



The Aurora

newspaper



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Notice

The Aurora Newspaper offices will be closed from 10:30 a.m. to 1:00 p.m. on

Wednesday, July 8, 2009 to allow staff to attend briefings.

We apologize for any inconvenience.

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(photo: Pte Vicky Lefrancois, Image Tech, 14 Wing Greenwood)



The Wing Commander and Wing Chief are Now Officially Tri-Athletes

Over 100 military and civilian athletes from across the Maritimes participated in the 14 Wing Centennial of Flight Air Force Triathlon, part of the Nova Scotia series. The Triathlon, held at 14 Wing Greenwood, also served as a qualification race for the upcoming Canada Games.

Story on page 2.

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The Wing Commander & Wing Chief are Now Officially Tri-Athletes



WINNERS

(All photo's: MCpl Andrew Collins, Image Tech, 14 Wing Greenwood)

By Captain Denis Choquette

It was on a cloudy and windy Father's Day that the Wing Commander (WComd) and Wing Chief Warrant Officer (WCWO) did their first ever triathlon at the 2nd edition of the 14 Wing Air Force Triathlon on 21 June 2009.

They kicked off the event

in the first wave of two of the Super Sprint Distance which starts with a 300 meter swim (12 laps), then 12 kilometers (km) on the bike to end with a 3.5 km run. The WComd got out of the pool in 6 minutes and 1 second just ahead of the WCWO by 9 seconds.

On the bike, the WComd had the Chief "in his rear mirror" up until the Chief decided to make a Lance Armstrong move at the turn around point. Unfortunately, the pavement was wet and his rear wheel started to slide causing him to fall on his side. No worries, the bike was ok... I mean the Chief was ok, fortunately but lost precious time.

The WComd finished 5th overall with a time of 50 minutes and 57 seconds while the Chief finished in a very humble 16th position in 1 hour and 14 seconds. When asked to comment on his incredible performance in the pool, the WComd simply said; "nobody noticed the flippers!" Congratulations to both of them for their outstanding performance on their first ever triathlon.

The Sprint distance (750 meters swim - 20 km cycle - 5 km run) featured the Canada Games qualification race embedded in this main event. Fifty participants from all around the province had registered for this event. Once again, the Juniors (20 years of age & under) took the honours. On the female side, Meggie Soehl from Bedford won the event. On the male side, Parker Vaughn won the event for a 2nd straight year. Parker from Dartmouth will be representing Nova Scotia at the Canada Games in Summerside, Prince Edward Island in August along with MacGregor Grant from Halifax and Brad Piggot from Dartmouth.



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From Practice to Theory; Canadian Forces Leadership Institute Lecture



Attendees at the Leadership presentation held in the Zedex Theatre.

By Caroline Couture

On June 11, over 70 Wing personnel filled the Birchall theatre in the Air Commodore Birchall Training Centre to hear key messages on Canadian Forces (CF) Leadership from our own Wing Commander and the Canadian Forces Leadership Institute. Organized in partnership between the Learning and Career Centre (LCC) and the Wing Commander, the event was designed to highlight the creation of the Birchall Leadership Collection.

Colonel Derek Joyce kicked off the event by engaging and inspiring the audience with an insightful talk on the lessons he has learned in his 2 years as Wing Commander (WComd). He shared what he has learned about himself and about leadership. He talked frankly about how his experience has shaped and reinforced his vision and his personal stance on leadership. A member in attendance mentioned how he was impacted by the Wing Commander's candid talk. "We're all so busy being busy. Clearing our inboxes and checking boxes... But it's so important to take the time to inspire each other and reconnect with the leader in all of us. At the end of the day, we are all working towards the same goal." This sentiment was on the mind of many in attendance. The Wing Commander concluded his talk by highlighting the importance of developing a continuous learn-

ing mindset to effectively lead. He introduced the CF Leadership Institute (CFLI) lecture entitled: "CF Leadership Doctrine and the Profession of Arms".

The lecture delivered by Chief Petty Officer second class (CPO 2) Pellerin, Staff Officer of the CF Leadership Institute, offered the audience a unique perspective on the role and mission of the CFLI.

CPO2 Pellerin touched on many issues facing the current and future generations of CF leaders, and its impact on the CF organisation as a whole. The presentation was a great opportunity to review the CF Doctrine "Duty with Honours; the Profession of Arms in Canada", and to answer the following questions: what is the military ethos that binds the profession together? What is the nature of the strong, integral Officer/Non-commissioned member (NCM) leadership team?

CPO2 Pellerin also laid out the factors that have been driving the need for change in leadership, which he said included the economy, globalization, climate change, the impact of military life on families, as well as the accelerated change in technology.

The audience had the chance to screen the revised video "Duty with Honour" featuring a key message from the Chief of Defence Staff Lieutenant -General Walter J. Natynczyk. The video provides an understanding of the vision of the Canadian military



Wing Commander Col Derek Joyce addressing attendees in the Zedex Theatre.



CPO2 Paul Pellerin from CFLI giving the Leadership Doctrine Lecture.



W Admin O LCol Smith thanking CPO2 Pellerin for his leadership presentation.



Caroline Couture, Learning Advisor, LCC, closing the event.

profession. It is both inspirational and educational.

An Excerpt:

"In volunteering for military service, members of the Canadian Forces accept as part of their Duty a unique and distinct identity within Canadian society. They are members of Canadian society, yet in subtle ways they are apart from it. By embracing the military ethos, they accept obligations and responsibilities that no other Canadian citizen has. As members of the profession of arms, they are acutely aware of the special trust placed in them by the people of Canada. They accept this trust and, in accord with their ethos, strive for excellence within their areas of expertise. In brief, they reach for the highest standards of professionalism. Their reward is Honour."

We would like to thank all those who helped make this event a success; The Wing Commander and the Wing Administration Officer for their continued support; the CFLI and CPO2 Pellerin for their generosity; the Commanders, Chiefs and Branch Heads for

donating books and attending the event. Thank you to all in attendance (NCMs, Officers, Military Police, Department of National Defense employees, support units, and operational units, etc) your presence was really appreciated! Many thanks to our silent partners behind the scenes. Without their help our programs could not survive: The Aurora Newspaper, Wing Imaging, Wing Telecommunications and Information Systems Squadron. I would like to finish by thanking the wonderful LCC team; Brenda Oliver, Kim Smith, Kathy Doe and Kristine Sharpe for their valuable assistance and input throughout this journey. You were instrumental to the success of this event. Special thanks to Kristine Sharpe for taking this project through the finish line in flying colours.

In conclusion, this next year will be another busy one. We encourage you to take a moment to look at your mission statement and vision, and to *Explore the Leader in You!*

Looking forward to seeing you at the LCC

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Birchall Leadership Collection

Submitted by: **Caroline Couture, Learning and Career Advisor / Conseillère en apprentissage et en carrière, Learning and Career Centre / Centre d'apprentissage et de carrière**

The Learning and Career Centre (LCC), in partnership with the Wing Admin Branch, is happy to introduce a new resource to our Canadian Forces (CF) and Department of National Defence (DND) clients: **The Birchall Leadership Collection**.

This initiative started over a year and a half ago with a



The Wing Commander, Col Joyce, the Wing Administration Officer LCol Smith McBride and the LCC Learning Advisor, Caroline Couture officially unveil the Birchall Leadership Collection Room.

simple request from a Master Corporal working on the Wing. He was looking for a book that was listed on the **Canadian Forces Leadership Institute Recommended Reading List (CFLI)**. After a quick search, we realized that none of these books were available on the Wing. The LCC partnered with the Wing to address this need. Thanks to the support of the Wing, in particular the Wing Admin Branch, the LCC was able to acquire a large number of books listed on the CFLI Recommended Reading List.

The **Birchall Leadership Collection** is intended to provide current and future personnel of this Wing with resources to foster a career-long desire to continually improve their professional knowledge of leadership.

It is our hope that this collection also reflects the varied leadership styles of 14 Wings' leaders. To this end, they have an opportunity to select and donate a book of their choice to



Above is LCol Baskey, Commanding Officer of 14 Software Engineering Squadron donating the book "Leading at the Edge" by Dennis N.T. Perkins to the Collection, excepting the book is Caroline Couture, Learning and Career Advisor at the LCC.

this collection. This initiative aims at increasing the depth and relevance of the collection by the addition of books that reflect the personality, vision and approach to leadership of our Commanding Officer's (CO's) and Branch Heads. To date several books have been donated and we are looking forward to many more. The LCC would like to thank the Wing Commander, Colonel Joyce, Lieutenant Colonel (LCol) Bangsboll, LCol Smith McBride, LCol Boucher, LCol Ubbens, LCol Cummings, LCol Baskey, Major Milligan and the CF Leadership Institute for their donations.

The Birchall Leadership Collection is located in room 203-03 of the Learning and Career Centre, which was aptly renamed **The Birchall Leadership Collection Room** at a dedication ceremony which took place on Thursday, June 11th, 2009. The event was attended by the Wing Commander, Wing CO's, Unit Chiefs and Branch Heads. Thank you all for your support!

Now it's **YOUR** turn to visit the LCC and to tap into this great resource!

"Only through a life-long study of leadership theory, doctrine and practice can each of us seek self-improvement in order to meet our primary obligation; namely, to be the best possible leader and the greatest asset possible to the Canadian Forces." - Major-General P. R. Hussey, (former) Commander of the Canadian Defence Academy



The Birchall Leadership Collection Room is available to both military and civilian personnel. It can be booked for team meetings, strategic brainstorming sessions, study groups, or by individuals looking for a quiet place to read.

(photos: Pte Gerald Cormier, Image Tech, 14 Wing Imaging)

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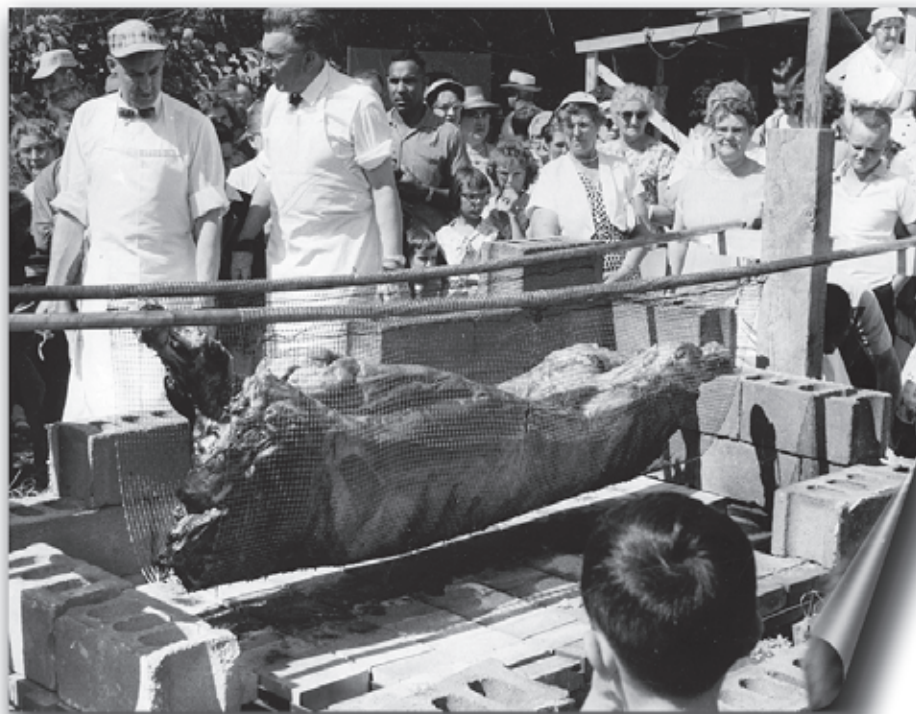


Annual Kingston

Steer Barbecue

The History of the Kingston Steer Barbecue

We begin our history of the Kingston Steer Barbecue with a quote from that grand old man, the late O.H. Armstrong: "Well now, you understand, somebody has to pay for this steer." So it was that some ten men in the Kingston and District Board of Trade each pledged fifty dollars to guarantee the wholesale costs for the meat, food and 'vitals' of that first Kingston Steer Barbecue back on July 9, 1960. For some time, the secretaries of the Board had been inquiring across the nation whether anyone had barbecued a whole steer. Letters were dispatched to as far away as Dallas, Texas and Calgary, Alberta, as well as to other likely sources who might provide us with the know how for such a venture. Answers came back to the effect that steers had been cooked in pits of live coals, but no one seemed to have any experience barbecuing a whole steer. Consequently, it was decided that we would embark on such a project using our own ideas. After all, the most we could lose was fifty dollars each and the gamble seemed well worth the effort. The then President of the Kingston and District Board of Trade, Mr. R.A. Boates acted as the General Chairman of the various committees, some fourteen in all were formed as follows: General Chairman - Reg Boates; Advertising Committee - R.G. Simms; Setup of Cooking Stands - George Balcom, Ward Hallman; Preparations of Grounds and Facilities - Lewis McMaster; Parking and Policing - H.O. Stronach; Food Committee - L.B. Foster, C.A. Pierce; Table Committee - C.C. McMaster; Concession Committee - K.C. Marshall; Entertainment Committee - M.S. Elliot; Carving Committee - E.G. Pierce; Electrical Committee - E.A. Howitt; Tickets and Collections - W.M. Brehaut; Accommodation Committee - Mrs. S.S. Barr; Coleman Burner Committee - J. Ferguson.



The first Kingston Steer Barbecue, July 1960. The late Mr. L.B. Foster, the author of this historical article, is the gentleman with the cap and bow tie to the left of the photo.

"Well now, you understand, somebody has to pay for this steer."

O.H. Armstrong

The stage was set for an occasion which was to become an annual event which continues to this day. The late Philip Devine volunteered the use of his field to the west of his home in the east end of Kingston for the site of the event. A sand point was driven and crystal clear water was procured for the Barbecue. The first steer was to be hung in a wire mesh sling in an enclosure of concrete blocks containing a fire-brick wall between the jets and the barbecuing area. This allowed the fat falling on the bricks to add a succulent flavour to the meat as it cooked and prevented the direct heat from the propane jets from burning the steer and provided even heat for the

cooking process. The barbecuing began about midnight of the previous day. Messrs. George Balcom and Gordon Kinsman kept a night vigil over the baking beast. Finally, late on Saturday morning, Ralph Veinot declared the steer cooked and ready to be served. To the delight of the crowd and the sponsoring committee, the succulent beef was a delight to all. In addition to the steer, hundreds of pounds of steaks were barbecued over the charcoal pits, to suit the taste of one and all. Homemade bread was in abundance thanks to the ladies of each church, who baked loaves by the dozens. These were delivered to

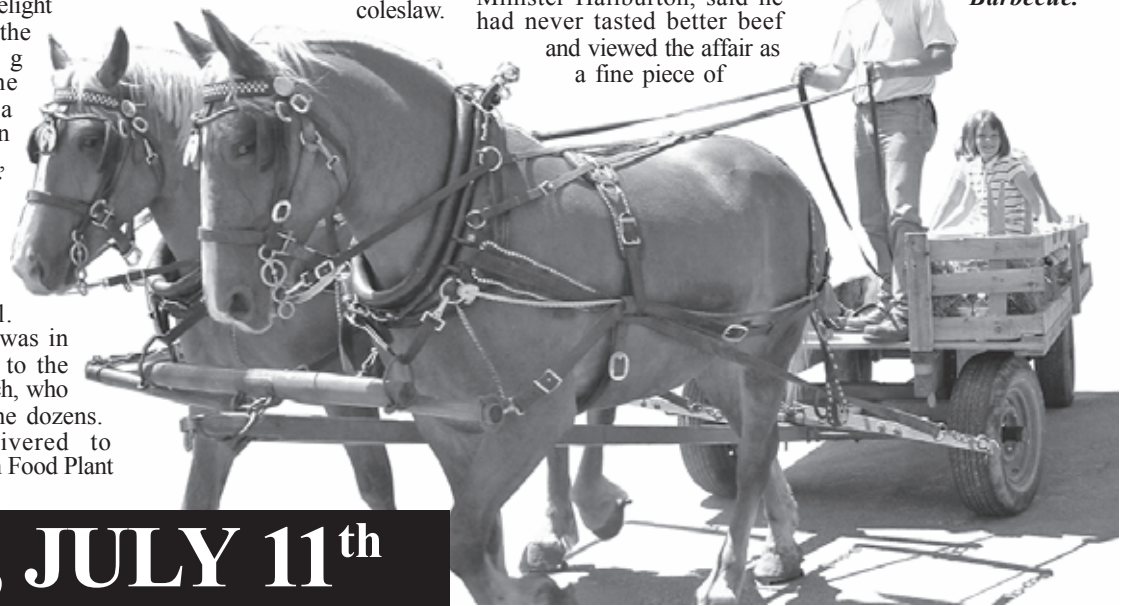
and sliced by Douglas Armstrong on the bacon slicer while some dozen ladies buttered the sliced delicacy and packed it in plastic bags for the morning feast. While the ladies prepared the bread, several hundred pounds of cabbage were shredded for coleslaw.

