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The Aurora

newspaper



14 Wing Personnel Deploy to Southwest Asia

On 01 December 2009 approximately 50 personnel departed 14 Wing Greenwood for a 6 month deployment in Operation ATHENA in the middle east as members of rotation 9/14 (Roto 9/14) Mission Support Squadron (MSS).

14 MSS Commanding Officer Major Glenn Watters looks back one final time and says farewell prior to boarding a chartered Boeing 757 aircraft.

(Image: Corporal (Cpl) Don Kirkwood)

By: Captain Scott Spurr
See story on page 10.



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Nancy, Ivan & Staff at
Ivan Trimper Excavating
would like to pass on their congratulations to

**Heidi Silver and the
Disney Dance Troupe**

on their acceptance to dance at Disney...

Way to go Girls!




**CONGRATULATIONS
GIRLS!**

AARON DANIELS 844-1511

Leo Glavine MLA
Kings West

*"Wishing the Disney Dance
Troupe 2010 a successful year.
May your trip be an
unforgettable experience."*



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780 Central Ave., Box 1501
Southgate Court
Greenwood, B0P 1N0



Fourteen dancers between the ages of 8 and 17 will be representing DansXpress Dance Center at Walt Disney World in Orlando, Florida in March 2010. Studio director, Rebecka Smith, will be leading this group of dancers for this chance of a lifetime opportunity to perform at Disney World. Rehearsals have already begun to produce 6 new dance numbers especially for this performance. These dancers are part of Rebecka's competitive dance program which includes over 40 male and female dancers ranging in age from 5 to 18 years of age. They perform in a wide variety of dance styles including: jazz, lyrical, modern, contemporary, ballet and tap. The girls, along with their families, have participated in several fundraisers in the hopes of raising \$15,000 for the dancers' travel expenses and costuming. Please contact Wayne Fowler, Disney Dance Troupe Fundraising Chair at 765-6557 if you would like to make a donation to help the girls achieve their goal. For more info on its school & their program visit their website at www.danspressdancecenter.com

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Ex Airwomen Visit the Greenwood Military Aviation Museum

By: Wayne Bailey and Ian Patrick

The Greenwood Military Aviation Museum's contributions to Remembrance this year highlighted "Women in the Service". A large display in the Museum included dressed mannequins in Air Force uniforms of World War II, the post-War period and the current day, as well as photos of service women at work and play. This display started 1 November and continued through the month of November. In the Museum's Centennial of Flight cabinet in the Greenwood Mall, two female mannequins, with photos and information on women in the service, have been on display since 1 October and will continue until the end of the year.

A group of ex Airwomen, who provided most of the photos on display, were visitors to the Museum 19 November and were given a guided tour of the museum by the Chairman of the Museum Society, Major General Ian Patrick (Ret). The tour prompted many memories and great stories from many of the ladies. Those in attendance were: Pauline Ryan, Liz Winchester, Jean Spencer, Olive Dunn, Fran Abbott, Jean Moore, Hazel Gould, Joan Rex, and Penny King. For more info on this group please contact Pauline at 765-6580.



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 11:00 PM – Christmas Eve Communion Service



Queen of Heaven Roman Catholic Chapel
CHRISTMAS EVE
 6 PM – Children's Christmas Eve Mass

CHRISTMAS DAY
 11 AM – Christmas Day Mass

NEW YEAR'S DAY
 10 AM – Mass: Feast of Mary, Mother of God
Holy Day of Obligation

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Air Force News - Our People

Sergeant Robert Butt - Airborne Electronic Sensor Operator

Name: Sergeant Robert Butt

Occupation: Airborne electronic sensor operator

Unit: 404 (Maritime Patrol and Training) Squadron, 14 Wing Greenwood

Years in CF: 18

As CF and Air Force personnel prepared to participate in Remembrance

Day ceremonies across Canada, there was one member in particular who was on duty that day in a very special way.

Sgt Robert Butt was the sentry commander for this year's ceremony at the cenotaph in Ottawa, and says he is honoured to have been chosen.

"To be associated with the national presentation of [the Remembrance Day

ceremony] will be pretty awe-inspiring," he says.

Watching the yearly ceremony has been a long-standing tradition for Sgt Butt's family and he undoubtedly made them proud as it was broadcast across the country on national television. "I was talking to my parents when I got accepted," he says, "and they watch it every year and my mom said that she doesn't remember ever



Sgt Robert Butt on the job at 14 Wing Greenwood. (Photo: Cpl Shane Rudderham)

A Base Personnel Selection Office Announcement



Royal Military College of Canada
Division of Continuing Studies

OPME Course On-Site Greenwood

Attention CF Members:

POE 206 Winter 2010

**The Canadian Forces and Modern Society:
Civics, Politics and International Relations**

This course addresses Canadian government and politics within a global context, discusses the impact of political culture and socialization on understandings of the nature of politics, examines the changing role of the nation-state in the context of regional integration and globalization, assesses the nature and accountability of government processes and institutions, and considers the effectiveness of institutions linking state and society. The course also examines the influence of changes within Canadian society and within the international system on the organization and operation of the Canadian military.

When: Mondays 1500 – 1800 from 22 Feb to 10 May 2010

Where: TBA

Instructor: Albert Tanguay

Registration: Deadline is 1 January 2010

To Register:

1. Complete the **on-site OPME Application Form** found at the following web address: http://www.opme.forces.gc.ca/sg-ge/doc/OPMEOn-siteApplication-2009_2010bil.pdf
2. Fax the completed registration form to Fax: (613) 540-8075
3. Regular and Reserve Force officers will be given priority. Vacancies may be filled by NCM's. Students will be selected on a first-come, first served basis until the class is full.
4. Students can expect to allocate 9 to 12 hours per week to studying.

For more information please contact the OPME Office: Sarah Dorion at 1-800-721-3901 or Verilea Warren at 765-1494 ex. 5390.

missing one. Even her parents, when they got a TV, made it a point to watch it.

"I'm very proud," he added. And he should be. The Remembrance Day Sentry Program recognizes outstanding Regular and Reserve Force personnel, and the honour is shared by only

six people each year.

"Sgt Butt's dedication to the [CF] is unquestionable," said 14 Wing Greenwood Chief Warrant Officer Jim Jardine. "The example he has always set embodies the qualities that we, as members of the Canadian Forces, value above all others."

Sgt Butt is an instructor on the CP-140 Aurora. One of his greatest rewards is seeing the students, who had no previous knowledge of the aircraft, walk out the door and be able to do the job.

Congratulations, Sgt Butt, for having been chosen for this prestigious post.

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are advertised right here in

The Aurora Newspaper

What better way to promote your business or service at its very best and get the maximum exposure to your customers.

There's no time like the "PRESENT" to book your holiday advertisements while there is still time. There are **ONLY 2 MORE ISSUES** left this year.

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In case of typographical error, the liability of "The Aurora Newspaper" is limited to a refund of the space charged for the erroneous item. In case of advertisements accepted by telephone, "The Aurora" accepts no liability for error whatsoever. Errors must be brought to the attention of editor within three (3) days after publication.

En cas d'erreur typographique l'Aurora ne s'engage à rembourser que l'espace occupé par l'article dans lequel s'est glissé l'erreur. Lorsque les annonces publicitaires sont, reçues par téléphone l'Aurora n'accepte aucune responsabilité pour les erreurs qui pourraient se glisser dans le texte.

The deadlines are as follows: 12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material MUST be typed and MUST be accompanied by the disk and hard copy, the originator's name, address and telephone number no later than 9:30 a.m. Thursday. Or E-mail us at aurora@auroranewspaper.com

12h00 pour les annonces publicitaires moins d'une demie page, le mercredi qui précède la semaine de publication. Les annonces publicitaires de plus d'une demie page ou demandant une épreuve doivent nous arriver par le mercredi à 12h00. Les documents doivent être dactylographiés et provenus avec le disque et une copie imprimée. Ils doivent aussi porter le nom, l'adresse et le numéro de téléphone de l'auteur. Ou Email: aurora@auroranewspaper.com

Promotion of Private Businesses in articles submitted for publication is not permitted except in cases of appreciation for donations where only the company name is included.

(Companies or individuals that are currently in arrears shall not be published.) Individuals or groups shall not make any offer of promotion in The Aurora Newspaper of products and/or services in exchange for donations.

La promotion d'entreprises privées soumis en forme d'articles n'est pas permise, excepté dans les cas d'appréciation pour dons ou seulement le nom de la compagnie est inclus. (Compagnies ou individus qui sont présentement en arriérés ne pourront être publiés. Les individus ou groupes ne pourront pas faire d'offres de promotions de produits et/ou de services en échange de donations dans The Aurora Newspaper. Mail Subscriptions are available at the following rates:
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B0P 1N0**



email: aurora@auroranewspaper.com
website: www.auroranewspaper.com

Closure of Catering at the Annapolis Mess

Please be advised that catering at the Annapolis Mess will be closed from December 2 through to September 1, 2010. Should this policy change, a further update will be provided.

Thank you,

The staff and management of W Food Services

Annapolis Mess Galley Closure 19 Dec 2009 - 03 January 2010

Another successful year at the Annapolis Mess has once again come round. In anticipation of the Christmas leave period, please take note that regular food services operations at the Annapolis Mess will cease after supper on December 18 and will reopen for breakfast on January 4, 2010.

The staff and management of W Food Services would like to wish all 14 Wing personnel and their families the very best for the holidays.

Business of the Week Hot Pause Tanning Studio

Tax Free holiday shopping on all in-stock lotions until Christmas



Hot Pause Tanning Studio is pleased to provide the most enjoyable tanning experience in the Annapolis Valley.

Equipped with three types of beds to choose from, our 10-minute stand ups, or the 12 or 20 minute lay down beds, our clients have the option of choosing the tanning service, which suits their needs.

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Special gift packages including gift certificates and special pricing on lotions are now available.



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DAY	DATE	GYM	POOL
WED	16 DEC	0530 - 2000	Last Day of Aquacise until Wed Jan 6
THU	17 DEC	Regular Schedule	
Customer Appreciation Day 1000 - 1200			
FRI	18 DEC	0530 - 2000	Adult Lane 1130 - 1300
SAT	19 DEC	0800 - 1900	Regular Schedule
SUN	20 DEC	0800 - 1900	Regular Schedule
MON	21 DEC	0530 - 2100	Adult Lane 1130 - 1300 Extra Casual 1300-1500
TUES	22 DEC	0530 - 2100	Adult Lane 1130 - 1300 Extra Casual 1300-1500
WED	23 DEC	0530 - 2100	Adult Lane 1130 - 1300 Extra Casual 1300-1500
THU	24 DEC	0530 - 1300	Mill/Adult Lane 0930 - 1030 Parent Tot 0930-1030 Extra Casual 1030-1200
FRI	25 DEC	Christmas Day Closed	
SAT	26 DEC	Boxing Day - Closed	
SUN	27 DEC	1000 - 1600	Adult Lane 1200 - 1300 Casual 1300-1500
MON	28 DEC	1000 - 1600	Adult Lane 1200 - 1300 Casual 1300-1500
TUES	29 DEC	0530 - 2100	Adult Lane 1130 - 1300 Extra Casual 1300-1500
WED	30 DEC	0530 - 2100	Adult Lane 1130 - 1300 Extra Casual 1300-1500
THU	31 DEC	0530 - 1300	Mill/Adult Lane 0930 - 1030 Parent Tot 0930-1030 Extra Casual 1030-1200
FRI	1 JAN	NEW YEARS DAY - Closed	
SAT	2 JAN	1000 - 1600	Adult Lane 1200 - 1300 Casual 1300-1500
SUN	3 JAN	1000 - 1600	Adult Lane 1200 - 1300 Casual 1300-1500
MON	4 JAN	Regular Schedule	



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TENDER 09-28

**MUNICIPAL RURAL
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Canning / Kingsport Waterline Extension Pereau Road to Pereau Branch

The Municipality of the County of Kings, Department of Engineering & Public Works invites sealed tenders for the Canning / Kingsport Waterline Extension, Pereau Road to Pereau Branch.

The work generally includes, but not limited to:

- Approximately 4,200 feet of 10" PVC waterline twinning;
- and associated work.

Contract documents may be obtained from the offices of Hiltz & Seamone Company Limited as of Wednesday, December 2, 2009. Documents will be provided to prospective tenderers upon the receipt of a non-refundable fee in the form of cash or certified cheque in the amount of \$150.00 payable to Hiltz & Seamone Company Limited for purchase of the documents. Firms must have purchased documents or their tender will be considered invalid.

Drawings and Specifications of the proposed work may also be examined at the office of Hiltz & Seamone Company Limited 76 Coldbrook Village Park Drive, Coldbrook, and the Construction Association in Dartmouth, 260 Brownlow Avenue, Dartmouth.

Each tender must be accompanied by a certified cheque or a Bid Bond from an acceptable bonding company payable to the Municipality of the County of Kings for ten percent (10%) of the tender sum and a Consent of Surety for the required fifty percent (50%) Performance Bond and fifty percent (50%) Labour and Material Bond.

Specific inquiries pertaining to this tender may be directed to David Bell, P.Eng., Hiltz & Seamone Company Ltd, phone (902) 678-2774, during regular business hours.

The \$111-million, six-year Canada-Nova Scotia Municipal Rural Infrastructure Fund is administered by the Atlantic Canada Opportunities Agency and Service Nova Scotia and Municipal Relations. Enterprise Cape Breton Corporation and the Union of Nova Scotia Municipalities are members of the Management Committee.

**SEALED TENDERS WILL BE ACCEPTED UNTIL
2:00PM Thursday, December 17, 2009**

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

Tel: (902) 690-6195 Fax: (902) 679-0911
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~ Battery Care ~

The battery is a common source of breakdown on the road. A battery that fails will prevent the owner from cranking and starting the car. You should perform a visual inspection on the battery anytime you have the hood up.

CAUTION: Always wear eye protection when working on a battery. Protect yourself from electrolyte splash, which can injure skin and eyes. Never smoke or create any spark around a battery or it might explode.

The first step in inspecting a battery is to look for obvious damage. Check for:

- Cracked or bulged case or cover
- Signs of electrolyte leakage
- Frayed insulation on battery cables
- Corrosion buildup on terminals and posts
- Loose or missing holding hardware

- Electrolyte level (if battery has cell vent caps)

Any physical damage to the battery indicates it must be replaced. Broken or damaged cables should also be replaced. Corrosion can be cleaned off the post and terminals, as explained later.

Inspect the top of the battery for dirt or electrolyte. Too much electrolyte on the top of the battery may be the result of overfilling. If the top of the battery is not clean, current can flow across the foreign material. This will cause the battery to discharge by itself when the vehicle is idle. Check the battery hold-down to be sure it is tight. A loose hold-down could mean the active material has vibrated off the plates.

