



the Aurora

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RIAT: A look at the world's largest air show



Some of the members of 405 (Long Range Patrol) Squadron's CP140 Aurora crew waited out some rain on day one at the Royal International Air Tattoo, including, left Captain Fortin, front centre Major Paquette, back Master Corporal Hovey, and right Major MacSween. Submitted

Captain Nick Fortin, 405 (Long Range Patrol) Squadron

The Royal International Air Tattoo (RIAT) began with a short flight from Newquay, England, to Royal Air Force (RAF) Fairford in Gloucestershire, England: the nine-person crew from 405 (Long Range Patrol) Squadron, 14 Wing Greenwood, could hardly fathom the spectacle they were about to see.

The first item on the agenda was an aerial photoshoot, where the CP140M Aurora had to fly as slow as possible to match the top speed of the Skyvan aircraft. Once the crew was in close formation, they saw the back of the two-engine prop aircraft full of

photographers, who spent their entire day snapping away at the jet aircraft, aerobatic teams, propeller aircraft and any other visiting aircraft fortunate enough to garner an aerial photoshoot.

Once the 20-minute photoshoot was complete, it was the Aurora's turn to land. The tower controller had no hint of excitement in his voice, unlike the crew, who could see dozens of aircraft of all types and nationalities parked on the tarmac. The hundreds of photographers lining the airfield fence assured the crew this was the place to be.

With over 240 aircraft from 25 different nations taking part, the RIAT is the largest military airshow in the world. Hosted by RAF



A Royal Canadian Air Force CP140 Aurora, flown by a 405 (Long Range Patrol) Squadron crew, as it arrived in England for the Royal International Air Tattoo. SkyVan

Regional soccer takes to Greenwood fields

14 Wing Greenwood hosts the Canadian Armed Forces Atlantic regional soccer tournament August 19 to 23.

August 19 will see teams arriving for the 4 p.m. coaches' meeting at the 14 Wing Fitness and Sports Centre, followed by a 5:30 p.m. meet and greet.

Action gets underway August 20, immediately following the 8 a.m. opening ceremony on the Church Street Apple Bowl field. The round robin games are 70 minutes long; the play-off games are 90 minutes long.

In the women's division, Gagetown takes on Halifax in the first game, at 8:30 a.m. August 20. At 2 p.m., the 14 Wing Greenwood women take on Halifax. August 21, 14 Wing meets Gagetown at 10 a.m. The women's semi-final will be at 10 a.m. August 22, with the final at 8:15 a.m. August 23.

In the men's division, the first game will be Halifax versus 14 Wing Greenwood at 10 a.m. August 20. August 21, 14 Wing is back on the field at 8:30 a.m. against Gagetown, with Halifax versus Gagetown at 2 p.m. The men's semi-final will be August 22 at 8:15 a.m., with the final August 23 at 10 a.m.

Away teams will be staying in accommodations at 5th Canadian Division Support Base Detachment Aldershot. →

Continued on page 2...

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RIAT airshow...

...cover

Fairford in England, this year's show attracted 175,000 spectators between July 19 and 21. Themes celebrated this year included 70 years of the North Atlantic Treaty Organization and 100 years of the British Overseas Airways Corporation. Both were celebrated with fly-pasts: the former with a variety of modern front-line fighters and tanker aircraft from NATO member countries; the latter with a Boeing 747 in BOAC livery dragging along the Red Arrows, the RAF's premier aerobatic jet team of BAE Hawks. (Of note, the Red Arrows

started a North American tour August 11, their first in over a decade, in Halifax, where 14 Wing Commander Colonel Brendan Cook delivered remarks.) Other highlights of the show's aerial displays included teams from France, Italy and Jordan.

Although the forecast called for essentially clear skies, all three days had a mix of sun and cloud, with heavy rain on the Friday morning. This meant the air displays had to restrict their vertical manoeuvring. Nevertheless, the displays were nothing short of spectacular, ranging from single aerobatic prop aircrafts and large team displays to modern, fourth-generation high-performance supersonic jets and even transport aircraft, such as the Airbus A400M.