This was kept in the coolers overnight and the ladies prepared it for serving the next day. For many years the late Mr. Harry Slaunwhite peeled 100 pounds of onions for the hamburger canteen and ne'er a tear he shed. In addition to the coleslaw, some one hundred gallons of Grave's Sweet and Sour whole pickles graced the serving tables to add that extra touch of flavour. The following week, the papers carried this article: *Five Thousand Beef Lovers Have Their Fill at 3,000. lb. Barbecue*

KINGSTON - Five thousand beef eaters were attracted to an elaborate outdoor steer barbecue Saturday at Devine's 5 acre field in Kingston. The event was staged by the Kingston Board of Trade in celebration of the New Englanders' Planters' Bicentenary. Three thousand pounds of local beef were barbecued on charcoal and propane gas burners. The affair, according to Commission Chairman George Balcom, "was a marvelous success and will be repeated next year on a bigger and even larger basis". Favoured by fine weather throughout the day the event was action-packed from the formal opening by Queen Annapolis, Margaret Thorburn, until the conclusion of the festivities. Agriculture Minister Haliburton, said he had never tasted better beef and viewed the affair as a fine piece of

publicity for Nova Scotia raised beef. Dr. R.S. Longley, Mayor of Wolfville and Chairman of the Bicentenary Committee, congratulated President Reg Boates of the Board of Trade on the barbecue's success. The second year the headline read: "7,000 Eat a Ton of Beef". The article concluded with the following paragraph: Music by the R.C.A.F. Greenwood Band, loud speaker record playing, the vending of soft drinks, coffee and ice cream, a floor show, bingo and dancing, combined with the barbecuing, made the day the biggest and jolliest in the history of this thriving Kings Co. Community. As the years passed, many eventss have been added to or discontinued.

Street Parades, Children's Parades, Barbecue Queens, a Circus, Slide Shows, Fairs, Horse Pulls, Riding Clubs, Bands, Entertainment Groups, visit by Miss Canada, Heritage Day, Sports events and many more. However the highlight of the event is still the barbecuing of the steer, which in recent years has grown to three steers. A special thank you goes out to all who have worked so diligently on the Barbecue for the last forty plus years and in closing may we extend to one and all an invitation to visit us again this year in **Kingston, Home of the Steer Barbecue.**



SATURDAY, JULY 11th

Congratulations to the
Village of Kingston on their
50th Annual Kingston Steer Barbecue



24 HOUR SERVICE • (902) 825-7026

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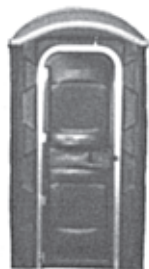
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765-2415

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50th Kingston Steer BBQ & Village Fair

JULY 10TH – 11TH, 2009

PRESENTED BY
THE KINGSTON LIONS CLUB,
the VILLAGE OF KINGSTON and the
ROYAL CANADIAN LEGION Branch #98



FRIDAY, JULY 10th
"The Valley Has Talent"

6:00 p.m. - 9:00 p.m., Centennial Park, across from the Arena

Two performance categories:
Ages 11 - 14 Ages 15 - 18

Kingston Steer BBQ
Plaque Rededication Ceremony

5:00 p.m., across the street from the Kingston Pharmasave

SATURDAY, JULY 11th

- 7:00 - 9:30 am **FAMILY BREAKFAST**
Kingston & District Fire Hall, Sparky St.
- 10:45 - 11:45 am **GRAND STREET PARADE**
Through the Village, along Main Street
- 10:00 am - 6:00 pm **CRAFT FAIR** - In the Arena
11:00 am - 6:00 pm **FOOD SERVICES**
Burger Bits & Fries \$5,
Hamburgers, Hot Dogs, French
Fries, Poutine, Strawberry Short
Cake, Cotton Candy, Milk Shakes,
Pop, Water, Tea & Coffee.
- 11:30 am - 6:00 pm **FUN & GAMES** with
Bounce Kingdom (Inflatable Castle,
Inflatable Giant Slide, Preschool
Bouncer, Obstacle Course), Kiddy
Train Rides and Wagon Rides
Bracelets - \$8/child (2-13yrs),
Under 2 free

12:00 NOON
STEER TAKEN FROM BBQ PIT

12:00 - 6:00 pm **BEEF DINNERS \$7** - In the Arena
Steer Donated by Fraser's Pro Home Centre

12:00 - 4:00 pm **BINGO** - In the Arena
12:00 NOON **ALL DAY MOTORCYCLE SHOW
& SHINE - PRIZES!!**
- Centennial Park (across from arena)

1:00 pm **UDDERLY DELICIOUS DESSERT
BAKE OFF** - In the Arena - Dessert portions will
be sold (1 ticket) after winners are announced to
help with this important fundraiser! Yum.

You must purchase tickets for all food and entertainment

Entertainment

- 11:45-12:00 pm Introduction of Dignitaries,
Princesses & Float Winner
Presentations
- 12:00-1:00 pm **DansXpress**
- 1:00 - 2:00 pm **David Burbine & Traditional Country**
- 2:00 - 3:00 pm **Paul Marshall & the Best of Intentions**
- 3:00 - 4:00 pm **Hughie McDonnell, Jina Potvin on
Keyboard & Chris Palmer**
- 4:00 - 5:00 pm **Dance Conxion**
- 5:00 - 6:00 pm **Valley Blue (James Frank)**

9:00 pm - 1:00 am - Adult Dance
At the Western Kings Arena

KSBQ 2009 DANCE : HAWCO
8:00 am - 6:00 pm **CONTROLLED PARKING**
- in the ball field, \$2.00 per vehicle

This event would not take place without the help of all the community volunteers
THANK YOU.

Congratulations Kingston
on your 50th Steer Barbecue

Proud Sponsors of the
Dessert Bake-off!



Best Western Aurora Inn
831 Main St. Kingston
765-3306

Welcome to the 50th
Annual Kingston Steer Barbecue
www.freemansautosales.com

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The staff at

The Aurora
newspaper

wish to congratulate
Kingston Steer BBQ
on their 50th Anniversary

★ **Andy's Tire**

Enjoy your visit to the
Kingston Steer BBQ

Weekdays 8 a.m. - 5 p.m.
Saturday 8 a.m. - 12 noon
473 Main Street, Kingston
BUS: (902) 765-6348



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We are **HAPPY** to be **SECOND**,
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In Business for over **50 YEARS**.

Golden Memories at the
50th Annual Kingston Steer Barbecue

For your total beauty and body care
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Salon and Day Spa

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The recycling and compost program began in 1 April 1996, when beverage containers, corrugated cardboard, newsprint, used tires, lead acid batteries and leaf and yard waste were banned from Nova Scotia Landfills. The list was expanded to waste paint, automotive antifreeze and compostable organic material (food products) in 1 April 1997. A year later, steel/tin food containers, glass food containers, low-density polyethylene bags and packaging and high-density polyethylene bags and packaging were no longer accepted for landfill disposal.

This diversion of recyclable and compostable items from municipal solid waste (garbage) generated in the home and in the workplace is driven by the Nova Scotia Solid Waste-Resource Management Regulations, which came into force on 6 February 1996. These regulations define municipal solid waste as "garbage, refuse, sludge, rubbish, tailing, debris litter and other discarded materials resulting from residential, commercial, institutional and industrial activities which are commonly accepted at a municipal solid waste management facility". Reducing the volume of garbage going to a landfill was realized through Municipalities and Towns establishing Municipal waste diversion programs including source reduction, reuse, recycling, composting and household hazardous waste programs.

In the beginning, these regulations encourage regional cooperation through the establishment of seven administrative regions. Greenwood resides within the Valley region that includes the counties of Annapolis and Kings. Of note, the town of Annapolis Royal has its own diversion program.

Source separation and packaging policies vary slightly among the Municipalities and Towns, therefore it is important to learn what is acceptable in your region. For example, Valley Waste Regional Management (VWRM) administers the Valley Region and as the administrative authority permits the use of compostable liners made of biodegradable materials such as cornstarch and synthetic polyester but not biodegradable plastic. VWRM.com and the VWRM calendars contain detailed information on the do's and don'ts of recycling and waste disposal.

Household and institutional generated waste may vary in content and volume, but by rule of thumb what you source

Recycling at Work

separate in the home is what you source separate in the workplace. If you are new to Nova Scotia or someone else in the household is the garbage, recycling and compost expert, here is what you need to know at 14 Wing. The goal is to reduce the amount of residual waste (garbage) generated in your work area by proactively placing recyclable items in blue bins and compostable items in the mini-green bins. Advanced Sorting Guides for paper recycling, container recycling, compost and garbage are available electronically, in both French and English on the Wing Environment website.

There are several source separations carried out on the Wing, corrugated cardboard recycling, container recycling, paper recycling including boxboard, technical manuals and publications, compostable items, hazardous waste including batteries and aerosol cans and metal recycling. What remains should be garbage.

Container recycling, paper recycling and garbage are placed in clear bags and deposited in outdoor steel bins.

Institutions and business such as 14 Wing are not required to place recyclables in blue bags like we do at home.

No loose material is permitted in 14 Wing outdoor recycling and garbage bins, with the exception of cardboard boxes. The waste hauler will not remove loose items such as phonebooks, manuals, papers, plastic and steel containers from the bins. Corrugated cardboard boxes must be broken down and if the box contains Styrofoam, the Styrofoam removed and placed in clear bags for disposal in the garbage bin. Styrofoam is not recyclable in Nova Scotia. Households can place corrugated cardboard in the paper waste blue bag and if the box is too large in a tied bundle no larger than 3 foot by 2 foot by one foot.

The Wing Construction Engineering folks are involved with construction and demolition debris generated from renovations, demolitions and construction projects. This is a special waste defined under the regulations as "materials which are normally used for the construction of buildings, structures, roadways, walls and other landscaping material". Some of these materials are reusable such as pavement and concrete. The non-recyclable material is shipped to a provincial approved C&D Debris Landfill.

Every person employed on the Wing is expected to do their part in reducing the amount of garbage going to a landfill. Your diligence contributes to the success of the Wing's recycling and composting program. If you have a question regarding the 14 Wing Solid Waste, Recycling and Compost Program please contact Mr. Gary Ward at local 1533 or Mr. Allan Pearson at local 5792.

Notice to 14 Wing Greenwood Married Quarters Residents

Reference:

DAOD 4007-2 Fire Protection Services NFPA 291

From: 14 Wing Fire Chief and Staff.

The 14 Wing Fire Department will be conducting Hydrant Flow Testing on base and in the Married Quarters.

The purpose of conducting Hydrant Flow Testing is to identify any deficiencies and to ensure the water main and delivery system is serviceable.

The testing will be conducted Monday through Saturday between the hours of 1730 to 2100 hrs during the month of Aug 09.

You may incur some water discoloration or sediment during the time of testing, it is recommended that you do not do any laundry at this time due to water may discolor your cloths.

For more information concerning the Hydrant Flow Testing, please contact the 14 Wing Fire Department at 765-1494 extension 5206.

K.B. Ochitwa, WFC, 14 Wing Fire Chief, x 5473

Greenwood Military Aviation Museum

"Saving your past for your future"

June to August
7 days a week 9 am to 5 pm
September to May
Tuesday to Saturday 10 am to 4 pm

We invite you to drop in and see what a difference a year makes! Join the thousands that have visited the museum over the past year and see the "new and improved facilities".

For that "hard to find item for that someone special" browse in the **Museum Store** for items such as mess dress items, videos, books, badges, clocks, flags, licence plates, clothing, lapel pins, caps, limited edition prints and an extended selection of models, decals and paints. Remember us for your medals and mounting requirements. If we don't have it, we will order it!

The display aircraft are now part of the museum complex and are located next to the parking lot.

The museum is now located in the Canex building, East Side, and remember:

Admission is free!



For further information, contact the museum at 765-1494 local 5955. Meet you at the museum!

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Greenwood Minor Hockey Presents

2009 Hockey School
27 - 31 Aug 09
(Thursday-Monday)

Up to 24 hours of on-ice instruction
excellent coach to player ratio

Group will fill up fast so register early.

3 separate age groups but limited to 36 skaters and 6 goalies per age group

Due to schools starting prior to Labour Day Weekend, this year's school has been shortened to 5 days instead of the normal 6 days

Registration may be done by calling the 14 Wing Community Recreation Centre at 765-1494 local 5341/5331 or in person.

Costs:

\$170 for rec card holder (\$100 down with remainder by 15 Aug 09) for groups 1 & 2, \$140 for group 3

\$200 non-rec card holder (\$120 down and remainder by 15 Aug 09) for groups 1 & 2, \$170 for group 3

50th Wedding Anniversary

~ ~ Open House ~ ~

At
Dave and Carol Romkey's
941 Argus Drive

July 11th, 2009
(Anytime after 6:00 p.m.)

In Celebration of 50 years of Marriage

*Everyone is Welcome
Best Wishes Only*

Special Kingston Steer BBQ Rededication Ceremony – Kingston

Submitted by: Vicky Parker

The Kingston Steer BBQ celebrates its 50th anniversary this year and in honour of this, the plaque listing the original ten men who organized the first barbecue, has been refurbished and another one is being added. The new one recognizes the three organizations, which are now responsible for this

annual event. They include the Kingston Village Commission, the Lions Club, and the Royal Canadian Legion, Branch 98.

A ceremony unveiling both of the plaques on the monument, situated across the street from the Kingston Pharmasave, will be held on Friday afternoon at five o'clock, July 10.

Descendants of most of the men whose names

appear on the plaque will be there as well as many dignitaries. A representative from each of the descendant families will be paraded to the monument area led by a piper, the town crier, and the Legion Colour Party. Leo Glavine will MC the event

and will be assisted by Danny Lundrigan whose father was one of the men instrumental in erecting the first plaque. This special occasion will be a time to celebrate tradition and honour volunteers who have made the Kingston Steer BBQ a successful

annual summer event for the past fifty years.

Everyone is invited to

the event and it is suggested they bring lawn chairs.

GMFRC • Feature of the Week

Deployment Services

Coordinator: Paula Davison at 765-1494 local 5883 or email at Davison.PL@forces.gc.ca

Deployed Families Adult Pool Night at Dooly's

Monday, July 6th, 2009

8:00 p.m. – 10:00 p.m.

Location: Dooly's in Greenwood

Registration deadline: Monday, July 6th, 2009

Share a night of pool with other deployed spouses/parents and make valuable connections. So come out and join in the fun, there is no cost and beginners are more than welcome.

GMFRC • Feature of the Week

Employment and Education Services

Coordinator: Stephanie Townsend at 765-1494 local 1816 or email at Townsend.SC@forces.gc.ca

Join us in welcoming CF Recruiting!

Monday, July 20th, 2009

1:00 p.m. – 5:00 p.m.

GMFRC Classroom 1

Free

Canadian Forces Recruiting Centre Halifax will be joining us for their monthly visit to the GMFRC on July 20th, 2009 to answer any questions you may have and assist you with the application process. This is an excellent opportunity to talk directly to a Recruiter and find out about any jobs that you are interested in within the CF. The GMFRC also acts as a satellite location for the Recruiting Centre so anytime you are in need of resources or information feel free to drop in or give us a call at 765-5611 and ask for Kristen.

GMFRC • Feature of the Week

Children and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Summer Fun Camps

Dates:

Week 3

Monday, July 20th – Friday, July 24th

Week 4

Monday, July 27th – Friday, July 31st

Time: 9:00 a.m. – 12:00 p.m.

GMFRC

3 – 5 years

\$40.00 per child

Registration Deadline: Friday, July 10th for the Week 3 (Monday, July 20th – Friday, July 24th)

Children ages 3 – 5 years are invited to join us for fun in the sun preschool style! Our summer camp will focus on the many summer activities that children love to do! We will be hiking, lots of running, exploring, games, play-ground activities, and making new friends. Our camp is a recreation based camp; therefore the children will not be making crafts – unless we have a rain day. Children must be able to use the washroom independently, and enjoy an active outside atmosphere. Parents do not need to stay for these sessions. A yummy snack will be included each day. Enrolment is limited to 12 children each session. Please register by calling reception at 765-5611. Children need to be registered each individual week.

UAV Management Roles



MDA is growing our management roles in Canada and Afghanistan in the rapidly expanding field of Unmanned Aerial Vehicles (UAV) operations.

MDA is currently delivering UAV capability to NATO forces in Afghanistan. The UAV carries a number of payloads including EO/IR, SAR and EW. Our recent success has created the need for additional management and operational positions:

UAV Training Manager (Canada)

The UAV Training Manager is responsible for all pilot, payload and maintenance training for military customer and MDA personnel. The UAV Training Manager has responsibility for coordinating facilities and resources (simulators and aircraft etc) for theory and hands-on practical training. In addition, the successful candidate will also assist in the preparation and coordination of training deliverables, as well as manage externally provided training. Familiarity with CFITES is preferred.