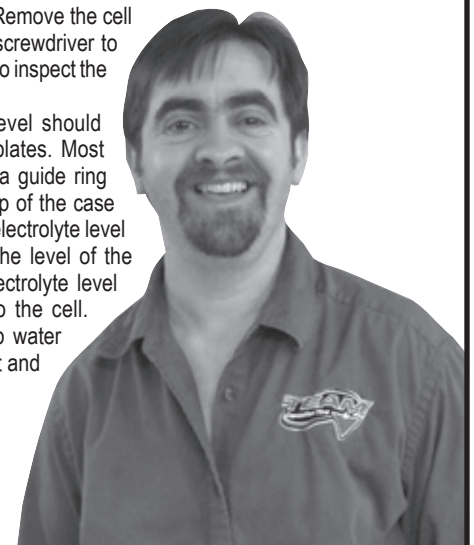
The electrolyte level should be checked monthly on older style non-maintenance-free batteries. During the warm weather driving these batteries loose water out of the cells. The higher the battery temperature

and the higher the charge rate, the more gas that is developed and the faster the water loss. Long trips in hot weather subject the cells to high temperatures and high charging rates. These conditions mean the electrolyte level must be checked often. If the water drops too low, the battery will fail to function. Older style batteries have cell vent caps.

Low maintenance batteries have a pry-off cell cover. Remove the cell vent caps or use a screwdriver to pry off the cell cover to inspect the electrolyte level.

The electrolyte level should be well above the plates. Most manufactures have a guide ring built right into the top of the case above the cell. The electrolyte level should be filled to the level of the guide ring. If the electrolyte level is low, add water to the cell. Because regular tap water may have a high salt and

mineral content, you should use distilled water. The water should be added with a plastic or rubber tool made for battery filling, not a metal funnel. A metal object could cause a short between the plates. Be sure not to overfill the cell. This would dilute the electrolyte strength and cause an acid buildup on the outside of the battery.



For more information contact Steve and his staff
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14 Wing Health Promotion Winter/Spring Programs 2010 Quit Smoking for Good and **BUTT OUT!**

Submitted by: Lisa White, Health Promotions

If you are tired of trying to beat the habit all on your own Strengthening the Forces is offering a 9 session program that has been designed for CF members and the defense team to quit smoking. Each session is approximately an hour long and the sessions are held once a week on Tuesday's at the F & S Centre from 1100-1200 hrs.

In order to register for Butt Out you must attend the information session that will be held on 12 Jan at 1100-1200 hrs at the Fitness and Sports Centre classroom. Smoking cessation medications will be made available for CF members working 180 days or more free of charge.

Alcohol, Drugs and Gambling Supervisor Training (DAOD 5019-3)

This one day supervisor training will be held on 23 Feb from 0800-1600 at the F&S Centre. The Canadian Forces (CF) Alcohol, Drugs and Gambling Education are centered on 12 training modules that cover a variety of subject areas. This one day supervisor training will be a combination of the 12 modules offered to the CF.

Basic Relationship Training Program (BRT):

BRT is a relationship enhancement program that is a research-based approach to teaching couples how to communicate effectively, prevent breakup, work as a team to solve problems, manage conflicts without damaging closeness, and preserve and

enhance love, commitment, and friendship. The BRT program will start on 11 Feb 1330-1530 at the F&S Centre. It will continue to run every Tuesday for 6 sessions.

Stress Take Charge

Stress Take charge is a two day workshop that will run 3-4 March at the F & S from 0830-1530 both days. This workshop will provide you with time to identify the stressors in your life as well as recognize the coping mechanisms that you already use, and learn more coping mechanisms so that you can incorporate them into your life. Relaxation and meditation exercises will be introduced and practiced throughout the two days so bring a blanket and pillow if you like. This is a chance for you to get away from it all, meet some new people, relax and take in some great information.

Applied Suicide Intervention Skills Training (Suicide 1st Aid):

This two-day workshop will be held 31 March-1 April from 0800-1600 at the F&S Centre. This workshop provides practical help for people seeking to prevent the immediate risk of suicide. If you know someone who is at risk of suicide this workshop will help you learn how to talk to that person, as well as what to do to help. This interactive workshop includes teaching, discussion, videos and skills practice.

Top Fuel for Top Performance (TFTP)

Strengthening the Forces will be offering a one and a half-day TFTP workshop on 15-16 April at the F&S centre from 0830-

1530 day 1 and 0830-1130 day 2. The workshop will cover the Supplements Dilemma, portion control, how to fuel your body with foods and fluids before, during and after physical activity, and time will be spent on menu planning for activity and sport competition. The TFTP book will be provided to the participants so that they can walk away with an excellent toolbox of information.

To register for any of the above programs call the 14 Wing Health Promotion offices at 765-1494 ext 5388. You can email us by visiting our webpage www.14winghealthpromotion.com.

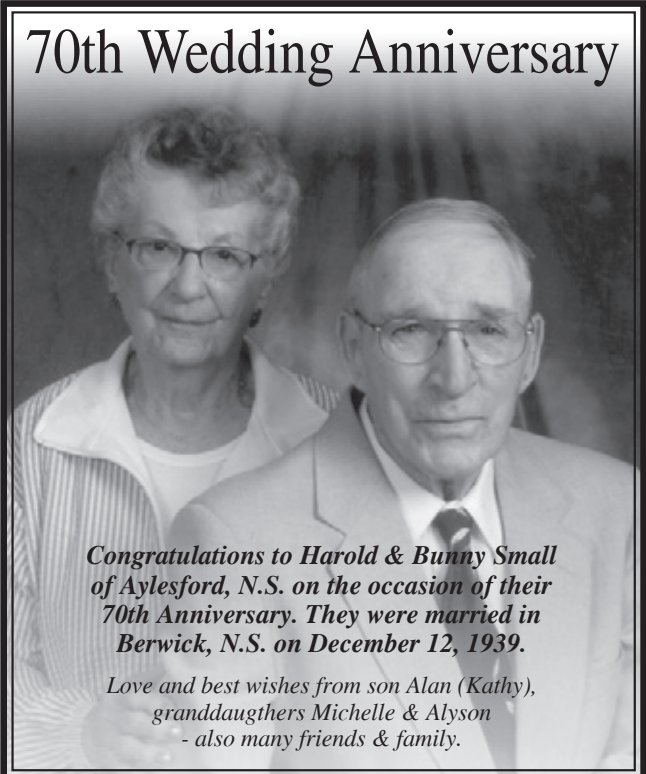
All programs and workshops are FREE and available to military members and their spouse. DND and NPF employees are also welcome to attend.

GMFRC Community Information Database

Submitted by: Nicole Godin, GMFRC Coordinator of Outreach and Community Services at 765-1494 local 5941 or Nicole.Godin@forces.gc.ca

Did you know, that at the GMFRC, we maintain a Community Information Database on programs and services available in the local communities? This database can provide you with

lists of names on local doctors, dentists, financial information, childcare services, clubs and recreation activities, government and civilian agencies, etc... The lists are always available at the reception desk and can be printed for you on request. For more information about the Community Information Database, please contact the Reception Desk at 765-5611.



70th Wedding Anniversary

Congratulations to Harold & Bunny Small of Aylesford, N.S. on the occasion of their 70th Anniversary. They were married in Berwick, N.S. on December 12, 1939.

Love and best wishes from son Alan (Kathy), granddaughters Michelle & Alyson - also many friends & family.



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NOTICE

GREENWOOD
1770
NS

VILLAGE OF GREENWOOD

CHRISTMAS HOUSE DECORATING CONTEST

The Village Commissioners of Greenwood invite residents of the village to help the village shine this holiday season by participating in a Christmas House Decorating Contest.

Judging will take place on December 19th and prizes for 1st, 2nd and 3rd place winners will be awarded at the village office on December 22.

Bravo Zulu • 14 Air Maintenance Squadron

A strong contingent of 14 Air Maintenance Squadron took an afternoon to trade CADPAT and coveralls for the blue dress uniform, in order to celebrate the accomplishments of its members in style. Recognition was given to individuals for their service to the CF, for dedication to their development, and for exemplary performance of their duties (and beyond). 14 AMS as a whole was recognized by 405 Squadron Commanding Officer Lieutenant Colonel Irvine for their outstanding

effort in contributing to the Airborne Mapping Unit mission. The Airborne Mapping Unit generated invaluable imagery to support the ongoing mission in Afghanistan. 14 AMS personnel had their hand in the success of the mission, going back to assistance with the prototype fit of the mission kit in 2008, through to deploying personnel to support the detachment of CP140 aircraft using the system over Afghanistan in 2009. Well done to all involved!



Cpl Denis Turcotte is awarded the CD from LCol Flynn, CO 14AMS.



MCpl Stephen Phillips is awarded the CD from LCol Flynn, CO 14AMS.



Cpl David Michaud accepts the CD from LCol Flynn, CO 14AMS.



MCpl Matthew Leblanc receives the CD from LCol Flynn, CO 14AMS.



MCpl Philippe Maynard receives the CD from LCol Flynn, CO 14AMS.



MCpl David Penney receives the CD from LCol Flynn, CO 14AMS.



LCol Flynn, CO 14 AMS and CWO Pitman, SCWO 14 AMS, accepted this certificate on behalf of the technicians of 14 AMS, from LCol Irvine, CO 405 Squadron, and CWO Houston, SCWO 405 Squadron. The citation on the certificate reads:

Presented to the technicians of 14 AMS Greenwood for their outstanding effort during the Long Range Patrol Squadron/Mapping and Charting Establishment Imaging Detachment. In Support of Op Athena - Afghanistan (April 25th - June 28th, 2009). The certificate is proudly displayed in the AMO section of 14 AMS at 11 Hangar.



LCol Flynn, CO 14 AMS performs his inspection of the parade members.



LCol Flynn, CO 14 AMS presents 14AMS Safety Award to Cpl Desruisseaux.



Cpl Thompson receives his accelerated promotion from LCol Flynn, CO 14 AMS.



LCol Flynn, CO 14 AMS presents the CO's Commendation to MCpl Nyenhuis and Cpl Nearing for their valiant efforts upon their arrival at the scene of an accident.



MCpl Crowell receives CO's Commendation from LCol Flynn, CO 14 AMS in recognition of outstanding dedication and professionalism in the support given to PMO Aurora Texas Detachment and L-3 Comm-Integrated Systems.



LCol Flynn, CO 14 AMS promotes Cpl Park.



Capt Scherr is presented Canadian Defence Academy - Certificate of Completion of OPME from LCol Flynn, CO 14 AMS.



LCol Flynn, CO 14 AMS awards MCpl Parnell with the 14 AMS Technician of the Quarter, for the second quarter of 2009.

This Christmas Give the Gift of Wellness at the Annapolis Valley Wellness Centre

This Christmas give the gift of wellness the symptom and search for the cause. We with our massage therapists Kailey, Kasia and Hilda at the Annapolis Valley Wellness Centre. will empower our patients to make educated changes in their body to stay healthy & strong for life!

Stress, tension, and repetitive strain all have negative impacts on the body and mind. These effects can have serious consequences such as chronic pain, reduced range of motion, decreased circulation, painful or tight muscles to name a few. Annapolis Valley Wellness Centre strives to help clients reach their optimal health through caring, comprehensive treatment modalities. We treat past



Our vision is to enhance relaxation and support each individual's healing process. With many years of hands-on experience, we are able to assess each client as an individual and create a unique treatment plan to address each client's specific needs. You will leave Annapolis Valley Wellness Centre feeling restored, relaxed and renewed - ready to take on the rest of your day.

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14 Wing Personnel Deploy to Southwest Asia By: Captain Scott Spurr

Cover story.
Close to 100 personnel from 14 Wing Greenwood's Mission Support Squadron (MSS) deployed to a forward operating Base in Southwest Asia on Tuesday, December 1, and also on Sunday, December 6, 2009. The six month deployment is to support the military mission at the Kandahar Airfield located in Afghanistan and is part of Canada's commitment to Operation ATHENA, the

ongoing international mission to fight terrorism. The 14 MSS personnel have been training for the mission for the past several months in such locations as Wainwright, Alberta. The Squadron is made up of a variety of personnel from support occupations within in the Wing such as airfield engineers, supply technicians, cooks, resource management clerks and a variety of other specialized technical

occupations. Once the personnel land at their Base, there will not be much time to get use to their surroundings as they will be thrust right into their jobs. The biggest challenges will be dealing with the heat and humidity which can reach up to 45 degrees Celsius and working in excess of twelve hours per day.

The deployment will be a challenge and incredibly busy as they will have to deal with aircraft maintenance, VIP visits, regular re-supply flights into Kandahar, and the various troops that will be coming and going from the Base back to Canada and onto Afghanistan.

Yet, the members of 14 MSS are excited and looking forward to the challenge and to make sure they do everything within their power to support the men and women currently serving in Afghanistan. It is a chance of a life time and they cannot wait to start!

GMFRC • Feature of the Week

Employment and Education Services
Coordinator: Kristen Lawson at 765-1494 local 1816 or email kristen.lawson@forces.gc.ca.

Quick and Easy Appetizers for Holiday Entertaining

Thursday, December 17, 2009
6:00 p.m. – 8:00 p.m.
Sobeys Community Room
Cost: \$15.00
Registration Deadline: Monday, December 14, 2009

Tired of bringing the same old dish to your holiday parties? Come and join us for an evening of fantastic food where we will learn how to make 6 quick and easy appetizer recipes that will make you the envy of your friends and family this holiday season! For more information or to register please contact 765-5611.

Holiday Flower Arranging
Tuesday, December 8, 2009
6:00 p.m. – 8:00 p.m.
GMFRC Classroom 2
Cost: \$30.00 (Arrangement is a \$60.00 VALUE)
Registration Deadline: Monday, December 7, 2009

Looking for the perfect new holiday accent to add to your home – what don't you design it yourself? Come and join us for a great time in our Holiday Flower Arranging Class, where a local florist will come and show us step by step how to complete a beautiful centerpiece that is tailored completely to you! For more information or to register please contact 765-5611. For deployed family members, there are spots available at no cost to you, contact your Deployment Coordinator for more information.

GMFRC Feature of the Week

Deployment Services
Coordinator: Ann Gaudet at 765-1494 local 5583 or email Ann.Gaudet@forces.gc.ca

Holiday Flower Arranging

Tuesday, December 8, 2009
6:00 p.m. to 8:00 p.m.
GMFRC

Deployment Services has teamed up with Employment Education Services to offer you holiday flower arranging. Come out and make a beautiful holiday flower arrangement for your home. We have a local florist coming in to teach us how to create a beautiful arrangement. The value of this beautiful arrangement is \$60; we have reserved four spaces for deployed family members at no charge to you. When you register please identify yourself as being a deployed family member. Register early as spaces are limited and are sure to fill up quickly. Deadline for registration is December 7, 2009. For more information and to register please call 765-5611.

