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The Aurora

newspaper



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Bristol / Fairchild Bolingbroke

By Wayne Bailey

Bolingbroke is Saxon and means "The Home by the Brook of Bullas People" [Go Figure].

The Greenwood Military Aircraft Museum [GMAM] is now home to a Bristol Fairchild/Bolingbroke. The major components, gathered from various locations throughout the Prairie Provinces, arrived by truck on Monday, October 26th 2009, and were unloaded by Museum staff, volunteers and personnel from the Base Transport Section, and placed in the workshops behind the GMAM.

The Bolingbroke is a copy of the Bristol

Blenheim, a twin engine coastal reconnaissance light Bomber, and 4,422 of various Marks were built and flown by Royal Air Force [RAF] Squadrons. Blenheims flew before and during the Second World War from the United Kingdom (U.K.) and British possessions in the Middle and Far East. The Blenheims were the first aircraft to fly reconnaissance on Sept. 3rd 1939 and the next day, bombing raids into Germany during the opening stages of the war, and eventually would equip 70 squadrons at the height of its popularity. Other nations such as Turkey, Greece, and Finland also flew the Blenheim.

The Bolingbroke, forever known as the Boly,

was ordered into production in Canada by the Royal Canadian Air Force, [RCAF] and the prototype was shipped from the U.K. to the Fairchild Company Canada in Longueuil, Quebec. The first Bolingbroke Mk I in RCAF livery #702, flew at Longueuil, Quebec on September 14th 1939. After a short run of 18 aircraft, constructed to British specs as the Bolingbroke MK I, Fairchild switched production to the Bolingbroke MK IV with Canadian and American instruments and equipment, and extra fuel tanks for longer range. De-icing boots and a dingy were also added and other changes such as two Pratt and

... continued on page 2.

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Bristol / Fairchild Bolingbroke

... cover story continued.

Whitney twin Wasp Engines instead of the of the Bristol Mercury VIII radials, were tried with only 15 built. One Mk I was converted to a float plane for a short time, in North Bay Ont. but most of the Canadian production were Mark IV with the Bristol Mercury XV (136 built) or the Mark IVT multi purpose trainer (457 built).

A total of 626 Bolingbrook's were built in Canada by

Fairchild, and Bolys served on both coasts of Canada. After Pearl Harbour, two squadrons served as bombers in Alaska during the Aleutians Campaign. The Bolys stationed at Greenwood, Nova Scotia (which at the time was a Royal Air Force Base) in July of 1944 were Sub Hunters and Training Aircraft as part of the British Commonwealth Air Training Program [BCATP].

The project officer for this extensive restoration, is Major Bob Johnson, the Commanding Officer of #517 Royal Canadian Air Cadet Squadron. He was also the Project Leader on the recently completed Zenair. More information on him and his restoration crew, will be found in future articles, and at the GMAM website gmam.ca. We will also bring you more history and information on our Boly and others of the type as the restoration progresses. Volunteers civilian, military or ex military for this and other projects at the Museum are



always welcome. Those with sheet metal skills would be a definite asset, but not a requirement. Applications and more information can be obtained from the Museum Staff, Tuesday to Saturday 10:00 a.m. to 4:00 p.m.

The Limited information found in this article was courtesy of Warbird Alley (www.warbirdalley.com) and Wikipedia.

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Depuis sa création en 2001, ce site convivial a accueilli plus de 90 000 utilisateurs inscrits. Un sondage en ligne a révélé que la satisfaction globale de la clientèle demeure stable à 89 % après cinq ans d'analyse.

Le système de Vêtements en ligne recueille automatiquement des données sur l'utilisation et les points accumulés par chacun des clients. Les points sont alloués chaque année selon les tenues du jour (palier 1 [UDE] ou palier 2 [tenue opérationnelle des FC]).

L'analyse rétrospective d'utilisation a souligné des domaines où des économies peuvent être effectuées, ce qui est à l'avantage de l'utilisateur et permet au Ministère d'économiser.

C'est une situation où les deux parties sont gagnantes, particulièrement dans le contexte de ralentissement économique actuel.

Dès le 1^{er} avril 2010, l'accumulation des points sera ajustée. Les utilisateurs s'apercevront que certains articles ont été supprimés ou ajoutés et que les barèmes de distribution annuels ont été réduits dans d'autres cas.

Le nombre total de points accumulés autorisés passera de 1200 à 300 points. Les militaires du palier 1 (UDE)

verront leur allocation de points réduite de 600 à 500 points par année. L'allocation annuelle de points pour les militaires du palier 2 (tenue opérationnelle) ne sera pas modifiée.

Étant donné que de nouveaux articles sont ajoutés, certains ne seront plus offerts ou seront réservés pour certains utilisateurs. Par exemple, les t-shirts distinctifs d'éléments pour le personnel de la Marine, de la Force aérienne et de l'Armée de terre seront ajoutés, et le t-shirt et les pantalons

courts gris seront limités aux recrues. Dans le même ordre d'idées, le personnel de Marine qui pouvait obtenir deux foulards, un noir et un blanc, peut désormais se procurer le foulard noir seulement.

Les membres du personnel devraient noter que, selon les données d'utilisation, la quantité annuelle maximale de certains articles a été réduite. Cela dit, les militaires peuvent encore acheter des articles supplémentaires en ligne au prix affiché.

Chaque personne peut

demander une augmentation du nombre de points alloués au moyen de la chaîne de commandement si des circonstances particulières relatives au travail justifient des points supplémentaires.

Pour de plus amples renseignements, veuillez consulter la FAQ sur le site de Vêtements en ligne (<https://www.logistikunicorp.com/>) ou communiquer avec le DAPES 2-C7, M. Richard Lepage (Richard.lepage@forces.gc.ca), l'administrateur de Vêtements en ligne.

Clothing Online – A Great System is Being Improved

Clothing Online provides a proven and efficient delivery system for CF distinctive environmental uniforms (DEU) to all active Canadian Forces personnel using e-business and timely 'home' delivery.

Since its inception in 2001, more than 90,000 registered users have been accessing the easy-to-use site. An on-line survey has reported that overall customer satisfaction remains constant at 89 % after five

years of analysis.

The Clothing Online system automatically collects data on usage figures as well as the points each customer accumulates. Points are allocated annually, based on the dress of the day-Tier I (DEU) or Tier II (CF Operational clothing).

Historical usage analysis has highlighted areas where efficiencies can be made, benefitting the user and saving

the department money. It is a win-win situation, especially in the current constrained economic climate.

As of 1 April 2010, the accrual of points has been adjusted, and users will see that some clothing items have been removed, some added, and others reduced in annual entitlement quantities.

The total allowable accumulation of points will be reduced from 1200 to 300

points. Tier 1 (DEU) members will see their annual allocation of points reduced from 600 to 500 points annually. There will be no change to the annual allocation of points for

Tier 2 (Op Clothing) members.

With the introduction of new clothing, some items will be discontinued or restricted to certain users. For example, distinct environmental T-shirts for Sea, Land, and Air

personnel will be introduced, and the grey T-shirt and shorts will be restricted to recruits only. Similarly, Navy personnel who had access to two scarves – one white and one black – may now acquire only the black scarf.

Personnel should note that, based on usage data, the maximum quantity of some items for purchase in one year has been reduced. That said, individuals may still purchase additional clothing items on-

line at the published prices.

An individual may petition for increased points allowance through the chain of command, if special work related circumstances warrant additional points.

For further information, please consult the FAQs on the Clothing Online site <https://www.logistikunicorp.com/> or contact DSSPM 2-C7, Mr. Richard Lepage (Richard.lepage@forces.gc.ca) Clothing Online administrator.

Surprise Show for Pre-teens

By: Recreation Youth Worker; Megan LeMoine

For one night only, a surprise show only for pre-teens! Terry Kelleher, entertainer extraordinaire, will sing, dance, show us his magic tricks, bring funny props, and also there will be tons of audience participation. So tell your friends and bring \$2 to be entertained for one night only! We will be selling hot-dogs and pop for \$1 each too! There will not be a pre-teen movie that night, the movies will resume the following week. For any information or questions please call Megan at 765-8165. See you there!

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A Busy Year for Middleton Regional High School Band!

Submitted by **Debbie Taylor, President, MRHS Band Parents Association**

The new bandroom at Middleton Regional High School has made for a very exciting year in the music program. This state of the art facility is a real asset to our community. Two Acadia University Bands have already played in Harvey Hall, the new bandroom's christened name. Middleton Regional High School Senior Band hosted the bi-annual Triband Workshop on

Saturday, March 27. Students from Bridgetown, Annapolis Royal, and Middleton enjoyed a day of music under the direction of Gary Ewer. A concert that evening featured the conjoint effort of the three bands and various musical acts showcasing talented students. Upon arriving at the school that Saturday morning, the parking lot was full. You would have thought it was a regular school day. The school was hosting a Volleyball Tournament, Junior Debate Tournament, and the Triband Workshop, proving

Middleton Regional High School is the hub of activity for our youth. The MRHS Senior Band is hosting a choir from Georgetown, Ontario early in April and our students will be traveling to their homes later in the month.

The MRHS Band program has a rich and proud history that includes travel, recognition, and most importantly, a long line of diverse musical selections that are consistently performed with the goal of musical sincerity. Music and fund-raising - the two seem

inseparable whether it's the New York Philharmonic, Symphony Nova Scotia, or the Middleton Regional High School Band Program. Candles and Classics has been a major annual fundraiser for the Band Program at MRHS. Held at Annapolis East Elementary School, the dinner was cooked by MRHS Band Parents and was served by Junior Band members. The MRHS Senior Band provided the musical entertainment. This event reflected the pride we have in our MRHS Band Students

and their Director, Mr. Richard Bennett. In looking to the future, the Band Parent Association wants to feature an event for the community in Harvey Hall instead. We don't feel, at this time, that we could do this new concept the justice it deserves. The beginning of this new tradition will be a priority for the Association next year. Our heartfelt thanks are extended to local businesses, previous members of the bands and the Association, and you, our supporters, for contributing to Candles and Classics for the

past twenty-one years.

This year, a Community Appreciation Night will be held on Wednesday, April 21, 2010 at 7:00 p.m. We welcome this opportunity to thank the community for its dedication and generosity. Please be sure to attend this event and/or come to see the bands perform at their Spring Concerts - the Beginner and Junior Bands will play on Wednesday, June 9 and the Senior Band will host its final concert on Thursday, June 10, both at 7:30 p.m. We hope to see you there!

The Month of April Recognizes Autism Awareness in Nova Scotia

Submitted by **Jennifer Hill, Coordinator of Prevention Support and Intervention Services**

Approximately 1 out of every 150 people has an autism spectrum disorder. Autism is a developmental disability that is

a result of neurological disorder that affects the brains functioning. The symptoms of autism typically emerge in children by

approximately age 3. The causes of Autism are still unknown; however advances in medical research continue to provide information in identifying and diagnosing autism earlier through early intervention.

Diagnosing autism involves an assessment completed by a

qualified psychologist or physician using a diagnostic tool. The earlier the diagnosis the more successful treatment will be. Many people with autism lead successful and independent lives. Early and effective intervention and treatment are key.

Please contact Jennifer to learn

more about the local resources that are available to support families with autism.

<http://www.autismawareness.ca/>
Boutot, A & Tincani, M. (2009). *Complete guide to autism spectrum disorders: autism encyclopaedia*. Waco Texas, Prufock press inc.



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(L to R) Jeanne Saulnier, SMH Site Manager; John Marshall, Soldiers Memorial Hospital Foundation; Rami Saaloukeh, Pharmacist and Owner Shoppers Drug Mart; Bonita Berkman, Customer Services

Soldiers Memorial Hospital is the recipient of the Tree of Life donation from Shoppers Drug Mart, Greenwood. The Annual Tree of Life Campaign allows customers and Shoppers Drug Mart employees the opportunity to make a difference in communities. SMH Foundation and Annapolis Valley Health are very appreciative of the funds raised, that will support women's health in the Annapolis Valley.



**NOMINATION DAY
VILLAGE OF GREENWOOD
Wednesday, APRIL 28, 2010**

The Village Commissioners of Greenwood have adopted a nomination day by-law and hereby give notice that nominations for election for three upcoming vacancies for Village Commissioner; will be accepted on **Wednesday, April 28, 2010**.

Nomination Forms will be available at the Greenwood Village Office beginning April 7, 2009 for the following vacancies:

- 2 – three year terms**
- 1 – one year term**

All nominations must be in writing, in Application "Form A", and must be filed with the Clerk/Treasurer on April 28, 2010, between the hours of 8:00 a.m. and 1:00 p.m.; or by appointment during the week preceding Nomination Day. Only those persons duly nominated shall appear on the ballots, as candidates for election on **Election Day, May 11, 2010 at the Annual General Meeting, 7:00 p.m.** at the Greenwood Civic Building, RCAFA Hall, 904 Central Ave, Greenwood.

