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the Aurora

Vol. 37 No. 37 OCTOBER 3, 2016 NO CHARGE www.auroranewspaper.com

Air, Navy focused on multinational Cutlass Fury

The first Cutlass Fury exercise out of Nova Scotian Canadian Armed Forces bases September 12 through 22 combined air and navel power from six nations. This was the biggest ant-submarine warfare training in 20 years in Canadian waters.

Among the complex exercise scenarios, multi-national crews were also tasked September 17 for a real-life operation. One hundred six nautical miles south southwest of Halifax, Her Majesty's Ship (HMS) Monmouth was contacted by the skipper of a local fishing vessel, seeking advice on a 24-year-old man suffering with possible heart problems after a serious fall onboard. Monmouth crew reacted swiftly, extracting its boarding teams from their training vessel, Leeway Odys-

sey, and making full speed towards the fishing vessel 10 miles away. A small medical team and Monmouth's doctor were able to stabilize the casualty, who was transferred by sea boat on a stretcher back to the ship.

The individual was safely transported to the Halifax Stanfield International Airport via a medevac conducted by a helicopter from U.S. Helicopter Sea Combat Squadron 28, scrambled from United States Navy Ship Robert E. Peary. The Royal Navy doctor accompanied the flight.

Assistance was provided ashore by the Joint Rescue Coordination Centre in Halifax. "The medevac showed how maritime assets can respond quickly," Tweeted the JRCC September 17. "Today's response demonstrated the pro-



CP140 Aurora crew members from 405 (Long Range Patrol) Squadron monitor displays, looking for a submarine during exercise Cutlass Fury September 16.

Corporal D. Kirkwood, 405 Squadron Imaging

professionalism, dedication and readiness of our partners in the North Atlantic." Commander Philip Tilden, Monmouth's commanding officer, said the rescue showed "both the flexibility and professionalism of my team in rapidly switching roles

in reaction to real world events. "It also demonstrates the fantastic partnership that the Royal Navy has with the U.S. and Royal Canadian navies, such that we can operate seamlessly together to pool resources and deliver results, which in this instance undoubtedly saved a life."

Hosted by Commander Maritime Forces Atlantic and executed by Commander Canadian Fleet Atlantic, Cutlass Fury 16 was the Royal Canadian Navy's inaugural East Coast maritime exercise within the "Fury" series and will continue now on a bi-annual basis. It focused on anti-submarine warfare in a multi-threat joint environment, designed to develop interoperability with allies and joint partners. Eleven Canadian, American, British, French and Spanish warships; three Canadian, American and

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Master Corporal Ulrich (Pim) Reiner, an airborne electronic sensor operator with 405 (Long Range Patrol) Squadron, conducts preflight checks on a sonobouy launch tube September 16.

Cutlass Fury ...

...cover aircraft from 407 (Long Range Patrol) Squadron, Comox, 435 (Transport and Rescue) Squadron, Winnipeg, a US Navy P8 Poseidon, a German Navy P3C Orion and a French Navy Atlantic 2. Fighter forces operated out of 3 Wing Bagotville, and contracted combat

support aircraft operated out of Halifax and Sydney airports as required.

14 Wing Commander Colonel Pat Thauberger said September 26 the air element was exceptionally successful. Specific to Greenwood's 405 (Long Range Patrol) Squadron, "we actioned 28 out of 29 missions.

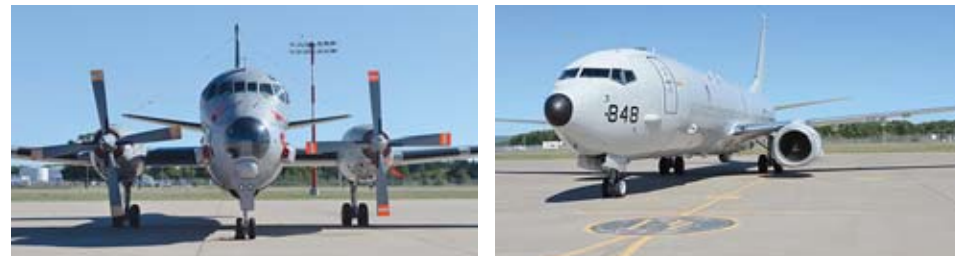
"The Aurora fleet picked up the clack when one nation cancelled: we overdelivered."

The return to an anti-submarine warfare focus - what the Auroras were intended to provide as long range patrol aircraft monitoring three Canadian oceans and shared waters protected with multi-national partners, Thauberger said, was valuable.

"We got our younger aviators set to deliver in a challenging ASW framework, when many have only more recently been really familiar with the overland" real-world role being played out since 2014 in Operation Impact, the deployment against Daesh in Iraq.

A set of "lessons learned" through Cutlass Fury will be captured in the air task force commander's post-exercise report October 30.

With files from Lieutenant (Navy) Kelly Boyden & Sara Keddy



A visiting French C130 Hercules, United States Navy P-8 Poseidon and a French Atlantique sit at 14 Wing Greenwood's 11 Hangar September 12, in the region as part of the multi-national Exercise Cutlass Fury.



An injured mariner is transferred from HMS Monmouth to a helicopter from U.S. Helicopter Sea Combat Squadron 28 for transfer to a Halifax hospital after a medical emergency.



Valley harvest fun takes on new meaning during Windsor's October 9 pumpkin regatta: a pumpkin, a paddle and Lake Pesaquid. Camp Aldershot returns to the field, after a successful crossing in 2015.

Aldershot army team ready for pumpkin regatta challenge

It's that time of year again: nights are getting cooler, days are getting shorter - and giant pumpkins will be paddled



A military team from Camp Aldershot will be battling it out again on the "high seas" of Lake Pesaquid October 9. Corporal Frank Wheeler, pictured in his 2015 entry, carried the camp honours.

across Lake Pesaquid, Windsor, during the October 9 18th Annual Pumpkin Regatta.

The rules are simple: get a pumpkin big enough you can sit inside it. Make a hole in the pumpkin, grab some paddles and race across the lake as fast as you can (try not to tip your pumpkin in the process).

Pumpkins are purchased from Dill Farm, growers of the Dill's Atlantic Giant pumpkin, the world's largest pumpkins. Last year's biggest pumpkin weighed 1,415 pounds!

In 2015, Camp Aldershot

sent Corporal Frank Wheeler to captain his pumpkin across the seas, along with support crew members Corporal Matt Simard and Master Corporal Ryan Duffy, standing on the shores. Wheeler finished with a time of 11 minutes and 43 seconds. The Camp Aldershot team is back again this year.

Come out and enjoy the fun and excitement of the Windsor Pumpkin Festival.

For the race schedule and information on this event, visit www.worldsbiggest-pumpkins.com.

Greenwood hosts county diversity celebration

Kings County's 8th annual Celebration of Multiculturalism and Inclusion will be held Wednesday, October 12 at the 14 Wing Greenwood Annapolis Mess. This free event is open to the public, with the theme this year of "Embracing Diversity."

The event begins with a reception and light refreshments at 5:30 p.m. Community mem-

bers may mingle, enjoy a wide variety of food options and have their handprint and signature added to an art piece demonstrating their support for the county's action plan on anti-discrimination and cross-cultural understanding.

The celebration opens at 6:30 p.m. with representatives of Glooscap First Nation, including dancers, singers and

speakers; and Canadian Idol runner-up Gary Beals, Shoulder to Shoulder and more. Featured speakers include Order of Nova Scotia recipient Dr. Wanda Thomas Bernard, who will provide a challenge for the upcoming year, and Kings County will introduce its new diversity and engagement specialist, Joseph Oladele.

"The county is happy to be

working with 14 Wing Greenwood on this event," says Kings County Warden Diana Brothers, "and I am excited the event will take place in the western end of the county for the first time."

For more information or to RSVP, contact Melissa Morrison at 902-690-6133 or mmorrison@countyofkings.ca.

the Aurora

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Circulation | Circulation: **5,900 Mondays** | Lundis
Agreement No. | Numéro de contrat : **462268**

Fax: 902-765-1717

Website | Site Web : www.auroranewspaper.com

The Aurora, PO Box 99, Greenwood NS B0P 1N0
L'Aurora, C.P. 99, Greenwood (N.-É.) B0P 1N0

Location | Emplacement : **83A School Road, Morfee Annex**
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Mail subscriptions: annual \$90 plus tax, weekly \$1.85 plus tax.
Abonnements par correspondance: 90\$ par année plus taxes, 1,85\$ par semaine plus taxes.

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Useful links | Liens utiles

Canadian Air Force website
Site Web de l'Aviation royale canadienne
www.airforce.forces.gc.ca

Community Gateway Site
Site du portail communautaire des Forces canadiennes
www.cfcommunitygateway.com

14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
www.airforce.forces.gc.ca/14w-14e

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The RAS team made use of the trees felled during chain saw training to piece together a rough dock for Camp Aldershot training use.



Sergeant Jason Cheeke, left, demonstrates the controls of a 75-tonne hydraulic jack for Corporal Mathieu Leblanc.