In loving memory of our Dad

Raymond Allen,
who passed away Dec 12, 2002

*Our hearts still ache in sadness,
Our silent tears still flow.
For what it meant to lose you Dad,
No one will ever know.*

*The ones we love..we never lose,
For always they will be
Loved, remembered and treasured,
For all eternity.*

*Forever your daughters...
Sandra, Rose, Mary*



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Financial Services Manager

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Government Retire Your Ride Incentive \$300

Total Price Adjustment **\$10,300**
If recycling 1995 or older vehicle



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of additional incentives over and above those currently offered when combined with the \$300 available from the Canadian Government's Retire Your Ride program. Incentives range from \$1000 to \$3000. Visit ford.ca for details.



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Purchase financing and lease offers include freight and air tax, but exclude license, fuel fill charge, insurance, PPSA, ["Stewardship Ontario Environmental Fee" for Ontario and National ads] registration, administration fees and all applicable taxes. These offers are subject to vehicle availability and may be cancelled at any time without notice. Dealer may sell or lease for less. Limited time offers. Some conditions apply. See your Ford Dealer for complete details. †Purchase finance or lease an eligible new 2010 Ford or Lincoln vehicle through Ford Credit between November 3, 2009 and January 4, 2010 and get first monthly payment paid up to a maximum amount of \$500/\$750/\$1,000/\$1,250/\$1,500 per eligible 2010 Ford (Focus, Fusion, Mustang excluding GT500, Taurus, Escape, Ranger, Transit Connect) / (Edge, Flex, Explorer 4Dr, Explorer Sport Trac, E-Series) / (Expedition, F-150 excluding SVT Raptor, F-Series SuperDuty excluding F450-F550 chassis cabs, Lincoln MKZ, Lincoln MKS, Lincoln MKX / (Lincoln MKD) / (Lincoln Navigator). Offer not available to cash purchase customers. Offer is only available OAC from Ford Credit. A, X, Z, D, F plan customers are eligible. Not combinable with Commercial Fleet Incentive program, CPA, GPC or Daily Rental Allowances. On applicable vehicle lines this offer can also be combined with the Commercial Connection Program. Rainchicks are only available on the purchase or lease of offer eligible vehicles and the vehicles must be factory ordered during the program period. Vehicles must be delivered on or before January 4, 2010. This offer can be used in conjunction with most retail consumer offers made available by Ford of Canada at either the time of factory order or delivery, but not both. *Receive 0% APR purchase financing on all new 2010 Ford (Focus (excluding S) / Fusion (excluding S and Hybrid) / (Mustang (excluding Value Leader and GT500) / Edge (excluding SE) / Flex (excluding SE)) models for a maximum of 48/60 months to qualified retail customers, OAC from Ford Credit. Not all buyers will qualify for the lowest APR payment. Eg., \$20,000 purchase financed at 0% APR for 48/60 months, monthly payment is \$416.67/\$333.33, cost of borrowing is \$0 or APR of 0% and total to be repaid is \$20,000. Down payment on purchase financing offers may be required based on approved credit. †\$0 due at signing, when leasing or purchase financing, offers include freight and air tax, but exclude license, insurance, fuel fill charge, registration, PPSA, administration fees and all applicable taxes. Freight and air tax charges to be included in the total amount to be financed. Excluded variable charges can be amortized over a purchase financing term, but are required up front charges for lease customers. See your Ford Dealer for complete details. †\$0 Security Deposit on the lease of most new 2010 Ford vehicles (excluding 2010 Ford Shelby GT 500, Transit Connect, E-Series Cutaway, F-150 Raptor, F-350 Chassis Cabs Gas & Diesel Engines, F-450 & F-550 Chassis Cabs Gas & Diesel Engines) effective November 3, 2009 through January 4, 2010. Security Deposit may be required by Ford Credit based on customer credit terms and conditions. Receive (\$500)/(\$1,000)/(\$2,000)/(\$1,500)/(\$2,000)/(\$2,500)/(\$3,000)/(\$3,500)/(\$4,000)/(\$5,000)/(\$7,000)/(\$8,000) in price adjustments when you cash purchase, purchase finance or lease a new 2010 Ford (Focus S/Transit Connect)/(Fusion Hybrid/Taurus/Explorer 4 door/F450-F550 Chassis Cabs Gas Engine) / (Ranger Regular Cab FEL) / (Escape Hybrid/F-350 Chassis Cabs / F450-F550 Chassis Cabs Diesel Engines) / (Ranger SuperCab XL and Regular Cab non-FEL) / (Fusion S) / (Edge SE / Escape non-Hybrid/Flex SE / Expedition) / (Mustang V6 Value Leader) / (Ranger SuperCab non-XL) / (Explorer Sport Trac/F-150 Regular Cab) / (F-150 SuperCab/F-150 SuperCrew) / (F-250 - 450 non-chassis cabs) models. *Purchase a new 2010 Ranger Regular Cab FEL / Escape XLT 14 Manual for \$14,499/\$22,999 after exclusive Canadian delivery allowance of \$2,000/\$3,000. Taxes payable on full amount of purchase price before delivery allowance deducted. \$1,500 freight and air tax included. Offer excludes license, insurance, registration, PPSA, administration fees and all applicable taxes. ***In order to qualify for the Ford Recycle Your Ride incentives, you must qualify for the Government of Canada's "Retire Your Ride Program" and you must turn in a 1995 model year or older vehicle that is in running condition and has been properly registered and insured for the last 6 months (12 months in B.C.). Upon government confirmation of vehicle eligibility under the "Retire Your Ride Program", Ford of Canada will provide additional incentives towards the purchase or lease of a new 2009 or 2010 Ford or Lincoln vehicle in the amount of \$1,000 (Focus, Fusion, Fusion Hybrid, Mustang, Taurus, Transit Connect, Ranger), \$2,000 (Escape, Escape Hybrid, Edge, Flex, Taurus X, Explorer, Sport Trac), and \$3,000 (F150, F250-550, E-Series, Expedition, MKZ, MKS, MKX, MKT, Navigator). If you qualify, the Government of Canada will provide you with \$300 cash or a rebate on the purchase of a 2004 and newer vehicle as part of their Retire Your Ride program. These Ford Recycle Your Ride incentives are only in effect from September 2nd to November 2nd, 2009. Ford Recycle Your Ride incentives will be applied after taxes. Ford Recycle Your Ride incentives can be used in conjunction with most retail consumer offers made available by Ford of Canada at either the time of factory order or delivery, but not both. Ford Recycle Your Ride incentives are raincheckable. Ford Recycle Your Ride incentives are not available on any vehicle receiving Competitive Price Allowance or Government Price Concession, Fleet Delivery Allowance, or Daily Rental Incentives. By participating in this program you will not be eligible for any trade-in value for your old vehicle. The Government of Canada's "Retire Your Ride Program" is not available to residents of Northwest Territories, Yukon or Nunavut and, therefore, Ford Recycle Your Ride incentives are also not available to residents of North West Territories Yukon or Nunavut. Other provincially specific rewards may be available in association with the government's "Retire Your Ride program", for more information visit retireyourride.ca. Limited time offer, see dealer for details or call the Ford Customer Relationship Centre at 1-800-565-3673. ©2009 Ford Motor Company of Canada, Limited. All rights reserved. ▼Estimated fuel consumption ratings based on Transport Canada approved test methods. Vehicles equipped with 5-speed manual transmission. Actual fuel efficiency may vary based on driving conditions, vehicle load, and certain vehicle accessories. Midsize class per R.L. Polk & Co. (U.S.) / Intermediate per R.L. Polk Canada, Inc. (Canada). ■ Safety ratings based on Insurance Institute for Highway Safety (IIHS). Top Safety Picks historical data from 2006 to 2009 and on the National Highway Traffic Safety Administration's (NHTSA) historical five-star crash test ratings. Government star ratings are part of the NHTSA's New Car Assessment Program (www.safercar.gov). *\$4.4 %/51.3% of all new compact pick-up trucks sold in Atlantic Canada/Canada (NB, NF, NS, PE) in 2008 were Ford Rangers based on R.L. Polk Canada, Inc. vehicle registrations, January 2008 through December 2008. **Based on 2002-2008 Fuel Consumption Guide Data published by Natural Resources Canada for the 2.3L 4 cylinder 5-speed manual transmission Ford Ranger FEL Model. Dealer may sell or lease for less. Factory order may be required. Limited time offers. Offers may be cancelled at any time without notice. Some conditions may apply to the Graduate Recognition Program. See Dealer for details. 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Employeur : Association Francophone de la Vallée de l'Annapolis et organismes affiliés, Centre Communautaire Point de Mire, 6 chemin Bedford, (C.P. 1778), Greenwood (Nouvelle-Écosse) B0P 1N0

Le candidat \ la candidate doit être bilingue, avec un excellent niveau de français écrit.

En liaison constante avec le Conseil d'administration et le bureau de direction, le directeur/ la directrice doit faire preuve de capacités d'organisation et d'administration de bureau, de compétences en programmation (événements et rencontres), de capacité en gestion régulière de finances et en préparation de demandes de fonds. Une capacité de gestion en ressources humaines pour la direction de stagiaires est un atout.

En liaison constante avec les membres du bureau de direction, le directeur/la directrice élabore les grandes lignes de la programmation et en assure toutes les étapes de réalisation. Il/elle prépare les demandes de subvention et s'assure du suivi des dossiers. Des compétences en gestion informatique de finances et en préparation de documents comptables sont un atout. On s'attend cependant à ce que le directeur/la directrice collabore aussi activement à la mise sur pied d'événements culturels et communautaires avec l'AFV comme avec ses organismes affiliés (Garderie Le Tourmesol, radio communautaire, Conseil des Arts et de la Culture, site@CAP de Greenwood). La direction est responsable également de la bonne coopération avec les organismes provinciaux et les agences de tous niveaux de gouvernement. Une bonne connaissance de la région (de Windsor à Annapolis Royal) est un atout.

Veillez envoyer une lettre de candidature accompagnée de votre curriculum vitae ainsi, le cas échéant, que de références, dans une enveloppe scellée à l'adresse suivante :

Association Francophone de la Vallée de l'Annapolis (AFVA)
a/s Hélène Lavigne, présidente
C.P. 1778
Greenwood, Nouvelle-Écosse B0P 1V0

Vous pouvez également soumettre votre CV en document attaché, le cas échéant, avec un courriel d'accompagnement, à l'adresse électronique suivante :

afv@scolaire.ednet.ns.ca

Pour tous renseignements concernant l'organisme, vous pouvez consulter le site Web suivant :

http://afva.ca/

GHRC Christmas Party Open House

December 19th from 1:00 p.m. – 3:00 p.m. Greenwood Horse and Recreational Club will be hosting an open house Christmas party for the community. There will be a variety of fun activities for the whole family including wagon rides and pony rides. Children will have the opportunity to paint a Christmas ornament to hang on the barn tree, make homemade horse treats and view the results of the stall decorating contest. Refreshments of cookies, hot chocolate and apple cider will be provided to everyone. Come on out and enjoy "Christmas at the barn".

Update on recent events at the barn
October and November were busy months at GHRC. In October we hosted two clinics, Internationally re-nown Terry Myers from Ohio, and local clinician Bowie Langille. Both events were well attended

and participants had a great time and learning experience. The annual Halloween show was held on November 1st and brought a wild assortment of costumed horses and riders. Best costume went to Crystal Tupper and her horse Misty who were attired as Batwoman and BatHorse - complete with batwings! November 29th, Emily Lazar hosted a Jumper Training day. Horses and riders new to the sport received instruction and an introduction to jumping, those who had experience had fun challenging themselves and their horses over a variety of courses. Everyone had a great time. We hope to repeat this event in January 2010 - more to follow on this.

The barn is full with 28 horses on site keeping staff extremely busy. Volunteers have been hard at work replacing fences



Cathy Thomas on Sassy. (Photo submitted)

and installing rubber mats to prepare the facility for the winter. Special thanks to Billy and to Jeff Smith for all your hard working efforts.

Ongoing activities at the barn include our lesson program and birthday

parties. Lessons are held on Monday, Wednesday, Thursday evenings and Saturday morning with limited openings still available. Cost of lessons is \$25.00 private or group. Birthday parties can be booked year round and are a huge hit with the kids. Cost for a party is still only \$80.00 and always a great time.

Upcoming events include, working with problem horses presented by clinician Gordon Searle from Alberta scheduled for February 6, 2010 and, a clinic with Bobbie-Lynn Bezanson is scheduled for April 2010. Discussions are currently underway to present a clinic with a well known jumping coach early in the New Year. More to come on this and look for the early updates.

For more information on any of the events and activities listed here call GHRC @ 765-2310.

ARE YOU A VETERAN OF THE SECOND WORLD WAR AND WOULD LIKE TO SHARE YOUR STORY OF SERVICE?

THE MEMORY PROJECT: STORIES OF THE SECOND WORLD WAR is providing every living Second World War veteran with the opportunity to share their memories through interviews and digitized memorabilia. These stories will be shared with Canadians through an extensive online digital archive at:

WWW.THEMEMORYPROJECT.COM

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If you're interested, or know a veteran who would be interested in this project, please contact us toll free at:

1.866.701.1867

or by email: memory@historica-dominion.ca



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Come and meet one of our recruiters.

WHEN: Monday, December 14, from 1 p.m to 5 p.m.
WHERE: Greenwood Military Family Resource Centre, School Road, Greenwood

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Venez rencontrer un agent de recrutement.

QUAND: Lundi 14 décembre, de 13 h à 17 h
OÙ: Centre des ressources aux familles militaires de Greenwood School Road, Greenwood

COMBATTEZ AVEC LES FORCES CANADIENNES

FORCES.CA

1-800-856-8488

JOIN US ENGAGEZ-VOUS



GMFRC is Proud to Introduce our New Logo



Submitted by Nicole Godin, GMFRC Outreach and Community Information Services at 765-1404 local 5941

On behalf of our Board of Directors and staff, we are very pleased to present our new GMFRC logo to our community. We believed it was time to update our logo to reflect the changes over the years. Our mission was to represent our families, 14 Wing Greenwood, and the Military Family Services Program.

You will see our new logo on all our advertising and promotion and we hope it will become recognized and associated with the Greenwood Military Family Resource Centre (GMFRC). We would like to thank Todd Graphics from Annapolis Royal for capturing the intent and meaning we hoped for in our new logo.

This logo incorporates the blue background to represent our Air Force; the yellow ribbon "family" shows our support for our troops and for the military families we serve; the maple leaf represents our wonderful Country; and finally, the red road to brand with our MFSP campaign: "Military Families: Strength Behind the Uniform".