The crew spent most of its days with the Aurora static display, as a constant stream of enthusiasts, air cadets and personnel from other nations hoping to acquire some Aurora and 405 Squadron memorabilia visited. Drawing from 405 Squadron's birth in the United Kingdom during the Second World War, many conversations were struck up about the squadron's history,



Major MacGregor at work, vacuuming out the plane pre-show. Submitted



A C27 Spartan flying upside down!



A Lancaster bomber, escorted by a few Spitfires.



A cool paint scheme.



Some views of the planes exhibiting at the Royal International Air Tattoo. Submitted

its current roles flying the CP140M Aurora and the ongoing Block IV upgrades as a part of the Aurora Incremental Modernization Project.

The RCAF further supported the airshow with a CC130J Hercules from 436 (Transport)

Squadron in Trenton, Ontario. RCAF Commander Lieutenant-General Meinzinger was also in attendance, as the show provided the perfect platform for the commander to meet with peers from air forces around the world.

Planning the orderly departure of hundreds of aircraft is an art. From getting the fuel bowzers to the necessary aircraft to taxiing around the airfield without blocking other vehicles, the controllers at RAF Fairfield demonstrated a

superlative level of skill and coordination on departure day. The crew of 405 Squadron waved at hundreds of photographers lining the airfield as they departed for the beautiful (and quiet in comparison) Greenwood. →

Command Team Corner

Colonel Brendan Cook & Wing Chief Warrant Officer Dan Campbell

Welcome to the relaunch of the Command Team Corner. The wing chief warrant officer and I are committed to communicating openly with the members of 14 Wing and the local community. This forum will highlight your achievements, communicate strategies to address challenges and opportunities and provide the local community an insight into life on the wing.

This summer has been quite busy. Seven changes of command required the support of the wing to ensure outgoing commanding officers were honoured and incoming commanding officers were welcomed. The Cadet Training Centre was in full swing, training hundreds of Cadets, with 14 Mission Support Squadron and the Deputy Wing Commander section busy supporting them, in addition to conducting their

primary tasks. 413 Squadron's operational tempo has been high and, with their usual professionalism, they have saved numerous lives in the region. 405 Squadron has also been called out on some of these missions, while balancing other demands for maritime surveillance operations and force generation. 404 Squadron continues to generate *ab initio* long range patrol aviators and technicians at an impressive rate. 14 Air Maintenance Squadron has kept the CP140 periodic production line on pace and tackled some challenging fuel cell repairs. Throughout all, 14 Operations Support Squadron has supported operations and kept the airfield humming along. It is an impressive record, one which exemplifies our motto, "Operate as One."

During the handover, I was repeatedly impressed by every unit's dedication to strengthening the wing through the principle, "Operate as One." Rest assured I plan to build

on the solid foundation you have created. We will do so by embracing our motto on two interconnected levels: the individual and the collective.

Firstly, we will strive to enhance individual resiliency by integrating our approaches to physical, mental and social health. While technologies come and go, people are the fundamental building block of this wing. "Operate as One" on an individual level means ensuring you and the wing make an investment in your physical fitness. We will also invest in your mental health by ensuring a safe and supportive work environment, free from bullying and harassment, with access to resources to manage workplace conflict and professional care when you need it. Your physical and mental health must be coupled with healthy relationships with your family, friends, co-workers and the surrounding community. Mental and social health, like physical health, takes effort and com-



Colonel Brendan Cook, left, and Wing Chief Warrant Officer Dan Campbell

mitment from both you and all levels of leadership. We will seek to ensure you have opportunities to invest in your health, both at 14 Wing and in the greater Annapolis Valley. Building individual resiliency will ensure you have a high quality of life, now and long after you've retired.

On the collective level, we will use "Operate as One" to address our most pressing challenge, the growing experience gap across many trades and units. This is not

unique to Greenwood, but it's something we feel acutely. We will address this challenge by focusing on mentorship, the key to building any successful organization. If you take the time to share your knowledge and experience with your co-workers and subordinates, they will benefit from your experience. You will make them better and, by consequence, the team will be better. If you are acting as a mentor, you will embrace "Operate as One" at the collective level.

