Spaghetti & Meat Sauce 2.50 • Garlic Bread .50 • Caesar Salad 1.50 • Orange Slices 1.00

**Apr 29<sup>th</sup>:** Corn Chowder 1.75 • Chicken Drums and Potato Wedges 2.50 • Pudding 1.00

**Apr 30<sup>th</sup>:** Pizza Factory 2.50 • Banana 1.00

**May 1<sup>st</sup>:** Meatball Soup 1.75 • Pancakes & Fresh Fruit 2.50 • Frozen Juice Bars 1.00

Daily Specials can be purchased for \$3.25 • Main Entree, Milk & Daily Dessert

## Annapolis Cafe

### 14 Wing Food Services

All Prices include HST

**Breakfast Full** ..... \$5.55

**Breakfast Light** ..... \$3.30

(Beverage & Toast or Cereal)

**Lunch Full** ..... \$11.10

**Lunch Light** ..... \$6.65

(Beverage, Soup or Salad; Choice from A La Carte menu or Sandwich; French Fries and Fruit or Cookie)

**Dinner Full** ..... \$11.10

**Dinner Specialty** (Steak Night, etc.) \$13.90

### Meal Hours

**Breakfast** ..... 0600 - 0900

**Weekend & Holidays** ..... 0600 - 1100

**Weekend Brunch** ..... 1100 - 1315

**Lunch** ..... 1100 - 1315

**Dinner** ..... 1600 - 1830

OPEN TO AUTHORIZED PATRONS ONLY

## KINGSTON & DISTRICT SCHOOL

### school lunch menu

|                                              |                                      |
|----------------------------------------------|--------------------------------------|
| <b>Whole Sandwiches</b>                      | <b>Snacks</b>                        |
| 1/2 Sandwiches (Asst. fillings) ..... \$1.15 | Cheese & Crackers ..... \$1.00       |
| Subs/Kaisers/Wraps ..... \$2.25 - \$2.50     | Fresh Fruit ..... \$0.75 - \$1.25    |
| <b>Hot Foods</b>                             | Gold Fish Crackers ..... \$0.50      |
| One Hot Food Daily ..... \$2.50              | <b>Miscellaneous</b>                 |
| Cup of Soup ..... \$1.00                     | Bread & Butter ..... \$0.50          |
| Bowl of Soup ..... \$2.00                    | Bagel ..... \$1.25                   |
| <b>Beverages</b>                             | Cream Cheese ..... \$0.50            |
| Milk ..... \$0.35                            | Cheese Whiz ..... \$0.50             |
| Choc. Milk ..... \$1.30                      | <b>Freezer Items</b>                 |
| Juice Small ..... \$1.00                     | Frozen Yogurt ..... \$1.25           |
| Juice Medium ..... \$1.25                    | Yogurt Tubes ..... \$1.00            |
| Bottled Water ..... \$1.25                   | <b>Desserts</b>                      |
| Yop ..... \$1.25                             | Muffins ..... \$1.00                 |
| V8 Juice ..... \$1.00                        | Cookies (small) ..... \$0.35         |
| <b>Salads</b>                                | Biscuits ..... \$1.00                |
| Assorted Salad Plates ..... \$2.50           | Yogurt ..... \$1.25                  |
| Fruit Plate ..... \$1.75 - \$2.25            | Fruit Salad ..... \$1.00             |
| Veggies & Dip ..... \$1.00                   | Other Assorted Desserts ..... \$0.75 |
| Apple Snacks ..... \$1.00                    | Special Treat Days ..... \$1.50      |

Daily Specials (Mon-Thur): Price Includes Main Course, Drink and Dessert - \$3.25

**Mon:** Grilled Cheese; **Tues:** Lasanga; **Wed:** Nacho & Cheese; **Thurs:** Hamburgers; **Fri:** Homemade Pizza

This menu brought to you compliments of:

## FRASER'S PRO Home Centre

**BERWICK** • 1-800-959-3727  
**KINGSTON** • 1-902-765-3111  
**KENTVILLE** • 1-902-678-8044  
**BRIDGETOWN** • 1-902-665-4449  
[www.frasers.ca](http://www.frasers.ca)

# FOR YOUR INFORMATION

**UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS**  
 FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com). These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

## Music of the Night Concert

Holy Trinity Church Hall, Middleton, Saturday May 2 at 7:00 p.m. Free Will offering at the door, Primates Fund for Zimbabwe. Music provided by: Jim Bent, Cheryl Van Der Pryt, Vocalist Chris Palmer and St. Mary's Singers. Dessert & coffee to follow.

## 14<sup>th</sup> Annual Ticket Auction

Grand View Manor, Berwick. Saturday May 9, 2009 from 11:00 a.m. to 1:00 p.m. Draw starts at 1:15 p.m. Tickets 25/\$1.00. Canteen available.

## Celebrate with a Spring Brunch Buffet

Saturday April 25th, 10:00 a.m. to noon at Emmanuel Church, 37 Gates Ave. Middleton. \$10.00 Adults; \$7.00; children 12 yr & under. Advance tickets Available. Call Sally 825-3087 or Pat 825-3823.