2009 Project Red Ribbon Campaign

Greenwood Mall,
Greenwood, Nova Scotia
- Ribbon cutting launch
of the Mothers against
Drunk Driving (MADD)
2009 Project Red Ribbon
Campaign.

*(L-R) Acting 14 Wing
Chief Warrant Officer,
Chief Warrant Officer
Matthews, 14 Wing
Commanding Officer,
Colonel W. Seymour
and Jennie Bignell,
President Bay of Fundy
Nova Scotia Chapter
of MADD Canada
start the campaign by
cutting a cake.*

(Image: Corporal I
Thompson)



Purchase a Fresh Value Meal Deal and receive a ballot for a chance to win a \$50 Gift Card



Draw Date: December 22, 2009
Valid at Middleton and Greenwood Subway locations only.




Season's Greetings
Foyeuses Fêtes



1-800-267-6681 • www.sisip.com • Greenwood: 902-765-6714

Winter Carnival 2010

February 4-6

Schedule of Events



**14 ERE
14 WING
GREENWOOD
WINTER CARNIVAL
CARNAVAL D'HIVER
Feb/Fév 4-6 2010**



For the past few months, the Winter Carnival Committee has been planning the Winter Carnival 2010 which will take place from the 4 to 6 Feb inclusively. This year's theme is based upon the 2010 Olympic Winter games with each of the four teams representing a winter sport.

14 Wing members will split into four teams, being their respective Messes. It will go as follows:

Team composition	Team theme	Color	Home Base
Civilians	Bobsledding	Yellow	Back Bar
Junior Ranks	Hockey	Forest green	Club Copri
Sr NCO & WOs	Biathlon	Fire Truck Red	Argus Lounge
Officers	Curling	Navy Blue	Ad Astra Lounge

By purchasing your Winter Carnival keychain for only \$10.00, you will have access to all of the weekend events, including dances, the lip sync competition and other activities such as a pancake breakfast and a movie at the Zedex. In addition, those who purchase the keychain will also have their names entered in a draw for a chance to win a Snow Blower, Large Screen Television, and a \$500 CANEX gift certificate. As always, all are invited to come out and participate in this 14 Wing tradition.

Important dates to mark on your calendar:

- Beard growing contest starts on 4 Jan which all proceeds collected for charity;
- 15 Jan 09, Winter Carnival PEP Rally / Newfoundland hospitality night;
- Hockey tournament from 1st to 4th Feb;
- Opening ceremonies on 4th Feb.

Winter Carnival chairperson
Maj J.L.M. Cécyle



DATE	EVENT	LOCATION
Tues 05 Jan 10	Beard growing contest Report to Unit/Squadron WO on 04 Jan 10 clean shaven \$5.00 Donation to charity	Various Units
Fri 15 Jan 10	Pep Rally (50/50 Draw, Door Prizes) TGIF Menu tbd by mess committee Entertainment: Main Lounge –Down East Music Kiss the Cod, Newfie Theme WComd Leadership Challenge - Dress the Commander	Annapolis Mess Annapolis Mess
Mon & Tues 01-02 Feb 10	Hockey Tournament Round Robin (four games Monday and two games Tuesday)	Greenwood Gardens
Wed 03 Feb	Hockey Tournament Semi-Finals	Greenwood Gardens
Thu 04 Feb	Ice Painting WComd's Revenge, Pool Relay Race Ice Painting and Beard Growing Contest Judged Opening Ceremonies – WCWO will MC Labatt Cup Hockey Tournament Final Game	Greenwood Gardens F&S Centre (Pool) Greenwood Gardens Greenwood Gardens Greenwood Gardens
Fri 05 Feb	Aircraft Sled Pull Egg Toss Blow Ball (JRM), Cribbage and Euchre (WOSM), Crud (OM), Darts (The Back Bar) Blind Volleyball Bowling Curling Lip Sync Contest Mess Entertainment in Main Lounge – Band (50/50 Draw and Door Prizes)	Baseball Diamond Baseball Diamond Annapolis Mess F&S Centre (Gym) Bowling Alley (CC) Greenwood Gardens Annapolis Mess Annapolis Mess
Sat 06 Feb	Pancake Breakfast Free Family Games Escapades Closing Ceremonies – Rod Reeves will MC Free Family Movie – two showings - 1300 and 1500 Free Family Skate Mess Entertainment in Main Lounge – Laser Light Show	Annapolis Mess Community Centre Greenwood Gardens Greenwood Gardens ZEDEX Theatre Greenwood Gardens Annapolis Mess



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Send your articles and photos to: aurora@auroranewspaper.com



Olympic Spirit

The Children from Morfee Annex Nursery School English program were all set to welcome the Olympic torch as it made its way through Greenwood on Nov.20/09. For more information on our programs, please contact Maurina Duret at 765-1494 local 5301 or stop by the Community Centre and pick up a brochure.



Delicious international flavours in a venue of country elegance, perfect for New Years celebrations in the Heart of the Annapolis Valley.

The \$40.00 per person New Years Eve three course menu has a diverse range of exciting dishes, including tender braised veal shank, Tandoori Chicken, Potato crusted Halibut, and your choice of a sinful dessert all prepared by Chef Jon Howes.

While dining enjoy the smooth sounds of Frank Dobbin on the keyboard. This year we are offering an early and a later sitting, closing at 9:30 p.m.

Reservations and preorders only before December 24.

Visit www.falcourtinn.ns.ca for the complete menu or call 825-3399.

Falcourt Inn
8979 Highway 201, Nictaux




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While shopping for Christmas, stop into Abatement Massage Therapy Clinic

Pick up a Gift Certificate for that hard to buy for person

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Jenna Daniels, RMT
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Enchanted Evening
Semi-Formal Dance

December 18

come dressed in your best!

Pre-teen: 6-8pm \$3
Teen: 8:30-11:30pm \$4

Community Centre




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Second Language Service Learning and Career Centre

Coordinator / Coordonnatrice: Janie Gagnon at / au 765-1494 local / poste 5938 or email / courriel : janie.gagnon@forces.gc.ca

GMFRC Second Language Training (Winter Session 2010)

Dates: Tuesday, January 12, 2010 to Friday, March 26, 2010

Duration: 10 weeks for a total of 60 hours (three hours twice a week)

Location: Birchall Centre on the Base, 2nd floor.

Cost: For military spouses, Canadian Forces members, and dependants over 14 years of age: \$50.00 refundable upon completion of 85% of classes

All other participants: \$100.00 (Free childcare is offered to Military Families during

GMFRC casual childcare hours)

Registration deadline: Before Thursday, January 07, 2010 at the GMFRC reception.

Limit of 10 students per class – register early to avoid disappointment!

Placement Test: Contact Sheila Dubé at 765-1494 ext. 5230

Other Information: We need minimum of 5 military spouses or military members to start a class.

Registration Phone: Reception 765-5611

Schedule: Subject to change depending on registrations and students needs

Let us know the language you want to learn, the level, and your availability, we will try to do our best to accommodate you.

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-12:00	Not available	Not available	English Module 4&5	Not available	English module 4&5
			French Module 1		French module 1
1300-1600	Not available	Open depend on registration	French Module 5	Open depend on registration	French Module 5
			English Module 1		English Module 1
1800-2100	Not available	French module 2	Not available	French module 2	Not available

Cours de langues secondes

Dates: Mardi, 12 janvier 2010 au vendredi, 26 mars 2010

Durée: 10 semaines pour un total de 60 heures (trois heures, deux fois par semaine).

Endroit: Centre Birchall

Coûts: Pour les conjoint(e)s des membres des FC, dépendant(e)s de militaires qui ont 14 ans et plus, et membre des FC, 50\$ remboursable après avoir complété au moins 85% du cours.

Pour les autres participants: 100\$

(Garderie offerte gratuitement pour les familles militaires durant les heures d'ouverture du service de

garde du CRFMG)

Date limite d'inscription: Avant le jeudi 07 janvier 2010 à la réception du CRFMG.

Seulement dix étudiants par classe – inscrivez-vous le plus tôt possible!

Test de Placement: Contacter Sheila Dubé au 765-1494 poste 5230

Autres Information: Un minimum de 5 étudiants militaires ou épouses de militaires requis pour débiter une classe.

Téléphone: Réception 765-5611

Horaires: Sujet aux changements afin de répondre aux demandes des étudiants.

	Lundi	Mardi	Mercredi	Jeudi	Vendredi
0900-1200	Non disponible	Non disponible	Anglais Module 4&5	Non disponible	Anglais Module 4&5
			Français Module 1		Français Module 1
1300-1600	Non disponible	Ouvert dépend des inscriptions	Français Module 5	Ouvert dépend des inscriptions	Français Module 5
			Anglais Module 1		Anglais Module 1
1800-2100	Non disponible	Français Module 2	Non disponible	Français Module 2	Non disponible

“People working together to foster a learning culture – within the Defence Team – many places, many ways.”

LCC Upcoming Workshops

DECEMBER 2009

- 8 Power Point Level 1 (no cost) • 1 day
- 9 Outlook Basics (no cost) • ½ day
- 10 Outlook Contacts & Calendar (no cost) • ½ day
- 10 You and Change • 1 day
- 15 Diversity & Employment Equity for Managers and Supervisors • 1 day
- 15 Word Level 2 (no cost) • 1 day
- 17 Front Page Level 2 (no cost) • 1 day

JANUARY 2010

- 5 Word Level 1 • 1 day
- 6 Access Level 1 • 1 day
- 7 Balancing Work and Personal Life • 1 day
- 7 Power Point Level 1 • 1 day
- 19 Excel Level 1 (Part 1 of 2 • ½ day, morning)
- 20 Excel Level 1 (Part 2 of 2 • ½ day, morning)
- 21 Access Level 2 • 1 day
- 26 Power Point Level 2 • 1 day
- 27 Outlook Contacts & Calendaring • ½ day, morning
- 28 Excel Level 2 • 1 day

FEBRUARY 2010

- 1 Excel – Database Functions • ½ day, morning
- 2 Visio Level 1 • 1 day
- 09-11 Effective Presentations • 3 days
- 9 Excel Level 1 (Part 1 of 2 • ½ day, morning)
- 10 Excel Level 1 (Part 2 of 2 • ½ day, morning)
- 11 Front Page Level 1 • 1 day
- 16 Publisher – Creating Flyers & Newsletters • 1 day
- 17 Word – Mail Merge and Large Documents • ½ day, morning
- 18 Civilian Performance Planning & Review CPPR • ½ day
- 18 Personal Learning Plans (PLP) • ½ day
- 18 Intro to Windows XP • 1 day

- 23 Front Page Level 2 • 1 day
- 24 Intro to Internet and Email • 1 day
- 25 Excel Level 2 • 1 day

MARCH 2010

- 1-5 Instructional Techniques • 5 days
- 1 File Management, ½ Day, morning • ½ day
- 2 Excel Level 1 (Part 1 of 2 • ½ day, morning)
- 3 Excel Level 1 (Part 2 of 2 • ½ day, morning)
- 4 Access Level 1 • 1 day
- 9 Word Level 1 • 1 day
- 10 Outlook Contacts & Calendaring • ½ day, morning
- 11 Excel Level 2 • 1 day
- 23 Access Level 2 • 1 day
- 24 Word – Creating Brochures • ½ day, morning
- 25 Excel Level 3 • 1 day
- 29 Power Point Level 1 • 1 day
- 30 Civilian Performance Planning & Review CPPR • ½ day
- 30 Personal Learning Plans (PLP) • ½ day
- 30 Access Level 3 (Part 1 of 2 • ½ day, morning)
- 30 Access Level 3 (Part 2 of 2 • ½ day, morning)

APRIL 2010

- 08 Defence Ethics
- 12-13 Interpersonal Communication Skills • 3 days
- 16 Prior Learning Assessment (PLA), Day 1 of 10 • 1 day
- 20 Effective Meetings • 1 day
- 23 Prior Learning Assessment (PLA), Day 2 of 10 • 1 day
- 28 Myers-Briggs Type Indicator (MBTI) • 1 day
- 30 Prior Learning Assessment (PLA), Day 3 of 10 • 1 day

MAY 2010

- 07 Prior Learning Assessment (PLA), Day 4 of 10 • 1 day
- 11-12 New Employee Orientation • 1.5 days
- 12 Future Planning (Civilian Employees under age 45) • 1 day



THE MUNICIPALITY OF THE COUNTY OF KINGS
87 Cornwallis Street,
PO Box 100
Kentville, Nova Scotia B4N 3W3

NOTICE TO RESIDENTS

WINTER PARKING AND SNOW REMOVAL

The Municipality of the County of Kings would like to remind its residents that in accordance with Section 139 of the Motor Vehicle Act and Section 318 (1c,d) and 318 (5) of the Motor Vehicle Act, the following is prohibited and will be enforced by the local police force.

Parking or leave standing a vehicle, attended or unattended, on a street or part thereof which interferes or obstructs snow removal during or after a snow storm, or in any way obstructs winter maintenance, i.e. salting. And, further to this snow cannot be plowed across any streets or onto public sidewalks. Snow shall be stored on the property being cleared or hauled away and dumped in an approved location. Where an obstruction is a structure of any kind, the engineer may require the owner of the structure to remove the structure from the street within such time as the engineer specifies

If you have any questions or require further information, please contact the Police Department or the Traffic Authority.

Scott Quinn, P.Eng.,
Manager of Engineering Services

Tel:(902) 690-6195 Fax: (902) 679-0911
Local from Kingston & Greenwood (902) 847-3051
Toll Free: 1-888-337-2999
www.county.kings.ns.ca



Image: Department of National Defence

SERVING THOSE WHO SERVE The Royal Canadian Legion Service Bureau Network

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Maritime Proving and Evaluation Unit



WO Pat Gillis receives his promotion from Maj Andre Gloumeau. (Photo: Submitted)



MCpl Tina Foote receives her CD from Maj Andre Gloumeau. (Photo: Submitted)



Capt Kort Nicholauson receives his General Campaign Star (Afghanistan) medal from CO MP&EU, Maj Russ Defer. (Photo: Submitted)



WO Roger Keeping receives his promotion from Maj Andre Gloumeau. (Photo: Submitted)



MWO John Saunders receives his promotion from Maj Andre Gloumeau. (Photo: Submitted)



Back in 1959 MP&EU was formed as a unit at CFB Summerside, PEI. To celebrate the 50th anniversary, the unit organized an extra special reunion during the summer. The unit's reunions are known as ReTerns from the term used to describe returning MP&EU members and alumni, Terns from the unit's symbol, the Arctic tern.

Block II completion....

The year began with the culmination of the testing of the Applanix camera as fitted to the Aurora Block II aircraft. This is a digital mapping camera fitted under the belly of the aircraft whose images are processed through complex computer processing to produce 3D images that can be used by forces in theatre. The camera was deployed operationally to Afghanistan later in the year by 405 Squadron (Sqdn) and imagery is being used to create much needed detailed and up to date maps for use by Canadian and Allied ground forces.



