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The Aurora

newspaper



Silver Dart Weekend

An Event 100 Years in the Making

Aircraft from all over the province and country came for this historic event. The Show and Shine competition held at the West end of the runway was judged by the people and the Wing Commander Col William Seymour and members.

Story page 2.

(Photos: MCpl Shouinard DA, Image Tech, 14 Wing Imaging)



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Silver Dart Weekend

An Event 100 Years in the Making

(Photos: MCpl Shouinard DA, Image Tech, 14 Wing Imaging)



By Lt Matt Zalot

On Saturday, August 15th, and Sunday, August 16th, 2009 the airfield gates of 14 Wing Greenwood were flung wide open and the wing welcomed approximately 2,000 aircraft and automotive enthusiasts to the Silver Dart Centennial Weekend. In the scorching summer heat, fans of restored planes and tricked

out cars turned out for an impressive show n' shine, had their photo taken with a 14 Wing Greenwood Aurora aircraft or danced the night away at the Big Band Dance.

The show n' shine featured approximately 80 classic and modern cars, trucks, and vans, and included everything from genuine antiques to flashy modified sports

cars. Many vehicles were already well-acquainted with the judging process and had their previous awards proudly displayed before them on the sweltering tarmac while the cadet band played on in the background. Prizes were given out here at Greenwood as well, with the coveted awards being the Wing Commander's choice and the Wing Chief Warrant Officer's choice.

About 25 civilian single-engine aircraft and one glider were also on hand to supplement the military and heritage static aircraft displays arranged on the runway. The retired military aircraft were painstakingly restored by groups of very dedicated individuals and the unmistakable Avro Anson, presented to 14 Wing only three months ago, was featured prominently in the centre of

the assembled planes painted a brilliant yellow.

Later that evening, the airfield cleared and the crowd moved into the Annapolis Mess for a Big Band Dance featuring, appropriately enough, the Annapolis Big Band. Attendees were treated to the music of a bygone era by 17 musicians, including five saxophones, four trombones, four trumpets, and a rhythm section of piano, guitar, bass, and drums.

After the show n' shine and the dance the day before, a pancake breakfast was held at the Golf Club on Sunday morning so the civilian pilots had a chance to fuel up, so to speak, before taking off. On behalf of the Centennial of Flight Committee, thanks to everyone who came out and connected with 100 years of aviation history by patronizing this event!

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Annapolis Mess Mixed Dart League
There will be an Organizing Meeting for the Upcoming Dart Year 2009/10
Where: Annapolis Mess
When: 1900 hrs, 1 Sept 09
Why: Registration and Friendly Darts to Follow
Open to Members, Spouses & Guests
Registration Fee: \$20 Ea.
For Further Info Contact
Sgt Don Eddy

Change of Appointment – Wing Chaplain



(Photo: Pte Gerald Cormier, Image Tech, 14 Wing Imaging)

In July 2009, former Wing Commander, Colonel Derek Joyce, was present at Queen of Heaven Chapel to oversee the Change of Appointment for outgoing Wing Chaplain, Major Art Crawley and incoming Wing Chaplain, Captain Timothy Nelligan. Major Crawley has since taken up his new post at CFSU (O) Uplands (Ottawa). In his new role, Captain Nelligan will oversee a staff of five chaplains who work out of the offices located at the AVM Morfee Centre. Presently, one chaplain has been deployed since February 2009, and one is preparing for an upcoming deployment in December 2009.

Father Nelligan is a Roman Catholic priest serving the Military Ordinate of Canada. Father Tim, as he likes to be called, is originally from Hamilton, ON. He has a vast array of military experience and brings great enthusiasm to his new role. (L-R: Captain Timothy Nelligan, Colonel Derek Joyce, Major Art Crawley).

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Training in *Aikido* is founded upon the fundamental aspects of respect, honesty, dedication and friendship. *Aikido* develops healthy bodies and sound minds while improving attention, concen-

tration and physical motor skills. *Aikido* training fosters confidence, cooperation and self-discipline.

Aikido was popularized by film star Steven Seagal in many of his movies and is one of the fastest growing martial arts in Canada.

Students will participate in an established program and may advance through the belts as they progress. Belt rankings awarded are recognized internationally.

Steve Nickerson, is a 4th Degree Black Belt whose international teaching licence and Black Belt certificate were issued directly from the world headquarters in Tokyo, Japan. Steve also holds qualifications in Edged Weapon Defence, Pressure Point Controls, Handcuffing and Defensive Tactics. There are also 20 Black Belt students training regularly in the classes. Classes are based on the traditional curriculum used in Japan and are conducted in a very friendly atmosphere. *Aikido* is a fun and dynamic martial art suitable for the entire family.



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To register or for more information, please phone the chief instructor, Steve Nickerson at:

(902) 765-3272

Register online: www.makotokan.com



PSP Corner

Meet Your Fitness Instructors at the Fitness & Sports Centre

Jennifer Bishop

I grew up living in New Minas until I was 18 and then I decided to make the "big move" to Wolfville where I attended Acadia University upon completion of High School. While at Acadia I studied Kinesiology and played on the varsity Women's Basketball Team. Upon completion of my degree in Kinesiology I was not sure what I wanted to do with my life, and I was not ready to let go of playing basketball so I decided to stay at Acadia to play my last year of basketball and get additional education as well. When I finished my last year of basketball I was awarded with my fifth straight defensive player of the year award. I also was awarded with an Academic All Canadian Award in my first and last years at Acadia. I received the rookie of the year for the basketball team as well as rookie of the year for all first year female athletes at Acadia.

While at Acadia I spent a lot of time with sports and physical activity, whether it was playing basketball or participating in intramurals. I love the competitiveness of basketball as well as the cooperation of intramurals which I learned while playing Ultimate Frisbee. I have been active my entire life, by participating in some sort of activity and I couldn't see my life without it.

After Kinesiology, I decided to go into Education which was a two year program at Acadia. When I finished playing my fifth year of basketball I was getting tired of living in Wolfville. So for the summer I decided to make a move and go try city life. I moved to Toronto which turned out to be quite an interesting experience, and it was then that I decided I



Pam Lowe, Josh Leddicote and Jennifer Bishop

liked the pace of the Valley a lot more! I moved back to Wolfville to complete my Education degree and helped as a student coach for the basketball team.

I was nervous when I finished the Education program because I had to head out to be in the real world and I still didn't know what I was going to do. I started as a substitute teacher when an opening came up for a Fitness and Sports Instructor Position at the 14 Wing Fitness and Sport Centre and I randomly decided to apply, thinking it would be a good summer job. Now I am here enjoying everything and learning a lot too. If you have any questions, feel free to come by and see me!

Pam Lowe

It is great to be back home in the Annapolis Valley, working with a great group of professional staff members at CFB Greenwood.

I left 14 Wing last year to get the ARMY experience at

CFB Gagetown, New Brunswick. While I was there, I was exposed to the Army's way of life/fitness and gained a lot of new experience and confidence as a Fitness & Sports Instructor. While at CFB Gagetown, I participated in, and learned a lot about cross-fit, body-building and running. I trained and worked on my running with Dick Harnett, the PSP manager. After working very hard, he still tells me I run like a turtle in pain!

Since being back, I have been volunteering at the GMFRC, trying to learn French with the ever so patient instructors at the Birchell Centre, and have received my Indoor Cycling certification.

I love my job as a Fitness & Sports Instructor, as I can promote a healthy mind, body & spirit through physical fitness.

My passions are swimming, biking, and running even if I am slow!

If any military member is in-

terested in becoming a better swimmer please come in and see me at the F & S Centre or give me a call at x.5108. I would be happy to set you up on a program or work with you one-on-one to obtain your personal goals.

Josh Leddicote

A small community kid from East Torbrook growing up in the metropolis of Middleton. I was always involved in sports and physical activity throughout my childhood and high school years. When I was offered a job by Jamie Peppard as fitness staff at Fitness Experience it changed my life direction. Who knew work could be fun? When I graduated from high school, I decided to take a BSc in Kinesiology. I started at Acadia then transferred to Dalhousie University focusing my study time on exercise physiology and ergonomics. During this time, I accumulated experience in recreation for the town of Middleton for 3 sum-

mer terms. I started off running day and sport camps and eventually worked my way up to an Interim Recreation Director position for one summer. After several years I was looking for a change and headed out west to work on the rigs for 2 summer terms. These experiences taught me the concept of hard work and opened my eyes to the topics of applied physiology and environmental ergonomics, which I decided to focus more university study on.

When I finished university I was unsure what I wanted to do with my life so I decided to get back into the fitness field. I got 3 fitness jobs to pass the time. I worked at Nubodys Scotia Square for 1.5 years as a professional personal trainer, as a military fitness examiner for CFRC Halifax for 1.5 years, and as a manager and corporate trainer for a company called Bulldog Interactive fitness for 2.5 years.

It was at Bulldog where I

learned compassion about helping others. Bringing the same interactive technology that is blamed for childhood inactivity to create physical activity was an amazing experience. Here we worked, designed, and researched innovative ways to get kids active.

Helping individuals with various forms of personal challenges ranging from Downs Syndrome, Cerebral Palsy, Autism, Obesity, and Self Esteem was one of the most rewarding experiences I have ever had.

After 5 years in Dartmouth and Halifax it was time for a change. With the birth of my beautiful daughter Emma-Ryan and my fiancé Lindsay's unconditional love and support we decided to move back to Greenwood for a slower lifestyle.

The position of Fitness and Sports Instructor became available; I applied and started in February. As a Fitness Instructor we conduct EXPRES tests and occupational specific tests such as JTF2, Sar-Tech, and Firefighting. We also run unit PT classes, design fitness programs for military members and support staff, and design programs to help people pass their EXPRES test. We are active in the community by participating in events and volunteering with our partners when needed.

My fitness interests range from interactive fitness, weight loss, weight training, functional training, sport specific training, and wellness. My sport interests are combat sports such as boxing, MMA and team sports Hockey and Rugby.

I thank the PSP management for giving me this opportunity. I look forward to working with you all. Let me help you be "fit to fight" My office door is always open please stop and say hi.

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The Aurora newspaper

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12h00 pour les annonces publicitaires moins d'une demie page, le mercredi qui précède la semaine de publication. Les annonces publicitaires de plus d'une demie page ou demandant une épreuve doivent nous arriver par le mercredi à 12h00. Les documents doivent être dactylographiés et provenus avec le disque et une copie imprimée. Ils doivent aussi porter le nom, l'adresse et le numéro de téléphone de l'auteur. Ou Email: aurora@auroranewspaper.com

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~ Obituary ~

Ainsworth, Colin Brooks - Kingston, N.S.

AINSWORTH, Colin Brooks 66 of Kingston. After a brief illness, Colin passed away peacefully in Valley Regional Hospital, Kentville Thursday, August 13, 2009 surrounded by his family and after having taken care of us to the very end. Born in Blackpool, England, he was the son of the late William and Ellen (Brooks) Ainsworth.



Colin proudly served in the Royal Canadian Air Force for 35 years. We will remember him fondly for his loyalty to family and friends, his love of a good story and his quiet steely resolve. Colin is survived by his wife of 45 years the former Sharon Currie and their children Janet (Stephen) Hope, Ottawa and Peter (Karen), Oromocto, N.B., and grandchildren Brent, Michael, Ashley and Sarah-Jane. He will be lovingly remembered by his mother-in-law Violet Currie and brothers-in-law Arthur (Carol) and David (Paula), his many nieces and nephews in Canada and England as well as his faithful companion "Teddy". He was predeceased by his brother Alfred and father-in-law James Harold Currie. Cremation has taken place. A memorial service will be held 11:00 a.m. Monday, August 17th in All Saints Anglican Church, Kingston, Rev. Michael McKeage officiating, with a reception to follow. Interment will be in Beechwood Cemetery, Ottawa at a later date. Donations in memory may be made to the Canadian Cancer Society or to the VAC Unit, Soldiers Memorial Hospital, Middleton. Online condolences may be made through www.middletonfuneralhome.com.



Greenwood Minor Hockey will be holding registrations on the following dates:

- August 29 & 30th from 11:30 a.m. - 1:30 p.m. in the Bombers Room
- September 5 from 10:00 a.m. - 1:00 p.m. at the Greenwood Mall
- September 12 from 9:00 a.m. - 1:00 p.m. at Wing Welcome
- September 19 from 10:00 a.m. - 1:00 p.m. at the Greenwood Mall

Prices for the 2009/2010 season are:

- IP/IP2 - \$230.00
- Novice - \$350.00
- Atom - \$380.00
- Pee Wee - \$400.00
- Bantam - \$420.00
- Midget - \$450.00

3rd child registered is half price.

Please have Health card and Rec card upon registration.

For more information please call Lisa Berkman at 765-6833.

No phone calls after 9:00 p.m. please.

14 Wing Sports Program Winter Season

It is that time of year once again to put away soccer boots and ball gloves and dust off your skates, curling brooms and bowling shoes. We are about to start our fall and winter sport programs.

INTER-SECTION

We currently have three I/S sports starting for our Fall and Winter season – Ice Hockey, Curling and Bowling.

If you are interested in participating or just helping out with any of the above mentioned sports please come to the meeting for the sport you are interested in, all meetings will be held in the classroom at the F&S Centre:

Hockey	September 1st	0900
Curling	September 1st	1000
Bowling	September 1st	1100

WING TEAMS

We have 10 Wing Teams for our Fall and Winter season.

These teams are as follows - Men's Hockey, OT Hockey, Ladies Hockey, Basketball, Men's and Ladies Volley Ball, Bowling, Curling, Squash and Badminton.

If you are interested in trying out for any of these teams or just want to help out as a coach, manager etc please contact the people listed below.

Men's Hockey	Cpl Winston Clements	Loc 5077
OT Hockey	WO Bill Scott, 14AMS	Loc 3506
Ladies Hockey	Sgt John Tobin, 405 Sq	
Basketball	Mr. Graham White	Loc 5753
Men's Volley Ball	Mr. Graham White	Loc 5753
Ladies Volley Ball	Mrs Nicole Peppard	Loc 5025
Bowling	Mr. Graham White	Loc 5753
Curling	Mr. Graham White	Loc 5753
Squash	Sgt Alain Chalifoux	Loc 3039
Badminton	Mr. Graham White	Loc 5753

2009 Terry Fox Run! Volunteers Needed

By Eric MacKenzie

Community Recreation Coordinator

The 2009 Terry Fox Run (Site # 1060) will be held in less than one month, on Sunday 13 September 09 which is the weekend prior to our annual Wing Welcome. Registration will take place at the 14 Wing Community Centre at 12:00 p.m. where a warm up will be offered at 12:45 p.m. prior to the official start at 1:00 p.m.

Individuals can either participate by walking, running or biking either the 5KM or 10KM routes planned. If you plan on cycling, then please note that helmets are mandatory and you will not be permitted to bike either route if you do not have a helmet. If you do not have a helmet you can still walk or run either route if you wish. Plus, please be aware that participants under the age of 8 must be accompanied by an

adult. Finally, it is important to note that both the 5KM and 10KM routes have changed since the routes will only travel around the PMQ's and Base but will once again start and finish back at the 14 Wing Community Centre around 3:00 or 3:30 p.m.

This is the second year that the Village of Kingston has partnered with 14 Wing and with this great partnership, we expect this event to be even larger and more successful than ever. It is also our goal that this partnership will increase the amount of donations that we are able to collect in support of the Terry Fox Foundation!

However, as a result of this growing event, the demand and need for volunteers has also grown. This event is less than three weeks away and the success of this annual fundraiser requires a great deal

of community assistance and support. If you are interested in volunteering, please contact Eric MacKenzie at the 14 Wing Community Centre at 765-1494 ext. 5337.

We are pleased to announce that this year the 14 Wing Community Centre has once again partnered with the 14 Wing Bowling Centre in support of cancer research. The 14 Wing Bowling Centre is offering FREE bowling (up to three strings) for all those who are unable to participate in the 5KM or 10KM routes but who will be collecting pledges for the Terry Fox Foundation. If you have a pledge sheet of \$20 or more, you will be able to bowl up to three strings between 1pm and 3:30pm on Sunday 13 September 09. In order to bowl for free, you must bring your pledge sheet to the Terry Fox registration desk, at the Community Centre, at 12:00 p.m. on Sunday 13 September 09. Once you have passed in your pledge sheet of \$20 or more, you will receive a stamp and



be able to head down to the Bowling Centre! For more information, please contact Eric MacKenzie, at the number provided above or Tim Martell-Norman at 765-1494 ext. 5631.

