



The Aurora

newspaper



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Change of Command Ceremony at 14 Wing Greenwood

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on page 2.

By: Captain Scott Spurr

The Change of Command Ceremony for the Wing Commander at 14 Wing Greenwood took place under cloudy skies on Thursday, July 23, 2009. Outgoing Wing Commander, Colonel Derek Joyce officially handed over the duties and responsibilities of the Wing after two years to incoming Wing Commander, Colonel Bill Seymour. Colonel Seymour prior to taking over Command of the Wing, recently completed a staff/flying tour at the Canadian Contingent, NATO Airborne Early Warning Force in Geilenkirchen, Germany, serving both as the Canadian Chief of Staff, and as an E-3A AWACS navigator.

(Photo's by:
Private I.
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Change of Command Ceremony at 14 Wing Greenwood



Outgoing Wing Chief Warrant Officer J. Hammy Hamalainen, Outgoing Wing Commander Colonel D.W. Joyce and Incoming Wing Chief Warrant Officer, J. Jardine sign the Change of Appointment for Wing Chief Warrant Officer.



The arrival of Division Commander, Major General Blondin for the Wing Change of Command Ceremony happening the next day. The Major General inspects the Honour Guard in the entry of the 14 Wing Headquarters building.

(Photo's by: Private I. Thompson, Image Tech, 14 Wing Imaging)

Cover story continued.
The presiding officer for the parade was Major-General (MGen) Yvan Blondin, Commander 1 Canadian Air Division, Commander Canadian NORAD Region, and Combined Forces Air Component

Commander. The General also flew in a day early to conduct a brief tour of some of the facilities on the Wing such as the Greenwood Military Family Resource Centre.

The ceremony also included the Change of Appointment between the outgoing Wing

Chief Warrant Officer, Jorma Hamalainen and the incoming Wing Chief Warrant Officer, Jim Jardine.

The event was attended by several dignitaries such as Honorary Colonel George Canyon, Major-General Ian Patick (retired) Lieutenant-

General Eric Findley (retired) and West Nova Federal Member of Parliament, Greg Kerr.

Several members of the Wing were also on parade and were inspected by the reviewing Officer, MGen Blondin. The Wing's Band and Pipes and Drums provided music

during the ceremony with aircraft from the Wing conducting a fly past towards the end of the parade.

After several speeches, the outgoing Wing Commander, Colonel Joyce bid farewell to the Wing and was promptly met by outgoing Wing Chief

Warrant Officer Hamalainen on a bicycle built for two! Together, they rode off of the parade square to applause from the men and women of the Base who greatly appreciated the leadership and guidance that they gave to the Wing over the past two years.

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593/U	2005	Pontiac	Montana SV6 ExtVan	V6,Auto,A/C,PW,PL,CD,Quads	SOLD			
589/U	2005	Dodge	Grand Caravan	V6,Auto,A/C,Quads,Stow'n	SOLD			
570/U	2005	Chev	Optra LS	4cyl,Auto,A/C,PW,PL,CD	93k	---	\$ 9,995	\$109
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Greenwood Kingston Family Health Clinic - How do I become a patient?

(Submitted by Family Health Clinic Team)

Planning continues for a fall opening of the Greenwood/Kingston Family Health Clinic. Only dependents of both Regular and full time Reserve Military personnel, who currently do not have a family physician or a physician within 25 km of their home, will be accepted first.

If you meet the criteria, look for a wing wide internal email with a questionnaire attached. This is an initial screening form that must be completed. This form is confidential and will be used by the clinic primary care team to begin the process of meeting your health care needs.

The screening form must be completed for all eligible family members and returned to the Wing Administration Officer by September 1, 2009.

After September 1st you will be contacted by the clinic reception team to arrange your first appointment to review medical history. Over time, all eligible patients will receive an introductory appointment, but those family members with significant medical concerns, expecting a new baby or with children under two years of age will receive first priority. Daily appointment times will be saved for urgent medical problems; so even if you haven't had your initial appointment, your urgent con-

cerns, like a child's fever or ear ache can be assessed.

The family health clinic team works together. Your appointments can be scheduled with a nurse practitioner, a dietitian or a family physician. Family physicians will be available two days each week.

Accepting new patients into a practice takes time, so your patience is appreciated. The clinic team looks forward to meeting you. Should you have any further questions, please contact the Wing Administration Officer, LCol P.J. Smith McBride at local 5231 or at PAMELA.SMITHMCBRIDE@forces.gc.ca.

Greenwood 101

Présenté par: Nicole Godin, Coordonnatrice du service d'accueil et de renseignements à la communauté du CRFMG au 765-1494 poste 5941 ou adresse courriel à nicole.godin@forces.gc.ca

Vous avez été affecté à la 14e Escadre de Greenwood cet été? Vous voulez savoir quels sont les ressources disponibles dans les régions environnantes de Greenwood et Kingston? Vous aimeriez faire un tour guidé des environs? Vous voulez savoir les programmes et services que vous offre le CRFMG?

Si vous avez répondu oui à une ou à toutes ces ques-

tions, ceci est pour vous.

Greenwood 101 fait parti du program de bienvenue qui cible les nouvelles familles affectées à la 14e Escadre de Greenwood, pour qu'elles se sentent accueillies, leur donner de l'information au sujet de leur nouvelle collectivité et facilite leur transition au sein de celle-ci.

Date: Le mercredi 16 septembre 2009

Heure: de 9 h pour tour guidé et 11h30 pour BBQ familiale

Coût: gratuit

Lieu: Départ du stationnement du CRFMG

Cible: Nouvelles familles affectées à la 14e Escadre de Greenwood

Date limite d'inscription: le mercredi 9 septembre 2009

Si vous voulez participer à cette grande aventure, veuillez téléphoner le 765-5611 pour vous y inscrire avant la date limite. Le service de garderie sera offert gratuitement au CRFMG mais est limité à un maximum de 10 enfants. Veuillez nous laisser savoir s'y vous avez besoin du service de garderie lors de votre inscription. Au plaisir de vous rencontrer.

Submitted by: Nicole Godin, GMFRC Coordinator of Outreach and Community Information Services at 765-1494 local 5941 or email nicole.godin@forces.gc.ca

Have you been posted to 14 Wing Greenwood this summer? Would you like to go on a tour of the Area? Would you like to find out what is available in the Greenwood/Kingston areas? You would like to find out what your GMFRC has to offer you?

If you have answered yes to one or all of the questions, than this if for you. GMFRC Greenwood 101 is a new com-

ponent of the Welcome Program to welcome and orient families to their new community, to offer opportunities to newcomers to connect and socialize, and to ease the transition.

Time: 9:00 a.m. Bus Tour and 11:30 Family BBQ

Location: Leaving GMFRC Parking Lot

Cost: Free

Offered to: Newly posted

families to 14 Wing Greenwood only

Registration deadline: Wednesday, September 9, 2009

If you would like to participate in this great adventure, please call 765-5611 to register prior to the registration deadline. Childcare will be available at the GMFRC, free of charge but will be limited to 10 children, so when you register, please let us know if you require childcare. See you soon.

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PSP Corner

50 Years of the Greenwood Golf Course

The Greenwood Golf Club began in the 1950's as an initiative to create more social and recreational opportunities for the serving military members, their families and the surrounding communities. In 1957, under the direction of Group Commander J.C. Scott the building of the golf course was undertaken, with the first golf played on the site in 1959. Today we are an affordable and beautiful full service 18 hole golf course, considered by many to be one of the most challenging and entertaining courses in the Annapolis Valley. To celebrate this, our courses 50th Anniversary, we have planned a number of events throughout the season.

Our celebration kicked off in May with a Meet and Greet Opening Tea. There were about 40 members in attendance and everyone had a great time. Refreshments were provided by the Ladies wing of the club, and prizes for best "Ladies hat" and best "1950's costume" were awarded. The event was a great success and we plan to carry on with this tradition in the future.

The last weekend in May we held our Inaugural "Founder's and Builder's" Mixed 4 Person Scramble. This was a 2 day team event which attracted 13 teams from

across the Province. All had a great time, as we think this was a unique format on the Provinces Mixed Tournament calendar. We started the tournament so that we could honour the hard work and dedication of some long standing members. This year's honourees were Joe and Rita Bartkow, who have been driv-

We plan to make this tournament an annual event as well, honouring some important members and running the last weekend in May of each year.

Our major 50th Anniversary celebration is planned for the weekend of 14-15 August. The festivities will open with a very special "Friday Night 2-Ball" on the 14th. "Friday

groups starting play in six-somes shortly after. The registration fee for 2-Ball is usually \$2.50, but on the 14th the cost is just 50 Cents to celebrate our 50th Anniversary! As well as the usual meal and prize presentation at the end of the evening on the 14th, we are planning an open mic/jam session/kitchen party, so

Anniversary Mixed Scramble. It will be an 8:00 a.m. start, possibly a shotgun if we can get 72 players pre-registered. It will follow the same format as our other club mixed scrambles, which have proven to be great events and quite well attended because they are fun and not competitive. Registration is open to anyone

pool. We want this to be our biggest club tournament of the year, so come on out and enjoy the day with us, even if you've never played in a tournament here before.

Our most interesting 50th Anniversary initiative is a history of our club and course compiled by Alice Langill. It takes a look at how and where we started, how the course was planned and built as well as some great stories about the past members and events that have made our club such a great place to be a member. Look for the history booklet to be available in the clubhouse sometime in mid August.

After your round perhaps you would like to take in the Classic Car Show and Fly-in as part of the Centennial of Flight celebrations happening on the runway from noon-5:30 p.m. and the Annapolis Big Band Dance at the Mess on Saturday night.

On behalf of the members and staff of the Greenwood Golf Club I'd like to thank you for taking a quick look through the events and plans for this, our 50th Anniversary season. We hope to see you out on the course soon, as we are in our best shape in years. We are truly proud of being Golf Fore You for 50 seasons, and are looking forward to 50 more.



ing forces at the club since they arrived in 1960. We presented them with a plaque in recognition of their many years of service and friendship at the club. The eventual tournament winners were Lorne McMullen (Eden), Peter Foy (Greenwood), Mary Cameron-Kelly (Paragon) and Janice Spinney (Greenwood).

"Night 2-Ball" has been a long running and very successful part of our club, as it's a great and inexpensive way for new golfers to get out and try the game in a more relaxed atmosphere. It's played in mixed pairs, put together by random draw as the players show up. Registration for 2-Ball begins at 4:00 p.m., with the first

bring your instruments or your singing voice and help us celebrate our 50th. We'd like to have our biggest 2-Ball crowd of the season, hopefully 60+ players, so if you've never played 2-Ball before August 14th would be a great night to give it a try.

The next morning, August 15th, we are planning our 50th

who has ever been a member of our club. You must sign up in the clubhouse no later than Thursday August 13th by 4:00 p.m. The registration fee for this event is \$20 for current members and \$30 for past members, the fees go towards a meal following the tournament with the balance of the proceeds going into the prize

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BOP 1N0

14 Wing Personnel Return from Deployment in Afghanistan

By: Captain Scott Spurr

On Friday, July 24, 2009, thirteen members of 14 Wing Greenwood returned to the Wing under a cloudy grey sky from the dusty, arid land of Kandahar, Afghanistan. The big blue military bus that had transported the members from the Halifax International airport turned the corner around 8:15 p.m. to stop in front of the Annapolis Mess amid cheers and squeals of joy from waiting family members.

The personnel had just spent the last seven months deployed as part of the Flight that was responsible for operating Canada's Unmanned Aerial Vehicles (UAVs). The Heron UAVs have been used in theatre as reconnaissance platforms for Coalition forces in their ongoing mission in Afghanistan.

Major Daniel Boisvert was in command of the UAV flight and said this about returning home, "we were there for seven months... having not seen all your family and friends and all that, it's a good feeling!" Master Warrant Officer

Doug Harry stated that he "was looking forward to having a good glass of milk" when he got home.

Since 2003, the Canadian Forces have operated the Sperwer tactical UAV in Afghanistan, but upgraded to the Heron UAV late last year which has a greater range and more sophisticated functions. The UAV Flight is part of the Joint Task Force Afghanistan Air Wing and the UAVs have conducted thousands of hours of flight in the past six months over the country.

In December 2008, the Canadian Forces stood up the Joint Task Force-Afghanistan Air Wing. It consists of all CF air assets in theatre, and includes the Canadian Helicopter Force Afghanistan, which operates the CH-147 D Chinook, CH-146 Griffon and chartered Mi-8 helicopters; the Canadian Heron UAV Detachment, which operates the Heron UAV; the Tactical Airlift Unit operating the CC-130 Hercules; and the Theatre Support Element in the Persian Gulf region.

After reuniting with family members the UAV Flight



Front Row (L-R): MCpl Nathalie Keeping, Cpl Justin MacLean, Capt Gary Wiebe, Capt Eric Duquette, Cpl Myriam Bourgoin-Bourgeois, Capt Fred Janiel Boisvert.

Back Row (L-R): MWO Doug Harry, Sgt Rock Beaulieu, MCpl Matt Ernst, MCpl Chuck Paquette, MCpl Mark Maher.

(Photo: Captain Scott Spurr)

quickly disbursed and started their post deployment leave for a well-deserved holiday!

Greenwood Golf Club 1/2 Season Rates

Begin 22 July 2009

	Military/DND/NPF	Civilian
Single Adult	\$329	\$359
Couple	\$569	\$599
Senior	\$299	\$329
Weekday	\$269	\$299

Half season memberships taken out before 1 September qualify for a \$100 savings on a 2010 membership.



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- A Valid Community Council Card is required for Membership •



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Kingston Legion Br 98 ~ August 2009

Office 765-4920 • Bar 765-4428 • Fax 765-2479 • E-Mail legion98members@ns.sympatico.ca

Sun	Mon	Tues	Wed	Thu	Fri	Sat
Events Subject to Change Without Notice.						BREAKFAST 1
Members & Guests Welcome!						
2 BINGO	3 EUCHRE	4 BINGO	5	6 CRIB	7 BIG DEAL	8 CRIB HORSESHOES
9 BINGO	10 EUCHRE	11 BINGO	12 GOLDENAIRES GOLF MTG	13 CRIB GOLDENAIRES GOLF	14 COUNTRY HEAT GOLDENAIRES GOLF	15 DARTS LADIES OVER 50 BRANCH PLAYOFF
16 BINGO	17 EXEC MTG EUCHRE	18 BINGO	19	20 CRIB	21 NO MUSIC	22 VETS MEET & GREET DARTS OVER 50 OPEN
23 BINGO	24 EUCHRE	25 BINGO	26	27 CRIB	28 SPARE PARTS	29 DARTS BR MIXED TEAMS PLAYOFFS
30 BINGO	31 EUCHRE					

Legion Calendar
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VALLEY DRUG MART

613 Main St.
KINGSTON
765-2103

488 Main St.
LAWRENCETOWN
584-3366

26 Commercial St.
MIDDLETON
825-4822

2009 Terry Fox Run! Volunteers needed

By: Eric MacKenzie, Community Recreation Coordinator

The 2009 Terry Fox Run (Site # 1060) is set to once again happen on Sunday 13 September 09 which is the weekend prior to our annual Wing Welcome. Registration will take place at the 14 Wing Community Centre at 12:00 p.m. where a warm up will be offered at 12:45 p.m. prior to the official start at 1:00 p.m.

Individuals can either participate by walking, running or biking the 10km route planned. However, please note that helmets are mandatory and *you will not be permitted to bike the route if you do not have a helmet*. If you do not have a helmet you can still walk or run the route if you wish. Also, please be aware that *an adult must accompany participants under the age of 8*. Finally, it is important to note that both the 5km and 10km routes have changed since the routes will only travel around the PMQ's and Base but will once again start and finish back at the 14 Wing Community Centre around 3:00 or 3:30 p.m.

We are pleased to announce that the Terry Fox 100km Challenge has been set, are you ready for it? This challenge

is for anyone who would like to run, walk or bike 10km a day, for ten straight days, starting on Friday 04 September. The goal is to complete your final 10km during the 2009 Terry Fox Run event on Sunday 13 September. So if you are interested in joining the team or learning more about this challenge, contact Eric MacKenzie at the 14 Wing Community Centre at the number provided below.

This is the second year that the Village of Kingston has partnered with 14 Wing and with this great partnership, we expect this event to be even larger and more successful than ever. It is also our goal that this partnership will increase the

amount of donations that we are able to collect in support of the Terry Fox Foundation!

However, as a result of this event growing, the demand and need for volunteers has also grown. This event is just over a month away but we would like to remind everyone that the success of this annual fundraiser requires a great deal of community assistance and support. If you are interested in volunteering, please contact Eric MacKenzie at the 14 Wing Community Centre at 765-1494 ext. 5337.

