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VOL. 31 NO. 33 AUGUST 30, 2010 NO CHARGE  
14 WING • ESCADRE 14 GREENWOOD, NS

# The Aurora

newspaper



(Images: Sgt Pete Nicholson, 14 Wing Photojournalist)

# Exciting GMFRC Childcare News for 14 Wing Families

Submitted by Margaret Reid, GMFRC Executive Director

We can barely contain our excitement as we share this news of an expanded childcare service at the Greenwood Military Family Resource Centre (GMFRC). Over the years we have heard from many parents identifying a need to expand the hours of our Casual Childcare Service. Most particularly, availability of childcare over the lunch hour has been identified as a casual childcare need.

Well, you got it! Renovations are now underway and early this Fall, all 14 Wing Defence Team families will have the option of full-day Casual Childcare at the GMFRC.

The health and well-being of Canadian Forces (CF) families is one of our Wing Commander's (Colonel Seymour) priorities. The Wing acknowledges that families of CF personnel are active and contributing members of the communities where they live and are vital to

the success of the operational mission. Support for the care and development of children and youth contributes to the health and well-being of families and communities. Colonel Seymour, in response to parents' feedback on the need for expanded childcare options here at 14 Wing, is making this wonderful investment in 14 Wing families.

GMFRC Casual Childcare offers professionally staffed, provincially licenced childcare services by promoting social, emotional and physical well-being of the whole family. Children have a safe and happy atmosphere to learn and play, and parents have access to affordable, flexible and quality care. Parents and caregivers can run errands, attend appointments, or enjoy some free time; you can take advantage of the Fitness, Sports & Recreation facilities available on the Wing or within the community; it provides the chance to attend workshops, build relationships with

GMFRC staff, volunteers and attendees of the workshops. With the option of worry-free full-day and over lunch childcare now available, parents can enjoy a leisurely day in New Minas or Halifax shopping or attending medical appointments.

The expanded service will be open Monday to Friday from 8:00 a.m. to 4:00 p.m., including service over the lunch hour. A cook is on staff to prepare daily nutritional snacks and lunch, following a menu approved by a registered Nutritionist. Qualified Early Childhood Educators (ECE staff) offer your child a safe, warm and loving environment in which to play and learn. Children are encouraged to explore, create, question and share experiences in order to enhance physical, social, emotional, language and intellectual growth. This is a place where your child will thrive! Our Childcare Centre will be impressively outfitted with the latest

...continued on page 3.

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# Honorary Lieutenant-Colonel Crosby Visits the Wing

On 18 August 2010, Honorary Lieutenant-Colonel (HLCOL) Charles Crosby of the 84th Independent Field Battery (IFB), Royal Canadian Artillery (RCA), in Yarmouth visited 14 Wing Greenwood. Honorary Colonel (HCOL) Lloyd Graham of 404 Squadron (Sqn) served as HLCOL Crosby's 14 Wing guide for the visit and was able to give an excellent tour on much of the history of 14 Wing. Highlights of the visit included a tour of the Greenwood Military Aviation Museum, the 404 Sqn Full Flight Simulator, a CH-149 Cormorant static display and a visit to the carpenter shop.

The visit to the carpenter shop was of particular significance to HLCOL Crosby as he wanted to pass along his personal thanks. During the visit he presented Mr. Randy Mullen of Wing Construction Engineering a photo of the sign that was done for the Army, Navy, and Air Cadets at Yarmouth Armouries as a thank you from the 84th IFB and the cadets. HLCOL Crosby also appreciated being able to get an "inside look" at the Wing and learn more about its operations. In particular the efforts of Mr. Rodney Ward, Chief Simulator Officer, at 404 Sqn and Master Corporal Ken Gardner at 413 Sqn made HLCOL Crosby's visit a success.



HLCOL Crosby (left) and HCOL Graham (right) receive a briefing before their tour of the 404 Sqn Full Flight Simulator. (Image: Private Crystal Smith, Wing Imaging)



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## Notice To Vacate

Residential Housing Unit (RHU) occupants are reminded that when you intend to vacate for Posting, Release and/or just moving to the local area, you are required to advise the CFHA Greenwood Housing Services Centre in writing at least 30 days in advance of the day you wish to vacate. It is also desirable that a pre-inspection of your RHU be arranged 60 days in advance of your

scheduled march-out. The knowledge obtained during this pre-inspection will assist you in your march-out. Your cooperation is appreciated.

Please call 765-1294 for information on written notice and to arrange the pre-inspection and march-out appointments.

## Changes?

Please be reminded that if you did not provide your PO Box number, home phone number or work number

when you picked up your RHU keys, you are asked to contact the CFHA Housing Services Centre to provide this information as soon as possible. In addition, if there have been any changes in your household since you marched in such as a promotion, change of phone number or change in household size, please call 765-1494 extension 5903 to update your information. Please help us keep our records up to date!

## Avis de départ

Les occupants des unités de logement résidentielles (ULR) ne doivent pas oublier que, s'ils prévoient quitter leur logement, que ce soit pour une affectation, une libération ou un simple déménagement dans la zone locale, ils doivent en aviser l'ALFC par écrit au moins 30 jours avant la date prévue du départ. Il est en outre souhaitable qu'une inspection préalable de votre ULR soit organisée 60 jours avant la date prévue de votre déménagement. L'information

obtenue au cours de cette inspection préalable vous sera utile pour votre départ. Nous vous remercions de votre collaboration.

Veuillez téléphoner au 765-1294 pour obtenir de l'information sur l'avis écrit et pour fixer les rendez-vous pour l'inspection préalable et celle au moment du départ.

## Des changements?

Nous vous rappelons que, si vous n'avez pas donné votre numéro de case postale, votre numéro de téléphone à la maison ou celui au travail quand vous avez récupéré les clés de votre ULR, vous devez communiquer avec l'ALFC pour transmettre cette information dès que possible. Par ailleurs, si votre ménage a subi des changements depuis votre emménagement (comme une promotion, un nouveau numéro de téléphone ou un changement à la taille de votre ménage), nous vous demandons de téléphoner au 765-1494 (poste 5903) pour modifier votre dossier. Aidez-nous à garder nos dossiers à jour!

# Cadet Instructor Cadre (CIC) Officer of the Year



By 2Lt Jessica Burke, UPAR, GASTC

The Cadet Program is one of the largest youth programs in Canada and has about 55,000 cadets participating. The Cadet Instructor Cadre plays a huge role instructing and running the local squadron. One of the highest awards in the Cadet Instructor Cadre is to be named the CIC Officer of the year. This year, Major Bob Johnson, a local CIC officer, received this award. Congratulations go out to him and his family. Major Johnson works hard for the Cadet Program and is a part of the Flying Scholarship Program that also runs out of Greenwood and Waterville. Major Johnson was also named, history officer, by the wing and now is the caretaker of the Aviation Museum at 14 Wing, Greenwood.



## Beth Bourassa

would like to thank all of her clients for their support over the years. As some of you may have heard she will be leaving shortly for a 6 month contract position with CFPSA as a Travel Coordinator "serving those who serve" at the Kandahar Air Field in Afghanistan. She will be returning in early spring and resuming her real estate career with REMAX Banner in Greenwood. Anyone wishing to keep in touch with Beth can do so at her email address [beth1@eastlink.ca](mailto:beth1@eastlink.ca).

For those not familiar with the position, Beth will be involved in the coordination, booking and claims for service members leaving and returning from their mid-tour break. She will be living and working under the same conditions as our service men and women.



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# Exciting GMFRC Childcare News for 14 Wing Families

...cover story continued.

and greatest in Early Childhood Development equipment to promote a healthy learning environment.

The Childcare Centre will accommodate children aged three months to twelve years in two rooms – our infant room for children up to eighteen months of age, and our multi-age room for children eighteen months plus. With experienced, educated staff and accessible equipment and rooms, we offer an inclusive program accommodating the

special needs of all children. In addition, bilingual staff will be on-site.

The GMFRC is so very proud to share this new expanded Casual Childcare Service with our community. It has been built with the care of many loving hands. It is important to share with you the efforts made by our Wing Commander and his Wing personnel over the past few months as we worked together to make this a reality. Every person involved - from design planning to renovations

to equipment purchase - has done so with the health and safety of our children in mind. It hasn't been just about expanding a building. It has been about the pride in offering a top-notch childcare service to our children, our families, our community. Each and every person has been inspired by our children, and I am confident you will see that when you visit. Watch for details in The Aurora Newspaper on our grand opening, as we invite our community in to share our excitement and pride in our expanded Childcare Centre.

## 2010 Terry Fox Run – Date Has Changed

By Eric MacKenzie  
Community Recreation Coordinator

The 30th Annual Terry Fox Run (Site # 1060) will now occur on Sunday September 26th 2010, which is the weekend after our annual Wing Welcome. Registration will take place at the 14 Wing Community Centre at 12:00pm where a warm up will be offered at 12:45 p.m. prior to the official start at 1:00 p.m.

Individuals can either participate by walking, running or biking the 10KM route planned. However, please note that helmets are mandatory and you will not be permitted to bike the route if you do not have a helmet. If you do not have

a helmet you can still walk or run the route if you wish. Also, please be aware that participants under the age of 8 must be accompanied by an adult. Finally, it is important to note that both the 5km and 10km routes will be the same as last year; the run will start at the Community Centre and then proceed down Kingswood Rd, through the flower streets, through the PMQ gate, around the Wing and then back to the Community Centre through the main gate.

Speaking of the run, the Terry Fox 100KM CHALLENGE has once again been set. Are you ready for it? This challenge is for anyone who would like

to run, walk or bike 10KM a day, for ten straight days, starting on Friday September 17th. The goal is to complete your final 10KM during the 30th Annual Terry Fox Run event on Sunday September 26th. If you are interested in signing up or learning more about this challenge, please contact Eric MacKenzie at the 14 Wing Community Centre at 765-1494 ext. 5337.

This is the third year that the Village of Kingston has partnered with 14 Wing and with this great partnership, we expect this event to be even larger and more successful than ever. It is also our goal that this



A single dream. A world of hope.  
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partnership will increase the amount of donations that we are able to collect in support of the Terry Fox Foundation!

However, as a result of this event growing, the demand and need for volunteers has also grown. This event is just over a month away but we would like to remind everyone that the success of this annual community fundraiser requires a great deal of community assistance and support. If you are interested in volunteering, please contact Eric MacKenzie at 765-

1494 ext. 5337.

Lastly, the Terry Fox Pledge sheets and posters have been placed around 14 Wing, and both the village of Greenwood and Kingston. Please bring your completed pledge sheets to the Terry Fox Run and fill out a Terry Fox Run Entry form at 12:00 p.m. on Sunday September 26th. The pledge sheets are available in the following

locations:

14 Wing Greenwood: Community Centre, Fitness and Sports Centre, MFRC and Canex  
Village of Greenwood: Greenwood Post Office, CIBC and Scotia Bank  
Village of Kingston: Kingston Post Office, CIBC, Kingston Pharmasave, Avery's Farm Market and Kingston Diner.

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# Le coin des Padre's Corner

## Le travail, une fête?

Pourquoi parler cette fin de semaine d'une Fête du travail? Le travail est un droit humain fondamental qui fait déjà partie des revendications de la Révolution française en 1789! Le droit à l'assistance publique est alors perçu comme sacré et est rapidement inscrit dans les lois de 1793 pour ceux qui ne sont pas valides pour le travail. Au Canada, le parlement proclame la Fête du travail en 1894. Elle s'inscrit dans la foulée des acquis des mouvements ouvriers de la fin du XIXe siècle. Elle permet aux travailleurs et travailleurs de bénéficier d'une longue fin de semaine de repos bien mérité à la fin de l'été.

Plus près de nous, Félix Leclerc a écrit une superbe chanson qui a pour titre : Les 100 000 façons de tuer un homme. Le poète chante : « la façon la plus sûre de tuer un homme c'est de l'empêcher de travailler en lui donnant

de l'argent... c'est de le payer à ne rien faire... c'est de le payer pour être chômeur! »

Il me semble que la Fête du travail permet à ceux et celles qui ont la chance d'avoir un travail de prendre un temps d'arrêt pour dire merci. Il convient d'être reconnaissant pour son travail qui permet gagner non seulement un salaire, mais surtout, de construire sa dignité. Ce temps de repos nous permet justement de redonner la première place aux personnes et aux familles. Alors, pourquoi la Fête du travail ne nous permettrait pas aussi de réfléchir sur nos choix de société? Comment créer et maintenir tous les emplois nécessaires qui permettraient aux personnes aptes au travail de gagner dignement leur vie, tout en contribuant au développement et à l'essor de la société? Qu'en est-il du travail partagé? Ou encore des mesures de conciliation travail-famille? Au sortir d'une crise financière et

économique, avons-nous épuisé notre créativité et nos ressources de générosité?

Dieu s'est reposé au septième jour, nous dit la Bible. Il a peut-être voulu que nous aussi, au terme de chaque semaine ou au seuil d'une nouvelle année d'activités bien remplies, nous "fêtons le travail" par une réflexion sur le monde qu'il nous a confié!

## A Special Day for Labour?

What is this long week-end of Labour Day about? Labour is a fundamental human right which was already one of the demands of the French Revolution in 1789! The right to public assistance was also perceived as sacred and included in the 1793 laws for those who were not able to work. In Canada, Parliament declared Labour Day in 1894. It was one of the results of the labour movement at the end of nineteenth century. It allows workers to have long

week-end of rest after a long summer.

Closer to our time, the Canadian singer-songwriter and poet, Félix Leclerc, wrote a wonderful song called: "100,000 ways to kill a man." The poet says: "The easiest way to kill a man is to prevent him from working by giving him money ... it's to pay him to do nothing ... it's to pay him to be unemployed!"

It seems to me that Labour Day permits the lucky ones who have a job to take a break and say thank-you. It's good to recognise that a secure job allows us to earn a salary

for living but, above all, it allows us to build our dignity as human beings. This time of rest allows us to make our families our priorities. So said, why couldn't this Labour Day week-end also give us the opportunity to think about our choices as a society? How do we generate and maintain the jobs we need in order to allow all persons suited for work to achieve a livelihood with dignity? In doing so, they also contribute to the development and growth of society. What about shared work (job sharing, flex time)? What measures are being

taken to ensure a good balance of work and family life? We are slowly recovering from a financial and economic crisis; did we run out of resources for creativity and generosity?

After six days of work, God took a day of rest, say the Scriptures. Maybe he wants us to do the same at the end of this season or at the beginning of a new year of activities. We "celebrate labour" by reflecting on the world that we are in and our ability to manage!

Padre Claude Pigeon  
14Wing Chap  
Queen-of-Heaven Chapel.

## Calling all Military Members!

Has the back to school fever given you the urge to learn? Come take a French class at the Greenwood Language School. The fall calendar can be consulted on the WCOL website at the following address:

[http://greenwood.mil.ca/Units/WAdmin/Files/PUBLICITE\\_AUTOMNE\\_2010.doc](http://greenwood.mil.ca/Units/WAdmin/Files/PUBLICITE_AUTOMNE_2010.doc)

There are full-time and part-time courses available, as well as courses to help improve or maintain your

language profiles.

