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the Aurora

Vol. 36 No. 47 DECEMBER 14, 2015 NO CHARGE www.auroranewspaper.com



Tracking ISIS | Long Range Patrol Detachment at 300-plus sorties

A member from the Long Rang Patrol Detachment (left) directs a CP140 Aurora aircraft on a runway during Operation Impact.

Op Impact, DND

Long Range Patrol Detachment - Air Task Force - Iraq

The low-pitched drone of a Canadian CP140M Aurora's engines greets members of Air Task Force-Iraq (ATF-I) as it taxis under the hot desert sun. The sound is a familiar one at the airbase in Kuwait, as the mission marked the 300th sortie for the aircraft in the fight to halt and degrade the Islamic State of Iraq and Syria (ISIS). The Aurora's role within

the coalition is to provide intelligence, surveillance and reconnaissance capability; the Aurora gathers accurate information that informs any decision to engage a target. This effort is supported by the members of the Long Range Patrol Detachment team, along with the Weapon System Management team and key enablers in Canada. "Canada's Long Range Patrol Detachment is proud to celebrate over 300 multi spectral, intelligence, surveillance

and reconnaissance missions in support of Operation Impact. Aurora maintainers, aircrew, sensor operators and communications suite personnel are providing vital assistance to coalition efforts to enable local security forces as they take the fight to ISIS," said the Long Range Patrol Detachment commander. Before CF18s can execute a strike on a target, a significant amount of analysis needs to be performed to ensure the target is a valid military objective and,

most importantly, it conforms to the Law of Armed Conflict. The Aurora's ability to gather video and still images over an extended period of time allows intelligence personnel to build a picture of the tactical level situation at a potential strike location. The footage and imagery attained is reviewed to determine the movement of ISIS fighters. One of the Aurora's tasks is to maintain awareness of ISIS positions and determine if there is any civilian activity in the area.

This information allows planners and coalition partners to assess the impact an airstrike may have on a given area. The Aurora is a key component in the targeting process and assists leaders in determining the risks associated with an operation and minimizing the risk to the local population. The Long Range Patrol Detachment flew its first mission October 30, 2014, following the announcement Canada would contribute air assets to the Middle East Stabilization

Force. A little over a year later, the ground crew technicians are maintaining high mission completion rates despite working in extreme heat and blowing sand. "It is definitely more challenging to work in a desert environment, but we are adapting to the conditions," said an Aurora maintenance technician from 19 Wing Comox. "We are proud to represent Canada and know we are providing a strong contribution to the coalition's mission."



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Civil Air Search and Rescue Association recognized for outstanding contributions

Canada's Civil Air Search and Rescue Association (CASARA) was awarded the Master's North American Trophy by the Honourable Company of Air Pilots (North America) in a November 2 ceremony at the Canada Aviation and Space Museum in Ottawa. The award recognizes outstanding, enduring and meritorious contribution to search and rescue in Canada.

"This award is for aviation excellence in an area specific to flying in North America," Jeremy Tracy, chairman of HCAP(NA), wrote about the award to CASARA. "This is a tremendous way to recognize the excellence of your volun-

teers from CASARA, who have become a mainstay of search and rescue."

CASARA, a volunteer organization, was formed in 1986 and established as a federally funded Department of National Defence, arms-length organization tasked directly by Joint Rescue Coordination Centres throughout Canada. It has operational zones and volunteers in every province and territory, covering about 15,000,000 square kilometres and operating 24 hours a day, seven days a week. About 1,900 volunteers with access to 350 aircraft donate almost 150,000 hours of personal time annually to training, fly-



Royal Canadian Air Force Lieutenant-Colonel Gilbert Thibault, former commanding officer of 413 (Transport and Rescue) Squadron at 14 Wing Greenwood (left); Brian Bishop, vice-president training and operations, Civil Air Search and Rescue Association; Mike Daniels, vice-president financial and administration, CASARA; RCAF Colonel Jonathan Bouchard, former commanding officer of 442 (Transport and Rescue) Squadron at 19 Wing Comox; and Royal Air Force Squadron Leader (retired) Chris Ford, master of the Honourable Company of Air Pilots; gather for a photograph after the presentation of the Master's North American Trophy and certificate to CASARA November 2.

R. Desjardins

ing on CASARA aircraft for SAR missions or functioning as spotters on Royal Canadian Air Force aircraft. CASARA volunteers also become involved

with ground searches for missing or lost persons, canoeists, hikers and snowmobilers.

The principal activities of HCAP involve sponsoring and

encouraging actions and activities designed to ensure aircraft are piloted and navigated safely by individuals who are highly competent, dependable,

self-reliant and respected. The company fosters sound education and training of air pilots, from initial to specialist training.



The Aurora Newspaper will not publish **December 28** or **January 4**.
The office will be closed **December 22** through **January 3**.

Le journal Aurora ne sera pas publié entre le **28** et le **4** janvier.
Le bureau sera fermé du **22 décembre** au **3** janvier.



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Annexe Morfee

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Useful links | Liens utiles

Canadian Air Force website
Site Web de l'Aviation royale canadienne
www.airforce.forces.gc.ca

Community Gateway Site
Site du portail communautaire des Forces canadiennes
www.cfcommunitygateway.com

14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
www.airforce.forces.gc.ca/14w-14e

Personnel Family Support Services
Services de soutien au personnel et aux familles des Forces canadiennes
www.cfmws.com

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Défense nationale et Forces canadiennes
www.forces.gc.ca

Combat Camera | Caméra de combat
www.combatcamera.forces.gc.ca

Recruiting | Recrutement
www.forces.ca

Military Family Resource Centre
Centre des ressources pour les familles des militaires
www.familyforce.ca

VPI | VPI
www.vpinternational.ca

Play, learn, lead

Recreation team shares child-first training with student leaders

Sara Keddy,
Managing editor

A partnership aimed at building young leaders, ready to work with even younger kids, has been established between a local school and 14 Wing Greenwood's Community Centre.

Grade 11 and 12 Physical Education Leadership course students from West Kings have now completed the second session of the High Five Principles of Healthy Child Development program, offered by community centre staff to coaches, volunteers and others who can use sound leadership skills when they work with young children. A spring class from West Kings also completed the program.

Teacher Dawn McLeod made the connection between her students and the community centre from past awareness as the Valley Regional School Board's active healthy living program consultant. High Five courses are recognized by a range of recreational organizations, and she knew her students' curriculum, which links active learning and living, could definitely tie in.

"The students have to complete 20 hours of service learning in the school course, so last year we assisted with Pine Ridge Middle School and came up with games and activities

for downtime on a student development day. That was a great day, and a great time."

Students have also used their early skills to assist with after school programs, the Terry Fox walk and Remembrance Day programs.

"The hardest part for me is being able to watch all their activities!" McLeod says. "Service learning is going out and seeing a need in the community, and filling it."