Heron Unmanned Air Vehicle....

The unit then deployed a small testing force to Kandahar to test the new Heron Unmanned Air Vehicle (UAV). Due to the importance of this new aircraft, operational testing took place during its deployment to Afghanistan. The testers were embedded with the first operating crews and had to conduct their evaluation during live operational missions. Much work is still to be done as the system gains more operational complexity.



Meet and Greet



On the social side....

The unit looked after its invited guests to the 50th anniversary ReTern. A week of events was planned beginning with 2 days in Industry Presentations. The celebrations began with a meet and greet followed by a semi-formal dinner in the Annapolis Mess. Both events allowed old friends to re-acquaint themselves, some after many years apart. A highlight of every ReTern is the annual golf tournament. Trips to local wineries and schooner sailings from Lunenburg were enjoyed by the non-golfers. The unit awarded many trophies and prizes after



ReTern Pig Roast.

(Photo: MCpl Paul Lee, Image Tech, 14 Wing Imaging)

the golf tournament, not only for sporting prowess (and sheer luck) but extended to the best fancy-dressed team of the event. Afterwards, all Terns were treated to a Pig Roast, somewhat of a departure from the usual surf and turf. To conclude the week's events the MP&EU memorial stone was re-dedicated under blazing sunshine followed by farewell drinks in the VPI. To capture the history of this year's anniversary a time capsule containing unit memorabilia and a nominal roll was put together and is currently displayed in the MP&EU display case in the Annapolis Mess. As a more visible reminder to unit members and visitors to MP&EU, Captain Ray Rousseau volunteered his services to create the 50th anniversary garden, located in front of the unit.

(MP&EU) Year in Review 2009

Change of Command parade

Prior to the summer leave period, MP&EU held a Change of Command parade for the outgoing CO, Maj Andre Gloumeau and the incoming CO, Maj Russell Defer. After the traditional parade Maj Gloumeau was shocked to find his beat-up Nissan Pick-up arrive on the parade square pulled by a tow truck. In a departure from the drill manual, he was ceremonially paraded from his Unit at the wheel of his truck.



(Photo: Cpl Peter Redden, Image Tech, 14 Wing Imaging)



(Photo: Cpl Peter Redden, Image Tech, 14 Wing Imaging)

Overland Equipment Mission Suite...

The unit has spent most of the time after summer leave testing the new Overland Equipment Mission Suite (OEMS). The OEMS is a network of 3 laptops driven by an onboard server, connected to aircraft sensors. The aircraft's original computer is 80s technology and OEMS uses modern computing power to manage complex data. As the name suggests, the suite is primarily for the overland mission where the laptops can control the MX 20 Electro-Optic/Infrared turret already fitted to the Aurora. The network allows all 3 laptops to view the output from the turret and for imagery to be data-linked to the ground. This capability has been developed to support the 2010 Winter Olympics in Vancouver. Testing of this complex system is still ongoing, and when complete, the package will be delivered to units in Comox towards the end of the year.

Block III aircraft...

As the year draws to a close the unit has begun training on the Block III aircraft. This is the final planned upgrade to the Aurora prior to the Canadian Forces procuring the future Canadian Maritime Aircraft. This upgrade sees all of the sensors on board the current Aurora replaced by modern, state of the art mission equipment. The new radar is the Canadian built Ocean Eye, a multi-mode, complex imaging radar with sophisticated computer processing. The Electronic Warfare System is a development of a system already fitted to the USN E2 Hawkeye. The Magnetic Anomaly Detector (MAD) is a Canadian-built derivative and improvement of a well-proven system already operational in the UK. The acoustic system is built by General Dynamics Canada (GDC) and is the most sophisticated airborne sonar subsystem in the world. All of these sensors are managed and their data displayed on a Data Management System also built by GDC. Together, this upgrade makes the Aurora a world leader in airborne sensors. MP&EU will begin testing this virtually new aircraft in December of this year.



MP&EU Unit Garden



ReTern Golf Trophy Fancy Dress

(Photo: MCpl Paul Lee, Image Tech, 14 Wing Imaging)

The year ends as it began....

....with the testing of new equipment that brings new capabilities to the venerable Aurora aircraft. It has been a very busy year and next year promises to be as busy, if not more. Staff at MP&EU would like to thank members of 14 Wing for their understanding of the Unit's unique role and fantastic support throughout the year.



WO Thierry Marques receives his promotion from Maj Andre Gloumeau. (Photo: Submitted)



WO Trevor Bull receives his promotion from Maj Andre Gloumeau. (Photo: Submitted)



Maj Brendan Cook receives his General Campaign Star (Afghanistan) medal from CO MP&EU, Maj Russ Defer. (Photo: Submitted)



MCpl Todd Ward receives his promotion from CO MP&EU Maj Russ Defer. (Photo: Submitted)



Maj Nicholauson receives his promotion from CO MP&EU Maj Russ Defer. (Photo: Submitted)



MP&EU Memorial Stone



MP&EU Time Capsule

Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue only covers the next couple of weeks. For future and ongoing programs and services, please visit our website at www.greenwoodmfrc.ca or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

Note: To keep costs down, the only methods of payment accepted for workshop registrations is cash or

cheque. To ensure your spot for a workshop, payment is required at the time of registration.

Employment and Education Services

Coordinator: Kristen Lawson at 765-1494 local 1816 or email kristen.lawson@forces.gc.ca

Upcoming Events

CF Recruiting
Monday, December 14, 2009

1:00 p.m. – 5:00 p.m.
GMFRC Classroom #2
FREE

No registration required
Ongoing Services

- Resume and Cover Letter Creation and Modification
- Resume Updating
- Employment Resource Library
- Career Assessment / Counseling
- Job Search Assistance
- Interview Skill Building
- Information on Small Business Planning
- Information on the Military Family Home-Based Business Group
- Employment Computer Available
- Portfolio Development

Outreach and Community Information Services

Coordinator: Nicole Godin at 765-1494 local 5941 or email nicole.godin@forces.gc.ca

Ongoing Services

- Greenwood Welcome package
- GMFRC Virtual Welcome package
- New Arrivals Registration
- Welcome GMFRC visit/tour and Welcome Gift
- GMFRC Welcome Calls
- GMFRC Email Information Newsletter
- GMFRC Website
- Community Information Database
- Outreach to Reserve Units

Deployment Services

Coordinator: Ann Gaudet at 764-1494 local 5583 or email Ann.Gaudet@forces.gc.ca

Upcoming programs or services

- * NEW * **Laugh Craft Connect**
Wednesday, December 16, 2009
6:00 p.m. - 8:30 p.m.
GMFRC

Come out and connect with other families who are or have experienced a deployment. Take some time for yourself and try a new activity. Who knows you may find a new hobby and makes some new friends. This month we will create a holiday craft to display in your home for the holidays.

Cost: Complimentary for deployed families, \$5 non-deployed

Registration Deadline: Friday, December 11, 2009
Call 765-5611 to register

Is your military member away?

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give us a call & we'll set you up with any of our programs/services/activities that may interest you. We do not know you're out there unless you let us know.

All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre,

during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

* For respite childcare offerings for deployed families, see details under Children and Youth Services

Prevention, Support and Intervention Services

Coordinator: Jennifer Hill, at 765-1494 local 1811 or email at Jennifer.Hill2@forces.gc.ca

Upcoming programs or services

Women, Money & Power with Financial Counsellor's
Lunch and Learns are the second Tuesday of each month
Tuesday, December 8, 2009
12:00 p.m. - 1:00 p.m.

GMFRC
FREE
Bring a brown bag lunch
Registration Deadline: Monday, December 7, 2009

ADHD & Learning Disability Awareness Day
Thursday, December 10, 2009

2:00 p.m. - 3:30 p.m.
GMFRC
FREE
Registration Deadline: Monday, December 7, 2009

Max-Well Relax Casual Get Together
Thursday, December 10, 2009

9:00 a.m. - 11:00 a.m.
GMFRC
FREE
NO registration required
Drop-Ins welcome

If childcare is required contact Miss Coreen at 765-1494 ext 1817 to book your child/ren.

- Ongoing Services**
- Emergency Shelter
 - Assessment and Referral
 - Short Term Support
 - Crisis Intervention

Please feel free to contact me to set up an appointment to discuss any of these services or to receive more information.

Child and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca


Upcoming programs or services

Parent Information Session – How to Make Your Child Feel Special
Wednesday, December 16, 2009

10:00 a.m. – 11:00 a.m.
GMFRC
Registration Deadline: Monday, December 14, 2009

Respite Date
Saturday, December 12, 2009

10:00 a.m. – 5:00 p.m.
Children up to age 12
Call reception to register at 765-5611. CF Families wanting to give themselves a break can register for a spot at a cost of \$25/child \$40/ two children. FREE to CF Families who currently have a partner deployed.
Registration Deadline: Thursday, December 10, 2009
Wednesday, December 16, 2009




06 Dec to 10 Dec
Disney's A Christmas Carol
Rated PG
Show Times
Sunday to Thursday
8:00 PM

11 Dec to 17 Dec
"2012"
Rated PG
Show Times
8:00 PM

Just a reminder we are a **CASH ONLY** business.
Consider buying Pre-Paid Cards
All are welcome at the Zedex Theatre
www.zedex.ca

Kingston Legion



Prize Money Guaranteed: \$2,500

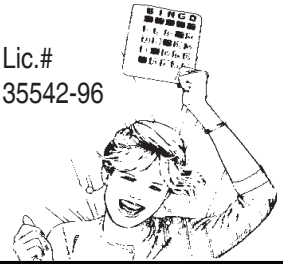

BOOKLET BINGO

Sunday, 1:45 p.m.
Tuesday, 7:30 p.m.

Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

Lic.#
35542-96

UAV SUPPORT ROLES

MDA has a number of challenging, exciting domestic opportunities in the growing field of Unmanned Aerial Vehicles (UAVs). These new positions are required to support the continued growth of MDA's UAV program at our Canadian training location at Suffield, Alberta.

Successful applicants will participate in training and support for our UAV customers and assist in UAV research and development efforts.


Site Manager

The Site Manager is the coordinating authority for all UAV operations, maintenance, and liaison with CFB Suffield, IAI, MDA Richmond and our customers. He/She is responsible for all site facility and day-to-day matters, including airworthiness, and for ensuring daily operational tasking is met in a safe and efficient manner.

Mechanic Technicians (MT) and Electronics Technicians (ET)

Mechanic and Electronics Technician roles will provide critical daily maintenance support for all aspects of the UAV system, including the aircraft, sensors, payloads, and ground systems. Technical training will be provided to meet qualification and airworthiness standards for the Heron UAV System.

For complete job descriptions, terms of employment, and a summary of skills and experience necessary for consideration, please visit us online at: www.mdacorporation.com/careers.



14 Wing Family Christmas Party

Where: Annapolis Mess
When: Sunday December 13th 2009
At 12h00-16h00
Meal Starts at 12h00... Santa arrives at 13h00

Pizza & drinks will be served

Santa, Mrs Claus & their helper will be there to pass out candy & gifts

Cost: **Non perishable food items for the food bank per attendee**

Santa will make a special entrance so be out front at 13h00

Register via e-mail to Cpl Wayne Fowler with age & gender fowler.wrs@forces.gc.ca

Cut off date is Thursday the 10th Dec. @14h00



Thanking you all in advance,
Wayne Fowler
OPI
Kids Xmas Party

5:00 p.m. – 9:00 p.m.
Children up to age 12
Free to CF Families who currently have a partner deployed. Call reception to register at 765-5611.

Registration Deadline: Monday, December 14, 2009

- Ongoing Programs**
- Youth Council - Tuesdays
 - Academic Tutoring Service - ongoing
 - Parent & Tot Program - Mondays

- Toddler Tuesdays Program
- Tumble Tots - Wednesdays
- Baby Club – 1st and 3rd Thursday of each month

Special Events and Promotions

Coordinator: Michelle Thibodeau Wagner at 765-1494 local 1421 or email michelle.thibodeau-wagner@forces.gc.ca

Ongoing Services

- Red Friday Promotions
- Yellow Ribbon Campaign
- Support our Troops Awareness Campaign
- Military Families Strength Behind the Uniform Campaign
- GMFRC and Community Special events planning
- Morale Mail Packages to the Troops

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at janie.gagnon@forces.gc.ca

Volunteer Opportunities

Prepare a List of Fun Things to Do in the Annapolis Valley

ASAP
Daytime TBD
GMFRC
Volunteers Needed: 2
Make a list of fun things to

do in the valley for welcome packages and newcomers

Warm Line Callers

A Warm Line Caller is a volunteer who has been trained by the GMFRC to provide a monthly call to families of a deployed member. The call is a wonderful way to connect with the families and to also inform them about the programs and services at the GMFRC. Two to three hours per month

Tutors

To provide educational assistance to children enrolled in elementary, junior and high school that are experiencing difficulties with a particular subject. You must enjoy working with children and have a comfort level in the subject area.

One hour per week – for 7 weeks.

*** Suitable for our awesome Youth Volunteers!**



The H1N1 virus is here.

What would you need to know to **get vaccinated?**

That you're going to catch it? That you'll spread it to others? That some of them won't get better?

The best way to protect yourself, your family, and your community from H1N1 is to get vaccinated.

Call HealthLink 811 | or visit gov.ns.ca/H1N1



You Are Not an Octopus!

Submitted by: **Kim Dixon, GMFRC Coordinator of Child, Youth and Parenting Services at 765-1494 local 1812**

One of the acquired skills that somehow seem to come along with parenting is the innate ability to do a dozen things at one time. For some reason we have come to believe that by doing this we are able to accomplish more than we could if we tackled each task separately



– and sometimes this is true! However, most parents have long since passed that point and now the “doing a dozen things” at once seems to be creating more problems than it solves.

Stop for a moment and think about the number of times during the day you try to do too much. How could you do things differently? Good question you might be thinking – but what is the answer! Have you ever

rushed out the door in the morning on your way to work, coffee in one hand, your child in the other, zipping and zooming as you try to buckle care seats and get settled yourself only to spill that freshly brewed cup in the so called cup holder while driving. Your morning quickly resembles that of a circus act, as you try to clean up the spill, with one hand on the wheel, the other wiping the spill, the other (yes, that

invisible third arm), passing that special toy to the child in the back seat who has decided at that moment that life depends on getting the dropped treasure NOW – YIKES! If you can relate to this wild n’ wacky scenario, than your morning is all too typical of many parents. Again, what can parents do to try to reduce stress and constant feeling of “GO GO GO” as they continue to tackle so many tasks at once?

