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The Aurora

newspaper

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Adding eyes to the skies

Spotters' job: find what SAR is looking for

Sergeant Al Daigle in the spotter's chair of a 413 Squadron Hercules, sharing the training and tips of spotting people in trouble to new volunteer spotters. Image S.Keddy

By Sara Keddy,
Managing editor

The first page of the training guide and a good chunk of the info session on being a

volunteer spotter with 14 Wing Greenwood's search and rescue service is all about barfing.

"All aircrew are prone to airsickness," says the guide. "First, admit to it, never mind your own pride.... Keep an airsickness bag close by."

Once you have your so-called "boarding pass" in hand, though, you can become a valuable part of the work 413 Squadron's Cormorant and Hercules crews do to find people in trouble.

...page 3.

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Poppy support makes a difference

November 11 will soon be upon us, and the Royal Canadian Legion will be conducting its annual Poppy Campaign to raise money to aid those who need our help.

Once again, we remember and reflect on the past and recall those who laid down their lives so we who are left may reside in peace. It is also a time to help the loved ones who protected the children and families of those who stayed behind. We also remember those who returned from war and now need our help.

We thank you for the overwhelming generosity you have demonstrated so often in the past with your donations. These funds go to assist with the purchase of eye glasses, teeth, food and many other items veterans, their dependant spouses and children living at home so desperately need. In the past year, we have also purchased crutches, canes, an electric wheel chair, mobile electric carts and mattresses for our hospital beds. Also available to our veter-

ans are wheelchairs and other equipment the Legion will lend out for use.

All of these things cost a great deal of money. I thank you in advance for your donations, which have always proven to be extremely generous: it is greatly appreciated.

Yours in remembrance,
Don MacCoy
Service officer, Royal Canadian Legion Branch #098, Kingston

Royal Canadian Legion Branch 98 Kingston Nova Scotia presents the first Poppy to 14 Wing Commander (WComd) Colonel Jim Irvine and 14 Wing Chief Warrant Officer (WCWO) Jim Jardine. Branch 98 president Brian MacDonald, Honorary president and WWII vet Clyde Goulden, WComd, Comrade Mike Pineo Poppy Chairman and WCWO.



Boot drive success

This is a thank you to everyone who assisted in making 2011 Muscular Dystrophy Boot Drive a success. 14 Wing Greenwood Fire Department is pleased to announce this year Firefighters collectively raised \$2008.65 during our annual "Boot Drive" campaign.

We would like to thank all 14 Wing Greenwood area residents, and employees for their generosity and support. **History of the Annual**

Boot Drive

Canadian Fire Fighters have played an integral role for Muscular Dystrophy Canada since 1954 when a group of parents with children who were affected by Muscular Dystrophy approached a Fire Department and requested assistance in raising funds. With the Fire Fighters leading the way, Muscular Dystrophy Canada conducted the first residential canvass in Toronto and raised more than \$200,000 for research.

Since that time Muscular Dystrophy Canada has become a National Organization supported by more than 600 Fire Departments and Associations across Canada, who currently raised over 2.8 million dollars annually for a total of 64.1 million since 1954.

Avis aux francophones

L'Association francophone de la Vallée désire avoir les services d'une infirmière communautaire francophone. Ce projet permettra de desservir les élèves de l'école Rose-des-Vents ainsi que toute la communauté francophone.

Pour faire avancer notre projet, nous avons besoin de votre opinion et support.

Nous aimerions recevoir des témoignages/lettres nous mentionnant vos inquiétudes, frustrations, votre vécu ou expérience(s) envers les services sur la santé en français dans la région.

À titre d'exemple:

- ⇒ Cours pré-nataux offerts en français dans notre région
- ⇒ Atelier en français pour les enfants/jeunes mamans
- ⇒ Infirmières, médecins, spécialistes francophones
- ⇒ Spécialistes de la santé (travailleur social, psychologue, etc.)
- ⇒ Loi sur les services en français: <http://www.gov.ns.ca/acadian/fr/legislation.htm>
- ⇒ Etc.

Votre opinion est importante pour nous, alors s.v.p envoyez nous vos témoignages/lettres à l'adresse suivante: afv@scolaire.ednet.ns.ca.

Merci de votre collaboration!



5th Annual
Christmas Shopping Expo

**When: Friday Nov. 4th, 6pm - 9pm
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Community Gateway Site

<http://www.cfcommunitygateway.com/en/index.asp>

14 Wing Greenwood Site

<http://www.airforce.forces.gc.ca/14w-14e/index-eng.asp>

Personnel Family Support Services

<http://www.cfpsa.com/en/>

National Defence and the Canadian Forces

<http://www.forces.gc.ca/site/home-accueil-eng.asp>

Combat Camera

<http://www.combatcamera.forces.gc.ca/common/combatacamera/home-eng.asp>

Recruiting

<http://www.forces.ca/>

Military Family Resource Centre

<http://www.familyforce.ca/splash.aspx>

VPI

<http://www.vpinternational.ca/>

Adding eyes to the skies

...Cover.
 “Your job is to spot it – then, your job is done,” says Sergeant Al Daigle, a Reserve trainer who, along with Reservist Major Brian Myrah, trains and organizes a slate of volunteer spotters from 14 Wing Greenwood and civilian volunteers with CASARA, the Civil Air Search & Rescue Association, who could be called upon at any time to join a mission.

October 12, the men held a training session for 17 14

Wing personnel interested in stepping outside their own role.

“You’re helping people who need help,” Daigle said. “It’s most important, when that call comes, day or night, you say ‘Yes.’ We never know when the call is coming – always least expected, and usually when you have a nice plan for the next day. You have to be willing to do this.”

Daigle and Myrah hold these recruitments annually in an effort to rejuvenate the

list of volunteers, who have their own work – from deployments and postings – and family situations to juggle.

“The crews might want three or four spotters with them, and you could be gone a few hours – or a few days,” Daigle said, advising the new recruits to have an overnight bag at the ready. “If you forget it, don’t ask your crew to share their stuff – and toothpaste in Resolute Bay is expensive!”

Daigle and Myrah reviewed spotter roles with

the volunteers, and got more hands-on with seat change demonstrations and showing off some of the gear, from night vision goggles to smoke canisters to headsets. They took the group on board the Cormorant and Hercules aircraft used by 413 Squadron: they’ll all be back over the next month for in-flight training before they’ll be added to the call-out list.

Once called, Daigle had some words of advice: look for broken trees, a flashing mirror, a wisp of smoke:

“You’re looking for an aircraft that doesn’t look like an aircraft any more,” he said, or a person or boat in high seas waves that can disappear from view in an instant.

“Every time you go on a search and rescue, you’ll analyze it: did they make it? Did they not? Not until you know the end of the story do you know: never assume, even if everyone else has given up hope, there aren’t two guys out there waiting for you and wondering where you are.”

He also warned volunteers to watch out for themselves, and the reputation of the service: “On a mission, you go from your ho-hum daily doldrum of work to a high profile situation. Everyone’s watching you and listening, and you don’t know that person over there isn’t next-of-kin when you’re coming off a search. Don’t forget that.”

And, finally, on that airsickness issue: “Soda crackers. I don’t know what it is in them, and I don’t care, but it helps.”

US and Canadian Orions direct UK naval gunfire off Libya

Middle East/Africa
Date Posted: 06-Oct-2011
Jane's Defence Weekly

Tim Ripley *JDW Correspondent* London Key Points
 • Gunfire from RN warships directed at pro-Ghadaffi forces along the Libyan coast has been directed by US and Canadian Orion maritime patrol aircraft
 • The most intense period of operations occurred in early August during the run-up to the fall of Tripoli

British warships bombarding pro-Ghadaffi forces in Libya have been provided with targeting information by US Navy and Canadian Forces Lockheed P-3 Orion maritime patrol aircraft (MPA).

Details of the allied intelligence, surveillance, targeting, acquisition and reconnaissance (ISTAR) support for UK Royal Navy (RN) ships conducting naval gun fire missions along the Libyan coast were revealed by

senior UK officers familiar with the tactics used during NATO’s Operation ‘Unified Protector’.

Up to 14 September the RN had fired some 270 4.5-inch (114 mm) high-explosive and illumination rounds against Libyan targets, according to UK Armed Forces Minister Nick Harvey. The majority of these have been fired by the Type 42 destroyer HMS *Liverpool*, except during a two-week period when *Liverpool* was relieved on station by the Type 23 frigates HMS *Iron Duke* and HMS *Sutherland*.

HMS *Liverpool* carried out its first fire mission using high-explosive rounds in early May and since then has played an important role in the battle to lift the siege of Misrata, firing on pro-Ghadaffi forces operating around the city on more than 20 occasions.

RN officers said HMS *Liverpool*’s operations have been closely integrated with US Navy and Canadian MPA

missions along the Libya coast. The aircraft, P-3C Orion AIP aircraft of US Navy and Canadian Forces CP-140 Auroras, maintained 24-hour surveillance of the Libyan coast and littoral hinterland using electro-optical sensors to detect concentrations of pro-Ghadaffi land forces and electronic intelligence equipment designed to detect radar emissions.