14 Wing Greenwood Community Recreation manager Jill Jackson and coordinator Kelly Aucoin have now facilitated both groups of West Kings students, and they're excited about the possibilities by which their programs can make use of the students, too. The centre's new after school program – free on Tuesdays and Thursdays come January – is going to depend on the West Kings

students' participation for much of its programming.

Jackson and Aucoin started off the November 19 High Five session asking the students why they like working with kids. The responses varied from "they're interesting," "funny," "cute" and "have a lot to learn" to recognizing the students themselves "learn from the kids."

"Some of you are a wealth of knowledge already from working with kids, either as volunteers or paid staff," Jackson said. "High Five is all about how to take a child-first approach in programs and working with relationships. It's about letting kids play and have fun and participate and learn – it's not always about the task you're trying to teach them."

"There's lots to learn from each other through the program, and it was definitely a positive experience for last year's class."



14 Wing Greenwood Community Recreation manager Jill Jackson gets West Kings students ready to play – and learn – with a child-first approach, as they start a day's worth of High Five leadership training. S. Keddy

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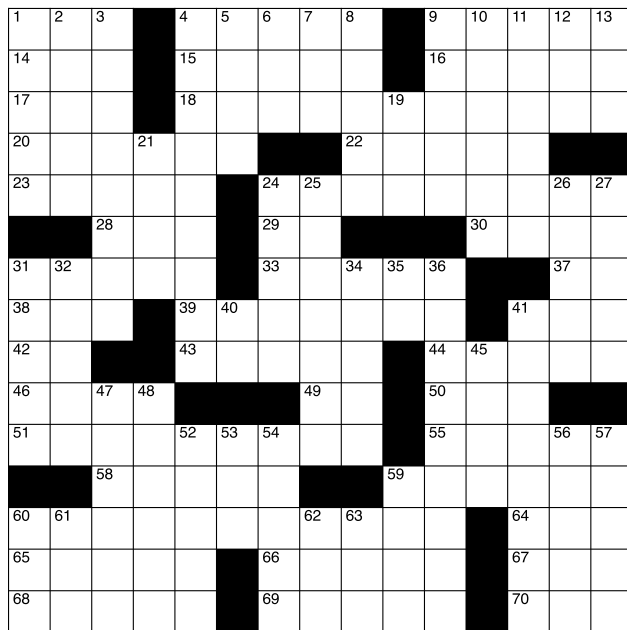


The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 83A School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 83A, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.aliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire.

metro crossword

solution page 16



- ACROSS**
- Characters in one inch of tape
 - In a hold
 - Jewish mystic
 - A way to souse
 - A small sharp knife
 - Frogs, toads, tree toads
 - Brew
 - Rowdy carouser
 - Poetries
 - ___ salts, remedy
 - Expect eagerly
 - Obstructing the view of something
 - Denotes three
 - Expression of uncertainty
 - Greek portico
 - Bureau
 - Electric battery
 - Vapor density
 - Radioactivity unit
 - Strive to equal or match
 - Cologne
 - Carrier's invention
 - Highest in degree or quality
 - Female horses
 - Serbian
 - Publicity
 - Actress Lupino
 - Supporting structures
 - Jobs
 - Indian founder of Sikhism
 - Capital of Zimbabwe
 - Woman of charm and good looks
 - Order
 - Draft animal in desert regions
 - Unaccented syllable verse
 - Fail to keep pace
 - Sheath or shirtwaist
 - Moss stalks
 - ___ Lilly, drug company
 - One of the Gershwins
 - Dekalitre
 - Imitate
 - Gentlemen
 - Dawn
 - A citizen of Chile
 - Bright stars
 - Codfish genus
 - Extremely unrefined
 - Diacritical mark
 - Correspondences
 - Indicates position
 - Small cup
 - 12th Greek letter
 - Capable of being eliminated
 - 12th Jewish month
 - Rechristen
 - In a way, imputes
 - Hydroxyls + 2C
 - Follows sigma
 - Vegetable shrubs
 - South African village
 - Monetary unit of D.R. Congo
 - First Chinese dynasty
 - Divides evenly into (Math)
 - Household god (Roman)
 - Pakistani rupee
 - American time

metro crossword brought to you compliments of

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Popovers
December 14, 10 a.m. to 11 a.m., the Kingston Library hosts a pre-schooler fun time with stories, crafts and songs. Children must be accompanied by parent or caregiver. Register: 902-765-3631.

Card party
December 14, 1 p.m., "Funds for Fuel" bridge party at the Annapolis Valley Macdonald Museum, 21

School Street, Middleton. Cost is \$4 per person. A light lunch is served. Call 902-825-6116 for information.

Cookies and stories
December 15, 3 p.m. to 4 p.m., the Bridgetown & Area Library hosts children from birth to age 10 (with a favourite adult) for a special story time filled with festive stories, songs and cookie decorating.



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In Memory

Earle Douglas Lindsay
Dec 16th, 2012

All to myself my friend, do you count all the memories softly, too? Summer and Autumn, Winter, Spring. The hopes we cherish and everything! They course my veins as a draft divine, and I keep them wholly, solely mine.

All to myself
Author, Wilbur D. Nesbit
Always loved for ever remembered "Peggy"

50th Anniversary

Happy Wedding Anniversary
Frank and Mary Spence
Love from your daughter Nancy Ann

a.m. (drop-in fee \$3).

Coffee & conversation

December 18, 10 a.m. to noon, the Berwick Library hosts the 12 Days of Cookies, with musical accompaniment by Ann-Marie Mathieu. Coffee, tea and conversation with your community neighbours and a monthly guest. With questions or suggestions, call 902-538-4030.

At the Evergreen

December 18, 8 p.m., enjoy a Meaghan Smith Christmas at the Evergreen Theatre, 1941 Stronach Mountain Road, Margaretsville. Tickets \$20, at www.evergreentheatre.ca or 902-825-6834.

Breastfeeding support group

December 18, 10 a.m. to noon, the Berwick Library hosts Carrie, a trained volunteer leader of the Berwick La Leche League group, with up-to-date breastfeeding information and encouragement. La Leche is a community of breastfeeding mothers who share their

experiences, joys and challenges of breastfeeding. With questions, contact Carrie: 902-341-2146. This support group is on-going. Drop in at anytime.

Meat draw

December 19, 3 p.m., the Royal Canadian Legion, Branch 98 Kingston, hosts its weekly meat draw.

Geocaching event

December 18, 3:30 p.m. to 5 p.m., the Kingston Library hosts geocaching for kids. Learn about geocaching, hide a geocache in your community and find others. Have some hands on fun with a GPS. For ages seven to 12. Pre-registration at 902-765-3631.

Church service

December 20, 7 p.m., you are welcome to attend a Blue Christmas service at St. Mary's Church, Auburn.