As I take command of 14 Wing, I ask you join me in recommitting to the principle of "Operate as One," both individually and collectively. Take positive steps to improve your physical, mental and social wellness, and take up the challenge to become a mentor. It is the best and most lasting way you can make your mark on the Canadian Armed Forces. It is also the best way to face our current and future challenges. "Operate as One." →

Chronique de l'Équipe de commandement

Colonel Brendan Cook et adjudant-chef d'escadre Daniel Campbell

Bienvenue au relancement de la Chronique de l'Équipe de commandement. L'adjudant-chef de l'Escadre et moi-même sommes déterminés à communiquer ouvertement avec les militaires de la 14e Escadre et la collectivité locale. Ce forum servira à souligner vos réalisations, à communiquer des stratégies pour relever des défis et saisir des occasions qui se présentent, et à donner à la collectivité locale un aperçu de la vie à l'Escadre.

La saison estivale a été occupée. Sept changements de commandement ont nécessité l'appui de l'Escadre pour s'assurer que les commandants sortants soient honorés et que les nouveaux commandants soient les bienvenus. Le Centre d'instruction des cadets battait

son plein, formant des centaines de cadets avec la 14e escadron de soutien de mission et la bureau du commandant adjoint d'escadre qui s'affairaient à les appuyer, en plus de réaliser leurs tâches principales. Le rythme opérationnel du 413e Escadron a été élevé et avec leur professionnalisme habituel, ils ont sauvé de nombreuses vies dans la région. Le 405e Escadron a également été appelé à participer à certaines de ces missions, tout en équilibrant d'autres demandes pour des opérations de la sécurité maritime et de la mise sur pied d'une force. Le 404e Escadron continue de former à un rythme impressionnant des aviateurs et des techniciens *ab initio* destinés à être affectés aux avions de patrouille à longue portée. Le 14e escadron de maintenance a maintenu le rythme de la chaîne de pro-

duction périodique du CP140 et s'est attaqué à certaines réparations difficiles aux réservoirs de carburant. Dans l'ensemble, le 14e escadron de soutien opérationnel soutenu les opérations et s'est assuré que tout roule rondement à l'aérodrome. C'est un record impressionnant, qui illustre notre devise « Unis dans l'action ».

Au cours de la passation des pouvoirs, j'ai été impressionné à maintes reprises par le dévouement de chaque unité à renforcer l'Escadre en appliquant le principe « Unis dans l'action ». Soyez assurés que j'ai l'intention de bâtir sur les bases solides que vous avez créées. Nous le ferons en adoptant notre devise à deux niveaux interconnectés : l'individu et le groupe.


Premièrement, nous nous efforcerons d'améliorer la résilience individuelle en in-

tégrant nos approches en matière de santé physique, mentale et sociale. Tandis que les technologies vont et viennent, les personnes constituent l'élément fondamental de cette escadre. « Unis dans l'action » sur le plan individuel signifie que vous et l'Escadre investissez dans votre condition physique. Nous investirons également dans votre santé mentale en vous assurant un milieu de travail sécuritaire et positif, exempt d'intimidation et de harcèlement, avec accès à des ressources pour gérer les conflits en milieu de travail et des soins professionnels lorsque vous en avez besoin. Votre santé physique et mentale doit s'accompagner de relations saines avec votre famille, vos amis, vos collègues et la collectivité environnante. La santé mentale et sociale, tout


comme la santé physique, exige des efforts et un engagement de votre part et de la part de tous les échelons de la direction. Nous veillerons à ce que vous ayez les possibilités d'investir dans votre santé, tant à la 14e Escadre que dans la grande région de l'Annapolis. Le renforcement de la résilience individuelle vous assurera une qualité de vie élevée, maintenant et longtemps après votre retraite. À l'échelle collective, nous utiliserons « Unis dans l'action » pour relever notre défi le plus pressant, à savoir l'écart d'expérience croissant dans de nombreux GPM et unités. Ce n'est pas propre à Greenwood, mais c'est un problème que nous ressentons grandement. Nous relèverons ce défi en nous concentrant sur le mentorat, qui est la clé du succès de toute organisation. Si vous prenez le temps de partager vos connaissances

et votre expérience avec vos collègues et vos subordonnés, ils et elles en profiteront. Vous les aidez à s'améliorer et, par conséquent, l'équipe s'améliore aussi. Si vous agissez en tant que mentor, vous intégrez l'idée « Unis dans l'action » au niveau du groupe.