Marian Elsworth
Clerk-Treasurer
Village of Greenwood

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The deadlines are as follows: 12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material MUST be typed and MUST be accompanied by the disk and hard copy, the originator's name, address and telephone number no later than 9:30 a.m. Thursday. Or E-mail us at aurora@auroranewspaper.com

12h00 pour les annonces publicitaires moins d'une demie page, le mercredi qui précède la semaine de publication. Les annonces publicitaires de plus d'une demie page ou demandant une épreuve doivent nous arriver par le mercredi à 12h00. Les documents doivent être dactylographiés et provenus avec le disque et une copie imprimée. Ils doivent aussi porter le nom, l'adresse et le numéro de téléphone de l'auteur. Ou Email: aurora@auroranewspaper.com

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(Companies or individuals that are currently in arrears shall not be published.)
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**Editor,
The Aurora Newspaper
PO Box 99
Greenwood NS
BOP 1N0**



**Rédacteur,
Le Journal Aurora
C.P. 99
Greenwood, N.-É.
BOP 1N0**



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Wise customers read the fine print: * ** † Why Canada Drives Event offers apply to retail deliveries of selected new and unused models purchased between April 1st and April 30th, 2010 from participating retailers. Retailer order/trade may be necessary. Offers subject to change without notice. See participating retailer for complete details and conditions. *\$26,499 Purchase Price applies to 2010 Ram 1500 Quad Cab SXT 4x4 (24A+AGR) only and includes \$5,750 Consumer Cash Discount and \$500 Bonus Cash Offer. See participating retailer for complete details. Price excludes freight (\$1,400), licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailers may sell for less. **Consumer Cash Discounts are offered on most new 2009/2010 vehicles and are manufacturer-to-retailer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. ** Bonus Cash is offered on all new and unused 2010 vehicles except Dodge Challenger, Dodge Caliber CVP and Caliber SE PLUS and Sprinter models. Bonus Cash is a manufacturer-to-retailer incentive which will be deducted from the negotiated price after taxes. See your retailer for complete details. †0% purchase financing for 36 months available to qualified customers on approved credit through Royal Bank of Canada, Scotiabank, TD Financing Services and GMAC on most 2010 Chrysler, Jeep, Dodge and Ram models, except Challenger, Caliber Canada Value Package and SE Plus, Grand Caravan Canada Value Package and Cargo Van, Sprinter and Ram Chassis Cab. Example: Ram 1500 Quad Cab SXT 4x4 (24A+AGR) with a Purchase Price of \$26,499 financed at 0% for 36 months equals monthly payments of \$736.08; cost of borrowing of \$0 and a total obligation of \$26,499. Price excludes freight (\$1,400), licence, insurance, registration, any retailer administration fees, other applicable fees and taxes. Retailer order/trade may be necessary. Retailers may sell for less. † Variable Prime Rate up to 84 months is offered on most new 2010 vehicles on approved credit to qualified retail customers through TD Financing Services. Bi-weekly payments shown are based on 84 month terms. Variable rate is TD Prime Rate and fluctuates accordingly. Payments and financing term may increase or decrease with rate fluctuations. Offer not valid for residents of New Brunswick, Newfoundland and Labrador, Yukon, Nunavut and NWT. See participating retailer for complete details. † Ram 1500 offers the most powerful engine under 6.0L in its class. † 2010 Ram Crew 1500 Laramie with optional equipment shown has a higher price than the 2010 Ram 1500 Quad Cab SXT 4x4 advertised. See your retailer or go to www.ramtruck.ca for complete details. † SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. † Jeep is a registered trademark of Chrysler Group LLC. The Best-Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under license.



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Welcome to the Greenwood Military Family Resource Centre (GMFRC)

By Sergeant Pete Nicholson, 14 Wing
Photojournalist
Welcome Program

Located in the large blue building on School Street, in a back office with a great view of the GMFRC parking lot is the office of Nicole Godin. She is the Coordinator of Outreach and Community Information Services responsible for the Welcome Program. She has been involved with MFRC's for thirteen years and has been with the Greenwood MFRC for ten years.

Community and Information Services incorporate the Welcome program, looking after approx 350 new Canadian Forces families every year. They generally rely upon the sponsor or Unit for posting info. They'll give out approximately 300 - 350 Welcome packages per year; also available on their website at: <http://www.greenwoodmfr.ca>.

The Welcome Package has an enormous wealth of information for the member! Using a database with over 3,600 entries, it provides information ranging from doctors, clubs, schools, banks and realtors and a lot more! It's updated two to four times annually, making their transition



(Photo: Sergeant Pete Nicholson, 14 Wing Photojournalist)

that much easier!

The front office team gives new members and

their families tours of the facilities when they clear-in, explaining the various programs and services

offered at the GMFRC. If the spouse is not there at that time, the member is asked to return at a later date with their family for a tour. A follow up Welcome call is carried out by fully bi-lingual personnel to the spouse inviting them to visit to get to know the facility and make connections with others

Yet another way the GMFRC passes on valuable information to the families is the "Greenwood 101" Guided Tour. This is held every fall after the families have settled in. Bi-lingual volunteer tour guides take the new folks through Greenwood, Kingston and Middleton via one of the 14 Wing buses.

They had 15,000 inquiries at their reception desk last year alone. They look after all of us with only 220 volunteers, sixteen full time staff, five evening staff and a team of casual emergency childcare providers. The GMFRC is what it is today from the very positive feedback received from families. So, if you haven't been there or it's just been awhile, go visit the Greenwood Military Family Resource Centre!

Provides a chance to connect, support, comfort. Welcome!

Bienvenue au Centre de ressources aux familles militaires de Greenwood (CRFMG)

Sergent Pete Nicholson, Photojournaliste de la 14^e
Escadre

Programme d'accueil

Dans les services administratifs du grand bâtiment bleu, rue School, avec une vue magnifique sur le parc de stationnement du CRFMG, se trouve le bureau de Nicole Godin, coordonnatrice des Services d'accueil et de renseignements à la communauté et responsable du Programme d'accueil. Nicole a participé aux activités des CRFM pendant 13 ans, et à celles du CRFMG pendant 10 ans.

Le Programme d'accueil fait partie des Services d'accueil et de renseignements à la communauté qui, chaque année, offrent des services à près de 350 nouvelles familles de militaires des Forces canadiennes. Ces services ont recours au parrain ou à l'unité pour afficher l'information. Ils distribuent chaque année environ 300 à 350 trousseaux d'information, qui sont également disponibles sur leur site

Web à : <http://www.greenwoodmfr.ca>.

La trousse de bienvenue offre au militaire une mine de renseignements! En utilisant une base de données contenant plus de 3 600 entrées, elle fournit des renseignements aussi bien sur les médecins que sur les clubs, les écoles, les banques et les courtiers immobiliers et bien plus!

L'équipe de réception offre aux nouveaux militaires et à leurs familles des visites des installations lorsqu'ils procèdent aux formalités d'arrivée, en leur expliquant les divers programmes et services offerts au CRFMG. En l'absence du conjoint ou de la conjointe, on demande au militaire de revenir avec sa famille pour une visite à une date ultérieure. Un appel de suivi de bienvenue est effectué auprès du conjoint par un personnel bilingue, l'invitant à participer à une visite afin de se familiariser davantage avec les installations et d'établir des liens avec les autres familles.

La visite guidée « Greenwood 101 » constitue un autre moyen par lequel le CRFMG communique des

renseignements utiles aux familles des militaires. Cette visite est organisée chaque année, à l'automne, après que les familles se sont installées. Des guides-interprètes bénévoles bilingues accompagnent les nouveaux arrivants à Greenwood, à Kingston et à Middleton, dans l'un des autocars de la 14^e Escadre.

L'an dernier seulement, le bureau d'accueil a reçu 15 000 demandes de renseignements. Ils s'occupent de nous tous, avec seulement 220 bénévoles, 16 employés à temps partiel, 5 personnel du soir et une équipe de fournisseurs de services de garde d'enfants occasionnelles ou en cas d'urgence. Le CRFMG est ce qu'il est aujourd'hui grâce aux commentaires très positifs qu'il a reçus des familles. Alors, si vous n'avez pas été encore visité le Centre de ressources aux familles militaires de Greenwood ou si votre visite remonte à longtemps, vous y êtes la bienvenue!

Les CRFMG vous offre l'occasion d'établir des liens, d'aider, de reconforter. **Bienvenue!**

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Drive one.

Theatre Support Element - Southwest Asia

Deployment Spot Light



Camp Administration Section

By Master Corporal Colleen Southern
Home Section:

14 Wing, Mission Support Squadron, Wing Administration, 413 (Transport & Rescue) Squadron, 14 Software and Engineering Squadron and 26 Canadian Forces Health Services.

Theatre Support Element (TSE) job:

Providing personnel, administration, and financial support to camp personnel.

Message to Home Unit:

Thanks to Military Family Resource Centre (MFRC) for all the support.

Message from Camp Administration Section:

Working long hours, however we get together once in a while for some fun and downtime. Personnel from the top Sergeant (Sgt) R Scott, Corporal (Cpl) L White, Sgt D Howes, Sgt L Labreque, Master Corporal (MCpl) J Warren, Cpl L Porter, Cpl D Collins, Cpl L Doyle, MCpl J Nadeau, Private M Wadman.



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SALE OF SURPLUS EQUIPMENT

The Municipality of the County of Kings' Department of Engineering and Public Works has the following surplus equipment for sale by tender:

- 1 2000 Ford F-150 ½ ton
- 2 1998 Ford F-150 ½ tons
- 1 1997 Ford F-150 ½ ton
- 11991 Case Tractor Model 595 MFD (with front bucket, snow plow, side rotary mower)
- 1 Massey Ferguson tractor Model MF220 (with bucket & bush hog)
- 1 Trailer 4,618 kg registered weight (ex Generator)
- 1 Trailer 1,818 kg registered weight(ex Generator)

All items to be sold "as is, where is" and may be viewed by appointment at the Public Works Maintenance Shop, 81 Cornwallis Street, Kentville, N.S. Closing date for submissions: **Thursday, April 22, 2010 at 2:00 p.m.**

The Municipality reserves the right to accept or reject any tenders. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

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TOEPICS • Spring Fling Seminar Brings World Renowned Coach To Greenwood

Easter Weekend is becoming an important date on the skating calendar in Nova Scotia. For the past 5 years the Valley Region of Skate Canada Nova Scotia has hosted a Skater Development seminar at the Greenwood Club. This year skaters and coaches from across the valley and Nova Scotia benefited from the wise and knowledgeable Douglas Leigh, Director of the world famous Mariposa Skating School in Barrie Ontario. Mr Leigh is the only level 5 certified skating coach in Canada and has led numerous skaters to world fame including Brian Orser, Elvis Stojko and Jennifer Robinson, to name a few. More than anything, the skaters and coaches who come into contact with him cannot help but feel his passion for this sport. Whether you are a young skater just starting or a seasoned competitor, he is thrilled to share his



From left to right: Cheryle Gaston-McMullen, Meghan Breckon, James Hazelton, Erika Rice, Douglas Leigh, Alex Robert, Jenna Breckon, Ann Young and Janice Morgan

insight no matter what. He has given his stamp of approval to the work being done here by club coaches Cheryle Gaston-McMullen and Ann Young, sighting their passion for what they do as an

important contribution to the development of the skaters as people and not just athletes. He is also very impressed with the caliber of skating here and will be working with a few of our own when they travel to Barrie

for some summer training in July. Accompanying Mr Leigh was Janice Morgan from Barrie who worked with the skaters on spins and spirals and also off-ice classes. Everyone who attended was very excited about the entire event and are already looking forward to next year.

In other news, we are well underway with our Spring session and skaters are hard at work acquiring new skills in Canskate, Powerskate and AdultSkate. Anyone interested in the Adult skate program should come in and check it out on Wednesday nights from 8:45-9:45 p.m. ... only 4 session left. For information contact Carol Breckon at 760-2111.

The Greenwood Skating Club Annual General Meeting will be held on Tuesday, April 27th at 6:00 p.m. at the Greenwood Gardens Arena.

National Coaching Certification Program (NCCP) Introduction to Competition - Part B Designing a Basic Sport Program Module

By: Eric MacKenzie, Community Recreation Coordinator

The National Coaching Certification Program (NCCP) is a coach training and certification program for 65 different sports that is offered in both official languages. NCCP workshops are designed to meet the needs of all types of coaches, from the first-time coach to the head coach of a national team.

The 14 Wing Community Centre will be offering the "Introduction to Competition - Part B" Course on the weekend of April 30th - May 2nd 2010. This is the new Part B course (formally level 2), with intergraded NCCP material, be held in the Upper Multi Purpose Room of the 14 Wing Community Centre. Please note that you **do not** have to have completed your **Part A** as a pre-requisite to register for this course.

On Friday, April 30th from 6:00 p.m. - 10:00 p.m., you will learn how to design a Basic Sport Program that meets the training and competition needs of your athletes. In particular, you will be able to:

- Develop a program structure based on opportunities for training and competition
- Establish indicators of athlete development in your program

- Develop practice plans that reflect season training priorities
- Saturday, May 1st from 8:30 a.m. - 4:00 p.m., will consist of the Teaching and Learning portion of the program, where you will learn to;
 - To take a critical look at your own teaching
 - To use several assessment tools
- Implement an appropriately structured and organized practice
- Make interventions that promote learning
- Sunday, May 2nd from 9:00 a.m. - 12:00 p.m., will consist of the Basic Mental Skills portion of the program, where you will learn to;
 - Help athletes be mentally prepared for competition
 - Integrate mental preparation strategies

Please note that the course registration fee is \$35 and you must be 16 years of age prior to or on the date. Also, please note that these courses fill up quickly on a first come first serve basis.

If you would like to register, or to learn more about this module, please call Eric MacKenzie at 765-1494 ext 5337.

Blood Donor Clinic

By Eric MacKenzie

Here's your opportunity to save lives! It is once again time to roll up your sleeves and take the time to give blood. Canadian Blood Services

will continue to hold **two day donor clinics** as a result of the outstanding support from our local communities. Let's respond and take advantage of this opportunity by filling up two full days with appointments. If we can double our one day attendance, over both days, Canadian Blood Services may be able to collect enough donations to save over a thousand lives!

The next **two day donor clinics** will be held at the 14 Wing Greenwood Community Centre on Tuesday April 20th and Wednesday April 21st. Donors can either give during the 1:00 p.m. - 3:00 p.m. time slot or the 5:00 p.m. - 8:00

p.m. evening slot on Tuesday the 20th or Wednesday the 21st. If you are interested in giving blood, please ensure that you bring identification with your full name and signature or full name and photograph. New donors are welcome!

Please note that if you get a flu shot, you must wait 2 days after the shot before donating blood.

This two day clinic is made possible by the generous support from McDonald's and Tim Hortons. If you are interested in more information please call Eric MacKenzie at 765-1494 ext. 5337 and please call 1-888-236-6283 if you wish to book an appointment.