Musical afternoon

December 20, 2 p.m. to 4 p.m. the Kingston Lions Hall hosts a

"Musical Gift for the Upper Room Food Bank," presented by Chris Palmer and featuring Sonlight, Gina Potvin, The Country Kids and Bear River singer/ songwriter Brad Hewey. Silent auction, 50/50 ticket sales and canteen on site. Great entertainment for the entire family, with all proceeds to the Up-

per Room Food Bank in Kingston. **Support group** December 21, 7 p.m., the Canadian Cancer Society's Kingston/ Greenwood Living With Cancer Support Group will hold its December Christmas gathering in the St. Mark's Protestant Chapel Annex, Church Street, Greenwood. Guest

speaker from 14 Wing Greenwood is Chapel Life Coordinator Padre Kent Greer. Frank Dobbin will bring his keyboard, providing Christmas music for the group. Santa is coming, too. Cancer patients, family and friends and those seeking information on cancer are encouraged to attend. For information:

Lloyd Graham (902-765-6133). **Blue Christmas service** December 21, 7 p.m. Do you find Christmas bring tears instead of laughter? If so, you are not alone. Everyone is invited to join our Blue Christmas service at the Wilmot Baptist Church (corner of Dodge Road and Highway 1).

find & win

Entry deadline:
Noon, December 17, 2015

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2. Who has laser tag open til 9 p.m.? _____	
3. What's not happening Sunday, December 27? _____	
4. Phone number 902-825-3455 belongs to what business? _____	
5. What keeps on filling? _____	

Congratulations to last week's winner: RITA BOURASSA

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sudoku

solution page 16

			4			6		
7				6	9			8
	6						2	
	5			9		2		
			6				4	7
		2	8	1			6	9
	1			7	6	3		
9	2	7		3				1
8								

Level: Beginner

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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patrick's puzzle

solution page 16

horoscopes

December 13 - December 19

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U R A Y H D N I V Z K V Q K K P T N Q C
H H U A Z A E T I M A N N A U V E M C R
I M E G N A R A K S A L A U N N R S I Z
N M S I E R A M A D R E D L L K C S T S
D G R E B S N E K A R D P E U E A E C L
U L U K R W E N Z O R I R S N Y U N R A
K C V T P Z A Y A L A M I H Q E C I A R
U A A L W P I B S I L L A V A R A N T U
S S B N I T H Q M A R A L P S S N N P
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N A R G N Q P Y R E N E E S M B S P S P
O D I M I D O C E A N R I D G E P A N V
Z E S C A R P A T H I A N S L P M U A Y
I S A A D A V E N A R E I S K D Y Q R D
D O N Y P C S T A H G N R E T S E W T I
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APENNINES	DRAKENSBERG	QIN	URALS
APPALACHIANS	GREATER CAUCASUS	ROCKIES	VINDHYA
ARAVALLI	HIMALAYA	RWENZORI	WESTERN GHATS
			ZAGROS

ARIES - Mar 21/Apr 20

This can be a terrific week for you, Aries. Make the most of every moment and don't be surprised as you successfully juggle many different things at once.

TAURUS - Apr 21/May 21

Work may seem overwhelming at times in the week ahead, Taurus. Keep your head down and stay focused on the tasks at hand. Others will be impressed.

GEMINI - May 22/Jun 21

Gemini, make the most of an opportunity to move forward with your goals. You have plenty of energy, and your mind is focused. Hang around with like-minded individuals as well.

CANCER - Jun 22/Jul 22

Don't get too wrapped up in other people's business, Cancer. You don't want to intrude on others, and your loved ones are fully capable of solving their own problems.

LEO - Jul 23/Aug 23

Leo, you may feel like you're on top of the world this week. That's because you have the potential to conquer an elusive goal in the next few days.

VIRGO - Aug 24/Sept 22

Act now, Virgo, or you might get left behind. You can't sit around and wait for things to unfold. Sometimes you have to take charge, and this is one of those times.

LIBRA - Sept 23/Oct 23

There may be some conflict in your world this week, Libra, especially when it involves your emotions and potential disputes. Keep your mind open and try new things.

SCORPIO - Oct 24/Nov 22

Scorpio, concern yourself with substantive actions and not empty promises. This will make it easier for you to make decisions about pressing issues.

SAGITTARIUS - Nov 23/Dec 21

Try not to spread yourself too thin, Sagittarius. If you do, you will not be able to put your best foot forward. If you feel yourself getting stressed, step back.

CAPRICORN - Dec 22/Jan 20

Capricorn, now is a great time to take a step back and exhale. Avoid taking on any additional responsibilities. Instead, take some time to recharge.

AQUARIUS - Jan 21/Feb 18

Aquarius, let friends know how much they mean to you because you might not say it often enough. Others will appreciate your candour and generosity.

PISCES - Feb 19/Mar 20

Pisces, you tend to hold your feelings inside and that can be unhealthy. Share your feelings more often so negative energy will not build

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Wing partners pool resources for great play spaces, programs

Sara Keddy,
Managing editor

14 Wing Greenwood is

making a big investment in spaces for fitness, play, programs and people this year. Outside and inside, what

you see being done – and what you can't – results from partnerships between public and Wing Fund resources.

Fitness and Sports Centre manager Fred Williams is glad to see one long-awaited project finally breaking ground: an outdoor gravelled fitness trail in and around several base recreational spaces and taking in the Residential Housing Units' existing trails. Outdoor equipment purchased a number of years ago that has been in storage will be placed at regular intervals along the trail, with signage marking exercises, distances and routes. There will be two designated trails, both looping off the Apple



Crews work their way along, digging, leveling and gravelling new loops and pathways linking a network of trails around 14 Wing Greenwood's Residential Housing Units' neighbourhood and the Apple Bowl sports field.
S. Keddy



The Ivy Street ballfield will have new life come spring, following a three-way partnership to turn it into a quality – and needed – new soccer pitch. Levelling, irrigation and seeding the field has been a year-long effort by 14 Wing Greenwood, the Personnel Support Program and the Greenwood Soccer Club.
S. Keddy

Bowl soccer field on Church Street: a 1.2 kilometre distance and a 2.2 kilometre distance.

"We have talked about this for years, but we needed all the partners to buy in – and now they have," Williams says. "As a result, we can initiate the project."

A combination of labour, funding and oversight responsibilities between all partners is now behind the trail's installation.

"We want to use the outdoor trail for instructing military fitness classes outdoors when we can, but it can also be used by families while their kids are playing soccer, or when they go for a walk from the RHUs."

Irrigation systems were added to the Apple Bowl soccer field, the baseball field and the newest soccer field on Ivy Street, which replaces an underused ball field and will be ready for play in spring 2016. The Ivy Street project is a three-way funding partnership between the public, Wing Fund and the Greenwood Minor Soccer Association.

The wing's Construction Engineering branch is also working on signage for regularly-used fitness routes around the base, including distance markers to the Greenwood Golf Club and Checkpoint Charlie.

In the Fitness & Sports Centre itself, a \$250,000 air

handling system will improve cooling and ventilation by March 2016.