Lastly, please keep an eye out for pledge sheets and Terry Fox Run posters in the community around mid August.

Pre-Teens Had a Blast at Last Friday's Beach Party Dance!

The 14 Wing Community Centre offers pre-teen dances every other week throughout the year. For more info, contact a youth recreation worker at 765-8165.





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We Apologize

We would like to apologize for the lack of inventory we are experiencing presently. Sales for Ford dealers in Atlantic District are up 50%. We ordered our proper allocation of vehicles but are sales rate has far surpassed our regular inventory forecast.

Reasons:
Ford leads Canada for the first time in 50 years; Sales up nearly 25%

For the first time in more than 50 years, Ford Motor Company of Canada limited is the #1 automaker in the Country. Ford of Canada sold 24.6 per cent increase in sales over last year.

Reasons why:
Ford maintains strong Sales numbers and are growing market share each month while most manufactures are sliding. Survey Indicates Ford Benefits From Troubles of Others and Not Taking Bailout Money.
American consumers' opinions about Ford Motor Company have been positively influenced by the company's decision not to accept government bailout funds, and by the bankruptcy filings of rivals General Motors and Chrysler. Automotive research and analysis firm AutoPacific conducted an online survey of more than 900 U.S. consumers regarding their purchase intent and opinions of individual car companies. Ford scored 48%, far ahead of GM's 15% and Chrysler's 14%.

Solution:
To help our low inventory situation and to continue to keep our sales rate turning we are making available our Employee pricing on 2010 ordered units before the end of August. You can order any 2010 model and we will give you our current employee plan pricing and lock it in until delivery in the fall. Please call or come in for details.

Bill Sampson
President/Dealer Principal
Fundy Ford Sales Limited

"Your Favourite Ford Dealer"

Celebrating 26 years in the Annapolis Valley 1983-2009

14 Wing Library

BOOK SALE

Hard covers ~ \$1.00
Paperbacks ~ \$0.25






Located at AVM Morfee Centre, School Street • 765-1494 Loc. 5430

Greenwood Minor Hockey Presents

2009 Hockey School

27-31 August
(Thursday-Monday)
Greenwood Gardens

24 hours of on-ice instruction

On-ice Training

- Skating
- Puck control
- Checking (Group 2 & 3 only)
- Passing and receiving
- Shooting

Age Groups (as of 31 Dec 2009)

Group 1	Group 2	Group 3
8-9-10 yrs	11-12 yrs	13+ yrs
7:30-12:00 pm	12:30-5:00 pm	5:30-9:00 pm

Each group is limited to a maximum of 36 skaters and 6 goalies

Cost: (all fees include HST)

14 Wing Rec Card Holders	\$170.00 Groups 1&2
	\$140.00 Group 3
Non-Rec Card Holders	\$200.00 Groups 1&2
	\$170.00 Group 3

Registration:
Registration may be done by calling the 14 Wing Community Centre at 765-1494 local 5341/5331 or preferably in person.

Toward Solutions Counselling Services

Shannon Doubleday MC, RCT-C, CCC.
Individual & family counselling specializing in adolescents and family issues

NOW PROVIDING IN GREENWOOD

Canadian Forces Members Assistance Program (CFMAP) Counselling Services
Available to military families in need of short term counselling
~ 698-1816 ~

Correction Notice

Your Atlantic Ford Dealers want to inform you that an error occurred in the Ford Employee Pricing newspaper insert which is running in newspapers this week, w/o July 20th, 2009.

The insert incorrectly stated the model year of the Ford Escape as 2010, when in fact the model year is 2009. The offer featured is correct for the 2009 Ford Escape XLT FWD.

We sincerely apologize for any inconvenience this may have caused you.

YOUR ATLANTIC FORD DEALERS ASSOCIATION

Religious Education Classes – It's Time to Register!

Registration for Religious Education begins August 2, 2009, and will run until September 13, 2009. If you have a child eligible for Religious Ed at Queen of Heaven Chapel, please pick up a form at the Chapel any Sunday, call the Wing Chaplain's Office at 765-

1494 Ext 5883, or contact the Coordinator, Samantha Ford, directly at 765-6525.

The Chapel offers full classes for grades primary to grade six, from September until June. Sacrament preparations for First Communion (Grade 2), First Reconciliation

(Grade 4) and Confirmation (Grade 6) also run the full year, and your child must be registered by September 13 to receive these sacraments. Classes will start at the beginning of September, firm date to be announced.

Parents, please be re-

minded, that part of your responsibility in registering your children for Religious and Sacramental Education, is regular attendance at Mass. The Celebration of one's faith, in conjunction with educational formation, is intrinsically linked to one another

and finds a greater fullness in the living out of our faith. We look forward to seeing you in the midst of our worshipping community. (Fr. Tim Nelligan – Chapel Life Coordinator)

We are also looking for volunteers to help teach. All les-

sons are pre-planned, so if you have a couple of spare hours a week and a little creativity, please consider teaching!

Any questions, please call: Samantha Ford, Coordinator at 765-6525 or call the Chaplain's Office - 765-1494, Ext 5883.

Veteran of the Month

Comrade Ralph Swinamer

Comrade Ralph has always been a "Valley Boy" calling Windsor, N.S. his home. He joined the R.C.A.F. in 1952 where he would train to become an Air Frame Technician. He served in Greenwood, North Bay, Cold Lake, 2 (F) Wing France and then back to Greenwood. Comrade Ralph re-mustered to Flight Engineer in 1969 and accumulated 9000 flying hours between the Argus and Aurora. He finally retired from the Regular Force in 1985 and re-enlisted in the Reserves in 1988 only to retire once again in 1990, serving a total of 27 years. Ralph and Marilyn have two sons and two daughters. He joined Branch 98 in 1967 and served as President in 1971. Comrade Ralph is a "Life Member" and was awarded the L.M.S.M. He is still an active member in the Branch and works as the Branch Historian. The Kingston Legion Br.98 is proud to present Comrade Swinamer as "Veteran of the Month" for August 2009.




A Big GMFRC Thank You

Submitted by: **Michelle Thibodeau Wagner, GMFRC**
Coordinator of Special Events and Promotions at
765-1491 local 1421 michelle.thibodeau-
wagner@forces.gc.ca

The Greenwood Military Family Resource Centre (GMFRC) would like to send a huge thank you to Sobey's Greenwood for their support for our troops. On July 24th and 25th Sobey's sponsored a fundraising BBQ in support of our troops where 100% of the proceeds will be used to fund GMFRC programs and services for the troops and their families. Thank you Sobey's Greenwood, for your assistance during the fundraiser;

for your generosity in donating the products and most of all thank you for your ongoing support for our troops.

Community partners allow the GMFRC to serve our troops and their families. Local businesses donate to our centre, some businesses encourage their staff to wear red on Friday, some display a yellow ribbon and some help us spread the Red Friday word by selling our t-shirts at their place of business. However our community partners show their support for our troops, it is noticed and appreciated; we salute you.



THE MUNICIPALITY OF THE COUNTY OF KINGS
 87 Cornwallis Street PO Box 100
 Kentville, NS B4N 3W3

Tender 09-16

Supply of Sludge Conveyor System

The Municipality of Kings County invites tenders for the supply of the following:

- design and build a second conveyor system including any required modifications to the existing conveyor at the Regional Sewage Treatment Plant Headworks Building, New Minas, N.S.


Specifications and tender documents are available at <http://www.county.kings.ns.ca/general/tenders> or the office of the Engineering and Public Works Department, 87 Cornwallis Street, Kentville, N.S. between the hours of 8:30 a.m. and 4:30 p.m. Monday to Friday.

SEALED TENDERS WILL BE ACCEPTED UNTIL 2:00 p.m. Thursday, August 6, 2009.

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality reserves the right to waive formality, informality or technicality in any tender.

Satu Peori, Operations Manager
 speori@county.kings.ns.ca

Tel:(902) 690-6195 Fax: (902) 679-0911
 Local from Kingston & Greenwood 1-800-337-2999
www.county.kings.ns.ca



THE MUNICIPALITY OF THE COUNTY OF KINGS
 87 Cornwallis Street PO Box 100
 Kentville, NS B4N 3W3

TENDER 09-17

SUPPLY OF HOIST ASSEMBLY

The Municipality of the County of Kings' Department of Engineering and Public Works invites tenders for the supply of the following:

- Design, build and install one hoist assembly in Blower House 2 at the Regional Sewage Treatment Plant, New Minas, N.S.

Specifications and tender documents are available at the office of the Engineering and Public Works Department, 87 Cornwallis Street, Kentville, N.S. between the hours of 8:30 a.m. and 4:30 p.m., Monday to Friday or at: <http://www.county.kings.ns.ca/general/tenders>.

SEALED TENDERS WILL BE ACCEPTED UNTIL 2:00 P.M., THURSDAY, AUGUST 13, 2009

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality reserves the right to waive formality, informality or technicality in any tender.

Satu, Peori, Operations Manager
 speori@county.kings.ns.ca

Tel:(902) 690-6195 Fax: (902) 679-0911
 Toll Free 1-800-337-2999
www.county.kings.ns.ca


Notice to 14 Wing Greenwood Married Quarters Residents

Reference:
 DAOD 4007-2 Fire Protection Services NFPA 291

From: 14 Wing Fire Chief and Staff.

The 14 Wing Fire Department will be conducting Hydrant Flow Testing on base and in the Married Quarters. The purpose of conducting Hydrant Flow Testing is to identify any deficiencies and to ensure the water main and delivery system is serviceable. The testing will be conducted Monday through Saturday between the hours of 1730 to 2100 hrs during the month of Aug 09. You may incur some water discoloration or sediment during the time of testing, it is recommended that you do not do any laundry at this time due to water may discolor your cloths. For more information concerning the Hydrant Flow Testing, please contact the 14 Wing Fire Department at 765-1494 extension 5206.

K.B. Ochitwa, WFC, 14 Wing Fire Chief, x 5473



THE MUNICIPALITY OF THE COUNTY OF KINGS
 87 Cornwallis Street PO Box 100
 Kentville, NS B4N 3W3

REQUEST FOR PROPOSALS

GIS DATA DEVELOPMENT – COLDBROOK SEWER SYSTEM SURVEY

The Engineering and Public Works Department (EPW) of the Municipality of the County of Kings (Municipality) requires services from a qualified Consultant to conduct field surveys to collect the spatial and non-spatial attributes of the infrastructure making up the Coldbrook Sewage System in Coldbrook, Nova Scotia.

This project is intended to aid in updating the Municipality's Geographic Information System (GIS). This project will also aid the Municipality's efforts to develop a Total Asset Management Model consistent with the new Public Sector Accounting Board requirements. Location of critical infrastructure will be collected with Global Positioning System (GPS) technology and Total Station survey methods as applicable. The request for proposals document can be found on the Municipal website shown below.

Inquiries pertaining to this tender may be directed to Monica Beaton, GIS Technician at: mbeaton@county.kings.ns.ca or (902) 690-2452.

SEALED TENDERS WILL BE ACCEPTED UNTIL 2:00PM Thursday, August 20, 2009

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

Tel:(902) 690-6195 Fax: (902) 679-0911
 Local from Kingston & Greenwood (902) 847-3051
www.county.kings.ns.ca



Hollywood Glamour at Wee Folk

Our "Hollywood" Summer Camp was a great success. One of the two highlights were the Limousine Rides, provided by Fundy Limousine Services from Granville Ferry. A big thank you to our driver David Longmire, who made the rides affordable.

The other highlight was our "Oscar Presentation". A big thank you goes out to Nadine Geddes, from Castle Cuts in Greenwood, for providing all the children and staff with Hollywood-Style hairdos, as pictured by two of our starlets.

Junior Ranks - Junior Officers
(Pte - MCpl and Ocdt - Lt)
August Green Fee Special
\$12 for all the golf you can play after 3 PM

\$20 for Power Cart Rental
if you qualify for this green fee

\$2 for club rentals
if you qualify for this green fee

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www.greenwoodgolfclub.ca

- Offer ends 31 August 2009 • Some conditions apply •
- Subject to availability •
- Photo ID may be required to enter the base •

Family Field Trip
Aug. 9 2009

4:45: Leave C.C.
5:00: Arrive @ Oaklawn
6:00: Supper
7:00: Feeding Time!
8:00: Leave Oaklawn
8:15: Arrive @ C.C.

Cost: \$3.50/2.50/1.50 info. 765-8165
Pre-Register by Aug. 5 12&Under with Adult

60th
Wedding Anniversary

*True love stories are everlasting.
The wedding was many years ago,
The celebration continues to this day.
Happy 60th Anniversary Mom and Dad,
with love from all your family and friends.*

MEN WANTED SEEKERS

WHAT IS THE TRUTH?

Forming up a new Church in this area, from "scratch" — need a dozen men (serious SEEKERS only) to become Believers.

To this end we will be reading GOD'S WORD, The Holy BIBLE, the only source of TRUTH in these days... the whole Book — from cover-to-cover!

This will be done in weekly (Sunday) sessions until finished.

Join me, and others, in this endeavor.

"Keep on seeking and you will find... everyone who seeks, finds." Jesus (Matthew 7:7-8)

NLT

For details — write
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New Chef & New Menu

Fridays in August will feature Frank Dobbin on the keyboard and free dessert with purchase of an evening entrée
Dine in our new eating area or enjoy a cold beverage in The Club Room Lounge

Starting August 6th
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The 19th Hole

It is *summer* ...I think. Apparently we have had record rain in the month of July, but somehow we have managed to golf anyway. Maybe the months of August and September will be our real summer. First of all, congratulations Randy Anderson on your Hole in One, apparently this is his first and he was "some" pleased. He aced the 8th Hole ...you are now in the Elite Club. Well done.

The Leafs Have Won the Challenge Cup

...it has been 42 years since the Leafs won the Stanley Club, BUT on July 25th the Greenwood golfers who support the Toronto Maple Leafs defeated the golfers who support The Habs and they have the bragging rights for this year. I wish I had been around to see this event, apparently there were lots of Blue and White shirts, towels, flags etc and of course there were the Red ones as well. Can you tell that I grew up in a Toronto Maple Leaf family? Congratulations to all the golfers...especially the Blue Team! Here is a recap by Steve Greenwood:

The Toronto Maple Leafs vs Montreal Canadiens 18 holes match play challenge was a great success. With 20 players on each team there were 20 points up for grabs: 1 point for a win and 1/2 point for a tie. The Leafs were lead by superstars Stu Nauss, Scottie Cooper and Doug Carpenter: while the Habs had Brian Walker and Randy Anderson as their super-stars. This reporter, who is completely impartial and un-biased, has it on good authority that the Leafs actually paid a couple of very good neutral players to join their team to boost its strength. If true, it shows that the Leafs will do anything to win. It turned out to be a very tight match with match with many matches being decided on Holes 17 and 18. As it happened, it was up to the very last group on the course to determine the outcome. The final score was 10.5 for the Leafs and 9.5 for the Habs.

The Habs fought valiantly against the boosted Leafs team and just came up a fraction short. Had the Leafs had some respect for fair play, the result could have been much different. Results for the Leafs were: Stu Nauss def Brian Walker: Scottie Cooper def Randy Anderson: Brian Reid Def Scott Spurr: Matt Pitman def Ralph Fevers: Deena McNeil def Doris Sampson: Ron Jenkins def Frank Croucher: Steve Belanger def Moe Gravel: Paul Laquant def Pat Patterson: Weldon Rideout def Ian MacKenzie: Results for the Habs were: Bruce Whitman def Tom Gorman: Pete Foy def Shawn Cooze: Bill McDonald def Phil Doucette: Betty Saltzman def Donna Hill: Dan Smith def Doug Carpenter: Wayne Pellerine def Pat Grist: Glenn Watters def Ron Ubbens: Wayne Cathcart def Dave McDowell. There were 3 tied matches: Brent Jones and Mike McCorry: Ken Caldwell and Steve Greenwood and Danny Snow and Bruce Pellerine. Congratulations to all competitors, especially those who had never played in a match play competition before. This is a lot of fun. We will have to consider doing this again sometime. (Imagine Steve saying the Leafs boosted their team....does that sound like sour grapes?) GO LEAFS GO!

The Guys and Dolls tournament was held on Sunday July 26th and 16 teams took part in this fun competition. Field Low Net was won by Randy Anderson and Donna Hill...congratulations...nice score 66.5 The other prize winners were: 1st LN Scott and Paulette Swindells: 2nd LN Bill McDonald and Deena McNeil: 3rd LN Dean and Betty Saltzman: 4th LN Marcel Levesque and Alice Langill and 5th LN Eric and Margie Welin. Congratulations to all the winners and thanks to the organizers of this event.