In an after-action report from HMS *Liverpool* seen by *Jane’s*, the most intense period of operations occurred in early August during the run-up to the fall of the Libyan capital, Tripoli, with almost 60 rounds being fired by the ship on a single day. A P-3 was engaged in trying to locate a pro-Ghadaffi artillery battery and ordered HMS *Liverpool* to fire illumination rounds over the target. The ship fired three rounds and the Libyan artillery ceased firing. Later on the same day another P-3 located a pro-

Ghadaffi resupply convoy carrying ammunition and other equipment to frontline positions. Observers on the P-3 ordered HMS *Liverpool* to engage the target and 54 high-explosive rounds later several vehicles had been destroyed. The P-3 remained on station and then directed several coalition fast jets to continue the attack on the convoy.

The Libyan experience has led to RN to look again at providing organic maritime ISTAR for its warships, according to navy sources, although an RN spokesman approached by *Jane’s* was unable to comment on ISTAR during the Libyan campaign.

The US Navy routinely rotates a P-3 squadron at its Sigonella airbase on the Italian island of Sicily. When the Libyan conflict began in March, the resident P-3 unit, Patrol Squadron 5 (VP-5), was augmented on occasions by additional aircraft

and crews from VP-16, VP-26 and VP-40 to allow the US Navy to sustain 24/7 ISTAR coverage of the Libyan coast. About four to six US P-3s were usually operating at Sigonella throughout the Libyan crisis. In June VP-5 was replaced by VP-45 as the lead P-3 unit at Sigonella.

Within days of the start of the international air operation against Libya on 19 March, the US Navy MPA crews had been reinforced by two Canadian CC-140s: one from 405 Long Range Patrol Squadron at 14 Wing Greenwood, Nova Scotia, and the other from 407 Long Range Patrol Squadron at 19 Wing Comox, British Columbia.

The Canadian aircraft have also broadcast psychological messages to try to undermine the morale of pro-Ghadaffi forces. The CC-140s are fitted with the Overland Equipment Mission Suite (OEMS): a new addition to the Aurora that was acquired for the Canadian Forces’ participation in security for the Vancouver Olympics in 2010 known as Operation ‘Podium’. The suite does not have a real-time download capability, however.

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Jane’s Defence Weekly
 6 October 2011

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Moratorium on inter-base moves

Due to a shortage of available Residential Housing Units (RHUs), there is a need to place a moratorium on all inter-base moves as of 25 October 2011. As a general guideline, requests for local moves will only be considered if there are exceptional circumstances. This policy does not apply to occupants requesting a larger Rhu due to an increase in family size.

Moratoire sur les déménagements interbases

Étant donné le manque d'unités de logement résidentiel (ULR), un moratoire sur les déménagements interbases s'impose le 25 octobre 2011. En règle générale, les demandes de déménagement local seront prises en considération seulement dans des circonstances exceptionnelles. Cette politique ne s'applique pas aux occupants qui demandent une ULR plus grande en raison d'une augmentation de la taille de leur famille.

Mental Health in the CF

Fighting Stigma and Building Knowledge

Mental health concerns, be it depression, anxiety, post-traumatic stress disorder (PTSD), or a myriad of other related issues, have the potential to either directly or indirectly impact us all at some point throughout our lives. Yet, people feel a great deal of reluctance to talk about these issues. While strides have been made over the past number of years in reducing the stigma, fear and uncertainty around mental health concerns, stigma remains and therefore, there is still work to be done.

For the Canadian Forces (CF) population, mental health issues are particularly relevant given the recognition and rise of occupational stress injuries (OSI) related to past and current operations. OSIs, essentially a mental health injury as the result of exposure to particular service related experiences, are experienced along a continuum of symptoms, and

vary in severity and intensity.

Mental health concerns and OSIs present challenges to those who are experiencing them, ranging from an impact on their personal and social life to their ability to function optimally in the workplace. However, what is crucial to bear in mind is that everyone with a mental health concern and an OSI has the ability to recover. Creating and ensuring that there are optimal conditions to promote and nurture recovery is a critical element, and in the CF, this is not only the responsibility of members and health care professionals, but it is also the responsibility of the chain of command and leadership.

In an effort to enhance understanding of how best to support and empower those members with mental health concerns and OSIs, Mental Health Services at 14 Wing Greenwood, in conjunction

with Health Promotions and Occupational Stress Injury Social Support (OSISS), is sponsoring a Mental Health Awareness Seminar on 23 November 2011 from 0930-1200 at the Annapolis Mess. There will be several guest speakers, including mental health professionals and a former serving member from the Joint Speaker's Bureau (JSB). The workshop will also include an open forum discussion with the expert panel guest speakers.

All 14 Wing personnel are invited and encouraged to attend, and members from the rank of Sgt and above will find the information particularly pertinent to their leadership and supervisory roles.

If anyone has any questions about this event, feel free to contact the OPI, Michelle Hammond, Wing Social Worker, or Mental Health Manager, Capt Kim Grondin at local 5215.

Mail call for our troops!

Submitted by: **Michelle Thibodeau Wagner, Coordinator of Special Events and Promotions, Greenwood Military Family Resource Centre 765-1491 local 1421 michelle.thibodeau-wagner@forces.gc.ca**

Merry Christmas to our deployed troops! The Greenwood Military Family Resource Centre (GMFRC) is in the process of creating morale mail parcels for the troops from 14 Wing Greenwood, Camp Aldershot, and the reserve units of

Bridgewater and Yarmouth who will be deployed over the Christmas season. In the last year the GMFRC has sent close to 500 parcels to our troops in locations such as Afghanistan, Alert, Italy, Germany, and Egypt; we expect to send approximately 50 Christmas parcels mid November.

Being away from home, missing family and friends is tough enough at the best of times but especially hard over the holiday season. It's a great time to be acknowledged and thanked by your community for the sacrifices made by both

the soldier and their family on behalf of our country.

In the parcels at Christmas the GMFRC sends things like Santa hats, Christmas decorations, candy, peanuts, and treats. This is to make sure the holiday doesn't pass unnoticed and ensures our troops know that we are thinking of and supporting them.

The GMFRC receives many letters, emails, and cards from our deployed soldiers which convey just how much they appreciate the "little piece of home" that we send.

- "the gift bags helped put a smile on everyone's faces and made home seem a little bit closer"
- "to know we have someone back home thinking of us and our families during our time away is comforting."
- "Knowing that this specific connection to home is there, and that you are remembered and appreciated enough for those back at home to take the time and the effort to create such a beautiful gesture, is uplifting and heart warming to say the least."

The GMFRC receives no official funding to create parcels for our troops. Fundraising efforts though out the year, along with generosity from our community, allow us to continue on with this very important program. Our program is an important one in helping ensure that morale is high for all of our deployed troops!

For more information on our Morale Mail Program or to contribute to our parcels please contact us at 765-5611.

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La santé mentale dans les FC

Combattre la stigmatisation et renforcer les connaissances

Les problèmes de santé mentale, qu'il s'agisse de la dépression, de l'anxiété, de l'état de stress post-traumatique (ESPT) ou des innombrables autres problèmes connexes, sont susceptibles de nous affecter tous, directement ou indirectement, à un moment donné de notre vie. Pourtant, les gens se montrent toujours très réticents à parler de ces problèmes. Si des progrès ont été réalisés au cours des dernières années pour réduire la stigmatisation, la peur et l'incertitude qui entourent les problèmes de santé mentale, la stigmatisation demeure. Des efforts restent donc à faire!

Les problèmes de santé mentale présentent un intérêt particulier pour la population des Forces canadiennes (FC) en raison de la reconnaissance du phénomène et compte tenu de l'augmentation des blessures liées au stress professionnel (BSO) survenues dans l'exécution des tâches opérationnelles passées et actuelles. Les BSO, essentiellement les blessures liées à la santé mentale résultant de l'exécution de tâches liées à un service particulier, présentent un éventail de symptômes et varient selon la gravité et l'intensité.

Les personnes souffrant de problèmes de santé mentale et de BSO font face à des défis, notamment l'incidence sur leur vie personnelle et sociale et leur capacité de fonctionner de manière optimale dans le milieu de travail. Cependant, ce qu'il faut surtout retenir, c'est que les personnes souffrant de problèmes de santé mentale et de BSO peuvent recouvrer la santé. Créer et garantir les conditions optimales pour promouvoir et favoriser le rétablissement des malades constitue un élément essentiel, et au sein des FC, cette

tâche incombe non seulement à l'ensemble des militaires et des professionnels de la santé, mais également à la chaîne de commandement et à l'état-major.