Spark group or sell cookies for your son’s hockey team, STOP! It’s these times we all need to “bite our tongues”, sit on our hands, or say “No thank you, I just can’t help out this month”. Do whatever you have to do from committing yourself to one more task that you know you really do not have time for. Remember it’s all about doing the things that you realistically have the time and energy to do. This certainly is not suggesting that you should stop volunteering your time. In fact, as you simplify your life, you will most likely find that quality time to help out at a few activities that are important to you that month, and really enjoy them instead of dreading the upcoming slew of dates.

By only taking on what we as parents can actually handle, the sense of panic and stress that was once a part of our daily routine, should soon be gone. It will take time to change your way of thinking. It will also take time for you as a parent to know your limits and live with in them – somehow guilt free. So try only doing one or two things at a time this week – it just might be a good starting point for all you Octopus Parents!

If you would like more information on any parenting topics, or would like to meet to discuss concerns or challenges you are facing as a parent, please contact Kim at the GMFRC.

Here are a few tips that just may help you as parents learn how to do just one thing at a time:

Get up a little earlier in the morning, preferably before the children are up, and enjoy that cup of coffee – in your favourite cup – not your lap! I have a co-worker who does this everyday, and I thought after experiencing a few Octopus type mornings I would give it a try – wow – it worked!

The next time you are holding the baby, who is crying, while cooking supper, and of course the phone rings – just leave it! Don’t answer the call; let the machine do that task for you. If you have call display than look at the number calling and determine if you really need to answer the call at that very moment, or can it wait.

When you find yourself tempted to volunteer yourself to make snacks for the next staff meeting, help out with your daughter’s

Greenwood Military Aviation Museum

“Saving your past for your future”

June to August
7 days a week • 9 am to 5 pm
September to May
Tuesday to Saturday • 10 am to 4 pm

We invite you to drop in and see what a difference a year makes! Join the thousands that have visited the museum over the past year and see the “new and improved facilities”.

For that “hard to find item for that someone special” browse in the **Museum Store** for items such as mess dress items, videos, books, badges, clocks, flags, licence plates, clothing, lapel pins, caps, limited edition prints and an extended selection of models, decals and paints. Remember us for your medals and mounting requirements. If we don’t have it, we will order it!

The display aircraft are now part of the museum complex and are located next to the parking lot.

The museum is now located in the Canex building, East Side, and remember:

Admission is free!



For further information, contact the museum at 765-1494 local 5955. Meet you at the museum!

GMFRC • Feature of the Week

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at Gagnon.JMC@forces.gc.ca

Warm Line Callers

A Warm Line Caller is a volunteer who has been trained by the GMFRC to provide a monthly call to families of a deployed member. The call is a wonderful way to connect with the families and to also inform them about the programs and services at the GMFRC. Two to three hours per month. If you are interested in becoming a Warm Line Caller, please contact the Volunteer Coordinator.

CRFMG - Publicité de la semaine

Service de bénévolat

Coordonatrice Janie Gagnon au 765-1494 local 5938 ou courriel à Janie.Gagnon@forces.gc.ca

Service de bénévolat

Coordonatrice Janie Gagnon au 765-1494 local 5938 ou courriel à Janie.Gagnon@forces.gc.ca

Publicité de la semaine

Intervenants de la Ligne de réconfort *

Un intervenant de la Ligne de réconfort est un bénévole formé par le CRFMG pour appeler tous les mois les familles des militaires en déploiement. L’appel est une merveilleuse façon de créer un lien avec les familles ainsi que de les informer des programmes et services du CRFMG.

ANNAPOLIS EAST ELEMENTARY SCHOOL



~ The following items are available at the Cafeteria daily ~
Sandwiches: \$2.00; Wraps - \$2.00; Sub Sandwiches - \$2.00;
All sandwiches, wraps & subs will include fresh vegetable or fruit on the side.
Vegetables & Dip - \$1.50; Cheese & Crackers - \$1.50;
Fruit & Dip - \$1.50; Tossed Salad - \$2.50 sm \$1.50;
Caesar Salad - \$2.50 sm \$1.50; Spinach Salad - \$2.50 sm \$1.50; Yogurt - \$1.00; Yogurt Tubes - \$1.00; Yogurt Parfaits - \$1.25;
Fresh Fruit: Apples, Oranges & Bananas - \$1.00; Fruit Squiggles - \$1.50;
Gold Fish Crackers - \$.45; Baked Lays - \$1.50; Flat Earth - \$1.50;
Smart Popcorn - \$1.50; Frozen Juice Bars: Orange & Cherry - \$1.00;
Rice Crispy Squares - \$.80; Smoothies: Mon, Wed, Fri - \$1.25;
Juice: Apple, Orange & Seven Fruit - \$1.00; Milk - \$.35; Water - \$1.00;
~ Canteen Items - CASH ONLY ~

There will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria.
Ketchup, Mustard, Relish - \$.15 each; Mayo & Salad Dressings - \$.30 each;
Barbecue/Sweet & Sour Sauce - \$.40 each

We are a NUT & SCENT sensitive school with a smoke-free environment.

Dec 7th: Vegetable Soup 1.75 • Pancakes with Fresh Fruit 2.50
• Yogurt Tube 1.00
Dec 8th: Chicken Rice Soup 1.75 • Sheppard Pie 2.50 • Toss Salad 1.50
• Fresh Fruit Cup 1.00
Dec 9th: Beef Vegetable Soup 1.75 • Chicken Nuggets with Corn & Carrots 2.50 • Pudding 1.00
Dec 10th: Chicken Noodle Soup 1.75 • Spaghetti & Meat Sauce 2.50
• Garlic Bread .50 • Caesar Salad 1.50 • Frozen Juice Bar 1.00
Dec 11th: Soup & a Roll 2.50 • Corn Chowder or Chicken Noodle Chili
• Yogurt 1.00

Daily Specials can be purchased for \$3.25 • Main Entree, Milk & Daily Dessert

Annapolis Café

14 Wing Food Services

All Prices include HST • Effective 30 Sept 09

Breakfast Full.....\$5.74

Breakfast Lite.....\$3.45

(Beverage & Toast or Cereal)

Lunch Full.....\$11.48

Lunch Lite.....\$6.90

(Beverage, Soup or Salad; Choice from A La Carte menu or Sandwich; French Fries and Fruit or Cookie)

Dinner Full.....\$11.48

Dinner Specialty (Steak Night, etc.) \$14.35

Meal Hours

Breakfast.....0600 - 0900

Weekend & Holidays.....0600 - 1100

Weekend Brunch.....1100 - 1315

Lunch.....1100 - 1315

Dinner.....1600 - 1830

OPEN TO AUTHORIZED PATRONS ONLY

school lunch menu KINGSTON & DISTRICT SCHOOL

Whole Sandwiches

1/2 Sandwiches (Asst. fillings).....\$1.15
Subs/Kaisers/Wraps.....\$2.25 - \$2.50

Hot Foods

One Hot Food Daily.....\$2.50
Cup of Soup.....\$1.00
Bowl of Soup.....\$2.00

Beverages

Milk.....\$0.35
Choc. Milk.....\$1.30
Juice Small.....\$1.00
Juice Medium.....\$1.25
Bottled Water.....\$1.25
Yop.....\$1.25
V8 Juice.....\$1.00

Salads

Assorted Salad Plates.....\$2.50
Fruit Plate.....\$1.75 - \$2.25
Veggies & Dip.....\$1.00
Apple Snacks.....\$1.00

Snacks

Cheese & Crackers.....\$1.00
Fresh Fruit.....\$0.75 - \$1.25
Gold Fish Crackers.....\$0.50

Miscellaneous

Bread & Butter.....\$0.50
Bagel.....\$1.25
Cream Cheese.....\$0.50
Cheese Whiz.....\$0.50

Freezer Items

Frozen Yogurt.....\$1.25
Yogurt Tubes.....\$1.00

Desserts

Muffins.....\$1.00
Cookies (small).....\$0.35
Biscuits.....\$1.00
Yogurt.....\$1.25
Fruit Salad.....\$1.00
Other Assorted Desserts.....\$0.75
Special Treat Days.....\$1.50

Daily Specials (Mon-Thur): Price Includes Main Course, Drink and Dessert - \$3.25

Mon: Pizza Subs; Tues: Spaghetti & Garlic Toast

Wed: Fish Sticks & Wedges; Thurs: Hamburgers; Fri: Chicken Burgers

This menu brought to you compliments of:

FRASER'S PRO Home Centre



BERWICK • 1-800-959-3727
KINGSTON • 1-902-765-3111
KENTVILLE • 1-902-678-8044
BRIDGETOWN • 1-902-665-4449
www.frasers.ca



“Youth Happenings”

By: Recreation Youth Worker; Megan LeMoine

Boys Club Curling
Monday Dec. 7, 09
4:30 - 6:00 p.m.

Boys meet at the rink, (Greenwood Gardens Arena) where we will learn how to curl. Bring your winter coat and mitts!

Teen Council
Tuesday Dec. 8, 09
3:00 - 4:00 p.m.

Teens we will meet at the

Community Centre to discuss the ‘Gift Wrapping Party’, ‘Enchanted Evening Dance’ and ‘Christmas Party’. See you there!

Active Chicks Bowling
Wednesday Dec. 9
6:00 - 7:30 p.m.

Cost: \$2.00
Girls meet at the Community Centre and then we’ll go downstairs to the Greenwood Bowling Centre, don’t forget to bring \$2.00.

Teen Activity

Swimming
Thursday Dec. 10, 09
6:00 - 7:30 p.m.

Teens meet at the Community Centre and then we’ll walk over to the Fitness and Sports centre in-door pool. You can either walk back to the Community Centre or get picked up at the F&S Centre.

Movie & Treat Night
Saturday Dec. 12
Cost: \$2.00

Pre-teen Movie: *Harry Potter & the Half Blood*

Prince
Teen Movie: *Four Christmases*

Special Events
Teen Games Night
Tuesday Dec. 8, 09
6:00 - 8:00 p.m.

Teens bring your favourite game for ‘Games Night’.

Gift Wrapping Party
Tuesday Dec. 15
6:00 - 8:00 p.m.

Pre-teens & Teens can bring your Christmas presents to the Community Centre to wrap and decorate! You bring the gifts and we’ll provide the paper, ribbon and bows!

Enchanted Evening Dance

Friday Dec. 18, 09
Pre-teen: 6:00-8:00 p.m.
\$2.00

Teen: 8:30-11:30 p.m.
\$3.00

This evening we will have a Semi-formal and ‘Enchanted Evening’ themed dance. ‘Semi-formal’ means just a little dressy!

Christmas Party
Saturday Dec. 19, 09
2:00 - 5:00 p.m.

Pre-teens & Teens come to the Community Centre Christmas Party; we’ll have games, food and get in the Christmas spirit!

Together in Church

Queen of Heaven Chapel

Sunday Schedule
11 a.m. (English Mass)

St. Mark’s Chapel

Sunday Schedule
10:30 a.m. Divine Worship

Switchboard765-1494

Wing Chaplain

Chapel Life Coord - Queen of Heaven

Father Tim Nelligan.....ext 1960

Wing Chaplain’s Admin Assistant

Ms Diane McKeageext 5883

Chapel Life Coord - St. Mark’s

Padre Gord Poleyext 5541

Unit Chaplain

Father Claude Pigeon.....ext 5119

Unit Chaplain

Padre Mike Petersonext 5835

Chaplain (BTL)

Padre Frank Staples.....ext 5545

Unit Chaplain

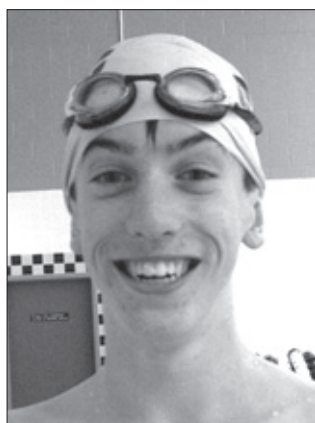
Padre George Helou.....ext 5886

Emergencies

In an emergency, you can reach a chaplain anytime through Wing Operations at (902) 765-1494 ext. 5457.



Subway Swimmers of the Week



Joshua Gendre

Age Group 2

14 years old, 2nd year with GDSC

Favourite Stroke: Butterfly

Other Interests: Aikido,

Baseball and Bowling



Kyra Jarvis

Nova Tech 1

8 years old, 3rd year with GDSC

Favourite Stroke: Frontcrawl

Other Interests: riding,

swimming, piano and dancing



Nicole Atkins

Novice

6 years old, 1st year with GDSC

Favourite Stroke: dolphin kick

Other Interests: bowling and playing with friends



Maggie McIntyre

Nova Tech 2

10 years old, 2nd year with GDSC

Favourite Stroke: Freestyle

Other Interests: writing

Publication Dates & Deadlines



The Remaining Publication Dates for 2009 & Deadlines for all Advertising, Classifieds, Editorial, Articles & Photos are the following:

14 Dec issue – Deadline 09 Dec

21 Dec issue – Deadline 16 Dec

28 Dec 09 – NO NEWSPAPER

The office will be Closed from
22 Dec to 28 Dec 09

The first issue of 2010 is

04 Jan 2010 • Deadline 30 Dec 2009

If you have any questions please give
Anne a call at 765-1494 ext 5833



Register NOW!

Starting in January:
Empirical Analysis in Economics and Business Jan. 21 – Apr. 15

Starting in April:
Organizational Theory Apr. 20 – June 29
Operations Management Apr. 22 – July 1

Online courses are available anytime and include:
Cross Cultural Management, Introduction to Business, and Financial Accounting

Contact

For more information, contact the Wing Personnel Selection Officer (WPSO):
W14.wps0@forces.gc.ca • (902) 765-1494, ext. 5528

More information is also available on our website:
<http://14wing.openacadia.ca>
1-902-585-1434 • 1-800-565-6568



The Program

Acadia University's Certificate in Business Management will provide you with a thorough knowledge of the functional areas of management. The program is open to military personnel, DND civilian (public and non-public) employees, and members of the surrounding community.

Advantages

- **ON BASE:** No travelling — all courses will be available to you in Greenwood.
- **ADVANCED STANDING:** Possible credit for ILQ, PLQ, and OPME courses.
- **LEARN FROM THE BEST:** All courses are taught by Acadia University faculty.

FOR YOUR INFORMATION

UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS
 FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

Discover the Magic of Reading
 ...visit 14 Wing Library

Located at AVM Morfee Centre, School Street
 Monday 1-5pm & 6-8pm
 Tuesday 10am-1pm & 2-5pm
 Wednesday 1-5pm & 6-8pm
 Friday 12-4pm
 * Sunday Starting October 18..... 1:30-4pm

765-1494 24 hour drop-off box • Phone for Renewals
 Loc. 5430 Closed on holidays and holiday weekends throughout the year.



HOROSCOPES

December 6 to December 12

ARIES - Mar 21/Apr 20

Aries, there's no option other than honesty when a friend seeks your advice. Although your words may hurt a little bit, they have to be said.