Corporal Denzel Johnson works on his chain saw skills. S. Keddy

Recovery, salvage ex hands-on chance to hone skills

Sara Keddy, Managing editor

Woods, water, hills or trail: if a recovery mission is un-



Corporal Mathieu Leblanc brings the boat in after a test drive to ensure the RAS team's water recovery equipment was in working order.

derway for a downed aircraft, 14 Wing Greenwood's Recovery and Salvage team has a fresh set of skills to meet the need.

September 12 through 16, a dozen personnel from across the wing, including a number of aircraft technicians, headed to 5th Canadian Division Training Centre Detachment Aldershot for hands-on training with chain-saws, ATVs, boats, hydraulic jacks and other specialized equipment used to pick up the pieces in the event of an aircraft crash.

"We aren't the first responders," says Lieutenant

Calvin Bull, 14 Wing's Recovery and Salvage Officer; a secondary duty for the aircraft servicing officer with 405 (Long Range Patrol) Squadron's 1 Crew.

"Others make it safe; then there is the investigation. We're the guys who move an aircraft from the site. We need to be able to get to the middle of nowhere."

That could be as accessible as an airfield: the crew's last real call-out was to clear an Aurora off 14 Wing's runway and airfield after an aborted landing in August 2015.

"This exercise is to get the team members a bunch

of their qualifications, and go through the motions and be familiar with the practical side of using the equipment."

The team had a series of briefings, including a 26 Canadian Forces Health Services presentation on blood borne pathogens, and other lectures on boat safety, and the use of light equipment, such as chain saws, bush and metal saws and jaws of life.

All were followed with practical exercises in the back lands of Camp Aldershot. Team members used their military 404 driver's licenses and on-trail work to add ATV driving skills to their

repertoire. Learning to safely use a chainsaw meant felling trees in an area the camp's regularly training soldiers wanted cleared for more access. The felled logs were then shifted to create a log "dock" out into the camp's lake, where training soldiers will eventually practice rough landings – and from which the RAS team could launch its own boat and test their motor skills on this exercise. They practised with metal cutting equipment, tested hydraulic jacks and towed their trailer of equipment in and out of dubiously accessible terrain.

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Meet, greet, curl!

Greenwood gets set to throw first rocks of the season

Throwing rocks at houses will soon be legal, once the 2016/ 2017 curling season begins in early November at the 14 Wing Greenwood Curling Club.

Soon, the sounds of the game that we all love will be heard echoing off the blue walls: "sweeeeep", "hurry hard," "harder" and, everyone's favourite, "sociable!"

This year's schedule features men's league Monday evenings, juniors Tuesdays after school, followed by the ladies' league in the evening; the Wednesday afternoon 14 Wing Greenwood intersection league, followed by the evening mixed league; commercial play Thursday evenings and Sunday afternoon stick curling. All evening leagues start at 7 p.m.

The club will host a meet,

greet and registration night for new and returning members October 19 and 26 at 6:30 p.m. at the curling club. You will need to show your 14 Wing Greenwood Community Recreation Card as you register. A picture ID may be required at times to access the wing.

For new adult curlers or players who wish a little refresher, a "learn to curl" evening has been planned for either October 28 (evening) or October 29 (morning). Depending on the interest level, more of these workshops could be planned. We will accept registration at either of the meet and greets, or contact the club.

Visit greenwoodcurling.ca. We look forward to seeing you at the 14 Wing Greenwood Curling Club this season.



Friends of CAPS

The Companion Animal Protection Society depends on donations and the kind support, financial and otherwise, of people who respect CAPS' work with the homeless and unwanted companion animals of the Valley. Recently, Corporal Deborah Murphy, 14 Wing Air Reserve Flight, organized a wonderful fundraiser for CAPS which resulted in amazing donations to our animals in foster care. Murphy and her husband, Dave, delivered their donation to CAPS' largest foster home in Margaretsville.

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Please note not all projects submitted may be able to be funded. CHBs frequently receive more applications for funding than funds available.

Deadline for Applications: 12:00 Midnight, November 1, 2016

Annapolis CHB P.O. Box 730 Middleton, NS B0S 1P0 902-825-6160/1762357 Fax: 902-825-4962 achb@nshealth.ca	Kingston/Greenwood CHB P.O. Box 730 Middleton, NS B0S 1P0 902-825-6160/1762357 Fax: 902-825-4962 kgchb@nshealth.ca	Western Kings CHB 121 Orchard St. Berwick, NS B0P 1E0 Tel: 902-538-7088 Fax: 902-825-4962 wkchb@nshealth.ca	Central Kings CHB 121 Orchard St. Berwick, NS B0P 1E0 Tel: 902-538-7088 Fax: 902-825-4962 ckchb@nshealth.ca	Eastern Kings CHB 23 Earnsccliffe Ave. Wolfville, NS B4P 1X4 Tel: 902-542-1244 Fax: 902-825-4962 ekchb@nshealth.ca

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Promotion of Corporal Jamie Wessel (centre) was promoted September 21 to master corporal by Major Tom Chiasson, Acting Commanding Officer Wing Operations, left. Also present was Chief Warrant Officer Bradley Sommerfeld.

Corporal J. Therrien, 14 Wing Imaging



Private Jocelyn Knight, a medical technician at 26 Canadian Forces Health Services Greenwood, centre; was promoted to corporal September 19 by Commanding Officer Major Jacques Ricard, left, and Clinic Warrant Officer Mike Jerrott.

Sergeant P. Kavanagh, 26/ 27 CF Health Services Centres



Acting Commanding Officer of 404 Squadron Major Dev Paquette (left) September 23 presented Captain Jarrett Bond (centre) with a certificate marking 1,000 hours of flying time on the CP140. With them is 404 Squadron Chief Warrant Officer Conrad Wilson.

Corporal C. Roche, 404 Squadron, Courseware Development



Acting Commanding Officer of 404 Squadron Major Dev Paquette (left) September 23 presented Tammy Quinn (centre) with a Bravo Zulu certificate for her outstanding work and dedication during her time as the commanding officer's administrative assistant. With them is 404 Squadron Chief Warrant Officer Conrad Wilson.

Corporal C. Roche, 404 Squadron, Courseware Development



Captain Daniil Priadka, officer commanding 91 Construction Engineering Flight in Gander, presented Canadian Armed Forces enrolment certificates to Amanda Clarke, left picture, and Jordan Walbourne June 22, the newest members in 91 CEF in Gander. Both have construction technician as their trade and are currently doing their Basic Military Qualification course, scheduled to be finished October 14.

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron



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We thank all applicants in advance for their interest in this position, however, only those selected for an interview will be contacted.



County election forums focus on youth issues

The County of Kings Youth Engagement Working Group has organized two "Meet the Candidates" public forums for this fall's municipal election. The forums will be focused on youth issues, drawing from questions submitted by local high school, Acadia University, Nova Scotia Communi-

ty College students; and young professionals from Fusion Annapolis Valley. The first public forum will be held at Horton District High School October 3, 7 p.m. to 8:30 p.m., inviting all mayoral candidates and candidates for districts 1, 2, 8 and 9. The second forum will take place at Central Kings High School

October 6, 9 a.m. to 10:30 a.m., inviting all mayoral candidates and candidates for districts 3, 4, 5, 6 and 7. Youth engagement is an important part of the Kings County Community Engagement Policy and Strategy, a comprehensive action plan

for two-way communication in Kings County adopted by council in August (countyofkings.ca/upload/All_Uploads/Residents/CommunityEngagement-Strategy/Community%20Engagement%20Strategy.pdf.). The County of Kings

Youth Engagement Working Group is a sub-group of this community engagement work. Through the 'Meet the Candidates' public forums, the group hopes to achieve two objectives: to put issues important to youth on the radar of

candidates running for the municipal election and build awareness about municipal governance and the municipal election process among youth. The public forums are not just for youth – all are invited to attend.

VIA Rail commits employment, incentives to CAF members, veterans

VIA Rail Canada has a new leave policy for employees who serve in the military reserves and has renewed efforts to help veterans join Canada's intercity passenger rail company.


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the president and CEO of VIA Rail, Yves Desjardins-Siciliano. "Veterans can make a definite contribution to the future of VIA Rail since they can bring their technical and leadership skills, as well as discipline and commitment, to serving Canadians."

VIA Rail is working with Canada Company's Military Employment Transition Program and the Commissionnaire's MISSION EMPLOI, which both help former Canadian military

members transition to civilian life. Visit career.viarail.ca/en/why-choose-us/veterans-program.

VIA Rail also supports members of the defence community through partnerships with the Royal Canadian Legions' National Poppy Campaign, True Patriot Love and the Army Run. In addition, a 25 per cent reduction on the best available fare is offered to members of the Canadian Armed Forces, as well as veterans and their families.