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The 'Greenwood Players' Spring Production
'Murdered To Death'
 by Peter Gordon

This hilarious spoof, in the best of Agatha Christie traditions is set in a Country home in the 1940's, with an assembled cast of characters guaranteed to delight - Bunting the Butler; and English Colonel with the obligatory stiff upper lip; a shady French art dealer and his moll; the bumbling Police Inspector; and a well meaning local sleuth who seems to attract murder wherever she goes - they're all here and all caught up in the side splitting antics which follows the mysterious death of the houses owner.

The production runs from May 11th to May 15th inclusively at the AVM Morfee Centre. Curtain up at 7.30 p.m. nightly.



Chantal Murphy is 'Margaret Craddock'



Grant Russell portrays 'Inspector Pratt'



Laughlin Maclean is 'Pierre Marceau'



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Proper tire pressure is a big deal. Maintain it with nitrogen, and you will see these **three primary benefits:**

- **Increased Fuel Efficiency** - Correct tire pressure keeps the manufacturer's recommended "contact Patch" on the road. This lessens the rolling resistance and maximizes fuel efficiency.
- **Longer Tire Life** - When it comes in contact with other materials, oxygen causes oxidation. Oxidation can make rubber brittle and cause it to lose tensile strength. In addition, at high temperatures and pressures, oxygen reacts and damages inner tire liners and belt packages; and nitrogen does not.
- **Increased Safety** - Under-inflated tires cause 90% of blowouts. Nitrogen provides more reliable pressure for reduced blowout potential.

Other Benefits:

- **Improved TPMS Performance** - If you have a new car, you likely are plagued by a flashing light telling you your tire pressure is low. For example, one woman's light was going off every four to five weeks. After inflating with nitrogen, her light did not reappear for 53 weeks!
 - **More Predictable Pressure Fluctuation** - NASCAR teams use nitrogen so they can more accurately predict tire pressure fluctuation. Regular compressed air can fluctuate considerably when water vapour is present.
 - **Longer Rim Life** - Rim rust caused by condensation from water vapour and other gases can get caught in valves and create slow leaks in tires. Nitrogen is completely dry, so it eliminates the potential for condensation.
- Who Else is Using Nitrogen?**
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 - Commercial Airlines
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See Store for Details
Greenwood Location Only

Exp. April 19, 2010

Obituary

FOSTER, Oren Smith - 97, Deep Brook, passed away peacefully on Tuesday, April 6, 2010, in Annapolis Community Health Centre, Annapolis Royal. Born in Karsdale, he was the son of Huey and Mildred Foster. Oren was decorated with the 1939-45 Star, Italy Star, France/Germany Star, Defence Medal, and the Canadian Volunteer Service Medal and Clasp, as well as being presented the British Empire Medal at Buckingham Palace. Oren is survived by his wife, Susan (Bell) Foster, and son-in-law, Winston Martin. Besides his parents, he was predeceased by his daughter, Jeanette Martin. Cremation has taken place and no visitation by request. In lieu of flowers, donations may be made to the Royal Canadian Legion Branch 122, Clementsport. The memorial service will be held on Monday, April 12, at 2:00 p.m., in Royal Canadian Legion Branch 122, Clementsport with Comrade Doug Moore officiating and Dr. George Allen assisting. Interment will take place in Karsdale Cemetery, Karsdale. Arrangements are under the care and direction of Serenity Funeral Homes & Crematorium,



568 Main Street, Wolfville, NS B4P 1E7. Cards of sympathy may be sent to this address or on-line at: www.serenityfuneralhome.ca

Editor's Note:

Mr. Oren S. Foster joined the Armed Forces on September 7, 1939, in Annapolis Royal. While in Italy, Mr. Foster served with the West Nova Scotia Regiment as a sniper, or "loner" as they used to call him. He served in Italy from July 1943 until February 1945. Although he was offered higher ranks, Mr. Foster decided to complete his service as a private because only privates were allowed to be snipers.

The highlight of Mr. Foster's life was when he was invited to Buckingham Palace to meet King George VI and was awarded the British Empire Medal.

Mr. Foster worked with a car dealer in Toronto for 24 years, then as a commissionaire at a naval base (CFB Cornwallis) until retiring in 1986.

Mr. Foster was an avid writer/historian who regularly submitted "Letters to the Editor" in The Aurora Newspaper. Many readers have followed his adventures through the war years as he recounted his experiences both on and off the battlefield. His "letters" will be missed.

Stephen Boates
Managing Editor
The Aurora Newspaper

"Under The Story Tree" at 14 Wing Library



Easter egg decorating and an egg hunt were the themes of the March 30th, Tuesday morning "Under The Story Tree" at 14 Wing Library.

Thirteen youngsters enjoyed our special guest, Miss Edna, read Easter stories. Miss Donna had fun helping everyone create their own Easter egg.

Mid Valley Palliative Care Quilt Raffle



On April 3, 2010, Roger Cyr, a palliative care patient in Soldier's Memorial Hospital, drew the winning ticket on a raffle for a snowman quilt sponsored by Mid Valley Palliative Care Services. The winner of the quilt was Leon Caldwell of Lawrencetown.

Money raised by the raffle, will help MVPCS care for palliative care patients and their families in the SMH catchments area.

MVPCS is totally a volunteer organization with no government

funding. It provides trained volunteers to offer respite care for families in the community and in hospital. In addition to respite care, MVPCS has home care equipment to lend out to families caring for a loved one at home. These items included: bath chairs, commode chairs, walkers, wheelchairs, over bed tables, two lift up chairs for the community and two lift up chairs kept in the hospital, an air zone mattress kept at SMH for palliative patients.

At Soldiers' Memorial Hospital, we provide comfort carts, supplied by MVPCS, for palliative care patients and their families that allows them to make coffee or tea, in the patients room.

Money from a recent fundraiser is going toward the purchase of another pain pump. This is a patient controlled programmable device that gives a continuous subcutaneous infusion of pain medication with the added feature of a bolus dose controlled by the patient. A physician orders the amount of continuous infusion and the amount and timing of the bolus doses. This device gives managed pain control.

MVPCS accepts referrals from patients, families, family physicians, VON, Homecare, the Palliative Care physician and nurse and the discharge planning nurses within the catchment area of SMH.

Mid Valley Palliative Care Services has been present in this area since the early nineties and the generous donations from the citizens of this part of the Valley will allow us to continue to provide this very important and much needed care.



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Who is Accreditation Canada? Accreditation Canada is a voluntary, non-profit, non-government organization dedicated to improving the quality of health services.

How will this affect you? The impact on clinic operations will be minimal. The clinic has tried to schedule events so as to minimize the impact it will have on the delivery of care to you, our clients. The clinic will, however, be at minimum manning beginning at 1500 hrs on Thursday, 15 April 2010 to receive feedback from Accreditation Canada.

Registration Event
for OneMatch

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14 Wing Greenwood

Wednesday April 21st

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(Image by: Mary Wredenhagen)

The Hunt Was On!

Submitted by: Michelle Thibodeau Wagner, GMFRC Coordinator of Special Events and Promotions 765-1491 local 1421 michelle.thibodeau-wagner@forces.gc.ca

Fun was had by all at the 2nd Annual Easter on the Wing. About 300 friends gathered at the Annapolis Mess for an afternoon of Easter fun. Little bunnies with ears and whiskers hunted eggs, decorated cookies, watched a magic show and did some Easter crafts and activities. The Easter Bunny was even able to drop by for a visit.

The Greenwood Military Family Resource Centre (GMFRC) and 14 Wing Community Centre would like to specially thank the volunteers who made the event such a success, without them the event would not have happened for our military families.

We look forward to seeing you at the next GMFRC and Community Centre partnered event; Canada Day on the Wing.

Is the ZX 10K on Your Calendar Sunday, 25 April?

14 Wing Greenwood Fitness & Sport Centre, Sunday, 25 April, 10:00 am, be there, you don't want to miss it! The ZX 10K Road Race and the 5K Fun Run is coming to Greenwood for the 31st time. The ZX 10K marks the beginning of the running season for number of runners as the first event of the Timex Series and the second event of the Run Nova Scotia Series, leading to the National Championship. Of course, this running event is not just for experience runners and is a great starter for the whole family. Everyone is welcome to participate in any of the two events. The 5 km Fun Run will take you around 14 Wing flight line while the 10 km Road Race event will take you out of the Base on a semi-rural course around Greenwood, giving you a taste of the beautiful Annapolis Valley region. The spring finally arrived, come out and enjoy a wonderful morning surrounded by smiling faces and happy runners from all around the province.

Don't wait any longer and visit our website to register today www.zx10k.ca. Be one of the first 150 to register and receive a special gift.

(Image: Wing Imaging, archives)



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630U	2005	Toyota	Echo	4 Dr	Auto	Gold	102,000	\$ 8,995
632U	2006	Saturn	ION	4 Dr	Auto	Blue	79,000	\$ 8,995
478U	2004	Chev	Optra LS	4 Dr	Auto	Blue	95,000	\$ 7,375
526U	2004	Nissan	Sentra	4 Dr	Auto	Maroon	100,000	\$ 7,450
569U	2004	Hyundai	Accent GL	4 Dr	Auto	Silver	94,000	\$ 6,600
570U	2005	Chev	Optra LS	4 Dr	Auto	Silver	93,000	\$ 8,500
635U	2005	Pontiac	Grand Prix	4 Dr	Auto	Silver	65,000	\$ 10,900
508U	2004	KIA	Rio RS	4 Dr	Auto	Green	80,000	\$ 6,475
586U	2005	Mazda	3	4 Dr	Auto	Red	98,000	\$ 11,900
597U	2005	Mazda	3	4 Dr Hatchback	5 Spd	Copper	95,000	\$ 12,900
604U	2007	Ford	Focus	4 Dr	Auto	Maroon	83,000	\$ 10,800
619U	2007	Ford	Fusion SE	4 Dr	Auto	Maroon	65,000	\$ 13,500
625U	2006	Toyota	Matrix	5 Dr	Auto	Lt Blue	99,000	\$ 13,650
TRUCKs, VANs & SUVs								
629U	2005	Pontiac	Montana EXT	Van	Auto	Green	100,000	\$ 10,900
499A	2004	Chev	Venture	Van	Auto	Green	86,000	\$ 7,900
613U	2005	Dodge	Gr Caravan	Ext Van	Auto	Red	115,000	\$ 11,900
621U	2007	Ford	Ranger Sport	Ext Cab, 4 Dr	Auto	Blue	57,000	\$ 12,995
627U	2005	Pontiac	Montana SV6	Ext Van	Auto	Silver	85,000	\$ 10,500
624U	2007	Ford	Ranger Sport	Ext Cab, 4x4, 4 Dr	Auto	Red	75,000	\$ 15,975
634U	2005	GMC	Sierra 8 cyl	Reg Cab, 2x4, 2 Dr	Auto	Blue	57,000	\$ 13,995
633U	2006	Pontiac	Torrent AWD	4 Dr	Auto	Silver	87,000	\$ 15,900
641U	2007	Jeep	Liberty	4X4	Auto	Red	110,000	\$ 14,900

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The Buzz from 14 Air Maintenance Squadron (14 AMS)

Compiled by: Warrant Officer (WO) Glen Goodall,
14 AMS

THE BUZZ...

14 AMS is once again a bee hive of activity – no pun intended. Change is a good way to freshen things up and that is exactly what the Commanding Officer (CO) of 14 AMS has done by having a new logo incorporated into the squadron. The new 14 AMS logo is now out in print, on t-shirts, on ball hats etc etc and is now a widely accepted part of the squadrons way of life. See your local 10 and/or 11 Hangar (Hgr) kit rep to purchase any of the fine 14 AMS merchandise available.

The annual inter-hangar Gartenburg Cup hockey competition was held the 25 Feb 10 at the Greenwood Gardens. It was a hard fought battle between 10 and 11 Hgr. The battle ended up going to a shoot out to see who emerged victorious. 10 Hgr ended up winning in the shoot-out over 11 Hgr by a margin of a goal. 10 Hgr now holds the bragging rights for a year.

14 AMS also held its annual Mess Dinner 25 Feb 10. Four awards were handed out on this momentous occasion. Top Apprentice of the Year was awarded to Private (Pte) Scott Arsenault from the Aircraft Repair Organization (ARO). The Airmanship Award was presented to Corporal (Cpl) Leroy Ward from the Aircraft Composite Structures (ACS) shop. Master Corporal (MCpl) Vicky Puttick from Avionics Support Organization (AVSO) was the honoured recipient of the Junior Leadership award. Last but not least, Warrant Officer (WO) Peter Kowalchuk from the ACS shop was the proud honouree of the Senior Leadership award. Congratulations to all the 14 AMS award winners as well as those who were nominated.

14 AMS ACS – Pte Megan MacNeill

The ACS Shop has been business as usual with a variety of challenging requests coming from all areas of 14 Wing. Aircraft 102's Periodic Inspection is keeping everyone, especially our ARO folks on their toes with snags from nose to tail. The fuel cell repair on aircraft 105 and the maddening windscreen dilemma on aircraft 118 have also kept things full of activity, however spirits are slowly rising as the light at the end of the tunnel is brightening with ACS ingenuity at the forefront, as well as all the tell tales of spring in the air.

We've had the long anticipated homecoming of two deployed ACS personnel; Cpl Jeff Hull returned November 15th from Kandahar Air Field and Cpl Carey Boozan December 6th from Camp Miraj. Welcome home boys!