Just a reminder, Ladies don't forget to sign up for the Ladies 2-Ball to be held on August 9th. Sign up sheet is in the Ladies Locker Room.

Tuesday Night Men's results for July 28th: There were 42 golfers out for the 3 Man Scramble and the weather was really hot and humid ...it's summer! The Winners were:

1st Place: Grist, Rice and Croucher (That's Swanky Frankie) Retro....: 2nd Place: Belanger, Glavine and Fallis (retro)...3rd Place Anderson, McNeil and R.Allen (retro). Skins were won by McDonald, Fitch and Lenton #1 & #3 ...and Cooper, Smith and Hennesey #16. The 50/50 was won by Jackie, Erin and Helene ...(hey Gals you owe me a drink, I picked the ticket!) Next week will be Stroke Play, 18 Holes.

Can you believe it: it is August already... schedule for the week of Aug 3- 10th looks this: Tuesday, Men's Night: Wednesday, Intersection and Ladies Night; August 6th Thursday) Valley Credit Union 0900 Shotgun: and Members Shotgun at 1300: Friday, August 7th Jr Ranks 1000, 10 tee times: Friday Night 2-Ball. Sunday August 9th, Ladies 2-Ball

Our major 50th Anniversary celebration is planned for

the weekend of Aug 14-15. The festivities will open with a very special "Friday Night 2-Ball" on the 14th. Friday Night 2-Ball has been a long running and very successful part of our club, as a great and inexpensive way for new golfers to get out and try the game in a more relaxed atmosphere.



(L-R): Donna Hill, Betty Saltzman and Randy Anderson.

It's played in mixed pairs, put together by random draw as the players show up. Registration for 2-Ball begins at 4:00 p.m. with the first groups starting play in six-somes shortly after. The registration for 2-Ball is usually \$2.50 but on the 14th the cost is just 50 cents to celebrate our 50th Anniversary As well as the usual meal and prize presentation at the end of the evening on the 14th, we are planning

an open mike/jam session/kitchen party: so bring your instruments or your singing voice and help us celebrate our 50th. We'd like to see our biggest 2-Ball crowd of the season ...hopefully 60 or more. So if you have never played 2-ball before...August 14th would be a great night to give it a try!

The next morning, August 15th, we are planning our 50th Anniversary Mixed Scramble. IT will be an 8:00 start, possibly a Shotgun, if we get 72 players pre-registered. It will follow the same format as our other club mixed scramble, which have proven to be great events and quite well attended...because they are fun and not competitive. Registration is open to anyone who has ever been a member of our club. You must sign up in the clubhouse no later than Thursday, August 13th by 4:00 p.m. The registration fee for this event is \$20. for current members and \$30 for past members. The fees go towards a meal following the tournament with the balance of the proceeds going into the prize pool. We want this to be our biggest club tournament of the year, so come on out and enjoy the day with us ...even if you've never played in a tournament here before.

Several Ladies from our Club went to the Clare Field day and although I am not sure what prizes they won, a little birdie told me that Betty S, Gail C and Sandra C all brought back prizes. Well done ladies.

Sixteen teams turned out under sunny skies to play in the Guys & Dolls Tournament held on Sunday 26 Jul 09. The results were as follows:

- Field Low Net (66.5) Randy Anderson & Donna Hill
- First Low Net (70.5) Scott & Paulette Swindells
- Second Low Net (71.5) Bill McDonald & Deena McNeil
- Third Low Net (72.5) Dean & Betty Saltzman
- Fourth Low Net (72.5) Marcel Levesque & Alice Langill
- Fifth Low Net (73.0) Eric & Margie Welin

That's all the news for this week. The course is in great shape and now that summer has arrived, there should be lots of people out taking advantage of "the challenge". Remember to use the carts paths, replace divots and repair the ball marks on the greens.

Once again... GO... LEAFS ...GO!

Greenwood Golf Club Food Specials for August						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Come out and enjoy lunch at the Golf Club where the food is great and so is the view! Kitchen opens at 11:30 weekdays for lunch. All Prices Include Applicable Tax						1 Weekend Special Thunder Crunch Burger & Fries
2 Weekend Special Thunder Crunch Burger & Fries	3 Weekend Special Thunder Crunch Burger & Fries	4 Men's Night Special Basket of Fries Glass of Draft	5 Ladies Night Special Tuna Melt Side Garden Salad	6	7 Weekend Special Turkey Club Wrap Or Steak Sandwich & Fries 2-Ball Special Lasagna & Garlic Toast	8 Weekend Special Turkey Club Wrap Or Steak Sandwich & Fries
9 Weekend Special Turkey Club Wrap Or Steak Sandwich & Fries	10	11 Men's Night Special Small Poutine Glass of Draft	12 Ladies Night Special Turkey Tetrazzini & Garlic Toast	13	14 50th Anniversary Weekend Weekend Special Whistle Dog & Fries Or Popcorn Chicken & Fries 2-Ball Special BLT Sandwich & Fries	
16 Weekend Special Whistle Dog & Fries Or Popcorn Chicken & Fries	17	18 Men's Night Special Basket of Onion Rings Glass of Draft	19 Ladies Night Special Chicken Caesar Wrap	20	21 Weekend Special Thunder Crunch Strips & Fries Or Boneless Wings & Fries 2-Ball Special Soft Beef Taco & Rice	22 Weekend Special Thunder Crunch Strips & Fries Or Boneless Wings & Fries
23 Weekend Special Thunder Crunch Strips & Fries Or Boneless Wings & Fries	24 Weekend Special 3pc Fried Chicken & Fries Or Haddie Bits & Fries	25 Men's Night Special Potato Skins Glass of Draft	26 Ladies Night Special Grilled Chicken Burger & Side Garden Salad	27	28 Weekend Special 3pc Fried Chicken & Fries Or Haddie Bits & Fries 2-Ball Special Turkey Tetrazzini & Garlic Toast	29 Weekend Special 3pc Fried Chicken & Fries Or Haddie Bits & Fries
Greenwood Golf Club Kitchen • 765-1494 ext 1611 • www.greenwoodgolfclub.ca						
RALPH FREEMAN MOTORS LTD. Licensed Mechanic Available on Site • Rust Check • U-Haul Dealer •			FREEMAN AUTO SALES YOUR LOCAL USED CAR DEALER Call Gary Eisnor and get started Great selection of pre-owned Cars, Trucks, SUVs & Vans 820 Main Street, Kingston • 765-2544 or 765-2555 • www.freemansautosales.com			
Come out and enjoy lunch at the Golf Club where the food is great and so is the view! Kitchen opens at 11:30 weekdays for lunch. All Prices Include Applicable Tax.						

2009 Port George Country Jamboree - "Thank You"

Saturday, July 25, 2009 was a great and successful day for the Jamboree's 27 year. It was a cool and refreshing day to visit the almost 200 Flea Market tables or listened to the 11 hours of great country music. The Lion's Kiddies Train and the Bounce Kingdom bouncer was a hit with the kids as well as the Obstacle Course, Spin the Wheel and Face Painting. Souvenirs to take home included hats, T-shirts, postcards and buttons. Our Fish & Chips and Lobster Rolls were a sell out as well as Hot Dogs. The Ham Supper was one of the best. All enjoyed the Fruit Smoothies, Strawberry Shortcake and more fabulous food

items. The 3 winners of the 50/50 draws went home with \$462.00, \$800.00, and \$511.00. Congratulations to all the winners!

To the Committee, *a job well done.*

The organizing committee made up of the Middleton, Kingston, Lawrencetown Lions Clubs and the Community of Port George – sincerely thank:

*You the PUBLIC
Our SPONSORS
Our WORKERS
The PERFORMERS*

The money raised from the Jamboree will be used to "help people less fortunate than ourselves" and Lion

projects by the 3 local lion clubs. The Community of Port George will use their portion of the money raised to help pay for improvements to their facilities.

Once again, thanks to everyone for making the 27th Port George Country Jamboree an outstanding success!

"Special Thanks" to all our Jamboree Sponsors. Please remember to patronize the following sponsors in the coming year:

Platinum Sponsors

14 Wing Greenwood; Amy's Creative Embroidery; Bowlby Quality Meats; Darwin Event Group; Fraser's PRO Home Centre; Parsons Family; Sobey's; T&S Office Essentials & Printing

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Chrysler Dodge; Dairy Queen; Dave's Collision Works Ltd.; EFR Disposal; Electric Starz Productions; Exit Reality; Fundy Ford; Gates Bulk Water; Hankinson's Enviro Depot; Ivan Trimmer Excavating & Track Press Services Ltd.; JC's Hot Tubs; JHJ Web Design; Leo Glavine MLA; Loomer's Portable Toilets Limited; Loomers Pumping Service Limited; Middleton Home Furniture; Phillip Gates Sand & Gravel; Planters Equipment; RONA – Kingston - Middleton; Spector; Rafuse Golf Cars; Spurs Auto; Stephen McNeil MLA; T&G Distributing; Tibbs Tumblers Locksmithing Services; Tim Horton's - Middleton; West Nova Fuels/Gates Petroleum

Silver Sponsors

Annapolis County; Avery's Farm Markets; Balcom Insurance Limited; Capital Lounge

and Grill; Darrell Durling Painting; David A. Proudfoot; Falcourt Inn; GW Sampson; High Country Tire Ltd.; Investors Group; John Greenlaw Construction; McCabe's Flooring; Middleton Funeral Home; Middleton Home Hardware; Mid Valley Construction; Pharmasave Valley Drug Mart; R.B. Paving Company Limited; REMAX Banner Real Estate; Sport Swappers; Tami Parks Denistry; Tarantula Auto Repair; Tony's Signs & Graphics; Village of Kingston

Bronze Sponsor

Above Par Golf Course; Brian Cadden; Cliff & Laura Fitzharris (Century 21); Decoste Kitchens; Family Feeds; Greg Banks Auto Salvage; Merit Heating Services; Old Mill Computer; Paragon Golf Course; Steve Morse Heavy Towing; The Aurora Newspaper; Town of Middleton; The Big Scoop; Valley Auto Salvage; Valley Credit Union (Middleton); Valley Flaxflour; Valley Industries Limited; Valley Stationers Ltd; Videto Campground

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GMFRC • Feature of the Week

Children and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Lunch n' Learn – Choosing Childcare

Monday, August 10th, 2009

12:00 p.m. - 1:00 p.m.

GMFRC

Parents with small children

Free

Registration deadline: Thursday, August 6th, 2009

*Bring your own brown bag lunch

One of the most difficult tasks for parents is finding childcare. This is even more challenging in rural areas. Join us for an informative session where we will discuss a few strategies that will help you on your search for quality childcare. Participants will receive a checklist as well as a list of resources to help them in their search to take home. Please register by calling reception at 765-5611.

GMFRC • Feature of the Week

Deployment Services

Coordinator: Vacant for information please call 765-5611

Deployed Families Adult Pool Night at Dooly's

Monday, August 10th, 2009

8:00 p.m. – 10:00 p.m.

Location: Dooly's in Greenwood

Cost of pool compliments of Dooly's

Registration deadline: Friday, August 7th, 2009

Call 765-5611 to Register

Share a night of pool with other deployed spouses/parents and make valuable connections. So come out and join in the fun, there is no cost and beginners are more than welcome.

Feeling overwhelmed by life's many priorities? Vous sentez-vous enseveli(e) par les défis de la vie?

What can you do? Vous voulez y voir plus clair?

Let us help you! Laissez-nous vous aider!



Come to the 2009 DND/CF Health and Safety Seminar where we will work toward "Finding the Balance", the theme of this year's event.

Scheduled to take place in Halifax from October 27 to 29, the Seminar is open to all DND civilians and CF members who work in health or safety, regardless of programme.

To fill out the registration form, visit: http://vcds.mil.ca/dsafeg/intro_e.asp

Soyez des nôtres au Séminaire sur la santé et la sécurité 2009 du MDN et des FC, au cours duquel nous tenterons de « trouver l'équilibre », comme nous y invite le thème de cette année.

Le Séminaire se tiendra du 27 au 29 octobre prochain à Halifax, et est ouvert à tout le personnel civil et militaire du MDN et des FC ayant un emploi en lien avec la santé ou la sécurité, peu importe le programme.

Pour compléter le formulaire d'inscription, visitez : http://vcds.mil.ca/dsafeg/intro_f.asp

Baby Equipment Loan Program at the GMFRC

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

Are you having family or friends visit this summer and need to borrow a piece of baby equipment for a short period of time? If so, then the GMFRC is here to help! For only \$2.00/day per item plus a \$5.00 refundable deposit, you can borrow a wide variety of baby equipment items such as: car seats, booster seats, portable playpens and highchairs. To reserve your equipment please contact our receptionist at 765-5611.

Notice of Special Meeting

From: Kingston District Fire Commission
To: Ratepayers

TAKE NOTICE that a Special Meeting will be held on Thursday, August 13, 2009 at 7:30 p.m. at the Kingston District Fire Hall to approve the proposed borrowing for a 100 foot platform fire truck, not to exceed \$1,200,000.00.

PLEASE NOTE that this meeting is not to increase the area fire tax rate.

Marilyn Wilkins, Secretary/Treasurer
765-8158

SWIMMING LESSON REGISTRATION ~ Session 4 ~
Aug 10 • 9:00am - 2:30pm
Aug 11 • 9:00am - 2:30pm
 AT THE INDOOR POOL

Swimming Lessons
 August 17 to 28
 AT THE OUTDOOR POOL
 Contact Yvonne Clarke: 765-1494 ext. 5564

14 Wing Chaplain Bikes for Bibles



Bike for Bibles riders and roadies at the Christian Reformed Church in Drayton, Ontario.

Padre Mike Peterson from 14 Wing had the chance to put his cycling hobby to good use when he was selected to represent the Canadian Forces Chaplaincy Branch in this year's Bike for Bibles ride, organized by the Canadian Bible Society. For six days, from July 19 to 25, Peterson and twenty civilian riders travelled over 700 kilometres in southwestern Ontario, enjoying the pleasures of cycling and the chance to put their faith into action.

Every year the Canadian Bible Society arranges a series of Bike for Bibles rides in each region of Canada to support a particular goal within the CBS' larger mission of "Sowing God's word that hearts and lives might be changed". In 2007, cyclists raised money for the CBS to print bibles for distribution to members of the Canadian Forces. CF members who have been



Padre Peterson holds one of the CBS arid cadpat cover bibles, produced in part thanks to funds from the 2007 B4B Ride, at Calvary United Church in Tavistock, ON.

deployed may well have one of these bibles, with its distinctive 'arid cadpat' design cover. This year's Bike for Bibles goal is to raise funds to distribute scripture resources at the 2010 Winter Olympics.

Padre Peterson was delighted to represent the Canadian Forces Chaplaincy and began training in June, sometimes in the company of 14 Wing's ZX Cycle Club on their Tuesday evening rides. This year's Bike for Bibles All Ontario route started and ended in the farm town of Listowel, an hour north of London, and followed a figure eight through quiet farmland, twice bringing us along the shores of beautiful Lake Huron. The Annapolis Valley proved to be good practice for the rolling hills the riders encountered near the base of Ontario's Bruce Peninsula, in Grey County.

Wearing bright yellow

and red jerseys for safety and for visibility, the

riders always regrouped to enter towns in column of twos as a visual reminder of their faith and of the work of the Bible Society. Any thoughts of losing weight during the ride went by the board at every rest and meal stop, where the CBS had arranged for churches to provide us with abundant meals, snacks and drinks. The hospitality and support of people was just amazing.

In talking with other riders and with people he met along the way, Padre Peterson was always moved by the support of ordinary Canadians for the work of the Canadian Forces. Even in towns and

villages where the CF is not nearly as visible as it is in Greenwood / Kingston, there is deep admiration for the men and women of the CF and profound sorrow for the sacrifices they are making. Peterson was also grateful to learn that the prayers of many in civilian churches support the ministry of chaplains and of CF chapels. We are truly blessed by the love and by the prayers of Canadians.

There is a one-day Bike for Bibles ride in Atlantic Canada each year. You can learn more about it, and support the work of the Canadian Bible Society if you wish, by visiting www.bikeforbibles.ca.



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 Rain or Shine - 1400 Lanzy Road

The 2nd Annual WLEO Charity Golf Tournament

By: 2Lt Etienne Legresley
The 2nd annual WLEO Charity Golf Tournament was held at the Greenwood Golf Club on July 10, 2009. Every year, 14 WLEO sponsors a charity golf tournament to raise money for a selected charity and this year's pro-

ceeds went to the Children's Wish Foundation of Canada. 114 golfers came out to show their support for the Children's Wish Foundation, some travelling from as near as 14 Wing Administration and others as far as 14 Construction Engineering Squad-

ron Bridgewater. The weather decided to co-operate for this good cause and provided the golfers with clear sunny skies. The golf tournament included four 'closest to the pin' holes and a straightest drive competition. Manheim Auction House gave an opportunity

to win \$15,000 to any of the 114 golfers who could get a hole in one.