Pour améliorer la compréhension quant à la meilleure façon de soutenir les militaires souffrant de problèmes de santé mentale et de BSO et de les aider à se prendre en charge, Les services de santé mentale de la 14^e Escadre Greenwood, en collaboration avec les services de promotion de la santé et de soutien social aux victimes de stress opérationnel (SSVSO), organisent un séminaire de sensibilisation à la santé mentale, le 23 novembre 2011 de 9 h 30 à 12 h au mess Annapolis. Ce séminaire verra la participation de plusieurs conférenciers invités, notamment des professionnels de la santé mentale ainsi qu'un ancien militaire du Bureau des conférenciers conjoints (BCC). Le séminaire comprendra également une discussion ouverte, qui sera animée par le panel d'experts et de conférenciers invités.

Nous invitons et encourageons tout le personnel militaire et civil de la 14^e Escadre à participer à ce séminaire. Les militaires ayant le grade de sergent ou un grade supérieur trouveront l'information particulièrement utile à l'exercice de leur rôle de leadership et de supervision.

Pour vous enregistrer à l'événement contactez Édith Tremblay au poste 5388.

Si vous avez des questions au sujet du séminaire, n'hésitez pas à communiquer avec le BPR, Michelle Hammond, travailleuse sociale de l'escadre, ou avec le gestionnaire des Services de santé mentale, le Capt Kim Grondin, au poste 5215.

Business of the Week

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NOTICE

SEWER & WATER LATERAL INSTALLATIONS

The Municipality of the County of Kings wishes to advise all builders and contractors that the Municipality **will not be installing sewer and water laterals during the period of November 15, 2011 to May 1, 2012.**

Applications for sewer and water connection permits will continue to be received but the lateral installations will be the responsibility of the applicants.

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Bravo Zulu Promotions & Presentations

Photos are taken by 14 Wing Image unless stated otherwise.



Master Corporal Michel Sauvé is presented with the Commander's Pennant for his efforts during OP NUNALIVUT 2009 from Lieutenant-Colonel Major and Chief Warrant Officer Houston.



Private (Pte) Sean Rogowsky is presented with his first hook by Lieutenant-Colonel Major and Chief Warrant Officer Houston. Pte Rogowsky is one of the first direct entry Airborne Electronics Sensor Operators.



Master Corporal Dan Fanning receives the Sikorsky Aircraft Rescue Award from Major Gord Colwell, Acting Commanding Officer of 14 Air Maintenance Squadron, on behalf of the people of Sikorsky; this award is presented for Lifesaving Rescues during Operation Horatio September 10 to 25, 2008. The Sikorsky Aircraft Rescue Award is rewarded to those for skill and courage while participating in lifesaving missions with a Sikorsky Helicopter.



14 Wing Operations Commanding Officer Lieutenant-Colonel Steve Chouinard presents Master Corporal (MCpl) Dan Bertrand of the Wing Readiness Training Flight (WRTF) with the first clasp of the Canadian Forces Decoration (CD1) for 22 years of dedicated service. Wing Operations Chief Warrant Officer Robert Viel looks on. 17 October 2011.



14 Wing Operations Commanding Officer Lieutenant-Colonel Steve Chouinard presents Sergeant Brad Adams of the Wing Intelligence section with the Canadian Forces Decoration (CD) for 12 years of dedicated service. Wing Operations Chief Warrant Officer Robert Viel looks on. 17 October 2011.



14 Wing Operations Commanding Officer Lieutenant-Colonel Steve Chouinard presents Master Corporal Adrian LeBlanc of the Wing Intelligence section with the Canadian Forces Decoration (CD) for 12 years of dedicated service. Wing Operations Chief Warrant Officer Robert Viel looks on. 17 October 2011.

Service person and civilian employee of the quarter

By Sergeant Steph Lambert

The Wing Commander Colonel Irvine and Wing Chief Warrant Officer Jardine were proud to present the 14 Wing service person of the quarter and the civilian employee of the quarter awards to Sergeant Bruno Losier, Wing Logistic Branch and Mr. Steven Lazar, 14 Air Maintenance Squadron during the Honours and Awards Ceremony 24 October 11.



Lieutenant-Colonel Guy Leblanc, presents Private Christine Jamieson with her new rank.



Corporal Patrick Fluét accepts his promotion to current rank from Major Stephane Racle, 14 Air Maintenance Squadron Aircraft Maintenance Organization Officer.



Corporal Ryan Walsh receives his promotion to current rank from Major Stephane Racle, 14 Air Maintenance Squadron Aircraft Maintenance Organization Officer.



Mr. Stephen Lazar

14 Wing civilian employee of the quarter Mr. Stephen Lazar

Mr. Stephen Lazar is recognized as the 14 Wing civilian employee of the quarter for his impressive contribution to the CP140 fleet initiatives. He developed a highly effective method of tracking and auditing the increasingly large number of airworthiness documents resulting from the continuous upgrading of the CP140's capabilities. The result is a noteworthy increase in the weapons system releaser efficiency and overall situational awareness. Mr. Lazar's quality of work and dedication to CF goals are an invaluable asset to 14 Air Maintenance Squadron, 14 Wing and the CP140 community at large. He consistently reflects the core values of the air force: Professionalism, Teamwork, and Excellence.

14 Wing service person of the quarter Sergeant Losier

Sergeant (Sgt) Losier is recognized as the 14 Wing service person of the quarter for his leadership, enthusiasm and extensive participation in Wing/branch and squadron events and his ability to foster teamwork and develop group cohesion. Sgt Losier is an energetic and meticulous organizer and source of technical knowledge in every area of his responsibilities. This award is presented to recognize Sgt Losier's outstanding commitment to the Wing. He is commended for his dedication and exemplary performance.



Sergeant (Sgt) Losier

Artwork of Ross' rescue now held by museum

By Sara Keddy,
Managing editor

With his name well-known in the Greenwood community, there is now a new addition to the Greenwood Military Aviation Museum's collection.

Dwight Ross was Royal Canadian Air Force airman and hero. His actions in June 1944, helping rescue crew members from a crashed Halifax bomber on an English airfield are captured on canvas by Ottawa artist D'Arcy MacEachern.

The painting was unveiled at the museum by Wing Commander Colonel Jim Irvine and Dwight Ross Elementary School principal Eveline Keyser October 19.

"D'Arcy was a student at Dwight Ross in the 1980s and, when I started a Facebook page for the school's 50th anniversary earlier this year, students found it and D'Arcy said he'd like to do a painting," said Don Hyslop, a former teacher at the school who helped acquire the painting.

MacEachern's work was presented to the school this spring but, Keyser said, with the age of the building and conditions not likely

to maintain the painting in top shape, the school approached the museum with the gift.

"Dwight Ross was one of our heroes," said museum volunteer retired major general Ian Patrick. He also cited this summer's announcement of the return of the royal designation to Canada's Air Force as a nice fit with this remembrance, and stressed the importance of community military schools in years past. He added the museum has nothing in its displays on Ross: now to be rectified with this painting.

Irvine related a story of a family visit to London while he was posted with NATO work in Germany. They went to visit a Royal Air Force church in London and, in one of the tucked away memorial kiosks, was a display in honour of George Cross recipients. The cross was presented as the highest award for non-combat gallantry.

"There was Dwight Ross's name. My son saw this and, having been a student at Dwight Ross school while we were in Greenwood, had a 'moment'.

"This guy deserves recognition, and recognition on

this base for what he did."

Ross joined the RCAF in 1928 and led U-boat surveillance work during the Second World War out of Shearwater. Overseas, he was in charge of bombing operations as a station commander in Yorkshire. In June 1944, a bomber returning from France crashed on the airfield and took out another plane – laden with bombs. Ross, a senior officer, charged into the rescue with four other servicemen. He was knocked to the ground by a bomb, got up and grabbed an axe to continue efforts to successfully get past the twisted steel frame of the plane to his men. Another bomb went off, practically severing Ross's arm below the elbow: he got up, walked to the ambulance and later had an amputation done in hospital. Ross went on to command the West Atlantic force as a respected senior officer, and retired an air commander.



Ms. Eveline Keyser the principal of Dwight Ross Elementary School, Greenwood Nova Scotia presents a painting of the school's namesake, WWII veteran Air Commodore Arthur Dwight Ross, to 14 Wing Commander (WComd) Colonel Jim Irvine at the Greenwood Military Aviation Museum.

Images Sergeant Pete Nicholson, 14 Wing Photojournalist

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Force fitness test getting a check-up



Corporal Tracey Porter (left) passes a sandbag to Master Corporal Christine Postnikoff from the pile of 60 to be moved across the testing area as part of the sandbagging fitness test October 13.

Images Corporal J.Kusche, 14 AMS Wing Imaging

**By Sara Keddy,
Managing editor**

Greenwood “guinea pigs” volunteered to do the tests, adding to the development of the new annual Canadian Forces fitness test.

FORCE (Fitness for Operational Requirements for CF Employment) revisions are currently under development by the national Human Performance Research and Development Team.