## Mother's Day Supper

Melvorn Square Community Centre, Saturday May 9, 2009 from 4:30 - 6:00 p.m. Full course turkey dinner, homemade rolls, gingerbread/whipped cream, tea - coffee. Adults \$9.00, Children \$5.00.

## Mark your Calendar

The Knights of Columbus, Council 6297 Greenwood/Middleton will be holding their Annual Charity Auction on June 20<sup>th</sup> in Queen of Heaven Chapel Annex, Church St. Greenwood. Contact Kent Sill at 765-2734 for more information.

## Dessert Night & Silent Auction

West Kings District High School, Auburn, NS. Dessert Night & Silent Auction, May 7, 2009, 7:00 to 9:00 p.m. Delicious Desserts, Tea & Coffee; \$4.00 per person or \$10.00 per family. Sponsored by the West Kings Band Parents Association in support of the Band Program.

## Kingston Lions Club Annual Yard Sale

The Kingston Lions Club will be holding their Annual Indoor Yard Sale on 9<sup>th</sup> May, 2009 at the Kingston Lions Hall from 8:00 a.m. - 1:00 p.m. An assortment of appliances, clothing, household items, toys, books are just a few of the items that will be on display. Proceeds for Lions charitable work.

## The Berwick Food Bank Draw Auction

May 9<sup>th</sup> - 10:00 a.m. - 2:00 p.m. St. Anthony's Parish Hall, 122 Mill St., Berwick. New Items to be won. Tickets 20 for \$1.00. Canteen Available - Hot dogs, Muffins, Tea, Coffee, Pop. Hosted by the Volunteers of the Berwick Food Bank.

## Spring Plant Sale and Herb Talk

Featuring Naturopath Lois Hare about the use of wild medicinal plants followed by a Nature Walk. Tea & Home Baked Goodies - all this happening at the Black Rock Hall Saturday May 9 from 9:00 - 12:00 a.m. Tea & Talk start at 10:00 a.m. (free will offering). A fundraiser for the Black Rock Trails - The 'Hall' is the Black Rock Culture & Recreation Center on Black Rock Road, past Russia Rd, on the right just before Canada Creek) For more information, call Irmgard 538-8714.

## Mother's Day Turkey Supper

Sunday, May 10<sup>th</sup> at Holy Trin-

ity Church Hall, Middleton (across from Tim Hortons). Adults \$12.00, children 12 & under \$6.00. Eat In or Take Out. For more information call 765-3063.

## Men's Breakfast

Men's Breakfast May 9<sup>th</sup> at 8:30 a.m. at New Beginnings Center, 1151 Bridge St., Greenwood. Speaker Steve Hitchon will share a multi-media presentation called "Trusting God In Afghanistan". It is open to anyone who would like to attend.

## Mothers Day Dinner

Celebrate Mothers Day at the Kingston Lions Hall on the 10<sup>th</sup> May 2009. Menu: Full course meal with choice of Prime Rib of Roast or Herb Baked Salmon, live music during and after dinner. Cost will be \$20.00 per person; doors will open at 6:00 p.m. serving time 7:00 p.m. Advance tickets only and may be purchased at T&S Office Essentials Kingston. Please indicate choice of meal. Proceeds for Lions charitable work.

## Turkey Supper

There will be a turkey supper at the Three Rivers Community Centre from 4:30 - 6:30 on Thursday May 7 in support of our community centre. For only \$10.00, get a fabulous turkey supper with all the fixings, including homemade pie for dessert! Everyone is welcome. We are located at 41 Messenger Rd. in Torbrook, we hope to see you there!

## Farmers Market Public Meeting

There will be a public meeting at the Kingston Lions Hall on 5<sup>th</sup> May, 2009 at 7:00 p.m. The purpose of this meeting is to gather interest for a potential farmers market in the Kingston area. Public and producers welcome. The Farmers' Markets of Nova Scotia Coordinator will be in attendance to answer questions. For more information, contact John Marshall at 765-3068.

## Valley Autism Support Team

The May VAST meeting will be held on Tuesday 5 May starting at 7:00 p.m. in the Autism Centre, Kingston & District Elementary School, 630 Pine Ridge Ave, Kingston. Special program this month: "Living with Asperger's". One of

our newest members will share her experiences of growing up and living with the asperger syndrome. Also AMAT Update. Contact: Norm Donovan 765-3883.

## Help Whip Cancer Show

Hosted by Epicure Selections and The Pampered Chef on Saturday, May 2, 2009, from 12 noon to 3:00 p.m. Please join us for an afternoon dedicated to raising funds for Breast Cancer awareness and The Canadian Cancer Society. Over 15% of all sales from Pampered Chef and Epicure Selections will go to The Canadian Cancer Society. When: May 2, 2009. Where: Mid Annapolis Valley Kin Centre, 209 Dodge Road, Wilmot (across from the Wilmot Baptist Church Fellowship Centre). Time: 12 noon to 3:00 p.m. Dress: Please, try to wear something PINK! Bring: As many friends as you can - the more friends you bring to shop, the more tickets you will receive for prizes! Attendees will receive a free breast cancer lapel pin, free recipes, refreshments, eligibility for door prizes from Epicure Selections, The Pampered Chef and local businesses as well as be eligible for a Grand Door Prize draw (remember, you get extra tickets for each friend you bring with you!). For further information, please contact: Patty Brake 902-825-2563, Independent Consultant with The Pampered Chef, [www.pamperedchef.biz/pattybrake](http://www.pamperedchef.biz/pattybrake) or Crystal Tattersall 902-825-0549 Independent Consultant with Epicure Selections, [epicurecrystal@hotmail.com](mailto:epicurecrystal@hotmail.com), [www.epicureselections.com](http://www.epicureselections.com).