Flight Operations Manager (Canada)

The Flight Operations Manager will be responsible for the Deployed (Afghanistan) and Domestic (CFB Suffield) site operations related to meeting customer required flight hour requirements. Having overall responsibility for flight operations and both domestic and deployed sites, you will oversee all aspects of customer specific Heron operations (including customer flight performance reporting requirements) at the deployed sites, ensuring that Airworthiness standards are met and that flight operations are compliant with applicable regulations for each site.

ILS Manager (Canada)

Responsible for facility management, site setup, sparing and provisioning levels for remote operations, you will coordinate subcontracts and be responsible for logistics support analysis, shipping, and import/export controls with respect to both domestic and deployed UAV (Heron) operations. The ILS Manager is the key customer point of contact for RMA, logistics, tech pubs and training.

Air Vehicle Operators (AVO)/Operations Managers (Afghanistan)

AVO/Operations Managers will oversee mission planning tasks, assist in the set-up and deployment of the UAV, operate the UAV system and installed sensors, use and maintain operations records and documentation, conduct post-flight debriefings, and serve as MDA's on-site manager when assigned that role.

For complete job descriptions, terms of employment, and a summary of skills and experience necessary for consideration, please visit us online at: www.mdacorporation.com/careers

Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue only covers for the next couple of weeks. For future and ongoing programs and services, please visit our website at www.greenwoodmfr.ca or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

Note: We are sorry for any inconvenience this may cause, but to keep costs down, the only methods of payment accepted for workshop registrations is cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration.



July 5th - July 7th

Sun • 2 & 7 & 9 p.m.
Mon-Tues • 7 & 9 p.m.

ICE AGE 3

Dawn of the
Dinosaurs
Rated G

While you are at the theatre enter to win an iPod Nano. We will be giving away 1 a month.

Dolby EX Digital Sound
Come See it on the Big Screen www.zedex.ca

Kingston Legion



Prize Money
Guaranteed: \$2,500

BOOKLET BINGO

Sunday, 1:45 p.m.
Tuesday, 7:45 p.m.

Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

Lic.#

35542-96



Employment and Education Services

Coordinator: Stephanie
Townsend at 765-5611 local
1816 or email
employmentgmfrc@eastlink.ca

Upcoming programs or services

Multicultural Coffee Group

Wednesday, July 15th, 2009
1:00 p.m. - 3:00 p.m.
GMFRC Classroom 1
FREE

CF Recruiting

Monday, July 20th, 2009
GMFRC Classroom 1
FREE

Employment Ongoing Services

- Resume and Cover Letter Creation and Modification
- Resume Updating
- Career Assessment / Counseling
- Job Search Assistance
- Interview Skill Building
- Information on Small Business Planning
- Information on Military Home-based Business Network
- Magazines and Books exchange
- Employment Computer Available
- Portfolio Development

Community Informa- tion Services

Coordinator: Nicole
Godin at 765-1494 local
5941 or email
nicole.godin@forces.gc.ca

Ongoing Services

- Greenwood Welcome package
- GMFRC Virtual Welcome package
- New Arrivals Registration
- Welcome GMFRC visit/tour and Welcome Gift
- GMFRC Welcome Calls
- GMFRC Email Information Newsletter
- GMFRC Website
- Community Information Database

Outreach to Reserve Units

Deployment Services

Coordinator: Vacant, for
information please call 765-
5611

Upcoming programs or services

Deployed Families Adult Pool Night at Dooley's

Monday, July 6th, 2009
8:00 p.m. - 10:00 p.m.
Location: Dooley's in Green-
wood

Registration deadline: Mon-
day, July 6th, 2009

Call 765-5611 to Register

Deployed Families Card/ Craft Club

Wednesday, July 22nd,
2009

9:00 a.m. - 11:00 a.m.
GMFRC

Registration deadline: Mon-
day, July 20th, 2009

Call 765-5611 to Register

Casual childcare is not
available during the summer.

If childcare creates a barrier
please do not hesitate to con-
tact the GMFRC.

Deployed Families Adult Dinner Out

Friday, July 31st, 2009
5:30 p.m. - 8:30 p.m.

Location: To be Determined

Pay the cost of your own
meal

Registration deadline:
Wednesday, July 29th, 2009

Call 765-5611 to Register

Is your military member away?

If you have a military fam-
ily member who is away

(spouse, son, daughter, part-
ner, grandchild, etc) on oper-
ational duty - including

deployments, courses, TD, &
so on - & you haven't heard

from the GMFRC, please give
us a call & we'll set you up

with any of our programs/
services/activities that may

interest you. We do not know
you're out there unless you
let us know.

All of our ongoing activi-
ties are open to ALL families

experiencing a family separa-
tion due to operational re-
quirements. We offer pre, dur-
ing, & post deployment infor-
mation, assistance, outreach,
& support to anyone who
chooses to participate. Just
give us a call!

**For respite childcare of-
ferings for deployed fami-
lies, see details under Chil-
dren and Youth Services*

Prevention, Support and Intervention Services

Coordinator: Jennifer
Calkin, for information
please call 765-1494 local
1811

Ongoing Services

- Emergency Shelter
- Resource Library
- Assessment and referral
- Short term support
- Crisis Intervention

Children and Youth Services

Coordinator: Kim Dixon at
765-1494 local 1812 or email
at kim.dixon@forces.gc.ca

Upcoming programs or services

Summer Teen Babysitting Program

Monday to Friday
Thursday, July 2nd, 2009 to
Friday, August, 21st, 2009

8:30 a.m. - 3:30 p.m.
GMFRC

\$5 per family per hour

Children ages 3 months and
up

Must book in advance with
the Coordinator of Child and
Youth Services

Emergency Childcare In- formation Session

Wednesday, July 29th 2009
10:00 a.m. - 11:00 a.m.

FREE
GMFRC

Youth Council

This program will be closed
in July & August but will
resume in the fall

4:00 p.m. - 5:00 p.m.

14 Wing Community Centre

FREE
Youth aged 14 and up

Academic Tutoring Service

Our program will be closed
in July & August but will
resume starting Tuesday, Sep-
tember 14th 2009

Time scheduled with fami-
lies & tutor

Children in grade P-12
FREE

A tutor request form is
available at GMFRC

Parent & Tot Program

Our program will be closed
in July & August but will
resume every Monday start-
ing September 14th 2009

9:30 a.m. - 10:30 a.m.

FREE
Ages 3 - 5

Drop in - no registration
required

Toddler Tuesdays Pro- gram

Our program will be closed
in July & August but will
resume every Tuesday start-
ing Tuesday, September 8th
2009

9:30 a.m. - 10:30 a.m.
FREE

Ages 1 - 3 years

Drop in - no registration
required

Tumble Tots

Our program will be closed
in July & August but will
resume every Wednesday
starting September 9th, 2009

GMFRC gym

9:30 a.m. - 10:30 a.m.

Ages 1 - 5 years
FREE

Drop in - no registration
required

Baby Club

Our program will be closed
in July & August but will
resume our meetings starting
Thursday, September 3rd, 2009

10:00 a.m. - 12:00 p.m.

FREE

Ages 0 - 1

Drop in - no registration
required

Respite Dates

Saturday, July 18th, 2009
9:00 a.m. - 5:00 p.m.

Children up to age 12

Free to CF Families who
currently have a partner de-
ployed

Registration deadline:
Thursday, July 16th, 2009

Volunteer Services

Coordinator: Janie
Gagnon at 765-1494 local
5938 or email at
janie.gagnon@forces.gc.ca

Upcoming Work- shop

Facilitator Training

Trainings:

• Introduction on Wednes-
day, July 08th, 2009 from 1:00
p.m. to 2:00 p.m.

• General on Monday, July
13th, 2009 from 10:00 a.m. to
12:00 p.m.

• Specific to be determined
with Kim Dixon
GMFRC

Volunteers needed: 2 or
more

To facilitate a group of chil-
dren who are experiencing a
deployed parent(s). Must be
available to work 2 hours per
month during the evening,
starting September 2009.

Ribbon Blitz during Steer BBQ

Saturday, July 11th, 2009
12:00 p.m. - 2:00 p.m.

Around Kingston Arena

Volunteers Needed: 2

Summer Camp Assis- tants*

Dates:

Week 1 (Monday, July, 6th -
Friday, July 10th)

Week 2 (Monday, July 13th
- Friday, July 17th)

Week 3 (Monday, July 20th
- Friday, July 24th)

Week 4 (Monday, July 27th
- Friday, July 31st)

Time: From 8:30 a.m. to
12:00 p.m.

Where: GMFRC Casual
Care Room

Volunteers needed: 2 per
day

Assist the summer camp
leaders with the children's
program. Must enjoy working
in a group setting with chil-
dren ages 3 to 5 years. If vol-
unteer have children ages 3
to 5 years, they can attend
camp for free while volunteer-
ing. Need some bilingual vol-
unteers.

Support Our Troops BBQ and Awareness

Friday, July 24th, 2009
10:30 a.m. - 2:30 p.m.

Saturday, July 25th, 2009
10:30 a.m. - 4:00 p.m.

Greenwood Sobeys

Volunteers Needed: 5 per
shift (Shifts can be broken
down to smaller time frames)

Comité francophone

End of July

Time unknown
GMFRC

Volunteers Needed: Many

Plan the calendar of
francophone activities.

Warm Line Callers

Ongoing need

Flexible (2 hours per month)
GMFRC or from home

Registration deadline: Open

Volunteers needed: Many
(you will receive a prior train-
ing)

* Suitable for our awesome
Youth Volunteers!

Special Events and Promotions

Coordinator: Michelle
Thibodeau Wagner at 765-
1494 local 1421 or email
michelle.thibodeau-wagner@forces.gc.ca

Upcoming Events

Red Friday

Don't forget to wear red to
show support to our troops
each Friday

Fundraising BBQ

Friday, July 24th and Satur-
day, July 25th

Friday from 10:30 a.m. - 2:00
p.m. and Saturday from 10:30
a.m. - 4:00 p.m.

Sobeys Greenwood

The GMFRC, in partnership
with Sobeys, will be hosting
a fundraising BBQ, 100% of
the proceeds to fund GMFRC
programs which include par-
cels to the troops and activi-
ties for deployed families

Ongoing Services

- Red Friday Promotions
- Yellow Ribbon Campaign
- Support our Troops Aware-
ness Campaign
- Military Families Strength
Behind the Uniform Cam-
paign
- GMFRC and Community
Special events planning
- Morale Mail Packages to
the Troops

CUCINA AURORA



Shrimp Potato Salad

4-6 new potatoes, whole	2 Tbs. chopped pickles
1/2 cup chopped green onions	Salad oil
1/2 cup chopped celery	Vinegar
1 hard-boiled egg	Mayonnaise
1 lb. cooked Shrimp, cut in half	Salt and pepper to taste

Boil potatoes, peel and coat with salad oil while
still warm. Add a little vinegar, then enough of the
other ingredients to taste. Add enough mayonnaise
to hold together. Enjoy!



Chief Executive Officer (C.E.O.) of the museum, Colonel Brian Handley (Retired) presents Lieutenant Colonel Philip Garbutt, the Commanding Officer of 14 Air Maintenance Squadron with a desk set to thank him for his tenure over the last year as co-chair of the Museum.

Volunteer Appreciation Day

By: Wayne Bailey

The G.M.A.M. (Greenwood Military Aviation Museum) hosted Volunteer Appreciation Day on Wednesday 24th of June, 2009 at the VPI facility, where the museums Chief Executive Officer (C.E.O.) Colonel Brian Handley (Retired) thanked the many volunteers in attendance for their many contributions. These included conducting tours for museum visitors, tourists, school field trips, and cadets, working to display artefacts, and aircraft restoration, to name only a few of their activities.

C.E.O. Brian Handley also presented to the Wing Commander, Colonel Derek Joyce a large framed picture of the Wing's recently restored Anson aircraft in recognition of his support to the Museum. He then thanked the volunteers and the staff of the GMAM for all their hard work and dedication. Lieutenant Colonel Philip Garbutt, the Commanding Officer of 14 Air Maintenance Squadron then received a desk set to thank him for his tenure over the last year as co-chair of the Museum.

All in attendance extended a hearty Bon Voyage to both Officers, as they will be posted out this summer.



Chief Executive Officer (C.E.O.) of the museum, Colonel Brian Handley (Retired) presents the Wing Commander, Colonel Derek Joyce with a large framed picture of the Wing's recently restored Anson aircraft in recognition of his support to the Museum.

Canadian Aviation Artists - Centennial of Flight Show and Sale at Greenwood Museum

The Canadian Aviation Artists Association (CAAA), composed of Canada's premiere aviation artists, produced 35 paintings to celebrate 100 years of flight in Canada. This exhibition has been at the Bell Museum in Baddeck since the beginning of the Centennial year celebrations and is now resident in the Greenwood Military Aviation Museum (GMAM) until 21 July.



Many paintings by CAAA artists are owned by the Museum and on daily display; this particular exhibition por-

trays Canada's long history in aviation and covers the range of aviation activities.

The exhibition will be mounted in the Museum Conference Room and is open to the public 9:00 am to 5:00 pm; there is no admission charge.

The Greenwood Museum is an exciting repository of information, artifacts and aircraft depicting the history and heritage of the Wing since its open-

ing in 1942. A Museum Centennial of Flight display in the Greenwood Mall also traces the history of Greenwood's participation in Air Force history and is part of the many 14 Wing

activities celebrating this important Canadian event.



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Michael Arenburg and Brooke Cogswell, First Place Winners Junior Kit Built.

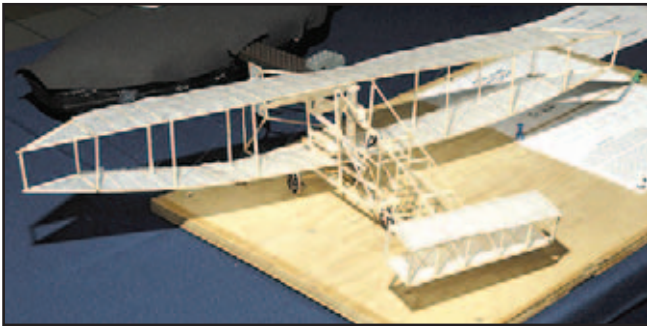
Model Contest Winners



Avro Arrow by Brodie Carter.



Brandon Oden receives his first place certificate for the Junior Scratch Built.



The Silver Dart by Michael and Brooke.



Avro Lancaster by Andrew Garbutt.



Brodie Carter, First Place Primary Scratch Built.

As part of the celebrations to mark 100 years of Canadian powered flight, a model contest was held by the 14 Wing Greenwood Centennial of Flight Committee. Local youth were challenged to create models of aircraft either from scratch, or by using a kit. Lots of hard work went into the entries received, and several winners were named. Brendan Boswall won first place in the rookie category for his scratch built model, known as the B-man Bomber.

First place in the primary category went to Brodie Carter for his scratch built model of the Avro Arrow. Brendan and Brodie each won a certificate and a ribbon for their hard work. Eleven year old Brooke Cogswell and twelve year old Michael Arenburg teamed up to win first place in the junior kit category for their kit built model of the Silver Dart. Eleven year old Brandon Oden won first place in the junior scratch category for the Hawker Sea Fury he built from scratch.

Finally, in first place in the intermediate division was 14 year old Andrew Garbutt for his Avro Lancaster. Brooke, Michael, Brandon and Andrew each won an exclusive chocolate-wrapped ticket to the Night at the Museum event held at the end of May. Congratulations to all the winners. The winners and their winning entries are pictured. (No photo available: - Brendan Boswall, First Place Rookie Category.)

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10-48A	1998	TERCEL 4DR	BLUE	4	A	AM/FM/CASS.	196000	4495
10-73A	2003	COROLLA CE BA	BEIGE	4	A	AC,PDL,CD	100000	8995
10-38A	2005	CAMRY LE AA	GREEN	4	A	AC,PW,PDL,CRU	113000	13995
10-134A	2005	COROLLA CE BA	SILVER	4	A	AC,PDL,CRU,CD	25000	12995
09-374A	2006	PURSUIT G5	SILVER	4	5	CD, SPOILER	93000	6995
09-524A	2006	PRIUS HYBRID	RED	4	A	AC,PW,PDL,CRU	63000	20995
09-366B	2006	COROLLA CE BA	BEIGE	4	A	AC,PDL,CD	78000	12995
10-30A	2006	CAMRY LE AA	GREY	4	A	AC,PW,PDL,CD	83000	16995
10-26A	2006	COROLLA CE	BLUE	4	A	AC,PW,PDL,CRU	84000	12995
10-15A	2006	AVALON XLS	BLUE	6	A	LEATHER/LOADED	120000	18995
10-71A	2006	COROLLA CE AA	RED	4	5	CD	95000	9995
U1560	2007	KAWASAKI 1600	BLK/RED	2	5	MEANSTREAK	1400	11995
10-94A	2007	COROLLA LE AA	SILVER	4	A	AC,PW,PDL,CRU	35000	15995
STEVEN	2007	RANGER SPORT	RED	6	5	2WD,AC,SUPERCAB	30000	12995
U1642	2008	YARIS SEDAN	SILVER	4	A	A/C	22000	14995
U1638	2008	YARIS SEDAN	RED	4	A	A/C	23000	14995
U1653	2008	PRIUS HYBRID	BLUE	4	A	AC,PW,PDL,CRU	51000	23995

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The B-man Bomber by Brendan Boswall.