For information regarding language courses please call WCOL Ludmilla Tremblay at ext 5671. To inquire about Public Service Commission testing, contact Sgt. Lisa Gresko at ext 1402.

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Est-ce que la folie de l'entrée scolaire vous donne envie d'apprendre? Venez donc prendre un cours d'anglais à l'école de langues de Greenwood. Le calendrier d'automne peut être consulté

sur notre site web à l'adresse suivante :

[http://greenwood.mil.ca/Units/WAdmin/Files/PUBLICITE\\_AUTOMNE\\_2010.doc](http://greenwood.mil.ca/Units/WAdmin/Files/PUBLICITE_AUTOMNE_2010.doc)

Il y a des cours à temps-plein et à temps-partiel ainsi que des cours pour maintenir ou améliorer vos profils

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Pour vous renseigner au sujet des cours de langues, téléphonez la CLO de Ere Ludmilla Tremblay au poste 5671. Pour vos questions au sujet des tests de la fonction publique, téléphonez la Sgt. Lisa Gresko au poste 1402.

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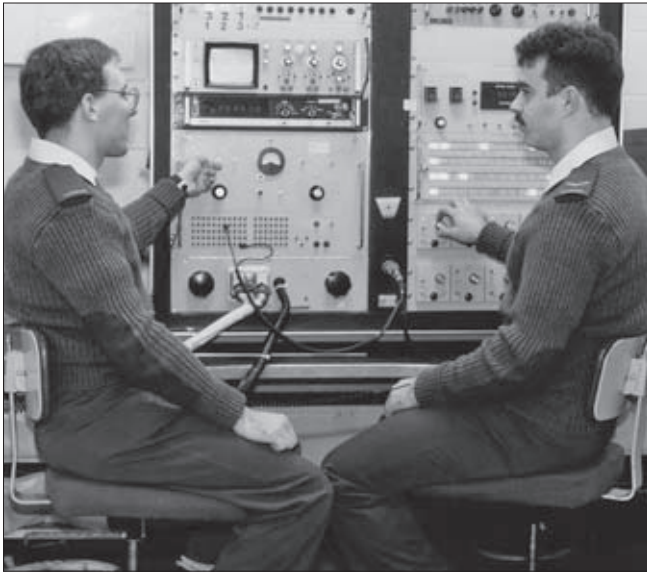
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email: [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com)  
website: [www.auroranewspaper.com](http://www.auroranewspaper.com)



# AVS Labs History Wanted

Did you serve in Avionics Labs in 14 AMS or in its previous forms as part of BAMEO Greenwood? If so, we are looking for your help in documenting the history of this proud organisation in order to celebrate it in an event this fall. Unfortunately there is little on paper to record the efforts of the men and women that proudly built the fine reputation of the labs. If you were a part of it we would be grateful for your willingness to share your experiences.

Please contact either: Cpl Karen Karasz 765-1494 local 3660 or Lt Colin Harrison 765-1494 local 3748.

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# Business of the Week ~ Stark's Head Quarters ~

Stark's Head Quarters has been providing professional salon, esthetics & beauty care products and services to the Kingston / Greenwood area, for over 20 years, opening our first salon in Greenwood in 1990. In 1995, we opened our current location in Kingston, in a historic century home on Bridge Street.

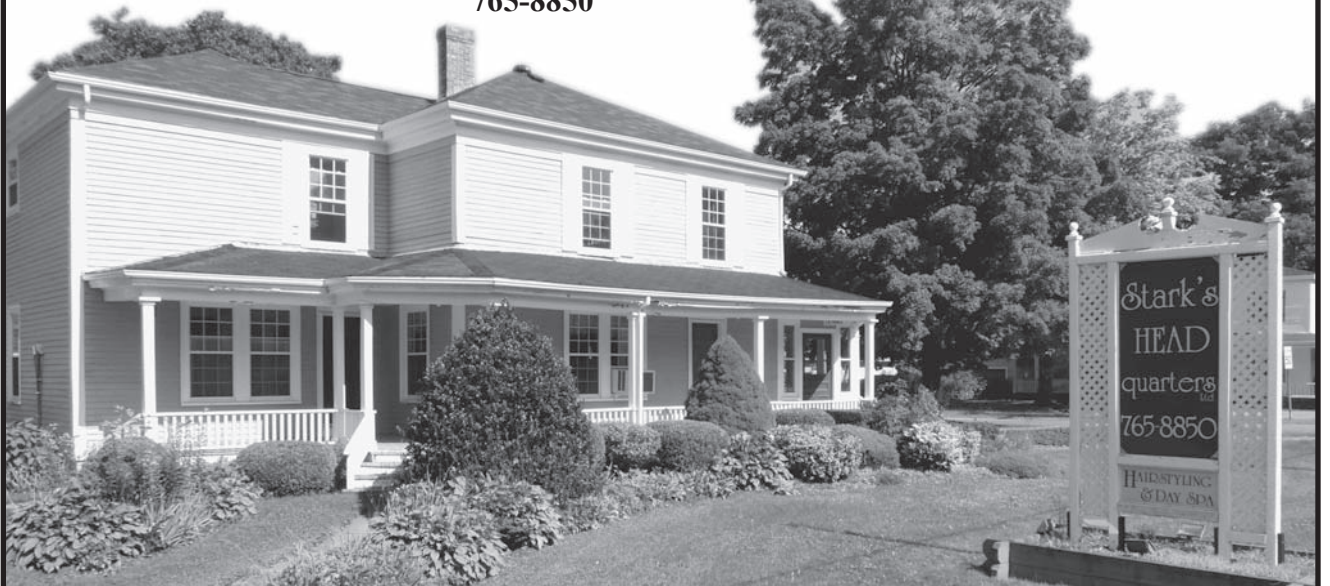
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# 14 Wing-Acadia University Program Welcomes New Students

This September, a new selection of courses will be offered in the Birchall Training Centre as the second year of an innovative educational partnership between 14 Wing Greenwood and Acadia University begins.

The Certificate in Business Management provides 14 Wing personnel and local community members with the opportunity to study university courses entirely at 14 Wing. Each course runs once a week, in the evening, and students can complete the certificate's 10 credit courses over two years.

"Our goal was to create a university level certificate program that is convenient and accessible to 14 Wing and

the local community, and I think that has been achieved," explains Verilea Warren, Education Officer at the Wing Personnel Selection Office. "This program is open to military personnel, DND civilian [Public and Non-Public] employees, spouses, and members of the surrounding community. Everyone is welcome."

Now entering its fourth term of course offerings, the certificate is designed to be well-suited for military personnel through both its course content--which covers a variety of business and management topics--and its once-a-week course schedules. "I was impressed to witness how accommodating and helpful Acadia has been throughout the development and implementation of this program," says

Warren. In addition to evening classes, distance courses are available for participants on deployment or with conflicting organizational commitments.

Students have reflected positively on their experiences through the program's first year. "I appreciated the fact that the professors realized we were all adult learners and taught the courses with this in mind. The instructors really went the extra mile to help us attain a full understanding of the course material," says Master Corporal Heighington. "Thus far the courses being offered have had a lot of relevance to the jobs I do in the military. The best part is I have actually been able to apply some of what I learned to the benefit of myself and my students. The costs are reasonable and I love not having to do distance education or drive far to go to school."

This fall, course offerings consist of Financial Accounting (Tuesdays) and Marketing Principles (Wednesdays). The new courses begin in the Birchall Training Centre on September 14; students should register by September 3. For more information on the Certificate in Business Management, please visit the website at [14wing.openacadia.ca](http://14wing.openacadia.ca) or contact the Wing Personnel Selection Office (WPSO) at 765-1494 ext. 5390.

## EMPLOYMENT OPPORTUNITY

Greenwood Military Family Resource Centre



### Childcare Centre Cook

Full-Time Position

This position is responsible for the provision of meal & snack preparation in the operation of the GMFRC Childcare Centre.

**Responsible to:** Childcare Programs Director

**The ideal candidate should possess the following skills and education:**

- Certificate or Diploma in Food Handling and Preparation Course is essential
- Experience with cooking for large groups considered an asset
- Possess good communication skills, and time management skills
- Plan, prepare and document all meals for the Childcare Centre, and perform related work as required.
- To oversee the operation of the food program, including hygiene, meal planning and preparation, food distribution to rooms, record keeping and all kitchen operations, ensure compliance with Public Health Standards, the Day Care Act and Canada Food Guide.
- To work independently and as part of a team
- The ability to lift, push and carry weights up to 40 pounds unassisted
- Maintains a safe and sanitary kitchen, pantry and storage areas
- Prepare nutritious meals and snacks; prepare substitute items for children on restricted diets.
- Maintains verification of food and non-food purchases and meets Public Health Standards
- Maintains the posting of weekly menus
- Plans and purchases all foods and necessary supplies needed to provide food service
- Laundry duties for the Childcare Centre, which includes: bibs, sheets, blankets
- Will cover off childcare staff lunch time
- Valid driver's license and access to a vehicle
- Infant/Child First-Aid/CPR certified
- Child Abuse Registry Check
- Criminal Records Check
- Bilingualism is preferred and is a definite asset

25 hours weekly, with possibility of increased hours. Some occasional flexibility and availability will be required to accommodate GMFRC Activities and Special Events.

Candidates should hand deliver, fax, or email your cover letter and resume clearly outlining their ability to fulfill all position requirements **on or before 4:00 p.m., Friday, September 3, 2010.**

To: Brenda Virtue-Ellis  
Childcare Programs Director  
Greenwood Military Family Resource Centre  
P.O. Box 582, Greenwood, NS B0P 1N0  
email: [home@greenwoodmfrcc.ca](mailto:home@greenwoodmfrcc.ca)  
Subject Line: Cook Resume  
Fax: (902)765-1714

Applications can also be dropped off at the GMFRC Front Desk. The GMFRC is located in the AVM Morfee Centre, School Road, in Greenwood

*Only candidates selected for further consideration will be contacted.*

The Greenwood MFRC is committed to employment equity. You can read more about the GMFRC at: [www.greenwoodmfrcc.ca](http://www.greenwoodmfrcc.ca)



For more info please contact:  
Capt Jamie Wells loc 3386  
or Acting PSP Manager  
Lisa White loc 5389.

## EMPLOYMENT OPPORTUNITY

Greenwood Military Family Resource Centre



### Early Childhood Educator

2 Full-Time Positions

**Responsible to:** Childcare Programs Director

**The ideal candidate should possess the following skills and education:**

- Early Childhood Education (ECE) diploma/degree
- Minimum of three years experience as an Early Childhood Educator in a childcare facility
- Knowledge of child development
- Knowledge and experience in planning developmentally appropriate program plans
- The ability to lift, push and carry weights up to 50 pounds unassisted
- The ability to work in all types of environments: indoors, outdoors, classroom, kitchen, housekeeping
- The ability to commit to possibility of shift work on rotational schedule
- Strong interpersonal skills are necessary; as well as the ability to work independently and as part of a team
- A clear understanding of the community development process is essential as well as strong awareness of risk management issues as they pertain to children. An ability to work effectively with parents in a supportive capacity.
- Excellent organizational skills
- A good understanding of the unique lifestyle of military families is essential as well as a strong belief in the principle of volunteerism
- Knowledge of Microsoft Office & Graphics programs
- Infant/Child First-Aid/CPR certified
- Child Abuse Registry Check
- Criminal Records Check
- Bilingualism is preferred and is a definite asset

As part of the GMFRC staff team, occasional flexibility will be required after-hours to accommodate GMFRC Special Events.

Eligible candidates should submit by fax, mail, or email your cover letter and resume clearly outlining your ability to fulfill all position requirements **on or before 4:00 p.m., Friday, September 3, 2010.**

To: Brenda Virtue-Ellis  
Childcare Programs Director  
Greenwood Military Family Resource Centre  
P.O. Box 582, Greenwood, NS B0P 1N0  
email: [home@greenwoodmfrcc.ca](mailto:home@greenwoodmfrcc.ca)  
Subject Line: E.C.E. Resume  
Fax: (902)765-1714

Applications can also be dropped off at the GMFRC Front Desk. The GMFRC is located in the AVM Morfee Centre, School Road, in Greenwood.

*Only candidates selected for further consideration will be contacted.*

The Greenwood MFRC is committed to employment equity. You can read more about the GMFRC at: [www.greenwoodmfrcc.ca](http://www.greenwoodmfrcc.ca)

# Blood Donor Clinic

**By: Eric MacKenzie**

Here's your opportunity to save lives! It is once again time to roll up your sleeves and take the time to give blood. Canadian Blood Services will continue to hold two day donor clinics as a result of the outstanding support from our local communities. Let's respond and take advantage of this opportunity by filling up two full days with appointments. If we can double our one day attendance, over both days, Canadian Blood Services may be able to collect enough donations to save over a thousand lives!

The next two day donor clinics will be held at the 14

Wing Greenwood Community Centre on Wednesday September 8<sup>th</sup> and Thursday September 9<sup>th</sup>. Donors can either give during the 1pm – 3pm time slot or the 5pm – 8pm evening slot on Wednesday the 8<sup>th</sup> or Thursday the 9<sup>th</sup>. If you are interested in giving blood, please ensure that you bring identification with your full name and signature or full name and photograph. New donors are welcome!

**Please note that if you get a flu shot, you must wait 2 days after the shot before donating blood.**

This two day clinic is made possible by the generous support from McDonald's and Tim Hortons. If you are interested in more information please call Eric MacKenzie at 765-1494 ext. 5337 and please call 1-888-236-6283 if you wish to book an appointment.



## 14 Wing Familiarization Program 2010

**DATE:** Thursday September 15th 2010  
**TIME:** **Session 1:** 0750 hrs - 1200 hrs  
**Session 2:** 1250 hrs - 1600 hrs  
**LOCATION:** 14 Wing Theatre, located in the Birchall Training Centre  
**REGISTRATION:** Contact your Unit to sign up

The 14 Wing Familiarization Program is an introduction to 14 Wing for military and civilian newcomers of the Defence Team. Two half day sessions are offered each consisting of an introductory briefing followed by a bus tour of the entire Wing. The program provides an excellent opportunity to understand both the mission and role of 14 Wing Greenwood. Attendance is limited to a max of 75 pers/session. NEW personnel are expected to attend. Family members are welcome.

# Navy 10k is a Family Affair

Submitted by: Lynn Devereaux,  
Deputy PSP Manager,  
Personnel Support  
Programs, Canadian  
Forces Base Halifax

## The 24th Annual Navy 10K Run includes 2.5K for kids

HALIFAX - August 22, 2010 - Close to 1,000 runners registered for the 24th annual Navy 10K run today in the North End of Halifax.

Hundreds of proud supporters, family members and friends of the Navy cheered as Cal Dewolfe finished the Navy 5K race with a time of 17:16. Emma Edmonds, a junior competitor, was not that far behind him as the first female to cross the 5K finish line with a time of 20:06, which was 1:26 faster than last year's top female runner. The crowd just continued to cheer as Ryan Salisbury, from Fredericton, NB finished first in the Navy 10K with a time of 33:39 and then Emily Hamilton from Dartmouth finished the 10K shortly after with a time of 37:29. Onlookers had an extra reason to cheer this year as more than 50 children participated in a 2.5K run that circled Stadacona. Organized with the support of the Military Family Resource Centre, the addition of the Kids run allowed participation from all ages.