## VPI Meeting

The Greenwood 14 Wing VPI will hold their monthly meeting on 30 April at the VPI Centre. Engines on for the meeting at 1530 hrs, with Take Off planned for 1600 hrs. Be advised that the German Navy is planning on arriving in ZX on the afternoon of 27 April, for the last time with an Atlantic Patrol Aircraft before it is put out to pasture. The day following the meeting, the Greenwood Wing will be holding the Red Tie Luncheon on Friday 1 May. More details for the annual luncheon can be ob-

tained from Capt Doug Publicover at Ext 3566.

## Evergreen Theatre - Ian Sherwood and Dave Carroll

Saturday May 2 at 8:00 p.m. Evergreen Theatre, East Margaretsville. Reservations online [www.evergreentheatre.ca](http://www.evergreentheatre.ca) email [evergreentheatre@gmail.com](mailto:evergreentheatre@gmail.com) phone 902-825-6834.

## Overeaters Anonymous

(OA) is a fellowship of men and women who through shared experience and mutual support are recovering from eating disorders that include Bulimics, Anorexics and Overeaters. No dues... no fees... no weigh-ins. We are not a diet and calories club. Every Friday at 7:30 p.m., the Kingston Freedom Group meets at the Multi-Addiction Centre Society (MACS), 2080 Bishop Mountain Road, North Kingston. For more information, contact Lorraine at 681-0613. To learn more, visit [www.aa.org](http://www.aa.org).

## Variety Show

In support of the IWK. Middleton Lions Hall, 8921 Hwy #10 Nictaux; Sunday, May 3 2009. Music supplied by: The Beatons (Darrin and Monica Beaton and Carl Vroom), Rob & Brad Jamieson & Friends, Taylor Express. 50/50 Draw, Silent Auction, Canteen. Free Will offering with proceeds to the IWK Health Centre Foundation.

## Bluegrass Benefit Concert

Annapolis Valley Bluegrass Association will be having a Free Will Offering Benefit Concert with all proceeds going for Patricia Morse of Greenwood on the 23 May 09 at 7:00 - 10:00 p.m. This concert will be held at the Berwick Lions Hall with performers Randy Sheffield, James Frank Valley Blues Band, Donny Warner String Fever Band, High Energy Grass Band. Patricia Morse is 50 years old woman that has live in the Valley all her life. She is one of those special people that would do anything for anyone. Tragically she has been diagnosed with a Cancer called Multiple Myeloma and now she is the one that requires our help. That is why we are trying to organize some benefits to help alleviate some of the financial burden.

## Kingston Area Seniors Association

The Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. at the Kingston Branch No 98 of the Royal Canadian Legion Kingston. Fun day (Cards & Games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Minnie Roger's at 765-3292.

## Church Library Hours

The Kingston United Baptist Church Library is open to the public Thursday evenings 6:30 - 7:30 p.m. Located upstairs in Christian Education Wing. Use upper side doors off main parking lot. Excellent selection of Christian books, videos, CDs, DVDs and other resources. For information call 765-6735.

## Free Swing Dance Lessons

Every Thursday night in the Queen of Heaven Chapel from 1930 - 2100 hrs. No previous lessons required. Bring a second pair of shoes. For more information contact: [annapolisvalleylindyhop@hotmail.com](mailto:annapolisvalleylindyhop@hotmail.com)

## Big Breakfast

Middleton Curling Club, 6 King Street, Middleton. Saturday, April 25 from 8:00 - 11:00 a.m. A community favourite.

# HOROSCOPES

April 26 to May 2

## ARIES - Mar 21/Apr 20

There is a lot of focus on work or school related matters this week, Aries. But don't worry, it won't all be about the daily grind the next few days. There's room for fun.

## TAURUS - Apr 21/May 21

This week knowing when to stop will be a good thing, Taurus. Many influences will dominate your next couple of days. The evenings will be far less interesting.

## GEMINI - May 22/Jun 21

You may find you're stuck on how to handle a situation, Gemini. One part of you is warm and emotional, the other part wants it done cool-headed and logically.

## CANCER - Jun 22/Jul 22

Romance will add a little zing to your week, Cancer. But some mixed signals could slow down the progression of something fun. Be patient and it'll work out.

## LEO - Jul 23/Aug 23

Leo, you will say the right things at the right time. Thank your amazing charisma, which is in the spotlight all week. If you're trying to impress someone, do it soon.

## VIRGO - Aug 24/Sept 22

Virgo, some lingering matters must be dealt with. But have faith that there is a light at the end of the tunnel. Keeping a level head is the key all week.