Staff with Project FORCE extended a year of cross-country tests at 14 Wing Greenwood October 21, recruiting 16 military personnel to perform three of the Canadian Forces’ 13 common occupational tasks.

That includes escaping to cover under fire, sentry duty, carrying casualties, clearing rubble, erecting fences or digging wildfire breaks. Greenwood participants performed sandbagging tests and carried jerry cans of fuel.

“We don’t actually measure their fitness,” says project leader Dr. Tara Reilly. “We measure the physiological demands of the job through the heart rate and oxygen consumption of volunteers. These are tasks anyone in the Canadian Forces could be asked to do anytime.”

“We have measured the physical demands on CF members performing these tasks on operation – like the flooding in St. Jean; now, we’re reproducing the tasks in a more controlled environment.”

Sue Jaenen, the acting senior manager of human performance for Personnel Support Programs in Ottawa, says the results of Pro-

ject FORCE will “change the way we deal with physical fitness in the Canadian Forces.”

The current fitness standard was developed in 1988. Project FORCE was asked by the CF to review the common military tasks and the physical requirements of military personnel to determine if this 23-year-old test reflects current employment and deployment requirements.

“We can’t make adjustments to the fitness test based on demographics,” Reilly says. “To be based on bonafide occupational requirements, the new test will be up-to-date and reflect what the CF is doing now it wasn’t doing 20 years ago: tri-service operations in Afghanistan, disaster relief in Haiti....”

She raises future considerations as well: what if Arctic operations increased, with tri-service presence in the north?

Also on the table is the difference in testing required of the three CF environments: with force integration, could one standard test be adopted?

Jaenen says, as part of the three-phase, multi-year review, attention must be paid to human rights issues: gender, age and race differences can’t be used as occupational standards unless there are bonafide job requirements. In phase one, the researchers and CF staff developed the list of 13 common occupational tasks. They spent the last year, in phase two, determining the capacity requirement to perform those jobs to the minimal acceptable stan-



Corporal Gerald Cormier unloads jerry cans of water from the back of a van.

dard as determined by military experts – including the Greenwood testing. They now head back to their desks to evaluate their data, come up with recommendations about a standard fitness test and back up its evaluation and potential adoption with their fieldwork. The phase three final report is scheduled to be tabled in December 2012.

One of the most important facets of the fieldwork, Jaenen and Reilly agree, is having military personnel at all levels involved in the research process from the beginning.

“They will always remember their contribution to the new fitness test,” Reilly says.

Reilly also acknowledged Personnel Support Program staff at 14 Wing Greenwood for their help setting up the tests, scheduling volunteer military personnel and helping with the data collection.

Family fun and flying

413 Squadron Sergeant Morgan Boutilier with his friend, Meghan MacDougall, who does not seem to enjoy turbulence in the Cormorant. The 14 Wing Greenwood squadron held its Family Day at 14 Hangar October 15. The event included flights on the Cormorant and Hercules aircraft, as well as a BBQ and entertainment for young children.

Image Corporal G.Cormier, 14 AMS Wing Imaging



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Kingston Day Camp visits 14 Wing Greenwood



Cpl P. Drost assists Emily Christopherson with donning fire gear. Le Cpl P. Drost aide Emily Christopherson à revêtir l'équipement de sapeur pompier.

On 11 August 2011, 18 campers/students ages 5-14, 3 leaders and 2 assistants from the Kingston Day Camp arrived at 14 Wing Greenwood, in order to learn about some of the roles carried out at 14 Wg. Their first stop was at 413 Transport and Rescue Squadron, where Capt D. Macauley, a CH-149 Cormorant Pilot, showed the group a realistic video of the layout and areas of responsibility of 14 Wing Greenwood, the crew structure, types of aircraft, and the numerous types of situations that 413 Transport and Rescue Squadron respond to. After a very interesting question and answer period, the Day Camp was then able to watch a CF-149 Cormorant land, and were then guided to an actual tour inside the helicopter, where they were briefed on its ca-

pabilities by Sgt M. Boutilier, a Search and Rescue Technician. The campers were then transported to the 14 Wing Fire Hall, where Pte J. Holmes provided them a tour of our new facility. The campers were able to sit inside our two new fire trucks, and they quickly figured out how to blow the fire truck horns. Cpl P. Drost and Pte J. Holmes provided Fire Fighter helmets, air tanks, and clothing for the children to try on, and this appeared to be the highlight of the campers' tour of the Fire Hall, which Cpl J. Kusche from Wing Imaging captured as she snapped numerous photos of them trying on the gear. Mobile Support Equipment Operators Cpl S. Swansburg and Sdt F. Lessard and from Wing Transportation arrived exactly on time to take the campers back to the CANEX. Before heading off to swim at our




The Kingston Day Camp with Cpl P. Drost and Pte J. Holmes. Les enfants du Camp de jour de Kingston en compagnie du Cpl P. Drost et du Sdt J. Holmes.

local Community Centre Pool, the Day Camp lined up outside the CANEX and presented their hand-

made appreciation card for the Wing Commander. The Kingston Day Camp would like to pass on their "Thank

You" as well to everyone who assisted with making their tour very comfortable, exciting, and memorable!



THE MUNICIPALITY OF THE COUNTY OF KINGS
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TENDER 11-34

Clements Park Infrastructure Upgrades

The Municipality of the County of Kings, Engineering and Public Works invites tenders for the redevelopment of certain municipal systems in and around the former CFB Greenwood Clements Park, Personnel Married Quarter (PMQ) area, Greenwood, NS. The work includes, but is not limited to, the following:

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Specifications and tender packages may be viewed and picked up beginning October 31, 2011, upon receipt of a non-refundable deposit of \$100.00, at the Municipal Complex, 87 Cornwallis Street, Kentville, NS. Office hours are Monday to Friday from 8:30 am to 4:30 pm. Tenders may also be viewed at the Nova Scotia Construction Association located at 260 Brownlow Avenue – Unit 3, Dartmouth, NS.

Inquiries pertaining to this tender may be directed to Steve Murphy, P. Eng., CBCL, phone (902) 492-6762 during regular business hours.

SEALED TENDERS WILL BE ACCEPTED UNTIL 2:00 pm Thursday, November 24, 2011

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

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Visite des enfants du camp de jour de Kingston à la 14^e Escadre Greenwood

Le 11 août 2011, 18 campeurs/élèves âgés de 5 à 14 ans, trois chefs et deux adjoints du camp de jour de Kingston se sont rendus à la 14^e Escadre Greenwood en vue de s'informer sur quelques rôles et responsabilités de la 14^e Escadre. Leur première visite a été au 413^e Escadron de transport et de sauvetage, où le Capt D. Macauley, pilote du CH149 Cormorant, a

présenté au groupe un vidéo sur l'organisation et les zones de responsabilité de la 14^e Escadre Greenwood, la structure de l'équipage, les types d'aéronefs et les nombreux types de situations qui requièrent l'intervention du 413^e Escadron de transport et de sauvetage. Après une période de questions et réponses très enrichissante, les enfants du camp du jour ont pu ob-

server l'atterrissage d'un CF149 Cormorant. Puis, ils ont eu droit à une visite guidée à l'intérieur de l'hélicoptère, au cours de laquelle le Sgt M. Boutilier, technicien en recherche et en sauvetage, leur a parlé des capacités de l'appareil. Les campeurs ont ensuite été transportés au poste d'incendie de la 14^e Escadre, où le Sdt J. Holmes leur a offert une visite de la

nouvelle installation. Ainsi, ils ont pu voir l'intérieur des deux nouveaux camions à incendie, et n'ont pas tardé à savoir comment sonner la sirène du camion à incendie. Le Cpl P. Drost et le Sdt J. Holmes leur ont fourni des casques de pompier, des bouteilles d'air comprimé et des vêtements pour les enfants. Ce fut le marquant de la visite des campeurs au poste d'incendie. Le Cpl J. Kusche, du service d'imagerie de l'Escadre, a pris de nombreuses photos des enfants qui essayaient l'équipement. Les conducteurs de matériel mobile de soutien, le Cpl S. Swansburg et le Sdt F. Lessard, du service des transports de l'Escadre, sont arrivés juste à temps pour ramener les campeurs au CANEX. Avant d'aller nager à la piscine du centre communautaire, les enfants du camp de jour se sont alignés dehors pour présenter au commandant de l'Escadre les cartes de remerciement qu'ils ont confectionnés eux-mêmes. Le Camp de jour de Kingston tient à vous dire « merci » ainsi que toutes les personnes qui ont contribué à rendre cette visite très agréable, excitante et mémorable!