TAURUS - Apr 21/May 21

Taurus, stick to your guns when others try to sway your opinion. Standing resolute will prove that you are an individual of strong beliefs. Romantic endeavors are put on hold.

GEMINI - May 22/June 21

There's so much to do but the hours in the day seem shorter than ever, Gemini. The only way to clean off your plate is to delegate some of the work to others.

CANCER - Jun 22/Jul 22

Inspiration comes from the strangest sources this week, Cancer. As such, don't underestimate that anything in your path can't spark a creative moment.

LEO - Jul 23/Aug 23

There are plenty of ups and downs to sort through, Leo, but it's the status quo that leaves you feeling a bit bored. Maybe a new friend can provide different perspective.

VIRGO - Aug 24/Sept 22

Start living like there's no tomorrow, Virgo, and you'll start to appreciate the little things that you may have glossed over before. New tasks leave you quite busy.

LIBRA - Sept 23/Oct 23

We can't all be rock stars, Libra, some of us have to be content working behind the scenes. This applies to your role at work. Don't expect to always be in the spotlight.

SCORPIO - Oct 24/Nov 22

It takes a while to reverse a perception of yourself, Scorpio. Others are fixated on that other persona that you have worked hard to change. Be patient; they'll come around.

SAGITTARIUS - Nov 23/Dec 21

Marching to the beat of your own drum can often be inspirational. But sometimes it's not helpful for others to constantly see you going against the grain.

CAPRICORN - Dec 22/Jan 20

Bout after bout of feeling under the weather should be telling you something, Capricorn. It is time to take your health a bit more seriously and proactively.

AQUARIUS - Jan 21/Feb 18

Aquarius, you have to rest as much as you can because you'll be called upon for a lot of trying tasks in the next few days. You may need to recuperate for a while.

PISCES - Feb 19/Mar 20

Cabin fever has set in, Pisces, so find projects around the house that can keep you busy and your mind off of boredom.

FAMOUS BIRTHDAYS

DECEMBER 6	Tom Hulce, Actor (56)
DECEMBER 7	Alan Faneca, Athlete (33)
DECEMBER 8	Terri Hatcher, Actress (45)
DECEMBER 9	Kara DioGuardi, Songwriter (39)
DECEMBER 10	Bobby Flay, Chef (45)
DECEMBER 11	John Kerry, Senator (66)
DECEMBER 12	Jennifer Connelly, Actress (39)

Horoscopes brought to you compliments of:

902-825-7026
 LOCALLY OWNED & OPERATED

STEVE MORSE
 HEAVY TOWING
 LIGHT ROADWORK

24 HOUR SERVICE

www.morsetowing.ca



Christmas Wishes Open House

Companion Animal Protection Society will host a Christmas Wishes Open House at 1468 Ben Phinney Road Margaretsville on Sunday December 13 from 2:00 - 4:00 p.m. Come wish all our foster cats and kittens a Merry Christmas. In case of inclement weather call 825-2343.

Kingston/Greenwood Living With Cancer Support Group

The Canadian Cancer Society "Living With Cancer" Support Group will hold its December monthly gathering in St. Mark's Protestant Chapel, 14 Wing Greenwood from 7:00 - 9:00 p.m. Monday, 14 Dec 09. This is our traditional "Christmas" evening together with guest speaker St. Mark's Chapel Life Coordinator, Padre Gordon Poley on the topic of "Does God know that I have cancer?" Musician, teacher and songwriter, Mr. Frank Dobbin, and his keyboard, will be there for music and carols to round off the program. Cancer patients, their family and friends or anyone

seeking information on cancer are most welcome and encouraged to attend. For information call Lloyd Graham (765-6133) or Lynda Pierce 765-3055.

Christmas Concerts

Sunday, December 13 - Christmas Recital featuring Pine Ridge Middle School Grade 8 Music students, 7:00 p.m. at the Aylesford United Church. Free-will admission, and reception following. Thursday, December 17 - Christmas Concert featuring Pine Ridge Middle School Bands and Choir 7:00 p.m. in the school gym. Free-will admission.

Kingston Lions Club Community Luncheon

The Kingston Lions Club will be holding their monthly Community Luncheon on Tuesday, December 8th, 2009 from 11:30 a.m. to 1:00 p.m. Menu: Roast Beef Dinner and Strawberry shortcake Dessert. Cost: \$8.00, per meal, \$8.50 Delivered.

Window on Our World

Family Matters is hosting a display created by women and children who have accessed Chrysalis House. This display promotes awareness of the

continuing violence and abuse against women and children, and the importance of eliminating it. It will be at Family Matters in Lawrencetown December 10, 2009 at 1:00 p.m. There is no charge and refreshments will be served. To register, please call 584-2210.

Kingston Area Seniors Association

Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. at the Kingston Branch No 98 of the Royal Canadian Legion. Fun day (cards & games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Minnie Rogers at 765-3292.

Annapolis Valley Toastmasters

Develop your communication and leadership skills every Tuesday, 6:30 - 8:00 p.m. at 14 Wing Greenwood, Air Commodore Birchall Training Centre (by the Zedex Theatre), Classroom area. Toastmasters provides a mutually supportive and positive learning environment in which every member can gain self-confidence and personal

growth. We learn by doing. Further information is available at: Annapolis.freetoasthost.net or phone Christine at 825-1061.

Ex-RCAF Airwomen's Christmas Luncheon

The Ex-RCAF Airwomen's Christmas Luncheon will be held on Thursday, December 10th, 2009 at the Mid Valley Motel, in Middleton at 12:30 p.m. For further information, please contact Pauline at 765-6580 or Terry at 765-0532.

A Christmas Carol by Charles Dickens

Adapted for the stage by Jeremy Webb. Evergreen Theatre, Sunday December 13 at 8:00 p.m. Reservations, Information: www.evergreentheatre.ca - e-mail: evergreentheatre@gmail.com; phone 902-825-6834.

10-week CanSkate Session

The Greenwood Skating Club is now accepting registrations for our 10-week CanSkate session starting January 3rd, 2010. CanSkate is Skate Canada's flagship Learn-to-Skate program. For more information, please contact Carol Aquino at 765-2887 or email: aquino@ns.sympatico.ca.

Greenwood Players Presents Robin Hood and Babes in the Wood

December 8th to 12th

Tuesday to Saturday • Curtain time 7:30 pm.
Tickets \$8.00 • Tickets are on sale at the Middleton and Greenwood Pharmasaves or at the door and you can reserve at 825-0019.



Janet Brooks
Director.



Jeffery Pocock
Stage Manager.

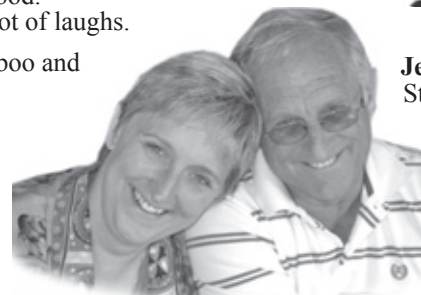
AVM Morfee Centre,
 School road, Greenwood.
 This is a fun pantomime and lot of laughs.

We need you all there to boo and hiss at the baddies.

Tracey Storey
Assisstant Stage Manager.



Jane Brooks
Makeup.
Roger Brooks
Scenery changes.



The Aurora newspaper PRESENTS... FIND & WIN

Just Fill in The Blanks. Three Easy Ways to Enter.
 1. Through our website: www.auroranewspaper.com
 2. Fax: 765-1717 3. Drop into our office located on School Road (Morfee Annex)
No Central Registry or Canada Post please.
Deadline: Noon, Thursday, December 10, 2009.
 Make sure you include your full name and phone number.

NAME _____ PHONE NUMBER _____
Limited to one win in a TWO MONTH PERIOD.
 The winner will be drawn randomly from all correct entries. Only one entry per family per week.

Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!

- Who is running a notice about winter parking & snow removal _____
- What movie is playing at the Zedex theatre 6 Dec to 10 Dec _____
- What business has the perfect gift for that hard to buy for person _____
- Where can you save up to \$1000 on Hearthstone models stoves _____
- How many dancers are going to Walt Disney World _____

The 107 Valley Wing

Air Force Association of Canada

904 Central Ave. Greenwood

- Open to ALL Members, Serving or Retired, of the
- CAF • Reserves • RCMP •
- Public Service • RCAC •
- Members & Guests •

Do you enjoy a good time in a friendly relaxed atmosphere?

Drop into the 107 Valley Wing and meet our friendly members and staff.

We are open 7 days a week for your convenience.

We are looking for new members!

For more information call 765-8415 after 12:30 p.m.

We also have Catering Service for your Weddings, Section Parties or other celebrations.

This contest is brought to you by:
Pizza Delight, Greenwood
765-4477

Congratulations to last week's winner: KRYSTAL CORMIER



Children's Deployment Support Group

Submitted by: **Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812**

The GMFRC is excited to offer a new Children's Deployment Program to Deployed Families of 14 Wing Greenwood. Our program will be facilitated by trained GMFRC dedicated volunteers who have experience working with children of military families. Our program consists of three age groups - 3 - 5 years, 6 - 8 years and 9 - 12 years. Our goal is to work with parents and caregivers who have a loved one deployed to help build resilience, minimize stress and keep attitudes positive for their children who are facing a military parent's absence.

Children attending our monthly workshop will have opportunities to meet other children their age who are coping with a parent being away, enjoy fun activities that involve the deployed parent and learn ways to positively focus their energies throughout the deployment.

Our next meeting will be on Sunday, January 10th, 2010 from 1:00 - 2:30 p.m. at the GMFRC. If you would like to register your child/youth for our group, please stop by the GMFRC or

call our receptionist at local 5611. If you have questions about our program please contact Kim Dixon at local 1812 or email Kim.Dixon@forces.gc.ca

GMFRC • Feature of the Week

Prevention, Support and Intervention Services
Coordinator: Jennifer Hill at 765-1494 local 1811 or email at jennifer.hill2@forces.gc.ca

ADHD & Learning Disability Awareness Day

Thursday, December 10, 2009
2:00 p.m. - 3:30 p.m.

GMFRC
FREE
Registration Deadline: Monday, December 7, 2009

This is an information session led by a Registered Psychologist who specializes in ADHD & Learning Disability assessments. ADHD and Learning Disabilities are a very common diagnosis that many families with school-age children face.

This session is designed to shed light on ADHD and Learning Disabilities and offer some basic tips for families who would like more information.

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* Loan and loan amount may be subject to application approval. Payment plans are based on your paydays and can be bi-weekly and semi-monthly. Loans are based on a 6 to 18 month term. Call for details.

ComParrot by Bonnie J. Malcolm
Can you spot 12 differences between these pictures?



www.comparrotpuzzles.com © 2009 Bonnie J. Malcolm



Solution: 1. Lady's hairpin is missing. 2. Part of man's vest is hidden. 3. Another candle is lit. 4. Pattern on tablecloth is colored in. 5. Paper on floor is colored in. 6. Buttons on vest have moved. 7. Pattern on tablecloth has moved. 8. Steam above pancake has moved. 9. Window frame is lower. 10. Corsage is upside down. 11. Bottom of skirt is different. 12. Part of clock is wider.

Com Parrot brought to you compliments of:

'STAGE 2' • Sofa Gallery • Mattress Centre
• Furniture & Appliances

Appliance expert
Sales & Service

963 Main Street
Port Williams
542-7888 or 1-800-257-6314
Mon-Wed: 8-5:30 Thurs-Fri: 8-9 Sat: 8-4

PATRICK'S PUZZLE

Winter Word Find

Just in time for the winter season, see how many related words you can find and circle in the puzzle.

COAT	HAT	SNOW
COLD	ICE	TEMPERATURE
FLURRY	INDOORS	WIND
GLOVES	SCARF	WINTER

C R L C B L W A W O T Y
D W E U O I V W U E W R
S G Q T N N T V M V T R
E N K D N M S P T N S U
Y X O H O I E Y Z E G L
J P Y W Y R W E V E P F
C C N T A S R O O D N I
O H B T E T L S C A R F
L T U F C G T A O C W P
D R A K I P W N G N X E
E F A H M L T O V W K E
F X S F K T F W G D T J

Cold-Weather Scramble

Unscramble the words to complete the sentences.

1. Check your **T A I H G E N** before winter.
2. **S R T E I** can slip on ice and snow.
3. You should **N B E U L D** up in the winter.
4. Stay **S D N O R O I** when it is very cold.

Answers: 1. heating 2. tires 3. bundle 4. indoors

Patrick's Puzzle brought to you compliments of:

Tri County Communications
Greenwood Mall

TELUS authorized dealer
Cellular Sales & Service
Authorized Product Care Centre
765-2415

GMFRC • Feature of the Week

Children and Youth Services
Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Parent Information Session – How to Make Your Child Feel Special

Wednesday, December 16, 2009
10:00 a.m. – 11:00 a.m.

GMFRC
Registration Deadline: Monday, December 14, 2009

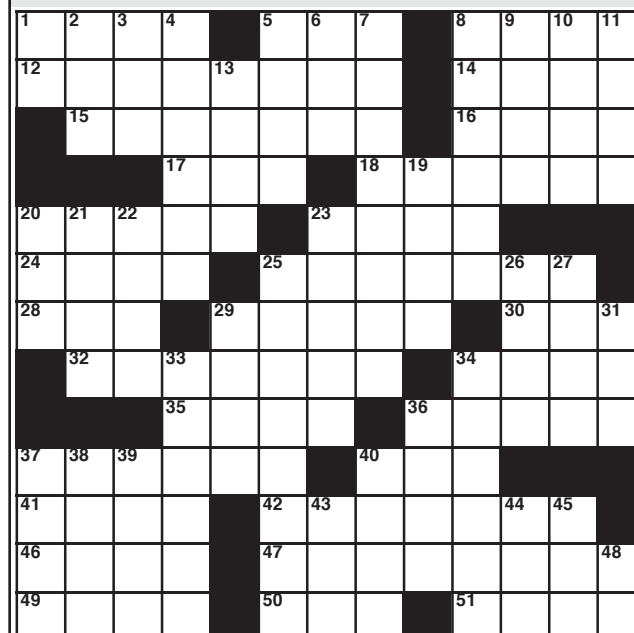
Join us for an informal information session that promotes positive parenting and healthy child development to support family cohesion. Our session is geared towards parents and caregivers who have children aged 2-12 years. Our workshop will look at simple and inexpensive ways that parents can use to help make their child feel special everyday. Parents will receive a resource package that they can take home with them at the end of the session. To register, please call reception at 765-5611.