Despite the golfer's best efforts and a really close call by Steve Greenwood, the hole in one prize challenge was not awarded. There were, however 114 prizes handed out during the tournament with 53 of the prizes being donated by local companies as well as several cash donations that were given to the charity. Congratu-

lations to Wade Cogswell for winning the pressure washer raffle and to Charlie Costin for winning the 50/50 draw. Charlie Costin also carried his team of Steve Greenwood, Eric Welin and Wayne Pellerine to victory with a low 4 ball best ball score of 61.

The event was a smashing success raising \$3,000.00 dollars for the Children's Wish Foundation of Canada. The tournament could not have

been possible without the leadership of WO Brent Jones (TEME) and the hard work by Sgt Rick Strickland (TIS), MCpl Greg Pyne (CE), MCpl Steve Swan (TEME) and Cpl Trevor Reid (Supply/Foods). A huge thank you also goes out to Mike McCorry and the staff of the Greenwood Golf Club for their amazing support and time, which without, the tournament would not have been a success.



Maj Tromp, A/WLEO, presenting a cheque to Vicki Puttick, Annapolis Valley Representative for the NS Children's Wish Foundation. (Photo: Submitted)

New GMFRC Team Member

Submitted by: Margaret Reid, GMFRC Executive Director, at 765-1494 local 5900

The GMFRC is happy to introduce our newest staff team member, Kim Payeur.

Kim joins us as one of our Administrative Receptionists, sharing these job duties with Sylvie Verville. Kim is bilingual and is happy to greet you at our front desk when you visit the Centre. Below is a message from Kim to our military community. Welcome aboard Kim!

Hello everyone - I am originally from Trenton, Ontario, but moved to Greenwood when my military husband was posted here three years ago. We have been enjoying Greenwood more and more as we see the area through the eyes of our beautiful 15-month-old little girl. I am very excited to be working with the GMFRC and I look forward to getting to know everyone as you stop by our Centre.

Kim Payeur, Administrative Receptionist.



Concours de Photographie du MDN-DND
Photography Contest

Date limite de soumission: 1 octobre 2009
Deadline for entry: 1 October 2009

Photos: Lt-Col Jean Lapointe, Pte Pierre Harib, MCpl Yves Daigle, Joanne Stochel, Cpl Dan Papp, Mani Singh, MCpl Renée Desrosiers

Information: www.cfspa.com/dndphotocontest

Prizes will be awarded
Des prix seront décernés aux catégories: Professional Amateur Professional

Logos: hp invent, Nikon, TGLC, Canon, Amplis, tamrac, Manfrotto, DYNAMIX, rololight, TOSHIBA, HENKELZ, 4STAR

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French campers busy making their very own piñatas!

Bon voyage!

This week in French Camp we created our own passports, and with these passports travelled the world! We travelled to India, France, Australia and Mexico – learning yoga, partying at our luau, exploring nature and making our very own piñatas.

Even though we “visited” these countries, we also hosted guests here at 14 Wing Greenwood Community Centre. On Wednesday Middleton and Kingston Day Camps came for a visit and all

the campers joined together for a Field Day filled with fun games, activities and friends.

Everyday, we went swimming at the outdoor pool to cool off and to top it all off, we also went glow bowling.

Thank you Tim Martell at the bowling alley, April Denney for the yoga lesson, The Aurora Newspaper for donating old newspapers and the lifeguards for pool supervision, you have helped make this week incredible and for the memories French Campers now share.

...let's talk about YOU

Send your articles and photos to:
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RED FRIDAY

Don't forget to wear RED on Friday to show your support to the troops. There is no better way to make a statement and to say thank you to the men and women of the Canadian Forces than to proudly wear red on Friday. Drop by the Greenwood Military Family Resource Centre (GMFRC) to see us and buy a T-shirt to show your support!!! 100% of proceeds from the sale of Red T-shirts go directly to support GMFRC programs and services.



For more information please contact Michelle Thibodeau Wagner, GMFRC Coordinator of Special Events and Promotions at 765-1494 local 1421 or email at michelle.thibodeau-wagner@forces.gc.ca.

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STOCK #	YEAR	MAKE	COLOUR	M	T	OPTIONS	KMS	PRICE
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10-73A	2003	COROLLA CE BA	BEIGE	4	A	AC,PDL,CD	100000	8995
09-561A	2003	CAMRY SE AA	RED	4	A	AC,PW,PDL,CRU	116000	11995
10-162A	2003	CAMRY LE AA	DBLUE	4	A	AC,PW,PDL,CRU	161000	8995
10-128A	2004	COROLLA CE BA	RED	4	5	AC,PDL,CD	98000	8995
10-134A	2005	COROLLA CE BA	SILVER	4	A	AC,PDL,CRU,CD	25000	12995
09-593A	2005	CR-V EX AWD	BEIGE	4	A	AC,PW,PDL,CRU	88000	16995
10-154A	2005	COROLLA CE BA	RED	4	5	AC,PDL,CD	51000	10995
10-144A	2005	TACOMADBL CAB	SILVER	6	A	4X4,SR5,LOADED	99000	23995
10-153A	2005	ACCORD EX-L	BLACK	4	A	LOADED,LEATHER	113000	13995
09-374A	2006	PURSUIT G5	SILVER	4	5	CD,SPOILER	93000	6995
09-524A	2006	PRIUS HYBRID	RED	4	A	AC,PW,PDL,CRU	63000	20995
09-366B	2006	COROLLA CE BA	BEIGE	4	A	AC,PDL,CD	78000	12995
10-26A	2006	COROLLA CE	BLUE	4	A	AC,PW,PDL,CRU	84000	12995
10-71A	2006	COROLLA CE AA	RED	4	5	CD	95000	9995
10-127B	2006	CIVIC EX 4DR	BLUE	4	A	S/ROOF,LOADED	134000	12995
U1560	2007	KAWASAKI 1600	BLK/RED	2	5	MEANSTREAK	1400	11995
U1683	2007	CAMRY HYBRID	GREEN	4	A	S/ROOF,LEATHER	58000	25995
10-152A	2007	CAMRY HYBRID	GREEN	4	A	AC,PW,PDL,CRU	55000	23995
09-596A	2007	CAMRY SE	BLACK	4	A	AC,PW,PDL,CRU	31800	20995
U1653	2008	PRIUS HYBRID	BLUE	4	A	AC,PW,PDL,CRU	51000	23995

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“Fugitive Pieces”

The LCC book club is currently reading *Fugitive Pieces* by Anne Michaels. This is our 35th selection since 2002. All military and civilian members of the Defence Team are invited to read the book with us, and attend our discussion meeting.

From the inside cover:
Fugitive Pieces is the story of Jakob Beer, a Polish Jew, translator, and poet who, as a child, witnessed his family’s slaughter at the

hands of the Nazis. Beer himself was found and smuggled out of Poland by Athos Roussos, a Greek archaeologist who carried him back to Greece and kept him there in precarious safety. After the war they emigrated together to Canada. Jakob’s story is told through diaries discovered by Ben, a young man whose parents are Holocaust survivors and who is a vessel for their memories just as Jakob is the bearer of

his own.
Fugitive Pieces is a book about memory and forgetting. How is it possible to love the living when our hearts are still with the dead? What is the difference between what historical fact tells us and what we remember? More than that, the novel is a meditation on the power of language to free our souls and allow us to find our own destinies.
Discussion points to consider while reading:

1. Jakob says that Athos’s fascination with Antarctica “was to become our azimuth. It was to direct the course of our lives” [33]. Why do you think Antarctica obsessed Athos? How does the story of the Scott expedition relate to that of Athos and Jakob? Do you agree with Jakob that Athos’s fascination directed their lives?
2. “When the prisoners were forced to dig up the mass graves, the dead entered them through their pores and were carried through their bloodstreams to their brains and hearts. And through their blood into another generation” [52]. Jakob writes, and later, “It’s no metaphor to feel the influence of the dead in the world” [53]. How does the theme of the dead’s influence on the living work itself out in the course of the novel?
3. The communist partisans in Greece, who had valiantly resisted the occupying Nazis, themselves committed terrible atrocities after the war, as Kostas and Daphne relate. Do you agree with their theory that violence

is like an illness that can be caught, and that the Greeks caught it from the Germans [72]? What other explanations can be offered?

4. What is it about Alex’s character that attracts Jakob and makes him fall in love with her? Why does he eventually find life with her impossible? Do you find Alex a sympathetic character, or an unpleasant one?
5. What does *Fugitive Pieces* say about the condition of being an immigrant? Jakob never feels truly at home anywhere, even in Greece. Ben’s parents feel that their toehold in their new home is infinitely precarious, an emotion that communicates itself to Ben. Does Michaels imply that real integration is impossible?
6. Can you explain the very different reactions Ben’s parents have had to their experience in the Holocaust? What in their characters has determined the differing ways they respond to grief and loss?
7. The relationship between Ben and Naomi is a troubled one. Why is he

angry at her for her closeness to his parents and her attention to their graves? Why does he reject her by leaving for Greece without her? How can you explain his intense desire for Petra—is his need purely physical? How do Petra and Naomi differ? What is the significance of their names?

8. Why might Jakob have named his collection of poems *Groundwork*, and in what way does that title relate to his life? Jakob calls his young self a “bog-boy” [5]. Why does Ben take such an interest in the preserved bog people he reads about [221]?
9. The last line of the novel is Ben’s: “I see that I must give what I most need.” What does he mean by this? What does he most need, what will he give, and to whom? We’ve taken the whole summer to complete this selection. Our discussion meeting is scheduled for Thursday, 3 Sep 2009 from 1200-1300 hrs at the LCC. We’re located on the upper level of the Birchall Training Centre, Room 204. Have a great summer!

14 Wing Greenwood Celebrates 100 Years of Powered Flight in Canada!

Centennial of Flight is a year long celebration recognizing 100 years of powered flight in Canada. Your business will receive maximum exposure to our 2300 military and civilian personnel, their families and the thousands of residents in the surrounding communities.



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For more information on sponsorship contact **Rod Reeves**, 14 Wing Sponsorship Coordinator at **765-1494 local 5058 or (902)840-0739** or email: **RODERICK.REEVES@forces.gc.ca**.

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Season Opens: May Long Weekend 2009
Closes: Thanksgiving Weekend 2009



Bookings for 2009 Season start 1 April 2009

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SEPTEMBER 2009

- 10 Time Management • 1 day
- 16-17 Understanding My Leadership Style • 2 days
- 22 Harassment Prevention & Resolution (Supervisors) • 1 day
- 24 Harassment Prevention & Resolution (Employees) • 1 day
- 28-30 Managing Civilian Human Resources • 3 days
- 29-30 New Employee Orientation • 1.5 days

OCTOBER 2009

- 01 Defence Ethics • 1 day
- 14-15 Communication for Leadership • 2 days

NOVEMBER 2009

- 03 JLP: Understanding Your Collective Agreement • 1 day
- 04-05 JLP: Respecting Differences • 2 days
- 9-14 CANADA CAREER WEEK (CCW)
- 09 CCW: Kick-off Lunch & Learn • 1 hour
- 10 CCW: Resume Writing • 1 day
- 12 CCW: Interview Techniques • 1 day
- 13 CCW: Canadian Forces Leadership Institute (CFLI) Lunch & Learn • 1 hour
- 18-19 Building Excellence in Teams • 2 days
- 24-26 Pre-Retirement Planning (Civilian Employees over age 45) • 3 days

DECEMBER 2009

- 02 Coaching • 1 day
- 03 Encadrement (Coaching, présenté en français) • 1 jour
- 10 You and Change • 1 day
- 15 Diversity & Employment Equity for Managers and Supervisors • 1 day

JANUARY 2010

- 07 Balancing Work and Personal Life • 1 day

FEBRUARY 2010

- 09-11 Effective Presentations • 3 days
- 18 Civilian Performance Planning & Review CPPR • ½ day
- 18 Personal Learning Plans (PLP) • ½ day

MARCH 2010

- 01-05 Instructional Techniques • 5 days
- 30 Civilian Performance Planning & Review CPPR • ½ day
- 30 Personal Learning Plans (PLP) • ½ day

APRIL 2010

- 08 Defence Ethics
- 12-13 Interpersonal Communication Skills • 3 days
- 16 Prior Learning Assessment (PLA), Day 1 of 10 • 1 day
- 20 Effective Meetings • 1 day
- 23 Prior Learning Assessment (PLA), Day 2 of 10 • 1 day
- 28 Myers-Briggs Type Indicator (MBTI) • 1 day
- 30 Prior Learning Assessment (PLA), Day 3 of 10 • 1 day

MAY 2010

- 07 Prior Learning Assessment (PLA), Day 4 of 10 • 1 day
- 11-12 New Employee Orientation • 1.5 days
- 12 Future Planning (Civilian Employees under age 45) • 1 day
- 14 Prior Learning Assessment (PLA), Day 5 of 10 • 1 day
- 21 Prior Learning Assessment (PLA), Day 6 of 10 • 1 day
- 28 Prior Learning Assessment (PLA), Day 7 of 10 • 1 day

JUNE 2010

- 01-02 Exploring the Leader in You • 2 days
- 04 Prior Learning Assessment (PLA), Day 8 of 10 • 1 day
- 11 Prior Learning Assessment (PLA), Day 9 of 10 • 1 day
- 15-16 Stepping Up to Supervisor • 2 days
- 18 Prior Learning Assessment (PLA), Day 10 of 10 • 1 day

JULY 2010

- 06-08 Negotiation Skills • 3 days
- 14 Assertive Communications • 1 day



Into the Wild!

Submitted by: Amanda Rose

Our brave campers this week.

The Day Camp kids proved how fierce they are during our Wild Adventure Week by spending the week embarking on new journeys hiking through our very own jungle, discovering exciting new animals, and digging up worms in dirt for a delicious snack – gummy worms that is! We had a blast on Wednesday when some of the kids from Middleton and Kingston summer camps joined us here at the Community Centre for a camp-wide field day filled to the brim with awesome games like hula-hoop contests, parachute games and even a potato sack race! Of course, the fun didn't stop there.

Camper's learned first-hand about many of the most interesting animals around while on a trip to the Oaklawn Farm Zoo, like the adorable black bear, Blueberry and camp favourite, monkeys! Day Camp would like to thank Middleton and Kingston summer camp staff, our dedicated lifeguards and helpful friends at the Oaklawn Farm Zoo for all your help making our adventures the best they could be.

Until next time camper's, play safe, have fun & don't forget to ROAR!

Bookmobile Schedule August-September

Tuesday - 4 August 2009	Wednesday - 19 August 2009
Calvary Baptist Academy 1:00 - 1:45	Mt Hanley 1:00 - 1:45
Charity Baptist School 1:50 - 2:25	Margaretville 2:00 - 3:00
Torbrook Mines 2:30 - 3:00	Morden 3:30 - 4:15
Meadowview 3:30 - 4:15	Wilmot Centre 5:30 - 6:30
Aylesford 5:30 - 6:15	Monday - 24 August 2009
Wednesday - 5 August 2009	Avonport 11:00 - 12:00
Maitland Bridge 10:15 - 11:15	Belmont 1:15 - 2:00
Clementsvalle 1:15 - 2:15	Brooklyn 2:15 - 3:00
Cornwallis Park 2:30 - 3:15	Ste. Croix (Hants Co) 3:15 - 4:00
Bear River East 3:30 - 4:30	Vaughan 5:30 - 6:30
Bear River 5:30 - 7:00	Tuesday - 25 August 2009
Tuesday - 11 August 2009	Kings Rehab Centre 10:00 - 11:30
Upper Canard 10:00 - 10:45	Casey's Corner 12:45 - 1:30
Baxter's Harbour 11:15 - 12:00	Sunken Lake 2:00 - 2:45
Scott's Bay 1:00 - 1:45	White Rock 3:00 - 3:45
Sheffield Mills 2:15 - 3:00	New Minas 5:00 - 6:30
Canning 3:15 - 4:30	Wednesday - 26 August 2009
Centreville 5:45 - 6:45	Waterville 1:30 - 2:15
Thursday - 13 August 2009	Cambridge (King's Co) 2:30 - 3:15
Hants Shore Clinic 1:30 - 2:00	Bess View Sub-Div 3:30 - 4:30
Cambridge (Hants Co) 2:15 - 2:45	Coldbrook Centre 5:45 - 6:45
Cheverie 3:00 - 3:45	Tuesday - 1 September 2009
Summerville 5:15 - 6:00	Calvary Baptist Academy 1:00 - 1:45
Upper Burlington 6:15 - 6:45	Charity Baptist School 1:50 - 2:25
Monday - 17 August 2009	Torbrook Mines 2:30 - 3:00
Cherryfield 1:30 - 2:15	Meadowview 3:30 - 4:15
East Dalhousie 2:30 - 3:30	Aylesford 5:30 - 6:15
Springfield 4:00 - 5:30	
New Albany North 6:30 - 7:15	

Haven't yet visited the Learning and Career Centre?