"What a great way to

celebrate fitness in the CF and the Canadian Naval Centennial year at the same time, with almost a 1,000 participants in the biggest Navy 10K ever," said Frank Cleysen, Canadian Forces Personnel Support Programs Manager. "With the addition of the 5K and the 2.5K kids race, this event is now accessible to the whole family," he added.

Following the trend of the last few years, the number of Canadian Forces member participants in the race continued to increase, and once again the number of local Regular and Reserve Force members either posted or attach-posted to Halifax participating in the race remained over 30%. In addition to the runners from all over the world who come to race in the Navy 10K, this year there was also a mini Navy 10K conducted by HMCS Montreal in Nuuk, Greenland on August 15, 2010.

"An event like the Navy 10K cannot be run without

the support seen here today," said Jon Berg event organizer and Personnel Support Programs Sports Coordinator. "I would like to thank all of our runners, volunteers, staff and of course all of our sponsors," he said. This year's race numbers increased to 938, our all time record number of participants, which is very fitting as we celebrate our 100<sup>th</sup> anniversary of the Navy," he added.

Canadian Forces Halifax Personnel Support Programs is responsible for morale and welfare programs for the Canadian Forces such as fitness, sports, recreation and for notable events such as DND Family Days, Navy 10K Run, and the Navy Fitness Challenge.

The Navy 10K Run has been a successful run for 24 years, and continues to attract runners from all over the world. For more information about the Navy 10K 5K or 2.5 Kids run, please call Jonathan Berg at 902-721-8418 or email Jonathan.Berg@Forces.gc.ca.



## Community Displays

Saturday, September 18, 2010  
9:00 a.m. – 1:00 p.m.  
14 Wing Fitness & Sports Centre

A great event to showcase your club's programs, services and the opportunity to take registrations for the upcoming fall and winter season! Last year thousands of people visited the 100 plus displays featuring 14 Wing Recreation Clubs, Community Organizations and our generous Sponsors.

- Booths can be set up on Friday, September 17<sup>th</sup> anytime after 1:00 p.m. or before 8:45 a.m. on Saturday.
  - Clubs are also invited to sign up to do a short demonstration.
  - Power Outlets are available on a first come first served basis.
  - Clubs are responsible for manning their display booths during the event.
  - Special Features: Door Prizes, Bounce Kingdom, Children's Activities
  - We ask that all display tables and materials are dismantled immediately following the event.
- Please note there is limited space so register early. The deadline is September 10<sup>th</sup>, 2010. To register for a display table please contact the 14 Wing Community Centre at 765-1494 L5341 or email: Jill.Jackson@forces.gc.ca.



### Group Fitness/Aerobics Class

(Cardio/Strengthening/Stretching)  
Sandye Prout, NSFA Certified

**Where:** Melvern Square Community Centre  
**When:** Monday and Wednesday Nights  
6:30-7:30 p.m. (Except 3rd Monday of each month)  
**Contact:** Sandye Prout 765-6244  
**8-week session starting September 8th, 2010**  
**\$20 Mon - \$32 Wed - \$50 Mon & Wed (Drop in \$)**

### 14 Wing Greenwood Search & Rescue Spotters Volunteers List

413 Squadron CASARA office will be running a Military Spotters course next month. This will be to act as a vital part of 413 Squadron during actual searches as a spotter. You would be required to fly on the Hercules and Cormorant. You must be a CF member (Regular or Reserve "B" class). For more information or if interested, please call Sgt. Al Daigle at local 3113 and leave a message.

— SEPTMEBER —  — 2010 —

Sun	Mon	Tues	Wed	Thu	Fri	Sat	
<b>Wing Welcome</b> September 17-18			1	2	TGIF OM Hosting KFC 	DWD for WO Ralph Hartlen in the Argus Lounge at 1330hrs	
5	6	7	8	9	TGIF WS Hosting Steaks, Salad, Garlic Bread 	10 Casino Night for the Terry Fox Head Shave Door open from: 1800-0000hrs	
12 INFO Fridays TGIF • 1700 hrs • Events subject to change please check our website.	13	14	15 14 AMS Fall Sport Day in the Argus and Ad Astra Lounge	16 Wing Welcome Pig Roast will be served from 1730-2000hrs Music from: 2030-0100hrs Featuring: "The Persuaders" & "Focus"	17 Ticket sales are at these locations: 14 AMS Wing Imaging, Wing Accom Argus House Mod 16, and Annapolis Mess Main Office. Ticket price: \$10.00 for members \$15.00 for non-members \$20.00 at the door	18 Hughes / Freeman Wedding Reception	
19 INFO Back Bar Daily Newspaper for Your Enjoyment	20	21	22	23 WOSM Year End Golf Tournament 	24 TGIF OM Hosting 	25	
26 INFO Non Alcoholic Beverages Available	27	28	29	30 INFO Back Bar Entertainment on Friday Nights 2000-2400 hrs • Events subject to change	INFO Back Bar Darts Available from bartender	INFO High Speed Internet available in TV Lounge & Wireless Internet	INFO Darts & Pool Balls are available from the Bar.

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6 Bedford Road

# 14 Wing Greenwood Skateboard Union Club!

The 14 Wing Community Centre held our third Greenwood Skateboard Union Club meeting on Wednesday August 18<sup>th</sup>. Our Club is now officially formed, and at our last meeting we decided how to spend the \$1,000 grant we received for upgrades to our park.

Plus, we decided to raise funds by organizing a bottle drive towards the end of September. However, due to the change in date for the Terry Fox Run, the bottle drive has been postponed until Sunday October 3<sup>rd</sup>. Another example of the changes at the park that are a result of recommendations from the Club, are the edition of the bottle container, in which all funds collected from bottles go towards the skate park. It is important to note that we want to keep the park clean but it is only your responsibility when using the park to ensure that you place your bottles and garbage in the appropriate containers.

This Club is opened to anyone between the ages of 9-18 but anyone under 9 can join the club, provided a parent or guardian (18 or older) is present when they visit the skate

park. This includes our BMX users and skateboard users. Our membership is only \$15 a year, \$12 for each additional child, and all of your registration dues go towards fundraising purposes to provide upgrades to the park. Membership forms are available at Limitless Skate and Snow, in the Greenwood Mall, and at the 14 Wing Community Centre. Please note that your completed form must be submitted at the Community Centre where you will be given a receipt for your payment.

We hope to continue to meet monthly, and discuss what upgrades the park needs and how to fundraise the necessary funds. This Club, in partnership with Limitless Skate and Snow, allows users of the park to provide feedback on where our grant funding should be spent, and collectively set a plan in place for what direction we would like to see our park go.

Other benefits will include discounts on entry fees to our event, such as the upcoming Wing Welcome competition set for Saturday September 18<sup>th</sup> 2010. Plus, we are already trying to organize skateboarding lessons for those who would like to learn how to skate. In addition, by forming this Club, we

will improve our chances to be approved for additional grants and also improve the success of our fundraising initiatives, since we will have a group of committed members who are dedicated to helping improve our park.

If you are interested in joining the Club, please contact Eric MacKenzie at 765-1494 ext 5337 or attend **our next meeting set for Wednesday September 22<sup>nd</sup> from 4:00-5:00 p.m.** inside the 14 Wing Community Centre Conference Room. During this meeting, you'll have an opportunity to voice your opinions and recommend the changes that you would like to see in the future. Please note that the Community Centre Conference Room is located on the second floor of the Centre.



## 14 Wing Community Recreation Cards

Please be advised that effective 1 September 2010 the following are the new prices for Community Recreation Cards. For more info and or to renew your card contact the Community Centre at 765-1494 ext 5341.

- Regular - Single - \$84.00
- Regular - Family - \$168.00
- Regular - 1 Activity - \$28.00
- Single Month Allot - \$6.97
- Family Month Allot - \$13.94
- Ordinary - Single - \$124.00
- Ordinary - Family - \$248.00
- Ordinary - 1 Activity - \$28.00
- Ordinary - F&S - \$55.00
- Ordinary 1 Activity - Youth - \$28.00
- Associate-Single - \$190.00
- Associate - Family - \$380.00
- Associate - 1 Activity - \$60.00
- Associate - 1 Activity Youth - \$30.00
- 1 Month - Single - \$32.00
- 1 Month - Family - \$64.00

## Ready, Set, Games!

The last week of French camp at the 14 Wing Community Centre was filled with games and lots of fun! We kicked the week off playing at the park, doing some fun animal puzzles and having a super fun Bingo competition! Not everyone won, but everyone had a great time. Tuesday, we continued the fun playing some board games in the morning, such as Guess Who, Sorry, chess, dominos and many more! After snack French campers competed in a fun relay race challenge! Wednesday was a trip day and all of the summer camps travelled to Aylesford Lake! French campers enjoyed the day as we played in the water and on the shore! To end the week off, French camp made some yummy Jello and played at the park. After snack, all camps attended our end of summer camp party! At the party, we decorated some treats, watched Day camp perform some of their talents, played some fun games and got busy dancing for a fun freeze dance competition! French campers would like to thank the lifeguards at the outdoor pool; the great bus drivers who took us on all of our wonderful trips, as well as all the volunteers who helped make French camp a huge success! Finally, we would like to thank all the campers who attended the 14 Wing French camp 2010!



*French campers on the bus on the way home from our trip to Aylesford Lake!*

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For more info please contact:  
Capt Jamie Wells loc 3386  
or Acting PSP Manager  
Lisa White loc 5389.



**Greenwood Minor Hockey will be holding registration for Recreational (House) Hockey on the following dates:**

- Sept. 18 from 9 am - 1 pm at Wing Welcome (F&S Centre)

**Prices for the 2010/2011 season are:**

- IP1/IP2 - \$230.00 (born 2004/2005)
- Novice (Beg/Int) - \$350.00 (born 2002/2003)
- Atom - \$380.00 (born 2000/2001)
- Pee Wee - \$400.00 (born 1998/1999)
- Bantam - \$420.00 (born 1996/1997)
- Midget 'C' - \$450.00 (born 1993/1994/1995)

3<sup>rd</sup> child registered is half price.

Please have Health card and rec card upon registration.

**Non rec card holders must purchase single event rec cards from community center prior to start of season.**

For more information please call Tanya Newell at 765-1157.

No phone calls after 8pm please.

We are also looking for coaches for this season, contact

Steve Bates at parastephenbates@hotmail.com for more info.



## Chapel-Life-Coordinator at Queen of Heaven Chapel

On Sunday 22 Aug 10, Father Claude Pigeon (left) was formally installed as the new Chapel-Life-Coordinator at Queen of Heaven Chapel. Father Claude is following in the footsteps of Father Tim Nelligan, who presided at the installation service and is departing shortly on a well-earned Sabbatical in the United States. During Father Nelligan's absence, Father Pigeon will also assume the role of Acting Wing Chaplain, from September to December. Father Claude is enthusiastic about his new position in the community and is looking forward to making a new leap of faith with the Chapel family. He brings a vast array of experience with him, having served as a civilian priest for several years before enrolling in the CF. As well, he has completed a posting in Valcartier and several overseas deployments with the 3R22eR and 14MSS. Welcome to your new post, Father Claude!



Left to right; Riley Cook, Sam Henderson, Jordan Jackson, and Owen St.Nicolaas.

## Local Hockey Players Win Gold In Maine

Submitted by: Shawn St.Nicolaas

Four Annapolis Valley hockey players travelled to Portland, Maine with the Nova Scotia Young Guns hockey team. This team was comprised of 17 talented novice age players from around Nova Scotia. Sam Henderson, Riley Cook, Jordan Jackson, and Owen St.Nicolaas were the four players selected from the Valley. The Team played a round robin against three strong teams from the U.S. and were undefeated going into the seeding round. The Young Guns shook off any jitters that they may have had and continued to the Gold Medal Game with a 4-0-0 record and a shutout. Team Smith from Maine met the Young Guns for the second time in the Gold Medal Game and the Young Guns won a nail biter, with both teams having some great scoring chances and great goaltending, 2-0.

Congrats to the boys and to the Young Guns for an entertaining weekend of hockey and bringing home the Gold. Finally, a special Thanks to all those who sponsored the boys and helped make this trip a great success.

## Attention all Dart Players!

The Men's Valley Drug League is now in the process of recruiting teams and/or players for the upcoming season.

If you are interested in playing in this very dynamic league this year, you are invited to the first General Meeting to be held at the Royal Canadian Legion, Branch 98, Kingston, NS on Wednesday, September 8<sup>th</sup>, 2010 at 7:30 p.m.

Should you require additional information, please contact Mr. Trevor Campbell, President Men's Valley Dart League 2010-11 at (902) 847-9815.

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\$15.00 FOR NON-MEMBERS

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WING ACCOMADATIONS ARGUS HOUSE MOD 16  
LOC: 5398

ANNAPOLIS MESS LOC: 5470

# Never a Day Goes By

Wendy Hayward - JTF-Afg  
/ National Support  
Element - PSP

Not a day goes by, since I lost my son James -- Corporal James Hayward Arnal, of the 2nd Battalion, Princess Patricia's Light Infantry -- when the pain in my chest does not intensify uncontrollably and grip my heart choking me to near death. Not a day goes by that is pain-free, and not a day goes by that I don't feel the maternal instincts to go find him, keep him safe, bring him home. Not a day goes by that I am not reminded that there's no place to go; he is in a better place, in the arms of an angel.

It's a phantom pain I live with every day, and the only way I know how to numb it is to keep busy. Not a day goes by when I do not want to die for my son James and live for my son Andrew. It would be easy to crash and burn, to die. But I live my life now searching for the good from something so tragic, my monumental loss. I ask James every day, "How do I live without you?" Not a day goes by when he does not answer me, guide me, show me the way.

I now believe that life is all about death. It's what we embrace from someone else's life and death to help us to be the person we were



**Kandahar Airfield, Afghanistan; 26 July 2010 — Wendy Hayward (centre, with framed photo) and her colleagues of the Personnel Support Program pose for a group portrait.**

(credit/source: Courtoisie Manon Ducharme, ESN)

meant to be; to be a better person. I keep him alive in my heart and my life by sharing him with the world. I allow his death and the pain that will always remain to change my life to do what I now know without a doubt

that I was meant to do, and become who I was meant to be. His everlasting gift to me is the clarity that grows every day in my life, and to seize the day.

With just a few days until the second anniversary of James' death I could feel a sombre burning deep within my heart, again. I was already feeling the exhilaration of my new surroundings, the people and the environment; a heightened sense of purpose and goals; all presenting me with new meaning and deeper inspiration. The missing and the grief did not overpower my new adventure; rather, I found it oddly embracing and stimulating.

This may very well be one of the last things I will be able to share with my son. With each day, each moment, I am now able to understand and truly feel the experience of a lifetime that he shared with me but I was never really able to comprehend ... until now.