At the Greenwood Gardens arena, work started in the summer and now nearing completion has included replacement of all its boards and glass, sprucing up the dressing rooms, removing asbestos and extensive roof repairs.

The Community Recreation Centre's gym is sporting brand new basketball hoops and a new floor, along with functional and cosmetic renovations that have occurred in that building since the spring. The Morfee Centre gym also has a new floor, serving a multitude of community recreation and Military Family Resource Centre programs.

Future projects could include rejuvenating the gravel running track around the edges of the Apple Bowl soccer field and a shade structure. Also being considered are hot water showers, heated water in the wading pool and a shade structure at the outdoor swimming complex; and adult fitness equipment in the Church Street children's playground.

All of these efforts represent the greatest injection towards health and wellness in Greenwood since the construction of the Fitness and Sports Centre in 2000, and reinforces 14 Wing's commitment to providing personnel and families an exceptional quality of life.



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Lions cap year with continued service, thanks

**Lion Pat Nixon,
Kingston Lions Club**

When you are this busy, where do you start?

The Kingston Lions Club continues to grow, with the welcoming of a new member to the club. Fred King was inducted November 16 and becomes the new "Baby Lion."

Sadly, Lion Rick Page will be moving out of the area and, in true Lions' fashion, he was "secured" by our sergeant-at-arms and deputies so he could not flee, and was roasted in style before the membership at his last meeting with the club. Thanks for your service to the club and community, Rick, you will be missed.

Lions held their annual yard sale October 31 and, once again, it was very popular - people were lining up to get into the hall about half-an-hour before the doors opened! Many good deals were had, with the end result being over \$4,500 raised. Lions will now put back into the community.

Throughout the past month, the Kingston Lions also held a tag day in support of the Diabetes Foundation, raising \$800; donated \$250



Lions were busy serving dinner to veterans and guests at the Kingston Legion November 11. Submitted

to the Arthritis Foundation of Nova Scotia and made a donation the Legion Poppy fund.

Lions also hosted a fundraising event for the Middleton Regional High School girls' hockey team, with over 200 meals served. With a matching donation from the Greenwood Scotia Bank, a total of \$10,000 was raised for the team!

Every year, the Kingston Lions are honoured to prepare and serve a Remembrance Day dinner to veterans and serving members of our Canadian Armed Forces and RCMP, in support of Kingston Legion Branch 098. Close to 200 meals were prepared by the Lions and community volunteers.

A strong supporter of youth initiatives, the Kingston Lions

also provided a lunch, supper and breakfast to students attending a NSSSA conference at West Kings High School November 28 and 29. The Lions who served were thoroughly impressed with these young and future leaders.

The Kingston Lions, along with three other Valley Lions clubs, recently completed the organization and running of the 2015 Christmas Mommies and Daddies Telethon at the Aylesford fire hall. This year, just over \$22,000 was raised through pledges and the TV auction of donated items and services from local businesses. All funds raised help ensure families in our community will receive a Christmas hamper of food, and a gift or two for children. Please honour your pledges at the Royal Bank

in Coldbrook and Berwick, CIBC in Kingston and Greenwood, Bank of Nova Scotia in Middleton and Greenwood, the Credit Union in Greenwood and Cambridge and Chisholm's Pharmachoice in Aylesford.

The club is entering a busy time of year for hosting seasonal parties, including a full supper off-site for the Knights of Columbus Dinner (yes, we do travel!).

December 20, Lions will partner with local musician Chris Palmer to hold Palmer's annual Musical Gift for the Upper Room Food Bank, with Sonlight, Gina Potvin, The Country Kids and Brad Hewey. The music starts at 2 p.m. in the Kingston Lions' hall, with admission being a freewill offering at the door. A silent auction and 50/ 50 ticket sales will be held, and canteen services will be available. Come early to get a good seat and support the Upper Room Food Bank.

Finally, the annual Christmas Eve breakfast at the Lions' hall will be December 24 from 6 a.m. to 10 a.m. A full breakfast will be served for a freewill offering at the door, Lions' way of thanking the local community for its

support over the past year. Santa will arrive and seasonal music will be playing on site. Provincial, municipal and local dignitaries will be making appearances and helping out.

Kingston Lions would like to extend a heartfelt thanks to the community for its support this past year, and members wish everyone a very Merry Christmas and holiday season. Have a happy new year, but be safe and don't drink and drive.



Lion Tami having fun answering the phones at the Christmas Mommies & Daddies Telethon. Submitted

the Aurora

Dear Santa...

The Aurora Newspaper is pleased to inform readers of all ages Santa Claus will be accepting **Christmas letters** at our office, 83A School Road, Morfee Annex, Greenwood; or, email auroraproduction@ns.aliantzinc.ca until 4 p.m. December 16.

Writers should hand deliver their 50-word maximum length letter to our front desk, including their full name, age and home community; along with a photo of themselves if they like. A parent's name and phone number must be included for those writers under age 18.

We will publish all letters in the December 21 edition - the last one Santa will read before his big Valley visit December 25.



Santa's guard

Members of 143 Construction Engineering Flight took on the role of Santa's escort during the 2015 Christmas on the LaHave parade in Bridgewater November 28.

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron





Five essential winter travel tips for seniors

(NC) This season, if you're among the hundreds of thousands of travellers flying to reunite with family and friends or simply to escape the cold, the Canadian Air Transport Security Authority (CATSA) offers five tips that will help you get through security faster.

Gifts - If you're bringing gifts, leave them unwrapped as their contents may need to be inspected. Some airports offer post-security gift wrapping services.

Liquids, gels and aerosols - If you're travelling

with non-solid food, beverages or personal products in your carry-on baggage, containers must be 100ml or smaller and they must be placed in a one-litre clear, re-sealable plastic bag. Larger containers should be placed in your checked baggage.

Medication - Prescription and essential non-prescription medications (e.g. cough syrup, decongestant spray, contact lens solution) are exempt from the liquid, aerosol and gel restrictions. You should be ready to present

these items to the screening officer for inspection.

Clothing - Wear easy-to-remove outerwear that can easily be placed in the bins provided at the checkpoint. Avoid belts with a large buckle, clothing with metal snaps or clips or large pieces of jewellery that could set off the metal detector.

Assistance - If you need help at the checkpoint, look for the Family/Special Needs lane. This lane has screening equipment that can accommodate larger items like mobility aids. The screening



officers will offer additional assistance.

More information can be found online at catsa.gc.ca or toll-free at 1-888-294-2202. Bon voyage!

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Ready for Christmas

Families marked Christmas at 14 Wing Greenwood December 6 with a holiday afternoon of activities, including wagon rides and a BBQ, crafts and games, cookies, music and – of course – a visit with Santa. He spent personal time with 436 children! The base Christmas tree was officially lighted, covered in coloured lights and yellow ribbons to remember those who aren't at home for the holidays, as dusk fell. The mega-merry event was co-hosted by the Annapolis Mess, Greenwood Military Family Resource Centre and 14 Wing Greenwood Community Recreation.