## LIBRA - Sept 23/Oct 23

Libra, positive vibes that start off early in the week are overshadowed by negative ones later in the week. This week you need to recognize and admit your limits.

## SCORPIO - Oct 24/Nov 22

Scorpio, you need a cool, composed approach to figure out what you want to accomplish this week. You've been blocked by a lot of confusion lately.

## SAGITTARIUS - Nov 23/Dec 21

Money matters may improve slightly this week, Sagittarius. However, they will quickly take a dip once again. Curb spending as much as you can.

## CAPRICORN - Dec 22/Jan 20

Something pops up that has an effect on your relationship or emotional health, Capricorn. Let logic come into play and you'll work through any obstacles.

## AQUARIUS - Jan 21/Feb 18

Aquarius, a friend or colleague may behave erratically and you won't know what to make of the situation. Don't let unpredictable behaviour take you off course.

## PISCES - Feb 19/Mar 20

Pisces, your patience levels are at an all-time low this week. You're doing all you can to make it through unscathed.

## FAMOUS BIRTHDAYS

- MAY 3 Frankie Valli, Singer (75)
- MAY 4 Randy Travis, Singer (50)
- MAY 5 Tina Yothers, Actress (36)
- MAY 6 Tom Bergeron, TV Host (54)
- MAY 7 Breckin Meyer, Actor (35)
- MAY 8 Melissa Gilbert, Actress (45)
- MAY 9 Rosario Dawson, Actress (30)


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## PRESENTS... FIND & WIN


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- Drop into our office located on School Road (Morfee Annex)

**No Central Registry or Canada Post please.**  
**Deadline: Noon, Thursday, April 30, 2009.**  
 Make sure you include your full name and phone number.

| NAME                                                                                                                                                           | PHONE NUMBER |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| <i>Limited to one win per month.</i>                                                                                                                           |              |
| <i>The winner will be drawn randomly from all correct entries. Only one entry per person per week.</i>                                                         |              |
| <b>Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!</b> |              |
| 1. What Real Estate Company does Grant Yetman work for _____                                                                                                   | _____        |
| 2. What do wine kits cost at Bob's Brewtique _____                                                                                                             | _____        |
| 3. Pegasus Boxing presents an evening of amateur boxing on _____                                                                                               | _____        |
| 4. Who is "not" your average Joe _____                                                                                                                         | _____        |
| 5. What is the phone number for Walker's Piano Service _____                                                                                                   | _____        |

*This contest is brought to you by:*



## Pizza Delight, Greenwood

### 765-4477

**Congratulations to last week's winner: MADELINE ROSS**

# Youth Happenings at the 14 Wing Community Centre

By: Brendan Loughnane  
Youth Recreation  
Worker

Hello everyone May is here and so are the May Calendars. So come on down and pick yours up. April 27<sup>th</sup> to May 3<sup>rd</sup> is Boys Active Living Week. Recreation facilities and organizations all across the Annapolis Valley will be taking part by hosting events for Boys to take part in. Lists of events that are taking place in your area will be sent to schools accordingly. In the meantime here is what's happening at the 14 Wing Community Centre this week.

**Boyz Club**  
Monday April 27<sup>th</sup> 2009  
Pool Ping Pong & Football

4:30 – 6:00 p.m.  
Hey boys this Monday night we will be hanging out in the pool room down at the Community Centre. The fun starts at 4:30 so come on down and we will rack up the pool balls and rally back and forth with the ping-pong stuff. See you all there.

**Teen Activities**  
Tuesday April 28<sup>th</sup> 2009  
Volley ball  
6:00 – 7:00 p.m.

Hey teens come and join us this Tuesday night. We will be setting up the volleyball nets in the gym here at the Community Centre. It's always a good time down here at the Community Centre so don't miss out.

**Active Chicks**  
Wednesday April 29<sup>th</sup> 2009

Activity TBA  
Time 6:00 - 7:30 p.m.  
Description: Hi girls, we're no longer able to swimming but please come down to the Community Centre for a night of fun activities!

**Boys Active Living Week Bike Hike**

Thursday April 30<sup>th</sup> 2009  
4:00 – 6:00 p.m.  
Hey boys on Thursday we will be going on a bike ride around Greenwood. All this week is boy's healthy living week and to celebrate we are going dust off the bikes and go on tour. You can meet here at 4 p.m. and then we

will head off. After the bike ride we will come back to the C.C for snacks and refreshments. We will draw for a prize that will be given to one of the participants. It is going to be a real fun time so come and join us.

**Look What's Playing at the Community Centre**  
**Pre - Teen Movie Night**

Every Saturday is pre - teen movie night. The fun starts at 6:00 p.m. and runs until 8:00 p.m.. Admission to the movie is free with your membership card or \$1.00 drop in fee. This week will be watching "Hotel for Dogs" rated PG. Hotel for dogs all starts when a brother and sister find a dog but their parents will not let them keep it. While trying to find a place for the dog to stay they discover an old abandoned hotel and decide to transform it into a hotel for dogs. They try

their best to keep this scheme under the radar but some suspicious neighbours start to get curious when they hear barking dogs.