Hawker Sea Fury by Brandon Oden.



Andrew Garbutt receives his first place certificate for the Intermediate Kit Built Model Contest.

SWIMMING REGISTRATION LESSONS
 ~ Section 2 ~
 July 13 • 8:30am - 2:30pm
 July 14 • 4:00pm - 7:00pm

LOCATION • OUTDOOR POOL
 14 Wing Community Centre

Contact Yvonne Clarke
 at 765-1494 ext. 1500

Presentation of Bursaries to West Kings Students

Again this year Markland Masonic Lodge #99 of Kingston has awarded two bursaries to graduating students from West Kings high School. The awards are for 500 dollars each and are given in association with the Grand Lodge of Ancient Free and Accepted Masons of Nova Scotia.

The Bursaries were presented to Christa Skinner and Russel Pollard by VWBro David Kennedy the Master of Markland Lodge.

(L-R): Russel Pollard, VWBro David Kennedy, Christa Skinner. (Photo: Submitted)



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 Sunday, July 5 to
 Saturday, July 11, 2009

The 19th Hole

The weatherman said it would rain all week and since I am on vacation that didn't quite sit right with me...he was sooo wrong. I managed to golf every day last week.

One day last week I had the pleasure of playing a round of golf with Glen, Doug and Pat...we played a game that involved cards (Made by our good friend Brian Walker). It is amazing how competitive people get when ten cents is involved. Pat won several cards on hole #15, first he was in the water behind the Ladies Tee Box and then his next hit took him level with the Ladies

Tee Markers, so on his 4th shot he was on his way...muttering about something like this better not make the paper! Wrong!

Scottie tells me that Doug C has a new name...Weeble Wooble, but he won't fall down. I am sure there is a good story behind that one. I also hear that our tooth fairy doesn't get toothpaste on his clothes...wonder why? During the recent PEI Trip, Scottie had the honour of winning the coveted Plaid Jacket...well done.

I noticed some of the ladies out doing some weeding in the gardens, they look nice and

their efforts are appreciated. Rose and Gail have donated some rhododendron bushes and they are planted in front of the deck. Thanks.

I don't have the results of the Regionals, but rumour has it that Gagetown won.

Next week's schedule looks like this:

Monday June 6 - Jr. Program 1300

Tuesday June 7 - Men's Night

Wednesday June 8 - Intersection and Ladies Night

Thursday June 9 - RETERN 0900 Shotgun

Friday June 10 - 0830

Shotgun..WLEO...Members Play Free at Paragon

Sunday June 11 - Men's and Ladies

President/Vice President Tournament 0800 Check Bulletin Boards for info.

There is a special deal at the Pro Shop. If you spend \$75.00 before taxes in the Pro Shop on one transaction, your name will be entered in a draw for a Titleist "Canada" stand bag.

The schedule for this month is "less busy", so why not come out and enjoy a round of golf. The course is in great shape. Hats off to the Maintenance Staff...great job. Later in the month, there is going to be a Matchplay Challenge...Habs vs. Leafs...now that should be interesting. Check with Mike on this one.

The Shoot Out is filling up, so if you haven't sent your

entry in, contact Doug Carpenter or Scottie Cooper. Also, don't forget to send your entry in for the Fall Ball Mixed tournament...contact Sandy Adams on that one.

Until next week, hope everyone had a great Canada Day, hope there will be some Red and White pictures for the next issue. Keep up the pace of play and enjoy this wonderful game.

WAR/PT

Summer Babysitting at the GMFRC is back!

Are you looking for a few hours to go grocery shopping? How about going to the gym a few days per week or grabbing a great cup of coffee with a friend?

The GMFRC recognizes the need for short-term childcare for military families during the summer months, and will be re-offering the Teen Babysitting Service this summer. This is a great opportunity for military families who are looking for short-term childcare during the months of July & August, or are simply trying to find a

kind and reliable teen sitter. All of our teens must have completed a Babysitting Course, First Aid /CPR and be 16 years old and up.

If you would like more information on this program, or would like to book a time for your child, please contact Kim Dixon, Coordinator of Children and Youth Services at the GMFRC or call local 1812. Space is limited to a maximum of 5 children; however due to the ages of children in care the number of children registered may be reduced.

Bubbles of Fun!



After a fun morning of learning about springtime the children from Morfee Annex Nursery School enjoyed the end of the day by blowing some bubbles. Lots of laughs for the young ones and a great stress reliever for all of us older ones!

Morfee Annex Nursery School is now registering children for their English or French Immersion Nursery and Preschool programs for Fall 2009. Space is getting limited, if you have any questions or wish to register please contact Maurina Duret at 765-1494 ext.5301 or Community Centre at 765-1494 ext.5341.

Fun in the SUN
Summer Sidewalk Sale
 Save up to 50%
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 ENHANCE YOUR SUMMER LIFESTYLE
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 E-mail roderick.reeves@forces.gc.ca

Quantities are Limited!

\$15 each or \$25
 When you buy a T-SHIRT and a LICENSE PLATE

Tax included in the price.

Whale Watching Trip

Sunday, July 26, 9:45 a.m. – 8:30 p.m.

For the last weekend in July, we are planning a Whale Watching trip with Brier Island Whale and Seabird Cruises. The cost includes transportation and boat fees; although, this does not include a lunch, please provide your own lunch or snacks.

We will be leaving at 9:45 a.m. and returning home around 8:30 p.m., this will be an all day trip. We may stop for an ice cream treat on the drive back home; however, there will be no

other stops. The cost for children 12 and under is \$25.00, and for children/adults 13 and older, \$35.00. Any child under the age of 12 must be accompanied by an adult 19 years or older.

Space is limited, so we recommend that you register at the Main office in the Community Centre. Please register no later than Tuesday, July 21.

If you have any questions, please call us at 765-1494 extension 5341. We look forward to seeing you and having a great day!

Keeping Home and Play Safe: Important Safety Tips for Parents and Caregivers

By: Dr. David Butler-Jones MD, - Chief Public Health Officer of Canada

A report recently published by the Public Health Agency of Canada reveals that unintentional injuries are the leading cause of death among Canadian children aged 1 to 19 and are the third leading cause of hospital visits. Many of these injuries are caused by car accidents; however, many are also caused by common household and play items, such as playground equipment, bicycles, skateboards, trampolines and furniture.

It's important that parents and caregivers remember to enforce basic safety messages such as always wearing properly-fitted helmets when cycling, skateboarding or rollerblading and following water-safety rules around pools, lakes and rivers.

As trampolines become increasingly common in backyards across Canada, so do the injuries associated with them. Following some basic safety advice goes a long way in helping to prevent potentially serious injuries.

Do:

- Carefully read and follow assembly instructions
- Provide supervision, even when safety nets are being used

- Ensure that your trampoline meets current international safety regulations

- Set up your trampoline on level-ground, away from structures, and surround with sand or loose fill

Don't:

- Allow a child younger than six years of age to use the trampoline

- Allow more than one child to use the trampoline at the same time

- Wear clothes or jewellery that could catch

- Attempt somersaults or flips without the supervision of a certified trampoline instructor.

With infants and toddlers, there are a number of common household products that can

lead to injury. Some are "hidden" hazards, such as televisions, magnets in toys and blind cords, and some are more obvious, such as bunk beds. To avoid injuries in the home, make sure that furniture and electronics are properly secured, using the proper angle braces and anchors when necessary. Televisions should be placed on low, stable furniture and electric cords should be hidden. Blind cords should be cut short or wound up. Remember to keep cribs, highchairs and playpens away from windows or patio doors, where a child could more easily reach a blind or curtain cord.

Parents should also be aware that baby walkers are now banned in Canada and shouldn't be bought used at garage sales or at second-hand stores.

Exercise caution when using infant bath seats or bath rings, which present a drowning risk when children are left in them unsupervised. Watch young children carefully while in the bathtub, keeping them in sight and within arm's reach at all times. A child can drown in as little as two inches of water and in just a few minutes - if you have to

leave the room, even just to answer the phone, take your child with you.

Keeping children safe is every parent's first priority. For more information on consumer product safety and injury prevention, visit the Public Health Agency of Canada website at

www.publichealth.gc.ca to access the Child and Youth Injury in Review 2009 Edition - Spotlight on Consumer Product Safety.

Dr. David Butler-Jones is Canada's first Chief Public Health Officer and is head of the Public Health Agency of Canada.

*Gates
Phillips*

David Gates & Ann Keddy together with Gary & Linda Phillips would like to announce the marriage of their children, Jennifer Ann Gates & Michael Cecil Phillips.

Wedding to take place August First, 2009 Wolfville

GMFRC • Feature of the Week

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at Gagnon.JMC@forces.gc.ca

Summer Camp Assistants*

Dates:
Week 1 Monday, July, 6th – Friday, July 10th
Week 2 Monday, July 13th – Friday, July 17th
Week 3 Monday, July 20th – Friday, July 24th
Week 4 Monday, July 27th – Friday, July 31st

Time: From 8:30 a.m. to 12:00 p.m.
Where: GMFRC Casual Care Room
Volunteers needed: 2 per day

Assist the summer camp leaders with the children's program. Must enjoy working in a group setting with children ages 3 to 5 years. If volunteer have children ages 3 to 5 years, they can attend camp for free while volunteering. Bilingual volunteers needed.

CRFMG - Publicité de la semaine

Service de benevolat

Coordonatrice Janie Gagnon au 765-1494 local 5938 ou courriel à Janie.Gagnon@forces.gc.ca

Assistants pour le camp d'été

Date :
1^{ère} semaine lundi le 6 juillet au vendredi le 10 juillet
2^{ème} semaine lundi le 13 juillet au vendredi le 17 juillet
3^{ème} semaine lundi le 20 juillet au vendredi le 24 juillet
4^{ème} semaine lundi le 27 juillet au vendredi le 31 juillet
De 8h30 à 12h00 (midi)
Où : salle de la halte-garderie du CRFMG
Bénévoles demandés : 2 par jour

Devra assister les chefs de camp avec les programmes pour enfants. Doit aimer travailler en groupe avec des enfants de 3 à 5 ans. Si le/la bénévole a des enfants du même âge, ils pourront participer au camp gratuitement au moment où l'adulte exécute son bénévolat. Nous avons besoin de bénévoles bilingues.

Kingston Legion Br 98 ~ July 2009

Office 765-4920 • Bar 765-4428 • Fax 765-2479 • E-Mail legion98members@ns.sympatico.ca

Sun	Mon	Tues	Wed	Thu	Fri	Sat
Events Subject to Change Without Notice.			1	2	3	4
Members & Guests Welcome!				CRIB	STABLE COUNTRY	MEAT CRIB
5	6	7	8	9	10	11
BINGO	EUCHRE	BINGO		CRIB	TBA	CRIB
12	13	14	15	16	17	18
BINGO	EUCHRE	BINGO		CRIB	TBA	
19	20	21	22	23	24	25
BINGO	EXEC MTG EUCHRE	BINGO		CRIB	4 WAYSTOP	
26	27	28	29	30	31	
BINGO	EUCHRE	BINGO		CRIB	TBA	

Legion Calendar Sponsored by **PHARMASAVE VALLEY DRUG MART**

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In Memory
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~ **Keddy - Keith M.** ~
 January 20/1944 - July 13/2008

The true measure of a man is not what he acquires in his lifetime, but what he leaves behind.

He was a warm and generous person who gave so much of himself and brought so much happiness into the lives of others. He made a wonderful difference in the world... and he will never be forgotten.

~ **Always Remembered Forever Loved** ~
 ~ **Wife - Janice** ~
Children - Troy & Jaime, Mark & Kara, Randy & Correna, Krista & Rod & Grandchildren

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Historic Aircraft that Played a Significant Role in Canadian Aviation Heritage

Submitted by: Bryan Nelson, Executive Director, Canadian Aeronautical Preservation Association



Bellanca 31-55 Senior Skyrocket

First introduced in 1935, it was only after the Second World War that the Senior Skyrocket received any Canadian attention. In 1945, William Brintnell formed Northwest Industries in Edmonton, obtaining the rights to manufacture the Senior Skyrocket in Canada. This was the start of Northwest Industries.

The Senior Skyrocket was a derivative of the successful Bellanca CH-300 and CH-400 bushplane. When Northwest Industries began manufacturing of the Senior Skyrocket they added flaps and increased the ailerons to give them a wider chord. The cabin was also strengthened to make it more suitable for bush flying, with easy

to remove seats. With its large cargo capacity and improved performance and ability to operate with skis, floats or wheels, the Senior Skyrocket could have been a successful bushplane; however, other factors mitigated its potential. After the Second World War, thousands of warplanes became surplus, including such solid bushplanes as the Noorduyn Norseman. As a result, only 13 Senior Skyrockets were built in Canada between 1945 and 1949, in addition to the seven built in the United States. The Canadian ones were sold to

mineral exploration companies and small airlines such as Pacific Western Airlines.

Only one Canadian-built Senior Skyrocket, the prototype CF-DCH, remains in existence. The poor sales of the Senior Skyrocket resulted in Northwest Industries moving out of the manufacturing business and successfully specializing in aircraft and engine overhaul and repair operations.

Bellanca 31-55 Senior Skyrocket

Entré en service en 1935, le Senior Skyrocket doit attendre après la Seconde Guerre mondiale pour attirer l'attention du Canada. En 1945, William Brintnell fonde Northwest Industries, à Edmonton, obtenant les droits de construction pour assembler le Senior Skyrocket au Canada.

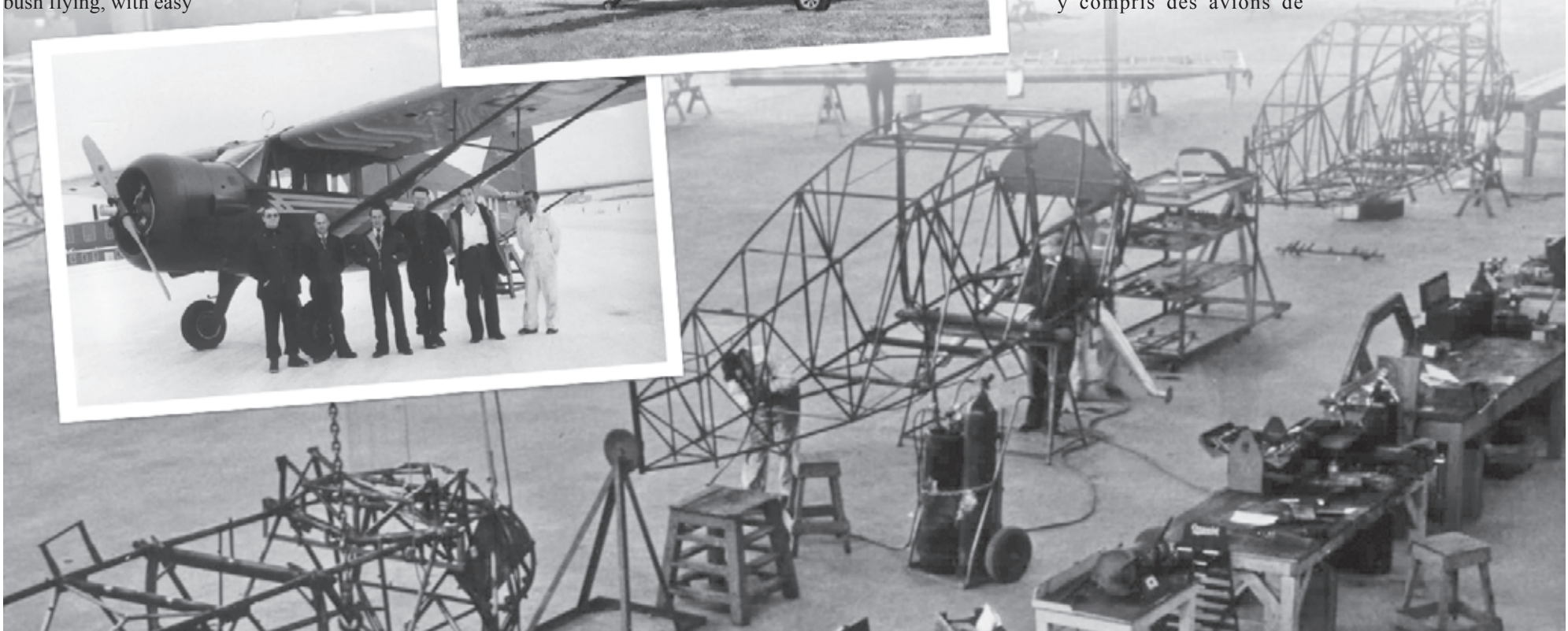
Le Senior Skyrocket est une version dérivée des avions Bellanca CH300 et CH400 Skyrocket qui ont connu un

franc succès, et il est aussi le dernier avion de brousse de Bellanca. Lorsque Northwest Industries commence à assembler le Senior Skyrocket, l'entreprise ajoute des volets et augmente la surface des ailerons pour leur donner une plus grande corde. La cabine est aussi renforcée pour être plus conforme au vol de brousse, les sièges s'enlevant facilement.