Several of our technicians received honours at the 14 Wing's Honours and Awards Ceremony and at the 14 AMS Annual Mess Dinner in February: Cpl Leroy Ward received the 14 AMS Airmanship Award for his multi-faceted 20+ years experience as an ACS Technician encompassed with his outstanding dedication throughout 14 AMS and 14 Wing. WO Pete Kowalchuk earned the 14 AMS Senior Leadership Award for his outstanding leadership and commitments to 14 Wing and the Canadian Forces. MCpl Eric Veillette, MCpl Bruce Souter, Cpl Mike Norden and Cpl Steve Mofford received a Wing Commanders Commendation for their remarkable efforts and dedicated overtime devoted to the Material Acquisition and Support Information System (MASIS) implementation this past fall. Last but not least, Cpl Wayne Fowler was highly recognized with a Wing Commander's Commendation for his incredible dedication over the past years to the success of countless 14 Wing and local community events.

Two new ACS apprentices arrived from Canadian Forces School of Aerospace Technology and Engineering (CFSATE). Pte Tyler Youden and Pte Steve Ellis have settled into their new homes and workplaces with eager attitudes towards completing their ACS Journeyman Logbooks! Speaking of training, MCpl Yves Perreault has recently finished his Primary Leadership Qualification (PLQ) and is back in the AC Refinishing Shop. Cpl Brock McIntyre will soon be travelling to Ottawa for his Special Metals Quality Assurance Course in April, where he will learn the exquisite talents of an aircraft welder familiarizing

himself with all the exotic metals on the Aurora and Hercules aircraft. Hope you have a great time in Ottawa Brock!

One last significant event was the new addition to MCpl Steve Pyette's family. His wife delivered their fourth bundle of joy, Miss Rilla Mary Pyette, born 25 Mar 2010.

With more news to follow, we look forward to our next update as this summer's activities take hold.

14 AMS ALSE – Sgt Vinny O'Reilly

Greetings everyone from the 14 AMS Aviation Life Support Equipment (ALSE) section. It's been a while since our last update so we have some things to report and bring you all up to speed on. First off, a great big ALSE welcome to the section's newest members MCpl Chris Graham, Cpl Rose Sveinson, and Cpl Tammy Ramsdale. Welcome aboard! These folks bring some fine experience to the table and will undoubtedly be busy as we spool up for upcoming Active Posting Season (APS) and shop rotations.

The shop's two avid motorcycle enthusiasts Cpl's Steve Ripley and Guy Durand are poised and ready to start the riding season. Guy is a quite anxious and got a little carried away as he showed us pictures of him on his bike in his driveway in the middle of our big snow storm in February. The huge smile on his face said it all and confirmed even a major snow storm is no match for bike fever. Hats off go to Cpl Drew Condie for his efforts in organizing a charity hockey game in support of the Haiti Relief effort.

Well that's all for now folks, have a safe and happy spring and see you next issue.

14 AMS AMO 2 Crew – MCpl Don Harvie

Ah, spring is in the air and so are our aircraft – despite 2 Crew being seriously depleted of manpower. Temporarily lost to the Flight Systems side of the crew are Cpl Wright, Ptes Fraser, Stairs, O'Quinn and Venedam who are all currently on aircraft type course at 404 Sqn. Also learning the basics of aircraft servicing from Technical Standards Flight (TSF) are Cpl Beaudoin and Pte Wright. And let us not forget about Cpl Tim Pitre who is again on yet another course, this time to Bagotville, in preparation for his upcoming deployment to Afghanistan with the Chinook helicopters. On the plus side, Pte Savannah Ward will be returning soon from deployment with OP Podium in support of the Olympics in Vancouver but we will be losing her to 10Hgr. A fresh reinforcement arrived from CFB Borden, Cpl Erin Quan, who gave up changing tires on Jeeps to join the Aviation (AVN) Trade.

Other trades are feeling the pinch as well, losing many personnel to training courses. On course on the Propulsion side are Ptes Lemieux-Marceau, Koziel, Harvey, Gravel Pier and Gaudet. The Avionics Trades are missing Cpl MacDonald

and Pte Green to 404 Sqn and Pte Kanis to TSF. Soon to be leaving will be Cpl Terry Wadman for maternity leave and Cpl Darcy MacDonell who is getting pumped-up to participate in the Women's Regional Hockey Championships in Halifax. Speaking of Hockey... Cpl Matt Baer has earned some time off the hard way by breaking his collarbone on the ice. We wish him a speedy recovery, until then we know who will be tasked with answering the phone at the snags desk for the next little while.

Other notable happenings from behind the desk are the arrival of Sgt Ken Reynolds to the crew, moving over from Technical Support Section (TSS) across the hall and the soon to be departure of MWO David Chevalier, who will be filling a position over at 404 Sqn.

The remainder of us are doing our best to keep the aircraft flying and completing their missions. The exceptional efforts of some individuals have been recognized with Sgt Colm Kennedy receiving the CO's Commendation Award for his outstanding work spearheading the reconstruction of aircraft 115 and MCpl Duncan Haldane was recognized for his assistance with the Flight Safety investigation uncovering problems with aircraft nose wheel steering cables.

Even with this diligent care our aircraft are complex machines and suffer the occasional breakdown away from home. Technicians were required to be sent over to Sigonella, Italy with a new brake accumulator which sprung a leak and needed to be replaced before the aircraft could safely return.

Not to be outdone, another of our aircraft had to make an unscheduled layover in Jacksonville, Florida while the technicians repaired an electrical problem. I'm sure they weren't too terribly upset about being stranded for a few extra days in Florida!

We currently have another aircraft participating in exercise FOST overseas at Culdrose in England. Hopefully the aircrew and techs have better luck with their aircraft on this trip.

Posting season will soon be upon us and no doubt 2 Crew will see more personnel changes and new challenges to meet in order to keep those big grey birds up in the sky. But as they say, "It's what we do."

14 AMS AVS Labs – Cpl Christopher Morris

AVS Labs is ramping up to shut down. As we send more and more technicians on first line courses, the population of the lab is decreasing very quickly. I and many others are among the next group to go, and therefore this will be my last article for the labs. Cpl Dave Whelan will be writing the AVS Labs articles from this point on. I will remember this job in AVS Labs, not only as one of my first, but one of my best I am sure. Hopefully we all move on to bigger and better.

Recently we have had to say goodbye to Gary Arsenault.



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who donated \$879.00 for the
Annapolis Valley Cardiac Rehab
at our March 17th, 2010
benefit dance.

Gary passed away suddenly on the 1st of March, 2010. He meant a great deal to a lot of us. Before he left for Tool Control, Gary was our "Supply Support Specialist". He was the go-to guy for anything to do with our supply system. He is surely missed and that will never change. He has made great impressions on a lot of us. We give our sympathies to his family and many friends.

On the 19th of March, we not only celebrated the birthday of a friend, but his safe return as well. The surprise birthday party at Cpl Marty Myre's was a complete surprise to Cpl Mike Frenette, currently serving in Afghanistan. Mike arrived in Halifax on the 18th of March. Mike was under the impression that they were going to have a camp fire and possibly relax in the hot tub. Before he and his family arrived, we moved all the vehicles away from the house and patiently awaited his arrival. The combination of good friends and old stories kept the night alive. Mike states he never really had a birthday party, so this was the perfect opportunity. He turned 36 yrs old on the 21st. This was Mike's first trip home since departing on the 1st of Nov, 2009.

14 AMS ETO – Sgt Randy Reade

It's time to catch everyone up on the goings on in the Ivory Towers otherwise known as 10 Hangar, specifically the

a tremendous training burden off the backs of the AMO and ARO sections. Apparently, they have been doing such a great job, 404 Sqn has decided to take them under their wing in an attempt to consolidate training at the fleet school. We know they will continue to uphold the standard that was set by WO Yvon Levesque and Sgt Mike Edwards, et al.

On the Air Force Reserve side of things, WO Rick Hachey has quickly become an expert in all things Reserve related. And with posting messages coming in fast and furious he has seen a slight increase in customers knocking at his door. When not trying to backfill Parental positions, or load people on a multitude of courses he is happy to contemplate putting away the snow mobile and pulling out the clubs as the warm weather fast approaches. Sgt Diane Moore, our IT training guru, is also a swinger – golf that is. It seems ETO could put together a pretty good golf team if we wanted.

As for me, with one of my co-workers now enjoying the warmer climes of Afghanistan, it means my workload has effectively doubled. I know what you're thinking, twice nothing is still nothing, but I do manage to fill up my day with Air Maintenance Policy exams, maintaining AF-MPMT, drafting On Job Training Packages (OJTP) and Authorization code updates, coming up with pertinent weekly Airworthiness questions, etc.,

not to mention providing data for management and working closely on various projects with MWO Champagne, who left our tiny section for an office with a better view. Apparently, she wanted an office in the clouds. We didn't have the heart to point out that, if she stood on her stool, she would see the ground. She has left us in the capable hands of MWO Don Mackenzie, who will be with us for a few more months before heading to Ottawa on his posting.

It appears the old saying is true – the only constant is change.

14 AMS NDT – Cpl Wayne Wood

It was a busy time in the Non-Destructive Testing (NDT) shop the last couple of months. The shop here in Greenwood was tasked

with completing the X-Ray inspection on the cadet glider for Bagotville. Due to deployments overseas the shop in Bagotville did not have a qualified technician to carry out the inspection. We are also currently working on the cadet glider from Greenwood and Sgt Rowe should complete the X-ray inspection within the next couple of weeks. As well, tasks here, such as the aft bulkhead inspections have kept the shop busy.

At the same time two members of the shop were away for an extended period of time. Firstly, MCpl O'Keefe was in Borden completing his PLQ course. As well, I was deployed to Op Podium from January through March. As an augmentee I supported the NDT shop in Comox carrying out inspections on aircraft such as Cormorants, Buffalos, F18's, Aurora's and Sea Kings.

Training has also been the focus as well. Cpl Neale successfully completed his advanced work ups and practical exams for Level II certification in Eddy Current. As well, Cpl Angeline has now begun his studies for his written exams in Liquid Penetrant and Magnetic Particle. Once he completes his written exams he will travel to ATESS Trenton and complete his practical exams over a two day period.

With this being posting season the NDT shop will be undergoing some personnel changes as well. There is currently a NDT course running at ATESS Trenton and we expect to receive one of the graduates off the course. At the same time we expect to lose one person from the shop.

That is all the latest news from the non-destructive testing shop.

14 AMS SDO – Sgt Jan Boone

Well, once again, it's time for the spring "Section Shuffle" in Squadron Development Officer (SDO). A fond farewell is to be extended to Cpl Derek Pye of the IT Support Section. After two years, Derek has found a new place to "hang his hat" as he has moved on to AVS Labs. Cpl Margo Ridgeway has been selected as his replacement. Margo, certainly no

stranger to the Unit, is a familiar face to all as she hails from the Master Technical Library. Welcome back to SDO. While welcoming new members, SDO will soon be welcoming back an "old" member as Sgt Steve Kelly, also of the IT Section. SDO personnel are looking forward to Steve's return.

On the Quality Management side of the house, Sgt Ted Appleton is checking his "Retirement Calculator" daily, counting down to the days 'til the "good life" truly begins. Upon retirement in July, Ted will have served 32 years.

Counting down the days as well is Lt Nadia Kang, for completely different but exciting reasons. In May, Nadia is embarking a trek to Kenya with Habitat for Humanity. She will be assisting in the creation of homes for deserving families in that country. We wish her much success on her venture, and hope to hear exciting stories upon her return. Anyone interested in further information or making a donation can contact Nadia, or visit her site at the following Internet address: <http://www.canadahelps.org/GivingPages/GivingPage.aspx?gpID=6608>

14 Wing Imaging – Pte Melissa Spence

Well, just when we thought we could relax for a moment here at Wing Imaging, things are starting to pick up again. We do have to take a moment to give ourselves a pat on the back, however, after receiving the 14 Air Maintenance Squadron (14 AMS) "Operate As One" Award. But sure feels great to have our hard work acknowledged and recognized! Thank you, Lieutenant Colonel (LCol) Flynn.

Posting season will start early for us this year. We will be saying good bye to some good friends and welcoming some new faces this spring. Cpl Andrew Davis has started screening for Cold Lake, but we're going to keep his new number on speed-dial. The guy seems to know all the answers, all the time! I don't know what we're going to do without him!

Pte Vicky Lefrançois will be missed while she's in Borden taking her Imagery Technician Journeyman Qualification Level (QL5) course from April to July. She won't be back in the Valley for long, though. She's going to be posted to Combat Camera in Ottawa this summer.

We will be trading Cpl Don Kirkwood for MCpl Chris McPhee here in 10 Hangar. MCpl McPhee and Cpl Kirkwood will be trading places as Cpl Kirkwood moves to the Hornell Centre to work for Wing Intelligence doing Imagery Analysis. Cpl Mary Machalko will also be making a trip to the Hornell Centre to work for 404 Squadron.

Pte Jessye Therrien will be welcomed back from Maternity Leave this month, but only for half-days during the first few weeks while she attends an English course at the Language School. She came to us from the first Imagery Technician Apprentice Qualification Level 3 (QL3) course offered in French at the Canadian Forces School of Aerospace Technology and Engineering (CFSATE) in Borden, Ontario. Pte Matheu Gaudreault will become the newest member of Wing Imaging after he completes the second French QL3 course at CFSATE this May.

MCpl Dan Shouinard will be seeing Pte Therrien during coffee breaks at the Language School. He's going to be on a five-week French course starting this month.

Sgt Paul Green will be slipping out of the shop whenever the F-18s come to town as he becomes a member of the Wing Auxiliary Security Force (WASF) team. I guess he just missed them too much when he moved here from Cold Lake a year ago!

Well, I have to go take a Flight Safety picture now, then a presentation, and maybe a portrait. Always busy, busy, busy! Hmmmmmm... I think I understand now why we have a bee on the 14 AMS crest...

Final Buzz

That's the Buzz from 14 AMS. As the nice weather is slowly coming back to the Valley, BBQ's are once again emerging from the sheds and garages and taking their rightful places on decks and patios. Remember to check them out thoroughly prior to the first ignition for a safe and edible BBQ season.



Employment & Training Office (ETO).