After arriving at Kandahar

Airfield, I very quickly felt the support from this great organization, Personnel Support Programs (PSP). I was already grateful to the team in Ottawa for selecting me for deployment but now, living and working in such close quarters, in a harsh environment, the people who execute the PSP mission welcomed me to their team unconditionally. Gratitude does not describe what I feel for this team. I could not be here if not for them; to be a part of PSP is to be a part of something greater than myself, greater than all of us as individuals, with no other purpose than to play, make their day, be there, and to chose your attitude — all focused on "serving our soldiers".

A perfect example of the kind of people here in KAF with PSP is Michelle Mallet. I met her at training in Kingston; we were room mates. She was the first person I had shared James with, and she has embraced him as her own ever since. Intuitive to my emotions

she took the lead to arrange a small service on July 18, 2010 at the memorial in the National Support Element compound. As news spread, I was touched to learn that so many others, both PSP and military, wanted to attend and pay their respects to all our fallen. The service may have been prompted by James' anniversary but in his style it was for all our heroes, all his comrades.

As it turned out, the Minister of National Defence, Peter Mackay, and the Chief of the Defence Staff, General Natynczyk, were scheduled to visit KAF at that time. They found time to remember our heroes and join us in prayer, as did Brigadier-General Jon Vance, the Task Force Commander, and Cindy Termorshuizen, the Deputy Head of Mission from the Canadian Embassy in Kabul.

When I first lost James, I had a conversation with Peter MacKay regarding our fallen dying in vain. Back then, I thought simply

leaving Afghanistan meant they would have died in vain. Today, I have come to realize that location has nothing to do with it. They have died in vain only if we forget them, what they stood for, what they fought for and what was important to them and dear to their hearts.

The show of not only everyone's support at the service but of each individual's own grief, love of comrades, team spirit, dedication to the mission, commitment to each other, and the pride to be Canadian ever so evident with their presence, continues to convince me that we will never forget them, and so they will never die in vain. I will take that to my grave.

Freedom, human rights, living a decent life — these are worth fighting for and are worth dying for and, most importantly, worth remembering. For if you die fighting for these precious values, you have died so that someone else benefits from them. There is no greater sacrifice and this is what defines our heroes. My biggest fear is that we forget, and I take great comfort when someone else remembers.

James did not want to watch the world go by on television. He wanted to be a part of history and something greater than himself. He was proud to be Canadian and prouder still to be a Canadian soldier. I see him in the eyes of everyone I have the privilege to serve here in KAF, and I do it in his memory because his buddies were so important to him. I do it because he is teaching me the meaning of life — particularly my life. His death continues to present me with many gifts, first and foremost incredible people! James was all about people, and he continues to introduce me and surround me with the best: The Canadian Forces and especially PSP, masters in the art of seizing the day!

Thank you does not describe what I feel in my heart. James is in my heart and he would say: Carpe diem, my friends!

Not a day goes by...

**SWIMMING Lessons**

**REGISTRATION FOR FALL SESSION**

**September 18**  
During Wing Welcome

**Sept 20 - 1300-1700h**  
**Sept 21 - 1400-1800h**  
at Indoor Pool Office

Contact Yvonne Clarke: 765-1494 ext. 5564

## The Greenwood Players Theatre Company

The Greenwood Players Theatre Company still need actors for their upcoming production of *Robinson Crusoe*.

Actors from 16 to 70 required for Pirates/Spear wielding natives/Sailors (you would be all of these at specific parts of the play). Also 2 main parts still need to be cast.

When to come: Thursday 2nd September at 7 p.m.

Where to come: AVM Morfee Centre, School Rd, Greenwood.  
Contact info: Jeff Pocock: Email- jeeveseyjeff@gmail.com  
Phone: 840-3853

Come and join us, we guarantee you a fun time.

# 405 Long Range Patrol Squadron Change of Command Parade

405 Long Range Patrol (LRP) "Pathfinder" Squadron (Sqn) said good-bye to Lieutenant Colonel (LCol) James Irvine and welcomed Lieutenant Colonel Jason Major as the Sqn's new Commanding Officer (CO) on Thursday, August 19, 2010. The official handover of 405 (LRP) Sqn to LCol Major took place with the Change of Command (CoC) parade followed by the official signing of documents between the two LCol's and the parade Presiding Officer, Wing Commander, Colonel (Col) Bill Seymour.

The outgoing CO, LCol Irvine, is posted to Ottawa to commence French language training in Gatineau, Quebec. Addressing dignitaries, invited guests, and Sqn members, LCol Irvine reflected on the outstanding achievements of the Sqn and the tremendous dedication of all the Pathfinders over his two-year command. Of note, he was very proud of the Sqn's role in OPERATION (OP) ATHENA providing mapping imagery to the ground troops in Afghanistan, providing airborne surveillance at the 2010 Olympics in Vancouver for OP PODIUM and providing air surveillance at the G8 - G20 political summits in Ontario for OP CADENCE. The squadron's motto - DUCIMUS - WE LEAD - was evident during all missions assigned to the Sqn and LCol Irvine is confident this will continue into LCol Major's command.

LCol Jason Major joined the Canadian Forces in June 1990 and attended the Royal Military College of Canada, graduating in 1994 with a Bachelor of Commerce. He earned his pilot's wings in 1995 and was posted to 407 Sqn in 19 Wing, Comox for his first operational flying tour. While at 407 Sqn, he was promoted to Captain (Capt), upgraded to Crew



**Incoming Commanding Officer LCol Jason Major (left), Wing Commander and Presiding Officer Colonel Bill Seymour (center) and outgoing CO LCol Jim Irvine (right) sign the official documents passing command to LCol Major.**

(Photo Wing Imaging)

Commander and was selected for an exchange tour with 206 Sqn at Royal Air Force Kinloss to fly the Nimrod MR2 aircraft. While on exchange, Capt Major served as the Sqn Standards Pilot and was Crew Commander of one of the Maritime Counter Terrorism (MCT) Crews. In 2002, he and his crew deployed to the Middle East in support of OP ENDURING FREEDOM conducting patrols in Gulf of Oman and the Arabian Gulf. In 2003, Captain Major returned to the Middle East again, this time to fly in OP IRAQI FREEDOM, where he earned the Iraq War Medal.

Capt Major left Scotland in 2003 for a posting to the Maritime Warfare Centre in Halifax as a Tactics and Doctrine Development Officer. In 2004, he was promoted to Major (Maj) and began teaching tactics and doctrine on various warfare courses as a member of the Centres Training Section.

In 2005, Maj Major was posted to 405 Pathfinder Sqn, where he served as a Crew Commander,

Operations Officer, and Deputy Commanding Officer while he concurrently completed his Masters in Defence Management and Policy. He also served as both the Deputy and LRP Vanguard Commander. In 2008 he attended the Canadian Forces Joint Command and Staff College in Toronto and was promoted to Lieutenant Colonel (LCol).

In 2009, he was posted back to 14 Wing to complete another operational deployment; this time to Kandahar, Afghanistan as both the Base Flight Safety Officer and CO of the Canadians in the NATO COMKAF Headquarters. Upon completion of his tour in Afghanistan he returned to Greenwood to assume his

command of 405 LRP Sqn.

Addressing his new Sqn, LCol Major spoke of how proud he was to assume command of a great Sqn like 405 and assured all members that the Pathfinders would continue to move forward maintaining its reputation as Canada's number one air force Sqn. "Throughout the history of our Sqn's existence, 405 Sqn has time and time again been the first called to deploy to do operations in every corner of the world and each time we have been called we have been ready. This tradition of excellence and high readiness will continue while I am CO. Having crews at high readiness is what 405 is all about. For every Pathfinder, being trained and



**LCol Jason Major, the new Commander of 405 LRP Sqn, the 405 Sqn Color Party and the 14 Wing Band stand during the playing of O'Canada.** (Photo Wing Imaging)

ready to deploy is an element of both personal and professional pride. I am very proud to be returning to 405 Sqn and there is no place I would rather be. We have an exciting time ahead of us with new equipment and new capabilities in the Block III Aurora

which we will convert to next year. 405 Sqn continues to have a vital role in the defence and sovereignty of Canada and its interests around the world, and will do for many years to come. Each time we are called, 405 Sqn will be ready". DUCIMUS - WE LEAD

## WANTED

### ESCAPED CORNVICS FROM DEMPSEY CORNER ORCHARDS ANNUAL SCARECROW FESTIVAL

**This weekend we have scarecrows hidden throughout the farm. Let the kids run wild, searching for scarecrows, while Mom & Dad enjoy a quiet cup of coffee and a slice of homemade pie. Mom & Dad can SAVE, SAVE, SAVE while they SIT, SIT, SIT!**



Paul Tato

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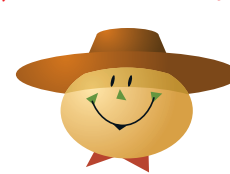
Peachy Peggy

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Peter Pear

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Hayseed Hank

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Willy Winer

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Search The Aurora Newspaper and find our escaped cornvics and write the page number you found them on above.

**Bring this ad to Dempsey Corner Orchards September 4, 5, 6 and Mom or Dad gets a free Hot Toddie.**

**Clue:** Each Cornvics name is a hint to their hideout on the farm.

For every scarecrow you find you get an extra 5% off your U-Pick Purchases!

Dempsey Corner Orchards U-Pick and Farm Market • Open 7 days a week • 10:00 a.m. until 5:00 p.m. Just North of Exit 16 and follow our Signs. For more info call 847-1855 • www.dempseycorner.com.

## Wilton Cake Decorating Classes

Country Store offers on going Wilton Cake Decorating Classes beginning the first of every month!

Register Today for Classes Beginning First Week of September!

**Country Store**

Natural Alternatives for a Healthy Lifestyle

Greenwood Mall • 902-765-4766

# The 19<sup>th</sup> Hole



**President Betty Saltzman presents the Club Championship trophy to Donna Hill**

I see the ads on the television saying... "They're Going Back"... school is just around the corner so that should mean our summer is coming to an end: but we are having great weather so who knows, we may have 3 more months of golf. We have the Men's Shoot Out the weekend of Aug 28-29 and then just about every weekend is booked in Sept. The Fall Ball is the weekend of Sept 11-12...so if you don't have your entry in to Sandy, you may miss it.

Wednesday Night Ladies played a four person scramble with two tee shots from each player. This was played on Aug. 18th. The winning team was Gail Croucher and her daughter Kerri (nice to have a visitor from Ottawa), Cyndi Landry and Queenie Bond: and the second place went to Sandra Cathcart, Carolyn Litsas, Debbie Moulaison, and Laurie Prentzel.

The Ladies finally got to play the 2-Ball tournament, and the winners were Alice Langil and Lee Robinson. Congratulations ladies. What a great day it was, Sandy and I had the pleasure of golfing with Sue B and Margie



**Betty Lane accepts the Field Low Net trophy from Betty Saltzman (President)**

W...speaking of Margie, Hats off to Margie for the nice job she did painting the Ladies washroom in the old club house...and she recovered the chair to match, and hung a nice picture on the wall...nice touch. She is one busy volunteer, she planted the rose garden on # 18 tee box area...and although I have heard that some people have complained, the garden looks and smells great. I have even heard some of the guys mentioning how nice the rose garden is. Thanks Margie, our club needs more volunteers like you. While I am on a roll, all the gardens look great and the work is being done by a few of the lady members...Thanks to all of you!

The Club Championships were held the weekend of Aug 21-22. There were 15 ladies who competed in the competition and what a sunny weekend it was. When the final putt was made the over all winner and the lady who hoisted the Club Championship trophy was DONNA HILL (with a two day gross score of 176) Congratulations to Donna and also to Sheila Johnson who won the Club Senior trophy and to Betty Lane who won the Field Low Net Trophy. (Betty may be small but I can tell you I have watched this little lady hit a very long ball)...I was told Betty made Goodie bags for all the ladies, very nice idea and it was well received...I think that was Betty S. who made



**Betty Saltzman presents the Senior Club Championship trophy to Sheila Johnson**

the goodie bags. The other low net winners were: 1st Gail Croucher, 2nd Alice Langil, 3rd Sue O'Connor and 4th Sharyn Trimm. Sandra Cathcart carded the least number of putts over the two days. Thanks to all the ladies who participated and thanks also to Betty S. for organizing the tournament.

The Men's Club Championship was held the same weekend and I had the pleasure of holding the flag the 1st day for Doug, Ian, Neil and Ken... however on the 9th hole Ken Theriault hit his Tee shot, felt a lot of pain and lost the use of his right arm...we all hope that you are feeling better and that you will be back out on the course soon. Doug C shot a 70 that day, so he was in the lead going into the second day...with Stu Nauss and Scottie Cooper hot on his heels. Again, after the final putts were made Doug claimed the Club Championship trophy...and you can't wipe the grin off his face! The Field Low Net winner was Bill McDonald...congratulations to both golfers. The rest of the prize winners were: 1st Division: 2nd LG Stu Nauss and 3rd LG Scottie Cooper: 2nd LN Paul Vantassel, 3rd LN Larry Youden: 2nd Division: 1st LG Wayne Pellerine, 2nd LG Ian McKenzie, 3rd LG Danny Snow: 1st LN Paul Laquant, 2nd LN Ralph Fevens and 3rd LN Pete Foy: 3rd Division: 1st LG Ron Jenkins, 2nd LG Wayne Cathcart, 3rd LG Pat Robinson and 1st LN Shawn Poirier, 2nd LN Vern Crossman and 3rd LN Neil Peckham. Congratulations to all the winners and thanks to everyone who supported the tournament.

The schedule for September has a few Shot Gun starts...On Sept 2nd and Sept 3rd RMS has a 9:00 shotgun so plan to golf later those two days. Check the calendar at the Pro shop, especially for those days when there is a shotgun start. (Sept 17th, Sept 21, Sept 22 and Sept 24).

Welcome back to Terry at the Pro Shop...it has been a few years, but people get posted out and eventually they COME BACK HOME!

Enjoy your round of golf and there will be results from the Shoot Out in the next article. Hit 'em long and straight and remember to Keep Up The Pace Of Play.

p.s...Thanks Doug for that Nike Driver...I love it!



## Matte Retires from CF

BGen Gregory "GCP" Matte recently retired from the CF following a 29-year career in the Air Force. The son of the late MCpl R.G "Jerry" & Marlene Matte of Kingston, and the brother of BGen Perry Matte (former WComd of 14 Wing Greenwood), Greg joined the CF in 1981. After graduating from Royal Roads Military College, he completed his pilot training, and spent much of his career on CF-18 fighters. His most recent appointments prior to retirement included WComd 4 Wing Cold Lake, Director Air Requirements, and Chief of Staff in Canada Command.

Greg has accepted a position as Director General Operations within Public Safety Canada beginning this fall, and looks forward to the stability of remaining in the Ottawa area for many years with his wife Lori, and children Natasha and Joshua.



## "In the Garden"

*Harley Parker ~ 31 August 2009*

God saw you were getting tired;  
And a cure was not to be.  
So he put his arms around you;  
And whispered, "Come with me."  
With tear filled eyes, I watched you fade away.  
Although I loved you deeply;  
I could not make you stay.  
A golden heart stopped beating;  
Loving hands were put to rest.  
God broke my heart to prove to me;  
He only takes the "BEST."