Alors que j'assume le commandement de la 14e Escadre, je vous demande de vous joindre à moi pour réitérer votre engagement à l'égard du principe « Unis dans l'action », tant individuellement que collectivement. Prenez des mesures positives pour améliorer votre bien-être physique, mental et social, et relevez le défi de devenir un mentor. C'est la meilleure façon, et la plus durable de laisser votre marque sur les Forces armées canadiennes. C'est aussi le meilleur moyen de relever les défis actuels et futurs. « Unis dans l'action. » →



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Royal Canadian Air Force website
Site Web de l'Aviation royale canadienne
www.rcacf-arc.forces.gc.ca

CAF Connection Site
Site du portail communautaire des Forces canadiennes
www.cafconnection.ca

14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
www.airforce.forces.gc.ca/en/14-wing/index.page



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Centre des ressources pour les familles des militaires
www.cafconnection.ca

VPI | VPI
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bravo zulu | promotions & presentations

14 Wing Imaging unless otherwise indicated.



Master Corporal Todd Detcheverry, centre, was promoted to sergeant June 27 by 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel Ray Townsend, left, with Chief Warrant Officer J-P Lesperance.

Master Corporal C. Roche, 404 Squadron Courseware Development



Corporal David Fortune, centre, was promoted to master corporal June 27 by 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel Ray Townsend, left, with Chief Warrant Officer J-P Lesperance.

Master Corporal C. Roche, 404 Squadron Courseware Development



June 27, 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel Ray Townsend, centre, was promoted to colonel by 14 Wing Greenwood Commander Colonel Mike Adamson, left, during morning brief at the Hornell Centre, 14 Wing Greenwood; with Wing Chief Warrant Officer Dan Campbell.

Master Corporal C. Roche, 404 Squadron Courseware Development



Master Corporal Ulrich Reiner, centre, was promoted to sergeant June 27 by 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel Ray Townsend, left, with Chief Warrant Officer J-P Lesperance.

Master Corporal C. Roche, 404 Squadron



Aviator Austen Libby, an aviation systems technician with 407 (Long Range Patrol) Squadron, was recently promoted to corporal by Colonel Ray Townsend, left, with Master Warrant Officer Vicky Puttick; in 11 Hangar, 14 Wing Greenwood.

Master Corporal K. Scott, 404 Squadron



Master Corporal Joel Gravel, centre, was recently promoted to his new rank by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Luc Vachon, left; with Master Warrant Officer Craig MacLellan.

Aviator J. Powless



Master Corporal Jeffrey Neal, centre, was recently presented with his new rank by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Luc Vachon, left; with Master Warrant Officer Craig MacLellan.

Master Corporal K. Conrick, 405 Squadron



Captain Bryan Morrison, centre, recently received the Canadian Forces Decoration from 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Luc Vachon, left; with Master Warrant Officer Craig MacLellan.

Aviator J. Powless



Master Corporal Martin Joannis, centre, was recently presented with his new rank of master warrant officer by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Luc Vachon, left; with Master Warrant Officer Craig MacLellan.



Chief Warrant Officer J-P Lesperance, second from right, was promoted to captain, following receipt of his commission June 27, by 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel Ray Townsend, second from left; with 14 Wing Greenwood Commander Colonel Mike Adamson, left, and Wing Chief Warrant Officer Dan Campbell.

Master Corporal C. Roche, 404 Squadron



Major Alex Forest, centre, was promoted July 22 to lieutenant-colonel by Lieutenant-Colonel Dale King, left, deputy wing commander; Colonel Mike Adamson, second from left, 14 Wing Greenwood commander; with Chief Warrant Officer John Martin, Deputy Wing Commander Branch, right; and Major Melanie Lepage.

Leading Seaman C. Moon, 14 Wing Imaging



Warrant Officer Colin Farmer, third from left, was promoted to master warrant officer July 3 by Major Rodney Chongva, acting commanding officer of 14 Mission Support Squadron, second from left; with Chief Warrant Officer John Martin, second from right; Captain Rick Costain, left; Master Warrant Officer Dave Witherall, third from right; and Master Warrant Officer Morgan MacDonald, right.