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BINGO 13 1:45	EUCHRE 14	BINGO 15 7:30	DARTS 16	CRIB 17 DARTS	T.G.I.F 18 Beef Stir-Fry DARTS Sr's Assoc.	DANCE: 19 'Stagecoach'
BINGO 20 1:45	EUCHRE 21 EXECUTIVE MEETING	BINGO 22 7:30	DARTS 23	CRIB 24 DARTS	T.G.I.F 25 Grilled Chicken Breast Dinner DARTS Sr's Assoc.	DANCE: 26 'The Bandits'
BINGO 27 1:45	GENERAL MEETING 28	BINGO 29 7:30	30	"They shall grow not old, as we that are left grow old; Age shall not weary them, nor the years condemn. At the going down of the sun, and in the morning, we will remember them." WE WILL REMEMBER THEM"		

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Une liste de ressources francophones ? Le CRFMG en a une

Par Danielle Brochu, Adjointe des services de langue seconde au CRFMG

Vous êtes nouveau dans la région ou vous êtes à la recherche d'un journal francophone, d'un agent immobilier, d'un dentiste ou d'un ergothérapeute bilingue ?

Le Centre de ressources pour les familles militaires de Greenwood (CRFMG) peut peut-être vous donner un coup de main ! Une liste de ressources francophones situées dans les environs de la région de Greenwood/ Kingston, regroupant les domaines de la santé, de l'éducation et d'autres services variés, est maintenant disponible au CRFMG.

Pour vous procurer cette liste ou pour faire ajouter votre nom et le service que vous offrez en français, présentez-vous à la réception du CRFMG ou communiquez avec Danielle Brochu au 765-1494 poste 5276 ou par courriel à danielle.brochu@forces.gc.ca.

Need a list of francophone resources? Look no further than the MFRC

By Danielle Brochu, GMFRC second language services associate

Are you new to the area? Would you like to get your hands on a French-language newspaper? Or are you looking for a bilingual real estate agent, dentist, or occupational therapist?

The Greenwood Military Family Resource Centre (GMFRC) can help you out! The GMFRC now has a list of francophone resources located in the Greenwood/ Kingston area, including health services, educational services and more.

To obtain a copy of this list, or to have your name added to it if you offer a service in French, drop by the GMFRC reception desk or contact Danielle Brochu at 902-765-1494 ext 5276 or danielle.brochu@forces.gc.ca.

Look up! Look out! Giant pumpkin slingshot event out to squash CF

By Sara Keddy, Managing editor

A giant slingshot? Leftover pumpkins?

Sign me up! Volunteers behind the Squash CF Pumpkin Launch November 6 in Kingston are hoping lots of people will see the potential fun in pumpkin shooting and smashing, all in support of Cystic Fibrosis research work.

"You can imagine people would be out by the truckload to let a pumpkin go flying!" says organizer Tim Vallillee of Wilmot.

Vallillee, 43, is considered a "senior citizen" among the CF community. Along with about 15 members of the South West Nova & Valley Chapter of Cystic Fibrosis Canada and another dozen volunteers, they plan to pull off their first annual Squash CF event.

"I lost a really dear friend of mine about a month ago, and this event had been playing around in my mind for a while. We've really pulled it together in just a short time."

The fun runs 10 a.m. to 5 p.m. on the ballfield behind the Western Kings Arena in Kingston with balloons, a bouncer, carnival games for kids, a BBQ and pizza, live music, face painting and more. The rink will be open for public skating from 10 a.m. to 11 a.m.: your \$2 admission will

also be donated to the CF fundraiser.

Vallillee, known to many as a musician with the local band Joker's Right and magician The Great Tim Beannie (along with his Elvis impersonation), will be pitching in with his own music, balloon animals and magic tricks.

Also on deck is special guest magician Patrick Drake of Halifax, a national sleight of hand champion. He will perform from 1:30 p.m. to 2 p.m.

But, back to the pumpkins and the slingshot...

Local farmers have agreed to donate pumpkins left from the Halloween season and take the smashed bits for their cattle after the event. People (age eight and up) attending the event may buy a pumpkin for \$5 and, between 2 p.m. and 5 p.m., set it in the Y of the 10-foot-tall slingshot Vallillee and gang were testing out the weekend before, pull and let 'er rip!

After an end-of-day launch-off, the top three pumpkin shooters will take home either a \$500 Superstore shopping spree, a Motorola Zoom Tablet from Telus Mobility or a side of pork from Sabeen's. There are a slew of other prizes as well, from White Point weekends to Digby Pines golf packages.

Vallillee expects the event to be a blast, rain or shine, and is pleased to be working with



a team to raise funds for and awareness of CF. It's the second highest killer of Canadian youth, behind cancer, with no cure and devastating life effects for people living with the disease. Vallillee knows how lucky he himself is.

"I am proud of how much I can inspire people - I sing with 42 per cent lung capacity, I do what I want and don't let it stop me. I just auditioned for Canada's Got Talent."

"That's always been my approach in life, and anything I can do to bring CF to the forefront, I will." For information, visit www.squashcf.org.

— NOVEMBER/NOVEMBER —  — 2011 —

Sun	Mon	Tues	Wed	Thu	Fri	Sat
INFO Darts & Pool Balls are available from the Bar.	INFO Thursdays - Fridays Reminder: TGIT's & TGIF's now start 1630 hrs	Supply Career Managers 0750-0930	2	3	TGIF • Jr Rank Hosts PIZZA WCWO Town Hall 0800-1200	OM Wine & Cheese 1900-2300
Pre-Remembrance Day 1230-1600	Ladies Bridge 1900-2130	ADVHA Recognition Dinner	9	TGIF OM Hosts WINGS	Remembrance Day Mess Closed 	12
INFO Non Alcoholic Beverages Available			16	Meet & Greet 1900-2200	TGIF • WOSM Hosts FISH & CHIPS	OM Casino Night 1900-2300
	Transport Career Managers 0800-1300 Ladies Bridge 1900-2130		Mental Health Awareness Workshop 0800-1200	OM Coffee Break 1000-1200	TGIF • Jr Rank Hosts DONAIRS WOSM Dinner Theatre 1830-0100	Cadet Dance 1830-2300
				INFO Spousal cards available at the Mess. See Pat Robar 5470 or Brenda Gaudreault at 5078.		INFO Wireless High Speed Internet available in TV Lounge/Mess

Co-sponsored by Fraser's Pro Home Centre • Mess Office Phone - 765-1494 Ext. 5470




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www.frasers.ca



www.annapolismess.com

~ In Memory ~


Aucoin, Gerald Joseph "Jerry"
Kingston, NS • 13 November 2008



It broke our hearts to lose you
But you didn't go alone
For part of us went with you
The day God called you Home

*Loving you always
Forgetting you never*

Anne, Brian, Raymond and Dale



~ Thank you ~

Marjorie Marie Lynk
January 31, 1938-August 22, 2011

On August 22, family and friends were saddened by the loss of Marjorie. We would like to express our sincere thanks and gratitude to everyone who supported our family during this very difficult time. Your acts of kindness expressed through cards, donations, flowers, visitations, meals and baked goods were very much appreciated and touched us all. Thank-you to Father Saulnier, Deacon Don Boudreau and the members of the Catholic Women's League. Special thanks to Marjorie's dear friend, Margie Belliveau, who wrote and delivered a beautiful eulogy. We were very lucky to have Marjorie in our lives. She will be loved and missed always.

*Thank you to all for your kindness and support,
Joe, Charlene, Shawna and families*

FOR YOUR INFORMATION

UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS

FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on 83A School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

Soup kitchen

Wednesdays there will be a free community soup kitchen at the New Beginnings Centre, 1151 Bridge Street, Greenwood. 11:30 a.m. to 2 p.m., all welcome. For information, phone Jackie, 847-0336. Sharing is caring!

Poppy campaign volunteers

October 28 through November 10, the Kingston Legion Br. 098 will be conducting its annual poppy campaign to raise money to aid those who need our help. We are asking our members to come out and support the Legion by volunteering to sit at the poppy tables in the NSLC in Kingston and at the Greenwood Mall; shifts are only two hours long. Call the Legion (765-4920 or 765-4428) to sign up.

Card party

October 31, "Funds for Fuel" bridge party, 1:00 p.m., Macdonald Museum, 21 School

Street, Middleton. Admission is \$4 per person. Come out for a fun afternoon and support your museum. Call 825-6116 for information.

Assemblée générale annuelle

Le 1 novembre a 18h30 a Centre scolaire communautaire (6, chemin Bedford, Greenwood). Par la présente, vous êtes conviés à l'Assemblée générale annuelle de l'Association francophone de la Vallée. Le projet d'ordre du jour de même que les autres documents vous seront remis sur place. Cette rencontre sera l'occasion pour vous de rencontrer d'autres personnes et d'en apprendre davantage sur l'organisme. Veuillez S.V.P. confirmer votre présence au plus tard le 25 octobre prochain. Pour confirmer votre présence et pour de plus amples informations, communiquez au (902) 765-1078.

Meeting

November 1, the Kingston and District Health Auxiliary will hold its monthly meeting at the Kingston fire hall at 1 p.m. We invite anyone who is interested in joining us to come out and see what we do for our community.

Citrus campaign

November 4 is the deadline to order Florida oranges and grapefruits in support of the Middleton Skating Club. Pre-order your delicious fruit by calling Tave McLennan, 825 3937 or msecitrussale@hotmail.com. Full case: \$38; half case \$24; quarter case: \$14.