Thomas Cormier of Razzmatazz gives Liam Bursey a hand with some music making.



Brady Singer shows off his snowman-making skills.



Brody Adenstedt fills Santa in on his year's activities.



Matthew Pettigrew and his dad, Nathan, went heavy on the icing and sprinkles!



Jo (the Elf) Laforce sneaks a hug from Madden Bladdin, left, and Ollie Hocquard.



Aidan Northcott and his dad, Adam, hold up the bar with their BBQ treats.

Madison, left, and Sarina Morck warm up before a wagon ride.



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Tips for accident-free winter driving

(NC) Winter driving in Canada means braving conditions that are sometimes less than ideal. Be prepared for snowy road conditions and freezing temperatures with these tips from the experts at UPS Canada for accident-free driving:

- Winterize your vehicle. Check your fluids and make sure your vehicle has winter tires.
- Minimize distractions. Leave your phone out of reach and map your route in advance.
- Stay on main roads. Snow is often cleared off main routes first.
- Leave plenty of space. It's ideal to leave at least two car lengths between you and the

vehicle ahead.

- Adjust your speed for road conditions. Icy or snowy roads call for slower speeds.
- Check the weather. Keep cool and plan your trip around changing weather patterns and difficult conditions.
- Stay alert. Pack water and snacks to keep you energized for your trip, and if you're feeling too tired, stay at home.

Nobody knows how to stay safe on winter roads better than UPS Canada's Circle of Honour drivers - a prestigious award for more than 7,878 drivers globally (123 in Canada) who have maintained

an at-fault accident-free driving record for over 25 years.

"Being a UPS driver isn't just about delivering packages," says Dominic Porporino, vice president of Operations at UPS Canada. "It's about getting from point A to point B efficiently, in a way that doesn't compromise safety on the roads. Our drivers understand the importance of road safety and they take it very seriously."



Incredible iPhone 6s



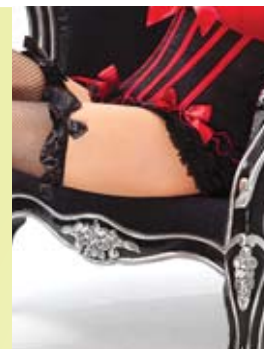
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Cette année, offrez des cadeaux maison sains et naturels

(EN) Les Fêtes devraient être une période de plaisir et d'amusement, mais la difficulté de trouver le cadeau parfait peut devenir une véritable source de stress. Vous voulez offrir un cadeau personnalisé, et qui prouve votre affection à la personne qui le recevra, mais votre budget est limité. L'Association canadienne des aliments de santé (CHFA) encourage les Canadiens à faire preuve d'imagination en offrant des cadeaux maison qui seront à la fois sains et naturels.



Il est évidemment très agréable de se faire dorloter dans un spa, mais à quel prix! Pourquoi ne pas gâter la personne qui vous est chère avec un produit de la nature tel que le miel brut? En effet, le miel brut non pasteurisé possède des propriétés antibactériennes qui peuvent nettoyer la peau en profondeur. On peut en faire un masque au miel brut qui servira à débarrasser la peau de toute saleté. On peut y ajouter un exfoliant au sucre brut et au thé vert antioxydant qui retirera les peaux mortes pour révéler une peau naturellement bien nourrie. Voir ci-dessous des recettes de masques maison.

Les savons «spéciaux» font peut-être de jolis cadeaux, mais ceux achetés au magasin renferment souvent des

ingrédients qui peuvent irriter la peau ou sont trop parfumés. De plus, leurs composants chimiques peuvent causer plus de dommages que vous ne le croyez. Vous pouvez façonner vos propres savons artisanaux à l'aide d'ingrédients entièrement naturels et sans danger pour tous les types de peau. Vos invités seront impressionnés quand vous leur apprendrez que ce sont VOS créations! Reportez-vous à la recette de savon entièrement naturel ci-dessous.

Faites en sorte que votre magasinage de cadeaux ne soit pas votre principale activité des Fêtes. Il est plus important de profiter du temps passé avec vos proches. Ces recettes vous permettront de faire des cadeaux personnalisés aux êtres qui vous sont

chers.

Pour consulter d'autres recettes maison et des conseils santé pour le temps des Fêtes, visitez notre site web à chfa.ca.

Masque au miel brut

- Combiner 10 à 15 ml (2 à 3 c. à thé) de miel non pasteurisé et 2,5 ml (1/2 c. à thé) d'eau tiède
- Mélanger et appliquer sur le visage en frottant doucement
- Laisser reposer pendant 5 à 10 minutes
- Rincer à l'eau tiède

- Assécher la peau en par de légers tapotements

Exfoliant au sucre brut et au thé vert

- Faire une infusion de 50 ml (1/4 tasse) de thé vert très fort
- Laisser infuser pendant une demi-heure
- Retirer le sachet de thé ou l'infuseur et vider les feuilles de thé infusé dans un petit bol
- Ajouter 15 ml (1 c. à soupe) de sucre brut granulé
- Frotter la peau en douceur et laisser reposer pendant 5 à 10 minutes
- Rincer à l'eau tiède

Savon entièrement naturel

- 500 ml (2 tasses) de savon de Castille
- 250 ml (1 tasse) d'huile de coco biologique fondue
- 250 ml (1 tasse) d'huile de pépins de raisin biologique OU d'huile d'amande douce
- FACULTATIF : pour un savon exfoliant, ajouter 50 ml (1/4 tasse) de sucre granulé
- 40 gouttes de votre huile

essentielle préférée

- Porter de l'eau à ébullition dans une grande casserole. Créer un « bain-marie » en plaçant un bol de verre ou de métal au-dessus de la casserole (sans l'immerger). Fermer le feu aussitôt après avoir placé le bol au-dessus de l'eau bouillante (l'eau restera suffisamment chaude pendant les étapes suivantes).
- Faire fondre doucement l'huile de coco et ajouter l'huile de pépins de raisin

ou d'amande douce. À ce stade, le liquide est translucide, d'une couleur légèrement dorée.

- Ajouter ensuite le savon de castille et bien mélanger avec une grosse cuillère. Au contact du savon, le mélange d'huile deviendra opaque, d'une couleur blanc crème.
- Mettre ensuite l'huile essentielle, 10 gouttes à la fois, jusqu'à l'obtention du parfum souhaité. Bien mélanger.

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Make the call

Manning the desk during a portion of November 29's Christmas Mommies and Daddies Telethon were Eastlink TV's Joan McElman and 14 Wing Greenwood Wing Commander Colonel Pat Thauberger. The pair encouraged pledges and participation during their broadcast time, helping partnering Lions clubs raise about \$22,000 in support of the annual Friendly Neighbours Christmas hamper program. Pledges may be honoured and further donations made at a number of Valley banking agencies between now and the holidays.