Sergeant Edward Fairhurst, third from left, was promoted to warrant officer July 3 by Maj Rodney Chongva Acting Commanding Officer of 14 Mission Support Squadron Left with Chief Warrant Officer John Martin, second from right; Captain Rick Costain, left; Master Warrant Officer Dave Witherall, third from right; and Master Warrant Officer Morgan MacDonald, right.



Master Corporal Eric Bouchard-Trudel, centre, was promoted to sergeant July 3 by Major Rodney Chongva, second from left, acting commanding officer 14 Mission Support Squadron; with Chief Warrant Officer John Martin, second from right; Captain Rick Costain, left; and Master Warrant Officer Morgan MacDonald, right.



Corporal Scott Marshall, centre, was promoted to master corporal July 3 by Major Rodney Chongva, second from left, acting commanding officer 14 Mission Support Squadron; with Chief Warrant Officer John Martin, second from right; Captain Rick Costain, left; Master Warrant Officer Dave Witherall, third from right; and Master Warrant Officer Morgan MacDonald, right.



Aviator Joshua VanMaanen, centre, was promoted to corporal July 3 by Major Rodney Chongva, second from left, acting commanding officer 14 Mission Support Squadron; with Chief Warrant Officer John Martin, second from right; Captain Rick Costain, left; Master Warrant Officer Dave Witherall, third from right; and Master Warrant Officer Morgan MacDonald, right.



Sergeant Jory Nason, second from right, was promoted to warrant officer June 21 by 14 Mission Support Squadron Commanding Officer Lieutenant-Colonel Christ Pratt, second from left; with Captain Rick Costain, right; and Master Warrant Officer Chris Philpott, left.



Corporal Gerald Selig, centre, was promoted to master corporal June 21 by Captain Rick Costain, left, acting officer commanding 14 Mission Support Squadron Construction Engineering Flight; with Master Warrant Officer Chris Philpott.



Corporal Shantz Hallman, second from right, was promoted to master corporal June 21 by Captain Rick Costain, second from left, acting officer commanding 14 Mission Support Squadron Construction Engineering Flight, left; with Master Warrant Officer Chris Philpott, left.



Aviator Joey Guitard, centre, received his first chevron June 21, presented by Captain Rick Costain, left, acting officer commanding 14 Mission Support Squadron Construction Engineering Flight, left; with Master Warrant Officer Chris Philpott.



Riders will be easy to spot with their signature ride jersey, hitting Valley roads August 24 and heading to Halifax August 25 on Nova Scotia's first two-day Wounded Warrior Canada Highway of Heroes Bike Ride. Submitted

Weekend ride ready to roll for Wounded Warriors

Sara White, Managing editor

Riders are putting in their last few practice runs before joining the first Nova Scotia Wounded Warrior Canada Highway of Heroes Bike Ride August 24 and 25.

The ride is patterned after larger events that take place across the country, but will take in two Nova Scotia routes: the ride will start at 14 Wing Greenwood at 8 a.m. August 24 and make

its way through the Valley, travelling 92 kilometres and ending at Acadia University. August 25, riders will cover 112 kilometres through Eastern Kings and Hants counties, ending in Halifax at Citadel Hill.

Along the way for participants are water stops, dinners and an auction, accommodations, ride support and other on-route needs, transportation to or from Halifax, the ride jersey and more. Several Legions will

meet the ride at community cenotaph stops along the way, including the Veterans Drive memorial in Berwick around 10:15 a.m. August 24, and Windsor mid-day August 25. Other stops will be located at paramedic stations, police detachments and fire halls, as the ride highlights the people Wounded Warriors Canada helps: military veterans, firefighters, paramedics and police - and their families.

14 Wing Greenwood's

new commander, Colonel Brendan Cook, is one of the most recent to join the ride; new participants are still welcome to sign on: registration is \$250, plus any fundraising they'd like to bring to the table. Organizer Dean Peach says riders are welcome right up to the start (with the ride jersey backordered as a keepsake).

For details or to register, contact Peach, hhrns@woundedwarriors.ca or 902-840-0325. →

14 Wing Band highlights Kingston bandstand concert

August 25, take in a summer concert in the natural setting of Kingston's Centennial Park and the Beaman

Bandstand, with featured entertainers the 14 Wing Band.