Are we still the best-kept secret on the Base?

If you are a **military member or civilian** employee, you have access to all services the LCC offers.

VISIT OUR WEBSITE

<http://hr.ottawa-hull.mil.ca/lcc-cac/>

or drop in!

We are located on the upper level of the Birchall Training Centre

We're so much more than just courses:

- Career Development/Advisory • Learning Advisory
- Personal and Professional Development Courses
- Computer Courses • Loaning Resource Library
- Internet Café • Book Club • Career and Learning Software

Want to relax on your lunch hour?

Why not drop over and browse our shelves, lounge while watching a video, borrow a book and listen to your favourite tunes, surf the net on our high-speed internet computers, or simply drop in and say hello.

You're always welcome!

Why not drop in and check us out!

We're open daily

Monday to Friday, from 0800-1600 hrs (including lunch hour).

Together in Church

Queen of Heaven Chapel

Sunday Schedule

11 a.m. (English Mass)

St. Mark's Chapel

Sunday Schedule

10:30 a.m. Divine Worship

Switchboard..... 765-1494

Wing Chaplain

Chapel Life Coord - Queen of Heaven

Father Tim Nelligan ext 1960

Wing Chaplain's Admin Assistant

Ms Diane McKeage ext 5883

Chapel Life Coord - St. Mark's

Padre Gord Poley ext 5541

Unit Chaplain

Father Claude Pigeon ext 5119

Unit Chaplain

Padre Mike Peterson ext 5835

Chaplain (BTL)

Padre Frank Staples ext 5545

Unit Chaplain

Padre George Helou deployed

Emergencies

In an emergency, you can reach a chaplain anytime through Wing Operations at (902) 765-1494 ext. 5457.





Historic Aircraft that Played a Significant Role in Canadian Aviation Heritage

Submitted by: Bryan Nelson, Executive Director, Canadian Aeronautical Preservation Association



North American F-86 Sabre

North American Aviation began designing the F-86 near the end of the Second World War. When the RCAF began searching for an aircraft with which to equip the planned Air Division in Europe, the F-86 was selected. While there was opposition from those in Canada who supported a "buy British" approach, the purchase of the Sabre proved to be enlightened.

Canadair received the license to build the Sabre in Canada, initially to equip the 12 squadrons of the Air Division. Sixty Sabre 2s were sent to the USAF in the first half of 1952 to serve in the Korean War. Against the MiG-15 in Korea, the F-86 could out-turn and -dive the MiG-15; however, the MiG-15 was

superior in acceleration, ceiling, and rate of climb. Still, the superiority of western pilots provided a critical advantage, even over the Soviet pilots flying in that theatre.

The Sabre 5 was the first mass-produced with the Avro Orenda engine; however, it was the introduction of the Sabre 6, featuring leading edge slats greatly increasing maneuverability, that produced what is considered the ultimate aircraft of the Sabre family.

With 655 built, this was the

largest produced mark of the Canadair Sabre and the pre-eminent dog-fighter in NATO through the 1950s. The combination of quality Canadian pilots and a fast maneuverable Canadair Sabre 5 or 6 made a potent combination in the practice dogfights staged in Europe. The RCAF walked away with various trophies including the Guynemer Trophy, NATO's trophy for aerial gunnery, the

first three years of the competition. Of the versions, there was one Sabre 1 and only one Sabre 3 - a Mark 2 with an Avro Orenda engine installed. American aviatrix Jacqueline Cochran subsequently used this aircraft to set a speed record. Canadair built 1815 Sabres. At least 35 have appeared on Canadian and American civil registers after retiring from the RCAF service. Vintage Wings of Canada is flying a Sabre in support of the 100th Anniversary of powered flight in Canada.

first three years of the competition.

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Le North American F-86 Sabre

La North American Aviation commence à concevoir le F-86 peu avant la fin de la Seconde Guerre mondiale. Après quelques recherches, l'ARC choisit ce modèle pour équiper sa future Division aérienne en Europe. Au Canada, les partisans de l'approche « acheter britannique » s'opposent à cette décision, qui s'avérera toutefois judicieuse.

Canadair reçoit le permis de construction des Sabre au Canada, à l'origine pour équiper les 12 escadrons de la Division aérienne. La USAF reçoit, pendant le premier semestre de 1952, 60 Sabre 2, qui serviront pendant la guerre de Corée. Le F-86 est plus maniable et meilleur en piqué que son adversaire, le MiG-15, mais celui-ci est supérieur du point de vue de l'accélération, du plafond et de la vitesse ascensionnelle.

Malgré tout, la supériorité des pilotes occidentaux procure un avantage crucial, y compris contre les pilotes soviétiques en service dans ce théâtre d'opérations.

Le Sabre 5 est le premier modèle construit en série à être équipé du moteur Avro Orenda. Par contre, c'est le Sabre 6, muni d'ailes à bec de bord d'attaque améliorant considérablement sa maniabilité, qui est considéré comme le meilleur modèle de la famille Sabre. Il s'agit du modèle le plus souvent construit de cette famille de Canadair - 655 appareils au total - et du plus important appareil de combat rapproché de l'OTAN tout au long des années 50. Les bons pilotes canadiens à bord des rapides et maniables Sabre 5 et 6 forment une combinaison redoutable dans les entraînements au combat rapproché tenus en Europe. L'ARC remporte divers trophées, dont les trois premiers trophées Guynemer, qui lui sont remis par l'OTAN à l'issue des compétitions de tir aérien.

Pour ce qui est des versions, il n'y a qu'un Sabre 1 et qu'un Sabre 3, un Mark 2 équipé d'un moteur Avro Orenda. L'aviatrice américaine Jacqueline Cochran utilisera plus tard cet appareil pour établir un record de vitesse.

Canadair fabrique 1 815 Sabre. Au moins 35 apparaissent sur les registres civils canadien et américain après avoir servi au sein de l'ARC. Vintage Wings of Canada pilote un Sabre pour souligner le centenaire de l'aviation au Canada.



Driving on a vacation?



Listen to books on tape/CDs to make the trip more interesting.

14 Wing Greenwood Library School Street

OPTOMETRY CLINIC

Dr. Paul J. Gagnon

Comprehensive Eye Examinations Latest Eyewear Fashions and Contact Lenses

New Patients Welcome

Zellers Plaza • Greenwood (902) 765-2715

If you want to drink ~ That is your business
If you want to stop drinking ~ That is our business.



AA meetings every Tuesday at 8 p.m. at St. Mark's Protestant Chapel

14 Wing Library - Serving Those Who Read!

By: **Judy McCool and Liz Tappen**

AVM Morfee Centre, Greenwood - 765-1494, local 5430

An August 'Hello' from your local library. Here we are in the lazy, hazy days of summer and a great time to kick back and do some reading. Lots of great titles at the library for you to choose so pop on in!

For all the newcomers in our community, a big welcome. You will find that the Valley is a fine place to live with activities for all tastes.

Our public computers have been down for about three weeks now and we apologize for this. However, things are looking up and we anticipate having them available shortly. You may wish to phone ahead to confirm the availability.

Just a reminder that 14 Wing Library will be closed on Monday August 3rd. We hope that everyone enjoys the Natal Day long weekend.

Heads up for our Large Fall Book Sale.

Volunteers – Some of our volunteers have taken the summer off but we are happy to still have Kaye, Judy, Beth, Roger, Jessie and Zach. Adrian is back from his foreign assignment and we are very glad to see him too. We send out speedy recovery wishes to Class, one of our long time volunteers who we miss seeing on Tuesday afternoons.

Donations – This is the time of year when we receive book donations and while we are happy to get them, we request no musty books, nor Reader's Digest condensed, or encyclopaedias. We recently received donations of books in first-rate condition, thank you!

Overdue Books – If you are moving please check under beds, on shelves and in closets for any borrowed books that you have *forgotten to return* to 14 Wing Library as fines add up quickly! Also, cost of replacements eats into our budget. If you are unable to come to the library personally, don't forget that there is a 24 hour drop box for your convenience.

Book Sale – We have a large variety of Hardcover Novels at \$1.00 each. Paperbacks are only .25 cents and Children's books are \$1.00 a bag! They are all worth checking out!

Library Hours

Monday - 1-5 pm & 6-8pm
Tuesday - 10am-1pm & 2-5pm
Wednesday - 1-5pm & 6-8pm
Friday - Noon-4pm
Sunday - Closed during summer months

**Special Note- "Under The Story Tree" story hour will resume in October*

Books for August

Fiction: *Sweetness At The Bottom of the Pie/Alan Bradbury; Priest/Ken Bruen; Cursed/Mary Higgins Clark; The Minotaur/Stephen Coonts; Medusa/Clive Cussler #8 NUMA Series; Drifting South/Charles Davis; The Bodies Left Behind/Jeffery Deaver; Cape Disappointment/Earl Emerson; Sands of Time/Barbara Erskine; A Very Long Engagement/Sebastien Japrisot; Blood Thirsty/Marshall Karp #2 Lomax & Biggs; You Have to be Careful In The Land of the Free – BOOKER PRIZE- James Kelman; Scarlet/Stephen Lawhead #2 King Raven Trilogy; Betrayal/John Leseroart; The Winter Vault/Anne Michaels; Mr & Mrs Anonymous/Fern Michaels; Too Long A Stranger; #9 Women of the West Series/Janette Oke; The Meeting Place-#1 Song of Acadia/Janette Oke; The Lost Highway/David Adams Richards; Assegai/Wilbur Smith; Matters of the Heart/Danielle Steel;*

Non-Fiction – *Creating A Garden/Canadian Gardening; The Herb Garden/Malcolm Hillier; Water In The Garden/Canadian Gardening; Garden Pools & Fountains/Ortho Books; A Good Walk Spoiled/John Feinstein; Wilderness Pleasures/Kevin Callan.*

En français – *Fille du destin/Isabel Allende; Un Mariage de Convenance/Georgia Bockoven; Le Foulard de L'Aviateur/ Charles Briand.*

DVDS – *Michael Clayton; Jesse James; Australia.*

Library Services

14 Wing Library offers the community the following services: Free Book, Audio Books, Video (DVD & VHS) and Magazine Loans, © Friendly Library Assistance, 24-Hour Book Drop, Phone Renewals, Community Computers, Internet Access and Printing, Photocopying and Faxing.

We have 3 community access computers – 2 with internet access and 1 for word-processing and soon-to-be installed library search engine. Computers are booked in ½ hour sessions on a drop-in basis or by phone reservation. (see above re availability)

2009 Celebration of 100 years of Flight- There are displays of our extensive collection relating to flight throughout the library. Also our RCAF Tartan throw is still being silent auctioned.

Membership

A reminder to all, that 14 Wing Library is a public library open to military and civilians. Membership is free, but the benefits are priceless. We invite all our registered patrons to visit us and if you're not a member, drop in and sign up to enjoy your local library.

Reading Opens Doors! So come and open the doors to 14 Wing Library.

GREENWOOD MILITARY FAMILY RESOURCE CENTRE

WORKING FOR FAMILIES

AVM Morfee Centre, P.O. Box 582, School Road, Greenwood

Tel: (902) 765-5611 • Fax: (902) 765-1747

Email: home@greenwoodmfr.ca • Website: www.greenwoodmfr.ca

For locations and contact information of all Canadian/Military Family Resource Centres, please visit www.mfr.ca or call 1-877-280-3636

Outreach and Community Information Services

- **Welcome and Community Orientation**
GMFRC Website (www.greenwoodmfr.ca), GMFRC Welcome Packages and online Virtual Welcome Package, new arrivals registration, GMFRC welcome calls to newly posted families, welcome GMFRC visit/tour and welcome gift to newly posted families, education information on posting service
- **Information and Referral**
E-Mail Information Service (quarterly), Welcome Packages from other MFRCs, Outreach, information, support and assistance to CF family members of 14 Wing Greenwood and Reserve Units in Aldershot, Bridgewater, Yarmouth and Pearson Peacekeeping Training Center, Clementsport, Information Database on the services available to the community, referral to government and civilian agencies, GMFRC promotion/advertising, resources

Deployment Services

- Outreach, information, support, and assistance to CF family members during deployment, TD, and IR.
- Pre & Post Deployment information packages.
- Warm line contact during separation
- Social gatherings for the whole family will provide opportunities to connect with and support each other during periods of separation.
- Monthly Deployment newsletter
- Pre and post deployment briefings and screenings
- Video Tele Conferencing (VTC)

Children & Youth Services

- Activities and initiatives for children and youth
- Parent & Tot activities, Early Childhood Education Program, Youth Council, various activities/workshops for children under 12 years, Tutoring, Life Skills workshops for youth
- Parent/Caregiver education and support services
- Parent and caregivers information sessions, parenting workshops & resources, information on childcare in the area, appropriate information and referrals for children with special needs, Adult/Teen sitter registry, Daycare/Childcare facility listings, Baby Club
- **Emergency Childcare & Respite Services**
- Information sessions on Emergency Childcare & Respite eligibility, quality childcare resources/information, education &

assistance with childcare planning, 24/7 access to emergency childcare & respite services, group respite offerings for deployed families

Casual Childcare

- Licensed Casual Childcare Services

Prevention, Support and Intervention Program

- **Education and Prevention**
- Personal growth & wellness workshops (i.e. Anger Management, Communication Skills), Rainbows Program (grief & loss), Roundel Emergency Housing
- **Assessment and Referral**
- Needs/risk assessment, referred to appropriate community resources, clients supported throughout the referral process
- **Self-Help Groups**
- Peer support groups, Women's group, awareness of and referral to community based support groups (i.e. Al-Anon)
- **Short-Term Intervention/Crisis Support**
-Short-term counseling (individual and family), crisis support, client advocacy

Volunteer Services

- Volunteer Involvement and Leadership
- Recruiting, screening, training, orientation, evaluation, and recognition, placements designed for individual interests and talents, On-the-job training; develop new or existing skills, professional development courses and workshops available, volunteer recognition activities, volunteer opportunities for teens aged 12 – 18 years

Second Language Services

- Second Language Training (SLT)
- Francophone activities
- French movies

Employment and Education Services

- **Education Programs:**
- Food Handling Course, First Aid / CPR, Defensive Driving Course
- Education & Employment Fair, CF Recruiting
- **Self Care & Self Improvement Workshops:**
- International Women's Day Celebrations
- **Leisure Programs:**
- Sewing, Creative Writing, Military Home-Based Business Group
- Creative Painting on Clay, Flower Arrangements, Card Stamping

Special Events and Promotion Services

- Red Friday Promotion
- Yellow Ribbon Campaign
- Support our Troops Awareness Campaign
- Military Families Strength Behind the Uniform Campaign
- Morale Mail Packages to the Troops
- GMFRC and community special events

The Greenwood Military Family Resource Centre adheres to the Military Family Services Privacy Code that was developed from the Canadian Standards Association Model Code for the Protection of Personal Information. For more information on the MFSP Privacy Code, please contact the GMFRC at 765-5611 or visit us online at www.greenwoodmfr.ca

GMFRC • Feature of the Week

Special Events and Promotion

Coordinator: Michelle Thibodeau-Wagner at 765-1494 local 1421 or email at Michelle.Thibodeau-Wagner@forces.gc.ca

Showing support for our troops comes in many ways

Anyone can donate items or money for morale mail packages for deployed troops, anyone can display a yellow ribbon, wear a Red Friday t-shirt. Did you know that you can also send a message of support to our troops? You can go online at www.forces.gc.ca and choose **write to the troops**. You can leave a message on the message board that can be read by all members of the Canadian forces. Showing support for our troops, helps get the job done. We can all play our own part in serving our country. Please show your support your troops.