B. Graves



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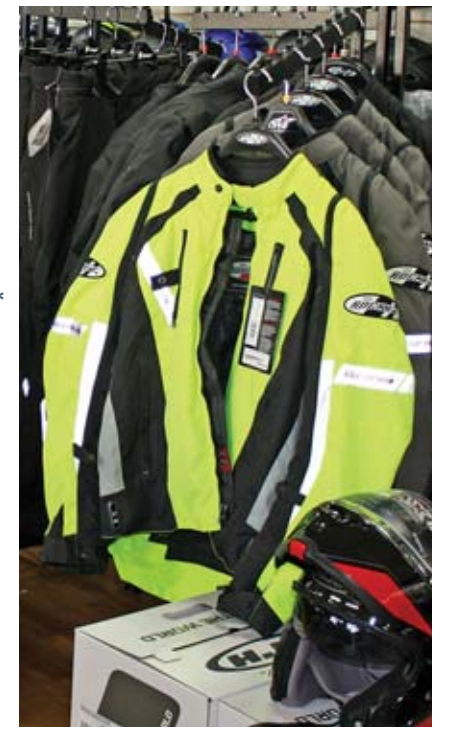
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Étapes essentielles pour ajuster efficacement un casque de hockey

(EN) Lorsqu'ils sont portés adéquatement, les casques de hockey peuvent contribuer à réduire le risque de blessure grave à la tête et au cerveau. Avant que vos enfants sautent sur la glace, assurez-vous que leur casque de hockey est bien ajusté et qu'il répond aux normes de sécurité en suivant les conseils ci-dessous.

Conseils pratiques

- Vérifiez l'équipement chaque saison. Les casques de hockey doivent être bien ajustés de façon à ne pas bouger et ils doivent être confortables.
- Assurez-vous que le casque est placé bas sur le front (seulement un ou

deux doigts plus haut que les sourcils).

- Ajustez la boucle de la mentonnière de manière à ce qu'il y ait un léger contact entre la courroie et le centre du menton.
- Resserrez la courroie. Vous ne devriez pas être capable de glisser plus de deux doigts entre la courroie et le menton.

Il existe des règlements régissant la vente des protecteurs faciaux et des casques de hockey au Canada. Lorsque vous achetez un casque de hockey ou une visière, assurez-vous que chaque item porte la marque CSA. Cette marque est exigée par la loi pour montrer

qu'un produit répond aux exigences.

La date de fabrication doit être indiquée sur les casques de hockey. Comme les pièces et les matériaux peuvent se détériorer au fil du temps, il ne faut pas acheter ni vendre de casques vieux de plus de cinq ans.

Pour signaler un incident, communiquez avec le fabricant ou le détaillant. On vous invite aussi à communiquer avec Santé Canada.

Pour obtenir d'autres conseils pour protéger vos enfants des risques de blessure à la tête associés à la pratique de sports d'hiver, consultez le site Canada.ca.



Chris Palmer leads a full afternoon of musical talent December 20 in Kingston, as the 5th Musical Gift for the Upper Room Food Bank takes the stage.

Submitted

'Musical gift' benefits food bank

Well-known local musical entertainer Chris Palmer hosts his 5th Musical Gift for the Upper Room Food Bank, with the assistance of the Kingston Lions Club, Sunday, December 20, starting at 2 p.m.; at the Kingston Lions Hall.

Palmer's "Musical Gift" is intended to ensure the food bank has enough funds to

help those who need food assistance during the winter months. He has invited special guests MGMA award nominees Sonlight, Gina Potvin, the Country Kids and Bear River singer/ songwriter Brad Hewey to perform during this event. Cost of admission is a freewill donation at the door, with all proceeds going to the Upper Room

Food Bank. A silent auction will be held in conjunction with the event, and canteen services will be available. The Kingston Lions Hall is wheelchair accessible.

Come on out to the Kingston Lions Hall for a great afternoon of family entertainment provided by extremely talented and community-oriented local entertainers.

Wreath worry for Greenwood couple

A search last week for Santa ornaments at the Hugh and Vi MacLellan home in Greenwood turned up some bad news.

It appears an entire box of the couple's Christmas ornaments was mistakenly donated to the Kingston Lions' October yard sale – including a handmade rope wreath, made and decorated a few years ago by their son.

"It was a one-of-a-kind wreath, just one of those special things," Hugh says. "We'd been downsizing, and we sent three vans full of boxes to the Lions for their sale. We would

appreciate very much just to get this one item back – we'd even pay what the buyer did at the sale."

The wreath is made from twisted brown hemp rope, close to two feet in diam-

eter and is decorated with birds and ornaments. If this describes something you purchased at the Lions' yard sale, the MacLellans would be very happy to hear from you: 902-242-2398.



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than ever January 11





Five fun activities to do with your kids

(NC) Parents know spending quality time with the kids is the best part of the day. And organizing a family activity doesn't have to cost much. Instead of signing up for pricey arts and crafts classes, you can get creative at home with your printer and create printable crafts the whole family can enjoy.

Here are some great projects to try:

Colouring book pages: There are hundreds of free printable templates that will keep your kids occupied for hours on end. From Olaf, to Mickey Mouse, your kids

can select their favourite characters to create their own personal colouring book.

Puzzles: Keep young minds active with the world's most popular crossword puzzles for every day of the week. There are also plenty of activity sheets to fill cold winter days.

Menu planner: Get your children involved with meal planning to help them feel comfortable in the kitchen and let them grow accustomed to making healthy choices. Receive a week's

worth of nutritious and delicious meal ideas that you can make with your kids.

Personalized invitations: Having a birthday party for your child and all their friends? Make invitations with custom templates, graphics, fonts and borders that fit the theme for the party.

Family photos: Showcase your latest family photo by adding original word art, drawings and borders and print with professional quality photo paper to hang around your home.



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Fueling your New Year's goals

(NC) The new year is a time to reflect on the year behind us and plan for exciting months ahead. For many of us, it's a chance to re-evaluate our food choices and set new healthy goals. To help you kick start your resolutions and refuel after a season of indulgence, try adding superfoods to your everyday recipes.

"Creating a salad bursting with superfoods is one of the easiest ways to recharge after a hectic and sweets-filled season," says Chef Cory Vitiello, a restaurateur and star in Food Network Canada's Chef in Your Ear. "Combine your superfoods with a homemade dressing that uses nutrient-rich Florida grapefruit to boost your salad's taste. Florida grapefruit is the juiciest at this time of year, so I try to add its bold flavour to every



dish I can."

This salad recipe, created by Chef Vitiello, is the perfect way to add superfoods and refreshing taste to your lunch or dinner, while keeping your New Year aspirations on track.