With posting season fast approaching, now is the time of year that the Occupation Advisors (OAs), namely Warrant Officers 'Rollie' Albert and Kevin Parlee, arrive early at work, rubbing their hands together with an evil grin on their face, eager to read their multitude of emails, which more often than not contain posting and/or screening messages for some unsuspecting tech on the floor. Then, they happily pass along the "good" news with just the right amount of sympathy, or joy as the case may be. Curious that they don't drive their cars to work nowadays, preferring instead to pay for a cab ride, which WO Albert assures me, as he says in jest, it is cheaper than repairing punctured tires.

The flip side of all this is that the posting/rotation/transfer plots are in constant flux, and what you thought was going to happen yesterday, will change by tomorrow. In all fairness, they actually DO care about who works where, and the amount of extra time they put in to ensure all the holes in the cheese keep from lining up is commendable. And remember, they are only the messengers!

Sgt Earl Howitt and his band of merry men in the General Training cell continue to keep the Squadron up to snuff on the training side of things. They just finished pointing out the finer points of the Air Force Maintenance Planning and Management Tool (AF-MPMT) to senior management and spent a good deal of time maintaining Vanguard member readiness qualifications. With an infectious laugh and a hunt and pound typing style that sends shivers up the spine of the Squadron Information Technology (IT) staff, not to mention a phenomenal victory in the Winter Carnival Beard 'Growing' contest, Earl has been a welcome addition to the section, especially now that MCpl's Greg Gillis and Steve Dumont have him properly trained.

The Training & Standards Flight (TSF) has been busy churning out Journeyman technicians, giving them the skills required to proceed on to their CP140 type course, and taking

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Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue only covers the next couple of weeks. For future and ongoing programs and services, please visit our website at www.greenwoodmfr.ca or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

Note: To keep costs down, the only methods of payment accepted for workshop registrations is cash or

cheque. To ensure your spot for a workshop, payment is required at the time of registration.

Prevention, Support and Intervention Services

Coordinator: Jennifer Hill at 765-1494 local 1811

Email: jennifer.hill2@forces.gc.ca

Upcoming Programs Good Grief

Monday, April 12, 2010
*Group meets first Monday

of each month with the exception of Monday, April 12 due to the holiday on April 5.

6:00 p.m. – 7:00 p.m.
GMFRC

No Cost
Registration Deadline: April 12, 2010

Care for the Caregiver

Meets the first and third Tuesday of each month

Next meeting date: Tuesday, April 20, 2010

11:00 a.m. - 12:00 p.m.
No Cost

GMFRC
No registration required, just drop in.

Lunch & Learn - "Managing your Toonies"

Tuesday, May 4, 2010
12:00 p.m. – 1:00 p.m.

GMFRC
No Cost

Registration Deadline: Friday, April 30, 2010

Ongoing Services

- Emergency Shelter
- Assessment and Referral
- Short Term Support
- Crisis Intervention

Please feel free to contact me to set up an appointment to discuss any of these services or to receive more information.

Child and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Upcoming programs or services

It's Time to Start Potty Training!

Tuesday, April 20, 2010
9:30 a.m. – 10:30 a.m.

FREE
Casual Childcare Room

Registration Deadline: Friday, April 16, 2010

Parenting the Defiant Teen

Tuesday, April 20, 2010 – Tuesday, June 8, 2010

6:00 p.m. – 8:00 p.m.
FREE

GMFRC
Registration Deadline: Friday, April 16, 2010

Parenting the Defiant Child

Thursday, April 22, 2010 – Thursday, June 10, 2010

9:30 a.m. – 11:30 a.m.
FREE

GMFRC
Registration Deadline: Tuesday, April 20, 2010

Emergency Childcare Information Services

Thursday, April 22, 2010
10:00 a.m. – 11:00 a.m.

FREE
GMFRC

Registration Deadline: Tuesday, April 20, 2010

Respite Dates

Saturday, April 17, 2010
10:00 a.m. – 5:00 p.m.

Max 15 participants
Children up to age 12

Call reception to register at 765-5611.

Registration Deadline: Thursday, April 15, 2010

To meet the increased demand for respite childcare, deployed families can choose

1 of the 2 Saturday Respite Dates in April.

Saturday, April 24, 2010

10:00 a.m. – 5:00 p.m.
Max 15 participants

Children up to age 12
Call reception to register at 765-5611.

Registration Deadline: Thursday, April 22, 2010

To meet the increased demand for respite childcare, deployed families can choose

1 of the 2 Saturday Respite Dates in April.

Ongoing Programs

• Teen Council – Tuesdays at 14 Wing Community Centre

• Academic Tutoring Service - ongoing

• Parent & Tot Program - Mondays

• Toddler Tuesdays Program

• Tumble Tots - Wednesdays

• Baby Club – 1st and 3rd Thursday of each month with Public Health Nurse

Change in time 9:30 -11:00 a.m.

• Baby Club – 2nd and 4th Thursday of each month

Drop in meetings with GM-FRC Volunteer Facilitator Emelyee Smith. Change in time 9:30 -11:00 a.m.

Employment and Education Services

Coordinator: Kristen Lawson at 765-1494 local 1816 or email kristen.lawson@forces.gc.ca

Upcoming Events BoatSmart

Tuesday, April 13, 2010 & Wednesday, April 14, 2010

5:00 p.m. – 8:00 p.m.
GMFRC Classroom #1

Cost - \$55.00 for Military families & \$70.00 for Civilian

Inspirational Wall Plaques

Wednesday, April 21, 2010
10:00 a.m. – 12:00 p.m.

GMFRC Classroom #2
Cost - FREE for Volunteers, bring a friend for only \$15.00

Registration Deadline: Monday, April 19, 2010

Introduction to Chinese Cooking

Thursday, April 22, 2010
6:00 p.m. – 8:00 p.m.

Sobeys Community Room
Cost - \$15.00/ person

Registration Deadline: Monday, April 19, 2010

Deployment Services

Coordinator: Ann Gaudet at 764-1494 local 5583 or email Ann.Gaudet@forces.gc.ca

Upcoming programs or services

Laugh Craft Connect

Tuesday, April 27, 2010
GMFRC

6 p.m. – 8:30 p.m.
Cost: Free for loved ones of a deployed member, and minimal cost for non-deployed members.

Registration Deadline: Tuesday, April 20, 2010

Is your military member away?

If you have a military family member who is away (spouse, son, daughter, partner,




11 - 15 Apr
The Bounty Hunter
Sun-Thur 8 pm
Rated 14A

16 - 22 Apr
Alice In Wonderland
Fri 7 & 9:10 pm
Sat 2 & 7 & 9:10 pm
Sun 2 & 8 pm
Mon-Thur 8 pm
Rated PG

23 -29 Apr
The Last Song
Pre-paid Admission Cards
Regular eight card for \$40
Sixteen card for \$75
These may be purchased at the Zedex Theatre with cash or at The Inside Story (Greenwood Mall) using plastic.
www.zedex.ca

Kingston Legion



Prize Money
Guaranteed: \$2,500

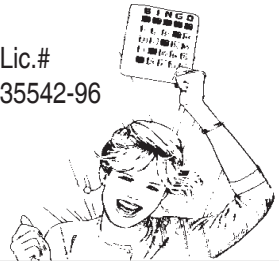
BOOKLET BINGO

Sunday, 1:45 p.m.
Tuesday, 7:30 p.m.

Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

Lic.#
35542-96




Heading in the right direction?

Now is the time to look into Canadian Forces in-service career opportunities supported through Canada's colleges, institutes, polytechnics, cégeps, and university colleges.

Through the Non-Commission Member Subsidized Education Plan (NCM-SEP), you can study full-time at a Canadian college to prepare for a Canadian Forces occupation. You can also complete fully-subsidized college programs and courses on a part-time basis.

Reach your potential now and enhance your career prospects by completing a Canadian Forces-accredited program at a college near you. For a list of NCM-SEP programs and career opportunities suitable for support through Education Reimbursement, contact the local Base/Wing Education Office.




Season Opens: May Long Weekend 2010
Closes: Thanksgiving Weekend 2010

Bookings for 2010 Season start 1 April 2010
Get Away From It All!
Call 765-1494 ext 5341
Make Your Stay, a Lake Pleasant One!!!

Available to: CF Military Regular/Reserve/Retired Members, DND Employees, NPF-PSP Personnel

Cottage Contents

- Fridge/Stove (Full Size) • Beds (3), 2 singles, 1 double • Microwave
- Toaster Oven • Sofa • Clock Radio • Table & Chairs • Kettle • Fire Pits
- Barbeque (full size) • Patio Furniture • TV/VCR

Amenities

- Club House • Games Room • Canoe Rentals • Shower Facility
- Laundry Facility • Beach (unsupervised) • Canteen (seasonal) • Firewood
- Hay Rides • Special Events

Your Responsibilities

- Food and Beverages • Linens • Utensils/dishes • Pots and Pans
- Other conveniences required to make your stay an enjoyable one

Cottage Rental Rates for 2010		
Cottage Rentals	Non-Rec Card Holders	Rec Card Holders
Day	\$40.00	\$35.00
• includes HST		
Damage Deposit for All Rentals \$50.00 per Cabin		

Emergency Childcare – Do You Have a Childcare Plan?

grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give us a call & we'll set you up with any of our programs/services/activities that may interest you. We do not know you're out there unless you let us know.

All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

* For respite childcare offerings for deployed families, see details under Children and Youth Services

Special Events and Promotions

Coordinator: Michelle Thibodeau Wagner at 765-1494 local 1421 or email michelle.thibodeau-wagner@forces.gc.ca

Upcoming events

Red Friday

Don't forget to wear red on Fridays to show your support of the men and women of our Canadian Forces.

Ongoing Services

- Red Friday Promotions
- Yellow Ribbon Campaign
- Support our Troops Awareness Campaign
- Military Families Strength Behind the Uniform Campaign
- GMFRC and Community Special events planning
- Morale Mail Packages to the Troops

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at janie.gagnon@forces.gc.ca

Volunteer Opportunities

Inspirational Wall Plaques
Wednesday, April 21, 2010
10:00 a.m. – 12:00 p.m.
GMFRC Classroom #2

Cost: FREE to GMFRC registered volunteers, everyone else \$15

Registration Deadline: Monday, April 19, 2010

Call 765-5611 to register and sign up early because space is limited!

Volunteer Opportunities

Prize Canvassers
As soon as possible until April 23, 2010

Timing is flexible Greenwood and surrounding area

Volunteers Needed: 2

Looking for some outgoing volunteers to travel around the local area and canvass for prizes for the Board of Director's Bingo.

Respite Childcare Provider

Saturday, April 17 and Saturday, April 24, 2010
11:00 a.m. – 2:00 p.m.
GMFRC

Volunteers Needed: 2 for each date

Childcare Provider

Tuesday, April 27, 2010
5:00 p.m. – 9:00 p.m.
GMFRC

Volunteers Needed: 1
* Awesome opportunities for our Youth Volunteers

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

The GMFRC offers Emergency Childcare Services that will assist families during an emergency childcare situation. Our goal is to provide CF families with the tools & resources you need to prepare for the challenges & emergencies this unique lifestyle may bring. In order to support the CF member's ability to be available for operational duty, the family's needs must be acknowledged & identified so we can prepare ourselves for emergency situations. For those CF families with children, Emergency Childcare Services will offer you the resources you need for emergency preparedness.

This childcare plan is NOT the same as the "family care plan" form you are required to have on file with your unit. Our Childcare Plan requires more information - is used as a tool in preparing for the family's emergency childcare arrangements - and is kept on file with the GMFRC. We maintain a list of screened, qualified emergency childcare providers who will provide childcare to our military families in the event that your childcare arrangements are not working. Specifically, we will provide care for the following situations:

- When the CF member is employed/deployed away from home and the spouse/caregiver is unavailable due

to illness or any other family emergency

- When the CF member is required to report for duty on short notice and the spouse/usual caregiver is unavailable
- When a single parent or both parents are CF members and they are unable to access the regular childcare provider in a deployment or emergency situation
- When there is illness of a child

that would prevent a parent from accessing regular childcare arrangements for care at a time when the CF member's presence at work is critical to the military operation

- When there is a need for respite childcare due to the total family situation - including the CF member's work commitments
- When there are other circumstances not covered above and

childcare is believed to be the solution to the problem (in these cases, approval must be given by the GMFRC Child Youth & Parenting Services Coordinator in consultation with DMFS)

If you would like more information on our Emergency Childcare Services or would like assistance completing an emergency childcare plan, please contact Kim Dixon.

Business of the Week is Back!

Due to popular demand, The Aurora Newspaper is delighted to once again offer you the opportunity to participate in our Business of the Week advertising feature. The idea is simple:

- Six businesses run a business card ad for six weeks
- Each week one of the businesses will be featured as the Business of the Week
- The featured business will have the opportunity to work with the Marketing Consultant in developing a write up that can include a photo and approximately 500 words of copy

The cost for this is only **\$199.00 tax incl.** per business

For more information on how you can take part in this exciting feature (space is limited so don't delay!) please contact:



Anne Kempton
Marketing Consultant
The Aurora Newspaper
765-1494 ext. 5833
aurora@auroranewspaper.com
www.auroranewspaper.com

YOGA Classes

Submitted by: Aprill Denney

MILITARY Yoga classes are still running every Thursday morning, in the Multi-purpose room from 7:30-8:30 a.m. This class involves endurance, strength and flexibility and is going to be a great way to start your day. The class starts with a warm up and then we continue into a flow focusing on all levels of poses and finally end the class with a small relaxation. This class is open for all levels and can offer something for everyone! If you haven't stopped in to check it out yet, please do!