Lastly, the Terry Fox Pledge sheets and posters have been placed around 14 Wing, and both the village of Greenwood and Kingston. Please bring your completed pledge sheets to the Terry Fox Run and fill out a Terry Fox Run Entry Form. The pledge sheets are available in the following locations:

14 Wing Greenwood: Community Centre, Bowling Centre, Fitness and Sports Centre, MFRC and CANEX.

Village of Greenwood: Greenwood Post Office, CIBC and Scotia Bank.

Village of Kingston: Kingston Post Office, CIBC, Kingston Pharmasave, Avery's Farm Market and Kingston Diner.

Western Valley Minor Hockey Association AAA Tryouts Schedule

The First Set of Tryout Times will Begin on Saturday September 12/09 at the Kingston Arena

Pee wee Vixens:	9:00 – 10:15 am
Atom AAA:	10:30 – 11:45 am
Pee wee AAA:	12:00 – 1:15 pm
Bantam AAA:	1:30 – 2:45 pm
Bantam Vixens:	3:00 – 4:15 pm
Midget Vixens:	4:30 – 5:45 pm

Please consult our new website at:
www.westernvalley.goalline.ca

for the remainder of the tryout schedule
Cost: \$ 60.00 (Guaranteed Three Tryouts)

WVMHA has Openings for the Following Positions:

**Pee wee Vixens Coach
Midget Vixens Coach**

(Application Deadline: August 29/09)

Ice Coordinator

Please Contact Scott Mackeigan for more information
Home: 765-6827 Cell: 247-0413
Email: mackeigan.scott@hfx.sysco.ca



NOTICE PUBLIC MEETING

Purpose: Long Term Borrowing
for Snow Removal Equipment

Where: Kingston Village Office

When: Wednesday, August 26th, 2009

Time: 7:00 p.m.

Phone: 765-2800

26 Canadian Forces Health Services Centre Greenwood Change of Command Ceremony



26 Canadian Forces Health Services Centre Change of Command Parade held at the Annapolis Mess in 14 Wing Greenwood on July 31 2009. The command of the unit changed from Major Rob Warren, CD to Major Christine Drab, CD. Pictured above: (left to right) Major Christine Drab, CD, Lieutenant Colonel P. Charpentier, CD, and Major Rob Warren, CD cut the ceremony cake at the end of the parade.

(Photo by: MCpl A.L. Collins, Image Tech, 14 Wing Imaging)

Submitted by Capt Heather Coolen

On 31 July 2009, 26 Canadian Forces Health Services Centre (26 CF H Svcs C) Greenwood marked the Change of Command at the Annapolis Mess. The Acting Commander of 4 Health Services Group Montreal, LCol Charpentier, oversaw the change of command from Major Rob Warren to Major Christine Drab. Among the dignitaries present were the Wing Commander Col

Seymour, the Acting Base CWO Matthews, and the CWO of 4 Health Services Group, CPO1Arsenault. LCol Charpentier, Major Warren, and Major Drab each took the opportunity to say a few words. LCol Charpentier praised Maj Warren for his leadership over the last two years, as well as the efforts of the staff of 26 CF H Svcs C Greenwood and Dets.

Maj Warren expressed his appreciation for his time spent as Commanding Officer of 26

CF H Svcs C Greenwood and 27 CF H Svcs C Goose Bay and Det Gander, as well as his appreciation for the support he received from the staff over the last two years. He then thanked his family for supporting him throughout his tenure in Greenwood, and their future support as he transitions to the academic world for the next few years. Major Warren will be moving on to more literary pursuits, as he is now enrolled in the faculty of medicine, Dalhousie Uni-

versity, to begin his medical degree.

Major Christine Drab comes to 26 CF H Svcs Greenwood fresh from deployment on Roto 6, where she occupied the position of Adjutant of Health Services Support. She has spent her last few years at D Med Pol, CF H Svcs Gp HQ in Ottawa. While acknowledging the challenges that lay ahead, Maj Drab is looking forward to the future here at 26 and 27 CF H Svcs C. On behalf of all of the staff of 26 and 27 CF H Svcs C's we would like to wish Major Warren the best of luck, and hope to see him back at the clinic for OJT. We also want to extend a warm welcome to Major Drab as she takes over Command of 26 CF H Svcs C Greenwood, 27 CF H Svcs C Goose Bay, and Det Gander.

Notice to 14 Wing Greenwood Married Quarters Residents

Reference:

DAOD 4007-2 Fire Protection Services NFPA 291

The 14 Wing Fire Department will be conducting Hydrant Flow Testing on base and in the Married Quarters. The purpose of conducting the Hydrant Flow Testing is to identify any deficiencies and to ensure the water main and delivery system is serviceable.

The testing will be conducted Monday through Saturday between 1730 and 2100 hrs during the month of August 2009.

Throughout this process, residents may incur some water discoloration or sediment during the time of testing. Although the water will remain potable throughout this process, residents may wish to let their water run for a two minute period if they do experience temporary discoloration. Given the unpredictability of the water discoloration, it is recommended that households refrain from doing any laundry during this timeframe, as the water may discolour clothing.

For more information concerning Hydrant Flow Testing, please contact the 14 Wing Fire Department at 765-1494 extension 5206.

Concours de Photographie du MDN-DND Photography Contest

Date limite de soumission
1 octobre 2009
Deadline for entry
1 October 2009



Information
www.cfspa.com/dndphotocontest

2009

Prizes will be awarded
Des prix seront décernés aux catégories
Professional Amateur Professionnel



SCHOOL OPENING NOTICE Annapolis Valley Regional School Board

Please be advised that AVRSB schools will open for **TEACHERS** on September 1, 2009.

AVRSB schools will open for **STUDENTS** on varying dates between September 2 and September 4, 2009 as follows:

September 2, 2009:

Aldershot Elementary School, Annapolis East Elementary School, Annapolis Royal Regional Academy, Annapolis West Education Centre, Berwick & District School, Bridgetown Regional Elementary School, Bridgetown Regional High School, Brooklyn District Elementary School, Central Kings Rural High School, Champlain Elementary School, Clark Rutherford Memorial School, Dr. Arthur Hines Elementary School, Dwight Ross School, Evangeline Middle School, Glooscap Elementary School, Highbury Education Centre, Kings County Academy, Kingston & District School, L. E. Shaw Elementary School, Lawrencetown Consolidated School, Middleton Regional High School, New Minas Elementary School (pending renovations), Newport Station District School, Northeast Kings Education Centre, Pine Ridge Middle School, Port Williams Elementary School, St. Mary's Elementary School, Three Mile Plains District School, West Kings High School

September 3, 2009:

Cambridge & District Elementary School, Coldbrook & District School, Falmouth District School, Gaspereau Valley Elementary School, Hantsport School, Horton High School, Lawrencetown Education Centre, Somerset & District Elementary School, Windsor Elementary School, Windsor Forks District School, Wolfville School

September 4, 2009:

Avon View High School, West Hants Middle School (classes being held at AVHS), West Hants Education Centre

Please Note:

School offices will be open commencing August 25, 2009 for new registrations and course changes. Specific questions regarding a school opening should be directed to the school.

Community Spirit and Dreams Combine to Rescue Historic Aircraft



The Canso on the shore of Sitidgi Lake, before recovery.

By Angela Burns
Submitted by: Bev Candy,
Grande Prairie
Regional College -
Fairview campus

Feature on Canso aircraft rescue.

A small town in Alberta's Peace Country, already the site of one of the oldest and most northerly community colleges in the province, is now hoping to make history of a different kind – with a very special vintage airplane.

The dream is to restore a derelict Canso PB5A – an amphibious flying boat that was used extensively by the Royal Canadian Air Force during



The Canso being towed overland from the lake to the Dempster highway.

World War 2.

Why this particular aircraft? That was where the luck in this particular project began.

Originally built by Boeing and called the Catalina, over 3,000 of the airplanes were built during World War 2, 800 of them in Canada, under license to Vickers and Canadair. Canadian planes were dubbed the Canso. The Canadian Government converted them to water

bombers after the war. Only 30 or so now remain in the world, 26 of them flying.

One day, Don Wieben was in Red Deer and watched several Cansos being sold by Buffalo Airways to out of country buyers. As someone who had recently restored a Beech 18, Wieben remarked that one Canso should stay in Canada for historical reasons. Then, to his surprise, he was told there was one he could buy, if he was interested – sitting on the ground 250 km inside the Arctic Circle. Getting it from its resting place on the shore of a lake near Inuvik – then transporting it 2,200 km south to the town of Fairview – was going to be a considerable challenge, but Wieben was now excited by the prospect.

Wieben's son found some aerial pictures on the internet of the plane on the edge of Sitidgi Lake. It had been there since 2000, after having sunk in the lake in 90 feet of water during a test water pickup. Buffalo Air had lifted it to shore and salvaged the plane's en-



The "Canso Crew" after it reached the highway. (L-R: Joe Gans, Norbert Luken, Brian Wilson, Don Wieben, Doug Roy and Henry Dechant).

gines, which could be used on its fleet of DC-3s.

That picture immediately got Wieben's next door neighbour Joe Gans interested and he offered to go north with Wieben to get the plane. Three other men, Brian Wilson, Doug Roy and Henry Dechant joined the group soon after, followed by Norbert Luken. All but Luken are in their 60s and most had helped Wieben restore his aircraft a few years earlier.

The Canso PB5A waiting for them was constructed in 1943 and was used as a patrol bomber during World War 2. This particular aircraft, RCAF 11094, was based on the east coast during the war and often flew from Reykjavik, Iceland, seeking out submarines which were threatening convoys sailing across the Atlantic. It carried gunners and depth charges.

Amazingly, one of the pilots

of this particular Canso lives in Nova Scotia and is keen to see the aircraft restored. John McRae was part of 162 Squadron and flew the plane on three operations, totaling about 33 hours. It also happens to be the plane he flew during his last operational flight of the war. He is grateful that it's being preserved.

"I've tried to keep track of all the Cansos. They're an important story in Canada."

McRae has his logbooks and a lot of wartime photos of the Icelandic base and the Cansos which flew from there. He remarked that the plane was heavy on the controls and it took a lot of effort to move the ailerons, but he enjoyed flying the ungainly-looking aircraft.

"You get attached to them."

Wieben confessed that the Canso presented challenges, even before the men began to seriously look at rescuing it. For one thing, the Alberta Aviation Museum had expressed an interest in it. For another, it was in a very remote area and although there were still some spare parts available, they

wouldn't know how much restoration was possible until it was professionally assessed.

It turned out that the Museum felt the Canso was too expensive to move and pulled out of the running. Wieben then bought the plane "as is, where is" for what he still considers a reasonable price.

Now with the "Canso Crew" ready to move the plane, the men began to do some research, locating the lake on Google Earth and examining aerial photographs of the plane on the side of the lake.

Getting it out would not be a simple task, even if the plane had not been 40 km from the nearest road. The airplane is large. It's 63 feet long, with a single wing 104 feet long mounted above the fuselage.

Described by Wieben as an "ugly duckling", or a "cross between an alligator and an albatross", the Canso sits close to the ground on three nitrogen filled tires, so looks less daunting than it might. Since it was without engines or propellers, the plane would have to be towed to the nearest road

JOIN THE YOUTH BOWLING CANADA

**WELCOME TO THE YOUTH BOWLING CANADA...
A Program in which everyone participates!!!**

IT'S FUN... Bowl with your friends!
IT'S HEALTHY... It keeps you fit!
IT'S INSTRUCTIONAL...
Trained instructors will help you with your game.

IT'S EXCITING... Bowl on a team and compete in tournaments.

IT'S REWARDING... Win colourful crests and trophies.

IT'S FOR EVERYONE... All young Canadians, male and female, under the age of 19 are welcome.

IT'S EASY TO JOIN AND IT'S ECONOMICAL

Besides competing in a league as a member of a team, Youth Bowling Canada Members can annually participate in many special events.

LEAGUES NOW FORMING

For further information, inquire at:
The Greenwood Bowling Centre
765-1494 Local 5631
OR
Registration • 12 Sept from 1-3 p.m. or
You Can Register at Wing Welcome!

New!

speedo

Vanquisher Goggles for sale

Kids & Adults Swim Goggles
Now Being Sold at
Outdoor Pool ONLY

For more information
Ask the Lifeguards

Light Your Way Back to School

Play Lazer Tag
Aug 17-Sept 2

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FREE Key Light

ROO'S & Family PLAYHOUSE ADVENTURES

~ Greenwood Mall • 765-0667 ~



This map shows the route the plane was transported.



The Canso on display in Fairview.

and trucked the remainder of the way.

Their first challenge was to move the plane from the north shore of the lake. The easiest way to do that was to tow it along the length of the frozen lake in winter. Then they had to pull it overland to the Dempster Highway.

The men soon discovered that any extraction process had problems they had never considered. They discovered they had to use machinery that would not damage the tundra. Luck was with them. The owner of a seismograph service company in Fairview offered them the loan of a special light track machine used in the north, called a Yanmar, in exchange for a future favour – a ride in the restored aircraft.

At 10,000 lbs, the US-made Yanmar was almost the same weight as the stripped down Canso. Would it be up to the task? Then they had to find a way to move the plane across the frozen lake in winter. They couldn't move it on wheels across deep snow, and they didn't want to remove them. Skis or a sled seemed the most

logical means. Don Wieben had the perfect skis. He called on the welder of the group to connect two sets of his Beech skis together into 16 foot units that could be attached to the wheel assembly of the Canso.

Part of the crew then headed north to Inuvik and hired a Inuit guide to take them to the lake. For two weeks they camped out in temperatures which dipped to 35 degrees below zero. Two more of the team arrived and, now with a crew of six men, their biggest concern was moving the plane over the frozen lake before it began to thaw. The snow was deep and they discovered they needed more pulling power. They borrowed a local Snow Cat from Inuvik – and again the owner asked for no more than the promise of a ride in the restored Canso.

No one seemed worried that the full restoration might not be possible. Although at first the move had been deemed impossible, once the Canso Crew arrived, the local tribal council gave permission to cross their lands and were very helpful, Wieben remarked.

Moving the plane was diffi-

cult, even with the Snow Cat. Fortunately, as Wieben explained, the wings were set high and vegetation that far north was low and sparse, so they didn't have to cut many trees.

Video footage of the old airplane being towed across the ice – then finally arriving at the other end, is impressive. It was an emotionally -charged success. The crew is seen cheering and giving each other well-deserved pats on the back.

They reached their goal, the Dempster Highway, just ahead of the thaw. Then more luck came into play. A local transportation company offered them yard storage for a few months - if they could tow the plane to the Mackenzie River. They did so, but had to trim a damaged part of the wing off so that the plane would clear the hydro poles on either side of the highway. The Department of Highways shut down portions of the road as they traveled. The plane was rolled onto a barge on the river than transported to the yard in April 2008. In October 2008, the plane was rolled back onto a barge again and taken to Hay River - and the men began to plan how they would transport the plane the rest of its journey to Fairview, in the spring of 2009.

Once again, they received a great deal of support. A Grande Prairie oilfield company offered a special extensible, double drop trailer - and a driver for as long as they needed him - to carry the plane's fuselage. Wieben's son was to drive a flatbed truck carrying the long wing section.

The journey south was an

unusual one, still. Since the plane was still more than 30 feet wide, they needed pilot cars, and once again, sections of highway had to be closed all the way to Fairview.

"Everyone we met was phenomenal."

With the plane now safely in Fairview, the real work begins. There are spare Canso parts in Buffalo Airways' yard in Red Deer, and the group has a shopping list with about \$19,000 worth of parts.

The big remaining challenge, according to Wieben, is damage to the number 4 bulkhead in the pylon area. It was damaged in the accident and finding parts and expertise to repair it will be very difficult. He feels that if it can't be repaired, they might be able to restore the plane to be a static display only. And even if the repairs can be done, the total cost of restoring the plane to flying condition could be as much as \$400,000. Collecting that kind of money will need more than luck and moral support. The size of the aircraft – and its engines – is daunting, Wieben admits.