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~ Obituary ~

CREELMAN, John Francis "Frank", Kingston, NS



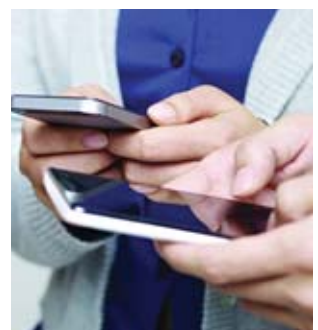
CREELMAN, John Francis "Frank" (Master Warrant Officer Ret'd) - Age 66, of Kingston, NS, passed away peacefully at Valley Regional Hospital, Kentville, with his loving family by his side on Sunday, September 25, 2016. He was the son of the late John Francis Creelman and Florence Marjorie (Brown-Creelman) Hamilton. He was born in Truro on October 24, 1949. He was an avid music lover and enjoyed playing guitar with his friends and family. Frank served in the Canadian Armed Forces from 1968-2002 and the Canadian Armed Forces Reserves from 2002-2009. During his 41 years in the military, his postings included Greenwood, NS (1969-1973), (1980-1988), (1997-2009); Baden Baden, Germany (1973-1977); Summerside, PE (1977-1980) and Ottawa, ON (1988-1997). During his stay in Ottawa, he took up golfing and curling and enjoyed playing these sports with his great friends Ken and Sharon Dujay. Another adventure Frank enjoyed was camping with his good friends, Ron and Diane Sampson and Debbie and Lawrence Ramey. He is survived by his amazing step-dad Reginald (Audrey) Hamilton, Shortts Lake; brothers Hallie (Susan) Hamilton, Middle Stewiacke, NS; Leonard Hamilton, Dartmouth, NS. Nieces Gail Sampson and Cheryl Hamilton; nephews Halley Hamilton; Jason Hamilton and Stephen Sampson. Great nieces and nephews Paxten, AnnaWen, Jack and Elliot Sampson. The Creelman Legend continues with his loving wife of 44 years, Brenda (Keddy), his wonderful daughters, Kelly (Sean) Francois, Dartmouth; Kamy Creelman, Halifax; his precious granddaughters Lily and Leia Francois. There will be no visitation by request. A celebration of Frank's Life and reception took place at 2 p.m., Sunday, October 2, 2016 at Middleton Funeral Home, 398 Main St., (902) 825-3448. Rodina Braden was Master of Ceremonies for the service. Donations in memory may be made to the Victorian Order of Nurses, Annapolis Valley Branch; Valley Regional Hospital Foundation. The family would like to express their sincere gratitude to Dr. Alison Wellwood and her staff who supported Frank through every step of this difficult journey. The family would like to thank the pharmacy staff at Shoppers Drug Mart and the Staff on Medical B at Valley Regional Hospital for their outstanding care and support. Online guest book may be signed by visiting: www.middletonfuneralhome.com

 INSCRIPTIONS - MATERNELLE pour septembre 2017 dans toutes les écoles du CSAP		GRADE PRIMARY REGISTRATION for September 2017 in all CSAP schools	
L'école acadienne, c'est :		An Acadian school offers :	
Une éducation de qualité en français langue première.	✓	A quality education in French as a first language.	✓
La possibilité d'acquérir une excellente maîtrise du français et de l'anglais.	✓	A possibility of acquiring an excellent mastery of French and English.	✓
Un choix de cours optionnels d'excellente qualité.	✓	A choice of excellent quality optional courses.	✓
Des laboratoires d'informatique et de sciences à la fine pointe de la technologie.	✓	State of the art information technology and science laboratories.	✓
Un milieu d'apprentissage dynamique où la langue et la culture sont valorisées.	✓	A dynamic learning environment where language and culture are highly valued.	✓
Un atout supplémentaire au moment de s'inscrire dans une institution postsecondaire.	✓	An additional asset when registering in a post-secondary institution.	✓
École Rose-des-Vents (et/and Grandir en français), 6, chemin Bedford, Greenwood – 902-765-7100			
Pour être admissible à la maternelle, l'enfant doit avoir atteint l'âge de 5 ans au plus tard le 31 décembre 2017 . Pour plus d'information sur les critères d'admission, prière de contacter l'école.		Children being registered at primary level must be 5 years of age on or before December 31, 2017 . For more information on admission criteria, please contact your local school.	
La maîtrise de nos DEUX LANGUES OFFICIELLES est certainement un atout! Venez nous rencontrer et vous constaterez LES AVANTAGES de faire éduquer votre enfant dans la langue française. NOTRE PERSONNEL QUALIFIÉ vous attend le mardi 18 octobre 2016 à 19 heures .		To master BOTH OUR OFFICIAL LANGUAGES is certainly a plus! Come meet with us and you will learn about THE ADVANTAGES of having your child educated in the French language. OUR QUALIFIED STAFF will welcome you on Tuesday, October 18, 2016, at 7:00 p.m.	
Les parents, tuteurs ou tutrices qui désirent obtenir un acte de naissance de la province de la Nouvelle-Écosse peuvent obtenir un formulaire de demande en s'adressant au bureau de la direction de l'école.		Parents/Guardians who wish to obtain a Province of Nova Scotia birth certificate may obtain an application form at the school's administration office.	
www.csap.ca		L'élève : notre passion, notre avenir	
		1-888-533-2727	



Les 4 meilleurs conseils pour protéger votre cellulaire

(EN) Vous connaissez ce sentiment: quand vous oubliez votre cellulaire à la maison, vous avez l'impression qu'il vous manque un membre. Car votre téléphone contient plein de d'informations personnelles comme des photos, des contacts, votre agenda, votre musique et plus encore! Le site PensezCybersecurite.ca informe les Canadiens sur la façon de se protéger en ligne et propose des moyens simples de le faire:



1. Tous les téléphones mobiles peuvent être verrouillés à l'aide d'un mot de passe. Il s'agit d'une manière facile de protéger vos renseignements personnels.
2. Vérifiez régulièrement le site Web de votre fournisseur de service mobile pour obtenir des mises à jour de système pour votre appareil. Conformez-vous toujours aux avis qui accompagnent les mises à jour des systèmes d'exploitation.
3. Évitez toujours de vous connecter aux réseaux sans fil inconnus ou qui ne sont pas protégés par des mots de passe. Même s'il est privé, un réseau sans fil inconnu ou non sécurisé est une invitation ouverte aux pirates informatiques, aux arnaqueurs et aux logiciels malveillants.
4. Vous devriez seulement vous connecter à un réseau sans fil public que vous connaissez et auquel vous faites confiance. Vous devez être convaincu qu'il est sécurisé et protégé par un mot de passe. Pour en apprendre plus sur les façons de garder votre téléphone mobile et tous



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October 10 (deadline Oct. 6, noon)
 in our full colour lifestyle promotion.

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\$500 Discount to Military Families* on New & Used Vehicles




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 <p>2008 Toyota Rav4 Sport 2.4 L, I-4 cyl, 4 Speed Automatic, AWD, SUV, CC, A/C, PS, PW, PL, Sunroof, ABS, 126,000 kms</p> <p>\$10,950 + tax Stock Number 16-329A • \$196 BIWEEKLY</p>	 <p>2013 Nissan Juke SL Turbo 1.6 L, I-4 cyl, CVT, Wagon, AWD, Automatic, A/C, Leather, NAV, Keyless Entry, S/roof, 34,000 kms</p> <p>\$19,950 + tax Stock Number 16-401A • \$179 BIWEEKLY</p>
 <p>2011 Toyota Highlander Sport 3.5 L, V6, SUV, 5 Speed Automatic, A/C, PS, PB, PW, CC, ABS, Hatch Auto-latch, 110,000 kms</p> <p>\$23,950 + tax Stock Number 16-358A • \$252 BIWEEKLY</p>	 <p>2014 Ram 1500 SLT Quadcab 4WD 5.7 L, V-8 cyl, 8 Speed Auto, Truck, A/C, Box Liner, ABS, Keyless Entry, Tow Package, 54,000 kms</p> <p>\$27,950 + tax Stock Number 16-138A • \$219 BIWEEKLY</p>
 <p>2014 Honda CR-V EX 2.4 L, I-4 cyl, 5 Speed Automatic, AWD, SUV, CC, A/C, CD, PS, PW, Power Moonroof, 58,000 kms</p> <p>\$24,950 + tax Stock Number 16-485A • \$197 BIWEEKLY</p>	 <p>2013 Ford Escape SE 2.0 L, I-4 cyl, Automatic, SUV, AWD, A/C, CC, CD, PW, Remote Keyless Entry, 59,000 kms</p> <p>\$21,950 + tax Stock Number U2095 • \$199 BIWEEKLY</p>

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NE PAYEZ RIEN AVANT AVRIL 2017!

Ne versez aucun acompte, même pas les taxes *S.A.C.



Thank you!



Big thanks for a big move: the Greenwood Military Aviation Museum thanks the team of many – military, civilian and volunteer – for their roles in bringing home three display aircraft July 26 & 27, 2016. You are all partners in preserving the proud military aviation history of 14 Wing Greenwood and the Royal Canadian Air Force.





Four essential fall gardening tips

(NC) Autumn is the perfect time to lay the groundwork for a gorgeous spring garden. Experts say this time of year is critical for how your yard will look year round.