Grâce à sa grande capacité d'emport, à ses performances améliorées et à sa capacité d'évoluer sur skis, flotteurs ou roues, le Senior Skyrocket aurait pu devenir un brillant avion de brousse; cependant, d'autres facteurs viennent assombrir son potentiel. Après la Seconde Guerre mondiale, des milliers d'avions de guerre deviennent excédentaires, y compris des avions de

brousse éprouvés comme le Noorduyn Norseman. Par conséquent, seulement 13 Senior Skyrocket sont construits au Canada entre 1945 et 1949, en plus des 7 construits aux États-Unis. Les appareils canadiens sont vendus à des sociétés minières et à de petites lignes aériennes comme Pacific Western Airlines.

Seulement un Senior Skyrocket construit au Canada, le prototype CF-DCH, existe encore aujourd'hui. Les mauvaises ventes du Senior Skyrocket ont amené Northwest Industries à mettre fin à ses activités d'assemblage et à se spécialiser avec succès dans la révision et la réparation d'aéronefs et de moteurs.



*If you want to drink ~ That is your business
If you want to stop drinking ~ That is our business.*



AA meetings every Tuesday at 8 p.m. at St. Mark's Protestant Chapel

EAP

Employee Assistance Program

When you need someone to talk to, call:

- Al MacDonald 1532**
- Wayne Atwater 5567**
- Darlene Richards .. 3119**
- Debby Benda 3340**

Make a Difference
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GMFRC Closure – Friday July 10th, 2009

Please be advised that the GMFRC will be closed from 12:00 to 4:00 p.m. on Friday, July 10th, 2009

for the staff to attend a professional development opportunity.

If you need assistance during the closed hours, please call the Wing Ops at 5457.

The GMFRC will reopen on Monday, July 13th, 2009 at 8:00 a.m.

Margaret Reid, GMFRC Executive Director

GMFRC • Feature of the Week

Special Events and Promotion

Coordinator: Michelle Thibodeau-Wagner at 765-1494 local 1421 or email at Michelle.Thibodeau-Wagner@forces.gc.ca

Fundraising BBQ

Friday, July 24th and Saturday, July 25th, 2009

Friday from 10:30 a.m. - 2:00 p.m. and Saturday from 10:30 a.m. - 4:00 p.m.

Sobeys Greenwood

The GMFRC, in partnership with Sobeys, will be hosting a fundraising BBQ, 100% of the proceeds to fund GMFRC programs which include parcels to the troops and activities for deployed families.



THE MUNICIPALITY OF THE COUNTY OF KINGS

87 Cornwallis Street PO Box 100
Kentville, NS B4N 3W3

TENDER 09-13

AYLESFORD STP – UV DISINFECTION UPGRADES

The Municipality of the County of Kings, Department of Engineering & Public Works invites tenders for the supply of the following:

- Construction and installation of a new effluent UV disinfection building and related equipment; and
- Supply and installation of a new 8 inch diameter effluent feed pipe at the sewage treatment plant in Aylesford, NS

Specifications and tender forms may be picked up at the office of the Department of Engineering & Public Works, after 12:00 pm on June 30, 2009 at the Municipal Complex, 87 Cornwallis Street, Kentville, NS, Monday to Friday from 8:30 am to 4:30 pm. Tender documents may be viewed at the offices of the Construction Association of Nova Scotia located at 260 Brownlow Avenue – Unit 3, Dartmouth, NS.

Specific inquiries pertaining to this tender may be directed to Mark Bouter at ABL Environmental mbouter@ablenvironmental.com or (902) 678-3359.

SEALED TENDERS WILL BE ACCEPTED UNTIL 2:00PM Thursday, July 23, 2009

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

Tel: (902) 690-6195 Fax: (902) 679-0911
Local from Kingston & Greenwood (902) 847-3051
Toll Free: 1-888-337-2999
www.county.kings.ns.ca

Summer Camp Kick-Off Week!

Summer is here and camp is in session! Summer Camp at 14 Wing Greenwood Community Centre has begun! The fun has started in our three summer camps: Sports Camp, French Camp and Day Camp.

The three camps hosted a Summer Kick-Off Party for the community to come and see how great spending time in summer camp can be. We had free bounce kingdom, cotton candy, tattoos, crafts and games. Then starting on Tuesday, all three camps celebrated the summer's start with games, crafts, and an inter-camp cookie

decorating contest. This is only part of the other great things campers did last week!

French camp celebrated carnival-style, starting the summer off with creative crafts, games and exciting activities! We visited Sobeys where we baked yummy treats for a snack. French Campers also made cards in support of our troops. We would like to thank the MFRC who will be sending off our cards and Sobeys for their help on our cooking day.

Day Camp spent time enjoying the week outside

at the park where they played many fun games. They also "kicked off" their street shoes for a pair of bowling shoes and went GLOW BOWLING! Along with all of this, Day Campers played fun activities and did many neat crafts!

Sports Camp kicked off the summer by playing a wide variety of sports! There's nothing better than physical activity, friends and fun to start the summer off right! Sports played include volleyball, lacrosse, badminton and even squash over at the F&S Centre. We would like to thank the F&S

Centre staff for making our day at the squash courts and gym so great.

The Kick-Off week was one to remember and is just the start to many more great summer weeks! There is still room in many of the camps for new campers, but come register soon to save your spot! For more information, updates and changes, please check the upcoming editions of the Aurora or call us at the Community Centre at 765-1494 ext. 5341, 5337, or 5331.

With new fun and new friends, this summer has *officially* BEGUN!

DAY CAMP

WEEK 2: JUNIOR EINSTEIN (July 6 - July 10)

Join us as we create, explore and discover science! Be prepared for a bang as we take a TRIP TO DISCOVERY CENTER for more science.

WEEK 3: TIS THE SEASON (July 13 - July 17)

This week we will take a TRIP TO celebrate Christmas, Halloween and even a TRIP TO PUTTING EDGE! We will end the week with a TRIP TO PUTTING EDGE!

WEEK 4: WALK OF FAME (July 20 - July 24)

This week we will pamper and spoil ourselves as we live the life of celebrities. We will bring out our own plays!! Then we will have a TRIP TO ICE AGE 3 in 3D!!!

WEEK 5: WILD ADVENTURE WEEK (July 27 - July 31)

Up for an adventure? Join us as we search, hike and learn survival skills as we head to OAKLAWN for a day of animal adventure.

WEEK 6: GAME, SET, MATCH (August 4 - August 7)

Bring your game face this week as we stretch and dance our way to a week full of different challenges and games. We will be heading to Sports camp for a day to shoot some hoops, and then downstairs for some GLOW BOWLING!

WEEK 7: ART WEEK (August 10 - August 14)

This week we will draw, paint, sculpt and design master pieces! Come and bring your creative ideas to the Community Centre, then we will have a TRIP TO AYLESFORD LAKE for a relaxing day in the sun!

WEEK 8: WHEN I GROW UP (August 17 - August 21)

What do you want to be when you grow up?? This week we will explore the world of different occupations. We will even head to SOBEYS for a cooking lesson and host our own Camp Olympics!!

FRENCH CAMP

WEEK 2: Mardi Gras Madness (July 6 - July 10)

Let's celebrate Mardi Gras!! We'll be making crafts, playing games & making our very own Mardi Gras costume! A special guest will appear and wow the kids with some magic! Also, we'll be going GLOW BOWLING!

WEEK 3: On a Safari Ride (July 13 - July 17)

This week we will be exploring the wild! All week long we'll be making "wild" animal crafts & treats and play some wild games! Trip: Oaklawn Farm ZOO!

WEEK 4: Blast from the Past (July 20 - July 24)

Get your time-traveling boots on! This week we'll be making a Time Machine to explore the past & the future. We'll start in the dinosaur age and then move ahead in time to make our own robots! TRIP: Imax for the new Ice Age 3 movie in 3D!!!

WEEK 5: A Passport to Adventure (July 27 - July 31)

All aboard! This week we'll be jet-setting across the world to explore countries like, India, Australia & Mexico! Also, a yoga lesson & GLOW BOWLING!

WEEK 6: Crazy Inventions (August 4 - August 7)

It's time to explore the world of science! This week we'll be making cool crafts like tie-dye and silly putty. We'll also be doing some cool experiments and inventing our own rockets! TRIP: Discovery Center!!

WEEK 7: Enviro-Heros (August 10 - August 14)

Enviro-heros to the rescue! This week is all about saving the environment! We'll be making crafts from recyclables and also going on an adventure walk! TRIP: Aylesford Lake!

WEEK 8: Let the Games Begin (August 17-August 21)

1-2-3, Go Team! This week we'll be playing games and activities every day! We'll even have our own Camp Olympics! TRIP: Putting Edge for a day of glow-in-the-dark mini putt!

SPORTS CAMP

WEEK 2: Soccer Week (July 6 - July 10)

We'll be learning skillz and playing drillz, World Cup, a TRIP TO PLAYLAND for the waterslide & go-karts! Also, we'll be going on a road trip to WINDSOR

WEEK 3: Martial Art Mania (July 13 - July 17)

Get ready for a week filled with taekwondo and judo from trained professionals! We'll also be going GLOW BOWLING!

WEEK 4: Hockey Week (July 20 - July 24)

This week is full of hockey madness, but don't worry, no skates here! We'll be going to the IMAX to see Ice Age 3 in 3D!!!

WEEK 5: The Adventures of Sports Camp (July 27 - July 31)

Pack your bags and bring your bike for a week full of adventures including hiking, biking, yoga, our infamous OVERNIGHTER & more!

WEEK 6: Basketball Week (August 4 - August 7)

If basketball is your game, this is the week for you! Come shoot some hoops and also enjoy a trip to PUTTING EDGE for glow-in-the-dark mini putt!!!

WEEK 7: Ultimate Survivor Challenge (August 10 - August 14)

Do you have what it takes to outwit, outplay and outlast? Break into teams for a week full of contests and games and we will also go on a trip to AYLESFORD LAKE!!


WEEK 8: Action Satisfaction (August 17 - August 21)

Our final week will be full of non-stop action including our own ROCK CLIMBING at Ground Zero Climbing Gym, GLOW BOWLING, our end of summer party, and more!

FOR YOUR INFORMATION

UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS
 FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

Discover the Magic of
Reading
...visit 14 Wing Library



Located at AVM Morfee Centre, School Street
 Monday 1-5pm & 6-8pm
 Tuesday 10am-1pm & 2-5pm
 Wednesday 1-5pm & 6-8pm
 Friday 12-4pm
 * Sunday 1-4pm

765-1494 | 24 hour drop-off box • Phone for Renewals
 Loc. 5430 | Closed on holidays and holiday weekends throughout the year.

HOROSCOPES

July 5 to July 11

ARIES - Mar 21/Apr 20
 Aries, there's not much you can do this week but sit tight and wait for the action to find you. It will come, and when it does, it will be overwhelming for some time.

TAURUS - Apr 21/May 21
 If you want a relationship to blossom, Taurus, you have to be very patient. Things will not move at the pace you had hoped for, but they will eventually get going.

GEMINI - May 22/June 21
 Gemini, others are no match for you this week. Your wit leaves them all wanting more time in your presence. Soon you could grow weary of all this attention.

CANCER - Jun 22/Jul 22
 Cancer, there will be some road blocks in your way. But being the adventurous sort, you will find the easiest way around them. Leave your ego at the door.

LEO - Jul 23/Aug 23
 Leo, there isn't much time for an argument, so when someone approaches you asking for help, simply go along and do your analysis later on.

VIRGO - Aug 24/Sept 22
 You're easily distracted because of the workload you currently have, Virgo. However, once you learn to delegate you will find things come much more easily.

LIBRA - Sept 23/Oct 23
 You keep flip-flopping on your ideas, Libra. Set your mind to something and follow through. Do what is best for you and not what you think others want.

SCORPIO - Oct 24/Nov 22
 Some good news comes your way, Scorpio, and it is certainly just in time. You have had your share of hardships, but things could be turning around.

SAGITTARIUS - Nov 23/Dec 21
 Your attempts at reconnecting with family aren't going quite as you had planned, Sagittarius. It could be you're taking the wrong approach to the situation.

CAPRICORN - Dec 22/Jan 20
 Capricorn, stop setting up so many 'rules' for yourself and others. That is no way to live life and you can miss out on so many things along the way. Loosen up.

AQUARIUS - Jan 21/Feb 18
 Aquarius, despite all of your efforts, there's no way to find any peace and quiet in your home. You may have to come up with a different living arrangement if you want privacy.

PISCES - Feb 19/Mar 20
 A visit from a loved one is all you need this week, Pisces. It will bring a smile to your face and recharge your batteries.

FAMOUS BIRTHDAYS

- JULY 5 Huey Lewis, Singer (58)
- JULY 6 Sylvester Stallone, Actor (63)
- JULY 7 Michelle Kwan, Athlete (29)
- JULY 8 Toby Keith, Singer (48)
- JULY 9 Fred Savage, Actor (33)
- JULY 10 Adrian Grenier, Actor (33)
- JULY 11 Nadya Suleman, 'octomom'

Horoscopes brought to you compliments of:

24 HOUR SERVICE



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www.morsetowing.ca (902)825-7026

Auto Clubs Accepted

'Crocodile Dock'

Vacation Bible School takes place July 27-31 at Middleton Baptist Church!! All kids age 3-grade 6 are invited to come to this awesome day camp! Our camp runs from 9:30-11:45 a.m. each morning (Monday-Friday). For more information & to pre-register please phone Holly at 825-3537 or pick up a brochure today at the church office. Bring your friends!

Melanie Doane at the Evergreen Theatre Sunday

Sunday July 5 at 8:00 p.m. Evergreen Theatre, East Margaretsville. Reservations/information: web www.evergreentheatre.ca; email: evergreentheatre@gmail.com; phone 902-825-6834.

Firemen's Breakfast

Kingston Fire Department will hold its Annual Breakfast on Satur-

day, July 11th from 7:00 - 9:30 a.m. Menu - Scrambled eggs, ham, hash browns, toast, pancakes, baked beans and beverages. Door prize and a visit from Sparky. Free will offering.

Summer Hours - Upper Room Food Bank

The Upper Room Food Bank will be closed Monday mornings but will open Thursday evenings from 6:30 - 8:45 p.m. during the months of July and August. Regular hours will resume in September.

Saturday Morden Breakfast

The Morden Community Hall will be having a breakfast on Saturday, July 11th from 8:00 - 10:30 a.m. The menu will be scrambled eggs, sausage, ham, pancakes, homemade fishcakes, baked beans, juice, tea and coffee. It is w free will offering with proceeds going to the Morden Community Hall.

\$283,462 Awarded In Local Bursaries & Scholarships to 164 Graduates!

West Kings District High School held its graduation ceremonies at the Kingston Arena on June 25th at 7:00 p.m. The platform guests were led by Master of Ceremonies, Principal Mike Ouellette and one hundred and sixty-four graduates were led into their seats by the School Band. Following the singing of O' Canada, led by members of the Class of '09 and accompanied by the School Band, Mr. Ouellette welcomed the assembly and introduced the platform guests who included Jackie Foster, Paul Spicer AVRS Board Members, and Leo Glavine, MLA. Honour student, Amber Davison, introduced guest speaker, Mark Hebert, a 1996 graduate of West Kings. Following a very inspirational and personal address to the graduates, where he shared many memories of his time at West Kings, Mr. Hebert was thanked by Andrea Bleazy & Jemma Rethman, honour students. Vice-principals Dave Johnson and Patty Hughes proceeded with the presentation of certificates to the

graduates. The announcement of scholarships, bursaries and special awards immediately followed. The ceremony concluded with the Valedictory Address by Sarah Sauvé.