Amuse-Toi fun and games night

November 4, the Canadian Parents for French Valley chapter will hold an Amuse-Toi fun and Games night, 6:30 p.m. to 8 p.m., at the Anglican church hall, Commercial St., Berwick; for grades Primary to 6 students who wish to come and have fun "en français". There will be door prizes and snacks. This event is free for CPF members; the fee for non CPF members is \$2 per child or \$5 per family. (membership forms will be available at registration). Please visit www.cpfns.ednet.ns.ca for information on CPF NS and our Valley chapter.

Cours de RCR

Le novembre 5, l'Association francophone de la vallée, en partenariat avec Ambulance St-Jean, vous donne l'opportunité de suivre un cour en français de premiers soins, de réanimation cardiorespiratoire et de défibrillation externe automatisée, au Centre scolaire communautaire de Greenwood. 70 \$/ personne, 60 \$/ membre de l'AFV. Pour vous inscrire et effectuer votre paiement, venez nous voir au centre scolaire communautaire ou contactez l'Association francophone de la vallée au 765-1078.

Wine tasting

November 5, the Bridgetown Band Parents Association will

host a wine tasting with Premier Wine & Spirits of Halifax at the Bridgetown Volunteer Fire Department's hall. Sampling will begin at 7:30 pm. Also: cheesecake by the slice - \$2, silent auction and musical entertainment by Mark Bezanson. Tickets \$25/ person, 19 years of age or older. Contact Wanda Batson, 584-2285, or Donna Rice, 665-5269.

Silent auction

November 5, the Middleton Fireflies will be holding a Silent Auction from 10:00 a.m. to 2:00 p.m. at the Middleton Fire Hall. Auction begins at 2:05 p.m. (don't have to be present for draws but must be for the door prizes)

Supper

November 5, there will be an old-fashioned turkey supper at the Kingston Baptist Church, Main Street, Kingston. Continuous serving 4:30 p.m. to 6:30 p.m. Adults \$10, children \$5, family rates available. Full turkey supper, homemade pies for dessert. All welcome.

Book signing

November 6, meet Goat Gertrude and author Starr Dobson for a book signing event at Dempsey Corner Orchards, Dempsey Corner, 2 p.m. to 4 p.m. Dobson has written a young reader's book, "My Goat Gertrude." Dobson is a little girl living in a big country house with her family and lots of pets -- including a mischievous goat.

Lions fall auction

November 5, 10:30 a.m. - 5:00 p.m. November 6, 1:00 p.m. - Finish. Two day extravaganza Aylesford and District Lions Hall, 2160 Hwy #1, Auburn. Auction Dollar deals. Great bargains, do your Christmas shopping, new and used goods. For donations or information call 847-0836.

Squash Cystic Fibrosis pumpkin launch

November 6, Kingston Arena Ballfield from 2:00-5:00 p.m.

Pre-registration & family activities from 10:00 a.m. till 1:30 p.m. Come launch pumpkins with our giant slingshot and win great prizes. Only \$5.00 per pumpkin. Exciting details at: www.squashcf.org. Proceeds to Cystic Fibrosis Canada.

Relay for life

November 7. Middleton Relay for Life is celebrating its 10th anniversary this June. We have begun our regular monthly meetings and are looking for volunteers to help make this a spectacular event. Please join us Monday, November 7th during our regular meeting at Middleton town hall to see what it's all about. Everyone welcome.

Authors ink

November 9, the creative writing group will meet from 10:00 a.m. - 12:00 p.m., at the Annapolis Valley Macdonald Museum, 21 School St., in Middleton. Admission \$3.00 per person with proceeds to the Museum. All welcome. Phone 825-6116 for more information.

Meeting

November 10, the Schizophrenia Society of Nova Scotia education and support group meets, 3 p.m. to 5 p.m., at the Middleton Baptist Church vestry room, 111 Commercial Street (use entrance on School St.), Middleton. Family members, partners, friends and other supporters of people affected by mental illness, as well as individuals living with a mental health condition, are invited to attend a presentation from Annapolis Valley District Health Authority on mental health services, followed by a group discussion and question period. For info, contact Hilary Thorne at 1-800-465-2601 or hilary.thorne@bellaliant.com.

Craft sale

November 13, between 10 a.m. and 3 p.m., visit the 7th Christmas Fantasy Craft Show at the Nictaux and District fire hall, 9349 Hwy 10 Nictaux.

Featuring many Nova Scotian crafters, canteen available, silent auction. Sponsored by the Nictaux Fire-ettes. Tables available: contact Holly Stillwell, 765-3927 or hdstillwell@hotmail.com.

Funds for fuel

November 14, bridge party, 1:00 p.m., at the Macdonald Museum, 21 School Street, Middleton. Play begins at 1:00 p.m. Admission is \$4.00 per person. Come out for a fun afternoon and support your Museum. Call 825-6116 for more information.

Spectacle

L'Association francophone de la Vallée vous invite au spectacle de Ryan Doucette le 15 novembre prochain dans la cafétéria de l'école Roses-Vents. En première partie à 19h00, le gagnant(es) de notre concours "Devenez une vedette" et en deuxième partie à 19h45 le spectacle pourquoi pas? de Ryan Doucette! Le coût du spectacle est de 10\$/adulte, 7\$/étudiant 12 ans et plus et membre de l'AFV et 5\$/étudiant moins de 12 ans. Les billets sont en vente au bureau de l'AFV. Contactez-nous au 765-1078 pour obtenir plus de détails.

Coffee party

November 16, from 10:00 a.m. on. The 4th annual festival coffee party will be held at the St. John's United Church, Middleton. Free will offering, all welcome.

2 day Christmas sale event

November 17, Thursday: 10:00 a.m. to 4:00 p.m. and again at 6:30 p.m. to 7:30 p.m. November 18, Friday: 10:00 a.m. to 4:00 p.m. Carousel Gift Shop, Soldiers' Memorial Hospital, Middleton. 15% off all regular priced gift items, plus no tax. We carry a wide selection of gift items from glass, tableware, sterling silver jewelry and purses. Free Parking on November 17.

Bake sale

November 17, Thursday at 10:00 a.m. Soldiers' Memorial Health (SMH) Auxiliary will hold a bake sale in the lobby of SMH. Free Parking. Please join us for a cup of hot cider, while supporting the efforts of SMH Auxiliary.

Animal crackers

November 19, between 6:30 p.m.-9:30 p.m. a variety show fundraiser for North Mountain Animal Sanctuary, Black Rock Community Hall, pay-what-you-can at the door (ALL proceeds to NMAS). All ages/non-licensed. <https://www.facebook.com/pages/North-Mountain-Animal-Sanctuary/53246044886>

CentreStage presents

Until December 10, Doris Baizley's adaption of A Christmas Carol. This play will appeal to adults and children, and is appropriate for ages eight and up. The show opens November 3 (freewill offering) and continues playing Friday and Saturday nights at 8 p.m. until December 10. There will be a 2 p.m. matinee November 13. Phone 678-8040 for reservations. CentreStage Theatre, 61 River Street, Kentville.

HOROSCOPES

October 30 to November 5

ARIES - Mar 21/Apr 20

Aries, once something is in your head, it is hard to get rid of it. A stubborn nature can be an asset at times, especially when getting ahead in business.

TAURUS - Apr 21/May 21

It's a love of life that will move you through the next few days, Taurus. Otherwise you can become bored with the mundane responsibilities of day to day.

GEMINI - May 22/June 21

Gemini, once the wheels are in motion, it can be very difficult to turn back. That is why it is best to think things through before you take any action.

CANCER - Jun 22/Jul 22

Cancer, it is difficult to get others to hear what you are saying when they refuse to listen. You will just have to be more diligent in your efforts.

LEO - Jul 23/Aug 23

Leo, many people will be following your lead this week. Be on your best behaviour, so you will be a role model and set a positive example for those who follow.

VIRGO - Aug 24/Sept 22

Virgo, when someone chooses to offer advice, listen to that advice even if you don't agree with it. Things will have a funny way of working out.

LIBRA - Sept 23/Oct 23

Make an effort to spend some time with someone whom you have not seen in awhile, Libra. You won't regret the decision because soon you will part ways again.

SCORPIO - Oct 24/Nov 22

Scorpio, try to find a balance between the time you spend with others and the moments you secure for yourself. While not secretive, you do relish in your privacy.

SAGITTARIUS - Nov 23/Dec 21

Sagittarius, you will quickly become "persona non grata" if you don't mend your ways. Taking advantage of others will cause them to rescind their generosity.

CAPRICORN - Dec 22/Jan 20

Personal matters take precedence once again, Capricorn. Just when it seems you can never conquer the challenges that arise, you are met with a welcome surprise.

AQUARIUS - Jan 21/Feb 18


Aquarius, bide your time because the stars indicate a changing of times that will move in your favour. This will be an opportunity for wrongs to be righted.