**Teen Movie Night**

Teen movies run from 8:30 – 10:30 p.m.. Admission to the movie is free with your membership card or \$2.00 drop - in fee. This week the teens will be watching "The Spirit" rated PG - 13. The spirit is a story about a rookie cop who is killed while on duty in the mean streets of Central City. Mysteriously he returns from the dead to continue fighting crime in the city he loves. The Spirit's sworn enemy is the Octopus who is out to seek immortality and gain rule over the city using death and destruction to achieve it. The Octopus and the Spirit collide in an epic battle seeing as the city isn't big enough for the both of them.

## Youth Centre Drop in Hours

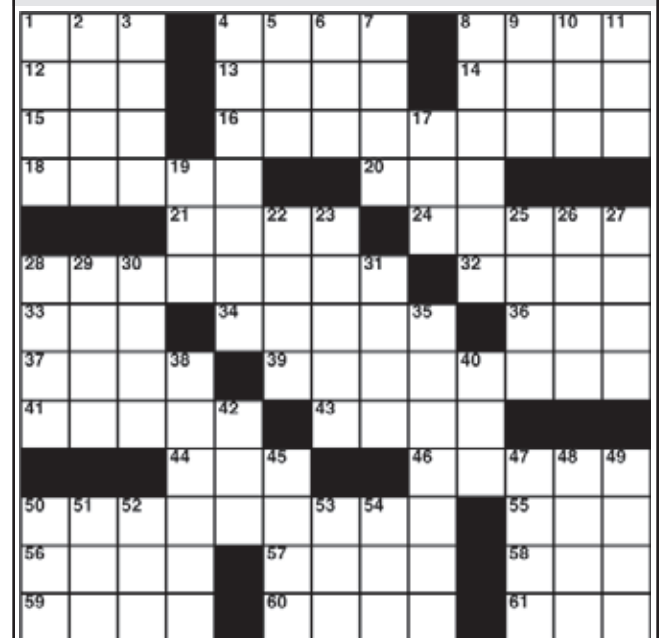
|           | Pre-Teen (ages 9 – 12)       | Teens (ages 13 – 18)          |
|-----------|------------------------------|-------------------------------|
| Monday    | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Tuesday   | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Wednesday | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Thursday  | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Friday    | 6 pm to 8 pm                 | 4 pm to 6 pm<br>8 pm to 11 pm |
| Saturday  | 2 pm to 4 pm<br>6 pm to 8 pm | 4 pm to 6 pm<br>8 pm to 11 pm |
| Sunday    | 2 pm to 5 pm                 | 5 pm to 9 pm                  |

## Canadiana Crossword

La Belle Province

Solution page 22

By Bernice Rosella and James Kilner



- ACROSS**
- 1 Tachometer info
  - 4 Botch
  - 8 Gusto
  - 12 Automobile Assn.
  - 13 Demolish
  - 14 Conform
  - 15 Each and every
  - 16 Quebec's motto
  - 18 Demon
  - 20 Bishop's robe
  - 21 Plugs
  - 24 Decrees
  - 28 Quebec's official bird
  - 32 Nigerian people
  - 33 Crystal rectifier
  - 34 Portly
  - 36 King, in Kamouraska
  - 37 Mineral bearers
  - 39 Skylines
  - 41 Yellow \_\_\_\_\_ (Quebec's official tree)
  - 43 Hawaiian goose
  - 44 Govt. pension
  - 46 Luke warm
  - 50 Quebec's official flower
  - 55 Plains Indian
  - 56 Indian princess
  - 57 Pronto, so to speak
  - 58 M. Hammer and S. Holmes
  - 59 Youth development assn.
  - 60 South Asian cooking oil
  - 61 Friend, to Philippe
  - 23 Faint
  - 25 Hairdo
  - 26 Lo and mo trailer
  - 27 Slaloms
  - 28 Boor
  - 29 Filippo \_\_\_\_\_ (saint)
  - 30 German river
  - 31 Seduce
  - 35 Photographic process
  - 38 Nova \_\_\_\_\_
  - 40 Zuider \_\_\_\_\_
  - 42 Have in the Hebrides
  - 45 Mine tailings
  - 47 Insect reproductive stage
  - 48 Unit
  - 49 Lucy's laddie
  - 50 Ironic
  - 51 Bad actor?
  - 52 Corp. tag
  - 53 Wasp follower
  - 54 Papua New Guinea city
  - 22 Barbarian

Weekly Crossword brought to you compliments of:

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## PATRICK'S PUZZLE

### Barbecue Word Find

Just in time for National Barbecue Month, see how many related words you can find and circle in the puzzle.

- |          |       |          |
|----------|-------|----------|
| BARBECUE | FLAME | OUTDOORS |
| BASTE    | FOOD  | POULTRY  |
| CHARCOAL | HEAT  | SAUCE    |
| COOK     | MEAT  | SMOKY    |

Q R G L E S Z U O P C Y  
K M B C F U B U R Y H N  
O E U L Y A T C N X A M  
O A Z C K D F Q W V R F  
S B K E O B A S T E C O  
K E A O M O X B L M O O  
A R R R S I K E E I A D  
N S V Z B K T A M F L D  
M H R P L E T M D A N E  
S E T A E H C J U X L U  
Y R T L U O P U A T O F  
M I U O H W S R E R S K

### Barbecue Scramble

Unscramble the words to complete the sentences.