However, when it's completed, no matter to what level, Fairview's airstrip will become the new home for a very unique plane. If it can be restored to flying condition, the Canso will travel between air shows in the west, as another already does from Ontario's Canadian Warplane Heritage Museum. The Fairview Canso Crew also want their aircraft to make one historic flight – as yet undetermined.

Wieben feels the plane can contribute something to the

current concern over Canada's Arctic sovereignty.

"This plane has the ability to fly from one side of the Arctic to the other without refueling."

Although it has a relatively low cruising speed of just 201 kph, the Canso had a range of 2,500 miles. It could stay in the air for up to 25 hours before having to refuel, a quality that made it excellent for patrolling the dangerous seas of the north Atlantic. Most patrols were about 14 -16 hours, according to McRae. That's plenty of time to traverse the length of Canada's Arctic, Wieben notes.

Recently, the sight of that historic, somewhat worse for wear old bird, sitting on an old railway right-of-way in Fairview, was priceless. It has galvanized the town and the college - and attracted a lot of interest far and wide. The CBC conducted a radio interview, as did the local Peace River radio station.

The aircraft's fuselage has now been moved into a hanger and will be worked on by the Canso Crew over the next months and years. The wing is being stored and restored separately.

It is perhaps no accident that all the men involved in the Canso project have lived in Fairview all their lives. All have attended Fairview College at

one time or another, as well. Although most took agriculture-related courses, the main reason the college was opened in 1951, some have also taken night courses, which are offered in great variety.

If farmers can become aviation mechanics – or anything else, the college can help make that happen. It offers a range of programs for a new or second career – or upgrading of existing skills. The college is fortunate to have the support of many equipment manufacturers, ensuring that its instructors have well-stocked workshops and up to date equipment for students to practice on. That expertise may yet be useful for restoring the Canso.

Community cooperation and participation has always been important to the college, so the Canso was an honoured guest at a recent celebration marking the college's merger with Grande Prairie Regional College.

Was anyone in Fairview surprised to see six local men haul a historic plane into town from the Arctic Circle? Perhaps, but now that it's in Fairview, its progress will be eagerly followed.

And you can bet that whatever challenges remain will be met head on by the town, the college and the citizens – together.

Welcome to Kingston, NS
Kingston & District School
Student Registration

If you are new to the area and have a child attending **Kingston & District School** in **September 2009**, please visit the school to register. Our school serves children in grades Primary thru Five. The first day of school is **Wednesday, September 2nd**.

Registration will be held:
Wednesday & Thursday
August 26th & 27th
9:00am - 3:00pm



For more information call the school office at 765-7530

DWIGHT ROSS ELEMENTARY SCHOOL
SEPTEMBER 2009 REGISTRATION
TUESDAY AUGUST 25th, 2009
9:00 a.m. - 3:00 p.m.

The principal invites all students (P-5) new to the school to register on **Tuesday August 25th • 9:00 a.m. - 3:00 p.m.**

Birth Certificates are required as proof of age for students entering Primary in the 2009-2010 school year. All students entering Primary **MUST** be five years of age on or before December 31, 2009. Parents of new students must provide a birth certificate, health card and a copy of immunization records.

The school office will reopen on **Tuesday August 25th**. If you have any questions, please call the school at 765-7510.

NOTICE

To all our valued customers
the Greenwood Bowling Centre
will be temporarily closed from
31 August, 2009 until 08 September, 2009

This closure is for routine repairs and preparation for the upcoming Bowling Season. A few surprises are in store so check us out. As the fall Bowling Season quickly approaches us we are now accepting league registrations for all our leagues starting mid September.

Stay tuned for all of our fall specials

Help us celebrate 100 years of 5 Pin Bowling 1909-2009
 For more info call 902-765-1494 ext 5631
www.5pinbowling.ca
 Keep Fit Bowl a Bit • Hope to see you all soon

Religious Education Classes – It's Time to Register!

Queen of Heaven Chapel is now accepting registration forms for the upcoming Religious Education Program. Classes start Sunday 13 Sep 09 at the Birchall Centre. If you have a child eligible for Religious Ed at Queen of Heaven Chapel, please pick up a form at the Chapel any Sunday, call the Wing Chaplain's Office at 765-1494 Ext 5883, or contact the Coordinator, Samantha Ford, directly at 765-6525.

The Chapel offers full classes for grades primary to grade six, from September until June. Sacrament preparations for First Communion (Grade 2), First Reconciliation (Grade 4) and Confirmation (Grade 6) also run the full year, and your child must be registered by September 13 to receive these sacraments.

Classes will start at the beginning of September, firm date to be announced.

Parents, please be reminded, that part of your responsibility in registering your children for Religious and Sacramental Education, is regular attendance at Mass. The Celebration of one's faith, in conjunction with educational formation, is intrinsically linked to one another and finds a greater fullness in the living out of our faith. We look forward to seeing you in the midst of our worshipping community. (Fr. Tim Nelligan – Chapel Life Coordinator).

We are also looking for volunteers to help teach. All lessons are pre-planned, so if you

have a couple of spare hours a week and a little creativity, please consider teaching!

Any questions, please call:

Samantha Ford, Coordinator at 765-6525 or call the Chaplain's Office - 765-1494, Ext 5883.



GMFRC • Feature of the Week

Children and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

RESPIRE

Date: Monday, August 31st, 2009

Time: 5:00 p.m. – 9:00 p.m.

Cost: Free for CF Families who currently have a partner deployed.

Age: children up to age 12

Deadline: Thursday, August 27th, 2009

Parenting on your own during a deployment can be challenging at times. Respite childcare is designed to support families of deployed members and relieve some of the stressors of parenting on your own during a deployment. Please contact our receptionist at local 5611 to register your child, while you enjoy an evening to yourself.

GMFRC • Feature of the Week

Employment and Education Services

Coordinator: Kristen Lawson at 765-1494 local 1816.

Online WHMIS Certification Now Available

By Appointment Please

GMFRC

Cost \$30.00

We are happy to announce that we just received access to the online WHMIS certification course at the GMFRC. WHMIS (Workplace Hazardous Materials Information System) is a Canada – wide system that was designed to offer employers and workers more information about the hazardous materials used in the workplace. For more information or to set up an appointment please contact Kristen.

Will You Take the Locavore Challenge?

Submitted by: the Kingston and Middleton Farmers Markets, written by Jennifer Bolton Christopherson and Colleen McKinley

Across North America, we are becoming more aware of where our foods are coming from. There was a time when eating food just a few hours old was the norm at the dinner table and fruits tasted like summer, or you knew the farmer that provided these items for your supper table. Did you know that every time you buy locally grown produce, meats, and fruits you are providing the very best foods to your family with the best nutritional punch our valley has to offer?

Now is the time to choose healthy foods and you can do this by adding more local food to your diet! Preparing meals with fresh vegetables and meats from local farmers may appear at first to take more time, but the increased energy and level of health will be a real lifesaver. Therefore, there is a cost savings and better nutritional value that comes from buying local foods.

At your local farmers market, you get to speak directly with the person who produced the product. Try a local vegetable at your local Market, where you can ask for cooking tips from the farmer who grew it! Gardeners have the chance to talk to the experts at the market and get tips and ideas when purchasing their bedding plants, even learn about local compost tea!

The market is also a vehicle for community economic development for local companies making unique items. Choosing locally made gifts, crafts, art, furnishings, soaps, and cleaners supports local businesses and helps to keep artists creating for a rich culture and to be able to keep providing unique items.

Finally, you may ask: what is a Locavore? A Locavore is someone who eats locally, and who makes the conscious decision to buy locally produced foods. Becoming a Locavore is not only healthier for you, but it's healthier for our local economy. Every dollar you spend in a local business works twice as hard for our local community. Supporting all local businesses helps to ensure they thrive and prosper in these tough economic times. Therefore, every dollar you spend at a farmer's stand ensures that a local farmer's livelihood will prosper, and your investment in our local economy will help make certain that the farmer can stand independent.

The Kingston Farmers Market runs 3:00-7:00 p.m. every Wednesday in the former Foodland parking lot next to Frasers Pro Hardware. www.getfreshkingston.com. The Middleton Farmers Market runs 2:00-6:00 p.m. every Friday on Commercial St. across from Town Hall. www.middletonfarmersmarket.com. Both Markets have a great variety of over 20 local vendors bringing local fruits, vegetables, eggs, chicken, pork, beef, lamb, fish, fresh pressed apple juice, baking, crafts, unique jewellery, natural soaps, flowers, free wine tastings and more! Visit our website for our weekly events calendar and grocery list and stay tuned for Fall/Winter market information. Come do your weekly shopping, relax enjoy the live music enjoy a local hamburger or sausage BBQ'd by the farmer, bakery treat, or valley frozen fruit bar! For more information or to be a vendor at the markets, please contact Colleen McKinley 840 0423.



Junior Ranks - Junior Officers
(Pte - MCpl and Ocdt - Lt)
August Green Fee Special

\$12 for all the golf you can play after 3 PM

\$20 for Power Cart Rental
if you qualify for this green fee

\$2 for club rentals
if you qualify for this green fee

The Greenwood Golf Club
Golf the Way it Should Be... *Golf Fore You!*

www.greenwoodgolfclub.ca

- Offer ends 31 August 2009 • Some conditions apply •
- Subject to availability •
- Photo ID may be required to enter the base •

Feeling overwhelmed by life's many priorities? Vous sentez-vous enseveli(e) par les défis de la vie?

What can you do? Vous voulez y voir plus clair?

Let us help you! Laissez-nous vous aider!



Come to the **2009 DND/CF Health and Safety Seminar** where we will work toward "Finding the Balance", the theme of this year's event.

Soyez des nôtres au **Séminaire sur la santé et la sécurité 2009 du MDN et des FC**, au cours duquel nous tenterons de « trouver l'équilibre », comme nous y invite le thème de cette année.

Scheduled to take place in Halifax from October 27 to 29, the Seminar is open to all DND civilians and CF members who work in health or safety, regardless of programme.

Le Séminaire se tiendra du 27 au 29 octobre prochain à Halifax, et est ouvert à tout le personnel civil et militaire du MDN et des FC ayant un emploi en lien avec la santé ou la sécurité, peu importe le programme.

To fill out the registration form, visit: http://vcds.mil.ca/dsafeg/intro_e.asp

Pour compléter le formulaire d'inscription, visitez : http://vcds.mil.ca/dsafeg/intro_f.asp

BOWLERS WANTED

Sign up today!

- Fall leagues are now getting underway
- Youth Bowling starting at 9:30 a.m. 12 September, 09
- Men's Bowling 7 p.m. every Tuesday Mid September, 09
- Military Mixed Thursday 1 p.m. TBA
- Family Night Friday eve 6-10 p.m. Cosmic Bowling
- Mixed Bowling 7 p.m. every Sunday eve. mid September, 09

Keep watching for our fall specials.

Greenwood Bowling Centre

Call Today 765-1494

Extension 5631

FAX 765-1255

Web www.5pinbowling.ca

E-mail gbcbowlingstaff@eastlink.ca





Active Chicks at the Zoo!

There was a lot of "monkeying-around" Wednesday night when the Active Chicks visited the Oaklawn Farm Zoo! It was the perfect night to stroll through the zoo, pet the Alpacas, feed the deer, get a kiss from Humphries the Camel, and feed Smokey the black bear a peppermint! The girls, along with Nathan and Connor, had a wonderful time exploring the zoo! Thanks for your help tonight Brenda, we're so happy to have you back!



Support our Troops with Soldier Bear

Submitted by: Michelle Thibodeau Wagner, GMFRC Coordinator of Special Events and Promotions at 765-1494 local 1421

"Soldier Bear" provides a comforting hug to those who are missing a deployed spouse, parent or family member. Soldier is now available at the GMFRC for only \$20. He comes in four different colors and is available in both English and French. 100% of the proceeds financially support GMFRC programs and services for our troops and their families. Drop by the GMFRC today for your Soldier bear.

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The cabin sleeps four (two double beds plus sofa) and consists of a kitchen complete with fridge and stove, hot and cold water, electric heat, living room, patio deck, outside fire pit, and a great view of the lake. The kitchen is set up with an electric kettle, toaster, microwave, cutlery, dishes including mugs, glasses, bowls, pots and pans.

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Check out time – 1100 hrs

www.lakepleasant.ca

Men's Valley Dart League 2009-10

The Royal Canadian Legion, Branch #98, Kingston

The Men's Valleys Dart League is now in the process of recruiting teams and/or players for the upcoming season. If you are interested in playing in this very dynamic league this year, please contact Trevor Campbell at (902) 847-9815 or you can also attend the first General Meeting to be held at the Kingston Legion on Wednesday, September 9th, 2009 at 7:30 p.m. to get further information.



**THE MUNICIPALITY OF
THE COUNTY OF KINGS**

87 Cornwallis Street PO Box 100
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TENDER 09-19

FALL PREVENTION & ARREST

The Municipality of the County of Kings, Engineering and Public Works Department invites tenders to design, build and install a fall prevention and fall arrest system on two (2) outdoor circular clarifiers located at the Greenwood Sewage Treatment Plant.

Tender packages will be available to be viewed and picked up at the office of the Department of Engineering & Public Works, Municipal Complex, 87 Cornwallis Street, Kentville, Monday to Friday from 8:30 am to 4:30 pm.

Tender packages may also be downloaded from <http://www.county.kings.ns.ca/general/tenders/>

Inquiries pertaining to this tender may be directed to Satu Peori, M.A.Sc., P.Eng, Operations Manager by phone at 902-690-6195 during regular business hours.

**SEALED TENDERS WILL BE ACCEPTED UNTIL
2:00 pm Thursday, September 24, 2009**

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

Satu Peori, M.A.Sc., P.Eng.
E-mail: speori@county.kings.ns.ca

Tel:(902) 690-6195 Fax: (902) 679-0911
Local from Kingston & Greenwood (902) 847-3051
www.county.kings.ns.ca

AVIS - NOTICE



Conseil scolaire
acadien provincial

Rentrée scolaire 2009-2010

Les élèves de l'École Rose-des-Vents à Greenwood du Conseil scolaire acadien provincial (CSAP) débuteront les classes le **jeudi 3 septembre 2009.**

Les demandes d'inscription peuvent être soumises en tout temps. Pour informations sur les conditions d'admission, veuillez communiquer avec l'école qui vous concerne à compter du 24 août 2009.

Pour informations :
1-888-533-2727
<http://csap.ednet.ns.ca>



Conseil scolaire
acadien provincial

School Opening 2009-2010

The first day of school for students attending École Rose-des-Vents in Greenwood at the Conseil scolaire acadien provincial (CSAP) schools will be on **Thursday September 3, 2009.**

Registrations for new students are accepted for entrance at any time. For information on entrance requirements, please contact the school in your area after August 24 2009.

For information :
1-888-533-2727
<http://csap.ednet.ns.ca>



The 14 Wing Commander, Colonel William Seymour (centre), and acting 14 Wing Chief Warrant Officer, Chief Warrant Officer Deborah Matthews (left), accept the "baton" from 423 Maritime Helicopter Squadron Sea King Navigator Capt Israel Vincent (right). (Photo: Private I Thompson, Image tech, 14 Wing Imaging)

Passing the Baton

By Lt Matt Zalot

Shortly after three in the afternoon on Thursday, August 17th, a CH-124 Sea King helicopter touched down near the 14 Wing Greenwood Air Movements Unit and a very special handover took place. The *Back to Baddeck* "baton," which is actually a series of specially minted coins and commemorative stamps kept inside a briefcase, was passed from the crew of the incoming Sea King to the staff of the Greenwood Military Aviation Museum and the 14 Wing Commander, Colonel William Seymour.

2009 marks the 100th Anniversary of the first powered, heavier-than-air flight in Canada and many events happening around the wing this year celebrate the centennial of this achievement.

The *Back to Baddeck* relay is a series of coast-to-coast flights started earlier this year in Greenwood on the 5th of March (with the baton aboard a 14 Wing Aurora aircraft headed to St. John's) and ends at the Nova Scotia International Air Show in Yarmouth, Nova Scotia next month.

Captain Don Philip was the Sea King pilot from 12 Wing Shearwater who was responsible for making sure that the wide-ranging briefcase made this leg of the voyage before the beginning of 14 Wing's Silver Dart Centennial Weekend. Discussing the history enclosed within the small black briefcase, Capt Philip said that, "it feels great" to be part of the cross-country relay and that he was honoured to play such a role.