As part of the Kingston outdoor summer concert

series, the 14 Wing Band, along with guest pipe soloists Lieutenant Andrew Bruce and Major Melony Lepage, will entertain during a free and

family-friendly afternoon of music, from 2 p.m. on. Bring your lawn chairs, some water and enjoy a terrific afternoon of music. →

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Welcome Dr. Amy

Dr. Teresa Speelman and her team at Greenwood Animal Hospital would like to welcome DR. AMY HERY to the team! Dr. Amy was born and raised in Ottawa, Ontario. She graduated from the Western College of Veterinary Medicine in Saskatoon, Saskatchewan in 2015. Dr. Amy's professional interests include surgery, dermatology and ultrasonography. When Dr. Amy is not at work she can be found spending time with her husband and her two young children. Her furry family consists of her two dogs, two cats and a horse.

Feel free to drop in at any time at the clinic and welcome Dr. Amy.

www.greenwoodanimalhospital.ca

14 Wing Greenwood Wing Welcome **Rexpo** Saturday, September 14 10 a.m. to 1 p.m.

Community non-profit organizations and businesses are invited to showcase their programs and products, as 14 Wing welcomes new families and old friends to the Valley.

For information on booking/ renting a table for your display, contact Michelle Smith, 14 Wing Greenwood Community Recreation Clerk, 902-765-1494 local 5341 or Michelle.Smith@forces.gc.ca or Jill Jackson, 14 Wing Greenwood Community Recreation Manager, 902-765-1494 local 5331 or Jill.Jackson@forces.gc.ca

Rates

- Non-profit and 14 Wing club displays are free
- Business display \$200 per table plus tax
- Business sponsor display included in sponsor package

Payment must be paid to confirm table.

Deadline to register September 3 (book early, as spaces are limited)

www.facebook.com/14WingWelcome

2019 Wing Welcome Bienvenue à l'escadre

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Play! Kids' space, place from start to finish

Sara White, Managing editor

Colonel Mike Adamson and Wing Chief Warrant Officer Dan Campbell had to make way – fast – for a crowd of kids heading for the new playground equipment on Pathfinder Drive.

While they were on hand to cut the ribbon to open the play space, they were both quick to credit the persistence of the kids themselves in advocating for the park.

"I remember sitting at the table last year – they were so well organized, they had a list," Adamson said July 22, as some of what was on that list went into use. "They recognized we weren't meeting a need after an old playground had to be torn down. I want to thank this group for being community-Ominded – what do you think about this playground? Isn't it awesome?"

Adamson also thanked the Real Property Operations Detachment Greenwood personnel who took the community children's letter and the wing



Brooke, Matthew, Caden, Emerson, Ruria, Kian, Alvena, Karl, Sophie, Adien and Folen brought Adamson, foreground, and Campbell a thank you letter as the wing opened Dandelion Park July 22. "Seeing the park being built from start to finish was amazing and very exciting... When we first walked into the meeting to start the journey of the park, we all had... an expectation which you guys/girls blew out of the water, went above and beyond, and we can't thank you enough for listening to our little voices that wanted to make a change." S. White



14 Wing Greenwood Commander Colonel Mike Adamson, left, and Wing Chief Warrant Officer Daniel Campbell open the new Dandelion Park playground during a ribbon cutting ceremony July 22 at 14 Wing Greenwood. Corporal T. Matheson, 14 Wing Imaging



July 24, 14 Wing Greenwood Chief Warrant Officer Daniel Campbell presented Ivy Dyer, centre, a coin for naming the new Pathfinder Drive playground Dandelion Park. Joining them are Ivy's sisters Marigold, left, and Holly. Leading Seaman C. Moon, 14 Wing Imaging

commander's direction in the spring of 2018 and developed the playground, including all the financial and construction planning a project entails.

"They – and a lot of other people – made this work," Adamson said. "It wasn't on our list, but we found the funds and made it work. It means a lot to me."

The new playground is located near the neighbourhood's school bus stop, just down

the street from the one removed near the Canada Post outlet in 2017. Its equipment is designed for youth ages five to 12, and includes a few pieces that can be used for those needing extra accessibility. The park also features a soft-surface ground cover under all of the equipment, and it's fenced.