For all you CIVILIANS, I will be starting another Beginner Flow class on Monday's from 4:30-5:30 p.m. This class is for people with some yoga experience; we will go over some of the fundamentals on postures and learn how to deepen your yoga practice with breathing techniques. The style of the class is Kripalu a discipline of Hatha yoga, which emphasises mental as well as physical health and in the true spirit of yoga, these classes will place an equal emphasis on the development of body, mind, heart and spirit. The classes also take on a slight Vinyasa flow, and can be very challenging. It will be a great opportunity to explore yourself both physically and mentally while working with your Edge. Classes will begin Monday, April 12th and the sessions will continue for 8 weeks. If there is enough interest I will also be running an 8 week session starting on Thursday, April 15th from 6:00 – 7:00 p.m. You must be pre-registered for these classes, please contact me as soon as possible as space will be limited. Also, if you have any other questions please feel free to contact me. I'm looking forward to another great session!

Aprill Denney 765-1494 ext 5651 email: Aprill.Denney@forces.gc.ca.

ANNAPOLIS EAST ELEMENTARY SCHOOL



- ~ The following items are available at the Cafeteria daily ~
Sandwiches: \$2.30; **Wraps** - \$2.30; **Sub Sandwiches** - \$2.00
 All sandwiches & wraps will include fresh vegetable or fruit on the side.
Vegetables & Dip - \$1.75; **Cheese & Crackers** - \$1.75
Fruit & Dip - \$1.75; **Tossed Salad** - \$3.00 sm \$2.00
Caesar Salad - \$3.00 sm \$2.00; **Spinach Salad** - \$3.00 sm \$2.00
Bagels (Blueberry or Plain) - \$1.00; **Yogurt** - \$1.00;
Yogurt Tubes - \$1.00; **Yogurt Parfaits** - \$1.25
Fresh Fruit: Apples, Oranges & Bananas - \$1.00; **Apple Slices** - \$1.00
Cheese Strings - \$1.00; **Gold Fish Crackers** - \$.50; **Baked Lays** - \$1.50;
Rice Crispy Squares - \$.80; **Smoothies:** Mon, Wed, Fri - \$1.25
Welch's Fruit Snacks - \$1.00; **Milk** - \$.35; **Water** - \$1.00
Juice: Apple, Orange Wildberry & Seven Fruit - \$1.00;
 ~~~ Canteen Items - CASH ONLY ~~~

There will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria.  
**Ketchup, Mustard, Relish** - \$.15 each; **Mayo & Salad Dressings** - \$.30 each  
**Barbecue/Sweet & Sour Sauce** - \$.40 each; **Cream Cheese** (Plain or Strawberry) - \$.40 each; **Cheese Whiz** - \$.30 each; **Strawberry Jam** - \$.15 each

We are a NUT & SCENT sensitive school with a smoke-free environment.

- Apr 12<sup>th</sup>:** Pancakes and Fresh Fruit 3.00 • Yogurt 1.00  
**Apr 13<sup>th</sup>:** Chicken Rice Soup 2.00 • Spaghetti & Meat Sauce 3.00  
 • Caesar Salad 2.00 • Garlic Bread .60 • Blueberry Parfaits 1.25  
**Apr 14<sup>th</sup>:** Beef Noodle Soup 2.00 • Chicken Pot Pie 3.00 • Chef Salad 2.00  
 • Yogurt Tubes 1.00  
**Apr 15<sup>th</sup>:** Pizza 2.50 • Banana 1.00  
**Apr 16<sup>th</sup>:** Chicken Burger with Lettuce & a Slice of Tomato  
 • Apple Slices 1.00

Daily Lunch Combo includes Main Entree, Dessert & Milk for \$3.50

## KINGSTON & DISTRICT SCHOOL

| school lunch menu                          |                                    |
|--------------------------------------------|------------------------------------|
| <b>Whole Sandwiches</b>                    | <b>Snacks</b>                      |
| 1/2 Sandwiches (Asst. fillings).....\$1.15 | Cheese & Crackers.....\$1.00       |
| Subs/Kaisers/Wraps.....\$2.25 - \$2.50     | Fresh Fruit.....\$0.75 - \$1.25    |
| <b>Hot Foods</b>                           | Gold Fish Crackers.....\$0.50      |
| One Hot Food Daily.....\$2.50              | <b>Miscellaneous</b>               |
| Cup of Soup.....\$1.00                     | Bread & Butter.....\$0.50          |
| Bowl of Soup.....\$2.00                    | Bagel.....\$1.25                   |
| <b>Beverages</b>                           | Cream Cheese.....\$0.50            |
| Milk.....\$0.35                            | Cheese Whiz.....\$0.50             |
| Choc. Milk.....\$1.30                      | <b>Freezer Items</b>               |
| Juice Small.....\$1.00                     | Frozen Yogurt.....\$1.25           |
| Juice Medium.....\$1.25                    | Yogurt Tubes.....\$1.00            |
| Bottled Water.....\$1.25                   | <b>Desserts</b>                    |
| Yop.....\$1.25                             | Muffins.....\$1.00                 |
| V8 Juice.....\$1.00                        | Cookies (small).....\$0.35         |
| <b>Salads</b>                              | Biscuits.....\$1.00                |
| Assorted Salad Plates.....\$2.50           | Yogurt.....\$1.25                  |
| Fruit Plate.....\$1.75 - \$2.25            | Fruit Salad.....\$1.00             |
| Veggies & Dip.....\$1.00                   | Other Assorted Desserts.....\$0.75 |
| Apple Snacks.....\$1.00                    | Special Treat Days.....\$1.50      |

Daily Specials (Mon-Thur): Price Includes Main Course, Drink and Dessert - \$3.25

Mon: Nacho's With Cheese sauce & Veggie Sticks; Tues: Mac & Cheese with Corn  
 Wed: Meatballs & Rice with Veggies; Thurs: Hamburgers - Cookie Day; Fri: Chicken Nuggets with Oranges

This menu brought to you compliments of:

## FRASER'S PRO Home Centre

BERWICK • 1-800-959-3727  
 KINGSTON • 1-902-765-3111  
 KENTVILLE • 1-902-678-8044  
 BRIDGETOWN • 1-902-665-4449  
 www.frasers.ca



# FOR YOUR INFORMATION

**UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS**  
 FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

HOUSE OF COMMONS CHAMBRE DES COMMUNES

**Greg Kerr**  
 Member of Parliament/Député  
 West Nova/Nova-Ouest

233 Water Street  
 Yarmouth, BSA 1M1  
 Office/Bureau (902) 742-6808  
 Fax/Télécopieur (902) 742-6815

14373 Highway 1  
 Wilmot, N.S. B0P 1W0  
 Office/Bureau (902) 825-2320  
 Fax/Télécopieur (902) 825-3785

**Toll Free/Sans Frais 1-866-280-5302**  
**KerrG1a@parl.gc.ca**



# HOROSCOPES

April 11 to April 17

**ARIES - Mar 21/Apr 20**

It is crucial to pay attention to your feelings, Aries, otherwise you will act without thinking about potential consequences. This week, keep your head out of the clouds.

**TAURUS - Apr 21/May 21**

You have to hold on a little longer, Taurus, to get the things you want the most. The reward will really be worth it if you have just a little more patience this week.

**GEMINI - May 22/June 21**

You won't be able to keep still this week, Gemini, and it could be troublesome at work. You want to get up and go, but you have to sit and get many things done.

**CANCER - Jun 22/Jul 22**

Cancer, you may resent others this week for wanting too much from you. Instead of holding in your feelings and feeling the fire burn inside, let others know that you're overwhelmed.

**LEO - Jul 23/Aug 23**

Work matters take a backseat to responsibilities at home. This will be OK in your book, Leo, seeing as you've been in tune with your domestic side lately.

**VIRGO - Aug 24/Sept 22**

Abusy week with plenty of chances to feel satisfaction put you in a very good mood, Virgo. You aren't even concerned with what others think of you for a change.

**LIBRA - Sept 23/Oct 23**

Libra, you are so good at providing what others need that sometimes you don't pay attention to what you need. Take some time for yourself the next few days.

**SCORPIO - Oct 24/Nov 22**

Scorpio, rather than doing your tasks in the same way you always do, find a new way to attack problems. You may find a new perspective on daily chores is refreshing.

**SAGITTARIUS - Nov 23/Dec 21**

Although you're tempted to forget about responsibilities this week, Sagittarius, you may want to buckle down and get to work instead. The reward will be much greater.

**CAPRICORN - Dec 22/Jan 20**

Something wonderful comes into your life this week, Capricorn. It could be a rekindled romance, some found money, or even just a chance to kick back and relax.

**AQUARIUS - Jan 21/Feb 18**

It can be very busy this week, Aquarius, especially if you take on everything yourself. Rather, delegate some chores to others to lighten your load for a few days.

**PISCES - Feb 19/Mar 20**

You are probably tired of the grind, Pisces, and ready for a change this week. Bring Aries along for the ride.

**FAMOUS BIRTHDAYS**

- APRIL 11 Joss Stone, Singer (23)
- APRIL 12 Claire Danes, Actress (31)
- APRIL 13 Tony Dow, Actor (65)
- APRIL 14 Loretta Lynn, Singer (75)
- APRIL 15 Seth Rogen, Actor (27)
- APRIL 16 Ellen Barkin, Actress (55)
- APRIL 17 Victoria Beckham, Singer (35)

Horoscopes brought to you compliments of:

**902-825-7026**  
 ONLY INDEPENDENT TOWING COMPANY IN OUR AREA

**STEVE MORSE**  
 HEAVY TOWING  
 LIGHT ROADSIDE

**24 HOUR SERVICE**

www.morsetowing.ca



**Homemade Baked Bean Supper**

Homemade Baked Bean supper with potato scallop, ham, brown bread, juice, coleslaw, pickles will be held at the Brickton Community Hall on Saturday, April 17 from 4:30 to 6:00 p.m. Gingerbread & whipped cream for dessert, coffee, tea, juice. All this for only \$10.00 adults, 12 and under \$ 5.00. Proceeds for the "green" climate control system. Take outs available also. For more info please call 765-6821.

**Spring Bingo at Lawrencetown**

Consolidated School on Friday April 16th. Doors open at 6:00 p.m., Bingo starts at 7:00 p.m. All books \$5.00 each, with cookie jar, 50/50 draw, and door prizes. Special activities for school aged children. Canteen will open at 6:00 p.m. Everyone welcome!

**Gospel Concert by "Cornerstone"**

On Sunday, April 18 at 2:00 p.m. there is a Gospel Concert by "Cornerstone" from Hant-

sport at New Beginnings Center, 1151 Bridge St. Greenwood. Refreshments will be served. For info phone 765-8155. Admission is \$5.00.

**Need help doing a small job around your home?**

It is getting to be that time of year when we begin doing chores outside. Are you a senior or someone who needs help doing a small job around your home? There is help available for people living in the Greenwood / Kingston area. Please call New Beginnings Center at 765-8155 or e-mail newbeginnings@ns.aliantzinc.ca

**Kingston Lions Community Luncheon**

The Noon Luncheon will be held at the Kingston Lions Hall on Tuesday 13, April 2010 from 11:30 a.m. until 1:00 p.m. Menu: Turkey dinner with all the fixins and desert of Strawberries & ice-cream. Cost: \$8.00 per meal, \$8:50 delivered. Deliveries will have an alternate desert. Phone 765-2128.

**Breakfast at the Aylesford United Church**

On Saturday, April 17th, 2010 from 8:00 to 11:00 a.m. Free will offering. Pancakes, Ham, Sausage, Scrambled Eggs and Toast. Tea, Coffee or Juice. Sponsored by the Committee of Stewards.

**Overeaters Anonymous (OA)**

Is a fellowship of men and women who through shared experience and mutual support are recovering from eating disorders that include bulimics, anorexics and overeaters. No dues ... no fees ... no weigh-ins. We are not a diet and calories club. Every Friday at 7:30 p.m., the Kingston Freedom Group meets at the Multi-Addiction Centre Society (MACS), 2080 Bishop Mountain Road, North Kingston. For more information, contact Lorraine at 681-0613. To learn more, visit www.oa.org.

**Church Grove Cemetery**

Annual Meeting of the Church Grove Cemetery Co. will be held at the Melvern Square Community Hall, Wednesday, April 21<sup>st</sup> at 7:00 p.m. Hope to see you there!

**36th annual Spring Concert Showcase**

The 36th annual Spring Concert Showcase will be held on Thursday, April 15th at 7:00 p.m. at PRMS, 625 Pine Ridge Ave, Kingston. Musical performances from Dwight Ross, Kingston, St. Mary's Elementary Schools, Berwick and District School, Pine Ridge Middle School and West Kings District High will make this evening one to remember. Admission \$5 adult, \$3 Senior/Student, \$10 family. Proceeds from the door will be redistributed back to students in each school in the form of a musical scholarship.

**Valley Stamp Club**

Valley Stamp Club is holding it's annual Show & Exhibition on Saturday April 24, at Kentville Fire Hall from 9:00 a.m. - 4:00 p.m. Dealers in attendance, Door Prizes, plus

**Free Admission. Somerset Summer Soccer Registration**

Will take place at Somerset Hall on Saturday, April 17 from 10:30 a.m. to 12:30 p.m. and on Sunday, April 18 from 1:00 p.m. to 3:00 p.m. When registering the players make sure to have their medical health card number and a post dated cheque of \$40 for the jersey deposit. We accept either cash or cheque for payment for the summer soccer fees. A late registration will be held April 30 at Berwick Town Hall from 6:00 p.m. to 7:00 p.m. with a late fee of \$20. All people that are interested in positions as coaches, executive or board positions are asked to denote this information on the bottom of the players forms during registration. There will be a coaching clinic available on May 15 with time and place to be determined. Forms will be available at the Berwick Town Hall April 6th, no early registrations can be accepted. All registration will be a first come first serve bases. For more info check www.valleysoccer.org, follow the Somerset Club Link.

**Lawns**

"How To Grow the Best Lawn" will be presented by Michael McKeage, ardent green thumb, at 14 Wing Library, Weds 14 April at 6.30 p.m. Phone 765-1494 ext 5430 to register. Free-will offering is appreciated.