PISCES - Feb 19/Mar 20

Pisces, don't devote too much attention to recreational activities this week because then it could distract you from work that needs doing.

FAMOUS BIRTHDAYS

OCTOBER 30	Matthew Morrison, Actor (33)
OCTOBER 31	Willow Smith, Singer (11)
NOVEMBER 1	Jenny McCarthy, Actress (39)
NOVEMBER 2	David Schwimmer, Actor (45)
NOVEMBER 3	Gemma Ward, Model (24)
NOVEMBER 4	Matthew McConaughey, Actor (42)
NOVEMBER 5	Kevin Jonas, Singer (24)



PRESENTS...

FIND & WIN

Just Fill in The Blanks. Three Easy Ways to Enter.


1. Through our website: www.auroranewspaper.com
2. Fax: 765-1717
3. Drop into our office located on 83A School Road (Morfee Annex)

No Central Registry or Canada Post please.

Deadline: Noon, Thursday, November 3, 2011.

Make sure you include your full name and phone number.

NAME	PHONE NUMBER
Limited to one win per family in a TWO MONTH PERIOD.	
The winner will be drawn randomly from all correct entries. Only one entry per family per week.	
Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!	
1. Where can you get Snakeskin Gel nails? _____	
2. Where can you save between 10% and 100% of your purchase? _____	
3. Who has manufacture's rebates on select winter tires? _____	
4. Sirlon tip roast \$3.99 lb is offered by who? _____	
5. Who is a proud sponsor of Canadian Women's Foundation? _____	



This contest is brought to you by:

Pizza Delight, Greenwood

765-4477

Congratulations to last week's winner: RITA BOURASSA

L'école West Kings cérémonie annuelle du Jour du Souvenir

Par Vincent Sauvé

Les étudiants de l'école secondaire West Kings présentent leur cérémonie annuelle du Jour du Souvenir. Unissons-nous en famille en se souvenant des soldats tombés et ceux qui se battent pour notre liberté aujourd'hui.

nie aura lieu le 4 novembre de 13 à 14 heures et de 19 à 20 heures au gymnase de l'école. La communauté est invitée à venir partager cette cérémonie du Jour du Souvenir pour honorer nos anciens combattants.

Il y aura de la place pour vous et vos proches pour y participer.

West Kings ready for annual Remembrance Day ceremony

By Vincent Sauvé

West Kings school students are presenting their annual Remembrance Day ceremony. Let us come together as a family and remember the fallen soldiers and those who fight for our freedom today.

This year, the ceremony

will be held November 4, 1 p.m. to 2 p.m. and also from 7 p.m. to 8 p.m. in the school gym. The community is invited to come and share in this touching Remembrance ceremony honouring our veterans.

There will be room for you and your loved ones to attend.

Learning opportunities at LCC

Attention 14 Wing Military, Civilian & NPF

- Nov 01 Resume Writing
- 02 Personal Learning Plans
- 03 Interview Preparation
- 03 Staffing: Intro & SOMC
- 03 Staffing: Assess & Interviews
- 07-08 Computer Introduction Part A&B
- 09 Word Level 1
- 14-18 Instructional Techniques
- 14-15 Excel Level 1 Part A&B (FULL)
- 15-17 Pre-Retirement Planning >45
- 16 PowerPoint Level 1
- 22-24 Project Management (cost course)
- 29-30 Excel Level 1 Part A&B
- 30 Effective Meetings

For more info, please call local 5226. Registrations to be done thru UTC's.

From Greenwood's Home Page, click on "14 Wing Sqn & Units - Admin/HR - LCC", then select course calendar on the right hand side.

Or view our schedules at M:\14 Wing Public Shared Folders\Units and Lodger Units\Learning and Career Centre\Course Info

Course Hours - 0830-1530 hrs (unless otherwise posted)

Call out for junior curlers

Are you looking for a fun activity to do with your friends this winter?

The 14 Wing Greenwood Curling Club has what you are looking for!

The curling season is about to start, and the junior program is open to anyone between the ages of 11 and 18 for \$50, or \$75 for two or more children (with a Community Recreation Card).

Curling starts with a meeting at the club mid-November, so parents may complete registration forms and learn

more about the program.

All juniors must wear proper indoor footwear (carry it with you as you arrive), so please come prepared. Dress warm and comfortably (jogging pants, gloves, etc) since we plan on spending most of the first day on the ice. Brooms and sliders will be provided. If you feel your youth may be more comfortable on the ice with either a bicycle or hockey helmet, then we strongly encourage the use of one.

The junior program will run from 4:30 p.m. to 5:30 p.m. Tuesdays. All that is required is an interest in the game and a willingness to learn more - and meet new friends. Curling is a fun and

inexpensive way to stay active during the winter. If you're interested in curling or learning more about the program, call Eric MacKenzie at 765-1494 ext. 5337 or come out to the meeting.

Sudoku

Solution page 14


3				4		1		
		9						
	6		2	3	5	8		7
		6		2		1		
	7		9	6	3	5		
8	2	3						
				7		3		
					2			5

Level: Intermediate


Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku brought to you compliments of:



Greenwood Mall



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Cellular Sales & Service
Authorized Product Care Centre
765-2415

PATRICK'S PUZZLE

Peanut Butter Lovers Word Find

Just in time for peanut butter fans, find the hidden words in the puzzle.

BUTTER	CREAMY	LUNCH
CELERY	ENJOY	NUTS
CHUNKY	JELLY	PEANUT
COOKIES	LEGUMES	SNACK

S T N H T T D S H O C M
T E A V U P Y E W W R B
R O M N H L P I A Z E Q
W O A U L R F K M T A A
C E P E G C J O H E M C
P H J D E E M O E M Y K
Y I U L E E L C H O A C
F H E N I Z Y O J N E A
G R C D K B U T T E R N
Y G J N W Y N U T S L S
D Y Z S U P X G X I O O
Y K F L G L X S C Z A Y

Food Pair Match Up

Match the food to its typical partner.

1. Peanut butter	A. Meatballs
2. Spaghetti	B. Fries
3. Cookies	C. Jelly
4. Burger	D. Milk

Answers: 1. C 2. A 3. D 4. B

Patrick's Puzzle brought to you compliments of:

BEST TOYOTA



840 Park St., Kentville
(902) 678-6000
Toll-free 1-888-466-2702
www.besttoyota.ns.ca

Metro Crossword

Spelling: US English Solution page 14

	1	2	3	4		5	6	7	8	
9				10		11				12
13				14		15				
16				17		18			19	
20			21			22			23	
	24					25		26	27	
		28		29	30			31		
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41						42			43	44
45						46			47	48
									49	
50			51	52				53		54
55										56
										57
										58

ACROSS

1. Wooden strip
5. Adolph S. _____, NY Times
9. Divine Egyptian beetle
11. Revolve
13. Indelible skin marks
15. President Lyndon
16. Ethiopia
17. Ice hockey equipment
19. Possessed
20. Ecclesiastical you
22. Satiated
23. Indium Tin Oxide
24. Stray
25. Belong to he
26. Without (French)
28. Satiny finished cotton fabric
31. Tennis player Bjorn
32. Impudence
33. Segregating operation
34. Scottish tax
35. Progenies
37. Face covering
38. Superior grade wine
39. Member of Congress (abbr.)
41. Man-child
42. Land frog

43. A university in Connecticut
45. Feline
46. Montana herb used on bruises
49. Shellac ingredient
50. Seed of anise
53. Day of rest and worship
55. State of being rejected
56. An island in the W Pacific
57. Mother of the Celtic fairies
58. Tells on

14. Pane frameworks
15. Aeroplanes
18. Paper-thin tin plate
21. Rubs out
26. Plural of sorus
27. Major blood vessel
29. Chore
30. The letter S
31. Short haircut
33. Citizens of Riyadh
34. Spanish saloon
35. Husk of wheat
36. Used as a driveway coating
37. Groaned
38. A standard stack of wood
40. Flat dishes
41. Large number (usually pl.)
42. Chinese silver weight
44. Repeating sound
47. Taxi
48. Tribal Indian language
51. Violate a law of God
52. Cologne
54. Woman's undergarment

Metro Crossword brought to you compliments of:



Purchase soup, classic sandwich and drink for only \$6

Effective Sept 30th Middleton Subway location will close Fri & Sat at 12 midnight

Middleton - 902-825-5525 • Greenwood - 902-765-2267

Classified Ads

Classified advertisements, 35 words or less, \$7.00 tax incl. Additional words are 10 cents each plus tax. Bolded text \$8.00 tax incl. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX, Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

To place a Classified Ad by Word Count call Candace May Timmins at 765-1494 local 5440. The Aurora Newspaper office is located on 83A School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

FOR SALE

FOR SALE - 3 Cushion chesterfield printed with solid blue swivel rocker. Both in good condition.