Mid-Valley Construction worked on the project, bringing in ABC Recreation and

Playteck Surfacing to help with the different components. The project was completed on time, working around some challenging wet weather in the

spring and early summer. Adamson and Campbell also were pleased to announce the name of the new playground: the winning suggestion made

in a contest was from Ivy Dyer, who offered up "Dandelion Park" in recognition of dandelions as the flower for military children. →

Annapolis Valley Regional Centre for Education

School Opening Notice

The first day of school is **September 5, 2019**
School offices open on August 26, 2019

Check your school bus info online before September at
<https://transportation.avrce.ca/>
For transportation questions, contact us at
transportation@avrce.ca
902-538-4641 or 1-800-850-3887

Pre-Primary spaces are available at many schools! Visit www.avrce.ca/article/pre-primary-programs for locations. To register, contact 902-538-4629 during the summer, or school offices after August 26.

www.avrce.ca
Twitter: @AVRCE_NS
Working Together for Students

Valley Family Optometry

ANNOUNCEMENT

DR. JENAY ARMSTRONG

Valley Family Optometry is proud to announce the addition of Dr. Jenay Armstrong as an associate optometrist.

Dr. Armstrong is a local, born and raised in Middleton, NS. She completed a Bachelor of Science in Agriculture degree at Dalhousie University in 2015, and continued on to earn her Doctor of Optometry, with Dean's List Honours, from the University of Waterloo in 2019. While in optometry school, Dr. Armstrong completed an externship at the OMNI Eye Institute of Atlanta in Atlanta, Georgia, where she gained extensive experience in glaucoma, cataract, and retinal health management.

Dr. Armstrong has been part of the Valley Family Optometry family since her time as a student, when she had the opportunity to work in all aspects of the clinic during the summers between optometry school, followed by an externship in the clinic in the fall of 2018. She is thrilled to return to the Annapolis Valley to begin her career.

In her spare time Dr. Armstrong enjoys spending time with friends and family, as well as travelling and camping.

545 Victoria Drive, Kingston | 902.765.2420 | valleyfamilyoptometry.com

NEW PATIENTS WELCOME

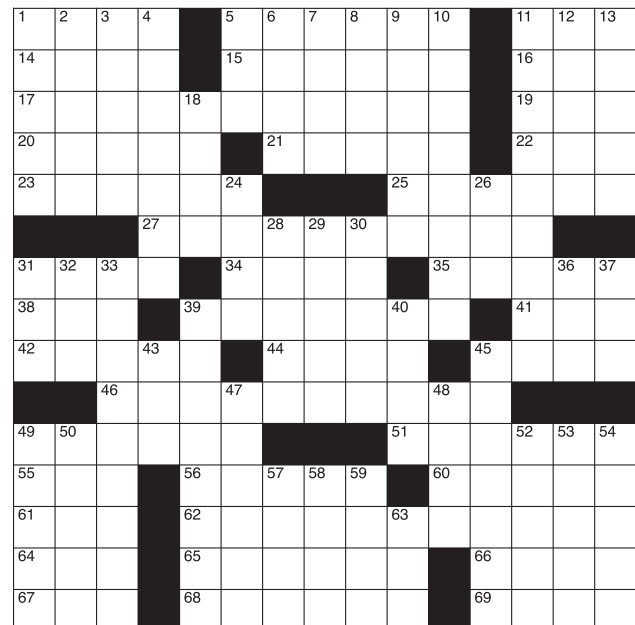


The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9.30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.aliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire.

metro crossword

solution page 10



- ACROSS**
- Scottish tax
 - Filled with horror
 - Type of music
 - Variety act
 - Half-conscious state
 - Discontinued
 - European money
 - Formal declaration
 - Shaft horsepower (abbr.)
 - A way to express concentration
 - Airline
 - Goes well with a carrot
 - Length of pant leg
 - Mark with a cut
 - One who destroys completely
 - Greek sophist
 - Thomas Hobbes's "De..."
 - Copyreads
 - Talk
 - Endangered
 - Snag
 - Comedienne Tyler
 - Castrate a male animal
 - Taj Mahal site
 - Tending to concede
 - One who accepts
 - Albanian capital
 - Takes kids to school
 - About Moon
 - Seamounts: underwater volcanoes
 - Lily, drug company
 - Not working
 - Alaska nursing board
 - Famed arena
 - Muslim ruler title
 - Famed arena
 - Back again for more food
 - Cheek
 - Edible fish
 - Lament for the dead
 - Woody climbing plants
 - Small rooms for prisoners
 - Ottoman military commander
 - "The Crow" actress
 - Ling
 - A way of lopping off
 - Cigarette (slang)
 - Helps little firms
 - Member of small discussion group
 - Copyread
 - V-shaped open trough
 - Fokes holes in
 - Beloved "Captain"
 - Resume
 - On a line at right angles
 - Light up lamps
 - Part of the psyche
 - Leeward Island
 - 1960s counterculture activist
 - Edible seaweed
 - Imitator
 - Look at and comprehend
 - Root mean square (abbr.)