- Different types of **O D F O** can be cooked on the grill.
- In the warm weather it is popular to eat in the **R Y D A**.
- Keeps kids away from a barbecue **L E F A M**.
- Shish **B K B O A** is a fun grill food.

Answers: 1. Food 2. Yard 3. Flame 4. Kabob

Patrick's Puzzle brought to you compliments of:

**TELUS**  
authorized dealer  
Cellular Sales & Service  
Authorized Product Care Centre  
765-2415

**ri County**  
Communications  
Greenwood Mall

**ComParrot** by Bonnie J. Malcolm  
Can you spot 12 differences between these pictures?



www.comparrotpuzzles.com © 2009 Bonnie J. Malcolm



Solution: 1. Stripe on man's pants is missing. 2. Tree in background is missing. 3. Man's thumb is hidden. 4. Flower on cactus is missing. 5. Stripe on scarf is colored in. 6. Oval on hat is colored in. 7. Stripe on sombrero is colored in. 8. Cactus has moved. 9. Flower on sleeve has moved. 10. Cactus has moved. 11. Bottom of skirt is wider. 12. Horn on animal skull is different.

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To place a Classified Ad by Word Count call Keith Pinkerton at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

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 (3017-2tp)

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 Danny St (across from  
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 more information. (3015-  
 ufn)

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 wood Mall. Fridge/stove, lawn  
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 cluded. Call 765-4206 (3013-  
 ufn)

**FOR RENT - 2 bedroom up-**  
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 Fridge/stove included, utili-  
 ties extra. \$420.00 per  
 month. References required,  
 available May 15<sup>th</sup>. Call 825-  
 2544 for more information.  
 (3016-2tp)

**HOUSE FOR RENT - 2**  
 bedroom house at 2180  
 Hall Rd. Close to Berwick  
 and Greenwood. Oil heat,  
 washer/dryer hook-up,  
 fridge/stove included,  
 quiet neighborhood,  
 paved driveway. No pets/  
 non smokers. \$650.00  
 per month plus utilities,  
 references required.  
 Available now call 538-  
 3392. (3017-3tp)

**FOR RENT - 3 bedroom house**  
 in Aylesford on Park. Close  
 to bus route, fridge/stove,  
 washer/dryer included.

\$600.00 per month plus utili-  
 ties call 765-0698 please leave  
 message. (3017-1tp)

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 English Tudor-style home  
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 ing, massive stone fire-  
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 scaped, includes 5 appli-  
 ances. \$950.00 per month  
 plus utilities. Call 902-  
 242-2235 (3017-4tp)

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 ment in quiet subdivision in  
 Greenwood. 4 appliances, ca-  
 ble TV and high speed internet  
 included. Non smoker, no kids  
 and no pets. Ideal for senior  
 couple \$700.00 call 765-6343  
 (3017-1tp)

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 mowed lawns, fridge/stove  
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 Only mature adult with good  
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 Call 765-2042. (3017-2tp)

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 minutes from Greenwood

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**Crossword Solution**

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | S | A | P |   | B | M | W |   | V | O | I | D |
| L | O | B | E |   | L | A | O |   | A | U | T | O |
| G | R | E | Y |   | U | N | W | A | N | T | E | D |
| A | B | D | O | M | E | N |   | G | I | S | M | O |
|   |   |   | T | M | S |   | O | N | E |   |   |   |
| M | C | G | E | E |   | F | A | I | R | E | S | T |
| R | O | O |   |   | R | A | F |   | O | A | K |   |
| S | T | A | N | L | E | Y |   | M | I | N | T | O |
|   |   |   | Y | E | T |   | D | O | C |   |   |   |
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| M | E | M | O | R | I | A | L |   | C | A | L | L |
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| W | A | R | S |   | A | B | E |   | E | D | E | N |

## Request to GMFRC Users!

Submitted by: Annette Davidson, GMFRC Board of Directors  
 Chairperson

Hello families! The Board of Directors for the Greenwood Military Family Resource Centre would like to ask for your help. We are looking for success stories and experiences of users of our Centre. This year's AGM will be held on May 27 at 4:00 p.m. The theme is "Appreciation from the Families" and we would like to read out experiences, successes and positive thoughts from our users to our staff during the presentation.

We also would like to invite families to come to this event and share their own heartfelt thoughts to the staff as to how they have touched their lives and helped them integrate into this wonderful community. If you have a story to share, please email the Board at: gmfrboard@eastlink.ca or drop off your written statement to the front desk at the Centre. If you would like to be able to present your own appreciation sentiments, please include your name and phone number. Thank you for your participation and look forward to hearing from you!