Aside from making an appearance at the 14 Wing Museum, the baton has made stops at various museums across the country, the provincial capitals and Ottawa, where each of the museums, premiers and the Governor General of Canada were presented with a stamp issued by Canada Post and a coin from the Royal Canadian Mint. In the end, however, 14 Wing Greenwood is just one stop among many in remembering the pioneers of flight and the subsequent importance of the aerospace industry in Canada.

More details about the *Back to Baddeck* initiative are available at the Canadian Aeronautical Preservation Association web site located at <http://www.capa-acc.com/index.htm>.

Thank You for Your Support!

My Trip to England



This summer, I had the opportunity to travel to London, England with Girl Guides of Nova Scotia for Wings 2009, an international camp. It was a trip of a lifetime! We toured London for 3 days, seeing Big Ben, the Tower of London, the British Museum, the Princess Diana Memorial Fountain, and had special passes to view the Changing of the Guard from inside the gates of Buckingham Palace. We camped for 7 days in Great Windsor Park with Guides and Scouts from all over the world and met some fantastic people.

I want to thank all the friends, neighbours and family who generously supported me during the past year of fund raising to make this trip a reality. It would not have been possible without you! Thanks to my Pathfinder Unit and Kingsford District for helping pack groceries and selling cookies! Also thanks to Mr. Leo Glavine and the Kingston Legion for your generous contributions. Special thank yous to Mr. Butler and Mrs. Keddy from PRMS, and Francesca Lussier, my Pathfinder Leader, for your supporting letters of reference. These letters may have been the deciding factor on my acceptance for this trip.

I now have the travel bug, and can't wait for another trip!

Laurie Snider
1st Greenwood Rangers

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Growing Deep Roots with a Tree Planting Ceremony

By Lt Matt Zalot

Every summer, 14 Wing Greenwood becomes a temporary home for hundreds of air cadets who travel from dis-

tances great and small in order to train at 14 Wing Greenwood's facilities. This year, in a gesture of thanks to the wing, the cadet organization,

represented by several cadets and their senior officers, decided to help "spruce up" the Greenwood Military Aviation Museum grounds by planting

a red maple dedicated to honouring 100 years of powered flight in Canada.

"It is very fitting that we are planting this tree here on the grounds of the Museum" said Lieutenant-Colonel Noel Hand, Commanding Officer of the Greenwood Air Cadet Summer Training Centre, before the brief ceremony. "The Museum has been providing exceptional support for the cadets at the

training centre for many years. The planting of a tree in this location will provide a continuing legacy marking the Centennial of Flight as well as the partnership between the training centre and the museum."

Others present for the tree planting from the wing included the 14 Wing Commander, Colonel William Seymour, the Wing Logistics and Engineering Officer, Lieutenant-Colonel Ron

Ubbens, Major Richard Leblanc, the Wing Heritage Officer and General Manager of the museum, and Major Tom Gorman, the Chairman of the Centennial of Flight Committee. Mr Leo Glavine, the Member of the Legislative Assembly for Kings West, as well as Mr. Greg Kerr, the Member of Parliament for West Nova, were also in attendance for this event.



(Photo: MCpl Shouinard, Image Tech, 14 Wing Imaging)

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Final Draw includes a laptop computer

Grand Prize

Visit the Greenwood Mall to receive a ballot at all mall shops to ENTER TO WIN a Knapsack filled with school supplies. Each Knapsack will have a 2G USB flash drive along with everything you need to get ready for Back to School. Daily draws August 20th to September 2nd. Grand prize draw will be drawn on the first day of school.

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Tour in Afghanistan Inspires Greenwood Medical Technician to Become CF Nurse

By Holly Bridges

The Canadian Forces Health Services Centre at 14 Wing Greenwood has said a fond farewell to one of its medical technicians who is about to embark on a four-year journey to become a nurse in the Canadian military.

For Officer Cadet Patrick Rodrigue, formerly known as Corporal Rodrigue, the experience of treating critically ill and injured soldiers in Afghanistan two years ago so motivated him, he decided to pursue a career in nursing upon his return.

“You name it, we saw it,” recalls OCdt Rodrigue. “I always loved my job as a medical technician, [but when I came back] I wanted to do more, I wanted to have more knowledge, I wanted to push myself and better myself and nursing is by far the next step.”

Already a qualified paramedic, and a medical technician in the CF for the past four years, OCdt Rodrigue is perfectly suited to the profession of nursing, say his colleagues at 14 Wing Greenwood.



OCdt Rodrigue (then Corporal) prepares medical supplies. (Photo's submitted)



OCdt Rodrigue (then Corporal) wearing 165 pounds of gear as he prepared to do convoy duty as a medical technician in Afghanistan. The convoy he was travelling in came under attack, but luckily he and his colleagues survived with minor injuries.

university, saying he can't imagine doing anything else.

“It sounds cliché, but to be in the medical field you need to have that compassion, that care and empathy and concern. When you see people who need help and you have the knowledge to do that, and then you see them coming out well, there is nothing that will ever give you that feeling. It goes the other way, though – you can't save everyone.

“It's a passion. I'm very, very proud of my uniform. I wear it with pride and high regard and for me I cannot see myself doing anything else but being in the military in the medical field. That's never going to change.”

Although OCdt Rodrigue wears Army green, as a medical technician he has served all members of the Canadian Forces throughout his tour of duty at home and overseas – Army, Navy and Air Force.

Medical technicians work with physicians, physician assistants and nurses to treat the sick and injured in all kinds of Canadian Forces operations and units.

They spend most of their careers working directly with members of operational Army, Navy and Air Force units, on Canadian Forces bases and wings across Canada, at sea in HMC Ships, and deployed overseas.

“We are very proud of and for you Patrick,” said Canadian Forces Health Services Centre Commanding Officer Major Robert Warren in a congratulatory message printed in The Aurora Newspaper. “After much hard work on your part, you deserve it. We

couldn't be more thrilled for you.”

OCdt Rodrigue starts at St. Francis Xavier University in Antigonish, Nova Scotia in September and will spend his summers doing “on-the-job training” with the CF.

OCdt Rodrigue looks forward to his time at



**Season Opens: May
Long Weekend 2009
Closes: Thanksgiving
Weekend 2009**



Bookings for 2009 Season start 1 April 2009

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14 Wing Greenwood Celebrates 100 Years of Powered Flight in Canada!

Centennial of Flight is a year long celebration recognizing 100 years of powered flight in Canada. Your business will receive maximum exposure to our 2300 military and civilian personnel, their families and the thousands of residents in the surrounding communities.



Every business is welcome to participate in our Centennial of Flight Celebrations.




For more information on sponsorship contact **Rod Reeves**, 14 Wing Sponsorship Coordinator at **765-1494 local 5058 or (902)840-0739** or email: **RODERICK.REEVES@forces.gc.ca**

www.greenwood100years.com

GMFRC Second Language Training (Fall Session 2009)

Dates: Monday, September 14, 2009 to Friday, November 20, 2009
Duration: 10 weeks for a total of 60 hours (three hours twice a week)
Location: Birchall Centre on the Base, 2nd floor.
Cost: For military spouses, Canadian Forces members, and dependants over 14 years of age: \$50.00 refundable upon completion of 85% of classes
All other participants: \$100.00
 (Free childcare is offered to Military Families during GMFRC childcare hours)
Registration: Before Friday, August 28, 2009 at the GMFRC reception.
LIMIT of 10 students per class – register early to avoid disappointment!
Phone: Reception 765-5611
Schedule: Subject to change depending on registrations and students needs

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-12:00			English Module 3		English Module 3
18:00-21:00		English Writing 2 French Module 1 & 4		English Writing 2 French Module 1 & 4	

Cours de langues secondes (session d'automne 2009)

Dates: Lundi, 14 septembre 2009 au vendredi, 20 novembre 2009.
Durée: 10 semaines pour un total de 60 heures (trois heures, deux fois par semaine).
Endroit: Centre Birchall, deuxième étage
Coûts: Pour les conjoint(e)s des membres des FC, dépendant(e)s de militaires qui ont 14 ans et plus, et membre des FC, 50\$ remboursable après avoir complété au moins 85% du cours.
Pour les autres participants: 100\$
 Garderie offerte gratuitement pour les familles militaires durant les heures d'ouverture du service de garde du CRFMG
Inscription: Avant le vendredi 28 août 2009 à la réception du CRFMG.
Seulement dix étudiants par classe – inscrivez-vous le plus tôt possible!
Téléphone: La réception au 765-5611
Horaire: Sujet aux changements afin de répondre aux demandes des étudiants

	Lundi	Mardi	Mercredi	Jeudi	Vendredi
9:00-12:00			Anglais Module 3		Anglais Module 3
18:00-21:00		Anglais Écriture 2 Français Module 1 & 4		Anglais Écriture 2 Français Module 1 & 4	



Wing Welcome 2009 Sponsorship

By Anne Kempton, The Aurora Newspaper (Sponsorship Assistant)

Wing Welcome committee members are busy gearing up for the one of the largest Wing Wide events being held in September at CFB Greenwood.

Wing Welcome is being held September 18 & 19th in

conjunction with Centennial of Flight this year, which promises some new and exciting events.

Familiar events such as the Youth Idol, Family Skate, Skateboard Competition, Youth Bouncer, Family Swim, and Glow Bowling are available for anyone interested in sponsoring.

There will be a Golf Tour-

namment again this year slated for Friday September 18th. Sponsors also have the opportunity to put their banner or company sign on one of the 18 holes at the Greenwood Golf Course.

The popular Highland Games and Heavy Weight Events are back this year. Come see the strongest men

in the region.

For a nominal fee sponsors can have their logo posted on the Centennial of Flight/Wing Welcome Website, on the Wing Welcome poster and in the 8-page supplement

inserted into The Aurora Newspaper as well as their business sign or banner displayed in a prominent location.

The weekend is going to be packed full of events and activities which can be enjoyed by everyone.

Attendance at 2008 Wing Welcome saw approximately 5400 people. What a great way to promote your business or service!

It is not too late for your business or group to spon-

sor an event or add your donation to the fund for associated costs. It all adds up. Gift Certificates and/or Product in Kind are welcome.

If you are interested in sponsorship or have any questions please contact Rod Reeves Sponsorship Coordinator at 765-1494 ext 5058 or email RODERICK.REEVES@forces.gc.ca or Anne Kempton, Sponsorship & Advertising Assistant, at 765-1494 local 5833 or ANNE.KEMPTON@forces.gc.ca



2009 Wing Welcome Schedule of Events

Friday, 18 September 09			Saturday, 19 September 09		
Time	Event	Location	Time	Event	Location
0900-1300	Golf Tournament	Golf Course	0800-0830	5km Fun Run	F&S Centre
1630-1800	Family Skate	Greenwood Gardens	0830-1000	Pancake Breakfast	Annapolis Mess
1800-1830	Figure Skating Demo	Greenwood Gardens	0900-1300	Booths/Demos/REXPO	F&S Centre
2000-0100	Hangar Dance in the Mess	Annapolis Mess	0900-1230	Childcare/Novelty Games	F&S Centre
			0900-1300	Extreme Bouncer Extravaganza	F&S Centre
			0900-1100	Iron Kids Triathlon	F&S Centre
			0900-1200	Children Temporary Tattoo	F&S Centre
			1000-1300	Highland Games Events (outside)	F&S Centre
			1130-1400	Skateboard Competition	Community Ctr
			1230-1430	Zedex Family Movie	Zedex Theatre
			1300-1500	Family Swim	F&S Centre
			1300-1500	Family Glow Bowling	Bowling Ctr
			1300-1500	Speed Dating	Annapolis Mess
			1500-1730	Zedex Family Movie	Zedex Theatre
			1600-1800	Youth Idol	Annapolis Mess
			1800-2100	Valley Wine Tour	Wolfville
			1800-2000	Pre-Teen Video Dance	Annapolis Mess
			2030-2330	Teen Video Dance	Annapolis Mess

Greenwood Military Aviation Museum

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For that "hard to find item for that someone special" browse in the **Museum Store** for items such as mess dress items, videos, books, badges, clocks, flags, licence plates, clothing, lapel pins, caps, limited edition prints and an extended selection of models, decals and paints. Remember us for your medals and mounting requirements. If we don't have it, we will order it!

The display aircraft are now part of the museum complex and are located next to the parking lot.

The museum is now located in the Canex building, East Side, and remember:

Admission is free!

For further information, contact the museum at 765-1494 local 5955. Meet you at the museum!

The 19th Hole

By: Wendy Richardson

As I sit to write this article, it is still 30 plus degrees and it is evening. I wonder if we will remember these hot days when it is freezing cold and we are complaining about the weather. This is great weather to golf in, although some would say it has been a bit too hot.

Here is a recap of things that have happened over the past week or so.

Tuesday Night Mens - Aug 11th there were 40 golfers out. The winners for that night are as follows: **1st Div winners:** 1st LG- Lorne McMullen : 2nd LG- Randy Anderson and 1st LN- Dan Smith and 2nd LN Doug Carpenter: The skins winners in the 1st Div were Carpenter, Cooper, C.Costin and Dan Smith (2). **2nd Div winners:** 1st LG- Ralph Fevens, 2nd LG - Brian Milligan: 1st LN- Steve Swan and 2nd LN Nelson Mullen; skins winners in the 2nd Div were McNeil, Bruce Pellerine, Goulding and Cooze. **3rd Div winners were:** 1st LG - Ron Jenkins, 2nd LG- Brian Ried; 1st LN- Phil Allen and 2nd LN- Eric Marshall. Winners of the skins in the 3rd Div were Reid, Jenkins(2) Glencorn, Allen and Marshall/ The 50/50 winner was Steve Greenwood.

Friday, Aug 14th was a special Friday Night 2-Ball. It was celebrating the 50th Anniversary of the Club and so the cost to participate was only 50 cents...how great was that! What a turnout! There were 74 people out to play and enjoy the evening. Lots of familiar faces and some new ones to. Everyone enjoyed themselves and the organizers want to thank everyone who came out that evening...you are all welcome to come out every week...the more the merrier. The big winners for the evening were:

Low Score: Dean Saltzman and Donna Hill. Low Putts went to Doug Powell and his partner Lee Robinson. (Doug, You finally have your name in Print...keep up the good golfing and we will mention you again, and again and again!) **The HIGH Score winners were:** Ian MacKenzie and Joan Brunt and the HIGH putts went to Pat Robinson and his partner Tracey.

Saturday, Aug 15th, Steve Greenwood organized another successful mixed Scramble. Again, this event was for the 50th anniversary and past and present members were encouraged to take part...and they did...48 golfers attended. The format was a 4 person mixed scramble and the day was very hot. Some of the ex-members included Lorne McMullin and Cheryl Gaston-McMullin and Charlie and Kathy Johnson. **The winners were:** Scott Cooper, Charlie Johnson and Pat and Lee Robinson: **2nd place winners were:** Randy Anderson, Greg McNeil, Sandra Cathcart and Frank Croucher: **3rd place winners were:** Bill McDonald, Frank Crane, Pete Foy and Cheryl Gaston-McMullin: **4th place winners were:** David Costin, Glen Paul, Marcel Levesque and Audrey Costin. Skins went to Team Cooper, team Anderson: team of Mike Burns, Ian MacKenzie, Steve Swan and Jill McNeil: team of Scott Swindels, Danny Snow, Pat Patterson and Norm Brunt. Closest to the holes were won by Danny Snow, Sheila Johnson, Greg McNeil and Glen Paul. Closest to the Line was won by Gail Croucher and Marcel Levesque. Thanks to everyone who supported this tournament...sorry I missed it...heard it was a BLAST!

While the Mixed Scramble was going on, several of our lady members went to the Fireball Golf Tournament in River

Hills, Shelburne. It was a blast and the weather was just as hot on the south shore. Connie Armstrong and Wendy won 1st Low Net in the second division. Several of our Ladies were first-timers at the tournament and weathered the initiations very well. Jello eaters?? Toilet Tissue relay and drinking Fireballs...lots of fun. Sandy, Deena and Wanda...YA DUN GOOD!

Team Greenwood placed 9th in the Bronze Competition...and I am sure that is an improvement from previous years. Well done Gals. Perhaps I will have more info on that for the next article.