Canadiana Crossword

Days to Remember

Solution page 26

By Bernice Rosella and James Kilner



- | | | |
|---|--------------------|---|
| ACROSS | 40 Cherry or Trump | 19 Bad deeds |
| 1 Libran's birthstone | 41 Skirt genre | 20 Light saving arrangement, abbr. |
| 5 Escape | 42 Recreate | 21 Moby menacer |
| 8 Impale | 46 Israeli airline | 22 Lesotho currency |
| 12 ____ Day (February holiday in several provinces) | 47 Implanted | 23 Bangladesh currency |
| 14 Tiny particle | 49 Snoopy | 25 ____ Day (May Queen's birthday) |
| 15 Celebrity status | 50 Donkey | 26 Close |
| 16 Talking Palamino of film | 51 Concerning | 27 Wind instrument |
| 17 Barn raising, for example | | 29 Apple variety |
| 18 Bird of Paradise | | 31 Conger |
| 20 Linger | | 33 ____ Day (February holiday in Alberta) |
| 23 Threesome | | 34 ____ Day (Our Nation's birthday celebration) |
| 24 Pump or loafer | | 36 Not any |
| 25 Most conceited | | 37 Prayer ender |
| 28 Weave | | 38 Metric weight |
| 29 Japanese deer | | 39 Actress Lupino and others |
| 30 Colour | | 40 Debutantes |
| 32 Optical device | | 43 Printers' measure |
| 34 Hexahedron | | 44 LP replacements |
| 35 Humanities | | 45 Vietnamese New Year |
| 36 ____ Day (Nova Scotia civic holiday) | | 48 Party |
| 37 Crossed, as arms | | |

Weekly Crossword brought to you compliments of:

Peter Hebb at 59 Webster St., Kentville, N.S.

1-800-565-2605
Cell: 825-8157

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Classified Ads

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

To place a Classified Ad by Word Count call Candace Ernst at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

FOR SALE
FOR SALE - Christmas Trees and Wreaths are now available again this year at 723 Main St., Kingston, next to

C. HANSON DOWELL, Q.C.
250 Main St., Middleton
825-3059

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Ronald D. Richter
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Kingston 

Crossword Solution

O	P	A	L	L	A	M	S	T	A	B	
H	E	R	I	T	A	G	E	I	O	T	A
S	T	A	R	D	O	M	M	R	E	D	
B	E	E	O	S	C	I	N	E			
D	A	L	L	Y	T	R	I	O			
S	H	O	E	V	A	I	N	E	S	T	
T	A	T	S	I	K	A	S	H	U	E	
B	I	F	O	C	A	L	C	U	B	E	
A	R	T	S	N	A	T	A	L			
A	K	I	M	B	O	D	O	N			
M	I	D	I	R	E	E	N	A	C	T	
E	L	A	L	I	M	B	E	D	D	E	
N	O	S	Y	A	S	S	A	S	T	O	

the United Church. Plain and decorated wreaths in 3 sizes and a large selection of trees. (3048-3tpb)
FOR SALE - Foosball table. Excellent condition. Regular size table. \$130.00 Phone 765-


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Barristers, Solicitors, Notaries
W. Bruce Gillis, Q.C.
Blaine G. Schumacher, CD
(Also of the Alberta Bar)
Counsel:
Clare H. Durland, Q.C.
(Non-Practicing)
Phone (902) 825-3415
Fax (902) 825-2522
74 Commercial Street
P.O. Box 700
Middleton, NS
B0S 1P0 

6875 (3048-ufns)
FOR SALE - 2001 Ford Focus SE Wagon. 148,000 Km. Needs 2 front rotors and hand brake cable for safety. Call Ed or Denise at 538-7792. (3049-2tp)

FOR SALE - TREK Coaster Bicycle men's style. Balloon tires. Wide seat. Kickstand. Manual on disk. 1/2 price asking \$150.00. Includes new helmet and tire pump. Phone 765-4118 Leave Message if necessary (3049-1tp)

FOR SALE FIREWOOD
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Please Phone
825-3361

FOR RENT
FOR RENT - Retirement apartments. New, 2 bedroom units in seniors complex Kingston. Ground level, walking distance to all amenities. \$690.00 per month plus utilities. Guaranteed no rent increase. Call 1-902-825-6929. (3045-7tpB)

FOR RENT - 1 bedroom apt. Located in Kingston. Fridge and stove included. Available Jan 1, 2010. \$425.00 a month, plus utilities. Cable included. Walking distance to all amenities. Phone 765-6477 (3048-2tpb)

FOR RENT - 2 bedroom apartment for rent in Hollow, Middleton. Hot water included, fridge, stove, low electric bills.

Ready now. Phone 825-3424 or 825-2606 (3049-3tp)

FOR RENT - 2 bedroom unit with garage. Fridge, stove, dishwasher and fireplace. Heated bathroom floor, sit-down shower and whirl pool tub. Lawn care and snow removal. Available Jan 2010. \$895.00 a month. Call 825-3424 or 825-2606. (3049-3tp)

FOR RENT - Dec. 01/09. 2 bedroom duplex in Wilmot, 500.00/mth, cable included, utilities extra. Oil heat. Large yard. References and security deposit required. Call 847-5412 after 3 PM. (3049-2tp)

FOR RENT - 2 Bedroom apt with attached garage in 4 Plex in Bridgetown Included washer, dryer, fridge, stove, dishwasher, microwave, lawn care and snow removal.

al. Very quiet area. Available Jan 1 2010. \$825.00 Phone Joan 765-4400 (3049-3tpb)

FOR RENT - 3 bedroom house with attached garage. \$700 monthly plus utilities. No smoking or pets. Quiet country living. 5 min from Port George and Margareville. 15 min from Greenwood. Organic garden plot. Call 765-6428. (3049-2tp)

FOR RENT - Located in Kingston. Small Bachelor house. Utilities included. \$525.00 per month. Phone 847-5046 (3049-3tp)

SERVICES
DROP & LOCK STORAGE - Kingston/Greenwood's newest building, clean, secure self storage your lock—your security code sizes: 10' x 10' or 5' x 10' 847-1405 or 760-0278. (2903-Bufn)


located in Kingston, units available 5'x12', 5'x13', 8'x10'. Prices vary call 825-3607. (2931-Bufn)

SERVICE - Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates - flexible hours Call Mike at 242-2465 Greenwood/Kingston (3024-ufn)

SERVICE - VALLEY CANVAS CONVERTERS - Winter is coming & now is the time to prepare for summer. We specialize in manufacturing tarps, camping gear, roll out awnings, gazebo tops and "more." We also do repair work. Located at 675 Main St Kingston or call 765-6477 (3048-2tpb)

NOTICE
FREE FIREWOOD - Clearing land in Auburn area. All wood is Pine. Trees are knocked down so you are responsible to cut and limb trees. Phone 680-2284 after 3 P.M. (3049-ufns)

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Complete Mobile Service
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• truck sliders
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\$100 OFF DEDUCTIBLE
FOR INSURANCE WINDSHIELD CLAIMS
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GMFRC Volunteer of the Month



GMFRC Volunteer of the Month, *Nathasha Dallaire-Joron*.

Submitted by: **Jennifer MacLeod, GMFRC Program Support Assistant at 765-1494 local 1814**

Our volunteer of the month for November 2009 is *Natasha Dallaire-Joron*. Natasha is one of our new volunteers here at the centre. She started volunteering so that she could improve on her English and get involved in her community. She is very reliable as a volunteer and no job is too big or small for her. Well done Natasha! We are very grateful that you give so freely of your time!

The Greenwood Military Family Resource Centre (GMFRC) recognizes that our volunteers truly do make a difference within the centre and the community. Every volunteer donates their time and energy and embraces our mission by supporting and celebrating our unique military family lifestyle.

At the beginning of each month we will feature a different volunteer. It will be posted monthly in The Aurora Newspaper. Deciding on a *Volunteer of the Month* is simple. Names will be chosen and drawn based on the *volunteer sign-in book*. It is important to always remember to record your hours, as the *Volunteer of the Month* will receive a special thank you gift.

We understand that every volunteer works hard and gives freely of their time and we would love to recognize each and every one of you, but there will only be one *Volunteer of the Month*, per month. As a registered volunteer with the GMFRC, we do have an annual Volunteer Appreciation Dinner coming up in April 2010 where every volunteer is invited and recognized for their outstanding efforts and hard work.

If you would like more information on *Volunteer of the Month* or how to become a registered volunteer at the GMFRC, please contact the Coordinator of Volunteer Services, Janie Gagnon at 765-1494, local 5938 or email at Janie.Gagnon@forces.gc.ca

...let's talk about YOU

Send your articles and photos to: aurora@auroranewspaper.com

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special \$6.99
SAVE \$2.00

Oogies Popcorn
141g
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7 flavors to choose from
SAVE \$1.00

Fruit & Nut Trail Mixes
17 different ones to choose from
\$0.60/100g
\$2.72 lb
40% off

Chocolate Almonds Dark
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\$4.76 lb
35% off

Cashews Roasted 320
with Salt & No Salt
\$1.23/100g
\$5.61 lb
40% off

Roberton's Natural Hard Candies
No added sugar,
13 different flavors
Made in Nova Scotia
\$1.32/100g
\$5.99 lb
25% off

Celestial Seasonings Teas
special \$2.39
SAVE \$1.00

Blues Buster Light Bulbs
Full Spectrum light bulbs in frosted and clear. Breaks thru grey days! Unlike ordinary bulbs, Blues Buster's special glass filters yellow and brown colors so even when it's grey or dark outside it's like sunlight in your home. Last up to 6 times longer than regular bulbs. Shines like the sun!
special \$6.99
30% off

Knudsen Blueberry Juice
946 ml
special \$6.99
Save \$2.00

Blanched Peanuts Roasted
with Salt & No Salt
\$0.36/100g
\$1.65 lb
40% off

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Lunch & Learn

The Leadership Secrets of SANTA CLAUS

How To Get Big Things Done
In YOUR "Workshop" ...All Year Long



Presented by:
Caroline Couture

When:
Wednesday, 16 Dec 09

Time:
1200-1300 hrs

Where:
LCC Room 204,
Upper Level
Birchall Training Centre

REGISTRATION IS REQUIRED
Interested persons may register by contacting:
LCC Team at loc 5226 or +LCC Course Loading@Greenwood

Experiment Complete!



Mad Science Club.

Submitted by: Kim Dixon, GMFRC Coordinator of Child, Youth and Parenting Services at 765-1494 local 1812

Children attending the GMFRC Mad Scientist Club have had an exciting time together learning about science while creating some really cool experiments. Our young scientists had a blast making bubble bombs, were electrified with static, and got retro funky making their own lava lamps to name only a few of the experiments that everyone had a great time testing. Special thanks to our volunteers Amy & Vincent who ensured that everyone had a fantastic time learning and creating science together at the GMFRC.

Morfee Annex Nursery School



Singing songs and rhymes is always a part of our daily routine at the Morfee Annex Nursery School. Seen here are Max and Finley riding their bicycle while their friends sing along and join in the fun.

*Un, deux, trios, quatre, cinq, six, sept
Violette, Violette
Un, deux, trios, quatre, cinq, six, sept
Violette a bicyclette!*

Our school presently has spaces available in all of our programs both English and French Immersion, for more information please contact Maurina Duret at 765-1494 local 5301.

New Years Eve Party 2010



Ring in the New Year with A Night Full of Great Food, Live Music and Prizes at



Tickets \$20 Each
On Sale until December 18th
Dance Only, \$10 at the door

Cocktails and appetizers at 6pm
Pig Roast Dinner and Buffet at 7pm
Dress : Semi-formal!



Champagne available by pre-order only!

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USED INVENTORY



STOCK #	YEAR	MAKE	COLOUR	M	T	OPTIONS	KMS	PRICE
08-29A	1986	GRAND NATIONAL	BLACK	6	A	AC,PW,3.8TURBO	6700	28995
10-73A	2003	COROLLA CE BA	BEIGE	4	A	AC,PDL,CD	100000	8995
09-561A	2003	CAMRY SE AA	RED	4	A	AC,PW,PDL,CRU	116000	11995
10-232A	2003	CAMRY LE AA	GREEN	4	A	AC,PW,PDL,CRU	154000	8995
10-128A	2004	COROLLA CE BA	RED	4	5	AC,PDL,CD	98000	8995
10-155A	2004	COROLLA CE BA	SILVER	4	A	AC,PDL,CD	81000	9995
09-607A	2004	VIBE	GREY	4	A	AC,CD	96000	8995
U1697	2005	ECHO SEDAN	DBLUE	4	A	AC,CRU,CD	87000	9995
SAWLER	2005	ECHO SEDAN	GREY	4	A	AC,CD	80000	9995
10-237A	2005	MATRIX XR AA	RED	4	5	AC,PW,PDL,CRU	110000	11995
U1708	2005	LANDROVER LR3	RED	8	A	SE,LEATHER,S/R	65000	27995
09-524A *	2006	PRIUS HYBRID	RED	4	A	AC,PW,PDL,CRU	75000	19995
09-366B	2006	COROLLA CE BA	BEIGE	4	A	AC,PDL,CD	82000	11995
10-127B	2006	CIVIC EX 4DR	BLUE	4	A	S/ROOF,LOADED	134000	11995
09-611A	2006	COROLLA CE CA	SILVER	4	5	AC,PW,PDL,CRU	66000	11995
09-626A *	2006	YARIS RS H/B	BLACK	4	5	3DR,AC,PW,PDL	92000	11995
09-439A	2006	ODYSSEY EX-L	BLUE	6	A	S/ROOF,LEATHER	70000	23995
U1683	2007	CAMRY HYBRID	GREEN	4	A	S/ROOF,LEATHER	58000	25995
10-189A *	2007	CAMRY HYBRID	SILVER	4	A	AC,PW,PDL,CRU	43000	23995
10-103A	2007	COROLLA CE CA	BLACK	4	5	AC,PW,PDL,CRU	88000	12995
U1688A	2007	COROLLA CE SE	BLUE	4	5	AC,PW,PDL,S/R	34000	14995
09-616A	2007	ACCORD SE 4DR	RED	4	A	AC,PW,PDL,S/R	53000	18995
10-272A *	2007	ACCORD SE 4DR	SILVER	4	A	AC,PW,PDL,S/R	39000	18995
10-267A	2007	CAMRY XLE V6	SILVER	6	A	S/ROOF,LEATHER	29000	23995
09-558A	2007	RAV4 LTD 4WD V6	WHITE	6	A	S/ROOF,LEATHER	45000	25995

Vehicle has the following ECP/EXT Warranty Coverage:

- * 09-524A: 5 yr--100,000 ECP/ In-Service: Jan. 05/06
- * 09-626A: 4 yr--100,000 ECP/ In-Service: Dec. 21/05
- * 10-189A: 7 yr--120,000 ECP/ In-Service: May 29/06
- * 10-272A: 4 yr--100,000 EXT.WARR/ In-Service: Mar. 26/07

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