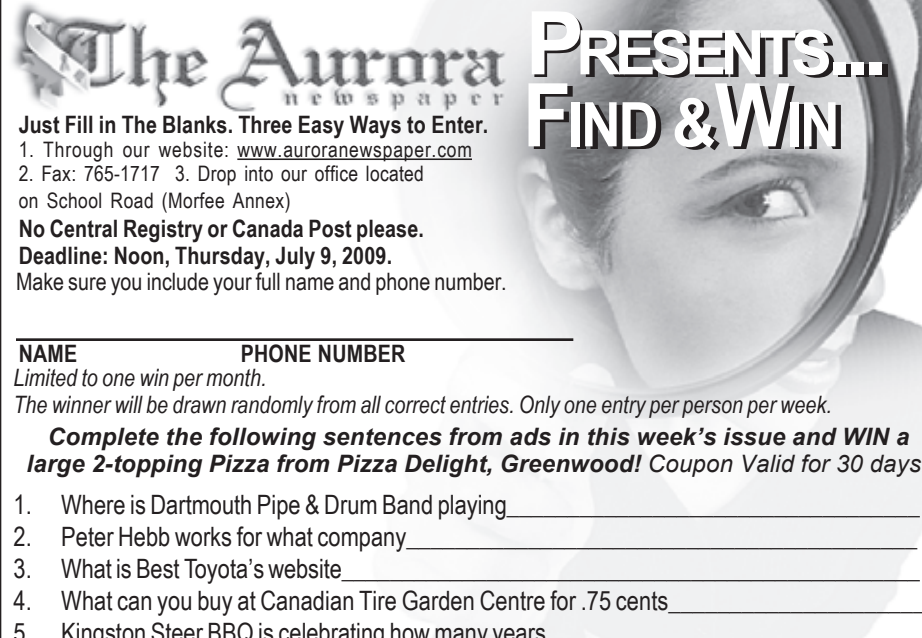
Award Winners:

Lynn Hines Memorial Award in French - Jessica Collins; A.G. MacDonald Science Award - Robert Nichols; A.G. MacDonald Memorial Trophy - Ryan Poirier; Robert C. Swim Memorial Award - Jessica Bowlby; Maxine Lonergan Memorial Bursary - Ryan Andrews; Paul Bethune Memorial Award \$1000. - Amber Davison Frank C. Bezanson Memorial \$300. - Megan Walker; Mitchell Award - Danielle Small; Earle Spicer Scholarship, \$530. - Andrew Johnson; Arthur G. Lyons Bursary \$108. - Danielle Small. John Chute Memorial Award \$75. - Peter Bull. Allie Pierce Memorial Award \$250. - Katelyn Ettinger; Terrie Spinney Memorial Bursary \$500. - Travis Palmer; AVRSB Board Member Scholarship in Memory

of Terrie Spinney \$300. - Bronson Joudrey The Duane Brazil Memorial Award \$500. - Russell Pollard; Joan Elizabeth Harding Memorial Award \$1000. - Jeff Saunders Brad Potts Memorial \$500. - Athena Clarke; Josef Antonick Memorial Award \$1000. - Peter Bull Faculty Award - Russell Pollard; Weber Cups - Robert Nichols & Andrea Bleazy; Queen Elizabeth II Medal - Robert Nichols; Governor General's Academic Medal - Sarah Sauvé; **Following is a list of bursary and scholarship winners: Local Bursaries and Scholarships:**

Argus Lodge - 2 -\$500. - Hilary Alain, Peter Bull; Aylesford Lioness Club 3-\$500. bursaries - Amanda Griffin, Laurie Ogilvie, Georgia Lewis; Aylesford Lions Club - 5-\$500.. bursaries - Christa Skinner, Alex Zwicker, Bronson Joudrey, Laurie Ogilvie, Georgia Lewis; Scotiabank 1-\$500 bursary - Christa Skinner; Royal Canadian Legion, Branch 98 2-\$1000.. bursaries - Hilary Alain, Amanda Griffin; King-

ston Legion Ladies Aux. - 1-\$1000. - Isaac Boates; Royal Canadian Legion, Branch 69 1-\$2000. Laurie Ogilvie; Berwick Lions 1-\$500. bursary - Sarah Henley; Berwick Lionettes 1-\$250. bursary - Peter Bull; Kingston Lions Club \$700. - Jessica Bowlby; Canadian Tire Greenwood - \$300. - Chelsea Doyle 14 Wing Community Council 2-\$500. Patrick Gilbert, Jessica Bowlby; Kings Local NSTU Scholarship - 1 - \$1000. Valerie Paquette; Kings Local NSTU Bursaries - 2 -\$400. - Cassandra Hutt. Bronson Joudrey Kinsmen Club of Mid-Annapolis Valley 1-\$500. bursary - Molly Johnson; N.S. Freemason's Markland Lodge No. 99, Kingston 2 - \$500. scholarship - Christa Skinner, Russell Pollard; N.S. Harmony Lodge 52, Memorial Bursary - 2-\$500. - Hilary Alain, Jessica Collins; Women's Institute of N.S. 2009 Family Scholarship - \$700. - Brittany Snow; Burlington Community Club 1-\$500. bursary - Danielle Small; Greenwood Health Auxiliary - \$500. -



The Aurora newspaper PRESENTS... FIND & WIN

Just Fill in The Blanks. Three Easy Ways to Enter.
 1. Through our website: www.auroranewspaper.com
 2. Fax: 765-1717 3. Drop into our office located on School Road (Morfee Annex)

No Central Registry or Canada Post please.
Deadline: Noon, Thursday, July 9, 2009.
 Make sure you include your full name and phone number.

NAME PHONE NUMBER
 Limited to one win per month.
 The winner will be drawn randomly from all correct entries. Only one entry per person per week.

Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!

- Where is Dartmouth Pipe & Drum Band playing _____
- Peter Hebb works for what company _____
- What is Best Toyota's website _____
- What can you buy at Canadian Tire Garden Centre for .75 cents _____
- Kingston Steer BBQ is celebrating how many years _____

This contest is brought to you by:
Pizza Delight, Greenwood
765-4477

Congratulations to last week's winner: GERRY CLOW

The 107 Valley Wing



Air Force Association of Canada
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 Drop into the 107 Valley Wing and meet our friendly members and staff.
 We are open 7 days a week for your convenience.
 We are looking for new members!

For more information call 765-8415 after 12:30 p.m.
 We also have Catering Service for your Weddings, Section Parties or other celebrations.

Amanda Griffin; Theatre Production Legacy Award - 3-\$333. Andrew Johnson, Peter Bull, Sarah Henley; Royal Bank of Canada Foundation - \$1000 - Jessica Bowlby; West Kings Student Council Bursaries - \$500. - Russell Pollard; Millennium Excellence Award Program's Local Excellence Award: (2) \$4500. Victoria Levack, Danielle Small. Regular Office Training Program - 1 - \$100,000. - Benjamin Deutsch

The following University Scholarships were awarded: Mount St. Vincent University: Entrance Scholarships: \$2600. to Melanie Lowe and Danielle Small cadia University
Entrance Scholarships to: \$500. Amanda Griffin; \$1000. - Aaryn Dobson; \$5300. - Amy Hicks; \$7300. - Andrew Johnson; \$7700. - Marc Hetu; \$16,150. - Amber Davison; \$30,600. - Patrick Gilbert. Dalhousie University: Hilary Alain - Entrance \$1500. Jessica Bowlby - Entrance (renewable) \$1200 year one & two, \$1500. years three & four;

Entrance Scholarship \$1500. TOTAL: \$6900. Jessica Collins - Entrance Scholarship \$1000.

Chelsea Doyle - Entrance Scholarship \$1000.

Christina O'Reilly - Entrance Scholarship \$1000.

Valerie Paquette - Entrance Scholarship \$1000.

Institute for Human Services Education's Dr. Jane Norman Memorial Entrance:

Jessica Blinn \$750. St. Francis Xavier University: Peter Bull - \$500. Year 1, \$1000. years 2,3,4. Total \$3500.

Cory McBean Entrance Scholarship \$500. year 1; \$1000. years 2,3,4. Total \$3500.

Saint Mary's University: Jemma Rethman - \$2000. Entrance scholarship renewable over 4 years, Total \$8000.

Victoria Levack \$1000. over 4 yrs. Total \$4000.

Christa Skinner - \$2000. entrance scholarship over 4 years Total \$8000. McGill University:

Athena Clarke - Entrance Scholarship \$4000.

University of New Brunswick: Robert Nichols - William & Lois Paine Founder's Scholarship: \$1500. renewable over 4 years. Total \$6000.

Russell Pollard - Ward

Chipman Founder's Scholarship \$500. Edwin Jacob Special University Scholarship-\$250.

Memorial University: Sarah Sauvé -\$3000 renewable for 4 yrs; Dame Vera Lynn Scholarship \$500. renewable over 5 years - total \$14,500. Tristan Slaney - \$3000. Entrance Scholarship

Nova Scotia Recycles Essay Contest Prize: Kevin Hutt - \$1500. Scholarship

Canard Conservation Undergraduate Scholarship: Georgia Lewis \$500.

New York Film Academy: Peter Rigby - Brett Ratner Grant - \$8000.

The staff and students of West Kings District High School would like to take this opportunity to thank the many local service organizations and businesses that so generously contributed to our scholarships, bursaries and awards program. Their continued support is greatly appreciated.

What Does Wearing Red on Friday Mean?

Submitted by: Michelle Thibodeau Wagner, Coordinator of Special Events and Promotions

Friday, June 26th saw GMFRC volunteers and staff out and about in the village of Greenwood hanging yellow ribbons on poles and trees for Canada Day. We made a conscious effort to look for red t-shirts and surprisingly saw very few.

Friday has traditionally been a day that we, as average Canadians, can honour our Canadian military simply with a wardrobe choice.

Why should we wear red? We should wear red to honour the ultimate sacrifice some CF members have made for our country. We should wear red to thank our neighbours for

their commitment to the operational well being of the Canadian forces. We should wear red in thanks of these men and women taking on jobs that we, as average Canadians, wouldn't want to do ourselves. We should honour the patrons of our stores and businesses, knowing that without 14 Wing Greenwood personnel our town would look very different than it does today. We should wear red for the families with a loved one deployed for months at a time; honour them by acknowl-

edging their sacrifices as military families.

Please shake the dust off your Support our Troops red t-shirt. Wear it on Friday and know that you are making a statement of thanks and support to our troops, it is noticed and appreciated.

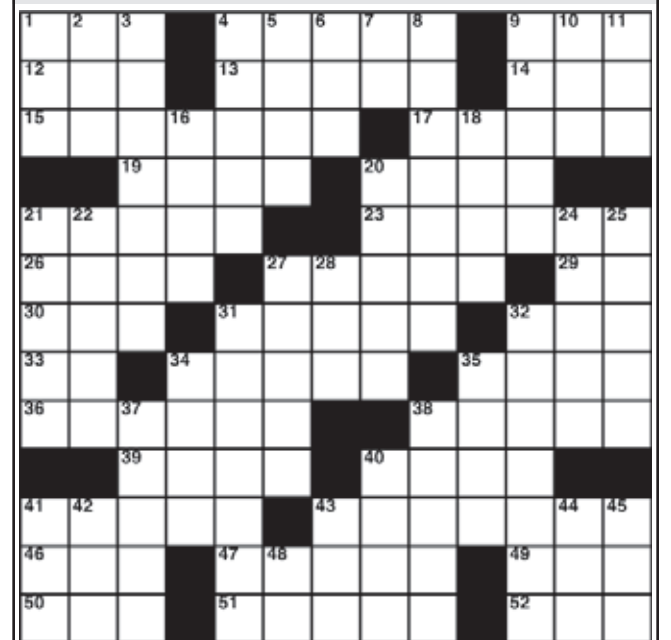
For more information on how to show your support for the troops or to buy a \$10 red "Support our Troops" T-shirt, please contact Michelle at 765-1494 local 1421; michelle.thibodeau-wagner@forces.gc.ca.

Canadiana Crossword

Cool Canucks

Solution page 21

By Bernice Rosella and James Kilner



- ACROSS**
- 1 Inquire
 - 4 Navigation device
 - 9 Crow bar
 - 12 Comprehend
 - 13 Cupid
 - 14 Receptor
 - 15 Astronaut Julie
 - 17 Pigeon holes
 - 19 Cashews and pecans
 - 20 NHL hockey legend
 - 21 Portals
 - 23 Sweet Hereafter director Atom
 - 26 Ready for
 - 27 Rusty gate sound
 - 29 Late Princess of Wales, familiarly
 - 30 Female ruff
 - 31 Town in France
 - 32 Blast from the bleachers
 - 33 Alternatively
 - 34 Unguents
 - 35 British Columbia painter Emily
 - 36 Ace Ventura star Jim
 - 38 Eightsome
 - 39 Belonging to Bambi's mom
 - 40 Reign
 - 41 Beautiful Losers author Leonard
 - 43 Early
 - 46 Expert
 - 47 Word before cold and face
 - 49 Imitate
 - 50 Scottie's topper
 - 51 Garden tool
 - 52 Not any
 - 10 Tell on
 - 11 Calendar refs.
 - 16 Eurozone currency
 - 18 Glance
 - 20 Mustard brand
 - 21 Hog breed
 - 22 Musical theatre
 - 24 Worship
 - 25 City of France
 - 27 Palls
 - 28 Regret
 - 31 Purify
 - 32 Wildlife painter Robert
 - 34 Tuscan river
 - 35 Roman 251
 - 37 Mend a skirt
 - 38 External
 - 40 Levesque or Descartes
 - 41 Manx or persian
 - 42 Wood sorrel
 - 43 Quagmire
 - 44 Prefix for gram and cure
 - 45 Salt in St. Pierre
 - 48 Fullback's quest
- DOWN**
- 1 Serpent
 - 2 Bering or China
 - 3 A kind of address
 - 4 Latvians
 - 5 Scraps
 - 6 Former Ontario Premier Bob
 - 7 In attendance
 - 8 Corsage
 - 9 Showy perennial

Weekly Crossword brought to you compliments of:

Peter Hebb at 59 Webster St., Kentville, N.S.
1-800-565-2605
Cell: 825-8157

Valley Stationers Ltd.
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PATRICK'S PUZZLE

Grilling Word Find

Just in time for National Grilling Month, see how many related words you can find and circle in the puzzle.

- | | | |
|----------|-------------|------------|
| BACKYARD | COOKING | KETCHUP |
| BARBECUE | FRANKFURTER | OUTDOORS |
| BUNS | GRILL | SPATULA |
| CHICKEN | HAMBURGER | VEGETABLES |

S R F K M F H E I F S H
R E R V B R U O B C Z F
O R U G B A C K Y A R D
O C E M U N R Z D B S G
D O A G Q K A B U R C R
T O L R R F E N E H I I
U K U K H U S T I C Y L
O I T S A R B C C J U L
Y N A A L T K M I H M E
I G P Q K E O L A T U F
F O S H N R D A S H P P
I S E L B A T E G E V K

Barbecue Scramble

Unscramble the words to complete the sentences.

- Many people prefer to grill over **L H R C A A O C**.
- People often use the word **A E B Q R B U E** and grill interchangeably.
- Grilling enables you to entertain in the **R Y D A**.
- Cook foods to the right **M E P T E T U E R A R**.

Answers: 1. charcoal 2. barbecue 3. yard 4. temperature

Patrick's Puzzle brought to you compliments of:

Tri County Communications
Greenwood Mall

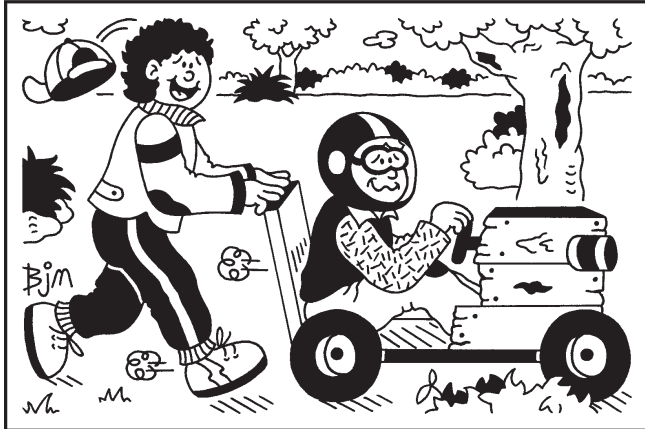
TELUS
authorized dealer
Cellular Sales & Service
Authorized Product Care Centre
765-2415

ComParrot by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?



www.comparrotpuzzles.com © 2009 Bonnie J. Malcolm



Solution: 1. Lid on can is missing. 2. Stripe appears on helmet. 3. Back of boy's cap is different. 4. Pocket on pants is missing. 5. Stripe on can is colored in. 6. Bush behind boy is colored in. 7. Buttons on shirt have moved. 8. Knothole on tree has moved. 9. Dust cloud has moved. 10. Leaves on bush behind tree are different. 11. Stripe on shoe is different. 12. Knothole on tree is larger.