*Harley ~ you will be in my heart "FOREVER."*

*Love ~ Marilyn*



**14 WING WELCOME**  
TOGETHER AS ONE  
17 - 18 Sep 2010

**WING WELCOME**  
**GOLF TOURNAMENT**  
FRIDAY 17 SEPT 10

**PLACE: 14 WING GREENWOOD GOLF COURSE**  
**FORMAT: 4 PERSON SCRAMBLE**  
**8:30 AM TEE OFF ARRIVE NO LATER THAN 8:00 AM**  
**COST: \$35 TOURNAMENT FEE (NON-MEMBERS)**  
**NEW 14 WING MEMBERS AND GGC MEMBERS REDUCED TOURNAMENT FEE \$20**

**\*\* INCLUDES PRIZES AND BBO STEAK \*\***  
**REGISTER BY HAVING YOUR UNIT REP CONTACT OPI**  
**JEFF McBEAN**

**PHONE: 902-765-1494 EXT 3761**  
**E-MAIL: JEFF.MCBEAN@FORCES.GC.CA**  
**PLEASE VERIFY WITH YOUR CoC AS UNITS ARE LIMITED BY NUMBERS OF PARTICIPANTS**

# Annual Harvest Festival

Melvorn Square & Area Community Association invites everyone to join us at our annual Harvest Festival scheduled for Saturday, September 18<sup>th</sup>. Our giant pumpkin weigh-in starts at 1:00 p.m. on the front lawn of the Melvorn Square Community Hall. Amelia Best, daughter of Krista and Trevor Best, took top prize for Child Heaviest Pumpkin at 337 pounds. Close behind was Alex Best at 306 pounds and Morgan Noble at 181 pounds. Thanks to sponsors Tibb's Tumblers Locksmithing Service, West Nova/Gates' Petroleum, Mid Valley Construction, Brown's Auto Salvage and Loomer's Pumping for their on-going generous support. This year there will be three cash prizes for first, second and third in both the adult and child categories. Kids who have not grown a giant pumpkin are encouraged to decorate a pumpkin grinner and show off your carving or painting skills. Lots of prizes

will be awarded.

After the weigh-in the tractor skills competition will begin on the rear lawn of the Hall. Push peddle John Deere tractors will challenge the younger kids. Come out and enjoy watching the youngsters show off their skills. Larger John Deere's will be hand for teen drivers and adults. Green Diamond is a tremendous supporter of the event providing the equipment for the tractor skills competition. Prizes will be awarded thanks to Rick Aldred, Spurr Bros, Allen Armstrong, George Phinney, Peter Brown, Dave Sabean and Greg Banks.

Throughout the afternoon, delicious pumpkin and apple pies will be available. Tickets will be sold on a huge Harvest Basket filled to the brim. All proceeds will go to maintain the hall.

Everyone is invited to come out for a fun-filled afternoon in Melvorn Square.

# 2010 Wing Welcome Skate Competition

All skaters and bmxer's come to The 14 Wing Community Centre Saturday September 18 for this year's 2010 Wing Welcome Skate Competition. Come compete and show us your skills for a chance to win a great prize! There will be five divisions; beginner, intermediate, advanced, BMX and 19 and older. Registration and warm-up will be from 11:00 a.m.-12:00 p.m. and the competition will be from 12:00-3:00 p.m., depending on how many people register. The cost to register is \$5 for Skateboard Union Members and \$10 for non-members, please show your Member card to indicate you are a Member. If you would like more information about this event or how to become a Skateboard Union Member, please contact Megan at 765-8165 or Eric MacKenzie at 765-1494 ext. 5337.

# Correction Notice

## Zumba fitness classes date change



### ZUMBA fitness

- Monday & Wednesday evenings, 6:30 p.m. at 14 Wing Greenwood, Fitness and Sports Centre, starting 13 September 2010
- Tuesday & Thursday evenings, 6:00 p.m. at the Paradise Community Hall

### ZUMBA gold

- 10 week session beginning September 13th
- Melvorn Square Hall, Mondays, 10:00 a.m.
- Nictaux Church Hall, Tuesdays, 10:00 a.m.

### Turbo KICK

- Tuesday & Thursday evenings, 7:15 p.m. at the Paradise Community Hall

ZUMBA & Turbo KICK start Septemebr 7th  
www.groupeffortfitness.ca



# Aikido - The Martial Art of the Samurai

The Yoshinkan style of *Aikido* is a modern martial art derived from the Samurai fighting techniques of ancient Japan. *Aikido* is comprised of many circular movements intended to re-direct your attacker's energy resulting in very effective controls and throws. *Aikido* as a martial art is non-competitive and because we do not hold any tournaments or competitions, there is no travelling, no extra equipment and no tournament fees. Cooperation and harmony are more important than aggression. Timing and control are more important than strength. With the development of solid basics, Aikido provides a very powerful means of self-defence utilizing your attacker's energy. Yoshinkan Aikido forms the basis for police defensive tactics.



Training in *Aikido* is founded upon the fundamental aspects of respect, honesty, dedication and friendship. Aikido develops healthy bodies and sound minds while improving attention, concen-

tration and physical motor skills. Aikido training fosters confidence, cooperation and self-discipline.

Aikido was popularized by film star Steven Seagal in many of his movies and is one of the fastest growing martial arts in Canada.

Students will participate in an established program and may advance through the belts as they progress. Belt rankings awarded are recognized internationally.

Steve Nickerson, is a 4th Degree Black Belt whose international teaching licence and Black Belt certificate were issued directly from the world headquarters in Tokyo, Japan. Steve also holds qualifications in Edged Weapon Defence, Pressure Point Controls, Handcuffing and Defensive Tactics. There are also 20 Black Belt students training regularly in the classes. Classes are based on the traditional curriculum used in Japan and are conducted in a very friendly atmosphere. Aikido is a fun and dynamic martial art suitable for the entire family.

# AIKIDO

Location: École Rose des Vents  
Bedford Road, Greenwood

(in the new gymnasium - entrance at far left of building)

## Children's Classes (ages 6 to 12)

Tuesday & Thursday: 6:00 pm to 7:15 pm  
only \$25.00 per month (if paying quarterly)  
(\$30.00 per month if paying monthly) (fees include HST)

## Adult Classes (ages 13 to Adult)

Tuesday & Thursday: 7:30 pm to 9:00 pm  
only \$35.00 per month (if paying quarterly)  
(\$40.00 per month if paying monthly) (fees include HST)

(Classes Also Available in Halifax at no extra charge)



合気道



We will be accepting new students for classes commencing on 7 September 2010. To register and guarantee your place on the mats, please phone immediately, or register on our website.

To register or for more information, please phone the chief instructor, Steve Nickerson at:

**(902) 760-0557**

Register online: [www.makotokan.com](http://www.makotokan.com)

# Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue cover the next couple of weeks. For future and ongoing programs and services, please view our newsletter or monthly calendar on-line at [www.greenwoodmfrcc.ca](http://www.greenwoodmfrcc.ca) or [www.familyforce.ca](http://www.familyforce.ca).

*Note: The only methods of payment accepted for workshop registrations are cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration*

\*To register call 765-5611 or drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

## Education and Employment Services

Coordinator: Stephanie Townsend at 765-1494 local 1816 or email [stephanie.townsend@forces.gc.ca](mailto:stephanie.townsend@forces.gc.ca)

## Upcoming Events Military Family Home Based Business Group Meeting

Thursday, September 2, 2010

9:30 a.m. – 11:30 a.m.

GMFRC

FREE

## Food Safety Course

Friday, September 17, 2010

8:30 a.m. – 4:00 p.m.

GMFRC

\$35.00

Registration deadline:

Wednesday, September 15, 2010

## Inspirational Wall Plaques

Thursday, September 23, 2010

10:00 a.m. – 12:00 p.m.

GMFRC

\$15.00 per person and

FREE for GMFRC volunteers

Registration deadline:

Monday, September 20, 2010

## Intro to Cooking – Thai

Thursday, September 30, 2010

6:00 p.m. – 8:00 p.m.

Sobey's Community Room,

Greenwood

\$15.00

Registration Deadline:

Monday, September 27, 2010

## Employment Ongoing Services

- Resume and Cover Letter Creation and Modification
- Resume Updating
- Career Assessment / Counselling
- Job Search Assistance
- Interview Skill Building
- Information on Small Business Planning
- Information on Military Home-based Business Network
- Magazines and Books exchange
- Employment Computer Available
- Portfolio Development

## Prevention, Support and Intervention Programs

Social Worker: Jennifer Hill BSW, SWC at 765-1494 local 1811 or email [jennifer.hill2@forces.gc.ca](mailto:jennifer.hill2@forces.gc.ca)

## Upcoming Programs Rainbows

Wednesday, September 22, 2010 to Wednesday,

December 8, 2010

(12 week program)

6:00 p.m. – 7:00 p.m.

FREE

Location TBD

Registration deadline:

Friday, September 17, 2010.

## Ongoing Services

- Emergency Shelter
- Assessment and Referral
- Short Term Support
- Crisis Intervention
- Family Navigator

## Child and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email [Kim.Dixon@forces.gc.ca](mailto:Kim.Dixon@forces.gc.ca)

## Upcoming Programs or Services

### Parent & Tot Program

Tuesday, September 7, 2010

9:30 a.m. – 10:30 a.m.

Children aged 2 – 5 years

GMFRC

Free

Drop in

### Tumble Tots Program

Wednesday, Sept 8, 2010

9:30 a.m. – 10:30 a.m.

Children aged 2 – 5 years

GMFRC

Free

Drop in

### Back to School Lunch Ideas

Wednesday, September 8, 2010

1:00 p.m. – 2:30 p.m.

Parents who have school

aged children

Free

Registration deadline:

Friday, September 3, 2010

### Children's Deployment Support Group

Sunday, September 12, 2010

1:00 p.m. - 2:30 p.m.

Children age 3 – 12 years

who have a parent currently

deployed

GMFRC

Free

Registration deadline:

Thursday, September 9, 2010

### Baby Club Program

Thursday, September 16,

2010

9:30 a.m. – 11:00 a.m.

Infants age 0 – 1 year

GMFRC

Free

Drop in

## Saturday Respite Dates for September

\*To meet the increased demand for respite childcare, deployed families can choose 1 of the 2 Saturday Respite dates in September.

### Saturday, September 11, 2010

12:00 p.m. – 5:00 p.m.

Children up to age 12

Registration deadline:

Thursday, September 9, 2010

### Saturday, September 25, 2010

10:00 p.m. – 5:00 p.m.

Children up to age 12

Registration deadline:

Thursday, September 23, 2010

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services/activities that may interest you. We do not know you're out there unless you let us know.

All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

**For respite childcare offerings for deployed families, see details under Children and Youth Services**

## Special Events and Promotions

Coordinator: Michelle Thibodeau Wagner at 765-1494 local 1421 or email [michelle.thibodeau-wagner@forces.gc.ca](mailto:michelle.thibodeau-wagner@forces.gc.ca)

## Upcoming Events

### Red Friday

Don't forget to wear red on Fridays to show your support of the men and women of our Canadian Forces

### Ongoing Services

- Red Friday Promotions
- Yellow Ribbon Campaign
- Support our Troops Awareness Campaign
- Military Families Strength Behind the Uniform Campaign
- GMFRC and Community Special events planning
- Morale Mail Packages to the Troops



**30 Aug - 02 Sep**  
**Inception**  
Sun 9 pm  
Mon-Thurs 8 pm  
Rated PG

**03 - 09 Sep**  
**The Other Guys**  
Fri-Thurs 7 & 9 pm  
Rated 14A

Now accepting resumés for a Projectionist

[www.zedex.ca](http://www.zedex.ca)

**Kingston Legion**

**BINGO**

Prize Money Guaranteed: \$2,500

**BOOKLET BINGO**

**Sunday, 1:45 p.m.**  
**Tuesday, 7:30 p.m.**

**Regular Games - \$100**

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

Lic.#  
35542-96



## Notice

Effective Immediately  
Announcements

There will be a charge for all

**Birthdays, Anniversaries, Engagements, Weddings, Births, Card of Thanks, & Memoriams**

Text without a photo  
2 col by 2 inches

\$15.00 (tax incl)

Text with a photo  
2 col by 2 1/2 inches

\$20 (tax incl)

Text without a photo  
2 col by 4 inches

\$25 (tax incl)

Text with a photo  
2 col by 4 inches

\$30 (tax incl)

There will be no charge for Military Obituaries of 150 words or less. For more information, contact Anne Kempton at 765-1494 local 5833

The Aurora

# Day Camp Takes the Stage

Our last week of at 14 Wing Day Camp could not have gone better. We had so much fun it was unreal!

We started the week off strong with some games out in the park, and then we headed back inside and started working out our performances for our talent show. The campers had all kinds of talents to show off. Some of our campers danced, some sang, a few did some magic tricks, two groups choose

to do a play and a couple had a few unique things up their sleeves. It was a great afternoon!

Tuesday was another great day working on our talents. We also had a couple rounds of freeze dance to shake out some of our sillies. Right before snack we had ice cream cake because it was Madilynn's birthday and her parents brought in a cake for us. Thanks guys!

Wednesday, we headed out to Aylesford Lake for a nice day out on the beach! The weather was just gorgeous for us and the campers had an amazing time!

Thursday was our end of summer camp party. It was a blast to say the least. Our day campers were able to perform their talents that they had been working on all week for the other camps, everyone did an awesome job! We also decorated some treats that were delicious. Just a quick thanks to our bus drivers for taking us to the lake and the life guards over at the pool, would not of happened without you guys! Also thanks to all the volunteers and parents this summer for making it a great one!

## CUCINA AURORA



### Balsamic Vinaigrette Dressing

- 1 tsp. Low-fat yogurt
- 1/4 cup Balsamic vinegar
- 1/3 cup Olive oil
- 1 tsp. Dijon mustard
- 1/8 tsp. White pepper



With a whisk, whip together all but oil. Add oil slowly, while whipping.

**The Anglican Parish of Wilmor**  
*Welcomes You!*

**Holy Trinity in Middleton**      **All Saints' in Kingston**  
244 Main St. (across from Tim's)      Pleasant St. (off Bridge St.)  
8:00 a.m. BCP Eucharist      9:30 a.m. BAS Eucharist  
11:00 a.m. BAS Eucharist & Sunday School      & Sunday School

Information: call the Parish Office 825-2326 or Administrator 825-2474  
Contemporary Faith, Catholic Worship & Living Community

# GMFRC Second Language Training (Fall 2010)

# Cours de langues secondes du CRFMG (automne 2010)

### English Writing 1

Date: Wednesdays and Fridays starting Wednesday, September 22, 2010 until Friday, December 3, 2010. Time: from 9:00 a.m. to 12:00 p.m.

### French Module 3

Date: Mondays and Thursday starting Monday, September 20, 2010 until Thursday, November 26, 2010. Time: from 6:00 to 9:00 p.m.