**Digital Photography**

Jim Spurrell, Dana and Gordon from the Wing Photo Club will be presenting a third Digital Photography workshop at 14 Wing Library Wednesday 21 April at 6.30 p.m. Phone 765-1494 ext 5430 to register. These have been very popular sessions. Free-will offering is appreciated.

**Ornamental Grasses**

"Cultivating Ornamental Grasses" workshop will be presented by Tony Chaulk, enthusiastic gardener. At 14 Wing Library, Monday April 26th at 6.30 p.m. Phone 765-1494 ext 5430 to register. Free-will offering is appreciated.

**Church Library Hours**

The Kingston United Baptist Church Library is open to the public on Thursday evenings 6:30 - 7:30 p.m. Located upstairs in the Christian Education wing. Please use upper side doors off main parking lot. Excellent selection of Christian books, videos, CDs and DVDs. For further info, call 765-6735.


**Kingston Area Seniors Association**

Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. At the Kingston Branch No 98 of the Royal Canadian Legion. Fun day (cards & games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Minnie Rogers at 765-3292. K.A.S.A.

**North Kingston Public Cemetery Annual Meeting**

The annual meeting of the North Kingston Public Cemetery will be held at the Kingston Fire hall on Thursday, April

**CUCINA AURORA**



**Swedish Bacon Pancake**

2 eggs, beaten  
 1 1/2 - 2 cups milk  
 1 cup flour  
 1 tsp. salt  
 1 tbsp. sugar  
 6 slices bacon, fried

Put first five ingredients in blender. Mix. Cut bacon in pieces and fry. Add to batter. Grease an 8" X 8" pan. Pour batter into pan and bake at 425F degrees for 40 minutes. To serve 6 to 8, double recipe and use 9" X 13" pan.

**The Aurora newspaper PRESENTS... FIND & WIN**

**Just Fill in The Blanks. Three Easy Ways to Enter.**

1. Through our website: [www.auroranewspaper.com](http://www.auroranewspaper.com)
2. Fax: 765-1717
3. Drop into our office located on School Road (Morfee Annex)

**No Central Registry or Canada Post please.**  
**Deadline: Noon, Thursday, April 15, 2010.**  
 Make sure you include your full name and phone number.

**NAME \_\_\_\_\_ PHONE NUMBER \_\_\_\_\_**


**Limited to one win per family in a TWO MONTH PERIOD.**  
 The winner will be drawn randomly from all correct entries. Only one entry per family per week.

**Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!**

1. What page is the ad on that reads, "Getting Deployed?" \_\_\_\_\_
2. Whose ad says, "Visit a tropical wonderland" \_\_\_\_\_
3. When did booking for cabins start \_\_\_\_\_
4. Who has a Spring Special on tire flipovers \_\_\_\_\_
5. Whose ad says, "Load up for summer" \_\_\_\_\_

**This contest is brought to you by:**  
**Pizza Delight, Greenwood**  
**765-4477**

**Congratulations to last week's winner: DAVID KENDALL**



15th at 7:00 p.m. We welcome anyone to attend the meeting who owns or is interested in owning plots in the cemetery or who has family members buried in the cemetery.

**North Kingston Public Cemetery Spring Clean-up**

The annual spring clean-up of the cemetery is planned for Saturday, April 24th at 9:00 a.m., weather permitting. The rain delay date is May 1st. Please bring rakes, gloves, shovels etc and all your friends.

**Giant Yard Sale**

On April 17th there will be a giant yard sale and barbecue in the former Foodland parking lot on the corner of Bridge & Main streets in Kingston. This is a fundraising event in support of the Canadian Cancer Society's Relay for Life being held in Middleton on June 4th. Come and see what treasures can be found. If you would like more information, or would like to book a table, call 765-2723 or e-mail relaymiddleton@gmail.com.

**Saints' A.C.W Annual Yard Sale**

All Saints' A.C.W. will be holding their Annual Yard Sale. Where: All Saints' Church Hall, Pleasant Street, Kingston. When: Saturday April 24, 2010 8:00 a.m. - 12:00 p.m. What: Anything we can sell! Contact: Sheila Hulford - 765-4023.

**IODE Rummage Sale**

On Saturday, April 24 from

1:00 - 3:00 p.m. at the Nova Scotia Community College, Middleton.

**Greenwood Skating Club Annual General Meeting**

The Greenwood Skating Club will be holding its Annual General Meeting at the Greenwood Gardens on Tuesday, April 27th, 2010 at 6:00 p.m. All club members are encouraged to attend. For further information, please contact Carol Breckon by email at carolbreckon@eastlink.ca or by telephone 765-6645.

**Community Breakfast**

Saturday April 24, 8:00-10:00 a.m. There will be a Community Breakfast at the Kingston Baptist Church, Main St., Kingston. For a free-will offering, come and enjoy a delicious, hot breakfast. All are welcome.

**ASDU/14SES 30th Anniversary Celebrations**

5-6 August 2010. For information and registration, check out our website: English: <http://www.airforce.forces.gc.ca/14w-14e/sqns-escs/page-eng.asp?id=1206>. French: <http://www.airforce.forces.gc.ca/14w-14e/sqns-escs/page-fra.asp?id=1206>.

**West Kings Concert Presentation**

West Kings High School PTSA is proud to present the second of two Spring concerts in support of the newly renovated Auditorium. This concert,

on Saturday, April 24th, at 7:00 p.m., is a rare local opportunity to hear the wonderful Four Seasons Orchestra, under the direction of Mr. Roger Taylor. Open-seating tickets are available for \$10.00 (\$5.00 for Students and Seniors) at Kingston and Berwick Pharmasave stores and the West Kings School office. The concert will take place in the West Kings High School Auditorium on Highway #1 in Auburn.

**Homemade Baked Bean Supper**

Homemade baked bean supper with potato scallop, ham, brown bread, juice, coleslaw, pickles will be held at the Brickton Community Hall on Saturday, April 10 from 4:30 to 6:00 p.m. Gingerbread & whipped cream for dessert, coffee, tea, juice. Take out available. All this for only \$10.00 adults and \$5.00 for 12 & under. Proceeds for a "green" heating & cooling system. For info please call 765-6821.

**Song Service**

Inglisville Baptist Church, Sunday, April 18th at 7:00 p.m.

Featuring Frank Spinney and Frank Dobbin.

**K'ton/G'wood Living With Cancer Support Group**

The Canadian Cancer Society "Living With Cancer" Support Group will hold its April monthly gathering in St. Mark's Protestant Chapel, 14 Wing Greenwood from 7:00-9:00 p.m. Monday, 19 April 10. Guest presenter for the evening is Jennifer McNeil, Dietician, Soldiers Memorial Hospital. Cancer patients, their family and friends or anyone seeking information on cancer are most welcome and encouraged to attend. For information call Lloyd Graham (765-6133) or Lynda Pierce 765-3055.

**Join us at Emmanuel Church**

37 Gates Avenue, Middleton for a Women's retreat with guest speaker Ella Roberts of Halifax. Music by Shannon Walsh. Saturday, April 24th 9:00 a.m. to 4:30 p.m. For info: Pat 825-0999, Evelyn 825-6902, Shirley 825-2381. Pre registration required by April 16. Cost of \$15.00 includes dinner.

**Big Hearts from AEES**

By Rachel Holland, Madison Connell, Harper Metler, Grade 5 Journalism Enrichment

On Monday, March 22nd, the students from Mrs. Hines' Grade 2 class at Annapolis East Elementary School donated \$250 to the Soldiers' Memorial Hospital Auxiliary. Mrs. Spinney, President of the Auxiliary, came to the school to receive the donation.

The class won a "Rights of the Child" Poster Contest run by the Nova Scotia Ombudsman's Office and received \$250 for their classroom. They decided

to donate the money to a worthy cause rather than buy something for themselves. They came up with ten options and then voted for the top choice. Their first choice was actually for a pet shelter, but then they decided that as it was money from a Rights of the Child Contest, the prize money should help children. That led them to the local hospital, where kids go first for medical treatment.

The children said that they knew they had done the right thing. "It felt good" one child said. They are so proud and excited by what they have done.

**Canadiana Crossword**

OF Wells and Walls

Solution page 18

By Bernice Rosella and James Kilner

|    |    |    |    |    |   |    |    |    |    |    |
|----|----|----|----|----|---|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6 | 7  | 8  | 9  | 10 | 11 |
| 12 |    |    |    | 13 |   |    | 14 |    |    |    |
| 15 |    |    | 16 |    |   |    | 17 |    |    |    |
| 18 |    |    | 19 |    |   | 20 |    |    |    |    |
| 21 |    |    | 22 |    |   |    |    |    |    |    |
| 23 | 24 | 25 |    | 26 |   |    | 27 | 28 | 29 |    |
| 30 |    |    | 31 |    |   | 32 |    |    |    |    |
| 33 |    |    | 34 |    |   | 35 |    |    |    |    |
| 36 |    |    | 37 |    |   |    |    |    |    |    |
| 38 | 39 | 40 |    | 41 |   |    | 42 | 43 | 44 |    |
| 45 |    |    |    | 46 |   |    | 47 |    |    |    |
| 48 |    |    |    | 49 |   |    | 50 |    |    |    |
| 51 |    |    |    | 52 |   |    | 53 |    |    |    |

- ACROSS**
- 1 Platter
  - 5 One of the 5 W's
  - 8 Exchange
  - 12 Inside of
  - 13 Gee's opposite
  - 14 Beginner
  - 15 Saskatchewan community
  - 17 Obligation
  - 18 Sis
  - 19 Consume
  - 20 Goblin
  - 21 Intelligence
  - 22 Have, in the Hebrides
  - 23 Bishop's head wear
  - 26 Saskatchewan hamlet
  - 30 Plant part
  - 31 Yes vote
  - 32 Flu
  - 33 Nova Scotia Community
  - 35 Myth or path follower
  - 36 Ont. summer time
  - 37 Barrel, abbr.
- DOWN**
- 1 Requests, slangily
  - 2 Crucifix inscription
  - 3 Knife thrust
  - 4 Food fish
  - 5 Cereal grain
  - 6 Stop
  - 7 Raptor
  - 8 Manitoba town
  - 9 Alky
  - 10 Poisonous flower
  - 11 Sit for a portrait
  - 16 Dam
  - 20 Fish species
  - 21 Ontario community
  - 22 Colour
  - 23 Mouth
  - 24 Mortal sin
  - 25 \_\_\_ death do us part
  - 26 Adios
  - 27 Sense of self
  - 28 Tote
  - 29 Grassland
  - 31 Statute
  - 34 Ruckus
  - 35 Coin of ancient Greece
  - 37 Mild
  - 38 Bit of information
  - 39 Shrub genus
  - 40 Threesome
  - 41 Desert feature
  - 42 Walt Kelly cartoon character
  - 43 Wander
  - 44 Icelandic poems
  - 46 Hair piece
  - 47 Cyst

Weekly Crossword brought to you compliments of:

**Sudoku**

Solution page 18

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 3 |   | 1 |   | 5 | 9 | 4 |   |
|   |   |   | 4 |   |   |   |   |   |
|   | 1 |   |   |   | 6 |   |   |   |
| 9 | 2 | 6 | 8 |   | 1 |   |   | 7 |
| 7 |   |   |   |   | 9 |   |   | 1 |
|   | 4 |   | 6 |   | 7 |   | 9 | 8 |
|   |   | 7 | 5 | 9 |   | 1 | 2 |   |
| 2 | 8 | 5 | 3 |   |   | 7 |   | 9 |
| 1 |   |   |   |   |   |   | 8 | 4 |

Level: Beginner

**Fun By The Numbers**

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku brought to you compliments of:



954 Central Avenue  
Greenwood  
**765-6381**

**PATRICK'S PUZZLE**

**Creative Coloring**

Celebrate National Poetry Month. Color in this picture to create your own masterpiece.



Patrick's Puzzle brought to you compliments of:



**BEST TOYOTA**

840 Park St., Kentville  
(902) 678-6000

# Classified Ads

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

To place a Classified Ad by Word Count call Candace Ernst at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

## FOR SALE

**FOR SALE – Moving Sale.** Washer, Dryer, Stove, Golf Clubs, Lamps, TV's, lots of tools etc. Phone 765-3743. (3113-3tpb)

**FOR SALE – Whirlpool heavy duty Washer and dryer. 5**

**C.HANSON DOWELL, Q.C.**  
250 Main St., Middleton  
**825-3059**


**PARKER & RICHTER**  
Barristers, Solicitors, Notaries  
**Chris Parker L.L.B.**  
**Ronald D. Richter**  
(B.A. Hon.), L.L.B.  
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Greenwood N.S.  
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Fax: 902-765-4120  
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**Licensed Mechanic Available on Site**  
•Rust Check  
•U-Haul Dealer  
www.freemansautosales.com  
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**765-2544 765-2555**

Years old. Asking \$300.00. Black kitchen table set asking \$25.00. Wooden kitchen table (Make me an offer). Golf set, Right Hand. Asking \$40.00. Phone 840-3959. (3115-2tpb)

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**Stephen I. Cole, LL.B.**  
**Craig G. Sawler, LL.B.**  
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Tel: 902-825-6288  
Fax: 902-825-4340  
Email: info@colesawlerlaw.ca  
Website: www.colesawlerlaw.ca  
**Evening and Weekend Appointments Available**

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Barristers, Solicitors, Notaries  
**W. Bruce Gillis, Q.C.**  
**Blaine G. Schumacher, CD**  
(Also of the Alberta Bar)  
Counsel:  
**Clare H. Durland, Q.C.**  
(Non-Practicing)  
Phone (902) 825-3415  
Fax (902) 825-2522  
74 Commercial Street  
P.O. Box 700  
Middleton, NS  
B0S 1P0 

head and footboard. Asking \$50.00. Call 242-2678. (3115-1tpb)

## FOR RENT

**FOR RENT - LINCOLNSHIRE APT AVAILABLE, March & May. 2 bedroom apartment \$575.00 month excludes utilities. Live-in Super, secured building. Please call 765-6669. (3102-ufnB)**

**FOR RENT – Office space to rent in CANEX mall. 14 Wing Greenwood. 431 sq ft. Contact Ken Keddy at 765-6994 local 5423. (3115-ufn)**

**FOR RENT – 2 new bedroom apartment. Five appliances**

## FOR SALE FIREWOOD

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Quality Guaranteed  