“Fall is arguably the most important of all seasons for the garden,” says Mark Wolle, broker-owner at Royal LePage Wolle Realty in Kitchener,

Ontario. “Work in the garden now will produce impressive results come spring.” A lush and well-maintained garden also adds enjoyment and selling features to your home.

Wolle offers these four tips for your garden this season:

1. Early in the fall, repair dead spots in the lawn by digging straight down and

as deep as necessary to remove all soil containing the roots. Fill the hole with a loamy topsoil and tamp down to level with the turf. Seed the area with a mix that matches your existing turf grass. Cover it with hay or newspaper shavings to protect against birds. Water regularly

while the seeds germinate and sprout.

2. Leaves are your biggest assets. After they fall off trees, they break down to create essential nutrients that feed your plants. Dig a big hole and pile them in. They'll break down eventually and give you wonderful leaf mould for mulching in the spring.
3. Combine one part blood meal, one part bone meal, and one part wood ash to scatter over bulb beds for beautiful blooms come spring.
4. Fall is the ideal time to plant a deciduous tree -

the soil is still warm and holds oxygen that will encourage root growth. Plant your new addition about six weeks before the deep frost. Be sure to prepare a hole large

enough, about five times the width of the root ball. Retain the soil you remove from the hole and use it as backfill to allow your new tree to adjust to its natural soil as quickly as possible.



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Declutter your home in four easy steps

(NC) Studies have shown clutter in the home has a direct correlation with your mental health and well-being. It also eats away at your home's liveable space, curbing your enjoyment and its aesthetic appeal.



“The impact of clutter goes beyond wasted time and

frustration when navigating among the things we have accumulated,” explains Craig Blanchard, broker-owner at Royal LePage Atlantic Homestead in St. John's, Newfoundland. “In fact, household clutter is proven to add measurable stress to our daily lives.”

Fortunately, decluttering is easier than you think if you follow these four simple steps.

1. Declutter five minutes at a time. Every time you enter or leave a room, put away five things.
2. Plug away at a problem room. Sort items into four piles - keep, donate, sell, and toss. Stick to your decisions.
3. Be relentless in the kitchen and bathroom. Always wipe up counters and store away items before you leave.
4. Ask the entire family to help. Consider offering rewards for helping you out with steps 1 to 3.

Wilton Fall Classes start Oct. 6

Wilton Cake Decorating Classes
Come out and have fun while you learn the Wilton method of cake decorating held here right in the store!

Our first fall class starts on Oct. 6, 2016. Registration is required prior to the class, please call for details.

Country Store
Natural Alternatives for a Healthy Lifestyle
Greenwood Mall • 902-765-4766

Warden Diana Brothers cordially invites you to Kings County's 8th Annual Celebration of Multiculturalism & Inclusion

EMBRACING DIVERSITY

Wednesday, October 12th, 2016
Annapolis Mess, 14 Wing Greenwood
5:30pm - Reception | Followed by Speakers & Performances

Featuring a Performance by Canadian Idol Runner-Up Gary Beals

FREE EVENT | OPEN TO EVERYONE | APPETIZERS SERVED

Please RSVP to Melissa Morrison (902) 690-6133 or by e-mail: mmorrison@countyofkings.ca 1-888-337-2999

LIFE-HACKS TRUCS ET ASTUCES

Maximize Your Money Faites fructifier votre argent

Tuesday, October 18
6:30 - 8:30 p.m.
At the GMFRC
Cost: \$5
Register by Tuesday, October 11.

Want to know how you can save more money and build your nest egg? Join us and an expert from SISIP to gain tips and tools to increase your financial fitness and build your savings.

Mardi 18 octobre
18 h 30 à 20 h 30
Au CRFM G
Coût : 5 \$
Inscrivez-vous avant le mardi 11 octobre.

Voulez-vous savoir comment épargner plus d'argent et remplir votre bas de laine? Venez discuter avec un spécialiste du RARM qui vous donnera des astuces et des outils pour améliorer votre santé financière et augmenter vos économies.

24 School Rd., Greenwood 902-765-5611 www.familyforce.ca

facebook.com/GMFRC @gmfric gmfric greenwoodmfric

14 Wing Library | Serving those who read

Judy McCool & Sophie Beaudin, 14 Wing Greenwood Library

The 14 Wing Greenwood Library hosted a fun summer reading program called “Animals on Adventure” for all young readers. The program was a huge success, with 36 participants! We would like to thank our sponsors, who donated prizes for our readers, including Subway, Dairy Queen and Cinnamon Creek.

Wing Welcome was once again a big hit! Thank you to everyone who checked out our Charlie Brown display, and to the children who participated in story time with Miss Sandra. Congratulations to Lily MacDonald and Carleigh Veinot for winning this year's booth draw.

Library staff and volunteers welcome all those posted to Greenwood this summer. We hope you are settling in and will drop in and check out your library soon. The library

is located in the Morfee Centre. From October 16, the library will also be open Sundays, from 1 p.m. to 4 p.m.

A few of this month's new books: “Home” by Harlan Coben, “Apprentice in Death” by J.D. Robb, “A Great Reckoning” by Louise Penny, “Love You Dead” by Peter James, “Revenge in A Cold River” by Anne Perry, “The Darkest Dark” by Chris Hadfield.

“Under the Story Tree” is back with Miss Sandra and

Miss Amy, open to children every Tuesday from 10:30 a.m. to 11:30 a.m. Story time is a great place to bring your children to hear stories and songs and make crafts. This is also a great time to meet other parents, and introduce your child to the library.

The Friends of Greenwood Library Society, since its inception in 2010, have purchased well over 700 new books for the library. This great group is always looking for volunteers.

Come and curl up in a comfy chair and enjoy a coffee or tea while you get lost in a

book. Check out your amazing library! You will be surprised with our great selection of books, audio books and DVDs, puzzles and games. WiFi is available.

Reading opens doors, so come and open the doors of the 14 Wing Greenwood Library.

30th Anniversary 1986-2016
MFRC-CRFM GREENWOOD

Military Family Services Program (MFSP) / Programme des Services Aux Familles des Militaires (PSFM)

Employment Opportunity

Greenwood Military Family Resource Centre (GMFRC) COMMUNITY ENGAGEMENT COORDINATOR (Full Time Position)

The Community Engagement Coordinator is responsible for the GMFRC's ongoing liaison with local military and civilian communities including providing information, community outreach, and education information. Outreach Services will also be provided to CF members and families in Reserve Unit locations as well as those CF families living outside of the immediate area. As part of the GMFRC multi-disciplinary team, the Coordinator is responsible for creatively planning, preparing and coordinating the public relations and marketing activities of the Centre. This position involves working closely with other team members to promote Centre programs and services and providing public relations expertise to the program team. This position also assumes responsibility for liaison with local schools.

Probationary Period: 6 months
Responsible to: Executive Director

Desired Knowledge, Experience and Education:

- Degree in Public Relations, Marketing, Communications or related field from a recognized University
- Minimum of three years experience working in a public relations position
- **Proficiency in both official languages is required;** Excellent written, presentation, and oral communication skills in both official languages
- Graphic design experience & expertise a definite asset
- Valid NS Driver's license
- Excellent computer skills; solid knowledge of social media options & ability to administrate options
- Knowledge of local media/PR resources and strong networking abilities
- Excellent interpersonal skills with the proven ability to deal effectively with community members, staff, media, and community agencies.
- Willingness to work flexible hours
- Project management skills and be able to work well with service contractors. This would include printers, web developers and other contract labour.
- Exhibits characteristics of warmth, empathy, humour and a non-judgmental philosophy of care and strong understanding and application of ethical principles.
- A clear understanding of the community development process is essential and a working knowledge of community resources in the catchment area is required. In-depth knowledge of civilian/provincial agencies and organizations that can provide support to military families
- A strong belief in the principle of volunteerism is required.
- A good understanding of the unique needs of CF families as well as a demonstrated ability to work effectively within both an inter-disciplinary team and in a self-directed environment while responding to the challenges of a demanding multi-faceted role.

Hours

- 37.5 hours per week (occasional evening & weekend hours are required. Flexibility is a must.)

Must complete a Child Abuse Registry Check, Criminal Record Check, and Enhanced Reliability Check. Eligible candidates should submit by fax, mail, or email a cover letter and resumé clearly outlining their ability to fulfill all position requirements, **on or before noon on Friday, 14 October 2016** to:

Margaret Reid
Executive Director
email: home@greenwoodmfric.ca
Subject line: **resumé-engagement** (MS Word or PDF format)
Greenwood Military Family Resource Centre
PO Box 582, Greenwood, NS, B0P 1N0
fax: (902) 765-1747

- Please submit resumé in English.
- The GMFRC is located in the AVM Morfee Centre, School Road, in Greenwood.

Please note: Only candidates selected for further consideration will be contacted.