Com Parrot brought to you compliments of:

'STAGE 2' • Sofa Gallery • Mattress Centre
• Furniture & Appliances
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Port Williams
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Classified Ads

To place a Classified Ad by Word Count call Keith Pinkerton at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

**RALPH FREEMAN
MOTORS LTD.** 
YOUR LOCAL USED CAR DEALER
Licensed Mechanic Available on Site
•Rust Check
•U-Haul Dealer
www.freemansautosales.com
820 Main Street, Kingston
765-2544 765-2555

FOR SALE

FOR SALE - Reese trailer hitch with wiring for Dodge Caravan \$125.00 also roof top carrier, new, 3ft x 4ft \$80.00. Assorted wine making supplies, Coleman

FIREWOOD FOR SALE

Hardwood, \$190 a cord
Softwood, \$140 a cord
Cut, Split, Delivered
Ph: 825-6424

canoe 15ft plus electric motor \$350.00. Phone 765-0556 (3026-2tp)

FOR SALE - New 25,000 btu LG Model air conditioner. Valued at \$800.00 will accept \$300.00 OBO Call 765-3906 (3027-1tp)

FOR SALE - 7ft China Cabinet

48inches wide, 2 glass doors, 2 sliding doors and 2 bottom doors Call 765-4936 (3027-1tp)

MOVING SALE - July 11-12.. 8a.m. 12p.m. 591 Hwy 221 N.K. Household, wood-working tools, appliances, stove, fridge, furniture, old glass, dishes, decorative painting. (3027-1tp)

FOR RENT

FOR RENT - LINCOLN-SHIRE APT AVAILABLE,

CLEAR FIREWOOD FOR SALE

Hard wood \$185 a cord
Popple wood \$135 a cord
Split, Cut, Delivered
825-8525 or 825-4930

Mert Hutt's
Auto Salvage
We'll haul away scrap metal, old cars & trucks
902-847-0324
336 Cannan Rd., Aylesford

FOR SALE FIREWOOD

Clear Hardwood
Cut, Split and Delivered
Quality Guaranteed
Please Phone
825-3361

Future Glass and Mirror Ltd.

Sampson Dr., Greenwood
902-765-2105
SPECIALIZING REPAIRS/
REPLACEMENTS OF WINDSHIELDS
ALSO: *plateglass *mirrors *plexiglass
* vehicle accessories
* window & screen repairs
Many Used Windshields Available at Reduced Prices
"INSURANCE CLAIMS OUR SPECIALTY"

cole sawler

Barristers • Solicitors • Notaries
Stephen I. Cole, LL.B.
Craig G. Sawler, LL.B.
264 Main Street, Middleton, N.S.
Tel: 902-825-6288
Fax: 902-825-4340
Email: info@colesawlerlaw.ca
Website: www.colesawlerlaw.ca
Evening and Weekend Appointments Available

VALLEYWIDE IN-HOME COMPUTER REPAIR

OFFERS A FULL RANGE OF SERVICES IN THE COMFORT OF YOUR HOME

*UPGRADES *SALES *NETWORKING
*TUTORING *PICKUP/RETURN
*LAPTOP REPAIR *EVE/WKEND APPS.
*DROP-OFF IN AYLESFORD

FOR FAST, ECONOMICAL, CONVENIENT SERVICE

CALL VALLEYWIDE! 844-2299

Barristers

C. HANSON DOWELL, Q.C.
250 Main St., Middleton
825-3059

Durand, Gillis & Schumacher Associates

Barristers, Solicitors, Notaries
W. Bruce Gillis, Q.C.

Blaine G. Schumacher, CD
(Also of the Alberta Bar)
Counsel:

Clare H. Durand, Q.C.
(Non-Practicing)

Phone (902) 825-3415
Fax (902) 825-2522

74 Commercial Street
P.O. Box 700
Middleton, NS
B0S 1P0

VALUABLE COUPON
Complete Mobile Service
• repairs
• replacements
• truck sliders
CHARLIE'S AUTO GLASS
\$100 OFF DEDUCTIBLE
FOR INSURANCE WINDSHIELD CLAIMS
20 YEARS OF EXPERIENCE!
Middleton: 825-3659 or Digby: 245-8165

SHAY TIRE LIMITED 
We specialize in mechanical repairs from brakes to MVIs to alignments. We care about your vehicle!
4241 Highway #1, Berwick
(902) 538-1155 1-877-440-4432

ROGER PARKER EXCAVATING
Trucks • Dozer • Backhoe Service • Excavator
• Screened Topsoil • Fill • Gravel • Landscaping
• Septic Systems • QPIL installer • Demolition • Driveways
• Clearing Lots • New Home Land Preparation
• Over 20 years experience
AREA CODE 902 • RES. 765-4709 • FAX: 765-6420
Free Estimates

Posted? Need to fly your pets?
Let us look after the details!
MacBeth's Grooming & Boarding Kennels
10303 Hwy 201, Meadowvale
We have airline approved kennels in stock at great prices, we will arrange the flight, look after your pets until you're ready for us to take them to the airport!
"IN STOCK"
Pet barriers for your vehicle and grain free food and treats.
Phone 765-2500 or email macbeths@eastlink.ca

David A. Proudfoot

Barrister * Solicitor * Notary

811 Central Avenue, PO Box 100
Greenwood, NS B0P 1N0

Email: dap@davidproudfoot.com
Web: www.davidproudfoot.com

T: 902-765-3301 F: 902-765-6493

in Kingston, 2 bedroom apartment with balcony available Sept, \$550.00 month excludes utilities. Live-in Super, secured building. Please call 840-0683. (3020-ufn)

FOR RENT - Quality Homes in Greenwood, Kingston & Middleton areas. Minutes from Base & shopping areas. Glengary Property Management 765-2421. (3022-ufn)

FOR RENT - RETIREMENT APARTMENTS - New 2 bedroom units in Kingston. Ground level, walking distance to all amenities. \$690.00 per month plus utilities, guaranteed no rent increases. Call (902) 825-6929. (3021-10tp)

FOR RENT - Spacious 4 bedroom, 2 bathrooms, garage, family room,

ENGLAND WE BUY FURNITURE
By the piece or lot. We do local moving
765-4430
812 Maple Street Ext., Kingston

FOR RENT 2 Bedroom Apartment
760 Main St., Kingston
\$450.00 monthly + utilities.
Call 760-1347

PARKER & RICHTER
Barristers, Solicitors, Notaries
Chris Parker LL.B
Ronald D. Richter
(B.A. Hon.), LL.B.
Southgate Court,
Greenwood N.S.
Phone: 902-765-4992
Fax: 902-765-4120
"Serving the Western Valley Since 1977"

games room, dining room, kitchen with appliances, located on 3 acre lot, 5 min drive from CFB Greenwood front gate. No smoking. \$850 per mos. Ph: 403-502-6079. (3025-ufn)

FOR RENT: Lovely, large English Tudor style home, massive stone fireplace, patio, landscaped, paved driveway, 2 bedrooms located 5 minutes from 14 Wing Greenwood and shopping mall in quiet residential neighborhood. Includes 6 appliances. \$950 monthly. Call 670-6522 (3024-4tp)

FOR RENT - 1 bedroom apartment Kingston, heat and lights,

fridge/stove, washer/dryer, snow removal, lawn care, parking in garage included, no pets. Call 765-9113 (3027-1tp)


FOR RENT - 1 bedroom Mobile home located behind Greenwood Mall. Washer/dryer hook-up. \$450.00 per month plus utilities. Available immediately Phone 765-6020 (3026-2tp)

FOR RENT - Available August 01/2009 in Wilmot. 2 bedroom duplex with garage. \$550.00/month plus damage deposit. Heat and utilities extra, cable included. Call 765-3268 (3026-4tp)