**...let's talk about**  
 Send your articles and photos to:  
**aurora@auroranewspaper.com**

# YOU

# Through the Eye of the PSI

**Submitted by: Shannon Doubleday, GMFRC Coordinator of Prevention, Support and Intervention Served at 765-1494 ext 1811.**

*"The gathering of fighting men should be thanking their children, their fine and resourceful children, who were strangers in every town they entered, thanking them for their extraordinary service to this country...Military brats, my lost tribe, spent their entire youth in service to this country and no one even knew we were there".*

(Conroy, 1991, p.xxv)

Any of you who read the articles that I write week to week are familiar with my belief that the military is a unique culture, distinct from the greater civilian culture, which we are housed in. Our community often recognizes the differences related to being a military member: working within a hierarchy, deployment, training. However, these are superficial; the values, beliefs and experiences of our military members, and military families are inadvertently glossed over, with the assumption that we are all the same. In fact, we are not. I often receive requests to speak and consult within school systems and civilian practitioners, meeting with professionals who recognize on some level that our military children have grown up with different experiences than their civilian counterparts. It is these differences that lend themselves to a host of strengths, born out of necessity, cultural values, and

tradition. In this article, I will focus on the profound characteristics of our "Brats" with respects to peer and family relationships.

By virtue of postings, military children tend to adapt the ability to get along with peers, and successfully integrate into new environments. Often excelling in social settings, military children become masters of flipping masks, "who am I in this town, with this person, in this setting". Our Brats rise to challenge of postings; perhaps prefaced with grumbles of discontent, or rants of friends lost, but ultimately culminating in acceptance and the development of new relationships. It is important to acknowledge that military children often experience relationships differently than their civilian counterparts. Peer relationships can be superficial, rooted in the mask identity, and not transferring to a more intimate deep-rooted friendship. Military children will often move between friendships and relationships seamlessly, seldom maintaining long term contact with peers from their past; instead focusing on the here and now friendships. A significant strength

for our military community lies in the manner in which our Brats form and maintain family relationships. Military children will often identify their immediate family as their locus, the pillar relationship that is present irrespective of town, base, or school. As a result, military children tend to experience a powerful bond to family, one that supersedes friends, peers and embodies commitment to the unit. As a result, our children will often strive to take on responsibility within the family, especially in times of deployment. This may present as taking care of siblings or stepping up chores; or this may look like using

negative behaviour to create a diversion for the family. Not long ago I worked with young man who was seeing me as a result of drug use. Throughout family counselling he was able to identify that when his mother "is yelling at me because of pot she at least isn't crying about Dad being gone again". One may look at this as an excuse for antisocial behaviour; or alternatively a powerful and courageous mechanism employed by a child to ease the pain and discomfort experienced by his parent. From experience, as a Brat, a former member, and now a practitioner, I choose the latter.

## Greenwood Bowling Centre

Open 7 Days a Week  
**MAKE Your Reservation Today**  
 Every Monday & Wednesday Afternoon 1-4 p.m.  
 All U Can Bowl Just \$ 5.00  
 Every Monday & Wednesday Eve 6-9 p.m.  
 ALL GAMES \$ 1.00  
**Help us Celebrate 100 Years of 5 Pin Bowling • 1909-2009**  
 For more info call 765-1494 ext 5631  
[www.5pinbowling.ca](http://www.5pinbowling.ca)  
*Family Fun for Everyone  
 Keep Fit Bowl a Bit*

### GMFRC • Feature of the Week

**Deployment Services**  
 Coordinator: Paula Davison at 765-1494 local 5883 or email at [Davison.PL@forces.gc.ca](mailto:Davison.PL@forces.gc.ca)

#### Deployed Families Adult Dinner Out

**Thursday, April 30<sup>th</sup>, 2009**  
**5:30 p.m. – 8:30 p.m.**  
**Location: To be Determined**  
**Pay the cost of your own meal**  
**Registration deadline: Monday, April 27<sup>th</sup>, 2009**

Share a meal with other deployed spouses/parents and make valuable connections.  
**Please Note: Respite childcare is available that evening from 5:00 p.m.-9:00 p.m. in the GMFRC Casual Care Room. When you call to register for the dinner, let us know if you will be using the respite service.**

### Alternative Dispute Resolution

#### Greenwood Dispute Resolution Centre

Maj. Bob Sealby  
**Call 5530**

- Are you involved in a conflict in the workplace and unsure of how to handle it?
- Do you have issues with a work situation that you want resolved?
- Do you want to know how to approach a co-worker during a dispute?

Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at the AVM Morfee Centre (MFR), School Road or for a DRC nearest you National Phone Number: 1-888-589-1750

DRC services are available to all Regular and Reserve Force members, Civilian and NPF employees, and members of the Cadet organizations.

**Season Opens: May Long Weekend 2009**  
**Closes: Thanksgiving Weekend 2009**

Bookings for 2009 Season start 1 April 2009

## Get Away From It All!

Call 765-1494 ext 5341

Make Your Stay, a Lake Pleasant One!!!