The Greenwood MFRC is committed to employment equity. You can read more about the GMFRC at: www.familyforce.ca

30th Anniversary 1986-2016
MFRC-CRFM GREENWOOD

Military Family Services Program (MFSP) / Programme des Services Aux Familles des Militaires (PSFM)

Possibilité d'emploi

Centre de ressources pour les familles militaires de Greenwood (CRFMG) COORDONNATEUR/COORDONNATRICE DE L'ENGAGEMENT COMMUNAUTAIRE (Poste à temps plein)

Le coordonnateur ou la coordonnatrice de l'engagement communautaire est responsable d'assurer une liaison constante avec les communautés militaires et civiles locales. Ceci comprend la prestation de services de renseignements, d'approches communautaires et d'information éducationnelle. Les services d'approche seront également offerts aux membres des FAC des unités de réserve, à leurs familles et aux familles des FAC ne vivant pas à proximité du CRFM de Greenwood. En tant que membre de l'équipe multidisciplinaire du CRFMG, le coordonnateur ou la coordonnatrice assure de façon créative la planification, la préparation et la coordination des activités de marketing et de relations publiques du Centre. Il ou elle travaille en étroite collaboration avec les autres membres de l'équipe afin de promouvoir les programmes et les services du Centre, et d'offrir son expertise en matière de relations publiques à l'équipe en charge de la programmation.

Période d'essai : 6 mois
Superviseur(e) immédiat(e) : Directrice exécutive

Connaissances, expérience et études recherchées

- Diplôme en relations publiques, en marketing, en communications ou dans un autre domaine lié obtenu d'une université reconnue.
- Minimum de trois ans d'expérience dans un poste lié aux relations publiques.
- **Maîtrise nécessaire des deux langues officielles;** excellentes habiletés en matière de communication orale et écrite dans les deux langues officielles. Être en mesure de bien s'exprimer en public.
- Expérience et expertise en conception graphique (atout).
- Permis de conduire valide de la Nouvelle Écosse.
- Excellentes habiletés en informatique; connaissances approfondies des différentes options en matière de médias sociaux et capacité à en assurer la gestion.
- Connaissance des ressources liées aux relations publiques et aux médias locaux, et solides compétences en matière de réseautage.
- Grande facilité dans les rapports interpersonnels et capacité manifeste de traiter efficacement avec les membres de la communauté, le personnel, les médias et les organismes communautaires.
- Consentir à travailler selon un horaire variable.
- Habiletés en matière de gestion de projets et capacité de travailler efficacement avec les fournisseurs de services, notamment les responsables de l'impression, les développeurs Web et d'autres employés contractuels.
- Chaleur, empathie, humour, philosophie en matière de soins exempte de jugement et excellente compréhension et application des principes de déontologie.
- Une excellente compréhension du processus de développement communautaire est essentielle, ainsi qu'une connaissance pratique des ressources communautaires dans la zone desservie. Connaissance approfondie des organisations et des organismes civils et provinciaux qui peuvent fournir un soutien aux familles militaires.
- Adhésion au principe du bénévolat.
- Bonne compréhension des besoins particuliers des familles des Forces armées canadiennes et capacité manifeste de travailler efficacement de façon autonome et avec une équipe interdisciplinaire, tout en relevant les défis d'un rôle exigeant comportant de multiples facettes.

Heures

- 37,5 heures par semaine (le ou la titulaire est appelé à travailler le soir et la fin de semaine à l'occasion; il ou elle doit donc faire preuve de souplesse).

La personne retenue doit se soumettre aux vérifications suivantes : registre des cas d'enfants maltraités, antécédents judiciaires et fiabilité approfondie. Les candidats admissibles doivent envoyer, par télécopieur, par la poste ou par courriel, une lettre de présentation et leur curriculum vitae, dans lesquels ils indiquent clairement en quoi ils satisfont à toutes les exigences du poste, et ce, **au plus tard à midi, le vendredi 14 octobre 2016** à :

Margaret Reid
Directrice exécutive
courriel: home@greenwoodmfric.ca
Objet : curriculum vitae – engagement (en format MS Word ou PDF)
Télécopieur : 902-765-1747

Centre de ressources pour les familles militaires de Greenwood
C. P. 582, Greenwood (N.-É.) B0P 1N0

- Veuillez fournir votre curriculum vitae en anglais.
- Le CRFMG est situé dans le Centre AVM Morfee, School Road, à Greenwood.

Veuillez prendre note que nous communiquerons uniquement avec les candidats retenus pour l'étape suivante du processus de sélection.

Le CRFM de Greenwood souscrit au principe d'équité en matière d'emploi. Visitez le site www.forcedelafamille.ca pour en apprendre davantage sur le CRFMG.

classifieds

Classified advertisements, 35 words or less, are \$8 tax included. Additional words are 10 cents each, plus tax. Bold text \$9, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 83A School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 8 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 9 \$, taxes incluses.

Les annoncées classées doivent être réservées et payées à l'avance avant 10 h, le jeudi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 83A, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

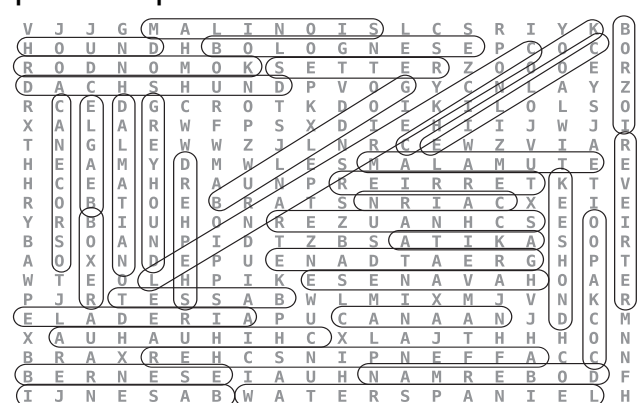
crossword solution

R	A	P	A	S	S	E	S	P	O	T				
O	R	I	B	I	H	A	T	H	E	R	A			
T	A	C	O	M	A	T	V	A	A	R	A			
A	M	T	R	A	K	R	A	G	M	U	C			
S	A	L	T	I	N	E	R	A	S	E				
S	C	A	N	N	E	D	E	N						
T	E	C	T	A										
G	E	O	R	G	E	B	U	S	H					
B	P	O												
S	E	L	A	R	E	P	I	T	I	G	R	A	M	S
T	O	A	D											
T	E	L	E	A										
D	V	E	R	E	S	E								

sudoku solution

8	2	3	7	6	5	1	4	9
1	9	4	2	8	3	6	7	5
5	6	7	1	9	4	2	3	8
4	8	1	6	3	9	7	5	2
7	5	2	4	1	8	3	9	6
9	3	6	5	2	7	8	1	4
6	1	5	3	4	2	9	8	7
2	7	9	8	5	1	4	6	3
3	4	8	9	7	6	5	2	1

patrick's puzzle



business booster

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- one 6.625 wide by 3.25 inches tall size ad

\$260 plus tax

\$35 in savings

Contact 902-765-1494 local 5833 or auroramarketing@ns.aliantzinc.ca



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FOR RENT – Middleton – Two-bedroom apartment, 492 Main Street, \$650/month, utilities included, quiet building, coin operated laundry, rental application required. Please call 902-824-1112 or visit our website at www.parsonsinvestments.ca. (3736-ufn)

FOR RENT – Middleton – Two-bedroom apartment, 28 Taylor Drive, \$600/month, heat, hot/ cold water, coin operated laundry, storage area, rental application required. Please call 902-824-1112 or visit our website at www.parsonsinvestments.ca. (3736-ufn)

FOR SALE M&M Firewood
\$240 a cord, split and delivered. One-year old, seasoned hardwood.
Milton: 902-825-8440

Kingston Legion

BINGO

Sunday, 1:30 p.m.
Tuesday, 7:30 p.m.
Regular Games - \$100

- 3 Specials - 60/40
- Letter H - 80/20
- Triple Jackpot - R-W-B
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances

Consolation \$300

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Middleton to Cambridge. Well managed properties. Seniors units available. References required. Call Ross at 902-840-0534. (3539-ufn)

DUPLEX FOR RENT

FOR RENT – Whittington Heights, 55+ community living, spacious 1050 sq ft, two-bedroom unit with 1.5 baths, 5 appliances, attached single vehicle garage, snow and lawn care included. \$1,150 per month plus utilities. Call for additional details 902-765-6371. (3735-4tp)

FOR RENT – Senior or retirees, semi detached with garage. Two-bedroom, five-appliances, in floor heat, with heat pump, laminate and ceramic throughout. Lawn care and snow plow included. No smoking. Available October 1, located on the Glebe Road. Call 902-847-1312. (3734-ufnb)

FOR SALE

FOR SALE – Four 16 inch aluminum rims suitable for "Subaru" vehicle. Asking \$180.00. Four black steel rims, 16 inch asking \$80.00. Phone 902-765-3220. (3737-1tp)

Steve Lake's Light Trucking
Moving & Deliveries
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DAN'S FIREWOOD
Hardwood, \$240 a cord
Softwood, \$200 a cord
Cut, Split, Delivered
Ph: 902-825-6424

FOR RENT

Aylesford - Brand new two bedroom, two baths semi detached with garage available immediately. This ground level, EnerGuide rated home includes fridge, stove, dishwasher with heat pump and air exchange system. Ensuite off master bedroom and walk in closet. More information, call Jackie at 902-825-4854 #18.