Next article, will include the results of the Club Championships. Stay tuned for those results.

A little birdie told me Debbie Walker (former member) won the Senior Championship at Paragon. Well done Deb.

Next week's schedule looks like this:

Aug 25th: Jr. Ranks. 10:00 10 Tee Times & Tuesday Night Mens Night.

Aug 26th: Intersection and Ladies Night.

Aug 27th: WO & Sgts 10:00 10 Tee Times and Ladies Morning

Aug 28th: SHOOTOUT PRACTISE ROUND

Aug 29th and 30th: SHOOTOUT

Soon it will be September. Don't forget to get your entry into the Fall Ball Mixed Tournament. Sandy will be looking for helpers for scoring, starting etc...there are sign up sheets on the bulletin board in the Hallway. Give her a hand.

Until next issue. Enjoy this great summer weather. Relax! Share a round of golf with a friend at the Greenwood Golf Club...THE CHALLENGE!

Go Team Go!

The last week of French Camp at 14 Wing Greenwood Community Centre was a huge success! This week was all about games and everything was a contest! To kick the week off we went swimming at the Indoor pool and played many games in the gym such as hula hoop contests and scooter races. Wednesday, all the camps got together and watched members of the SAR-tech team parachute onto the Apple Bowl field! Our final trip was Thursday when we travelled to Bayer's Lake to play glow in the dark mini golf at Putting Edge. The campers had a blast and tried their hand at scoring a hole-in-one! Friday, we finished the week off in style with a huge End of Summer party! The campers got to enjoy a big Bounce Kingdom as well as a Jousting game. French Camp would like to thank the bus driver for taking us on our trip, the lifeguards for their daily supervision of the campers on these hot summer days, the SAR-tech team for their awesome jumps as well as the staff at Putting Edge! Thanks to all



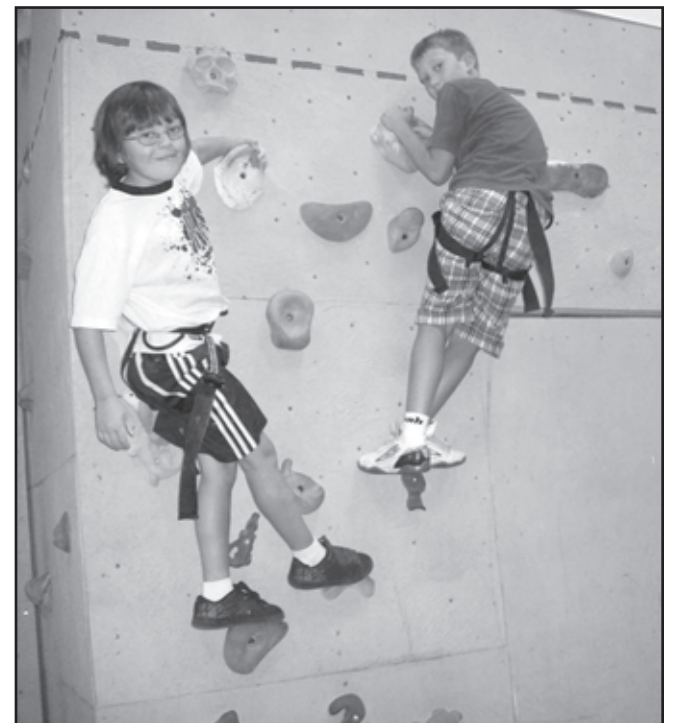
Campers Zoe and Paige racing during a scooter competition!

the campers for making this summer super fun!! We hope to see you next year and until then... A bientôt!

Sports Camp Finale

This was the last week at the 14 Wing Community Centre Sports Camp, but we ended things with a blast! Monday, we started the week off with some lacrosse and other fun games and sports. Tuesday, we took a trip to the Ground Zero Climbing Gym for a rock climbing adventure. Wednesday, all camps got to watch the SAR-tech team do a parachute jump right in front of our eyes on the soccer field and then we went back inside to go glow bowling. Thursday, we played Ultimate Frisbee and got a dance lesson from Melissa and Tasha Roland who showed us some awesome hip hop moves. Friday, we ended the week off with games of dodgeball and a bunch of fun on the bounce kingdoms during our "End of Summer Party." We would like to thank the bus drivers for taking us on our trip, Tim down at the Greenwood Bowling Centre, and the lifeguards at the pool everyday, especially when they opened up the indoor pool for us

when the outdoor pool was unavailable. This was another awesome summer, campers and we hope to see everyone back again next summer! ☺



Tyler Badock and Rhylan Morse loved bouldering as they waited for their turn to climb up the big walls at the Ground Zero Climbing Gym.

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AA meetings every Tuesday at 8 p.m.
at St. Mark's Protestant Chapel

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trip more interesting.

14 Wing
Greenwood Library
School Street

It's Youth Idol Time!

By: Eric MacKenzie, Community Recreation Coordinator

Wing Welcome is around the corner and if you haven't already penciled in your plans for a busy Saturday afternoon, be sure to consider our Youth Idol competition! This will mark the sixth season of this event and we want to ensure that this is the best Wing Welcome Youth Idol to date.

Youth Idol will take place upstairs in the Annapolis Mess from 4pm until 6pm on Saturday September 19th. This event is for anyone who is 18 years of age or younger who have been waiting to showcase their vocal chords to the community. There is no pre-registration since registration will only be at 4:00 p.m. on Saturday September 19th so be sure that you arrive on time to make sure you're on the evening's bill.

We have a great group of judges who have an excellent ear for talent and who are anxiously waiting for all of you to take

the stage! You watch the show, you sing in the shower, you even carefully practice when you're home alone...It's now time to step up to the microphone and display your talent!

If you're wondering what type of music you have to choose from, Electric Starz will be on hand with thousands of songs to choose from! If you prefer certain background music, please ensure that you bring a CD copy to the event.

There will be a large stage, sound system and light show set up to make this a memorable event. There will also be two divisions (solo and duet performance) with an overall first, second and third place prize. There will also be one prize awarded to the most creative, most humorous, and best choreographed performance by either a solo or duet performance.

If you have any questions please call the 14 Wing Community Centre at 765 - 1494 ext. 5337.



MY BIG TV Video Dance!

By: Eric MacKenzie, Community Recreation Coordinator

Electric Starz will be holding a "My Big TV Video Dance" at the Annapolis Mess on Saturday September 19th 2009 as part of this year's Wing Welcome. The lights will be dimmed and the music will start at 6:00 p.m. for all Pre-Teens (ages 9-12) and will last until 8:00 p.m. At 8:30 p.m. the dance will then be offered to any Teens between the ages of 13 and 18 and will last until 11:30 p.m. The cost of this great sponsored event will be \$2 for all Pre-teens and \$3 for Teens.

Electric Starz will have a "Live Eye" camera on the crowd to capture all the fun



on their projection screen. This is one event that the youth between the ages of 9-18 do not want to miss.

Electric Starz, have a combined 40 years of experiences in this industry and will be bringing their large video screen and having contests during both dances.

The Wing Welcome Youth Idol event is scheduled to wrap up just before 6:00 p.m. So if you arrive early for the Pre-teen dance, you will not be allowed to enter

until the Idol Competition is over and the room is cleared.

If you are 19 years of age

or older and interested in volunteering please contact the 14 Wing Community Centre at 765 - 1494 ext 5337.

GREENWOOD MILITARY FAMILY RESOURCE CENTRE WORKING FOR FAMILIES

AVM Morfee Centre, P.O. Box 582, School Road, Greenwood
Tel: (902) 765-5611 • Fax: (902) 765-1747

Email: home@greenwoodmfr.ca • Website: www.greenwoodmfr.ca
For locations and contact information of all Canadian/Military Family Resource Centres, please visit www.mfr.ca or call 1-877-280-3636

Outreach and Community Information Services

- Welcome and Community Orientation**
GMFRC Website (www.greenwoodmfr.ca), GMFRC Welcome Packages and online Virtual Welcome Package, new arrivals registration, GMFRC welcome calls to newly posted families, welcome GMFRC visit/tour and welcome gift to newly posted families, education information on posting service
- Information and Referral**
E-Mail Information Service (quarterly), Welcome Packages from other MFRCs, Outreach, information, support and assistance to CF family members of 14 Wing Greenwood and Reserve Units in Aldershot, Bridgewater, Yarmouth and Pearson Peacekeeping Training Center, Clementsport, Information Database on the services available to the community, referral to government and civilian agencies, GMFRC promotion/advertising, resources
- Deployment Services**
• Outreach, information, support, and assistance to CF family members during deployment, TD, and IR.
• Pre & Post Deployment information packages.
• Warm line contact during separation
• Social gatherings for the whole family will provide opportunities to connect with and support each other during periods of separation.
• Monthly Deployment newsletter
• Pre and post deployment briefings and screenings
• Video Tele Conferencing (VTC)
- Children & Youth Services**
• Activities and initiatives for children and youth
• Parent & Tot activities, Early Childhood Education Program, Youth Council, various activities/workshops for children under 12 years, Tutoring, Life Skills workshops for youth
• Parent/Caregiver education and support services
• Parent and caregivers information sessions, parenting workshops & resources, information on childcare in the area, appropriate information and referrals for children with special needs, Adult/Teen sitter registry, Daycare/Childcare facility listings, Baby Club
- Emergency Childcare & Respite Services**
• Information sessions on Emergency Childcare & Respite eligibility, quality childcare resources/information, education &

assistance with childcare planning, 24/7 access to emergency childcare & respite services, group respite offerings for deployed families

- Casual Childcare**
• Licensed Casual Childcare Services
- Prevention, Support and Intervention Program**

- Education and Prevention**
• Personal growth & wellness workshops (i.e. Anger Management, Communication Skills), Rainbows Program (grief & loss), Roundel Emergency Housing
- Assessment and Referral**
• Needs/risk assessment, referred to appropriate community resources, clients supported throughout the referral process
- Self-Help Groups**
• Peer support groups, Women's group, awareness of and referral to community based support groups (i.e. Al-Anon)
- Short-Term Intervention/Crisis Support**
• Short-term counseling (individual and family), crisis support, client advocacy
- Volunteer Services**
• Volunteer Involvement and Leadership
• Recruiting, screening, training, orientation, evaluation, and recognition, placements designed for individual interests and talents, On-the-job training; develop new or existing skills, professional development courses and workshops available, volunteer recognition activities, volunteer opportunities for teens aged 12 - 18 years

- Second Language Services**
• Second Language Training (SLT)
• Francophone activities
• French movies
- Employment and Education Services**
• **Education Programs:**
• Food Handling Course, First Aid / CPR, Defensive Driving Course
• Education & Employment Fair, CF Recruiting
- Self Care & Self Improvement Workshops:**
• International Women's Day Celebrations
- Leisure Programs:**
• Sewing, Creative Writing, Military Home-Based Business Group
• Creative Painting on Clay, Flower Arrangements, Card Stamping
- Special Events and Promotion Services**
• Red Friday Promotion
• Yellow Ribbon Campaign
• Support our Troops Awareness Campaign
• Military Families Strength Behind the Uniform Campaign
• Morale Mail Packages to the Troops
• GMFRC and community special events

The Greenwood Military Family Resource Centre adheres to the Military Family Services Privacy Code that was developed from the Canadian Standards Association Model Code for the Protection of Personal Information. For more information on the MFSP Privacy Code, please contact the GMFRC at 765-5611 or visit us online at www.greenwoodmfr.ca

CENTRE DE RESSOURCES POUR LES FAMILLES MILITAIRES DE GREENWOOD AU SERVICE DES FAMILLES

Centre AVM Morfee, route School, C.P. 582, Greenwood (Nouvelle-Écosse)
B0P 1N0 Téléphone: (902) 765-5611 Télécopieur: (902) 765-1747 • Courriel : home@greenwoodmfr.ca • Site Web : www.greenwoodmfr.ca

Pour obtenir les coordonnées de tous les Centres de ressources pour les familles des militaires/canadiens consultez le site web www.crfm.ca ou téléphonez le 1-877-280-3636

Services de renseignements de la communauté et services de soutien

- Bienvenue et Orientation communautaire**
• Trousse de bienvenue de Greenwood, trousse de bienvenue virtuelle du CRFMG, Inscription des nouveaux arrivants, appels de bienvenue du CRFMG, service d'accueil et cadeau de bienvenue du CRFMG pour les nouveaux arrivants, pochettes d'accueil provenant des autres CRFM
- Information et Orientation**
• Bulletin électronique du CRFMG (trimestriel), Site web du CRFMG, promotion/publicité du CRFMG, base de données sur les collectivités, extension de services à la force de réserve, services d'orientation vers des agences gouvernementales et civiles, en plus de diverses autres ressources

Services à la famille lors d'un déploiement

- Sensibilisation, information, soutien et assistance aux membres des familles des FC lors d'un déploiement, d'un service temporaire ou d'une RI
- Trousse d'information pré-déploiement et post-déploiement
- Appels téléphoniques de soutien durant la période de déploiement
- Service gratuit d'envoi de colis
- Les réunions mondaines offrent l'occasion aux familles d'établir des liens réciproques et de se soutenir mutuellement pendant l'absence d'un des leurs
- Bulletin mensuel sur le déploiement
- Séances d'information et évaluation avant et après le déploiement, campagne de sensibilisation sur le soutien au déploiement
- Vidéoconférence (VC), permettant aux familles des militaires d'être en contact avec les membres de leur famille qui sont à l'étranger

Service pour enfants, jeunes et parents

- Activités et initiatives pour les enfants et les jeunes**
• Activités pour enfants et bambins, Programme d'éducation à petite enfance, comité des jeunes, activités diverses et ateliers à l'intention des enfants de moins de 12 ans, tutorat, ateliers d'aptitudes à la vie quotidienne à l'intention des jeunes

Éducation et services de soutien pour parent/gardien

- Séances d'information à l'intention des parents et des pourvoyeurs de soins, ateliers et ressources sur le rôle parental, information sur les services de garde d'enfants dans le secteur, l'information appropriée et orientation vers les services de garde pour enfants ayant des besoins spéciaux, registre de gardien(ne)s pour adolescents et adultes, Liste des services de garde

Service de garde en situation d'urgence et le service de relève pour les familles dont le membre est déployé

- Séances d'information sur l'admissibilité aux services de garde d'urgence et de relève, ressources/renseignements fiables sur les services de garde d'enfants, éducation et aide à la planification des services de garde
- l'accès aux services de garde d'urgence et de relève 24 heures sur 24, 7 jours sur 7, offres de services de garde de relève pour les familles déployées
- **Services de garde occasionnelle**
• Services de garde occasionnelle autorisée du CRFMG

Programme de prévention, soutien et intervention

- Éducation et prévention

- Ateliers sur la croissance personnelle et le mieux-être (p. ex. maîtrise de la colère et aptitudes en communication), Programme Arc-en-ciel (chagrin et perte), foyer d'accueil d'urgence Roundel
- **Évaluation et orientation**
• Évaluation des besoins/risques, orientation vers les ressources communautaires essentielles, soutien aux clients tout au long du processus d'orientation
- **Groupes d'entraide**
• Groupes de soutien par les pairs, groupes de femmes
- Information et orientation vers les groupes d'entraide communautaire (p. ex. Al-Anon)
- **Intervention à court terme et soutien en temps de crise**
• Services de counseling de courte durée (personnes et familles), Soutien en temps de crise, défense des droits de la famille

Services de bénévolat

- Recrutement, sélection, formation, orientation, évaluation et reconnaissance
- Orientation des bénévoles en fonction de leurs domaines d'intérêt et de leurs talents
- Formation pratique en cours d'emploi; acquisition de nouvelles compétences et amélioration des connaissances
- Cours et ateliers de perfectionnement professionnel
- Activités de reconnaissance des bénévoles
- Opportunités de bénévolat pour les jeunes de 12 à 18 ans

Services d'aide à l'emploi et l'éducation

- **Aide à l'emploi**
• Création et modification de CV et de la lettre de présentation, évaluation/orientation professionnelle, aide à la recherche d'emploi

- Perfectionnement des techniques d'entrevue, planification des petites entreprises, information sur le réseau militaire des petites entreprises indépendantes, échange de magazines et de livres, ordinateur disponible pour la recherche d'emploi, élaboration d'un dossier d'emploi, liste à jour des emplois disponibles

Programmes éducatifs

- Cours de manipulation des aliments, cours de premiers soins/RCR
- Cours de conduite préventive, salon de l'éducation et de l'emploi, recrutement des FC, ateliers de croissance et de soins personnels,
- Journée internationale de la femme

Programmes de loisirs

- Couture, création littéraire, réseau des petites entreprises indépendantes (PME), peinture créative sur argile, arrangement floral
- **Services de langue seconde**
• Enseignement des langues secondes (cours de français et d'anglais)
- Activités de renforcement des liens entre francophones (organisées trimestriellement)
- Ressources et informations disponibles dans les deux langues officielles

Événements spéciaux et items de promotion du CRFMG

- Promotion du vendredi rouge
- Promotion de la campagne du ruban jaune « soutenons nos troupes »
- Campagne de sensibilisation au déploiement auprès de la communauté
- Coordination de la campagne « la famille La force conjointe »
- Service de colis pour les membres militaires en déploiement
- Événements spéciaux pour la communauté du CRFMG

Le CRFM de Greenwood adhère au Code de protection des renseignements personnels des services aux familles des militaires tiré du Code type sur la protection des renseignements personnels de l'Association canadienne de normalisation. Pour de plus amples renseignements sur le Code de protection des renseignements personnels, veuillez communiquer avec le CRFM ou consulter notre site Web à l'adresse suivante : www.greenwoodmfr.ca.