**Duration:** 10 weeks for a total of 60 hours (three hours twice a week)

**Location:** Birchall Centre, Language School, on the Base

**Cost:** For Spouses, CF members, and dependants over 14 years of age: \$50.00 refundable upon completion of 85% of classes. All other participants: \$100.00 (Free childcare is offered to Military Families during GMFRC childcare hours, preregistration is necessary)

**Placement Test:** Contact Sheila Dubé at 765-1494 ext. 5230

**Registration Deadline:** Friday, September 3, 2010

**LIMIT** of 10 students per class – register early to avoid disappointment!

**Phone:** For information please call 765-5611.

### Français module 3

**Dates :** les lundis et jeudis débutant le lundi 20 septembre au jeudi 25 novembre 2010.

**Heures:** de 18 h 00 à 21 h 00

### Écriture anglaise 1

**Dates :** les mercredis et vendredis débutant le mercredi 22 septembre au vendredi 3 décembre 2010

**Heures:** de 9 h 00 à 12 h 00 (midi)

**Durée de chaque cours :** 10 semaines, pour un total de 60 heures (trois heures deux fois par semaine).

**Lieu :** Centre Birchall, École des langues de la 14e Escadre

**Coût :** membres des FC, conjoints et personnes à charge de plus de 14 ans – 50 \$

remboursables à condition que le participant ait assisté à 85 % des cours

Autres participants – 100 \$  
(Service de garde gratuit offert aux familles de militaires pendant les heures d'ouverture de la garderie du CRFMG; réservation obligatoire).

**Test de classement:** Contacter Sheila Dubé au 765-1494 poste 5230

**Inscription :** avant le vendredi 3 septembre 2010 à la réception du CRFMG LIMITE de 10 étudiants par classe – inscrivez-vous tôt pour éviter toute mauvaise surprise!

**Téléphone :** Pour renseignements sur les cours, téléphonez à la réception au 902-765-5611.

	Monday	Wednesday	Thursday	Friday
9:00 - 12:00		English Writing 1		English Writing 1
18:00 - 21:00	French Module 3		French Module 3	

	Lundi	Mercredi	Jeudi	Vendredi
9h00 – 12h00		Écriture anglaise 1		Écriture anglaise 1
18h00 – 21h00	Français module 3		Français Module 3	

# Bookmobile Schedule – September & October 2010

<b>Wednesday – 1 September</b>	Avonport 11:00 - 11:45	Scott's Bay 1:00 - 1:45	Aylesford 5:45 - 7:00	Summerville 3:45 - 4:30	<b>Tuesday – 26 October</b>
Mt Hanley 1:45 - 2:30	Belmont 1:15 - 2:00	Canning 2:15 - 3:15	<b>Saturday – 2 October</b>	Upper Burlington 5:45 - 6:15	<b>(note change of day &amp; times)</b>
Margaretville 3:00 - 4:00	Brooklyn 2:15 - 3:00	Sheffield Mills 3:30 - 4:15	<b>(note change of day &amp; times)</b>	<b>Wednesday – 13 October</b>	Margaretville 9:30 - 10:30
Morden 4:30 - 5:15	Ste. Croix (Hants Co) 3:15 - 4:00	Centreville 5:45 - 6:45	Waterville 10:00 - 11:00	Maitland Bridge 10:15 - 11:15	Morden 11:00 - 11:45
Wilmot Centre 6:30 - 7:30	Vaughan 5:30 - 6:30	<b>Wednesday – 22 September</b>	Cambridge (King's Co) 11:15 - 12:00	Clementsvalle 11:45 - 12:30	Calvary Baptist
<b>Monday – 6 September</b>	<b>Tuesday – 14 September</b>	<b>(note change of day)</b>	Bess View Sub-Div 12:45 - 2:00	Cornwallis Park 1:30 - 2:30	Academy 1:00 - 1:45
<b>HOLIDAY</b>	Calvary Baptist 1:30 - 2:15	Cherryfield 1:30 - 2:15	Coldbrook Centre 2:15 - 3:15	Bear River East 3:00 - 4:00	Charity Baptist
<b>Tuesday – 7 September</b>	Academy 1:00 - 1:45	East Dalhousie 2:30 - 3:30	<b>Tuesday - 5 October</b>	Bear River 5:30 - 6:45	School 1:50 - 2:25
Kings Rehab Centre 10:00 - 11:30	Charity Baptist School 1:50 - 2:25	Springfield 4:00 - 5:15	Kings Rehab Centre 10:00 - 11:30	<b>Tuesday – 19 October</b>	Torbrook Mines 2:30 - 3:15
Casey's Corner 12:45 - 1:30	Torbrook Mines 2:30 - 3:15	New Albany North 6:45 - 7:30	Casey's Corner 12:45 - 1:30	Baxter's Harbour 10:45 - 11:45	Meadowview
Sunken Lake 2:00 - 2:45	Meadowview 3:35 - 4:30	<b>Tuesday – 28 September</b>	Sunken Lake 2:00 - 2:45	Scott's Bay 1:00 - 1:45	- Sub Div (Aylesford) 3:35 - 4:30
White Rock 3:00 - 3:45	Aylesford 5:45 - 7:00	<b>(note change of day &amp; times)</b>	White Rock 3:00 - 3:45	Canning 2:15 - 3:15	Aylesford 5:45 - 7:00
New Minas 5:00 - 6:30	<b>Wednesday – 15 September</b>	Margaretville 9:30 - 10:30	New Minas 5:00 - 6:30	Sheffield Mills 3:30 - 4:15	<b>Saturday – 30 October</b>
<b>Wednesday – 8 September</b>	Maitland Bridge 10:15 - 11:15	Morden 11:00 - 11:45	<b>Wednesday – 6 October</b>	Centreville 5:45 - 6:45	<b>(note change of day &amp; times)</b>
Waterville 1:30 - 2:15	Clementsvalle 11:45 - 12:30	Calvary Baptist Academy 1:00 - 1:45	<b>(note change of day &amp; times)</b>	<b>Wednesday – 20 October</b>	Waterville 10:00 - 11:00
Cambridge (King's Co) 2:45 - 3:30	Cornwallis Park 1:30 - 2:30	Charity Baptist School 1:50 - 2:25	Avonport 10:00 - 10:30	<b>(note change of day)</b>	Cambridge (King's Co) 11:15 - 12:00
Bess View Sub-Div 3:45 - 4:30	Bear River East 3:00 - 4:00	Torbrook Mines 2:30 - 3:15	Newport Station 11:00 - 11:30	Cherryfield 1:30 - 2:15	Bess View Sub-Div 12:45 - 2:00
Coldbrook Centre 5:45 - 7:00	Bear River 5:30 - 6:45	Meadowview - Sub Div (Aylesford) 3:35 - 4:30	Belmont 12:30 - 1:00	East Dalhousie 2:30 - 3:30	Coldbrook Centre 2:15 - 3:15
<b>Thursday – 9 September</b>	<b>Tuesday – 21 September</b>		Hants Shore Clinic 2:00 - 2:30	Springfield 4:00 - 5:15	
<b>(day changed for this date only)</b>	Baxter's Harbour 10:45 - 11:45		Cheverie 2:45 - 3:30	New Albany North 6:45 - 7:30	

## Baby Equipment Loan Program at the GMFRC

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

Are you having family or friends visit and need to borrow a piece of baby equipment for a short period of time? If so, then the GMFRC is here to help! For only \$2.00 per day for the first item then \$0.50 increments for each additional item borrowed, plus a \$5.00 refundable deposit. You can borrow a wide variety of baby equipment items such as: car seats, booster seats, portable playpens, gates, strollers and highchairs. To reserve your equipment please contact our receptionist at 765-5611.

## Business of the Week is Back!

Due to popular demand, The Aurora Newspaper is delighted to once again offer you the opportunity to participate in our **Business of the Week** advertising feature. The idea is simple:

- Six businesses run a business card ad for six weeks
- Each week one of the businesses will be featured as the **Business of the Week**
- The featured business will have the opportunity to work with the Marketing Consultant in developing a write up that can include a photo and approximately 500 words of copy

• The cost for this is only **\$199.00 tax incl.** per business

For more information on how you can take part in this exciting feature (**space is limited so don't delay!**) please contact:

**Booking Now for Oct 12 - Nov 15**

**Anne Kempton**  
Marketing Consultant  
The Aurora Newspaper  
765-1494 ext. 5833  
aurora@auroranewspaper.com  
www.auroranewspaper.com

# FOR YOUR INFORMATION

**UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS**  
 FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com). These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

HOUSE OF COMMONS CHAMBRE DES COMMUNES

**Greg Kerr**  
 Member of Parliament/Député  
 West Nova/Nova-Ouest

233 Water Street  
 Yarmouth, BSA 1M1  
 Office/Bureau (902) 742-6808  
 Fax/Télécopieur (902) 742-6815

14373 Highway 1  
 Wilmot, N.S. B0P 1W0  
 Office/Bureau (902) 825-2320  
 Fax/Télécopieur (902) 825-3785

**Toll Free/Sans Frais 1-866-280-5302**  
**KerrG1a@parl.gc.ca**

## HOROSCOPES

August 29 - September 4

**ARIES - Mar 21/Apr 20**  
 Aries, your emotions can lose their force when you don't express them. Rather than keeping everything bottled inside, start releasing pent-up feelings.

**TAURUS - Apr 21/May 21**  
 Make a move before someone beats you to it, Taurus. Otherwise you may kick yourself for the lost opportunity. Pisces weighs in with an opinion.

**GEMINI - May 22/June 21**  
 Gemini, things have gone awry and you have to find a way to get them back on track. You may need a little help with this endeavor. Look to your most trusted friend.

**CANCER - Jun 22/Jul 22**  
 Cancer, if you have been feeling you're ready for a change then maybe it's time to start putting out your resume and sampling the job market. You never know the results.

**LEO - Jul 23/Aug 23**  
 Leo, you have so much love to share but it seems that others aren't so receptive to the offers lately. Maybe your presentation is in need of some fine tuning.

**VIRGO - Aug 24/Sept 22**  
 Virgo, apologies will only bandage the wounds but not completely heal them. Your actions will have to be stronger if you want to right a wrong that has occurred.

**LIBRA - Sept 23/Oct 23**  
 Be especially careful when assessing a risk, Libra. The risk might have a high reward, but you're more comfortable sticking to the straight and narrow.

**SCORPIO - Oct 24/Nov 22**  
 Scorpio, others are constantly looking to you for support, but now is your time to seek a little extra help. The best fix for a troubled mind is talking things through.

**SAGITTARIUS - Nov 23/Dec 21**  
 Sagittarius, there's not much time to tackle a project that you have been putting off. Procrastination won't win you any points and may only cause extra stress.

**CAPRICORN - Dec 22/Jan 20**  
 It's time you did some socializing, Capricorn. Whether you attend a party or throw one yourself, it is healthy to be in the good company of friends and family.

**AQUARIUS - Jan 21/Feb 18**  
 Arguments are inevitable, Aquarius. You see something one way, and an adversary sees things much differently. Will you learn to compromise?

**PISCES - Feb 19/Mar 20**  
 Pisces, there is a fun adventure in store but it won't be what you imagine. Chances are if you overthink it you will ruin the surprise.

### FAMOUS BIRTHDAYS

AUGUST 29	Lea Michele, Actress (24)
AUGUST 30	Lisa Ling, Actress (37)
AUGUST 31	Richard Gere, Actor (61)
SEPTEMBER 1	Gloria Estefan, Singer (53)
SEPTEMBER 2	Lennox Lewis, Prizefighter (45)
SEPTEMBER 3	Charlie Sheen, Actor (45)
SEPTEMBER 4	Beyonce Knowles, Singer (29)

Horoscopes brought to you compliments of:

**902-825-7026**  
 ONLY INDEPENDENT TOWING COMPANY IN OUR AREA

**STEVE MORSE**  
 HEAVY TOWING  
 LIGHT ROADWAYS

**24 HOUR SERVICE**

[www.morsetowing.ca](http://www.morsetowing.ca)

### 73<sup>rd</sup> World's Fair – Tremont, NS

Saturday, September 4<sup>th</sup>, 2010. Breakfast Church Hall from 7:30-9:30 a.m. with a free will offering. Horse – Open Pulls, Ladies Horse Pull, Arts, Crafts, Flowers, Fruits, Vegetables on display from 9:00 a.m.-5:00 p.m. Children's Parade 10:00 a.m. Pet Judging 10:30 a.m. Admission only \$4.00 with 6 Gate Prizes. Cattle Judging 9:30 a.m. (Cattle Ring) Light Horse Classes 9:30 a.m. (Horse Ring). Dinner 11:30 a.m.-1:00 p.m. Adults \$8.00 Children \$4.00. New this year 50/50 Draws – 1:00 p.m. and 5:00 p.m. Entertainment from 1:00-4 p.m. and 6:00-8:00 p.m. Mens and Ladies Cross Cut Competition 4:00 p.m. Soap Slide for Kids (by Church). Ice Cream Parlour (Church Hall). Supper 4:30 – 6:00 p.m. Adults \$8.00. Children \$4.00.

### RTO Not Back to School Day

September 2, 2010. Kings Retired Teachers Organization Informal Breakfast with retired colleagues. Door Prizes. From 8:30 a.m. onwards. Berwick Heights Golf Course. Can arrange to stay & play.

### Girl Guides of Canada Registration

Registration for both the 1st Greenwood Sparks & the 2nd Greenwood Brownies, will be held on September 15th from 6:00 – 7:00 p.m. at the Kingston Elementary School (small cafeteria). The cost for the 2010-2011 Guiding year will be \$85.00. If you have any further questions, please feel free to contact either Allison (Sparks) at 765-9274 or Melissa (Brownies) at 242-2144 or visit the website at [www.girlguides.ca](http://www.girlguides.ca)

### Middleton District Minor Hockey Registration Dates

To be held in the Middleton Arena on Tuesday, September 7<sup>th</sup>, Wednesday, September 8<sup>th</sup>, and Thursday, September 9<sup>th</sup> from 6:30 to 8:00 pm. 1/2 Price registration for First Time players up to 1<sup>st</sup> year novice. Family discounts available. For more information contact: Tanya Hazelwood at 765-1794 or [wvaccess@live.ca](mailto:wvaccess@live.ca). There will be a representative from Western Valley Minor Hockey Association available to answer any questions about the changes for the upcoming season.

### Kingston Area Seniors Association

Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. At the Kingston Branch No 98 of the Royal Canadian Legion. Fun day (cards & games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Minnie Rogers at 765-3292.

### Downloadable eBooks and Audiobooks Free Workshops/Demonstrations

Thursday, September 16 at 2:00 p.m. in the Rosa M. Harvey Middleton & Area Library; Tuesday, September 21 at 6:30 p.m. in the Berwick Library; Thursday, September 23 at 6:30 p.m. in the Kingston Library. • See how to download and use audiobooks and eBooks • We'll have a Sony e-reader, iPod and other devices for you to try • Bring your laptop, portable device or just your questions. Refreshments will be served. Presenter: Charlotte Janes, Head of Systems and Administration. Call you local library during open hours for details.