Florida Grapefruit Superfood Salad

Serves 4

Prep time: 35 minutes

Ingredients:

- 1 butternut squash

- 1 cup organic red quinoa
- 2 Florida grapefruit
- 1/2 small Napa cabbage
- 2 cups baby romaine leaves
- 1 cucumber
- 1/2 cup goji berries
- 1/2 cup hemp hearts
- 1/4 avocado

Dressing: 1 small carrot, 2 green onions, 2 tablespoons white miso, 100 mL fresh Florida grapefruit juice, 1 inch piece of peeled ginger, 1

tablespoon lemon juice, 1 teaspoon salt, 75 mL olive oil, 75 mL canola oil

Directions

1. Peel and cut the butternut squash into one-inch pieces. Blanch in boiling water for about four minutes or until just tender. Drain, pat dry and set it aside until ready to use.
2. In a small pot, bring two cups of lightly salted water to boil. Add the quinoa and turn heat down to medium. Cook the quinoa for 20 minutes or until the quinoa triples in size and becomes tender. Drain and set aside to cool.
3. Combine all of the dressing ingredients in a blender and puree on the highest speed for several minutes until very smooth. This can be done a day in advance and held in the refrigerator.

4. Using a sharp paring knife, cut the ends off of the Florida grapefruit so it sits flat on the cutting board. Carefully run the paring knife under the peel and trim away all of the pith, leaving just the grapefruit flesh. Slice the grapefruit into eight even segments.
5. Cut the Napa cabbage into quarters and remove the core. Cut the cabbage crosswise into thin shavings. Hold this in a large salad bowl suitable for serving.

6. Cut the baby romaine leaves into bite sized pieces and add them to the salad bowl.

Slice the cucumber lengthwise and remove the seeds. Cut the cucumber on an angle into very thin slices and transfer to the salad bowl.

7. Combine the squash, Florida grapefruit slices, hemp hearts, goji berries, avocado and quinoa into the salad bowl and toss liberally with dressing.

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Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 5440, visit the office, 83A School Road, Morfee Annex, Greenwood; email auroranews@ns.aliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 8 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 9 \$, taxes incluses.

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Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

crossword solution

B	P	I	A	H	O	L	D	H	A	S	I	D
R	E	T	P	A	R	E	R	A	N	U	R	A
A	L	E	P	A	R	T	Y	A	N	I	M	A
V	E	R	S	E	S	E	P	S	O	M		
A	W	A	I	T	S	C	R	E	E	N	I	N
T	R	I	U	H	X	S	T	O	A			
C	H	E	S	T	N	I	C	A	D	V		
R	A	D	E	M	U	L	A	T	E	E	A	U
A	C	S	S	U	P	E	R	M	A	R	E	S
S	E	R	B	A	D	I	D	A				
S	K	E	L	E	T	O	N	S	T	A	S	K
N	A	N	A	K	H	A	R	A	R	E		
G	L	A	M	O	U	R	P	U	S	B	A	N
C	A	M	E	L	A	R	S	I	S	L	A	G
D	R	E	S	S	S	E	T	A	E	E	L	I

sudoku solution

2	8	9	4	5	1	6	7	3
7	4	3	2	6	9	1	5	8
1	6	5	3	8	7	9	2	4
6	5	8	7	9	4	2	3	1
3	9	1	6	2	5	8	4	7
4	7	2	8	1	3	5	6	9
5	1	4	9	7	6	3	8	2
9	2	7	5	3	8	4	1	6
8	3	6	1	4	2	7	9	5

patrick's puzzle

C	P	U	T	A	N	D	E	S	A	L	O	T	M	K	G	G	B	B	S
L	R	O	C	K	I	E	S	Z	A	G	R	O	S	Q	P	R	L	A	K
A	R	S	A	L	T	A	A	P	P	A	L	A	C	H	I	A	N	S	
R	A	Y	H	D	N	I	V	Z	K	V	Q	K	K	P	T	N	Q		
H	U	A	Z	A	E	T	I	M	A	N	N	A	K	U	V	E	M	C	
I	M	E	G	N	A	R	A	K	S	A	L	A	U	N	N	R	S	I	
N	M	S	I	E	R	A	M	A	D	R	E	L	L	K	E	A	S	E	
D	U	L	U	K	R	W	E	N	Z	O	R	I	R	S	U	N	Y	U	
K	A	V	T	P	Z	A	Y	A	L	A	M	I	H	U	E	C	I	A	
U	S	A	L	W	P	I	B	S	I	L	L	A	V	A	R	A	I	N	
S	H	C	A	I	S	U	R	U	A	T	S	B	H	A	S	S	U	P	
N	A	R	G	N	I	P	Y	R	E	N	E	E	S	M	B	S	A	P	
O	D	I	M	T	O	C	E	A	N	R	T	D	G	E	P	A	A	N	
Z	E	S	C	A	R	P	A	T	H	I	A	N	S	L	P	M	U	A	
I	S	A	A	D	A	V	E	N	A	R	E	T	S	K	D	Y	O	R	
D	O	N	Y	P	C	T	A	H	G	N	R	E	T	S	E	W	T	I	
L	A	R	N	M	K	A	R	A	K	O	R	A	M	L	K	R	A	Q	

obituaries

The Aurora Newspaper offers obituary notices to the community. Families may record their loved one's life as they wish, and work with our staff to design borders, add photos and proofread the final notice.

Obituaries are priced at 63 cents per line (black and white) or 73 cents per line (colour).

Obituaries for serving Canadian Armed Forces Regular, Reserve members and Canadian Armed Forces veterans are complimentary (2 columns x 56 lines/ 3.25 in x 4 in), black and white only. Regular line rates apply on space over this size.

Payment is required before publication (cash, cheque, debit or VISA, MasterCard, AMEX).

Contact 902-765-1494 local 5833, auroramarketing@ns.aliantzinc.ca for details.



APARTMENT FOR RENT

FOR RENT – One-bedroom apartment, Wilmot, \$350 per month plus utilities. Call 902-825-4996. (3646-3tp)

FOR RENT – Spacious two-bedroom apartment located at 993 Aurora Crescent, Greenwood, \$650/month, tenant pays utilities, quiet building, coin operated laundry on site, non smoking building, no pet policy and site superintendent. Available December 2015. Please call 902-765-6312 or 902-824-1112 or visit our website at www.parsonsinvestments.ca. (3643-ufn)

FOR RENT – Middleton: Estate Lane Brooklyn Lane, two-bedroom unit, with garage, three appliances, kitchen, living room, bathroom has sitdown shower and jet tub. Laundry hook ups, 1000 sq. ft. living space. Electric heat extra. Lawn care & snow removal included. Minutes from Middleton on bus route and walk to Averys. Pet friendly & smoke free. Available now for viewing. Darlene 902-840-1780/902-825-3424/902-825-2606. (3646-2tp)

FOR RENT – Large two-bedroom Bridgetown, \$575 per month. oil heated. Tenant pays for oil (negotiable) and power bill (very low), appliances and shared laundry room onsite. Cats allowed, available January 1, 2016. Call 902-365-2694. (3647-1tpb)