Seniors / Retired Couple Rental

Beautiful main floor flat in Middleton.

Totally renovated including modern kitchen with granite countertops. Over 1200 sq ft plus deck and sunroom. Detached garage and lovely back yard. Includes all appliances lawn care and snow removal. You will not find a better place in the valley. \$1100.00 / month plus utilities.
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David A. Proudfoot
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- Wills / Estates
- Consultations / Referrals

WANTED

WANTED – Old/ used bricks, in any condition for use in a local cemetery. Willing to pick up if necessary. Please call 902-847-0836. (3737-1tp)

WANTED – Kingston Wreath Shop seeking employees to handcraft wreaths for one month, November 10 to December 10, 2016. Training provided. Previous experience as a crafter or florist may be an asset. Phone 902-765-9444 and leave a message. (3737-5tpb)

SERVICE

SERVICE – ERNST LOCKSMITHING – Commercial and Residential, locks re-keyed, repaired and installed. Auto and home lockouts. Call Graham at 902-765-6248. (3734-6tpb)

IN THE COMMUNITY

CHURCH SERVICE – "The Peoples 25:40 Church" There will be a church service held every Sunday at the New Beginnings Center 1151 Bridge Street Greenwood provided by Pastor Leon Langille. Pre service music at 2:50 p.m. Service 3:00 p.m. Doors will open at 2:30 p.m. All are welcome. (3533-ufn)

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Game day

Lieutenant-Colonel Sean Duggan, September 24's acting 14 Wing Greenwood commander, manages the ceremonial kick-off for Major Brent Kerr, officer commanding 5th Canadian Division Training Centre Detachment Aldershot, to begin the Canadian Armed Forces appreciation game between the Acadia University Axemen and the University of Montreal Carabins. Master Corporal K.T. Scott, 14 Wing Imaging

Play badminton on base

The 14 Wing Greenwood base badminton team is in search of people at all skill levels to come for try-

Jouez au badminton sur la base

L'équipe de badminton de la 14e escadre de Greenwood est à la recherche de personnes de tous les niveaux de compé-

outs. Timings are Mondays, 6 p.m. to 7:30 p.m., and Wednesdays 11:30 a.m. to 1 p.m.

tences. Les jours de sélection sont planifiés pour lundi de 18 h 00 à 19 h 30 et pour mercredi de 11 h 30 à 13 h 00.

Colin Fraser
Member of Parliament - West Nova
Député - Nova-Ouest

Colin.Fraser@parl.gc.ca
1-866-280-5302

2 George Street, P.O. Box 865,
Middleton, NS B0S 1P0
T: 902-825-3327 F: 902-825-3213

**HOUSE OF COMMONS
CHAMBRE DES COMMUNES**

Confederation Building
Suite 117, Ottawa, ON
K1A 0A6
613-995-5711

Tremont light horse show reset for October 8

The Tremont Light Horse Show that was to be held September 3 (cancelled because of the equine flu) is now being held October 8 at the Tremont Fair Grounds. Pre-registration

will be held October 2 at the fairgrounds; late entry fees will be applied after October 5. There will be a canteen on the grounds and lunch (homemade beans, ham and

potato scallop) will be served for anyone interested. Everyone is invited. For more info, contact 902-765-2087 or email cp5@eastlink.ca.

GREENWOOD ANIMAL HOSPITAL

LAPS FOR CAPS
SUN, OCT 16, 2016

\$5 FEE

REGISTRATION 2PM AT GREENWOOD ANIMAL HOSPITAL
WALK STARTS AT 2:30 RAIN OR SHINE

COME DRESSED IN YOUR BEST HALLOWEEN COSTUME (YOU AND YOUR DOG!)

GREENWOOD GOLF CLUB

2017 Golf Membership Drive Promotion

Great Low New Member Rate!

Not a Member of the Greenwood Golf Club? Your New Member Rate is \$600* tax included.

Beginning September 1st, sign up for the 2017 season with a \$200 deposit per person and golf for the remainder of the 2016 season FREE. You will receive a special **New Member rate of \$600 tax included if you were not a member in 2016 (10% more for Associate).** Your \$200 deposit will be deducted from your 2017 membership fee, leaving a balance of only \$400 for next season that can be put on a 12 month payment plan if you like!
You will also automatically be enrolled in our Membership Loyalty Program the following year!

If you are already a Member, sign up for next season with a \$200 deposit per person and receive the 2016 membership rate for the 2017 season.

Everyone participating in the 2 above promotions will be entered into a draw for the following prizes: A FREE 2017 Membership (Deposit will be Refunded), A FREE 10 x 18 Hole Power Cart Rental Package, A FREE Private Power Cart Parking Fee, A FREE Range Plan, FREE Club Storage

Last date to take advantage of promotions is 30 October 2016.

Membership Loyalty Program

Our **Membership Loyalty Program** is simple: if you were a member in 2016 and you return for the 2017 season, you will receive a 3% discount off your membership rate. If you were a member in 2015, 2016 and return for 2017 you will receive a 5% membership loyalty discount off your membership rate.

All new members for 2017 will commence the loyalty program in 2018

www.greenwoodgolfclub.ca | 902-765-5800

And remember, We are Golf the Way it Should Be... GOLF FORE YOU!



The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 83A School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.aurora.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 83A, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.aurora.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire.

Girl Guide cookies
Chocolatey mint Girl Guide cookies are now here for the fall and holiday season! If you miss girls in your community, contact Sara, cskeddy@hotmail.ca, for cookies. \$5 a box. Thanks for supporting girl greatness!

Knitting classes
Wednesday afternoons, starting in October, the 14 Wing Greenwood Library invites anyone interested in learning how to knit, or becoming an advanced knitter, to join in classes at the library. For information, phone the library at 902-765-1494 local 5430.

Craft sale registration
Register now for the Annapolis Valley Macdonald Museum's 30th Christmas craft sale, being held from 5 p.m. to 9 p.m. November 4, and 10 a.m. to 4 p.m. November 5. Cost per table is \$50 (tax included). Call 902-825-6116 or email macdonald.museum@ns.sympatico.ca for information.

Middleton Writers' Group
October 3, 1:30 p.m. to 3 p.m., the Rosa M. Harvey Middleton & Area Library writers' group occurs. Do you enjoy putting your thoughts on paper and sharing them? Do you like to hear feedback? Write down your thoughts about the current topic, "Water," and bring for presentation and discussion.

Cottage talk
October 3, 10 a.m. to 11 a.m., the Berwick Library hosts an informative program about Centreville resident Charles MacDonald and the faerie cottages he built at Huntington Beach. A special

program of the Annapolis Valley Regional Library for Seniors' Week.

Card party
October 3, 1 p.m., a "Funds for Fuel" bridge party will be held at the Annapolis Valley Macdonald Museum, 21 School Street, Middleton. Cost is \$4 per person, light lunch served. Call 902-825-6116 for more information.

Positive approaches for dementia
October 4, 2 p.m. to 3:30 p.m., the Bridgetown & Area Library presents a workshop with Marcy MacPherson, certified Teepa Snow Trainer, useful for caregivers, friends and all who engage with people living with dementia. It includes a general overview of dementia, information on how to positively approach people living with dementia and techniques for care. Register at 902-665-2857.

Conversations about death and dying
October 4, 7 p.m. to 8:30 p.m., the Rosa M. Harvey Middleton & Area Library hosts an informal gathering of people who want to talk about death and dying, to reflect on what's important, share thoughts and eat cake! To register: 902-825-4835.

Games night
October 6, come play at the Tremont Board Game Café, 7 p.m. to 9:30 p.m. (every first and third Thursday) at the Tremont Hall, 738 Tremont Mountain Road. Many of the newest and coolest games in a friendly and relaxed environment. Free. 902-765-4326.

Suicide Prevention Video Series # 2
October 7, 2 p.m. to 4:30 p.m.: to raise mental health and sui-

cide prevention awareness, the Bridgetown and Area Library, in partnership with the Canadian Mental Health Association, will be showing a series of videos every two weeks throughout the fall. Today's video is a nine-part TED Talk series, "All Kinds of Minds" - powerful stories that shatter preconceived notions about mental illness and pose the provocative question: "What can the world learn from different kinds of minds?" Movie length 130 minutes.

Kitchen party
October 7, 1:30 p.m. to 2:30 p.m., the Rosa M. Harvey Middleton & Area Library invites you to join Sue for a fun-filled hour of songs and stories from the old days. See if you can identify an assortment of kitchen gadgets. Snacks provided. To register: 902-825-4835.

Card-making workshop
October 6, 2 p.m., the Bridgetown & Area Library hosts a card-making workshop. Learn basic techniques to create beautiful handmade cards. Materials provided. Register at 902-665-2758.

Book club
October 7, 10 a.m. to 11:30 a.m., the Berwick Library book club discusses "The Three Musketeers," by Alexandre Dumas. The club meets the first Friday of each month - join at any time. To pick up a copy of the book, please drop into the library or attend a book club session.