CENTRE DE RESSOURCES POUR LES FAMILLES MILITAIRES DE GREENWOOD AU SERVICE DES FAMILLES

Centre AVM Morfee, route School, C.P. 582, Greenwood (Nouvelle-Écosse)

BOP 1N0 Téléphone: (902) 765-5611 Télécopieur: (902) 765-1747 • Courriel :

home@greenwoodmfr.ca • Site Web : www.greenwoodmfr.ca

Pour obtenir les coordonnées de tous les Centres de ressources pour les familles des militaires/canadiens consultez le site web www.crfm.ca ou téléphonez le 1-877-280-3636

Services de renseignements à la communauté et services de soutien

- **Bienvenue et Orientation communautaire**
- Trousse de bienvenue de Greenwood, trousse de bienvenue virtuelle du CRFMG, Inscription des nouveaux arrivants, appels de bienvenue du CRFMG, base de données sur les nouveaux arrivants, pochettes d'accueil provenant des autres CRFM
- **Information et Orientation**
- Bulletin électronique du CRFMG (trimestriel), Site web du CRFMG, promotion/publicité du CRFMG, base de données sur les collectivités, extension de services à la force de réserve, services d'orientation vers des agences gouvernementales et civiles, en plus de diverses autres ressources

Services à la famille lors d'un déploiement

- Sensibilisation, information, soutien et assistance aux membres des familles des FC lors d'un déploiement, d'un service temporaire ou d'une RI
- Trousse d'information pré-déploiement et post-déploiement
- Appels téléphoniques de soutien durant la période de déploiement
- Service gratuit d'envoi de colis
- Les réunions mondaines offrent l'occasion aux familles d'établir des liens réciproques et de se soutenir mutuellement pendant l'absence d'un des leurs
- Bulletin mensuel sur le déploiement
- Séances d'information et évaluation avant et après le déploiement, campagne de sensibilisation sur le soutien au déploiement
- Vidéoconférence (VC), permettant aux familles des militaires d'être en contact avec les membres de leur famille qui sont à l'étranger

Service pour enfants, jeunes et parents

- **Activités et initiatives pour les enfants et les jeunes**
- Activités pour enfants et bambins, Programme d'éducation à petite enfance, comité de jeunes, activités diverses et ateliers à l'intention des enfants de moins de 12 ans, tuteurat, ateliers d'aptitudes à la vie quotidienne à l'intention des jeunes

Éducation et services de soutien pour parent/gardien

- Séances d'information à l'intention des parents et des pourvoyeurs de soins, ateliers et ressources sur le rôle parental, information sur les services de garde d'enfants dans le secteur, l'information appropriée et orientation vers les services de garde pour enfants ayant des besoins spéciaux, registre de gardien(ne)s pour adolescents et adultes, Liste des services de garde

Service de garde en situation d'urgence et le service de relève pour les familles dont le membre est déployé

- Séances d'information sur l'admissibilité aux services de garde d'urgence et de relève, ressources/recommandations fiables sur les services de garde d'enfants, éducation et aide à la planification des services de garde
- l'accès aux services de garde d'urgence et de relève 24 heures sur 24, 7 jours sur 7, offres de services de garde de relève pour les familles déployées
- **Services de garde occasionnelle**
- Services de garde occasionnelle autorisée du CRFMG

Programme de prévention, soutien et intervention

- **Éducation et prévention**

- Ateliers sur la croissance personnelle et le mieux-être (p. ex. maîtrise de la colère et aptitudes en communication), Programme Arc-en-ciel (chagrin et perte), foyer d'accueil d'urgence Roundel
- **Évaluation et orientation**
- Évaluation des besoins/risques, orientation vers les ressources communautaires essentielles, soutien aux clients tout au long du processus d'orientation
- **Groupes d'entraide**
- Groupes de soutien par les pairs, groupes de femmes
- Deformation et orientation vers les groupes d'entraide communautaire (p. ex. Al-Anon)
- **Intervention à court terme et soutien en temps de crise**
- Services de counseling de courte durée (personnes et familles), Soutien en temps de crise, défense des droits de la famille

Services de bénévolat

- Recrutement, sélection, formation, orientation, évaluation et reconnaissance
- Orientation des bénévoles en fonction de leurs domaines d'intérêt et de leurs talents
- Formation pratique en cours d'emploi; acquisition de nouvelles compétences et amélioration des connaissances
- Cours et ateliers de perfectionnement professionnel
- Activités de reconnaissance des bénévoles
- Opportunités de bénévolat pour les jeunes de 12 à 18 ans

Services d'aide à l'emploi et l'éducation

- **Aide à l'emploi**
- Création et modification de CV et de la lettre de présentation, évaluation/orientation professionnelle, aide à la recherche d'emploi
- Perfectionnement des techniques d'entrevue, planification des petites entreprises, information sur le réseau militaire des petites entreprises indépendantes, échange de magazines et de livres, ordinateur disponible pour la recherche d'emploi, élaboration d'un dossier d'emploi, liste à jour des emplois disponibles

Programmes éducatifs

- Cours de manipulation des aliments, cours de premiers soins/RCR
- Cours de conduite préventive, salon de l'éducation et de l'emploi, recrutement des FC, ateliers de croissance et de soins personnels,
- Journée internationale de la femme

Programmes de loisirs

- Couture, création littéraire, réseau des petites entreprises indépendantes (PME), peinture créative sur argile, arrangement floral

Services de langue seconde

- Enseignement des langues secondes (cours de français et d'anglais)
- Activités de renforcement des liens entre francophones (organisées trimestriellement)
- Ressources et informations disponibles dans les deux langues officielles

Événements spéciaux et items de promotion du CRFMG

- Promotion du vendredi rouge
- Promotion de la campagne du ruban jaune « soutenons nos troupes »
- Campagne de sensibilisation au déploiement auprès de la communauté
- Coordination de la campagne « la famille La force conjointe »
- Service de colis pour les membres militaires en déploiement
- Événements spéciaux pour la communauté du CRFMG

Le CRFM de Greenwood adhère au Code de protection des renseignements personnels des services aux familles des militaires tiré du Code type sur la protection des renseignements personnels de l'Association canadienne de normalisation. Pour de plus amples renseignements sur le Code de protection des renseignements personnels, veuillez communiquer avec le CRFM ou consulter notre site Web à l'adresse suivante : www.greenwoodmfr.ca.

Want to place a boxed
Classified Ad like Me?

Call Anne at
765-1494 Ext 5833

If you want to place a
Classified Ad that is not boxed,
like this:

Call
Keith at
765-1494
Ext. 5440

CLASSIFIEDS

CLASSIFIEDS- want a classified ad that is not boxed like me? Have something to sell or rent? Call Keith and he can help you place your classified ad in The Aurora Newspaper today.

Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue only covers for the next couple of weeks. For future and ongoing programs and services, please visit our website at www.greenwoodmfr.ca or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

Note: We are sorry for any inconvenience this may cause, but to keep costs down, the only methods of payment accepted for workshop registrations is cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration.

Employment and Education Services

Coordinator: *Kristen Lawson at 765-5611 local 1816 or email kristen.lawson@forces.gc.ca*

- Ongoing Services**
- Resume and Cover Letter Creation and Modification
 - Resume Updating
 - Employment Resource Library
 - Career Assessment / Counseling
 - Job Search Assistance
 - Interview Skill Building
 - Information on Small Business Planning
 - Information on Military Home-based Business Network
 - Employment Computer Available
 - Portfolio Development

Outreach and Community Information Services

Coordinator: *Nicole Godin at 765-1494 local 5941 or email nicole.godin@forces.gc.ca*

- Ongoing Services**
- Greenwood Welcome package
 - GMFRC Virtual Welcome package
 - New Arrivals Registration
 - Welcome GMFRC visit/

- tour and Welcome Gift
- GMFRC Welcome Calls
 - GMFRC Email Information Newsletter
 - GMFRC Website
 - Community Information Database
 - Outreach to Reserve Units

Deployment Services

Coordinator: *Vacant, for information please call 765-5611*

Upcoming programs or services

Deployed Families Adult Pool Night at Dooly's
Monday, August 10th, 2009
8:00 p.m. – 10:00 p.m.

Location: Dooly's, 963 Central Avenue, Greenwood
Cost of pool compliments of Dooly's

Registration deadline: Friday, August 7th, 2009
Call 765-5611 to Register

Deployed Families Card/Craft Club
Wednesday, August 19th, 2009

9:00 a.m. – 11:00 a.m.
GMFRC

Registration deadline: Monday, August 17th, 2009
Call 765-5611 to Register

Casual childcare is not available during the summer. If childcare creates a barrier please do not hesitate to con-

tact the GMFRC.

Deployed Families Adult Dinner Out

Monday, August 31st, 2009
5:30 p.m. – 8:30 p.m.

Location: To be Determined

Pay the cost of your own meal

Registration deadline: Friday, August 28th, 2009
Call 765-5611 to Register

Is your military member away?

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give us a call & we'll set you up with any of our programs/services/activities that may interest you. We do not know you're out there unless you let us know.

All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

** For respite childcare offerings for deployed families, see details under Children and Youth Services*

Please feel free to contact me to set up an appointment to discuss any of these services and for more information

Child and Youth Services

Coordinator: *Kim Dixon at 765-1494 local 1812 or email kim.dixon@forces.gc.ca*

Upcoming programs or services

Summer Teen Babysitting Program

Tuesday, August 4th – Friday, August 21st, 2009
8:30 am – 3:30 pm
GMFRC

\$5 per family per hour
Children ages 3 months and up

Must book in advance with the Coordinator of Child and Youth Services

Respite Dates

Saturday, August 8th, 2009
12:00 p.m. – 5:00 p.m.

Children up to age 12
Free to CF Families who currently have a partner deployed

Registration deadline: Thursday, August 6th, 2009
and

Saturday, August 22nd, 2009
9:00 a.m. – 5:00 p.m.

Children up to age 12
Free to CF Families who currently have a partner deployed

Volunteer Services

Coordinator: *Janie Gagnon at 765-1494 local 5938 or email at janie.gagnon@forces.gc.ca*

Volunteer Opportunities

- Job Search Assistant Needed ASAP
- Mondays 1-2 hours per week (ongoing)

GMFRC
Volunteers Needed: 1
Research and compile local job opportunities.

Comité francophone
Date and Time TBD
GMFRC

Volunteers Needed: Many
Plan the calendar of francophone activities.

MFR Clean-Up Days
Monday, August 10th, 2009
& Tuesday, August 11th, 2009
8:00 a.m. – 4:00 p.m.

GMFRC

Volunteers Needed: Many
To help us lift and clean up the basement

Warm Line Callers
Ongoing need

Flexible (2 hours per month)

GMFRC or from home

Registration deadline: Open

Volunteers needed: Many (you will receive a prior training)

** Suitable for our awesome Youth Volunteers!*

Special Events And Promotions

Coordinator: *Michelle Thibodeau Wagner at 765-1494 local 1421 or email michelle.thibodeau-wagner@forces.gc.ca*

Upcoming events

Camp Aldershot Open House

Saturday, August 8th, 2009
10:30 am – 4:00 p.m.

All are welcome

Ongoing Services

- Red Friday Promotions
- Yellow Ribbon Campaign
- Support our Troops Awareness Campaign
- Military Families Strength Behind the Uniform Campaign
- GMFRC and Community Special events planning
- Morale Mail Packages to the Troops

Zedex Theatre
765-8848

Aug 2nd - Aug 6th
Sun 2:00 & 7:00 p.m.
Mon-Thur 7:00 p.m.

UP
Rated PG

Sun-Thur 9:00 p.m.
Public Enemies
Rated 14A

While you are at the theatre enter to win an iPod Nano. We will be giving away 1 a month.

Dolby EX Digital Sound
Come See it on the Big Screen www.zedex.ca

Kingston Legion

BiNGO

Prize Money
Guaranteed: \$2,500

BOOKLET
BiNGO

Sunday, 1:45 p.m.
Tuesday, 7:45 p.m.

Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

Lic.#
35542-96



GMFRC • Feature of the Week

Volunteer Services
Coordinator: *Janie Gagnon at 765-1494 local 5938 or email at Janie.Gagnon@forces.gc.ca*

GMFRC Clean-Up Days Looking for Handymen, Handywomen

Monday and Tuesday, August 10th & 11th, 2009
8:00 a.m. – 4:00 p.m.

GMFRC
Volunteers Needed: Many

The GMFRC is requesting your help as we are looking for volunteers to come out and help out with our clean-up days at the centre. Volunteer must be comfortable lifting and moving, as we are cleaning up the basement. Please call Janie Gagnon if you are interested in this volunteer position.

CRFMG - Publicité de la semaine

Service de bénévolat
Coordonatrice *Janie Gagnon* au 765-1494 local 5938 ou courriel à Janie.Gagnon@forces.gc.ca

Grand ménage du CRFMG, recherchons l'aide de costaux bénévoles!

Le lundi et mardi, 10 et 11 août 2009
De 8h00 à 4h00

CRFMG
Bénévoles demandés : Plusieurs

Le CRFMG fait le grand ménage du printemps en été! Nous avons besoin de votre aide et de vos muscles afin de mettre la place à votre goût. Allez, venez nous aider, portez de bons souliers et des vêtements sport ça va bouger! Laissez-moi savoir si vous serez des nôtres : *Janie 765-1494 local 5938.*

Prevention, Support and Intervention Services

Coordinator: *Jennifer Calkin, at 765-1494 local 1811 or email at jennifer.calkin@forces.gc.ca*

- Ongoing Services**
- Emergency Shelter
 - Assessment and Referral
 - Short Term Support
 - Crisis Intervention

Lake Pleasant Campers Club • Cabin Rental



The cabin sleeps four (two double beds plus sofa) and consists of a kitchen complete with fridge and stove, hot and cold water, electric heat, living room, patio deck, outside fire pit, and a great view of the lake. The kitchen is set up with an electric kettle, toaster, microwave, cutlery, dishes including mugs, glasses, bowls, pots and pans.

The only items you must provide include bedding, food and other convenience items

to make your stay a pleasant one.

To book the cabin:
Call 902-547-2882

Bookings can be of 2 weeks duration.

Check in time – 1300 hrs
Check out time – 1100 hrs

Members with Rec Card:

\$35.00 per night
\$210.00 per week (Monday to Sunday)

Non Members:

\$40.00 per night
\$240.00 per week

www.lakepleasant.ca

Youth Happenings at the 14 Wing Community Centre

By: Recreation Youth Worker Megan Le Moine

August has arrived! The summer months are coming to an end, and the next thing we'll be talking about is snowstorms! Or maybe not! Seems way too early to be thinking about that! July has had some nice summer days, but for the most part rainy and gloomy, not the summer I was hoping for! We have had to re-schedule the Park after Dark trip for August 1, and the Whale Watching trip was also uneventful because we saw not a single whale. For those that went there was a credit given for a future trip, if you are interested in using that credit for the next C.C Whale Watching trip, come down to the C.C and we can get you on the list first! There are some great trips and activities planned for the month of August, so make sure to check your calendar so you don't miss out on all the fun things going on here! For any more information please call 765-8165.

Boyz Club

Swimming
Monday, August 3, 2009
4-5:00 p.m.

Cannon Ball! Tonight we are meeting at the C.C then going to walk to the out-door pool, where we will swim, dive, and cannon ball our way through an hour of swimming fun! Make sure you bring your rec. card! And everything else you need to go swimming, bathing suite, towel, and sun-screen! If you don't have a rec. card, it is \$5.00 to go swimming all day!

Teen Activity

Trivia Games
Tuesday, August 4, 2009
6-7:00 p.m.

Tonight it's games night! If you have a favourite game, bring it, if there's a game you like here, we'll play it! Teens come to the C.C and we'll have some awesome games to play, to keep you entertained for hours!

Active Chicks

Out-Door Games
Wednesday, August 5, 2009
6-7:30 p.m.

Girls, meet at the C.C, then we'll go outside for some summer fun games! There we might play grounders, tag, volleyball, and play on the jungle gym! Hope to see you all there!

Teen Swim

Thursday, August 6, 2009
6-7:00 p.m.

Tonight the teens are going swimming at the out-door pool. Let's meet at the C.C, where we can all go over to the pool together. We can practice diving and swimming, have a game of water volleyball, and hopefully enjoy the nice weather! Hopefully! Make sure you bring your Rec. Card, if you don't have one it is \$5.00 to go swimming!

Open Gym

Thursday, August 6, 2009
7-8:00 p.m.

This is a new idea we are going to try out this month; Open Gym is every Thursday evening, from 7-8 p.m. Where pre-teens and teens can have full range of the gym, they can play any game they like, any sport they like, or just run around and let off some

steam! We are hoping to see more youth using the gym and the equipment we have, so hopefully this new idea will get some more teens out to the C.C!

Pre-Teen Movie Night

Saturday, August 8, 2009
6-8:00 p.m.

Mr. Troop Mom

This week's movie is about a man trying to reconnect with his daughter, so he volunteer's to chaperone her troop at the GO-Girls Jamboree at Running Pines Camp, although, he is unaware he'll be the only guy in a camp full of girls! Admission to the movie is free with your membership card or \$1.00 drop-in fee.

Teen Movie Night

Saturday, August 8, 2009
8:30-10:30 p.m.

Push

This week's movie is about two young Americans with special abilities who must race to find a girl in Hong Kong before a shadowy government organization does. Sounds like a great suspense! Admission to the movie is free with your membership card or \$2.00 drop-in fee.