### Annapolis Valley Community Church of the Nazarene, Tremont World Fair 2010 Activities

In support of this year's Tremont World Fair, the Annapolis Valley Community Church of the Nazarene will be hosting the following activities: • Friday, September 3<sup>rd</sup> from 4:30-7:00 p.m. Roast Beef Dinner (Freewill offering) • Saturday, September 4<sup>th</sup> from 7:30-10:00 a.m. Free breakfast • 12:30-2:30 p.m. Children's Games • Ice Cream Parlour (or until supplies last). Come out and join in this year's festivities and events 738 Tremont Mountain Road. Parking will be available at a cost of \$2.00 per vehicle.

### 30th Annual Terry Fox Run

Come and join in on the 30th Annual Terry Fox Run, Sunday, September 19th, 1:00-3:00 p.m. at Rotary Raceway Park, Middleton. Pledge sheets are available at the Middleton Recreation office, contact 825-6611 or visit <https://www.terryfox.org> for more information. Friday Night Mixed Dart League

Royal Canadian Legion Kingston Branch # 98 Friday Night Mixed Dart League will have their first meeting on September 10<sup>th</sup> for the 2010-2011 season. Meeting will start at 8:00 p.m. at the Legion Hall. For more information contact president Darrel LeBlanc at 765-5110 or statistician Don Rioux at 765-4552.

### Valley Gay Dance

1st Saturday of every month. Come out and enjoy the first dance of the fall Sept. 4th – 9:00 p.m. – 1:00 a.m. at the Nictaux Lions hall, open bar, all request DJ, must be 19+. For more info call 825-3197.

### Family Fun Day

September 11th at the Christian Fellowship Centre on the corner of Dodge Road and Highway One in Wilmot. Lots of games, fun and BBQ from 4:00-6:00 p.m. Rain or Shine. Come help us kick off our Team Kid Program Team Kid to be held each Sunday Morning at 9:30 a.m. at the same Centre. Everyone welcome. For more information call 765-2386.

### Runners Wanted: Rum Runners Relay Race

The ZX Cycle'n' Run Club is canvassing for runners to participate in the Rum Runners Relay Race on Sep 25th. This Team event is a 10 stage (3.9 - 16km), 10 runner event. The race starts in Halifax and follows the South Shore along Hwy 3 to Lunenburg. Check out the following link for a detailed description of the race at: [www.rumrunnersrelay.ca](http://www.rumrunnersrelay.ca). Those interested in participating in this fun event should respond to Peter Shirley at [peter.shirley@forces.gc.ca](mailto:peter.shirley@forces.gc.ca).

### Guiders Wanted

We are looking for leaders to run the Guides Unit for the 2010-2011 Girl Guiding year. If you are interested in assisting or for more information, please contact Christine at 765-8013. You can also visit the website at [www.girlguides.ca](http://www.girlguides.ca).

### Valley Autism Support Team

The September VAST meeting will be held on Thursday 2 September 2010 starting at 7:00 p.m. in the Autism Centre, Kingston & District Elementary School, 630 Pine Ridge Ave, Kingston. Contact info 765-3883.

# Much Music Video Dance!

With the generous help of the Subway Restaurant in Greenwood, the 14 Wing Community Centre will be holding a Much Music Video Dance inside the Community Centre

The Aurora newspaper PRESENTS... FIND & WIN

**Just Fill in The Blanks. Three Easy Ways to Enter.**  
 1. Through our website: [www.auroranewspaper.com](http://www.auroranewspaper.com)  
 2. Fax: 765-1717 3. Drop into our office located on School Road (Morfee Annex)  
**No Central Registry or Canada Post please.**  
**Deadline: Noon, Thursday, September 2, 2010.**  
 Make sure you include your full name and phone number.

**NAME** \_\_\_\_\_ **PHONE NUMBER** \_\_\_\_\_

Limited to one win per family in a TWO MONTH PERIOD.  
 The winner will be drawn randomly from all correct entries. Only one entry per family per week.

**Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!**

- Who has a Turn Key Business for sale \_\_\_\_\_
- What business is an Authorized TELUS Dealer \_\_\_\_\_
- Who has a farm full of 'Escaped Cornvics' \_\_\_\_\_
- When is the Monster TGIF \_\_\_\_\_
- What business is opening in the CANEX Mall \_\_\_\_\_

This contest is brought to you by:  
**Pizza Delight, Greenwood**  
**765-4477**

**Congratulations to last week's winner: RYAN WALKER**

Gym on Saturday September 18<sup>th</sup> 2010. This event is part of this year's Wing Welcome, and the music will start at 6pm for all Pre-Teens (ages 9-12) and will last until 8:00 p.m. At 8:30 p.m. the dance will then be offered to any Teens between the ages of 13 and 18 and will last until 11:30 p.m. The cost of this great sponsored event will be \$4 for all Pre-teens and \$5 for Teens.

Much Music will have a camera on the crowd to capture all the fun on their projection screens, and also hand out cool prizes and hold fun contests. This is one event that the youth between the ages of 9-18 do not want to miss. The Wing Welcome Youth Idol event, taking place in the Teen Room, is scheduled to wrap up just before 6:00 p.m. So if you arrive early for the Pre-teen dance, please be respectful and quietly wait in the lobby until the doors are opened to the gym at 6:00 p.m.

If you are 19 years of age or older and interested in volunteering please contact Eric MacKenzie at the 14 Wing Community Centre by calling 765-1494 ext 5337.

## 2<sup>e</sup> visite guidée annuelle "Greenwood 101" et BBQ Familial du CRFMG

**Date :** le jeudi 16 septembre 2010  
**Heure :** de 9 h 00 à 12 h 00 pour la visite guidée et 12 h (midi) à 13 h pour le BBQ  
**Lieu :** départ d'autobus dans le stationnement du CRFMG et BBQ dans le gymnase du Centre AVM Morfee au CRFMG  
**Coût :** gratuit pour les nouveaux arrivants à la 14<sup>e</sup> Escadre de Greenwood  
**Date limite d'inscription:** veuillez téléphoner au 765-5611 pour vous inscrire avant le jeudi 9 septembre 2010

Vous avez été affecté à la 14<sup>e</sup> Escadre Greenwood cet été? Vous aimeriez découvrir ce que les régions de Greenwood, de Kingston et de Middleton peuvent vous offrir? Vous voulez visiter vos nouvelles communautés, rencontrer d'autres personnes qui viennent également d'arriver? Si vous avez répondu oui à l'une de ces questions, le Greenwood 101 est pour vous. Si vous voulez participer à cette grande aventure, composez le 902-765-5611 pour vous inscrire avant la date limite du jeudi 9 septembre en composant le 765-5611. Un service de garde d'enfant est offert gratuitement au CRFMG, mais les places sont limitées à 10 enfants. Alors, quand vous vous inscrivez, dites-nous si vous avez besoin d'un service de garde.

Pour information veuillez téléphoner la directrice des services d'approches, Nicole Godin au 902-765-1494 poste 5941 ou par courriel à Nicole.Godin@forces.gc.ca.

## 2nd Annual GMFRC Greenwood 101 Bus Tour and Family BBQ

**Date:** Thursday, September 16, 2010  
**Time:** Tour 9:00 a.m. to 12:00 p.m. and BBQ: 12:00 to 1:00 p.m.  
**Where:** Bus leaving GMFRC parking lot 9:00 a.m. and returning 11:45 a.m. BBQ will be in the AVM Morfee Centre Gym at the GMFRC.  
**Cost:** Free for newly posted families to 14 Wing Greenwood  
**Registration deadline:** Thursday, September 9, 2010  
 To register call 765-5611

Have you been posted to 14 Wing Greenwood this summer? Would you like to find out what is available in the Greenwood/Kingston/Middleton areas? Want a chance to see your new community and meet other people who are also newly posted? If you have answered yes to one, or all, of these questions then this is for you. If you would like to participate in this great adventure please call 765-5611 by Thursday, September 9, 2010 to register.

Childcare will be available at the GMFRC, free of charge, but will be limited to 10 children. So when you register, please let us know if you require childcare.

For more information regarding Greenwood 101, please contact Nicole Godin, Outreach Services Manager at (902) 765-1494, local 5941 or by E-Mail at Nicole.Godin@forces.gc.ca.

# September at the Kingston Library, AVRL

We all had a great time this summer in the library jungle with over 200 kids joining the Summer Reading Program in our Branch. About 150 earned their FastPasses for Upper Clements Park--all for a few hours of reading during July and August!

Since it was such a success, we decided to continue with a Fall reading program:

Thanks to the Zedex Theatre and The Inside Story Bookstore, we are going to have a monthly draw for a free movie pass and

a \$10 book certificate. All you will have to do is come in and borrow books—one visit, one ballot for everyone from Grade 12 and down.

Take a break from your schoolbooks and borrow ours: stories, graphic novels, travel, true life, astrology, and astronomy, anything and everything. We've got it all, and from any library in the province through our Interlibrary Loan System. We also have online e-books.

We will also be starting our

new season of seniors' tutorials, activities and geocaching, as well as our preschool Popovers.

Come in and see us at 61 Main St., behind the Kingston Village Office. Our hours are:

Tuesdays, 2-5; 6:30-8:30/  
 Thursdays, 10-5; 6:30-8:30/  
 Fridays 6:30-8:30/ Saturdays 10-2.

Info: 765-4587 Check out our website for loads of info,

including magazine, Chilton's, and teens pages, etc. www. and health databases, kids valleylibrary.ca

## Sudoku

Solution page 18


8			4	5				7
			2	7	8			
	4		9			5		6
		8	7		2			
5				9				
4	2			8				1
	3		1	5				6
		9				7		
					4		1	9

Level: Beginner

### Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku brought to you compliments of:

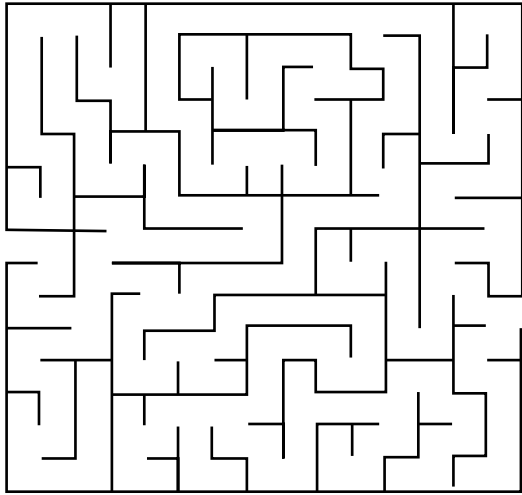
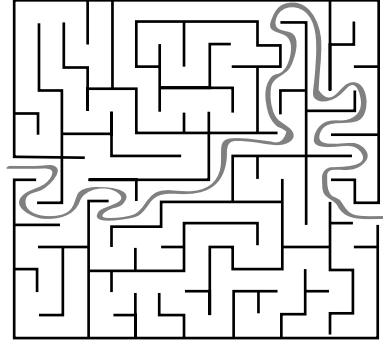



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 Greenwood  
**765-6381**



## PATRICK'S PUZZLE

### Maze Craze

Find your way through the maze.

Patrick's Puzzle brought to you compliments of:

authorized dealer  
 Cellular Sales & Service  
 Authorized Product Care Centre  
**765-2415**

## Metro Crossword

Spelling: US English Solution page 18

1	2	3	4	5	6	7	8	9	10	11	12	13	
14					15				16				
17					18				19				
		20		21				22					
			23					24					
25	26	27					28			29	30	31	
32						33	34				35		
36				37		38			39	40			
41				42	43						44		
45			46							47			
			48					49	50				
				51			52	53				54	
55	56	57					58				59	60	61
62							63				64		
65							66					67	

**ACROSS**

- Fishhook point
- Golfer Norman
- S. China seaport
- Colorless compound
- Helicopter
- Like an old woman
- Complex quantities
- Swedish rock group
- Matador injury
- It's capital is Wellington
- Worldly rather than spiritual
- No (Scottish)
- Having flavor
- Those easily cheated
- Ladd, actor
- Take hold of (Brit.)
- He played Gordon Hathaway
- Nostrils
- Make a mistake
- Strike with fear
- Consumed
- Place in line
- W. Rumanian city
- Supply with air
- Extreme happiness
- Indian arrowroot
- Smoking implement
- Bond author
- Emotionally distressed
- Cape near Lisbon
- Aba \_\_\_ Honeymoon
- Add piquancy
- Highly excited
- Longest division of geological time
- Niches
- Hold a position
- Indian musical genre
- Seed vessel with hooks
- They \_\_\_
- Bridle strap
- Baseball scoring path
- Mohammedan warrior
- Medieval fiddle
- Italian Island
- Scoring area
- Business leaders
- Electrodes
- Le \_\_\_que Restaurant
- Brew
- Largest English dictionary, (abbr.)
- Small mass of material
- Genus of ducks
- Yemen capital
- Winglike maple seeds
- Small sharp fruit knife
- Asteroid 3228 \_\_\_
- Lake in No. Finland
- Jaguarondis
- Plant sources
- Six (Spanish)
- Bulky grayish-brown eagle
- Satisfies to excess
- Annual timetable
- Slant away from vertical
- From each one
- Characters in one inch of tape
- A tributary of the Rio Grande
- A representation of a person
- Make secure by lashing
- Trademark
- Mother of Cronus
- \_\_\_ Today: newspaper
- Worthless ideas
- Type genus of the Suidae
- Cranberry field
- Am. Nurses Assoc. (abbr.) CW108510

Metro Crosswords brought to you compliments of:

## BEST TOYOTA



840 Park St., Kentville  
 (902) 678-6000

# Western Valley Minor Hockey Officials

Another summer is just about over which means that it is time to gear up for another hockey season in Western Valley. Western Valley Minor Hockey has many officials located in the communities of Berwick all the way to Digby. However, there is a strong need for young officials (14+ yrs old). Hockey Nova Scotia has

just announced its Officials clinic dates for this upcoming season - for the local region (Kingston/Greenwood) there is a clinic being held on the 23rd October at the Greenwood Rec Center at 9:00 a.m. as well on the 2nd October at 9:00 a.m. at Acadia University. If you require more information (other dates and locations) check

out the Western Valley Minor Hockey web-site: www.westernvalleyminorhockey.ca or the Hockey Nova Scotia web-site at: www.hockeynovascotia.ca. If you are interested in officiating hockey in the Valley or have any questions please contact Mark Gordon through e-mail at: markgordon@eastlink.ca.

## “Youth Happenings” at The 14 Wing Community Centre

**By: Recreation Youth Worker; Megan LeMoine**

This is a very busy time in the year; School is Starting! There are many kids who dread going to school and than there are those who enjoy school and look forward to starting a new year. If you are new to the area you may be dreading school even more

than most kids! Coming to The Community Centre is a great way to meet some new kids and to feel comfortable in a new environment. Drop in to The Centre to see what we have to offer for both pre-teens and teens. Here's what's happening this week.

**Boys Club Tennis**  
Monday August 30  
4:30-6pm

Boys ages 9-12 come to The Centre to practice your skills at Tennis. If the weather is nice we could take our tennis lessons out-side. Make sure you wear sneakers and you could bring a water bottle too!