RGIF
October 7, 5 p.m. to 7 p.m., the Royal Canadian Legion Branch 098, Kingston, hosts a Friday night supper of scallops and French fries at a cost of \$ 7 (eat in) or \$7.50 (take-out).

Auction
October 8, 7 p.m., enjoy a harvest and bake auction at the Inglisville Hall. Vegetable, pickles, jams,

baked goods, etc.

Crib tournament
October 8, the Kingston Legion hosts an open crib tournament. Registration at noon, play starts at 1 p.m. \$20 per team. All money returned in prizes (first, second and third). High hand, 50/50 and canteen will be open.

Tremont light horse show
October 8, the Tremont Light Horse Show (rescheduled from September 3 because of the equine flu) will be held at the Tremont Fair Grounds. Pre-registration will be held October 2 at the fairgrounds; late entry fees after October 5. Canteen and lunch (homemade beans, ham and potato scallop) will be served. Everyone is invited. For more info, contact 902-765-2087

or email cp5@eastlink.ca.

Must be 19 years of age to play.
Public welcome.

Breakfast
October 8, 8 a.m. to 10 a.m., there will be a community breakfast at the Kingston Baptist Church, Main Street. Free will offering. Enjoy traditional breakfast items, plus healthy choices such as fruit, yogurt, homemade muffins.

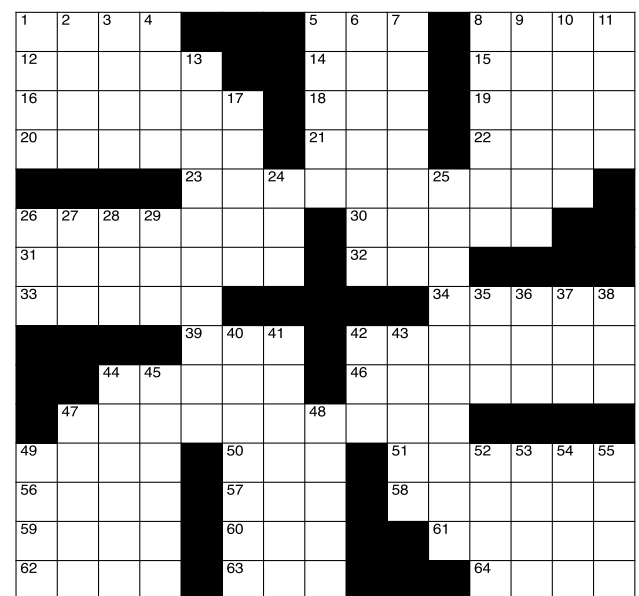
Multicultural event
October 12, Kings County hosts the 8th annual Celebration of Multiculturalism and Inclusion will be at 14 Wing Greenwood's Annapolis Mess. The theme is "Embracing Diversity." Reception, 5:30 p.m.: mingle, enjoy light refreshments and have your handprint and signature added to our art piece to demonstrate

support for the county's action plan. The celebration follows at 6:30 p.m., with representatives of Glooscap First Nation (dancers, singers, and speakers), Canadian Idol runner-up Gary Beals, Shoulder to Shoulder and more. Featured speakers include Dr. Wanda Thomas Bernard and diversity and engagement specialist Joseph Oladele. This free event is open to the public. To RSVP, contact Melissa Morrison, 902-690-6133 or mmorrison@countyofkings.ca.

Walk
October 15, join the Valley Trekkers Volkspport Club at the former Train Stn, 66 Cornwallis St. in Kentville for a 10km, 2B walk. Registration at 9:30 a.m. for walking at 10 a.m. For further

metro crossword

solution page 14



- ACROSS**
- Nui, Easter Island
 - Midway between south and southeast
 - Small mark
 - Small antelope
 - Protects from weather
 - Goddess of women and marriage
 - City in Washington
 - Independent voters association
 - Bird genus
 - Train line
 - Annoy
 - Waste matter
 - 41st President
 - Type of cracker
 - Remove
 - Looked quickly
 - The habitat of wild animals
 - Type of gene
 - Humble
 - Barrels per day (abbr.)
 - Respectful compliments
 - Star Trek: The Next Generation doctor
 - Pithy remark
 - Sums up
 - Tailless amphibian
 - American Gaming Association (abbr.)
 - After seventh
 - Czech River
 - Folk band lver
 - Kids ride this
 - Ancient Greek City
 - Liquefied natural gas (abbr.)
 - Net
 - Colors clothes
 - Midway between east and southeast
 - Japanese beverage
 - Net
 - Colors clothes
 - Midway between east and southeast
 - Japanese beverage
 - Fable
 - Island north of Guam
 - Biblical region
 - Scottish ancestor
 - Hills in northeast India
 - A way to cook by baking
 - Attacked ferociously
 - Furniture with open shelves
 - Burt Reynolds film
 - A way to examine
 - Plant of the goosefoot family
 - Job
 - Capable of being thought
 - One seeded fruit
 - Largest English dictionary (abbr.)
 - Platitudes
 - Very fast airplane
 - Pet detective Ventura
 - Resinous substance
 - Explosive
 - Purse
 - Swiss river
 - Separately managed account (abbr.)
 - Electron scanning microscope (abbr.)
 - Mythical monsters
 - Whale (Norwegian)
 - Domed recesses
 - Member of U.S. Navy
 - Cause to be loved
 - Expression of surprise
 - Jessica __ actress
 - Drove
 - Commands to go faster
 - Chinese dynasty
 - Military vehicle
 - Chinese Muslim

metro crossword brought to you compliments of

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the Aurora find & win

Three easy ways to enter.

- Through our website: www.aurora.newspaper.com
- Fax: 902-765-1717
- Drop into our office located on 83A School Road (Morfee Annex)

Entry deadline:
Noon, October 6, 2016

Full name _____ Phone number _____

Complete the following questions from ads in this week's issue and win a 14 inch 2-topping pizza from **Mimie's Pizza, Greenwood**. Coupon valid for 30 days.

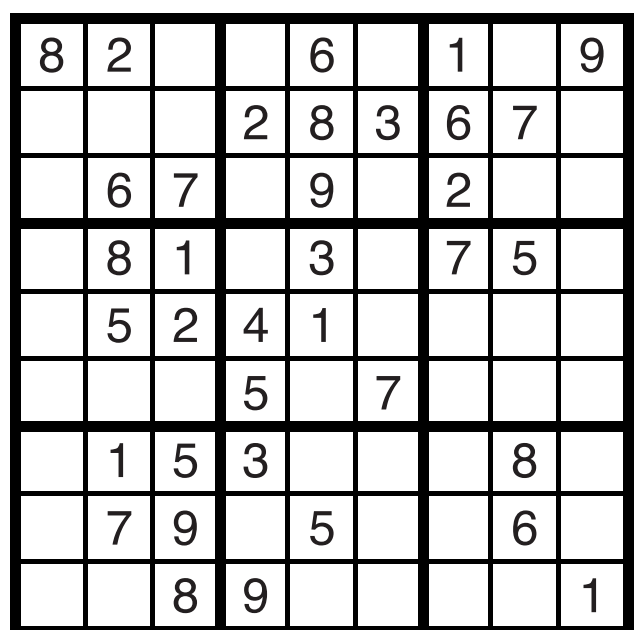
- Who's playing banjo Saturday, October 15? _____
- Who works at Suite 6, 21 Webster St., Kentville? _____
- Where can you rent a U-Haul? _____
- Where does Chef Rejean work? _____
- Who celebrates Thanksgiving October 7 & 8? _____

Congratulations to last week's winner: **WAYNE FERRIS**

Mimie's PIZZA
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Greenwood
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902-765-2232

sudoku

solution page 14



Level: Beginner

Fun By The Numbers
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

sudoku brought to you compliments of

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patrick's puzzle

solution page 14

ADOPT-A-DOG WORD SEARCH

V J J G M A L I N O I S L C S R I Y K B
H O U N D H B O L O G N E S E P C O C O
R O D N O M O K S E T T E R Z O O O E R
D A C H S H U N D P V O G Y C N L A Y Z
R C E D G C R O T K D O I K I L O L S O
X A L A R W F P S X D I E H I I J W J I
T N G L E W W Z J L N R C E W Z V I A R
H E A M Y D M W L E S M A L A M U T E E
H C E A H R A U N P R E I R R E T K T V
R O B T O E B R A T S N R I A C X E I E
Y R B I U H O N R E Z B A N H C S E O I
B S O A N P I D T Z B S A T I K A S O R
A O X N D E P U E N A D T A E R G H P T
W T E O L H S P I K E S E N A V A H O A R
P J R T E E S A B W L M I X M J V N K E
E L A D E R I A P U C A N A N J D C M
X A U H A U H I H C X L A J T H H O N
B R A X R E H C S N I P N E F F A C C N
B E R N E S E I A U H N A M R E B O D F
I J N E S A B W A T E R S P A N I E L H

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BASENJI	BULLDOG	COCKER SPANIEL	HAVANESE	SCHNAUZER
BASSET	CAIRN	COLLIE	HOUND	SETTER
BEGLE	CANAAN	DACHSHUND	KEESHOND	SHEPHERD
BERNESE	CANE CORSO	DALMATIAN	KOMONDOR	TERRIER
				WATER SPANIEL

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www.frasers.ca

902-678-5609.
Musical variety show
October 15, 7 p.m., the Valley Voices Chorus presents a musical variety show, "Let the Curtain Rise," at the Coldbrook & District School. Tickets \$15, available now or at the door. Details at www.valleyvoices.org.
Luncheon
October 15, 11 a.m. to 1 p.m., the WVV Auxiliary hosts a soup and chilli lunch with dessert, tea, coffee; \$8 per person. Baked goods for sale. All at the Berwick Baptist Church Annex, Commercial Street.
Chase the Ace
October 15, 1 p.m., to 3 p.m.: Chase the Ace at the Royal Canadian Legion Branch 098 in Kingston. Tickets three for \$5.