Special Events

Pre-Teen Pajama Party Dance

Friday, August 7, 2009
6-8:00 p.m.

Pillow Fight! Tonight we are having a Pajama party dance, wear your jammies, bring a teddy, even your blankie! \$2 to dance the night away!

Pre-Teen Midnight Madness

Friday, August 7, 2009
8 p.m.-12 a.m.

Tonight's the night for the pre-teens to let loose! We'll be playing games, making personal pizzas, and watching a scary movie! Please let us know by Aug.5 if you would like to spend the evening with us, the cost is \$5.00. If you have a fun game you would like to play, bring it and your ideas and we are sure to have a great night!

Oaklawn Farm Zoo Trip

Sunday, August 9, 2009
4:45-8:15 p.m.

We are going to the Zoo! This trip is focused around feeding time! We are leaving here around 4:45 p.m. to arrive at Oaklawn by 5 p.m., there we will be shown some interesting animals up close, and then you're able to walk

around on your own and enjoy the Zoo, check out the animals, have something to eat. Then at 7 p.m. we will be watching feeding time! Around 8 p.m. we will be

heading back to the bus, and arrive at the C.C around 8:15! For Adults the cost is \$3.50, for students or seniors \$2.50 and for children 12 and under \$1.50! A very nice price!

GMFRC • Feature of the Week

Outreach and Community Information Services

Coordinator Nicole Godin at 765-1494 local 5941 or email nicole.godin@forces.gc.ca

New Arrival Registration

Each CF Member newly posted to 14 Wing Greenwood is required to clear in at the GMFRC Front desk. When clearing in, the member will be asked to fill out a **Registration Form** to provide us with necessary information so we can offer appropriate Welcome Services to the family in a timely matter. The member will leave with a Welcome Gift Card which invites him/her to come back with his/her family for a visit.

Service de laugue seconde

Coordonnatrice Janie Gagnon au 765-1494 local 5938 ou courriel à Janie.Gagnon@forces.gc.ca

Publicité de la semaine

Service d'accueil et de renseignements a la communauté

Coordonnatrice: Nicole Godin au 765-1494 poste 5941 ou adresse courriel à nicole.godin@forces.gc.ca
Publicité de la semaine

Inscription des nouveaux arrivants

Chaque membre des FC qui est nouvellement basé à la 14^e Escadre Greenwood est prié de se présenter à la réception du CRFMG. Il doit remplir un **formulaire d'inscription des nouveaux arrivants**. Ce formulaire nous permettra de recueillir les renseignements nécessaires pour que nous puissions fournir au membre et à sa famille, en temps voulu, tous les services dont ces derniers ont besoin à leur arrivée. Les renseignements recueillis sont protégés conformément au *Code de protection des renseignements personnels*. Le membre des FC quitte le Centre avec une carte de visite les invitant à revenir, préférablement avec leur famille, pour une visite des lieux et un cadeau de bienvenue.

Youth Centre Drop in Hours

	Pre-Teen (ages 9 – 12)	Teens (ages 13 – 18)
Monday	4 pm to 6 pm	6 pm to 9 pm
Tuesday	4 pm to 6 pm	6 pm to 9 pm
Wednesday	4 pm to 6 pm	6 pm to 9 pm
Thursday	4 pm to 6 pm	6 pm to 9 pm
Friday	6 pm to 8 pm	4 pm to 6 pm 8 pm to 11 pm
Saturday	2 pm to 4 pm 6 pm to 8 pm	4 pm to 6 pm 8 pm to 11 pm
Sunday	2 pm to 5 pm	5 pm to 9 pm

Greenwood Military Aviation Museum

"Saving your past for your future"

June to August

7 days a week 9 am to 5 pm

September to May

Tuesday to Saturday 10 am to 4 pm

We invite you to drop in and see what a difference a year makes! Join the thousands that have visited the museum over the past year and see the "new and improved facilities".

For that "hard to find item for that someone special" browse in the **Museum Store** for items such as mess dress items, videos, books, badges, clocks, flags, licence plates, clothing, lapel pins, caps, limited edition prints and an extended selection of models, decals and paints. Remember us for your medals and mounting requirements. If we don't have it, we will order it!

The display aircraft are now part of the museum complex and are located next to the parking lot.

The museum is now located in the Canex building, East Side, and remember:

Admission is free!



For further information, contact the museum at 765-1494 local 5955. Meet you at the museum!

DAY CAMP

WEEK 6: GAME, SET, MATCH (August 4 - August 7)

Bring your game face this week as we stretch and dance our way to a week full of different challenges and games. We will be heading to Sports camp for a day to shoot some hoops, and then downstairs for some GLOW BOWLING!

WEEK 7: ART WEEK (August 10 - August 14)

This week we will draw, paint, sculpt and design master pieces! Come and bring your own supplies to decorate the Community Centre, the FULL AYLESFORD LAKE for a relaxing day in the sun!

WEEK 8: WHEN I GROW UP (August 17 - August 21)

What do you want to be when you grow up?? This week we will explore the world of different occupations. We will even head to SOBEYS for a cooking lesson and host our own Camp Olympics!!

FRENCH CAMP

WEEK 6: Crazy Inventions (August 4 - August 7)

It's time to explore the world of science! This week we'll be making cool crafts like tie-dye and silly putty. We'll also be doing some cool experiments and inventing our own rockets! TRIP: Discovery Center!!

WEEK 7: Enviro-Heros (August 10 - August 14)

Enviro-heros to the rescue! This week is all about saving the environment! We'll be making crafts from recyclables and also going on an adventure walk! TRIP: Aylesford Lake!

WEEK 8: Let the Games Begin (August 17-August 21)

1-2-3, Go Team! This week we'll be playing games and activities every day! We'll even have our own Camp Olympics! TRIP: Putting Edge for a day of glow-in-the-dark mini put!

SPORTS CAMP

WEEK 6: Basketball Week (August 4 - August 7)

If basketball is your game, this is the week for you! Come shoot some hoops and also enjoy a trip to PUTTING EDGE for glow-in-the-dark mini put!!!

WEEK 7: Ultimate Survivor Challenge (August 10 - August 14)

Do you have what it takes to outwit, outplay, and outlast? Break into teams for a week full of contests and games and we will also go on a trip to AYLESFORD LAKE!!

WEEK 8: Action Satisfaction (August 17 - August 21)

Our final week will be full of non-stop action including our own FULL ROCK-CLIMBING at Ground Zero Climbing Gym, GLOW BOWLING, our end of summer party, and more!

FOR YOUR INFORMATION


UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS
 FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

Discover the Magic of Reading
 ...visit 14 Wing Library

Located at AVM Morfee Centre, School Street

Monday 1-5pm & 6-8pm
 Tuesday 10am-1pm & 2-5pm
 Wednesday 1-5pm & 6-8pm
 Friday 12-4pm
 * Sunday 1-4pm

765-1494 24 hour drop-off box • Phone for Renewals
 Loc. 5430 Closed on holidays and holiday weekends throughout the year.



HOROSCOPES

August 2 to August 8

ARIES - Mar 21/Apr 20

Take a more assertive role at work, Aries. Establish that you're reliable and can get the job done in a satisfactory manner no matter what comes your way.

TAURUS - Apr 21/May 21

Taurus, projects at home keep you busy for a few days. Just think them through before acting or else you might end up with a half-finished job or a big mess.

GEMINI - May 22/June 21

Gemini, confrontations leave you frazzled and at your wits' end. However, you don't have the luxury of making a quick escape. You'll have to ride this one out.

CANCER - Jun 22/Jul 22

Cancer, you can't be everyone's friend all of the time. So stop trying to be the best buddy out there. Focus on those people who genuinely respect you for the person you are.

LEO - Jul 23/Aug 23

Leo, it's been difficult balancing work and family life lately. You may have to make the decision that one will win out over the other. This is the time for deep thinking.

VIRGO - Aug 24/Sept 22

Fights at home have gotten out of control, Virgo. You have to learn how to respect others' feelings. Throwing temper tantrums will only create more enemies.

LIBRA - Sept 23/Oct 23

Libra, stop beating yourself up over a project you weren't able to master. You excel in plenty of other things. Set your sights on a new challenge and you'll be pleasantly surprised.

SCORPIO - Oct 24/Nov 22

Scorpio, a friend in need is reticent about seeking your advice. Give off signals that you are open and willing to be a "shoulder to cry on." Good fortune arrives on Thursday.

SAGITTARIUS - Nov 23/Dec 21

Sagittarius, you've finally made the decision to uproot and move. With summer in full swing, now is a good time to dabble in the real estate market. Spend time working on curb appeal.

CAPRICORN - Dec 22/Jan 20

A confrontation at home catches you off guard, Capricorn. Rather than plan your defense, listen carefully to what this person has to say and voice your opinion rationally.

AQUARIUS - Jan 21/Feb 18

Aquarius, a supervisor has spoken to you about a disciplinary issue. Rather than take offense, heed the advice and use the conversation as an opportunity to improve your work.

PISCES - Feb 19/Mar 20

Pisces, nosy neighbours try your patience. Be civil; you don't want to cause any battles. Talk over your concerns in a calm, direct way.

FAMOUS BIRTHDAYS

- AUGUST 2 Hallie Eisenberg, Actress (17)
- AUGUST 3 Tom Brady, Athlete (32)
- AUGUST 4 Barack Obama, U.S. President (48)
- AUGUST 5 Maureen McCormick, Actress (53)
- AUGUST 6 Geri Halliwell, Singer (37)
- AUGUST 7 David Duchovny, Actor (49)
- AUGUST 8 Dustin Hoffman, Actor (72)

Horoscopes brought to you compliments of:

24 HOUR SERVICE

STEVE MORSE
 HEAVY TOWING
 LIGHT ROADSIDE

www.morsetowing.ca (902)825-7026



Overeaters Anonymous

(OA) is a fellowship of men and women who through shared experience and mutual support are recovering from eating disorders that include Bulimics, Anorexics and Overeaters. No dues... no fees... no weigh-ins. We are not a diet and calories club. Every Friday at 7:30 p.m., the Kingston Freedom Group meets at the Multi-Addiction Centre Society (MACS), 2080 Bishop Mountain Road, North Kingston. For more information, contact Lorraine at 681-0613. To learn more, visit www.oa.org.

Macdonald Museum Event

Picnic Lunch Auction and Pie Sale, starting at 11:30 a.m., Saturday, August 8th, at Macdonald Museum in Middleton. Purchase a delicious lunch to enjoy on the lawn of the Museum or take it home with you. Auctioneer Ken Crowell. Proceeds to the Macdonald Museum. Phone 825-6116 for further information.

GMFRC Early Childhood Education Program

Submitted by Brenda Virtue-Ellis, GMFRC Early Childhood Education Teacher

The Early Childhood Education Program at the Greenwood Military Family Resource Centre (GMFRC) is a site-specific program, licensed by the Nova Scotia's Department of Community Services. It has been serving this community since 2002.

The program is designed to meet the social, emotional, cognitive, fine and gross motor needs of children. The program strives to meet the unique individual needs of all children.

The curriculum provides developmentally age appropriate activities that foster growth in all areas. Early literacy and school readiness skills are incorporated into the program. Children are encouraged to participate and explore their environment through art, music, cognitive activities, circle time, gross motor, and dramatic play. Children are encouraged to participate in the selections of topics for the in-depth studies. This provides concrete learning opportunities for the children.

This fall a new and exciting component, "Singing English" has been added to the E.C.E program. This program fosters phonological awareness/literacy skills, social skills, listening and communication skills. This program helps children explore and learn language through song.

The E.C.E program is separated into two groups: one for each age level. Currently there is a 2.5 to 3 year old program and a 4 to 5 year old program. Fall Registration for 2009-2010 is currently underway. Space is limited. If you would like more information on these programs contact Miss Brenda 765-1494 local 5053.

GREENWOOD BOWLING CENTRE

Bowling Schedule

Monday	9-12 p.m.	Reservation Only
	1-4 p.m.	(\$5 special)
Tuesday	9-12 p.m.	Reservation Only
	1-4 p.m.	(\$5 special)
Wednesday	9-12 p.m.	Reservation Only
	1-4 p.m.	(\$5 special)
Thursday	9 am-11 a.m.	Open Play
	By Reservation Only	
Friday	2-5 p.m.	Casual Bowling
	6-10 p.m.	Cosmic Bowl (glow)
Saturday	1-4 p.m.	Casual Bowling
Sunday	CLOSED	

All reservations 4 lanes or more require a deposit to be paid at the time of booking.

For More Information telephone 765-1494 ext 5631.

www.5pinbowling.ca

14 Wing Community Centre presents a...

Pre-Teen Midnight Madness Pajama Party

Friday, August 7th

**Pajama Dance Party 6-8
Gym Lock in 8-12**

Cost: \$5
(\$2 dance only)

We'll play games, including flashlight tag, make personal pizzas & watch a creepy movie...

For more info, or register a child (ages 9-13) please call 765-8165

Please register your child by August 5th.



The Aurora newspaper PRESENTS... **FIND & WIN**

Just Fill in The Blanks. Three Easy Ways to Enter.

- Through our website: www.auroranewspaper.com
- Fax: 765-1717
- Drop into our office located on School Road (Morfee Annex)

No Central Registry or Canada Post please.
Deadline: Noon, Thursday, August 6, 2009.
 Make sure you include your full name and phone number.

NAME _____ PHONE NUMBER _____

Limited to one win per month.
 The winner will be drawn randomly from all correct entries. Only one entry per person per week.

Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!

- What day is Silver Dart Weekend being held on _____
- What kind of clinic does Dr. Paul Gagnon have _____
- When is the meeting for Kingston District Fire Commission _____
- How many RMT's are working at Abatement Massage Therapy _____
- What is the phone number of J.P. Pressure Washing _____

This contest is brought to you by:

Pizza Delight, Greenwood
765-4477

Congratulations to last week's winner: TERRI DELISLE



The 107 Valley Wing

Air Force Association of Canada

904 Central Ave. Greenwood

Open to ALL Members, Serving or Retired, of the
 • CAF • Reserves • RCMP •
 • Public Service • RCAC •
 • Members & Guests •

Do you enjoy a good time in a friendly relaxed atmosphere?
 Drop into the 107 Valley Wing and meet our friendly members and staff.
 We are open 7 days a week for your convenience.
 We are looking for new members!

For more information call 765-8415 after 12:30 p.m.
 We also have Catering Service for your Weddings, Section Parties or other celebrations.



14 Wing Victorious at the Atlantic Region Slo-Pitch Championships

The 14 Wing Slo-Pitch team arrived at CFB Gagetown on July 13th and held a practice on the local ball diamond and then headed to UNB where they would be staying for the rest of the week.

Tuesday saw them facing two very good teams, CFB Halifax and CFB Gagetown. In the first game their bats came to life. They combined their stellar defence and home run power in a 28-14 trouncing of CFB Halifax. The afternoon saw them face a determined Gagetown team, the defending Regional champions and runners up at last year's National championships. It was a see-saw battle with both teams showing moments of defensive prowess but this time 14 Wing's bats were not as lively and they lost 16-13.

Wednesday the team decided that they had to

win the next two games to give them a shot at having home field advantage in the playoffs. 14 Wing played very well, their team spirit and determination saw them though the rough spots and they went on to beat Fleet 16-15. The mercy rule was utilized when they faced 12 Wing Shearwater, as they were ahead by 15 runs by the end of the 5th inning with a final score of 24-3. This set the stage for Thursday as 14 Wing finished with a record of 3 wins and 1 loss which gave them first place in the round-robin and a rematch with CFB Gagetown in the cross-over.

Nerves played a big part of the first 3 innings and the game was deadlocked at 2-2. Gagetown got six runs in the top of the 4th and 14 Wing answered with only one run. Things stayed that way until the bottom of the 6th when the

14 Wing bats came to life and the team rallied with 5 runs. A two run home run by Brad Steadman put new spark in the team. They held Gagetown in the top of the 7th and only needed one run to win. Gagetown quickly got two outs against them and this brought the coach, Alain Chalifoux to bat. Alain had always dreamed of hitting a home run to win the game and his dream came true. He hit a line shot that bounced off the top of the fence and over, completing the Cinderella story comeback 9-8 for 14 Wing.

They rolled into the final on a high to face a CFB Halifax team that was also on a high as they came

from behind to beat Fleet in the 8th inning. 14 Wing started out with a couple of quick runs and never looked back. The team melded into a cohesive unit that could not be beat. They held off all attempts at a come-back and won the final 13-9. Cliff Samms hit a 3 run line drive that landed somewhere in Fredericton.

The 14 Wing Men's Slo-Pitch team would like to thank the Wing for giving us the chance to represent them, the PSP staff for all their organizational skills and our coach Alain Chalifoux, whose dedication and skill have made us into a force to be reckoned with at the National Championships in Borden.