FOR RENT - Fully furnished 1 bedroom adult apart-

FREE Self-Storage*
*Third month is free after paying first two months rent.
Units 6'x6'x10' up to 13'x16'x10'
From only \$55 to \$99 a month
~~~~ ALSO STORAGE FOR ~~~~  
**Cars - Trucks - Autos**  
**847-0490 • 847-5074**

**STEPHAN D.C. SOMERSET ROOFING & CONSTRUCTION**  
FREE ESTIMATES  
**824-2397**  
Specializing in ROOFING • MASONRY • SIDING • HOUSES  
GARAGES • SHEDS • DECKS & MORE

Introducing a New Cab Service **Cam's Cab**  
  
**760-0293**  
7 DAYS A WEEK  
Seniors discount everyday on local fares  
• Small deliveries  
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**JASON BEZANSON ROOFING & CONSTRUCTION**  
9594 South Farmington  
RR1 Wilmot, NS BOP 1W0  
840-0552  
Specializing in Roofing • Free Estimates

  
• Real Estate  
• Family Law  
• Wills / Estates  
• Litigation  
• Incorporations  
• Consultations / Referrals

# Classifieds Continued

ment, on ground level, newly decorated, clean and modern. Separate entrance, verandah, quiet area. All utilities included in the rent. Located in Aylesford, adjacent to the 101 highway, easy access to shopping in New Minas, nine minutes to CFB Greenwood. Smoke free environment, laundry facilities and parking available. Application form, references and security deposit required. For further information, please call 902-847-9244 and leave a message, or email [jacliv@eastlink.ca](mailto:jacliv@eastlink.ca) Apartment available July 1, 2009 (3026-2tp)

FOR RENT - 10 Meadow Lane and 156 Main St Middleton. Both \$700.00 per month plus utilities, available now. Call 765-0224 for more information. (3027-2tp)

## SERVICES

DROP & LOCK STORAGE - Kingston/Greenwood's newest building, clean, secure self storage your lock—your security code sizes: 10' x 10' or 5' x 10' 847-1405 or 760-0278.

(2903-ufn)

SERVICE - Self Storage located in Kingston, units available 5'x12', 5'x13', 8'x10'. Prices vary call 825-3607. (2931-ufn)

SERVICE - Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates - flexible hours Call Mike at 242-2465 Greenwood/Kingston (3024-ufn)

SERVICE - OK Corral Paint Ball Games. Hwy 201, Paradise, 10 min West of Middleton. All equipment supplied. Call for bookings or for more info call 824-2058. Lots of fun for the whole family. (3020-8tp)

SERVICE - DJ Martin Landscaping, all lawn maintenance, lot cleaning, wood chipping. Call Jim at 760-0554 (3025-4tp)

THANK YOU - St Jude for favors received. VM. (3026-2tp)

SERVICE - Palm and Tarot Reading by Annie, Kingston area. Gift certificates available for any occasion. Call 765-0712 for an appointment. (3025-8tp)

SERVICE - Childcare: Willing to provide childcare to children of all ages. Experienced, First Aid/CPR, Criminal Check and Child Abuse Register. Will provide snacks, lunch and receipts. Please call Paula 242-2445 or 760-1436. (3026-ufn)

SERVICE - Penny's Beauty Extras Summer Special, acrylic nails, overlays, \$45.00 set. Pedicures, ingrown toe nails removal and corns. Contact for more info 765-9417 (3027-2tp)

SERVICE - Handy Man - Backyard and Basement cleanup, painting,

small renovations. No job to small, call 840-0814 for your free estimate. (3027-1tp)

## WANTED

WANTED - Your used cribs, exersaucers, swings, monitors, bot-

tle warmers, sterilizers (electric), bumbo seats, baby gates and other baby equipment. Will purchase items from you, ask about cash & dash. Call Storks Landing at 765-4926. Now hiring bring in your resume. (3027-2tp)

# 27th ANNUAL PORT GEORGE COUNTRY JAMBOREE

Presented by

Middleton, Kingston & Lawrencetown Lions Clubs and the Community of Port George

Saturday, July 25, 2009  
Port George, Nova Scotia

Gates open 7 am  
(rain or shine)



- 9-10 Hill Billy Magic
- 10-11 Old Country
- 11-12 Paul Marshall & Best of Intentions
- 12-1 Dave Burbine & Traditional Country
- 1-2 Straight Out
- 2-3 Allan Butler
- 3-4 The Country Rhythm Tones
- 4-5 Spur of the Moment
- 5-6 Ernie Marshall & Friends
- 6-7 Ken Best & Silverado
- 7-8 Straight Out

11 Hours of Live Music  
from 9:00 am to 8:00 pm  
Giant All-Day Flea Market  
(Call 825-4645 to book a table)

**FUN FOR KIDS** Bouncer - Face Painting - Train Ride  
Kiddies Obstacle Course - Spin the Wheel

**CAMPING**  
Call 825-3860

Lots of Food & Fun!

- Lobster Rolls • Strawberry Shortcake
- Fish & Chips • Hamburgers • Hot Dogs
- Fruit Smoothies • Freezies

Pancake Breakfast - 7:00 am \$4.00  
Ham, Bean & Potato Scallop Supper - 4-6 pm \$8.00  
Admission \$4.00 - Children under 12 FREE

Check out our website [www.countryjamboree.ca](http://www.countryjamboree.ca)

New!

speedo

Vanquisher  
Goggles  
for sale

Kids & Adults Swim Goggles  
Now Being Sold at  
Pool Facilities

For more information call  
Yvonne Clarke  
Aquatics Supervisor at  
765-1494 ext 5564



## Crossword Solution

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | S | K |   | L | O | R | A | N |   | P | R | Y |
| S | E | E |   | E | R | A | T | O |   | E | A | R |
| P | A | Y | E | T | T | E |   | S | L | O | T | S |
|   |   |   | N | U | T | S |   | K | E | O | N |   |
| D | O | O | R | S |   |   | E | G | O | Y | A | N |
| U | P | T | O |   | C | R | E | A | K |   | D | I |
| R | E | E |   | C | L | U | N | Y |   | B | O | O |
| O | R |   | A | L | O | E | S |   | C | A | R | R |
| C | A | R | R | E | Y |   |   | O | C | T | E | T |
|   |   |   | E | N | A | S |   | R | U | L | E |   |
| C | O | H | E | N |   | B | E | T | I | M | E | S |
| A | C | E |   | S | T | O | N | E |   | A | P | E |
| T | A | M |   | E | D | G | E | R |   | N | I | L |

# 14 Wing Library - Serving Those Who Read!

**By: Judy McCool and Liz Tappen,** AVM Morfee Centre, Greenwood - 765-1494, local 5430

Hello from your local library. Happy Canada Day! We hope everyone enjoyed all the activities offered in the local area. Also American Independence Day is celebrated on 4 July.

The Century of Flight display is at the front of the library and books are changed monthly. Come in and browse, you may be pleasantly surprised at what we have in store! The tickets on the RCAF Tartan wool throw are still available. Have you been in to get your ticket?

Books for summer reading have been made into a display for your selection.

**Donations** – Thank you for the donation of the great cookbooks that will enhance our collection. We love to receive books in very good condition –no encyclopedias, Readers Digest condensed, and no musty ones please!

**Overdue Books** – Please check under beds, on shelves and in closets for any bor-

rowed books that you have FORGOTTEN to RETURN to 14 Wing Library as fines add up quickly!! Other patrons may like to read them too. If you are unable to come to the library personally, don't forget that there is a 24 hour drop box for your convenience.

**Book Sale** – We have a large variety of hardcover novels at \$1.00 each. paperbacks are only .25 cents and children's books are \$1.00 a bag! They are all worth checking out!

**Library Hours\***

- Monday 1-5 pm & 6-8 pm
- Tuesday 10am-1 pm & 2-5 pm
- Wednesday 1-5 pm & 6-8 pm
- Friday Noon-4 pm
- Sunday Closed during the summer months

**Thank You Volunteers!** – Great to have Zach volunteering to achieve the Duke of Edinburgh Award. Very special thanks go to all of our valuable volunteers who have been working hard these past few months to make the library a better place. Many of them

are taking the summer off but we would appreciate you dropping in to lend a hand

**BOOKS FOR JULY – Fiction** – *First Family/David Baldacci; The Cat Who Dropped a Bombshell/Lillian Jackson Braun; The Courage Tree/Diane Chamberlain; Red Bones/Ann Cleeves; Abomination/Colleen Coble; Corsair - #6 Oregon Files/Clive Cussler; Roadside Crosses/Jeffery Deaver; Belong to Me/Marisa de la Santos; Lavender Morning/Jude Devereaux; e/Carolyn Hart; One Under/Graham Hurley; Malice/Lisa Jackson; The Color of Lightning/Paulette Jiles; Head Wounds/Chris Knopf; Hood/Stephen Lawhead; The Ring/Daniel Keys Moran; Things I Want My Daughter To Know/Elizabeth Noble; Beyond The Gathering Storm-#5 Cdn West; When Tomorrow Comes-#6 Cdn West/Janette Oke; Run/Ann Patchett; The Twisted Root/Anne Perry; Vorpals Blade/John Ringo; A Good Doctor's Son/Steven Schwartz; The Guernsey Literary & Potato*

*Pie Society/Mary Ann Shaffer & Annie Burrows; The Best of Times/Penny Vincenzi; Debts of Dishonor/Jill Paton Walk.*

**Non-Fiction** – *Pleasures & Problems of a Rock Garden/Louise Beebe Wilder; Making the Most of Shade/Larry Hodgson; New Container Style/Adam Caplin; Canadian Vegetable Gardening/Douglas Green; BBC Big Read-Book of Books, 100 Favourites; 30 Day Revitalization Plan; Blowback-A Canadian History of Agent Orange/Chris Arseneault; Fodor's Greece; Fodor's Amsterdam & the Netherlands; Fodor's Walt Disney World 2009; Muscle Cars/Peter Henshaw; Healthy Cooking*

*For Your Kids;*

*En francais – Le Bien des miens/Janette Bertrand; Tonnerre sur la cite Perdue/D.Preston & L. Child; Le Suspect; Michael Robotham;*

*DVD – Madagascar 1 and 2; Diago Underwater Mystery;*

**Library Services**  
14 Wing Library offers the community the following services: Free Book, Audio Books, Video (DVD & VHS) and Magazine Loans, Friendly Library Assistance, 24-Hour Book Drop, Phone Renewals, Community Computers, Internet Access and Printing, Photocopying and Faxing.

We have 3 community access computers – 2 with Internet access and 1 for word-processing and soon-

to-be installed library search engine. Computers are booked in ½ hour sessions on a drop-in basis or by phone reservation.

**French language books**  
*Did you know* that we have a large selection of French Fiction and Non Fiction for both adults and children?

**Membership**  
A reminder to all, that 14 Wing Library is a public library open to military and civilians. Membership is free, but the benefits are priceless. We invite all our registered patrons to visit us and if you're not a member, drop in and sign up to enjoy your local library.

*Reading Opens Doors! So come and open the doors to 14 Wing Library.*

## Tips for the Busy Parent

Submitted by: **Kim Dixon, GMFRC**  
Coordinator of Children and Youth Services at 765-1494 local 1812

**Can Carriers**

**Materials:**

- Potato chip can or a mixed nut can with a lid
- Ribbon
- Single hole punch
- Stickers
- Magazine cut – outs
- Glue

**Directions:**

Punch a small hole in each side of the can, near the top. Thread a piece of ribbon through the holes and tie a knot or bow at the top. Fill with markers, crayons, pencils, art paper, candy or whatever you would like! Decorate your carrier with the stickers or cut out pictures. This is something you can keep ready to go for those last minute car trips or to take to the rink during the busy minor hockey season!

\*If you would like information on parenting issues such as toilet training, tantrums, separation anxiety, or any other question or concern, please contact Kim.

**Parade Notice**

**50th Annual Kingston Steer Barbeque & Village Fair**

**July 11th, 2009 - 10:45 a.m.**

Form up on Old Brook Road in Ravenwood Sub-Division, by 9:30 am

All participants are welcome:  
*Floats - Cars - Horse-drawn Wagons*  
*Marching Groups - etc.*

Come out and take part and advertise your business or group!

For more information, contact:  
Trevor Campbell at (902) 847-9815

**Season Opens: May Long Weekend 2009**  
**Closes: Thanksgiving Weekend 2009**

Bookings for 2009 Season start 1 April 2009

**Get Away From It All!**  
**Call 765-1494 ext 5341**  
*Make Your Stay, a Lake Pleasant One!!!*

**Available to: CF Military Regular/Reserve/Retired Members, DND Employees, NPF-PSP Personnel**

| Cottage Contents                                                                                                                                                                                                                                                                                                                                               | Amenities                                                                                                                                                                                                                                                                                                        | Your Responsibilities                                                                                                                                                                                                   |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>• Fridge/Stove (full size)</li> <li>• Beds (3)<br/>2 singles, 1 double</li> <li>• Microwave</li> <li>• Toaster Oven</li> <li>• Sofa</li> <li>• Clock Radio</li> <li>• Table &amp; Chairs</li> <li>• Kettle</li> <li>• Fire Pits</li> <li>• Barbeque (full size)</li> <li>• Patio Furniture</li> <li>• TV/VCR</li> </ul> | <ul style="list-style-type: none"> <li>• Club House</li> <li>• Games Room</li> <li>• Canoe/Paddle Boat Rental</li> <li>• Shower Facility</li> <li>• Laundry Facility</li> <li>• Beach (unsupervised)</li> <li>• Canteen (seasonal)</li> <li>• Firewood</li> <li>• Hay Rides</li> <li>• Special Events</li> </ul> | <ul style="list-style-type: none"> <li>• Food and Beverages</li> <li>• Linen</li> <li>• Utensils/dishes</li> <li>• Pots &amp; Pans</li> <li>• Other conveniences required to make your stay an enjoyable one</li> </ul> |

| Cottage Rentals                                    | Rec Card Holders | Non-Rec Card Holders |
|----------------------------------------------------|------------------|----------------------|
| Day                                                | \$30.00          | \$35.00              |
| Week / 7 nights                                    | \$210.00         | \$245.00             |
| • includes 13% HST                                 |                  |                      |
| <b>Damage Deposit for all Cabins is \$50/Cabin</b> |                  |                      |

# Parenting on Your Own

**Submitted by: Kim Dixon,  
GMFRC Coordinator of  
Children and Youth  
Services at 765-1494  
local 1812**

Raising a child on your own, whether it is by choice, divorce or death, can sometimes be tough work. It can often feel like you have no life, and at times you may feel very overwhelmed by the responsibility.

It is important to remember that part of being a good parent is to feel good about yourself. Try to exercise regularly, maintain a healthy diet and get plenty of rest. Combining work responsibilities with home responsibilities such as mowing the lawn, doing all of the cooking and laundry tasks, is often a source of great stress for single parents.

Unfortunately we are not super-parents and must accept the fact that we cannot do everything all by ourselves. Rather than trying to do everything yourself, ask for help when you need it. Have your family and friends help out from time to time. Or, trade off babysitting with other families – you still need time to yourself without your child. Some-

times just taking a walk by yourself or reading a book alone can give you the breather you need.

It is very easy to feel guilty about all of the things you can and cannot do without a partner in your life. Accept the fact that you are doing the best you can, and set realistic expectations for yourself. By doing this you will be able to reduce some of the stress you have in your life. One of the best things you can do for you and your child is to simply spend time with them. Even if you are busy with juggling work, home, soccer practice or going to the gym, try to take time out of your busy day for your child – no matter what. Make a point of giving them 30 minutes of your undivided attention every day. By doing this on a daily basis, you can feel good as a parent knowing that you are ensuring time for the two of you everyday. Giving them one – on – one time with you will help you to reduce your feelings of guilt, and provide them with a loving supportive home, which is the most important thing any parent can do to help children grow up well

adjusted and happy.

It is so important that we let our children be children. They need to have a childhood to develop naturally. Don't push them into becoming little adults because you need them to help you do chores around the house, or deal with your feelings of having to do so many things on your own. Get them involved in community activities such as fun workshops at your local Military Family Resource Centre or join a sports team. This is also a great opportunity for you to meet other parents and share parenting stories and advice. You might be surprised to hear that other parents are dealing with similar issues as you are.

Parenting is a hard but rewarding job. Watching children grow and develop into their own unique person is exciting – take time to sit quietly and watch what a wonderful job you are doing

If you would like more information on any parenting topics, or would like to meet to discuss concerns or challenges you are facing as a parent, please contact Kim at the GMFRC.



## Hanging Yellow Ribbons

On June 26<sup>th</sup> volunteers and staff of the Greenwood Military Family Resource Centre could be seen hanging yellow ribbons for Canada Day in honour of our deployed troops. Big thanks to volunteers Sonja and Jessie!!

(Photos: Karen Doiron, GMFRC).

**BOOKING SOON**

**BIRTHDAY PARTIES**

*at the Outdoor Pool*

*14 Wing Community Centre*

For more info call Yvonne Clarke 765-1494 ext. 1500

**RED FRIDAY** Don't forget to wear RED on Friday to show your support to the troops. There is no better way to make a statement and to say **thank you** to the men and women of the Canadian Forces than to proudly wear red on Friday. Drop by the Greenwood Military Family Resource Centre (GMFRC) to see us and buy a T-shirt to show your support!!! 100% of proceeds from the sale of Red T-shirts go directly to support GMFRC programs and services.

For more information please contact Michelle Thibodeau Wagner, GMFRC Coordinator of Special Events and Promotions at 765-1494 local 1421 or email at michelle.thibodeau-wagner@forces.gc.ca.

The Maritime Proving and Evaluation Unit will be hosting their 50<sup>th</sup> Anniversary / Reunion July 7-10 in Greenwood, N.S.

Former alumni interested in attending are encouraged to contact event organizers using the information below.

**NOVAM QUAEERE SCIENTIAM**

Maritime Proving and Evaluation Unit  
PO Box 5000 Stn Main  
Greenwood, NS B0P 1N0

Email: mpeu50th@gmail.com  
Phone: (902) 765-1494 ext. 3354 / 3335  
Fax: (902) 765-1206

# July 1<sup>st</sup> in Village of Greenwood



Leo Glavine, MLA Kings West assists Princess Greenwood Courtney Harrison and Village Chair Al Belliveau cut the Canada Day cake while RCMP Cont. Dave Simms looks on.

Little Blayz Prall 18 months and his 4 year old brother Chandler did not let a little soggy weather dampen their Canada Day spirit at the Village of Greenwood Canada Day celebrations.



**Red Fridays**  
Military Personnel Free...  
check website for more info

**Buy Three Fast Passes at Sobeys or Participating Retailers & Receive One Free Pass at the Park**

**Premium Family Season Pass**  
Your family can enjoy all the rides and attractions in the park all summer long...some restrictions apply.

Check Website or Call 1-888-248-4567 for full details.

**Park After Dark**  
July 11th • 8:30pm  
Hupman Brothers  
Brilliant musicianship with an original modern sound  
Rides open until 8:30

Check Website or Call 1-888-248-4567 for full details.



## Freeman's Auto Sales

### SUMMER CLEARANCE SALE

NO REASONABLE OFFER WILL BE REFUSED!!  
ALL UNITS MUST GO!!

Trades accepted at wholesale | Relaxed Credit Requirements

Call Gary Eisnor 765-2555  
826 Main St., Kingston • Across from Best Western Aurora Inn • After Hours 678-7188

| Stk#                     | Year | Make    | Model                | Description                      | Kms  | Original Price | Summer Clearance Price | Bi-weekly* |
|--------------------------|------|---------|----------------------|----------------------------------|------|----------------|------------------------|------------|
| <b>CARS &amp; VANS</b>   |      |         |                      |                                  |      |                |                        |            |
| 506/A                    | 2008 | Ford    | Focus SE Sedan       | 4cyl,Auto,A/C,PW,PL,HG           | 48k  | \$14,995       | \$12,995               | \$140      |
| 530/U                    | 2007 | Ford    | Focus SES Wagon      | 4cyl,Auto,A/C,Heated seats       | 53k  | \$15,995       | \$14,995               | \$162      |
| 540/A                    | 2006 | Pontiac | G6 Sedan             | V6,Auto,A/C,Alloys,Loaded        | 65   | ---            | \$13,995               | \$151      |
| 584/U                    | 2006 | Ford    | Fusion SEL           | V6,Auto,A/C,Leather,Loaded       | 12k  | \$13,995       | \$12,995               | \$140      |
| 534/A                    | 2006 | Chev    | Cobalt 2dr LT        | 4cyl,Auto,A/C,Alloys,Loaded      | 91k  | ---            | \$11,995               | \$130      |
| 582/U                    | 2006 | Ford    | Fusion SE            | 4cyl,Auro,A/C,PW,PL,PM           | 164k | ---            | \$15,995               | \$172      |
| 598/U                    | 2005 | Volvo   | XC70 Wagon           | 2.5T,Auto,AWD,Fully Loaded       | 95k  | ---            | \$13,995               | \$151      |
| 597/U                    | 2005 | Mazda   | 3 5dr Hatchback      | 4cyl,5spd,A/C,PW,PL,Alloys       | 98k  | ---            | \$12,995               | \$140      |
| 504/U                    | 2005 | Mazda   | 3 5dr Hatchback      | 4cyl,5spd,A/C,Alloys,Loaded      | 107k | ---            | \$12,995               | \$140      |
| 586/U                    | 2005 | Mazda   | 3 Sedan              | 4cyl,Auto,A/C,PL,KeylessEntry,CD | 102k | ---            | \$11,995               | \$130      |
| 595/U                    | 2005 | Toyota  | Matrix TRD Hbk       | 4cyl,5spd,A/C,PL,Alloys,Cruise   | 87k  | ---            | \$11,995               | \$130      |
| 587/U                    | 2005 | Pontiac | Montana SV6 ExtVan   | V6,Auto,Dual A/C,DVD,Loaded      | 98k  | ---            | \$10,995               | \$119      |
| -----                    | 2006 | Chev    | Uplander LS          | V6,Auto,A/C,PW,PL,CD,Quads       | 108k | ---            | \$10,995               | \$119      |
| 593/U                    | 2005 | Pontiac | Montana SV6 ExtVan   | V6,Auto,A/C,PW,PL,Cruise,CD      | 93k  | ---            | \$ 9,995               | \$109      |
| 589/U                    | 2005 | Dodge   | Grand Caravan        | V6,Auto,A/C,Quads,Stow'n Go      | 95k  | ---            | \$ 9,995               | \$109      |
| 570/U                    | 2005 | Chev    | Optra LS             | 4cyl,Auto,A/C,PW,PL,CD           | 120k | \$14,995       | \$ 9,995               | \$109      |
| 576/U                    | 2005 | Chev    | Optra LS Wagon       | 4cyl,Auto,A/C,PW,PL,Cruise,CD    | 96k  | ---            | \$ 8,995               | \$ 90      |
| 550/U                    | 2005 | Chev    | Cobalt               | 4cyl,Auto,A/C,CD,Spoiler         | 84k  | ---            | \$ 8,995               | \$118      |
| 484/U                    | 2005 | Ford    | 500 SE               | V6,Auto,A/C,PW,PL,Cruise         | 100k | \$ 9,995       | \$ 8,995               | \$118      |
| 575/U                    | 2005 | Saturn  | ION 2 Sedan          | 4cyl,Auto,A/C,PW,PL              | 94k  | \$10,995       | \$ 7,995               | \$107      |
| 590/U                    | 2004 | Volvo   | XC70                 | 2.5T,AWD,Auto,Fully loaded       | 88k  | ---            | \$ 6,995               | \$ 94      |
| 499/A                    | 2004 | Chev    | Venture              | V6,Auto,A/C,Quads,PW             | 92k  | ---            | \$ 6,995               | \$ 94      |
| 592/U                    | 2004 | Hyundai | Accent GL Sedan      | 4cyl,Auto,A/C,PW,PL              | 81k  | \$ 9,995       | \$ 6,995               | \$ 94      |
| 526/U                    | 2004 | Nissan  | Sentra               | 4cyl,Auto,A/C,CD                 | 75k  | ---            | \$ 7,495               | \$107      |
| 591/U                    | 2004 | Hyundai | Accent GSI 2dr       | 4cyl,Auto,A/C,Sunroof,CD         | 94k  | \$10,995       | \$ 7,995               | \$107      |
| 478/U                    | 2004 | Chev    | Optra LS             | 4cyl,Auto,A/C,PW,PL,Cruise       | 88k  | ---            | \$ 6,995               | \$ 94      |
| 580/U                    | 2004 | Kia     | Rio RS               | 4cyl,Auto,PS                     | 92k  | ---            | \$ 6,995               | \$ 94      |
| 569/U                    | 2004 | Hyundai | Accent GL            | 4dr,4cyl,Auto,PS,Tilt,CD         | 81k  | \$ 9,995       | \$ 6,995               | \$ 94      |
| 504/U                    | 2004 | Chev    | Aveo 4dr             | 4cyl,5spd,PS                     | 95k  | ---            | \$ 6,995               | \$120      |
| -----                    | 2002 | Pontiac | Sunfire              | 2dr,4cyl,Auto,A/C,PW             | 75k  | ---            | \$ 7,495               | \$107      |
| -----                    | 1981 | Triumph | TR7 Convertible      | 4cyl,5spd,PS,CD                  | 139k | ---            | \$14,995               | \$140      |
| <b>TRUCKS &amp; SUVs</b> |      |         |                      |                                  |      |                |                        |            |
| 583/U                    | 2008 | Ford    | Escape XLT           | 4cyl,Auto,FWD,Loaded             | 77k  | ---            | \$22,995               | \$247      |
| 596/U                    | 2006 | Ford    | Explorer Eddie Bauer | V6,Auto,AWD,Leather,S/R          | 63k  | ---            | \$11,995               | \$130      |
| 588/U                    | 2006 | Ford    | Ranger Sport S/C     | V6,5spd,A/C,Alloys,Liner         | 81k  | ---            | \$18,995               | \$315      |
| -----                    | 2003 | Ford    | F150 King Ranch      | 4wd,5.4L,Auto,Crew Cab,Loaded    | ---  | ---            | ---                    | ---        |
| -----                    | 2000 | Jeep    | TJ Sport             | 4wd,4.0L,Auto,Soft & Hard        | ---  | ---            | ---                    | ---        |

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