Draw will take place by 3:30 p.m. Must be 19 years of age to play. Public welcome.
Hike
October 16, 1 p.m., hike the Kentville Ravine. Meet at the Kentville Research and Development Centre at 32 Main Street, Kentville. Follow the driveway to the picnic shelter at the top of the hill. Hemlocks and waterfalls! Dogs must be on a leash. Pre-registration at recreation@kentville.ca.
Card party
October 17, 1 p.m., a "Funds for Fuel" bridge party will be held at the Annapolis Valley Macdonald Museum, 21 School Street, Middleton. Cost is \$4 per person, light lunch served. Call 902-825-6116 for more information.

horoscopes

October 2 - October 8

- ARIES - Mar 21/Apr 20**
Aries, certain feelings may not be easy to convey, but try to find the words this week. It's important to let your feelings be known, and others are waiting on you to speak up.
- TAURUS - Apr 21/May 21**
Taurus, coworkers respond favorably to a proposal you worked hard on. Allow this professional momentum to pay dividends outside of the office as well.
- GEMINI - May 22/June 21**
Gemini, mixed signals lead to a bit of confusion. It's nothing you can't handle if you backtrack and remedy the original situation, just provide yourself ample time to set things right.
- CANCER - June 22/July 22**
Be extra sensitive to the plights or concerns of others this week, Cancer. Some around you could benefit from some empathy and understanding.
- LEO - July 23/Aug 23**
Leo, now might be a great time to take a step back and enjoy a little breathing room. Look at things from a different perspective, and you might be amazed at your new outlook.
- VIRGO - Aug 24/Sept 22**
Virgo, many things in your life are vying for your attention. It's difficult to choose just one, but you will have to do so this week. If necessary, reach out to a friend for assistance.
- LIBRA - Sept 23/Oct 23**
Libra, your values and those of a loved one may clash from time to time. Some polite and intelligent discourse might be just what the doctor ordered this week.
- SCORPIO - Oct 24/Nov 22**
Reactions come swiftly and strongly this week, Scorpio. You either love or hate something, and things may be very black and white in your world in the days ahead.
- SAGITTARIUS - Nov 23/Dec 21**
Sagittarius, try to separate your personal life from your professional activities this week. This may require being a little more quiet and introspective than usual, but do your best.
- CAPRICORN - Dec 22/Jan 20**
Capricorn, let your feelings be heard if you feel underappreciated by someone close to you this week. Your loved one will appreciate your honesty and welcome your insight.
- AQUARIUS - Jan 21/Feb 18**
A meaningful conversation with the right person may occur this week, Aquarius. It could mean a step in the right direction for you and help to further your career.
- PISCES - Feb 19/Mar 20**
Pisces, your emotions are so strong this week that you may feel alienated from those closest to you. If so, make an effort to stay connected.



De meilleurs aliments pour une meilleure santé

(EN) De nombreux aliments, tels les fruits et légumes, sont des sources naturelles de vitamines et d'autres éléments nutritifs essentiels à une bonne santé. La sélection végétale moderne aide à rendre les bons aliments encore meilleurs, en leur donnant des propriétés anticancéreuses ou la capacité de combattre des problèmes de santé publique croissants, comme l'obésité et le diabète. Il est largement admis que les fruits et légumes bleu foncé ou violets, tels

les bleuets et le chou rouge, sont d'excellentes sources d'anthocyanes, les antioxydants dont nous avons besoin pour rester en bonne santé. Ceux-ci sont des piègeurs de radicaux libres – particules de haute énergie présentes dans le corps humain et susceptibles d'endommager les cellules –, ce qui veut dire qu'ils peuvent aider à lutter contre l'inflammation, le diabète et le cancer, ainsi qu'à réparer les cellules oculaires.

Au Royaume-Uni, par exemple, on a mis au point une tomate violette contenant un taux supérieur d'anthocyanes. Quoiqu'elle ne soit pas encore commercialisée, cette innovation



pourrait accroître la valeur nutritive de divers plats, depuis les pâtes et les pizzas jusqu'aux bruschettas et

des limes « sanguines » à chair pourpre et à taux élevé d'anthocyanes. Ils travaillent également à la création d'une orange sanguine pouvant être cultivée dans la zone subtropicale floridienne (ce fruit, normalement, pousse bien en Espagne et en Italie).

La carence en fer est la forme de malnutrition la plus répandue, d'après l'Organisation mondiale de la santé, et le manque de zinc cause des retards de croissance. Une équipe internationale de chercheurs a mis au point un riz contenant des taux élevés de fer et de zinc, qui pourrait aider à lutter contre la malnutrition et la faim dans le monde.

aux salsas. Des chercheurs de l'Université de Floride mettent actuellement au point



Win best guest ever with unique hostess gift ideas

(NC) Guarantee yourself an invite to the next dinner party or holiday event by bringing a creative token of appreciation for your hardworking host or hostess. Ditch the traditional bottle of wine and flowers with these unique gifts that encourage enjoying a cozy evening together.

Craft beer glasses. Craft beer keeps trending, with the push for local, meticulously brewed beverages stronger than ever. Remember cool beer glassware is more than an aesthetic consideration - the size, shape and stem all work together to affect the drink's taste, carbonation, amount of head (foam), hop oils, and aroma. Choose a mug or stein for stronger ales and lagers, a classic pint glass for lighter beers and blondes, a flute or tulip glass for fruity beers, and a Weizen glass for wheat beers.

Great liquor. You can never go wrong with alcohol, but a variety pack makes sure

there's something for everyone. Try a mix of flavourful ales and lagers that pair perfectly with cool weather comfort foods. Become the favourite guest by bringing two times the booze - one for the party and one for the host to hide and enjoy post cleanup.

DIY coasters. Even the most untested do-it-yourselfer can create an inexpensive gift with a personalized flourish using cork coasters, masking tape, and craft paint. Make stripes or patterns with the tape, paint over the coaster, and remove when dry. You can also try drawing something freehand or use stencils to create initials or designs that match your hostess' décor, like anchors, birds, or graphic prints.

Mason jar mix. Like all the gifts here, this mason jar mix is perfect for men and women and is a trendier take on the old-fashioned gift basket. Fill a mason jar with trinkets your host will love and tie with a

ribbon or rope for a DIY vibe that doesn't require crafting. It's also super versatile - stuff it with chocolates, cookies, or spa minis as thanks for a standard dinner invite and add a gift card if you're staying overnight.



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Canadians agree: Thanksgiving not complete without pumpkin pie

(NC) Canadians love their pumpkin pie. In fact, more than half feel a Thanksgiving meal isn't complete until pumpkin pie is on the table. In addition, more than three-quarters of those who think they won't enjoy a slice say they'd re-try it if a friend made it for them. These facts combined make it clear Thanksgiving is the perfect time of year to bake and serve this Turkey Day staple.

If you're looking for the perfect pumpkin pie to impress family and friends, try

this rich and creamy recipe.

Carnation Classic Pumpkin Pie

Makes: 8 servings

Ingredients

- 1 can (354 mL) Carnation regular or 2% evaporated milk
- 1 pastry for 10-inch (25 cm) single-crust pie
- 1 3/4 cups (425 mL) pumpkin puree
- 1 cup (250 mL) packed brown sugar
- 2 eggs

- 2 tbsp (30 mL) Robin Hood original all-purpose flour
- 1 tsp (5 mL) cinnamon
- 1/2 tsp (2mL) ground ginger
- 1/2 tsp (2mL) ground nutmeg
- 1/4 (1 mL) ground cloves
- 1/2 tsp (2 mL) salt

Directions

- Preheat oven to 350°F (180°C). On floured sur-

face, roll out pastry to 1/8-inch (3 mm) thickness.

- Fit pastry into 10-inch (25 cm) pie plate; press into bottom and up sides of plate. Trim overhang and flute edges.
- Whisk together pumpkin purée, sugar, eggs, flour, spices, and salt in large bowl until smooth and well combined; gradually whisk in evaporated milk. Fill pie shell with evaporated milk



mixture. Bake in bottom third of oven for 60 to 70 minutes or until set. Let cool completely on rack. Tip: Pies can be covered

with plastic wrap and refrigerated up to 3 days or frozen up to 1 month.

Find more great recipes at www.carnationmilk.ca.



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