HAVE YOU BEEN POSTED?

Please RETURN 14 WING'S LIBRARY BOOKS, to the LIBRARY BEFORE you LEAVE.

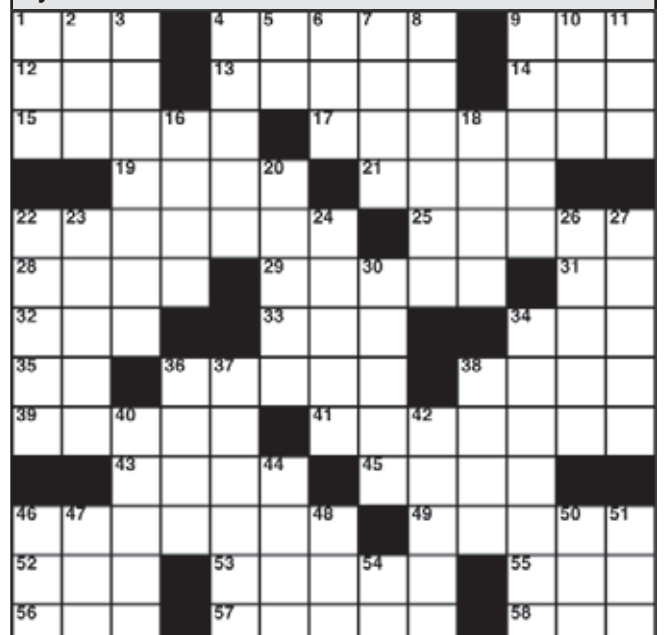
THANK YOU!

Canadiana Crossword

Celebs Before and After

Solution page 22

By Bernice Rosella and James Kilner



- ACROSS**
- 1 Take illegally
 - 4 Palestinian political party
 - 9 Ms Rabbit or Ms Deer
 - 12 Golfer Mackenzie
 - 13 Tibetan Capital
 - 14 Sought public office
 - 15 Butt's barrier = Brent's
 - 17 Nautical breeze
 - 19 Gottchas
 - 21 Union Jack, for one
 - 22 Blessing
 - 25 Makes more comfy
 - 28 Asian nation
 - 29 Synthetic rubber
 - 31 Regina to Yorkton dir.
 - 32 Mothers, slangily
 - 33 Make do
 - 34 Buzz
 - 35 Prefix for polar
 - 36 Word before throat
 - 38 Rani's gown
 - 39 Foxier
 - 41 Gabereau fashion items = Vicki's
 - 43 Breastplate
 - 45 Grim
 - 46 Uses a key
 - 49 Cherry's videos = Grapes
 - 52 Slurp
 - 53 Limestone formation
 - 55 Annoy
 - 56 Golfer Ernie
 - 57 Leaf part
 - 58 Negative
 - 11 Tolkien tree person
 - 16 Word before wag or strap
 - 18 German river
 - 20 Not inebriated
 - 22 CTV's Clark breaks big news = Toms
 - 23 Cyber correspondence
 - 24 Microwaved, slangily
 - 26 Become accustomed
 - 27 Big rigs
 - 30 Luke warm
 - 34 A mountain highway bend
 - 36 Lily bulb
 - 37 Mercer's shenanigans = Ricks
 - 38 Sea bird
 - 40 Barks
 - 42 Terra
 - 44 Card game
 - 46 Employ
 - 47 Zilch
 - 48 Sign of a sellout
 - 50 Historical period
 - 51 The wild blue yonder
 - 54 Letters denoting a garment size
- DOWN**
- 1 British mil. Service
 - 2 Verse form
 - 3 Gartner's health food = Hana's
 - 4 Bane of dogs
 - 5 Sigh of contentment
 - 6 Take rays
 - 7 9.00 AM
 - 8 Mowat's motorbike = Farley's
 - 9 Oliver's leavings = Craig's
 - 10 Americas org.

Weekly Crossword brought to you compliments of:

Peter Hebb at 59 Webster St., Kentville, N.S.

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PATRICK'S PUZZLE

Vision Word Find

Just in time for Child Vision & Learning Month, see how many related words you can find and circle in the puzzle.

CARE	EXAM	IMPORTANT
CHILD	EYE	OPTOMETRIST
CONTACTS	GLASSES	VISION
CORNEA	HEALTH	YOUTH

T P H X D D V H Q S T C
 C S U T Q M E F T E T O
 A N I M U A P C T R N R
 V B K R L O A C R A A N
 E Y E T T T Y E J C T E
 M B H M N E U N I Y R A
 B F A O B V M K W L O I
 H X C W J I I O A G P X
 E G L A S S E S T Q M K
 K A D L I H C D I P I T
 E S E G X V C I O O O M
 U M T J V H R X Q Z N R

Vision Scramble

Unscramble the words to complete the sentences.

- Everyone should go for a vision **X M E A**.
- C T T A C R A A S** are a condition where the lenses of the eye turn opaque.
- 20/20 means perfect **S E T Y H E I G**.
- S H L S A E** keep dirt and debris out of the eyes.

Answers: 1. exam 2. cataracts 3. eyeglasses 4. lashes

Patrick's Puzzle brought to you compliments of:

Tri County Communications
Greenwood Mall

TELUS authorized dealer
Cellular Sales & Service
Authorized Product Care Centre
765-2415

ComParrot by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?



www.comparrotpuzzles.com

© 2009 Bonnie J. Malcolm



Solution: 1. Stripe on hat by cactus is missing. 2. Fold in curtain is missing. 3. Flip on bag is missing. 4. Cat's tail is colored in. 5. Brace on crutch is colored in. 6. Pom-pom on girl's hat is different. 7. Arm on cactus has moved. 8. Pocket in. 9. Pom-pom on girl's hat is different. 10. Peak on boy's cap is upside down. 11. Cactus pot is taller. 12. Stripe on boy's shirt sleeve is wider.

Com Parrot brought to you compliments of:

'STAGE 2' • Sofa Gallery • Mattress Centre
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Sales & Service
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Mon-Wed: 8-5:30 Thurs-Fri: 8-9 Sat: 8-4

Tri County Communications
Greenwood Mall

TELUS authorized dealer
Cellular Sales & Service
Authorized Product Care Centre
765-2415

Classified Ads

To place a Classified Ad by Word Count call Keith Pinkerton at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

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We do local moving
765-4430
812 Maple Street Ext., Kingston

Future Glass and Mirror Ltd.
Sampson Dr., Greenwood
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REPLACEMENTS OF
WINDSHIELDS
ALSO: *plate glass *mirrors
*plexiglass
* vehicle accessories
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Available at Reduced Prices
"INSURANCE CLAIMS
OUR SPECIALTY"

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or

FOR SALE

FOR SALE - Indoor moving sale / box sale starting Friday, Aug. 7th, 8th and 9th continuing on weekends until all is sold with new items every WE during Aug. Sofa bed, Treadmill, exercise equipment. Stand up freezer & much more. Located at 1850 Greenwood Rd, Kingston Call 825-7599 (3031-1tp)

FOR SALE - Bowflex, Blaze with extra power pack, (310lbs total resistance). 3 years old in perfect condition. Asking \$750.00 OBO

Call 840-1273. (3031-1tp)

YARD/MOVING SALE - 3 family yard sale and moving sale Sat. August 8, from 8am-3pm, rain date August 15, 10-15 minutes from Greenwood or Middleton on south mountain, (follow signs). (3031-1tp)

FOR RENT

Barristers
C. HANSON DOWELL, Q.C.
250 Main St., Middleton
825-3059

FOR RENT - LINCOLN-SHIRE APT AVAILABLE, in Kingston, 2 bedroom apartment with balcony available Sept, \$550.00 month excludes utilities. Live-in Super, secured building. Please call 840-0683. (3020-ufn)

FOR RENT - Quality Homes in

FOR RENT

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Greenwood, Kingston & Middleton areas. Minutes from Base & shopping areas. Glengary Property Management 765-2421. (3022-ufn)

FOR RENT - Worry free retirement living, IR Postings welcomed, located centrally between Kingston and Greenwood on Sampson Drive. 2 bedroom duplex, with in floor heating, 5 appliances, attached garage, spacious

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COTTAGE FOR RENT - Attractive 3 bedroom cottage on beautiful Zwicker Lake. Spacious, wall to wall carpet, large patio, dock and canoe. \$700.00 per week call 630-378-5619 for further info. (3029-3tp)

FOR RENT - 2 bedroom Mobile in the Kingston area. \$600.00 per month utilities included. Fridge/stove, heat and lights Call 847-5046. (3029-ufn)

FOR RENT - Furnished 1 bedroom, Middle Rd, West

FOR RENT
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Crossword Solution

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A	D	A	L	H	A	S	A	R	A	N
F	E	N	C	E	N	O	R	W	E	S
A	H	A	S	F	L	A	G			
B	E	N	I	S	O	N	E	A	S	E
O	M	A	N	B	U	T	Y	L	N	E
M	A	S	E	K	E	H	U	M		
B	I	S	T	R	E	P	S	A	R	I
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E	G	I	S	D	O	U	R			
U	N	L	O	C	K	S	T	A	P	E
S	I	P	K	A	R	S	T	I	R	K
E	L	S	S	T	O	M	A	N	A	Y

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Classifieds Continued

ment available July 1st. (3030-3tp)

FOR RENT - 2 bedroom home with attached garage. Heat, power and all appliances included. \$650.00 per month. Located on Hwy # 1, Aylesford. Call 847-3378 (3031-2tp)

FOR RENT - COMING TO GREENWOOD ON IR?? New 1 bedroom bright apartment in a quiet country setting. Fully furnished and equipped fridge, stove, washer, dryer. Rent includes all services except phone and cable. No smoking, no pets. Call Joe 765-1898 or 5215 on base. (3031-2tp)

FOR RENT - 3 bedroom, newly renovated lower level duplex behind Greenwood Mall. Fridge/stove, W/D hook-up, lawn care and snow removal included. \$550.00 per month plus utilities. Contact Karen at 765-4206 (3031-1tp)

SERVICES

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SERVICE - Self Storage located in Kingston, units available 5'x12', 5'x13', 8'x10'. Prices vary call 825-3607. (2931-ufn)

SERVICE - Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates - flexible hours Call Mike at 242-2465 Greenwood/Kingston (3024-ufn)

SERVICE - Palm and Tarot Reading by Annie, Kingston area. Gift certificates available for any occasion. Call 765-0712 for an appointment. (3025-8tp)

SERVICE - Childcare: Willing to provide childcare to children of all ages. Experienced, First Aid/CPR, Criminal Check and Child Abuse Register. Will provide snacks, lunch and receipts. Please call Paula 242-2445 or 760-1436. (3026-ufn)

CHILDCARE PROVIDER - Ms Lori's Family Day Care has 2 openings available. I am an early childhood

educator with structured programs in place to prepare your child for school. Ages 12 months to 5, before and after school (bus stop Kingston Elementary) 5 minutes from Greenwood. Call 765-0684 (3030-4tp)

SERVICE - ECE Teacher available to care for children in my home. 12 years of daycare experience. First Aid/CPR, planned activities, nutritious lunch snack provided. Rate - \$100.00 per week per child. References available. Call Melissa at 242-2144 (3030-2tp)

SERVICE - Dwight Ross Kids Care is currently accepting enrollment for the before and after school care program, and our preschool program starting September 2nd 09. Healthy snacks provided, fully experienced and qualified staff. Call Shelly at 848-6070 or 765-3215 or Lisa at 844-1183 or 765-9461 (3030-2tp)

AUTOMOTIVE

FOR SALE - 2008 Ford Ranger, 15,000km, new MVI. \$12,500.00 Call 765-0293. (3031-1tp)

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RECYCLE

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EAP

Employee Assistance Program

When you need someone to talk to, call:

Al MacDonald 1532
Wayne Atwater 5567
Darlene Richards .. 3119
Debby Benda 3340

BOOKING NOW!

BIRTHDAY PARTIES

at the Outdoor Pool
14 Wing Community Centre



For more info
call Yvonne Clarke
765-1494 ext. 5564

GMFRC • Features of the Week

Prevention, Support and Intervention Services
Coordinator: Jennifer Calkin at 765-1494 local 1811 or email: Jennifer.Calkin@forces.gc.ca.

Looking for Ideas

It's that time of year again where the centre is working on programming for the fall. If you have any ideas for workshops or programs you would like to see offered through the PSI please feel free to contact Jennifer.

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Reuben

1 pkg. wieners
1 pkg. Swiss cheese slices
Mustard
1 sm. can shredded kraut
Rye bread, sliced

Warm wieners and kraut, separately. Slice wieners lengthwise. Spread bread with mustard. Add sliced wieners, kraut and Swiss cheese. Grill on both sides until cheese is melted and bread is browned. (Spicy mustard or horseradish is very good on these sandwiches, too.)



ACADIA UNIVERSITY

14 Wing Greenwood



Certificate in Business Management



Deadline Extended to August 15th

Register NOW!

Where: Birchall Training Centre, Classroom 4
When: Tuesdays and Thursdays from 3 - 6 PM

Course Duration Dates:
Organizational Behaviour - 15 Sept. to 1 Dec. 2009
Communication 2 - 17 Sept. to 3 Dec. 2009

14wing.openacadia.ca

The Program

Acadia University's Certificate in Business Management brings the academic experience of one of Canada's top universities directly to you. The program consists of 30 credit-hours of courses from Acadia's F. C. Manning School of Business. The Certificate will provide you with a thorough knowledge of the functional areas of management. After completion, you will have management skills to help you succeed in the military or as a business professional.

Program Availability

The program is open to military personnel, DND civilian (public and non-public) employees, and members of the surrounding community.

Advantages

- **LEARN FROM THE BEST:** All courses are taught by Acadia University faculty.
- **ON BASE:** No travelling — all courses will be available to you in Greenwood.
- **ADVANCED STANDING:** Possible credit for ILQ, PLQ, and OPME courses.

Contact

For more information, contact the Wing Personnel Selection Officer (WPSO):

w14.wps0@forces.gc.ca
(902) 765-1494, ext. 5528

More information is also available on our website:



<http://14wing.openacadia.ca>
1-902-585-1434 • 1-800-565-6568

Beta Sigma Phi Mu Chapter of Greenwood Hosts Founder's Day



Members of Beta Sigma Phi Mu Chapter are busy getting 'Exploding Boxes' ready for the Founder's Day banquet held April 30th, 2009.

Submitted by: Anne Kempton, Corresponding Secretary, Mu Chapter

Mu Chapter hosted this year's Beta Sigma Phi Founder's Day on April 30th. This yearly event was held in order to celebrate the International Organization's founder, Walter W. Ross, and their first members. The occasion was held at the Mid Valley Motel in Middleton. Members from each Chapter in the Valley were in attendance. Everyone enjoyed a fantastic meal, yearly reviews from each chapter followed by entertainment with Tim Vallillee.

Each year the organization has a new theme. "Rekindle the Torch of Friendship" was the theme for 2008-2009 year. Each representative of the various chapters shared what they had done to rekindle friendships

within their Sisterhood.

This year members of Mu Chapter did a number of interesting cultural and crafty projects. The one voted most popular this year was called "exploding boxes" Each exploding box was specially hand crafted by the Mu Sisters and given to each sorority member in attendance as a memorabilia of this year's banquet.

Where there are Sorority sis-

ters there will be joy, laughter, recipes, and food.

One never forgets the tasty recipes, which everyone looks forward to and indulges in each meeting.

Mu Chapter welcomes new members. Anyone who wants to make new friends, or enjoy an evening of fun and relaxation Beta Sigma Phi



Chapters are an excellent source for people of all ages. Anyone who wishes to attend one of our gatherings can call Mu Chapter's Vice President Karen Clow at 765- 6268 or Treasurer Dallas Harrigan at 765-0977.

For more information on Beta Sigma Phi visit our website at www.BetaSigmaPhi.org

14 Wing Greenwood Silver Dart WEEKEND 15 August 2009

Who: Military and Civilian Personnel

What: Multiple Military, Heritage and Civilian Aircraft and Show Cars on Display, Bounce Kingdoms for the Kids and Vendors

Cost: FREE ADMITTANCE

When: 15 Aug 2009 from 12:00 pm – 5:30 pm

Where: 14 Wing Greenwood's Airfield

Big Band Dance*
8:00 pm – 2:00 am Annapolis Mess

*Annapolis Big Band playing at the Annapolis Mess \$10.00 Admittance

For more info:
www.uptodatecarshowlistings.com
www.greenwood100years.com/silverdart.html

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August 8th • 8:30pm
Wes Mackay
"Mr. Blues himself, one of the best concerts in Canada",
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Fireworks at 10:30,
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Saturday Afternoon Concert
Samantha

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