Together in Church

Queen of Heaven Chapel

Sunday Schedule

11 a.m. (English Mass)

St. Mark's Chapel

Sunday Schedule

10:30 a.m. Divine Worship

Switchboard 765-1494

Wing Chaplain

Chapel Life Coord - Queen of Heaven

Father Tim Nelligan ext 1960

Wing Chaplain's Admin Assistant

Ms Diane McKeage ext 5883

Chapel Life Coord - St. Mark's

Padre Gord Poley ext 5541

Unit Chaplain

Father Claude Pigeon ext 5119

Unit Chaplain

Padre Mike Peterson ext 5835

Chaplain (BTL)

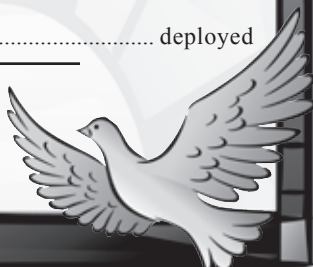
Padre Frank Staples ext 5545

Unit Chaplain

Padre George Helou deployed

Emergencies

In an emergency, you can reach a chaplain anytime through Wing Operations at (902) 765-1494 ext. 5457.



Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue only covers for the next couple of weeks. For future and ongoing programs and services, please visit our website at www.greenwoodmfr.ca or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

Note: We are sorry for any inconvenience this may cause, but to keep costs down, the only methods of payment accepted for workshop registrations is cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration.

Employment and Education Services

Coordinator: Kristen Lawson at 765-5611 local 1816 or email kristen.lawson@forces.gc.ca

Employment Ongoing Services

- Resume and Cover Letter Creation and Modification
- Resume Updating
- Employment Resource Library
- Career Assessment / Counseling
- Job Search Assistance
- Interview Skill Building
- Information on Small Business Planning
- Information on Military Home-based Business Network
- Employment Computer Available
- Portfolio Development

Outreach and Community Information Services

Coordinator: Nicole Godin at 765-1494 local 5941 or email nicole.godin@forces.gc.ca

Upcoming program GMFRC Outreach and Community Information Services

Coordinator: Nicole Godin at 765-1494 local 5941 or email nicole.godin@forces.gc.ca

GREENWOOD 101 (Bilingual/Bilingue)

Wed., September 16, 2009 9:00 a.m. **Bilingual Bus Tour and 11:30 Family BBQ**
Leaving GMFRC Parking Lot Free
Offered to: Newly posted families to 14 Wing Greenwood only.

Registration deadline: Wed., September 9, 2009.

Have you been posted to 14 Wing Greenwood this summer? Would you like to go on a tour of the Area? Would you like to find out what is available in the Greenwood/Kingston areas? You would like to find out what your GMFRC has to offer you? If you have answered yes to one or all of these questions, then this is for you. GMFRC Greenwood 101 is a new component of the Welcome Program to welcome and orient families to their new community, to offer opportunities to newcomers to connect and socialize, and to ease the transition.

If you would like to participate in this great adventure, please call 765-5611 to register prior to the registration deadline. Childcare will be available at the GMFRC, free of charge but will be limited to 10 children, so when you register, please let us know if you require childcare. See you soon.

Service d'accueil et de renseignements à la communauté du CRFMG

Coordonnatrice : Nicole Godin au 765-1494 poste 5941 ou adresse courriel nicole.godin@forces.gc.ca
GREENWOOD 101 (Bilingual/Bilingue)

Le mercredi 16 septembre 2009

9 h pour **tour guidé bilingue** et 11h30 pour **BBQ familial**

gratuit

Départ du stationnement du CRFMG

Pour nouvelles familles affectées à la 14^e Escadre de Greenwood

Date limite d'inscription: le mercredi 9 septembre 2009

Vous avez été affecté à la 14^e Escadre de Greenwood cet été? Vous voulez savoir quels sont les ressources disponibles dans les régions environnantes de Greenwood et Kingston? Vous aimeriez faire un tour guidé des environs? Vous voulez savoir les programmes et services que vous offre le CRFMG?

Si vous avez répondu oui à une ou à toutes ces questions, ceci est pour vous.

Greenwood 101 fait parti du

programme de bienvenue qui cible les nouvelles familles affectées à la 14^e Escadre de Greenwood, pour qu'elles se sentent accueillies, leur donner de l'information au sujet de leur nouvelle collectivité et facilite leur transition au sein de celle-ci.

Si vous voulez participer à cette grande aventure, veuillez téléphoner le 765-5611 pour vous y inscrire avant la date limite. Le service de garderie sera offert gratuitement au CRFMG mais est limité à un maximum de 10 enfants. Veuillez nous laisser savoir s'y vous avez besoin du service de garderie lors de votre inscription. Au plaisir de vous rencontrer.

Ongoing Services

- Greenwood Welcome package
- GMFRC Virtual Welcome package
- New Arrivals Registration
- Welcome GMFRC visit/tour and Welcome Gift
- GMFRC Welcome Calls
- GMFRC Email Information Newsletter
- GMFRC Website
- Community Information Database
- Outreach to Reserve Units

Deployment Services

Coordinator: Vacant, for information please call 765-5611

Upcoming programs or services

Deployed Families Adult Dinner Out

Monday, August 31st, 2009 5:30 p.m. – 8:30 p.m.

Location: To be Determined
Pay the cost of your own meal
Registration deadline: Friday, August 28th, 2009

Deployed Families Adult Pool Night at Dooly's

Mon., September 14th, 2009 8:00 p.m. – 10:00 p.m.

Location: Dooly's, 963 Central Avenue, Greenwood
Cost of pool compliments of Dooly's

Registration deadline: Friday, September 11th, 2009

Call 765-5611 to Register
Is your military member away?

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give us a call & we'll set you up with any of our programs/services/activities that may interest you. We do not know you're out there unless you let us know.

All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support

EMPLOYMENT OPPORTUNITY Greenwood Military Family Resource Centre

Centre de ressources pour les familles des militaires de
GREENWOOD
Military Family Resource Centre
Military Families Strength Behind the Uniform
La Famille La force conjointe

AVM Morfee Centre / PO Box/C.P. 582 / Greenwood, NS (N.-É.) / BOP 1N0
Telephone/Téléphone: (902) 765-5611 / Fax/Télécopieur: (902) 765-1747
Email/Courriel: home@greenwoodmfr.ca / Web site/Site Web: www.greenwoodmfr.ca

Centre de ressources pour les familles militaires de Greenwood Employé(e) de soutien de soirée (poste bilingue) (Deux positions)

Les candidat(e)s de soutien devront travailler en soirée soit de 16h00 à 21h30 du lundi au mercredi et occasionnellement durant les heures régulières 08h00 à 16h00 et fins de semaine. Les horaires seront sporadiques et nécessiteront une grande flexibilité de temps.

Les candidat(e)s devront remplir les tâches reliées à la réception y compris le service de location d'équipements pour enfants ainsi que tous les autres services offerts en soirée. Les candidat(e)s devront aussi apporter un support administratif et opérationnel aux membres du personnel régulier et s'assurer de la sécurité du Centre aux heures de fermeture.

Les candidat(e)s doivent posséder de très bonnes aptitudes en relations publiques, une très bonne connaissance du mode de fonctionnement d'un bureau et des mesures à suivre en situation d'urgence ainsi que maîtriser les logiciels informatiques suivants : Outlook, Access, Excel, MS Word, Publisher et Print Master. Le bilinguisme et l'expérience comme bénévole passée ou présente sont considérés des atouts. Le taux de salaire est \$9.00 par heure.

Les candidat(e)s intéressé(e)s doivent apporter leur Curriculum Vitae en personne, ou le faire parvenir par télécopieur ou par courriel au plus tard à 16h00 le **vendredi le 28 août 2009** à :

Karen Doiron, Superviseure du personnel de soutien de soirée
Centre de ressources pour les familles militaires de Greenwood
Centre AVM Morfee, Édifice 83, Chemin School, Greenwood, N.-É.
Courriel : Karen.Doiron@forces.gc.ca
Télécopieur : (902) 765-1747

Nous remercions tous les candidat(e)s intéressé(e)s, mais seulement ceux ou celles sélectionné(e)s pour une entrevue seront contacté(e)s.

Nous anticipons que la date approximative du début d'emploi sera le 14 septembre 2009.

EMPLOYMENT OPPORTUNITY Greenwood Military Family Resource Centre

Centre de ressources pour les familles des militaires de
GREENWOOD
Military Family Resource Centre
Military Families Strength Behind the Uniform
La Famille La force conjointe

AVM Morfee Centre / PO Box/C.P. 582 / Greenwood, NS (N.-É.) / BOP 1N0
Telephone/Téléphone: (902) 765-5611 / Fax/Télécopieur: (902) 765-1747
Email/Courriel: home@greenwoodmfr.ca / Web site/Site Web: www.greenwoodmfr.ca

Greenwood Military Family Resource Centre Evening Support Staff (Two Positions Available)

Two Evening Support Staff are required to work during GMFRC extended hours of operation, from 4:00 to 9:30 p.m. (evenings; and occasional days and weekends as required). Due to a sporadic schedule, this position requires flexibility and involves reception duties, overseeing services during extended hours, building security, and providing operative and administrative support to staff in general.

Applicants must have strong customer service skills, be proficient in Outlook, Access, MS Word, Excel, Publisher or Print Master and general office procedures. Candidates must have the ability to handle emergency situations and should be knowledgeable of GMFRC programs and services. Previous experience volunteering at the GMFRC and bilingualism are definite assets.

Rate of pay: \$9.00 per hour

Please hand deliver, fax or email resume no later than 4 p.m. **Friday, August 28th, 2009.** Resumes should be directed to the attention of:

Karen Doiron, Evening Support Staff Supervisor
Greenwood Military Family Resource Centre
AVM Morfee Centre, Building 83, School Road, Greenwood
Email: karen.doiron@forces.gc.ca
Fax: 902-765-1747

We thank all applicants for their interest, however, only those selected for an interview will be contacted.
Anticipated start date will be September 14th, 2009.



Aug 23rd - 27th

SHOW TIMES
Sunday to Thursday
7:00 & 9:00 p.m.

the ugly truth

Rated R

Dolby EX Digital Sound
Come See it on the Big Screen www.zedex.ca

Kingston Legion

BINGO

Prize Money
Guaranteed: \$2,500

BOOKLET
BINGO

Sunday, 1:45 p.m.
Tuesday, 7:30 p.m.

Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

Lic.#

35542-96



to anyone who chooses to participate. Just give us a call!

For respite childcare offerings for deployed families, see details under Children and Youth Services.

Prevention, Support and Intervention Services

Coordinator: Jennifer Calkin, at 765-1494 local 1811 or email at jennifer.calkin@forces.gc.ca

- Ongoing Services**
- Emergency Shelter
 - Assessment and Referral
 - Short Term Support
 - Crisis Intervention
- Please feel free to contact me to set up an appointment to discuss any of these services and for more information

Child and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Upcoming programs or services

- Youth Council**
This program is closed in July & August but will resume in the fall
4:00 p.m. – 5:00 p.m.
14 Wing Community Centre
FREE
- Youth aged 14 and up Academic Tutoring Service**
Our program is closed in July & August but will resume starting Tues., September 14th, 2009
Time scheduled with families & tutor
Children in grade P-12
FREE

A tutor request form is available at GMFRC
Parent & Tot Program
Our program is closed in

July & August but will resume every Mon. starting September 14th, 2009

9:30 a.m. – 10:30 a.m.
FREE
Ages 3 – 5
Drop in - no registration required

Toddler Tuesdays Program
Our program is closed in July & August but will resume every Tuesday starting Tuesday, September 8th, 2009

9:30 a.m. – 10:30 a.m.
FREE
Ages 1 – 3 years
Drop in - no registration required

TumbleTots
Our program is closed in July & August but will resume every Wednesday starting September 9th, 2009

GMFRC gym
9:30 a.m. – 10:30 a.m.
Ages 1 – 5 years
FREE
Drop in - no registration required

Baby Club
Our program is closed in July & August but will resume our meetings starting Thursday, September 3rd, 2009

10:00 a.m. – 12:00 p.m.
FREE
Ages 0 – 1
Drop in - no registration required

Respite Dates
Monday, August 31st, 2009
5:00 p.m. – 9:00 p.m.
Children up to age 12
Free to CF Families who currently have a partner deployed

Registration deadline: Thursday, August 27th, 2009

Special Events and Promotions
Coordinator: Michelle Thibodeau Wagner at 765-

1494 local 1421 or email michelle.thibodeau-wagner@forces.gc.ca

- Ongoing Services**
- Red Friday Promotions
 - Yellow Ribbon Campaign
 - Support our Troops Awareness Campaign
 - Military Families Strength Behind the Uniform Campaign
 - GMFRC and Community Special events planning
 - Morale Mail Packages to the Troops

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at janie.gagnon@forces.gc.ca

Volunteer Opportunities

Wing Welcome
Sat., September 19, 2009
Childcare and tattooing at the Fitness Centre from 0900 to 1300

Chaperon for the pre-teen (1800-2000) and teen dance (2030-2230) at the Annapolis Mess.

At the Fitness Centre for the Wing Welcome and the Annapolis Mess for the Dance
Volunteers Needed: 12

Comité francophone
Tuesday, August 18, 2009
10:00 a.m. to 12:00 p.m.
GMFRC

Volunteers Needed: Many
Plan the calendar of francophone activities.

Warm Line Callers
Ongoing need
Flexible (2 hours per month)
GMFRC or from home
Registration deadline: Open
Volunteers needed: Many (you will receive a prior training)

***Suitable for our awesome Youth Volunteers!**

Ann Gaudet

Hello Everyone

I am originally from Nova Scotia and it's great to be back after so many years away. My husband and I arrived in Greenwood from Comox, where I was a Firefighter Paramedic. Prior to that I was a Member of the CF for several years and relate to the challenges of being a member and a military spouse. My husband and I currently reside in Margaretsville, or Margaretville depending on which side of the community debate you're on, it's a great local fun hearted debate. I have met many wonderful people since moving to Greenwood and I look forward to connecting with more of you.

I am very excited, and feel very privileged to join your GMFRC team. I look forward to assisting you through the absences and reunions of our loved ones and through the emotional cycle of deployment. I look forward to hearing your ideas for activities and programming. You can reach me at 765-1494 local 5583 or please feel free to drop by for a visit.



Alternative Dispute Resolution

Greenwood Dispute Resolution Centre

- Are you involved in a conflict in the workplace and unsure of how to handle it?
- Do you have issues with a work situation that you want resolved?
- Do you want to know how to approach a co-worker during a dispute?

Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at the AVM Morfee Centre (MFRC), School Road or for a DRC nearest you
National Phone Number: 1-888-589-1750

DRC services are available to all Regular and Reserve Force members, Civilian and NPF employees, and members of the Cadet organizations.

14 Wing Welcome Skate Competition

Sept. 19 2009

HELMENTS REQUIRED!