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250 Main St., Middleton
825-3059

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Ronald D. Richter
(B.A. Hon.), L.L.B.
Southgate Court,
Greenwood N.S.
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Fax: **902-765-4120**
"Serving the Western Valley Since 1977"

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Craig G. Sawler, LL.B.
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Fax: 902-825-4340
Email: info@colesawlerlaw.ca
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FOR RENT - COMING TO GREENWOOD ON IR?? New 1 bedroom bright apartment in a quiet country setting. Fully furnished and equipped fridge, stove, washer and dryer. Rent includes all services sat TV and wireless internet. No smoking, no pets. Call Joe 765-1898 or 5215 on base or Mike at

824-3738. (3240-ufnb)

FOR RENT - One small bedroom house located at 1474 Marshall Road, Kingston. Fridge & stove included. **\$425.00 a month. Please call Cindy at 765-4987. (3240-ufnb)**

FOR RENT - Bachelor Apt for rent in Kingston utilities included **\$535/month** suitable for one person. Call **825-3607. (3241-ufnb)**

FOR RENT - Worry free retirement living located centrally between Kingston and Greenwood on Sampson Drive. New built 2 bedroom duplex, with in floor heating, 5 appliances, attached garage, spacious lots with back patio and front deck. Paved driveway with snow removal and lawn

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FOR RENT - 3 Bedroom house located in Kingston. Available Nov 1st, 2011. 5 appliances included. Excellent location. Close to schools and shopping. \$895.00 per month. Phone **825-7224. (3240-3tp)**

FOR RENT - 2 rooms for rent in a furnished house with a horse ranch. Located just off Hwy #1, 10 minutes from base. Small bedroom \$350.00 a month and large room \$450.00 a month. Available Immediately. Phone **824-2329. (3241-2tp)**

FOR RENT - 4 Bedroom house located in Margareville. Available Nov 1st, 2011. 1 acre lot. Wood floors, barn and garage. \$650.00 per month utilities extra. Phone **825-7224. (3241-3tp)**

FOR RENT - Main Street in Kingston. 1 Bedroom apartment, own entrance. Spacious and very clean. Non Smoking. Year to Year lease. \$650.00 heat and lights included. Damage deposit required. Available Nov 1, 2011. Call **678-5665 and Leave Message. (3241-2tpb)**

FOR RENT - 2 Bedroom apartment on Hall road. 1 1/2 miles from Greenwood Mall. 5 appliances

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Veteran of the month

Comrade Murray Redmond



Image submitted

Comrade Murray Redmond joined the RCAF in 1952, sworn in at Halifax. He became an airframe technician upon graduation from Camp Borden and served at Moose Jaw, Winnipeg, Summerside, 4 Wing Baden and, finally, Greenwood, where he retired in 1985, having served 32 years. Comrade Redmond and wife Bridget are enjoying retirement in Nic-taux. Redmond has been a Legion member for 40 years. Kingston Legion Branch 098 is proud to present Comrade Redmond as November's veteran of the month.

+ basic cable and internet. **\$650.00 a month utilities included. Non Smoking. Call Matt Hazelwood (Nicana Home Services) at 1-888-735-2990. (3242-4tpb)**

FOR RENT - 4 Bedroom house with den and detached garage 20 by 24 located in Aylesford on Hall Road. Washer & Dryer included and ride on lawn mower. \$950.00 a month plus utilities. New roof and super chimney. Lease negotiable, damage deposit is required. Available Dec 11, 2011 phone **825-3453 or cell: 844-0314 and ask for Fred. (3242-2tpb)**

FOR RENT - Comfortable energy efficient two bedroom duplex apartment in adult only building. Private driveway, fridge, stove included and washer & dryer hook-ups. Quiet central location. Aylesford \$495.00 monthly. Phone **765-2042. (3242-1tp)**
FOR RENT - Room for rent. Looking for mature employed non-smoker to rent a large fully furnished room in Fales River Sub-division. (Greenwood Area). Close to all amenities. \$500.00 per month. Meals can be included with adjusted agreed upon rent. Phone **765-3092. (3242-1tpb)**

SERVICES

SERVICE - Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates - flexible hours. Call Mike at 242-2465 or 840-0529. Greenwood/Kingston (3024-ufn)

SERVICE - Two spots available at my in-home daycare. We read, sing, do crafts, dance, and play! Healthy snacks and lunch provided. Located in Kingston. I have great references and great rates. Please call Heather at **765-3825. (3241-8tpb)**

SERVICE - General Carpentry work available with experience and references. Flooring to siding, decks, house hold touch ups and much more. Flexible hours and free estimates. Servicing Middleton to Berwick area. Phone **847-0378** for your free estimate today! (3242-8tpb)

RESTAURANTS

RESTAURANTS - Tay Do Palace Restaurant is located at 583 Main, Street Kingston, Nova Scotia. "Specializing in Thai, Vietnamese & Chinese cuisine "Dining & Take out. Call **765-0025 or 765-0038. (3242-8tpb)**

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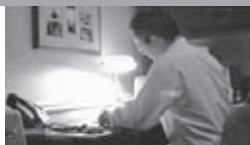
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Crossword Solution

S	L	A	T		O	C	H	S						
S	C	A	R	A	B		R	O	T	A	T	E		
T	A	T	T	O	O	S		J	O	H	N	S	O	N
E	T	H		S	K	A	T	E	S		H	A	D	
T	H	E	E		S	A	T	E		S	I	T	O	
E	R	R		H	I	S		S	A	N	S			
	S	A	T	E	E	N		S	B	O	R	G		
	S	A	S	S		S	O	R	T					
	C	E	S	S		B	A	B	I	E	S			
	M	A	S	K		C	R	U		R	E	P		
S	O	N		T	O	A	D		Y	A	L	E		
C	A	T		A	R	N	I	C	A	B	L	A	C	
A	N	I	S	E	E	D		S	A	B	B	A	T	H
D	E	N	I	A	L			S	B	O	R	N	E	O
D	A	N	U					R	A	T	S			

Sudoku Solution

3	5	7	8	9	4	2	1	6
2	8	9	7	1	6	4	5	3
4	6	1	2	3	5	8	9	7
9	4	6	5	2	7	1	3	8
1	7	8	9	6	3	5	2	4
5	3	2	1	4	8	6	7	9
8	2	3	6	5	9	7	4	1
6	9	5	4	7	1	3	8	2
7	1	4	3	8	2	9	6	5

Send free holiday mail to overseas troops

Friends and families of Canadian troops deployed overseas will be able to send holiday letters and parcels for free via Canada Post.

The program, which started in 2006, has delivered close to 90,000 parcels to members of the Canadian Forces serving overseas in war zones.

“Mail plays a crucial role in maintaining the morale of our personnel serving around the globe, particularly during the holiday season. This year, as we celebrate the 100th anniversary of the Canadian Forces Postal Service, we recognize the excellent relationship between Canada Post and the Department of National Defence in maintaining this essential

link with home,” says Brigadier General John Mackay.

With capacity limitations on military aircraft carrying supplies to deployed forces, this program is restricted to family and friends of the deployed service men and women serving overseas in war zones. That includes members of the Canadian Forces serving, for example, in Afghanistan, Kosovo, Sudan, Sinai, Jerusalem, etc. Troops serving on any of the deployed Her Majesty’s Canadian Ships are also included.

Canada Post will accept regular parcels free of charge to designated Canadian Forces Bases overseas from October 17 until January 13. Letter mail weighing up to 500 grams to deployed troops can be sent free of charge until December 31. Parcels and letters must be addressed to a specific soldier, and include rank and mission information. They must also be directed to the appropriate ship and/ or Canadian Forces Base. Once delivered to the designated base, the Canadian Forces

Postal Service will take charge of the items and ensure their delivery.

In order to ensure the proper customs declaration forms and addressing information are provided, parcels and letters should be deposited at any one of Canada Post’s 6,500 full-service retail outlets across the country. Items dropped in a street letter box are at risk of being returned to sender or considered undeliverable if they do not contain proper documentation or addressing information.



Sparks visit corn maze

This year’s 1st Greenwood Sparks consist of 12 girls. We meet on Wednesday evenings at the Kingston School. Throughout the month of October the girls sold 35 cases of mint cookies and received their being a spark badge. On October 19 we went on our first outing to Evan’s Family Farm Corn Maze. A big thank you to Tim Horton’s in Middleton for their donation of hot chocolate. On October 26 we had our Halloween party and the girls all came dressed up. A big thank you to Avery’s Farm Market for their donation of apples. Image C.Timmins



On the run

The Dwight Ross Elementary School’s cross country team wrapped up its season October 18. The group represented their school and the Greenwood community with wonderful sportsmanship at every meet they participated in. Congratulations to every member for their dedication. Image submitted



Story Tree trick-or-treaters

Miss Somer enjoyed reading stories and making Halloween crafts with this group of “trick-or-treaters” during 14 Wing Library’s Wednesday afternoon, “Under The Story Tree”. Image B.Graves



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