**Active Chicks Volleyball**  
Wednesday Sept. 1  
6-7:30pm

Girls it's time to serve, set and score! Meet at The Centre to play Volleyball. Wear sneakers and bring a water bottle!

**Teen Activity Nature Walk**  
Thursday Sept. 2  
6-7:30pm

Teens, come take a stroll in the wonderful outdoors. We will walk behind McDonalds to Falls River

and back. Wear sneakers and please bring some money if you want a treat!

**Movie Night**  
Saturday Sept. 4  
Pre-teen- 6-8pm TBA  
Teen- 8-10pm TBA  
**Special Events**  
Wheel of Fortune for Teens

Tuesday August 31  
6:30-7:30pm  
Teens come play the

wheel of fortune! Who knows what fortune you may have!

**Teen Trivia and Treat Night**  
Tuesday Sept. 7  
6-8pm

Teens come test your knowledge on random and various trivia questions!

**Active Chicks Spa Night**  
Pre-Register Please!

**Wed. Sept. 8 6-7:30pm**  
**Pre-teen & Teen Karaoke Night**  
Friday Sept. 10  
7-9pm

Pre-teens and teens bring your favorite music to The Centre and show us your undiscovered talent! There will be prizes to win so get your vocal cords warmed up, it's Karaoke Night!

# Classified Ads

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

To place a Classified Ad by Word Count call Candace Ernst at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

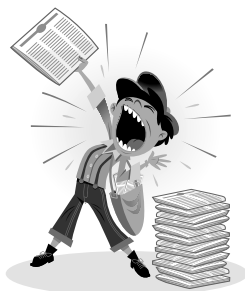
## Two of the Most Viewed Pages in the Newspaper

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

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### FOR SALE

**FOR SALE - English Tudor-style House.** Custom designed home in a park-like setting on one acre in quiet residential area of Greenwood, NS. 5 minutes from 14 Wing Greenwood. To view house, go to 111. propertyguys.com ID 56830. (3131-6tp)

**FOR SALE - Handyman Special.** House for sale in Nic-taux. \$1000's below properties in the area. You chance to build some equity. Call Christine at 902-452-6143. (3132-4tpb)

**FOR SALE - One 27 inch citizen TV, 2 years old.** \$150.00. One Panasonic dvd/cd player. Won on QE 11 lottery. Used twice. New \$499.00 sell for \$200.00 with remote. One 5 band communications receiver (realistic)

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**Ronald D. Richter**  
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Greenwood N.S.  
Phone: 902-765-4992  
Fax: 902-765-4120  
"Serving the Western Valley Since 1977"

**DX-200 shortwave radio 455 KHZ earphones included.** \$200.00. Large pine blanket box. Hand made of 1 inch pine boards, dove tailed joins. 43 1/2 inches long, 19 inches wide and 21 inches deep. Stained in a rosewood shade. \$175.00. Call 765-8126. (3133-1tp)

**FOR SALE - Main entrance door with glass side panel.** 51" W X 82.5" H. Storm door with screen. Excellent condition. 80.25" H X 34" W. Men's ice skates size 10 - Like new. 765-8051. (3133-1tp)

### FOR RENT

**FOR RENT - 1 Bedroom apartment for rent.** Located north of Middleton. \$725.00 a month everything included. No smoking, no pets. Private wooded lot and private entry. Phone 825-4544 or rocket@ns.sympatico.ca. (3132-ufn)

**FOR RENT - Fully furnished, one bedroom adult apartment on ground level.** Newly decorated, clean and modern. Separate entrance, ample parking. All utilities included in rent. Located in Aylesford, adjacent to the 101 Highway. Nine minutes to CFB Greenwood making

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Craig G. Sawler, LL.B.  
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Fax: 902-825-4340  
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Website: www.colesawlerlaw.ca  
Evening and Weekend Appointments Available

it ideal for armed forces personnel on imposed restrictions. Smoke free, laundry facilities available. Application form, references and security deposit required. Please call 847-9244 or 847-1268 or e-mail us at jackliv@eastlink.ca. Available September 1, 2010. (3125-ufnb)

**FOR RENT - 2 bedroom duplex apartment for rent in subdivision.** Fridge, stove, washer, dryer, snow removal and lawn care provided. Phone 765-9274. (3132-ufnb)

**FOR RENT - One bedroom apartment in downtown Kingston.** \$575.00 a month. Utilities and cable included. Phone 765-2700. (3131-3tp)

**FOR RENT - 2 1 bedroom apartments located in Middleton.** Adult building. Laundry facility. Contact 760-0012. (3132-4tpb)

**FOR RENT - COMING TO GREENWOOD ON IR??** New 1 bedroom bright apartment in a quiet country setting. Fully furnished and equipped fridge, stove, washer, dryer. Rent includes all services sat TV and wireless internet. No smoking, no pets. Call Joe 765-1898 or 5215 on base. (3130-3tpb)

## David A. Proudfoot

Barrister \* Solicitor \* Notary

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- Real Estate
- Family Law
- Wills / Estates
- Litigation
- Incorporations
- Consultations / Referrals

### Crossword Solution

B	A	R	B		G	R	E	G		M	A	C	A	O	
U	R	E	A		H	E	L	O		A	N	I	L	E	
R	E	I	S		A	B	B	A		G	O	R	E	D	
					N	E	W	Z	E	A	L	A	N	D	
					L	A	I	C		N	A	E			
S	A	P	I	D					P	A	T	S	I	E	S
A	L	A	N		S	E	I	S	E		N	Y	E		
N	A	R	E	S		E	R		S	C	A	R	E		
A	T	E			A	L	I	N	E		A	R	A	D	
A	E	R	A	T	E	S				B	L	I	S	S	
					P	I	A			P	I	P	E		
					I	A	N	F	L	E	M	I	N	G	
U	P	S	E	T		R	O	C	A		D	A	B	A	
S	A	U	C	E		A	G	O	G		A	E	O	N	
A	P	S	E	S		P	O	S	E		R	A	G	A	

### Sudoku Solution

8	9	2	6	4	5	1	3	7
6	5	1	2	3	7	8	9	4
3	4	7	9	1	8	5	2	6
9	1	8	7	6	2	4	5	3
5	7	3	4	9	1	6	8	2
4	2	6	5	8	3	9	7	1
7	3	4	1	5	9	2	6	8
1	8	9	3	2	6	7	4	5
2	6	5	8	7	4	3	1	9

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Kingston



# Are You Missing Your Cat?



A short haired female calico spayed cat around 2-4 years old has been found near McDonalds Restaurant. This beautiful cat has been in the area for some time.



A brown/gold/black long hair tabby male (neutered) who is about 8-10 years old has been living near McDonalds Restaurant for about 1 year. He had a green collar on when he showed up at the location.



A buff orange tabby with white medium hair (neutered) male is about 3-5 years old. He has also taken up residence at the same location about a year ago.

A young adult 1 1/2 year old male orange tabby, medium hair with white on chest and legs is not neutered. He also took residence here at about the same time as the neutered buff orange tabby. Sorry no photo available at this time.

None of these cats have microchips or ear tattoos and Animal Control are looking to find the owners of these cats. If in the event the owners are not found we looking for adoptive homes for these very social animals. If anyone has any information or is missing any of these cats please call 678-3647.

## North Mountain Gun Club .22 Bench Rest Shoot

By Savannah Brown

On August 1, 2010, the North Mountain Gun Club held a .22 Bench Rest Shoot. Around 16 people arrived with .22s ready to eat and then shoot. Our lunch was

served up by our very own Chris Tanner. We had some hotdogs without ketchup and then donuts. After our lunch the shoot began. We shot at paper targets from 25 to 50 yards. Our ammo was supplied by Chris Tanner. After about two hours of shooting the winners were Horst Leogler in 1st place; and after a shoot-off between Deiter Jilge and Ward Thompson, Ward came in 2nd and Deiter finished in 3rd. The winners each won a gift certificate. All in all I think everyone had a good day. I know I did!

**The Winners: Horst Leogler, Ward Thompson, and Deiter Jilge.**



## Classifieds Continued

**FOR RENT - Two bedroom house for rent at 2180 Hall rd, Windermere. Close to Berwick and Greenwood. Quiet neighborhood. Paved driveway. Oil heat. Washer & dryer hook-ups. Fridge and stove provided. No pets and no smoking. \$650.00 a month plus utilities. References required. Available now. Phone 538-3392. (3133-3tpb)**

**FOR RENT - Bachelor apartment suitable for 1 person. Available in Kingston. Utilities included. \$535.00 a month. Call 825-3607. (3133-2tp)**

**FOR RENT - 2 bedroom**

**duplex available Sept 1st behind Greenwood Mall. Fridge, stove, private back deck. Parking only. \$500.00 a month plus utilities. Phone 825-2464. (3133-1tpb)**

**FOR RENT - 1 bedroom apartment in Wilmot. \$465 per month. Heat, hot water, fridge, stove and cable TV included. Shared washer & dryer. Adult building. References & security deposit required. Phone 765-0838 after 6 PM. (3133-1tp)**

### SERVICES

**SERVICE - Self Storage located in Kingston, units avail-**

**able 5'x12', 5'x13', 8'x10'. Prices vary call 825-3607. (2931-ufnB)**

**SERVICE - Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates - flexible hours. Call Mike at 242-2465 or 840-0529. Greenwood/Kingston (3024-ufn)**

**SERVICE - Fall yoga classes at the telegraph tea room located in Melven square. Monday and Wednesday's 6:30 p.m. to 8:00 p.m. Classes start**

**September 8, 2010. Nichollsville Hall: Tuesday and Thursday 5:30 p.m. to 7:00 p.m. Gentle yoga Wednesday's 8:30 a.m. to 10:00 a.m. Classes start September 2, 2010. Call Elena at 847-0097 or e-mail Elena\_basevich@hotmail.com. (3132-2tpb)**

**SERVICE - Odd Jobs. Lawn mowing, power washing, rotor-tilling, hedge trimming and light load hauling all require a large start-up expense, so why not have someone do it for you. Call Geoff at 670-**

**2533 for a quote on your next job. (3133-4tp)**

**SERVICE - Thank you St. Jude for favors received. (3133-1tp)**

**SERVICE - Childcare available. Mother of two on Brittany Avenue (Behind DQ & KFC) is available for before and after school care; including PD and storm days. Meals and snacks provided. References available. Please call Kerrie at 765-0360. (3133-1tp)**

### WANTED

**WANTED - COUNTRY CRE-**

**ATIONS IS NOW OPEN! Looking for crafters. For more details contact Jackelyn Timmins at 840-2112 or countrycreations@live.ca. (3133-1tp)**

**WANTED - Mature, energetic bookstore clerk wanted for 20-35 hours per week. Must be willing to work mall hours. An expressed interest in reading and in books is definite asset. Will train on cash and other duties. Submit a**

**hand-written cover letter and typed background information to the Inside Story in the Greenwood Mall. Include in your cover letter your expected salary, available starting date and preferred hours a week. (3131-3tp)**

**WANTED - I am looking for a casual babysitter mostly weekends. 2 Years old and 4 years old. Located in Kingston. Call 242-2550. (3132-2tpb)**

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### Greenwood VIBES

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# GMFRC Volunteer of the Month



Submitted by Kristen Lawson, GMFRC Manager of Volunteer Services 765-1494 local 5938 or email Kristen.Lawson@forces.gc.ca

Our volunteer of the month for July 2010 is *Céline Blanchet*. Céline started volunteering with us in 2009 and has volunteered for all types of activities and projects that have greatly benefited the GMFRC. Just a few things that Céline has participated in are our Greenwood 101 program; preparation of deployment and welcome packages; administrative tasks; and countless special events. We appreciate all that you have done and continue to do for your community and the centre. Thank

you so much Céline!

The Greenwood Military Family Resource Centre (GMFRC) recognizes that our volunteers truly do make a difference not only in our centre but in the community. Every volunteer generously donates their time and energy in order to embrace our mission of supporting and celebrating our unique military family lifestyle.

Each month we choose one of our fantastic GMFRC volunteers as "Volunteer of the month. This is then posted in the Aurora newspaper; on our volunteer of the month board at the GMFRC; and on our website. Deciding on a "Volunteer of the Month" is simple; all volunteers who have recorded their volunteer activities in that specific month have their names placed in draw to become

our *Volunteer of the Month*. This is just one more reason why it is important to record your hours; in addition to this recognition our volunteer of the month also receives an appreciation gift.

If you would like more information on our "Volunteer of the Month" program or on how to become a registered volunteer at the GMFRC, please contact Kristen.

## It's Youth Idol Time!

Wing Welcome is around the corner and if you haven't already penciled in your plans for a busy Saturday afternoon, be sure to consider our Youth Idol competition! This will mark the seventh season of this event and we want to ensure that this is the best Wing Welcome Youth Idol to date.

Youth Idol will take place inside the Teen Room at the 14 Wing Community Centre from 3:30 p.m. until 6:00 p.m. on Saturday September 18<sup>th</sup>. This event is for anyone who is 18 years of age or younger and who have been waiting to showcase their vocal chords to the community. There is no pre-registration since registration will only be at 3:00 p.m. on Saturday September 18<sup>th</sup>. However, we will have to put a limit on the number of participants and registration will be done on a first come first serve basis inside the Teen Room.

We have a great group of judges who have an excellent ear for talent and who are anxiously waiting for all of you to take the stage! You watch the show, you sing in the shower, you even carefully practice when you're home alone...It's now time to step up to the microphone and display your talent!

If you're wondering what type of music you have to choose from, B & S D.J Services will be on hand with hundreds of songs to choose from. However, we encourage all individuals to bring their own CD to ensure that it works and your song of choice is available!

There will be a large stage, sound system and lights set up to make this a memorable event. There will also be only one division with an overall first, second and third place prize for either a solo or duet performance. There will also be one prize awarded to the most creative, most humorous,



and best choreographed performance by either a solo or duet performance. If you have any questions

please contact Eric MacKenzie, at the 14 Wing Community Centre, by calling 765-1494 ext. 5337.

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14 WING GREENWOOD

HEAD HONCHO HEAD SHAVE

Wing Commander Wing Chief Warrant Officer

Will Lose Their Locks

17 September 2010 Annapolis Mess Back Bar 1545hrs

\$7,000.00 Goal

for every additional \$1,000.00 a CO Will Lose Their Locks

\$12,000.00 Goal

W Admin O Will Lose Her Locks

Upper Clements Parks

www.upperclementsparks.com

Buy Three Fast Passes online, at participating Sobeyes or local businesses and Get One Free when you arrive at the Park.

Can not be used in conjunction with any other promotion

Upper Clements Parks Fast Pass

Ziplines - New this Year Reservations Required All Weekend Long Battle of the Bands Finale "Great prizes and give-aways."

Tuesday August 31	Wednesday September 1	Thursday September 2	Friday September 3	Saturday September 4	Sunday September 5	Monday September 6
Park Closed	Park Closed	Park Closed	Park Closed	Park Open 10am - 5 pm	Park Open 10am - 5pm	Park Closed

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