Beginner, Intermediate, Advanced & BMX Divisions

Registration: 11:00am
Warm-up: 11:30-12pm
Competition: 12-2:30pm
Prizes/Awards: 2:30-3:15pm
Registration \$5

For more info. call Megan @ 765-8165

Centennial of Flight Merchandise

Limited Edition Commemorative Centennial of Flight License Plates & Micro Mess T-shirts

Get yours today, call 765-1494

Rod Reeves, Birchall Centre ext. 5058
Main Office, Fitness & Sports Centre ext. 5412
Anne Kempton, The Aurora Newspaper ext. 5833
We Engrave & Customize Gifts 765-3900
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Quantities are Limited!


T-SHIRTS \$10 each
LICENSE PLATES \$12 each
OR ANY 2 FOR \$20.00

Tax included in the price.

FOR YOUR INFORMATION

UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS
FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

Discover the Magic of Reading
...visit 14 Wing Library



Located at AVM Morfee Centre, School Street
Monday 1-5pm & 6-8pm
Tuesday 10am-1pm & 2-5pm
Wednesday 1-5pm & 6-8pm
Friday 12-4pm
 * **Sunday** Closed

765-1494 | 24 hour drop-off box • Phone for Renewals
 Loc. 5430 | Closed on holidays and holiday weekends throughout the year.

HOROSCOPES

August 23 to August 29

ARIES - Mar 21/Apr 20
Aries, recuperation from an injury or illness will take time. Don't try to do it all now. You'll have plenty of time to catch up in the weeks to come.

TAURUS - Apr 21/May 21
Stop being so argumentative, Taurus. Those around you will grow tired of hearing how you're always right. Accept that someone else's opinion might be valid.

GEMINI - May 22/Jun 21
Gemini, your love life could use some work. You can't seem to get along with your partner no matter what you do. Instead of butting heads, sit down and calmly work it out.

CANCER - Jun 22/Jul 22
Cancer, instead of being so generous to others, start concentrating on helping your immediate family. They're in need of your love and attention. Quality family time is the goal.

LEO - Jul 23/Aug 23
Normally a go-getter, Leo, you're ready to throw in the towel in regard to a project that isn't working out. But don't give up. You'll get relief soon.

VRIGO - Aug 24/Sept 22
Virgo, now is not the time to make rash career decisions. You have too many responsibilities and bills coming in. Even though your job may not appeal to you, stick with it.

LIBRA - Sept 23/Oct 23
Libra, if you don't make a move soon in your love life, you're going to miss the opportunity. Stop looking for the perfect Mr. or Mrs. Right. Rather, look outside your comfort zone.

SCORPIO - Oct 24/Nov 22
Watch how much you spend this week, Scorpio. You could go overboard if you're not paying attention. Better leave the credit card at home and use cash instead.

SAGITTARIUS - Nov 23/Dec 21
Sagittarius, you have put all your eggs in one basket and now that things haven't worked out you're left wondering what to do. Don't worry, family members won't let you down.

CAPRICORN - Dec 22/Jan 20
Someone in your family has stepped on your toes, Capricorn. Rather than lash out, keep your feelings to yourself and be the bigger person in this situation.

AQUARIUS - Jan 21/Feb 18
You want to support a friend, Aquarius, but you just don't agree with this person's motives. Don't get involved in the situation; you'll regret it later.

PISCES - Feb 19/Mar 20
Pisces, overindulging in all areas of your life is not a healthy way to live. Rethink your personal goals and streamline.

FAMOUS BIRTHDAYS

- AUGUST 23 Kobe Bryant, Athlete (31)
- AUGUST 24 Marlee Matlin, Actress (44)
- AUGUST 25 Gene Simmons, Singer (60)
- AUGUST 26 Macaulay Culkin, Actor (29)
- AUGUST 27 Sarah Chalke, Actress (33)
- AUGUST 28 LeAnn Rimes, Singer (27)
- AUGUST 29 Aaron Rowand, Athlete (32)

Horoscopes brought to you compliments of:

24 HOUR SERVICE



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www.morsetowing.ca (902)825-7026

Auto Clubs Accepted

Arthritis Society Offers Free Resource Kit

Is arthritis causing unwelcome changes in your lifestyle? Call The Arthritis Society for their free resource kit for people with arthritis. It includes information on nutrition and arthritis, the Top 10 exercises to relieve stiffness and pain, and much more. Call 1-800-321-1433, Ext. 233.

Aylesford Sparks, Brownies and Guides Registration

Registration will be held Tuesday September 8th, 6:00 p.m. at the Aylesford United Church. Contact Mary Louise 847-3543 or Christine 765-8013.

A Century of Stars: An Exhibit of Quilts

Please join us at the Museum of Industry, Stellarton for a Quilt Talk and guided tour of the exhibit "A Century of Stars: An Exhibit of Quilts," Wednesday August 26th at 2:00 p.m. Author and certified appraiser Diane MacLeod Shink will guide participants through and answer questions about her collection of over 25 beautiful star-themed quilts. For more information please visit our website at www.industry.museum.gov.ns.ca, or call (902) 755-5425 during regular Museum hours.

Arthritis Self Management Program in Wolfville

The Arthritis Society is holding an Arthritis Self Management Program in Wolfville starting September 16th. It is a six-week program where you will learn about managing pain and fatigue, healthy eating, exercising with arthritis, taking arthritis medications, and coping with stress and depression. The Arthritis Self Management Program will be held at Eastern Kings Memorial Community Health Centre, (2nd floor Multi-purpose room) 23 Earnsccliffe Ave., Wolfville on Wednesdays from 6:30 - 8:30 p.m. between September 16th and October 21st. For cost and to register call The Arthritis Society at 1-800-321-1433, Ext 233 or visit our website at www.arthritis.ca/novascotia.

CAPS Back-to-School Open House

The Companion Animal Protection Society (CAPS) is hosting a Back-to-School open house at its largest foster home, 1468 Ben Phinney Road, Margaretsville, on August 30 from 2:00 to 4:00 p.m. Come see the cats and dogs available for adoption. Donations for the organization, such as dry and canned cat food; toys; potty training pads; bleach; laundry detergent; Canadian Tire money and Co-Op Moolah, would be appreciated.

GMFRC • Feature of the Week

Deployment Services
Coordinator: Vacant for information please call 765-5611

Deployed Families Adult Dinner Out
Monday, August 31st, 2009
5:30 p.m. – 8:30 p.m.
Location: To be Determined
Pay the cost of your own meal
Registration deadline: Friday, August 28th, 2009
Call 765-5611 to Register

Share a meal with other deployed spouses/parents and make valuable connections.
Please Note: Respite childcare is available that evening from 5:00 p.m. - 9:00 p.m. in the GMFRC Casual Care Room. When you call to register for the dinner, let us know if you will be using the respite service.

Contemporary Worship Service

Held Sundays, 10:45 a.m. at New Beginnings Center, 1151 Bridge St., Greenwood. We have Kid's Church for children 3 - 11 yrs. at 11:00 a.m. A time of fellowship and coffee follows the Worship Service and we enjoy a pot-luck "Love Lunch" together once a month. Everyone is welcome and we look forward to meeting you.

A Kids Church

Will be held at New Beginnings Center Church, 1151 Bridge St., Greenwood. This fun program is a Church especially for children and will begin Sunday, September 13th running from 11:00 a.m.-12:00 noon for kids ages 5-12. For info phone the Center at 765-8155 or 242-2754 and ask for Jenn.

Annapolis Valley Community Church of the Nazarene

Annapolis Valley Community Church of the Nazarene is hosting the following activities at the Tremont Exhibition on September 4 & 5th: September 4th 5:30 p.m. - Hot Turkey Sandwich dinner (freewill offering). September 5th 8:30 to 10:30 a.m. - Free breakfast. September 5th 12:30 to 2:30 p.m. Children Games. September 5th, 3:00 to 5:30 p.m. Ice Cream Parlour.

New or Nearly New Items Wanted

Kingston and District Health Auxiliary is looking for NEW or NEARLY NEW items suitable for our annual ticket auction being held the 26 September. All donations may be dropped off at 36 Hall Road, South Greenwood. Contact Liz at 765-3213 for more information and directions. Thank you for your continued support in assisting the auxiliary in our fund raising endeavours.

Friday Night Mixed Dart League


Royal Canadian Legion Kingston Branch #98 are having their first meeting on September 11th for the 2009-2010 Season. Commencing at 8:00 p.m. at the Legion Hall. For more information contact: President Darrel LeBlanc at 765-5110 or 1st Vice President Trevor Campbell at 847-9815.

Morden Saturday Breakfast

The Morden Community Hall will be hosting a breakfast on Saturday, August 29th from 8:00-10:30 a.m. The menu will be scrambled eggs, ham, sausage, pancakes, homemade fishcakes, baked beans, juice, tea and coffee. It is a free will offering. All proceeds are for the Morden Community Hall.

14 Wing Welcome Skate Competition

The competition is on September 19 2009 and registration begins at 11:00 a.m.; from there we will give the competitors a half hour to warm up, stretch out, and get pumped up. The competition begins at 12:00 p.m. and finishes around 2:30 p.m. and during the competition we be entertained by a live band! There are 4 divisions: Beginners, Intermediate, Advanced and BMX. You will be judged on your skill, difficulty of tricks, effort, use of the park, and style. To enter the competition it's only \$5 and there are lots of cool prizes to be won just by entering the competition! Make sure you wear your helmet, if you don't wear a helmet you can't compete! If you have any questions or would like more information please call Megan @ 765-8165. See you there!



PRESENTS... FIND & WIN

Just Fill in The Blanks. Three Easy Ways to Enter.
 1. Through our website: www.auroranewspaper.com
 2. Fax: 765-1717 3. Drop into our office located on School Road (Morfee Annex)

No Central Registry or Canada Post please.
Deadline: Noon, Thursday, August 27, 2009.
 Make sure you include your full name and phone number.

NAME _____ **PHONE NUMBER** _____
 Limited to one win per month.
 The winner will be drawn randomly from all correct entries. Only one entry per person per week.

Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!

1. Whose ad says "Saving your past for your future" _____
2. What is playing at Zedex Theatre is week _____
3. What month do you register for classes with Scotia Valley Stompers _____
4. What is the phone number for DJ Services _____
5. When is the Public Meeting in Kingston being held _____

The 107 Valley Wing



Air Force Association of Canada
 904 Central Ave. Greenwood

Open to ALL Members, Serving or Retired, of the
 • CAF • Reserves • RCMP •
 • Public Service • RCAC •
 • Members & Guests •

Do you enjoy a good time in a friendly relaxed atmosphere?
 Drop into the 107 Valley Wing and meet our friendly members and staff.
 We are open 7 days a week for your convenience.
 We are looking for new members!

For more information call 765-8415 after 12:30 p.m.
 We also have Catering Service for your Weddings, Section Parties or other celebrations.

This contest is brought to you by:



Pizza Delight, Greenwood
765-4477

Congratulations to last week's winner: ANDREW LIRETTE

14 Wing Greenwood Youth Happenings

By: Recreation Youth Worker Megan Le Moine

Now that summer has come to an end, we have to get ready for school, NO! We have had a great summer; Whale Watching, Oaklawn Farm Zoo Trip, Dances, Teen and Pre-Teen activities going on all the time and it is going to be very quiet here without summer camps. I hope everyone had a great summer and took some time to relax and unwind before school starts for another year! I wish all the best to everyone going back to school, and good luck to those starting school for the very first time! If you have any questions about any of the programs or just want more information please call Megan at 765-8165. This is what's happening this week!

Boyz Club
Open Gym
August 24 2009
4:30-6:00 p.m.

Tonight we can have the gym to our selves. Anything you want to play; basketball, floor hockey, dodge ball, anything! Meet at the Community Centre to sign in, and then

we'll go upstairs to the gym! Bring your member card or \$1 drop in fee, sneakers, and a bottle of water!

Teen Activity
Craft Night
August 25 2009
Cost: \$2
6:00-7:00 p.m.

Bring \$2 and your creativity and we will be making sun catchers! You could make this for a friend, your brother or sister, or keep it for yourself! This is an easy craft which could be done anytime of the year! Hope to see you there!

Active Chicks
Crystal Falls Hike
August 26 2009
6:00-7:30 p.m.

Girls, meet at the entrance of Crystal Falls, the top of Greenwood Rd, and than all hike in together! Girls, make sure you wear your running shoes and pack a snack for a picnic on the rocks! Parents are welcome to come too!

Open Gym
August 27 2009
7:00-8:00 p.m.

Pre-Teens and Teens come to the Community Centre and have full range of the gym!

Here we can play anything you want: volleyball, badminton, basketball, anything! Just bring your member card or a drop-in fee of \$2! Hope to see you there!

Movie Night
Pre-Teen
TBA
August 29 2009

6:00-8:00 p.m.
Teen
Taken
August 29 2009
8:30-10:30 p.m.

Taken; a former spy relies on his old skills to save his estranged daughter who has been forced into the slave trade!

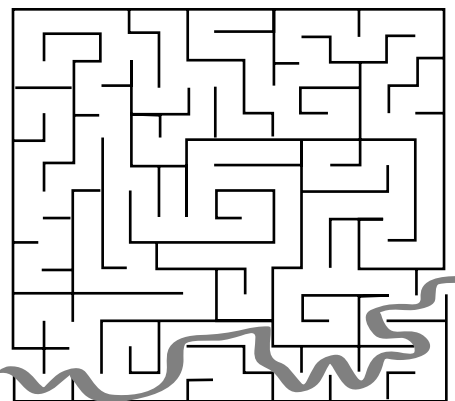
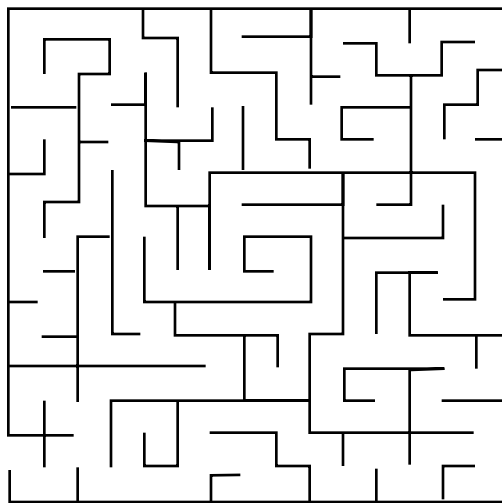
Youth Centre Drop in Hours

	Pre-Teen (ages 9 - 12)	Teens (ages 13 - 18)
Monday	4 pm to 6 pm	6 pm to 9 pm
Tuesday	4 pm to 6 pm	6 pm to 9 pm
Wednesday	4 pm to 6 pm	6 pm to 9 pm
Thursday	4 pm to 6 pm	6 pm to 9 pm
Friday	6 pm to 8 pm	4 pm to 6 pm 8 pm to 11 pm
Saturday	2 pm to 4 pm 6 pm to 8 pm	4 pm to 6 pm 8 pm to 11 pm
Sunday	2 pm to 5 pm	5 pm to 9 pm

PATRICK'S PUZZLE

Maze Craze

Can you find your way through the maze?



Patrick's Puzzle brought to you compliments of:



HAVE YOU BEEN POSTED?

Please RETURN
14 WING'S LIBRARY
BOOKS,
to the LIBRARY
BEFORE you LEAVE.

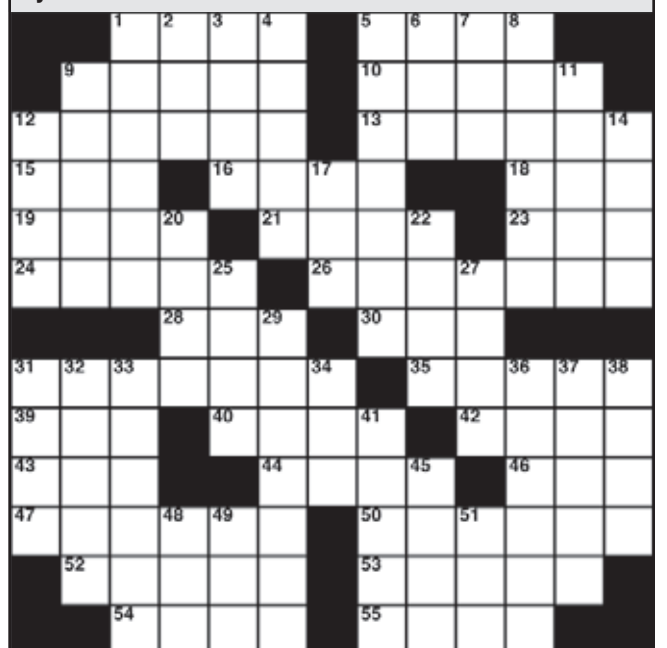
THANK YOU!