FOR RENT – Very clean modern one, two & three-bedroom apartments. Middleton to Cambridge. Well managed properties. Seniors units available. References required. Call Ross at 902-840-0534. (3539-ufn)

FOR RENT – Two-bedroom apartment located at 492 Main St, Middleton, well maintained, quiet building, laundry facilities on site. No pet policy, rental application required. Please call 902-765-6312 or 902-824-1112 or visit our website at www.parsonsinvestments.ca. (3629-ufn)

FOR RENT – Three-bedroom, 1221 Bridge St. Greenwood, \$700/month, heat and cold water included. No pet policy, rental application required. Please call 902-765-6312 or 902-824-1112 or visit our



website at www.parsonsinvestments.ca. (3629-ufn)

FOR RENT – Middleton: Two-bedroom apartment, School Street, upstairs apartment. No pets. Fridge & stove, washer, dish washer & dryer hook-up. Available immediately. \$650.00 plus heat & lights. Call Darlene at 902-840-1780 for viewing. (3646-2tp)

DUPLEX FOR RENT

FOR RENT – Two-bedroom Duplex, 636 Aldred Drive, Greenwood. Adult building, non-smoking, no pets. Fridge and stove, washer & dryer hook-up. Heat pump. Available immediately. \$750 utilities included. 902-765-4132 leave a message. (3625-ufn)

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FOR RENT – Worry free living at its best. Chipman Ave., Bridgetown. Large two-bedroom apartment includes 6 appliances. Lawn care and snow removal included. Avail-

able December 1, 2015. Rent \$975.00. Please call Joan Marshall at 902-847-1365 for further information. (3644-ufn)

INDOOR YARD SALE

YARD SALE – December 20, 10 a.m. to 2 p.m. indoor yard sale/craft sale. 1424 George Street, Kingston (3647-1tp)

OFFICE SPACE

FOR RENT – Great office/commercial space, available November 1, 2015, located at 408 Markland Road, Kingston. Easy access and visible from hwy 1, this 1152 sq.ft. space offers a great business location with ample parking, brightly appointed office/retail space with kitchen and washroom. For further information and to schedule a viewing of this space please contact Greg at 1-902-825-4305 or 902-824-1450. (3631-ufn)

IN THE COMMUNITY

CHURCH SERVICE – “The Peoples 25:40 Church” There will be a church service held every Sunday at the New Beginnings Center 1151 Bridge Street Greenwood provided by Pastor Leon Langille. Pre service music at 2:50 p.m. Service 3:00 p.m. Doors will open at 2:30 p.m. All are welcome. (3533-ufn)

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 Sun 12 to 4



Vidito charity hockey game December 18

The 2nd annual Nick Vidito Classic hockey game is December 18, 8 p.m., at the Middleton and District Arena. Skilled players will make for an exciting and fast game of

hockey, raising funds to help "Bring Nick Home." In recent weeks, Nick has been in hospital. Since age four, he has lived with Muscular Dystrophy and, despite the immense

daily struggles that come with this disease, it never holds him back. He needs a \$30,000 ventilating machine to help him breathe, and will be unable to leave the hospital without it.

Your freewill offering at the game will help this community effort. Whether or not you can make the game, feel free to donate at www.gofundme.com/bringnickhome.

Macdonald Museum thanks community for 2015 support

The management and staff of the Annapolis Valley Macdonald Museum in Middleton would like to thank everyone for their support of the 29th Christmas craft sale November 27 and 28.

The museum appreciates the variety of beautiful local crafts, the museum members and friends who donated money, provided food for the canteen and baked goods for the bake table - and who volunteered at the sale; and, finally, to all who attended this important fundraiser. We could not have

made this event last for 29 years without your assistance. All proceeds support Museum projects and programs. Next year marks the 30th anniversary of the sale. If you know anyone who would like to participate, please contact the museum at 902-825-6116

or macdonald.museum@ns.sympatico.ca. The museum will close for the winter December 18, but we will be checking the building and emails regularly. We want to wish everyone a very Merry Christmas and a happy 2016!

SEASONS GREETINGS

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Festive events

Holly, jolly, holiday party

December 15, 3:30 - 4:30 p.m. Middleton Library. Oh what fun! 'Tis the season to shiver and shake. We're having a festive holiday party we hope you can make! For ages 5 - 10 years. To register please call 902-825-4835.

Breakfast

December 19, 8 a.m. - 10:30 a.m. Middleton Curling Club. Beat the Cold! Offering pancakes, scrambled eggs, bacon, sausage, baked beans, toast, coffee, tea, juice. Free will offering. Proceeds to Middleton Curling Club

Blue Christmas service

December 21, 7 p.m. Do you find Christmas bring tears instead of laughter? If so, you are not alone. Everyone is invited to join our Blue Christmas service at the Wilmot Baptist Church (corner of Dodge Road and Highway 1).

At the Evergreen

December 18, 8 p.m., enjoy a Meaghan Smith Christmas at the Evergreen Theatre, 1941 Stronach Mountain Road, Margaretsville. Tickets \$20, at www.evergreentheatre.ca or 902-825-6834.

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The Perfect Pear Dining Room

Enjoy the warm atmosphere and the flavourful cuisine of Chef Rejean Cromwell while listening to the smooth sounds of local musician Frank Dobbin.

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- Chef's own Beef Barley Soup
- Garden Salad with Pear and Balsamic Vinaigrette
- Bacon Wrapped Digby Scallops
- Escargot Stuffed Valley Mushroom Caps

~ Entrees ~

- House Made Chicken Cordon Bleu drizzled with Lemon Dill Sauce. Served with Garlic Mash
- Citrus Glazed Atlantic Salmon accompanied by a Mango Salsa and Rice Pilaf
- Bacon Wrapped Beef Tenderloin Twins topped with Baby Portabella Mushrooms and served with Garlic Mash.

~ Sinful Ending ~

- Vanilla Bean Crème Brule
- Choux à la Crème Rejean
- New York Cheesecake with Berry Berry Sauce

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 Age | Âge : _____ Number | Nombre : _____
 Address | Adresse : _____

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Village holiday

December 4, Santa visited Kingston in a big way! Hundreds of people showed up to partake in community Christmas events, including a parade and festivities at the Credit Union Centre. The Kingston Lions supplied hot chilli, Pine Ridge students collected food donations for the Upper Room Food Bank and Efficiency Nova Scotia hosted a light exchange – just some of the evening’s highlights. M. Rolph



Serenity Graves loves to decorate cookies.



Many community members enjoyed the skating.



The Grinch float, on parade.



Isabella O'Regan listens very carefully to instructions from Santa.



Kings West MLA Leo Glavine helped Pine Ridge student volunteers at the hot chocolate table.



Horse and wagon rides were enjoyed all evening.



The Pine Ridge Middle School Choir sings guests into the rink.



Bruce Carter and Don Holmesdale were kept busy making and handing out popcorn.

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