Please Phone  
**825-3361**

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included. Located in Kingston. Available asap. \$750.00 a month. Call Cathy at 242-2887 or 242-3009 or e-mail cathy@cathyandcompanyhairstudio.com. (3115-ufn)

**FOR RENT – Location, Location, Location. Ideal apartment for a single person with a car. 3 kilometers north of NSCC on the ground floor of a 2 story home. A very private large treed lot overlooks Middleton and Valley. All the following is included in the rent. Heat, elec., Wi-Fi, snow clearing and yard work. Use of a deck, private parking. All the usual stuff applies. No smoking indoors, security deposit. Lease if applicable and references. If you like reviews the previous 3 tenants will answer any questions. You have above the place. Asking \$650.00 a month. Pictures posted on web at www.middletonapartment.weebly.com. Please contact Cathy at cathy@healthybodies.ca. (3115-ufn)**

**FOR RENT - Worry free retire-**

**Steve Lake's Light Trucking**  
Moving & Deliveries  
16' Cube Van  
**844 0551**

**Future Glass and Mirror Ltd.**  
Sampson Dr., Greenwood  
902-765-2105  
SPECIALIZING REPAIRS/ REPLACEMENTS OF WINDSHIELDS  
ALSO: \*plateglass \*mirrors \*plexiglass \*vehicle accessories \*window & screen repairs  
Many Used Windshields Available at Reduced Prices  
"INSURANCE CLAIMS OUR SPECIALTY"

**ment living, IR Postings welcomed, located centrally between Kingston and Greenwood on Sampson Drive. New built 2 bedroom duplex, with in floor heating, 5 appliances, attached garage, spacious lots with back patio and front deck. Paved driveways with snow removal and lawn care included. 5 minutes away from 2-18 hole golf courses, Greenwood base gym facilities and Greenwood Mall shopping center. Transit services. For more information or viewing please contact 902-765-0339 or 902-848-6279. (3112-4tpB)**

**FOR RENT – Available June 1, 2010. Victoria St. Middleton. 2-bedroom apartment. 1100 sq ft living space. Kitchen has 6 appliances. Hardwood floors, R2000+ construction, electric heat. Paved driveway, snow & garbage removal, lawn care included. Very quiet area. 10 minute walk to all amenities. \$750.00 per month. Call Joan or Cindy for further information. 765-4400. (3115-6tp)**

**FOR RENT – Clean, Modern one bedroom apartment. Suitable for professional person. Fully quality furnished. Good location, 1013 Main Street Kingston. Private paved parking, non-smoker.**

**FOR RENT**  
Greenwood - 989 Aurora Crescent, 2 BR Apt. \$500.00/ MO. Tenant pays utilities. Seniors' building. No Pets. Call Marilyn at: **765-3189**

**Cam's Cab**  
**765-2300**  
7 DAYS A WEEK  
**JOIN CAB CLUB!** 9 Trips and the 10th is FREE • Applies to local fares only.  
**Seniors discount** everyday on local fares

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840-0552  
Specializing in Roofing • Free Estimates

No pets. Washer, dryer, deep freeze, fridge and stove. Garbage disposal and snow removal. \$800.00 per month includes all utilities as well as phone, cable and high speed internet. Available May 1st. Call 765-6741. (3115-1tpb)

**FOR RENT – Senior apartments available immediately in Middleton, NS. Two-bedroom and one-bedroom units available. Call 760-0012 for more info. (3115-2tpb)**

**FOR RENT – Seniors apartment located in Middleton, NS. Two-bedrooms. Excellent layout. Phone 760-0012. (3115-2tpb)**

**FOR RENT – Executive home located in Greenwood. This house has lots of offer including privacy and large lot. For more info call 760-0012. (3115-2tpb)**

**FOR RENT – Three-bedroom house in Brickton. \$700.00 per month. Utilities extra. Call 760-0012 for more info. (3115-2tpb)**

## SERVICES

**DROP & LOCK STORAGE – Kingston/Greenwood's newest building, clean, secure self storage your lock—your security code sizes: 10' x 10' or 5' x 10' 847-1405 or 760-0278. (2903-ufnB)**

**SERVICE – Self Storage located in Kingston, units available 5'x12', 5'x13', 8'x10'. Prices vary call 825-3607. (2931-ufnB)**

**SERVICE – Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and**

**GUITAR GURU GUITAR LESSONS**  
Play & Learn in our comfortable home studio  
Electric or Acoustic Guitar  
All ages, all styles of music  
Beginner to Advanced  
Over 26 years experience  
Call Steve 825-6553

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**J L Taxi**  
**765-6360**  
Local & Long Distance Service

more. Reasonable rates – flexible hours Call Mike at 242-2465 Greenwood/Kingston (3024-ufn)

**SERVICE – Is your current anti-virus software: Keeps you protected from "chat" infections, stops attacks from hijacked websites, lets you safely browse suspicious websites or run unknown applications, blocks hacker attacks to protect your identity, keeps your mailbox free from Spam, allows safe and uninterrupted gaming, compatible with Windows XP, Vista or 7. Authorized Reseller Avast Internet Security and other Avil products. You might qualify for up to 50% discount. Request a quote, risk free 30 days money back. No questions asked. Multi PC discount, multi years discount. http://www.pchealth.ca, Toll free: 1-888-847-0233. (3112-4tp)**

**SERVICE – Handyman, eavestrough cleaning, indoor & outdoor painting. Small renovations. Call 840-0814 for your free estimate. (3115-1tpb)**

## WANTED

**WANTED – To buy a small shed or rent a secure space to park my motorcycle during the night for the summer months in Greenwood. Please e-mail Geri at geradinetobin@eastlink.ca. (3115-2tpb)**

**WANTED – To buy a dehumidifier in good condition. Please call and leave a message. 765-0277. (3115-ufns)**

**WANTED – Responsible family would like to rent a three-bedroom home in Kingston/ Greenwood area. Call 242-2678. (3115-1tpb)**

**ENGLAND WE BUY FURNITURE**  
By the piece or lot.  
We do local moving  
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**DAN'S FIREWOOD**  
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## David A. Proudfoot

Barrister \* Solicitor \* Notary

811 Central Avenue, PO Box 100  
Greenwood, NS BOP 1N0

Email: dap@davidproudfoot.com  
Web: www.davidproudfoot.com

T: 902-765-3301 F: 902-765-6493



- Real Estate
- Family Law
- Wills / Estates
- Litigation
- Incorporations
- Consultations / Referrals

## Crossword Solution

|   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|
| D | I | S | C | W | H | O | S | W | A | P |
| I | N | T | O | H | A | W | T | I | R | O |
| B | R | A | D | W | E | L | O | N | U | S |
| S | I | B | E | A | T | G | N | O | M | E |
|   |   |   |   | W | I | T | H | A | E |   |
| M | I | T | E | R | B | U | R | W | E | L |
| A | R | I | L | A | Y | E | A | G | U | E |
| W | A | L | L | A | C | E | O | L | O | G |
|   |   |   |   | E | D | T | B | B | L |   |
| F | A | T | S | O | M | A | O | P | R | E |
| A | C | R | E | W | E | L | L | W | O | O |
| C | E | I | L | I | S | M | E | G | A | D |
| T | R | O | Y | G | A | Y | N | O | M | A |

## Sudoku Solution

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 | 3 | 2 | 1 | 8 | 5 | 9 | 4 | 7 |
| 5 | 7 | 9 | 4 | 2 | 3 | 8 | 1 | 6 |
| 8 | 1 | 4 | 9 | 7 | 6 | 3 | 5 | 2 |
| 9 | 2 | 6 | 8 | 3 | 1 | 4 | 7 | 5 |
| 7 | 5 | 8 | 2 | 4 | 9 | 6 | 3 | 1 |
| 3 | 4 | 1 | 6 | 5 | 7 | 2 | 9 | 8 |
| 4 | 6 | 7 | 5 | 9 | 8 | 1 | 2 | 3 |
| 2 | 8 | 5 | 3 | 1 | 4 | 7 | 6 | 9 |
| 1 | 9 | 3 | 7 | 6 | 2 | 5 | 8 | 4 |

## STORAGE

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aussi  
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**Getting Deployed? Call 847-0490**



# Greenwood ATOM "A" Bombers Win 33<sup>rd</sup> SEDMHA Tournament Odyssey Division Championship

Recently this past Easter Weekend April 1-4 saw the Greenwood Atom "A" Bombers under Head Coach Paul Jackman travel up Highway 101 to Dartmouth to participate in the 33<sup>rd</sup> Annual SEDMHA Hockey tournament.

Greenwood started the tournament on Thursday afternoon in Dartmouth against the Cole Harbour Red Wings with a hard fought 3-1 win over the opposition with goals by Brendan Martin, Cameron Jackman and Spencer Breckon, game MVP was Kaitlin Carter for her hard work creating several scoring chances to ensure Greenwood's Victory.

Good Friday saw an early morning draw against hometown favorites Dartmouth Whalers with Dartmouth prevailing in a 4-2 win over the Bombers. Goal scorers were Brendan Martin and Justin Vincent with game MVP goaltender Paul Janes for his acrobatic saves during the game.

The Good Friday evening matchup saw Greenwood playing the East Hants Penguins, again both teams did not disappoint the fans with hard play by both teams but in the end the hard work of the Bombers players was too much for East Hants and Greenwood walked away with a deserving 6-3 win. Goal scorers included Matt Pipher with 2 goals as well as Spencer Breckon and Brendan Martin with two goals each. Game MVP was Spencer Breckon.

Saturday morning saw another early game this time against the Sackville Flyers, again the hard work of the Bombers was no match for our opponents and Sackville was dispatched from the tournament with a 5-1 win by the Bombers, goal scorers were Cameron Jackman, Mitchell Hickey with one a piece and "Captain" Spencer Breckon with the "Hatrick". Game MVP was defenseman Mathieu Clavette for his outstanding defensive play in front of the net to limit Sackville to only one goal.

Saturday evening saw the highly anticipated rematch against the Dartmouth Whalers with the game winner proceeding to the Odyssey Division Championship, after a falling behind early to the Whalers, Greenwood stormed back with three unanswered goals by Brendan Martin to make it close, but in the end Dartmouth prevailed with a 5-3 win over the Bombers. Game MVP was Brendan



Martin for his "Hatrick". Greenwood now would have to play the Halifax Hawks early Sunday morning, in the Odyssey Semi final, with the winner reaching the Odyssey Division Championship Game against the Dartmouth Whalers and the loser winning the Bronze and finished for the tournament.

Halifax and Greenwood again would not disappoint the hockey fans, with both teams having numerous scoring chances until with less than two minutes left in the game Cameron "Stumpy" Jackman notched the win for the

Bombers with a well deserved goal, in the end Greenwood's superb goaltending tandem of Chris Betts and Paul Janes secured the win and the shutout in a 1-0 victory over Halifax in a well played game. Game MVP was Cameron Jackman for his determination in delivering the game winning goal.

The Bombers morning victory over Halifax setup the now highly anticipated 3<sup>rd</sup> rematch against the Dartmouth Whalers for the Championship. This game was the chance Greenwood had been hoping for and the

Bombers would not disappoint family and relatives that traveled from Greenwood and across Nova Scotia to come see it. With the score tied 1-1 at the end of first period by a goal from Spencer Breckon a well deserved rest between periods while the ice was cleaned allowed the Bombers to come out flying

in the second and third periods with goals by Matt Pipher and a second "Hatrick" of the tournament by Brendan Martin to put Greenwood up by four goals with less than two minutes to play.


Dartmouth was now desperate and managed to score a goal with the extra attacker, but Matt Pipher's second goal of the game with less than a minute to play into the empty Dartmouth net ensured the Bombers 6-3 Championship Win over

Dartmouth for the SEDMHA ATOM "A" Odyssey Division Title.

Special thanks to Head Coach Paul Jackman and Assist Coaches Brian Berkman, Hoyles Whiting, Steph Clavette and Paul Janes Sr. for all their time and effort with the players in helping to make this season a resounding success. And thanks to all the parents, relatives and volunteers that helped out during the season to make it one to remember.

**Alternative Dispute Resolution**

**Greenwood Dispute Resolution Centre**



Maj. Bob Sealby

**Call 5530**

- Are you involved in a conflict in the workplace and unsure of how to handle it?
- Do you have issues with a work situation that you want resolved?
- Do you want to know how to approach a co-worker during a dispute?

Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at the AVM Morfee Centre (MFRC), School Road or for a DRC nearest you National Phone Number: 1-888-589-1750

DRC services are available to all Regular and Reserve Force members, Civilian and NPF employees, and members of the Cadet organizations.

**Kingston Greenwood**

**Minor Baseball Registration 2010 Greenwood Mall**



**16 April • 6:00-9:00 p.m.**

**17 April • 1:00-4:00 p.m.**

Additional Registration Times:

April 12-15 8:30 a.m. - 4:30 p.m.  
at 14 Wing Community Centre, Main Office

COST

|                 |      |
|-----------------|------|
| Tee Ball (4-6)  | \$35 |
| Rookie (7-8)    | \$45 |
| Mosquito (9-11) | \$75 |
| Peewee (12-13)  | \$85 |
| Bantam (14-15)  | \$95 |

Things required to bring when registering:

- Health Card
- Uniform Deposit Cheque of \$50
- Rec Card (if you have one)

For further information or anyone interested in volunteering contact [kgminorball@gmail.com](mailto:kgminorball@gmail.com)



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