Canadiana Crossword

Common Canadianisms

Solution page 22

By Bernice Rosella and James Kilner



ACROSS

- 1 Grandma in Gorki
- 5 Strafe
- 9 Don't give me the _____
- 10 Paragon
- 12 Sea birds
- 13 Divan
- 15 Before, poetically
- 16 Narcotics cop
- 18 Sunbathe
- 19 No _____
- 21 Canadian snowbirds' destination
- 23 Sixties halucenogen, abbr.
- 24 Up and about
- 26 Has the jitters
- 28 Common ball point
- 30 Beverage served hot or cold
- 31 Cheap like _____

- 35 Saint
- 39 Open, poetically
- 40 _____ frost
- 42 Saskatoon Colonists
- 43 Conference, abbr.
- 44 Common cookie
- 46 Conservative leader
- 47 Military headwear
- 50 That'll be a frosty _____
- 52 Farm machinery maker
- 53 Worshipped ones
- 54 Afternoon socials
- 55 Timbre

DOWN

- 1 Lovelorn
- 2 Swiss river
- 3 Machine gun
- 4 Black tea
- 5 He's had the _____
- 6 Praiseful poem
- 7 Encountered
- 8 Skirmish
- 9 Mentors
- 11 Smallest
- 12 Prefix for millions
- 14 Terminates
- 17 Mil. organization
- 20 Little lies
- 22 Notion
- 25 Wealthy
- 27 Costume
- 29 Elects
- 31 Explosive device
- 32 Chose
- 33 Remorse
- 34 Goes with feathers, sometimes
- 36 You'll need to Stick _____ it
- 37 Regions
- 38 Home to Helen
- 41 Renovate
- 45 Church booklet
- 48 Shoe size
- 49 Lah lah leader
- 51 Bit of matter

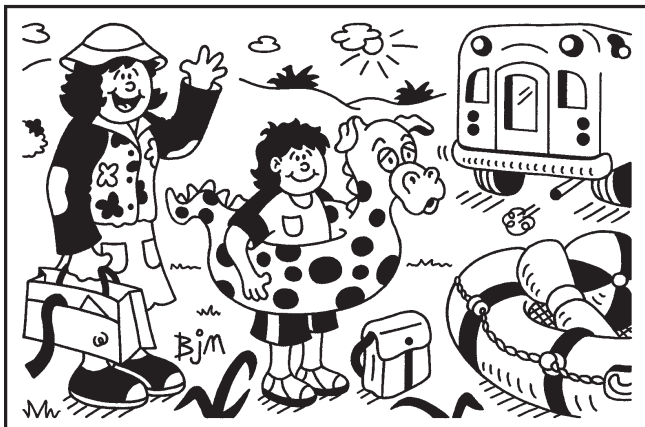
Weekly Crossword brought to you compliments of:

BEST TOYOTA

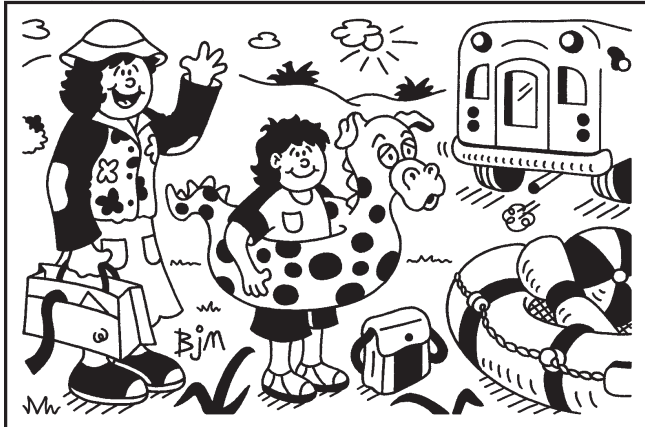
840 Park St., Kentville
(902) 678-6000

ComParrot by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?



www.comparrotpuzzles.com © 2009 Bonnie J. Malcolm



Solution: 1. Handle on inflatable raft is missing. 2. Tuft of girl's hair is hidden. 3. End of grass is missing. 4. Handle on purse appears. 5. Spike on toy's tail is missing. 6. Stripe on shorts is colored in. 7. Strap on mat in boat is colored in. 8. Bottom of skirt is different. 9. Tailpipe on bus has moved. 10. Light on bus has moved. 11. Stripe on purse is wider. 12. Section of ball is wider.

Com Parrot brought to you compliments of:



954 Central Avenue
Greenwood
765-6381

Classified Ads

To place a Classified Ad by Word Count call Keith Pinkerton at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

ENGLAND
We Buy Furniture
By the piece or lot.
We do local moving
765-4430
812 Maple Street Ext., Kingston

Future Glass and Mirror Ltd.
Sampson Dr., Greenwood
902-765-2105
SPECIALIZING REPAIRS/
REPLACEMENTS OF
WINDSHIELDS
ALSO: *plate glass *mirrors
*plexiglass
* vehicle accessories
* window & screen repairs
Many Used Windshields
Available at Reduced Prices
"INSURANCE CLAIMS
OUR SPECIALTY"

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or

FOR SALE

ADOPT AN APPLE TREE -
Of your choice for the 2009 season. You can choose from over 2000 trees; average yield over 200 pounds per tree. Only \$50.00 per tree. Gravenstein, McIntosh, Cortland, Idared,

Mert Hutt's
Auto Salvage
Used Car & Truck Parts
We'll haul away old cars, trucks & scrap metals
902-847-0324
336 Cannan Rd., Aylesford

Cox Orange, and Spartan available. We provide an "adoption" certificate and a sign with wording of your choice under the tree. You can choose your tree, visit whenever you like and pick your apples in the fall. Bob Johnson, 2380 Harmony Road (6km south of Aylesford). 847-9146.

Barristers
C. HANSON DOWELL, Q.C.
250 Main St., Middleton
825-3059

(3034-6tp)
FOR RENT
FOR RENT - LINCOLN-SHIRE APT AVAILABLE, in Kingston, 2 bedroom apartment with balcony available Sept, \$550.00 month excludes utilities. Live-in Super, secured building. Please call 840-0683. (3020-ufn)

FOR RENT - 3 bedroom duplex in Kingston. Fridge/stove included, \$650.00 per month plus utilities. Minutes from Base &

FOR RENT
GREENWOOD
989 Aurora Crescent (2) - 2 BR Apts. - 1 at \$450.00/MO. & 1 at \$500.00/MO. Tenant Pays Utilities. Seniors Building. Call Marilyn at: **765-3189**
NO PETS PLEASE

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765-2544 765-2555

shopping areas. Glengary Property Management 765-2421. (3022-ufn)
FOR RENT - 2 bedroom duplex. Located behind Greenwood Mall on Dakota lane. Newly renovated, fridge/stove included, washer/dryer hook-up, non-smoking. Available Sept 1st, \$550.00 per month plus utilities. Contact Alison at 825-4944

FOR RENT - 2 bedroom apartment in Kingston, \$500.00 per month plus utilities. Call 825-3607. (3033-3tp)

FOR RENT - 1 bedroom apartment Kingston, heat and lights, fridge/stove, washer/dryer, snow removal, lawn care, parking in garage included, no pets. Call 765-9113 (3034-1tp)

FOR RENT - COMING TO GREENWOOD ON IR??

FOR RENT
KINGSTON
412 Pine Ridge Avenue - Newly renovated 3 BR Semi detached house - \$800.00 /MO. Heat, hot & cold water provided.
765-6312
NO PETS PLEASE

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Dances, Weddings & Parties
Make your event special with a wide selection of music and lights!
20 years in the business call John Spencer at **765-0414**

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New 1 bedroom bright apartment in a quiet country setting. Fully furnished and equipped fridge, stove, washer, dryer. Rent includes all services except phone and cable. No smoking, no pets. Call Joe 765-1898 or 5215 on base. (3033-2tp)

FOR RENT - 2 bedroom, spacious apartment, Highway 1 in Wilmot. Small shed, fridge/stove, snow removal/lawn care included. Laundry facilities on site. \$525.00 heat/hot water included. Call 765-3477. (3034-1tp)

FOR RENT - Quiet subdivision house with 4 bedroom, 2 1/2 bath, attached garage, 30' swimming pool, storage shed, non smoker. \$900.00 per month Call 765-2371 (3034-1tp)

FOR RENT - Large 3 bedroom 2 bath. Newly renovated, new

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Beginner to Advanced
Over 26 years experience
Call Steve 825-6553

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Quality Guaranteed
Please Phone **825-3361**

appliances, second floor, own entrance, large storage area, 5 minutes to Kingston. \$600.00 per month plus utilities. Call 902-229-7052 (3034-2tp)

FOR RENT - 3 bedroom duplex - 5 minutes from Mall, fridge/stove, cable and snow removal, utilities extra \$450.00 per month Phone 765-8983 (3034-1tp)

FOR RENT - 2 bedroom, Cherry Lane, Kingston. \$550.00 per month plus utilities. Available immediately Phone 679-9511 (3034-3tp)

FOR RENT - 3 bedroom house for rent, centrally located between Greenwood & Kingston, lots of storage, no smoking, ref. required. \$650/mo + Util. Avail Oct 1, 847-0664 (3034-2tp)

SERVICES

DROP & LOCK STORAGE - Kingston/Greenwood's newest building, clean, secure self storage your lock—your security code sizes: 10' x 10' or 5' x 10' 847-1405 or 760-0278. (2903-ufn)

SERVICE - Self Storage located in Kingston, units available 5'x12', 5'x13', 8'x10'. Prices vary call

Steve Lake's Light Trucking
Moving & Deliveries
844 0551

FIREWOOD FOR SALE
Hardwood, \$180 a cord
Softwood, \$140 a cord
Cut, Split, Delivered
Ph: **825-6424**

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Free Estimates

Crossword Solution

	B	A	B	A		B	O	M	B	
G	E	A	R	S		I	D	E	A	L
M	U	R	R	E	S		S	E	T	T
E	R	E		N	A	R	C		T	A
G	U	F	F		M	A	U	I		L
A	S	T	I	R		F	I	D	G	E
			B	I	C		T	E	A	
B	O	R	S	C	H	T		A	R	H
O	P	E		H	O	A	R		B	A
M	T	G		O	R	E	O		N	E
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	D	E	E	R	E		I	D	O	L
	T	E	A	S		T	O	N	E	

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**SERVICE** – Will do light housekeeping (bathroom, floors, windows etc) Call 765-4612. (3033-2tp)

**SERVICE** – ECE Teacher available to care for children in my home. 12 years of daycare experience. First Aid/CPR, planned activities, nutritious lunch snack provided. Rate - \$100.00 per week per child. References available. Part time positions as well. Call Melissa at 242-2144 (3034-3tp)

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**CUCINA AURORA**



**PDQ Pickles**

|                              |                                                                                                                          |
|------------------------------|--------------------------------------------------------------------------------------------------------------------------|
| 1 tbs. Mixed pickling spices | 4 cups Desired vegetables (cherry tomatoes, cauliflowerets, onion rings, carrot slices, zucchini and/or cucumber slices) |
| 3/4 cup Vinegar              |                                                                                                                          |
| 1/2 cup Sugar                |                                                                                                                          |
| 1/2 tsp. Salt                |                                                                                                                          |
| 1/4 tsp. Ground turmeric     |                                                                                                                          |

Tie mixed pickling spice in cheesecloth. In small saucepan, combine spice bag, vinegar, sugar, salt and turmeric. Bring to a boil. Simmer for 5 minutes. Remove from heat. Pour over desired vegetables in 1 qt. jar. Cool to room temperature. Store in refrigerator. Remove spice bag before serving.

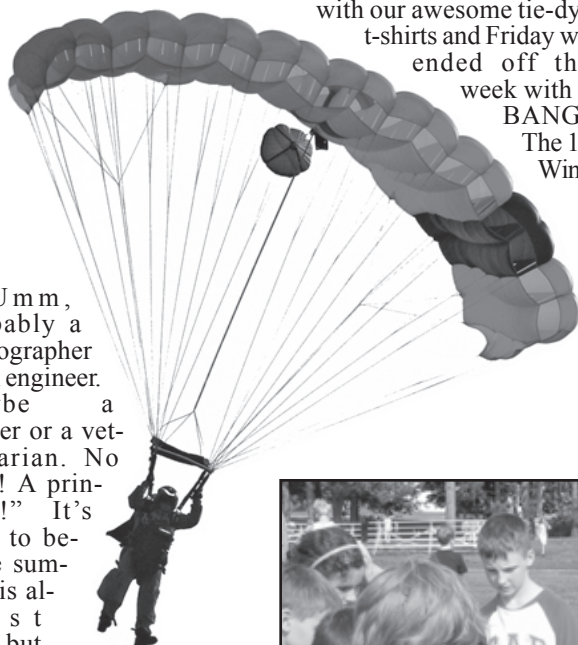
# All Grown Up!

Submitted by: Amanda Rose

ists. Thursday was all about becoming fashion designers with our awesome tie-dye t-shirts and Friday we ended off the week with a BANG! The 14 Wing

Community Centre hosted a HUGE end of the summer party for all the camper's this week with all the fixings. We're talking face-painting, cookie decorating and who could forget - the bounce kingdom! The Day Camp Staff would like to thank everyone at Sobey's for all their help, our friendly neighbourhood lifeguards for doing a great job as always, and the very cool SAR – Techs for making this week as fun as possible. Until next time campers, remember that this isn't good-bye, just see ya later and always dream big!


“Umm, probably a photographer or an engineer. Maybe a dancer or a veterinarian. No wait! A princess!” It's hard to believe summer is almost over, but the kids at the 14 Wing Day Camp are already starting to think about what their future should hold for them. We dedicated our time this week to thinking ahead to what we would all like to become when we grow up starting off the week stepping into some dancing shoes with Tasha to learn what it might be like to be a professional dancer. Tuesday we took a trip up to our local Sobey's, spatulas in hand to see what working as chef is all about before we tested our skills down in the bowling alley. The Sobey's staff led us on a very interesting tour of the store before they allowed us to take over their kitchen to make some really tasty mini pizzas for lunch. Mmmmm! Wednesday we were treated to a very special surprise when the SAR – Tech's of 413 Squadron *dropped* in for a visit & talked to us about what it's like to live the life of a search and rescue worker. We finished off the day letting the creativity flow as famous art-



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## GMFRC • Feature of the Week

### Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at Gagnon.JMC@forces.gc.ca

### Wing Welcome\*

Saturday, September 19, 2009

Childcare and tattooing at the Fitness & Sport Centre from 0900 to 1300

Chaperon for the pre-teen (1800-2000) and teen dance (2030-2230) at the Annapolis Mess

Fitness & Sport Centre for the Wing Welcome and the Annapolis Mess for the Dance  
Volunteers Needed: 12

The GMFRC is requesting your help as we are looking for volunteers to come out and help out with the annual 14 Wing Welcome. We are looking for childcare providers and face painters during the Wing Welcome at the Fitness Centre, as well as chaperones for the preteen dance and teen dance at the Annapolis Mess. Please call Janie Gagnon if you are interested in becoming part of this fun event.

## CRFMG - Publicité de la semaine

### Service de bénévolat

Coordonatrice Janie Gagnon au 765-1494 local 5938 ou courriel à Janie.Gagnon@forces.gc.ca

### Journée portes ouvertes de la Base

Samedi, 19 août, 2009

Service de garde et de tatouage au Centre sportif de 0900 à 1300

Chaperon pour la dance des préadolescents (1800-2000) et la dance des adolescents (2030-2230) au Mess Annapolis.

Au centre d'entraînement de la Base pour la journée portes ouvertes et au Mess Annapolis pour la dance.

Le CRFM recherche l'implication de bénévoles pour offrir le service de garde d'enfants et de tatouage durant que les parents inscrivent leurs enfants à des activités parascolaires. Aussi en soirée nous recherchons de bons chaperons pour surveiller la dance des préadolescents et adolescent qui aura lieu au Mess Annapolis.

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