Available to: CF Military Regular/Reserve/Retired Members, DND Employees, NPF-PSP Personnel

| Cottage Contents                                                                                                                                                                                                                                                                                                                       | Amenities                                                                                                                                                                                                                                                                                    | Your Responsibilities                                                                                                                                                                                                                          |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>Fridge/Stove (full size)</li> <li>Beds (3)<br/>2 singles, 1 double</li> <li>Microwave</li> <li>Toaster Oven</li> <li>Sofa</li> <li>Clock Radio</li> <li>Table &amp; Chairs</li> <li>Kettle</li> <li>Fire Pits</li> <li>Barbeque (full size)</li> <li>Patio Furniture</li> <li>TV/VCR</li> </ul> | <ul style="list-style-type: none"> <li>Club House</li> <li>Games Room</li> <li>Canoe/Paddle Boat Rental</li> <li>Shower Facility</li> <li>Laundry Facility</li> <li>Beach (unsupervised)</li> <li>Canteen (seasonal)</li> <li>Firewood</li> <li>Hay Rides</li> <li>Special Events</li> </ul> | <ul style="list-style-type: none"> <li>Food and Beverages</li> <li>Linen</li> <li>Utensils/dishes</li> <li>Pots &amp; Pans</li> <li>Other conveniences</li> </ul> <p style="font-size: 0.8em;">required to make your stay an enjoyable one</p> |

| Cottage Rentals                                    | Rec Card Holders | Non-Rec Card Holders |
|----------------------------------------------------|------------------|----------------------|
| Day                                                | \$30.00          | \$35.00              |
| Week / 7 nights                                    | \$210.00         | \$245.00             |
| • includes 13% HST                                 |                  |                      |
| <b>Damage Deposit for all Cabins is \$50/Cabin</b> |                  |                      |

## The 107 Valley Wing

904 Central Ave. Greenwood

Air Force Association of Canada

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 • Public Service • RCAC •  
 • Members & Guests •

Do you enjoy a good time in a friendly relaxed atmosphere?  
 Drop into the 107 Valley Wing and meet our friendly members and staff.  
 We are open 7 days a week for your convenience.  
 We are looking for new members!

For more information call 765-8415 after 12:30 p.m.  
 We also have Catering Service for your Weddings, Section Parties or other celebrations.

## Haven't yet visited the Learning and Career Centre?

Are we still the best-kept secret on the Base?

If you are a **military member** or **civilian** employee, you have access to all services the LCC offers.

VISIT OUR WEBSITE

http://hr.ottawa-hull.mil.ca/lcc-cac/

or drop in!

We are located on the upper level of the Birchall Training Centre  
**We're so much more than just courses:**

- Career Development/Advisory • Learning Advisory
- Personal and Professional Development Courses
- Computer Courses • Loaning Resource Library
- Internet Café • Book Club • Career and Learning Software

Want to relax on your lunch hour?

Why not drop over and browse our shelves, lounge while watching a video, borrow a book and listen to your favourite tunes, surf the net on our high-speed internet computers, or simply drop in and say hello.  
**You're always welcome!**

Why not drop in and check us out!  
 We're open daily  
 Monday to Friday, from 0800-1600 hrs  
 (including lunch hour).



# Caring for Literacy

Kingston & District School Library received a generous donation of books from the students and staff of the Nova Scotia Community College—Annapolis Campus. Tammy Taylor and Alison Higgs, two NSCC students organized a two-month book drive that they called “Caring for Literacy” at the NSCC for children’s books. This project was designed as a community awareness project to fulfill a requirement for their one-year program, Continuing Care. Over 400 books were collected, READ ON!

**NSCC students and “Caring for Literacy”**  
**Back left to right: Tammy Taylor, Alison Higgs (NSCC students)**

**Front left to right: Zachary Higgs (Kingston & District School student), Heather Thorne (Library Technician), Savannah LeClerc (Kingston & District School student)**

# Skater of the Week



The Greenwood Skating Club Presents the Subway Skater of the Week:

**Name: Erika Rice**  
 School: Bridgetown Regional High  
 Age: 13 School Grade: 8  
 Skating Level: Senior StarSkater  
 Coach: Ann Young  
 Started Skating: 3 years old  
 Highest Tests Passed: Bronze Interpretive, Sr Bronze Freestyle, Jr Silver, Dance and Gold Skills  
 Favourite Figure Skater: Jeffrey Buttle/ Brian Orser  
 Favourite Part of Skating: Jumping & performing  
 Other Hobbies: 4-H, piano, guitar, percussion, swimming and writing.

# Find Your Way at CANSOFCOM

Are you the kind of person who’s always looking for a new challenge?

Canadian Special Operations Forces Command (CANSOFCOM) recruiters are coming to 14 Wing Greenwood. On April 30 at 0930 hrs there will be a one-hour infor-

mation session in the Birchall Training Centre (Classroom 1). CANSOFCOM needs people with the drive, determination, smarts and resourcefulness to find a way to succeed.

Regular or Reserve Force, regardless of your element, CANSOFCOM employs most

CF trades and occupations, and, if you are really up for a challenge, there are a few jobs unique to Canada’s Special Operations Forces (SOF).

Don’t pay attention to rumours - visit our recruiters and get the straight facts about SOF service, and learn more

about employment opportunities at Joint Task Force Two (JTF 2) and the Canadian Special Operations Regiment (CSOR).

**We will find a way.**

[www.cansofcom.forces.gc.ca](http://www.cansofcom.forces.gc.ca)  
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