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Teen art
Thursdays through August, 6:30 p.m. to 8 p.m., the Kingston Library invites teens (ages 12 to 18) to join 7Arts volunteer artists. Explore sketching with charcoal, lead pencils, markers, yard sticks - you name it! We'll create Anime, caricatures, animals, Pokemon and more. Registration required as space is limited.

Demonstration Mondays
August 19, 10 a.m. to 11 a.m., the Annapolis Royal Library Innovation Lab demonstrates some of its equipment, with a local expert doing a demo and answering questions. For info: 902-532-2226. This week: Ultimaker 3D printer.

Blood donor clinic
August 19, 5 p.m. to 8 p.m.; and

August 20, 1 p.m. to 3 p.m. and 5 p.m. to 8 p.m.; Canadian Blood Services will hold a blood donor clinic at the Kingston District Fire Department. There are 225 appointments to fill. Book your appointments today by downloading the GiveBlood app or visit blood.ca.

West Kings football registration
August 20, 6 p.m. to 7 p.m., West Kings student athletes are welcome to register for West Kings football at the field behind the school. For further information, contact Ryan Knight at rknight062@yahoo.ca or Mark Gordon at mark.gordon40@gmail.com.

Blood donor clinic
August 21, noon to 3 p.m. and 5 p.m. to 7 p.m., the Berwick Lions

host a Canadian Blood Services' blood donor clinic at the Berwick Lions Hall in the Apple Dome, Veterans Drive, Berwick. Our goal is 96 donations: book your appointment at blood.ca. New donors are welcome.

Summer kids' tech
August 21, 2:30 p.m. to 3:30 p.m., the Rosa M. Harvey Middleton & Area Library: join us for a fun hour of tinkering with tech toys, kits and making some pretty cool stuff. For ages seven to 12, pre-register at 902-825-4835. This week: light up creatures - create your own.

Blood donor clinic
August 21, noon to 3 p.m. and 5 p.m. to 7 p.m., Canadian Blood Services will hold a blood donor clinic at the Berwick & District Lions Hall. There are 144 of appointments to fill. Book your appointment today by downloading the GiveBlood app or visit blood.ca.

Summer kids' tech
August 21, 10:30 a.m. to 11:30 a.m., the Berwick and District Library: join us for a fun hour of tinkering with tech toys, kits and making some pretty cool stuff. For ages seven to 12, pre-register at 902-538-8060. This week: Cubelets & Hexbugs.

Summer kids' tech
August 22, 10:30 a.m. to 11:30 a.m., the Kingston Library: join us for a fun hour of tinkering with tech toys, kits and making some pretty cool stuff. For ages seven to 12, pre-register at 902-765-3631. This week: Cubelets & Hexbugs.

Art for teens
August 23, evening: youth aged 12 to 18 are welcome for a fun night of drawing and sketching their favourite characters. Register at the library or online

at valleylibrary.ca/event/teen-fan-art-0 .

Summer tech makers
August 23, 2:30 p.m. to 3:45 p.m., the Rosa M. Harvey Middleton & Area Library: join us for some fun with tech toys, some kits and making some pretty amazing things. For ages 10 and up, pre-register at 902-825-4835. This week: rubber band racers.

Coffee & Conversation
August 23, 2019 10 a.m. to 11:30 a.m., the Berwick and District Library conversation starter is A. Sandy Buchan, seniors' transit champion, Kings Transit Authority. Join us for coffee, tea and conversation with neighbours. Each month a guest will help us get the conversation started.

Dart tournament
August 24, 10 a.m., 107 Valley Wing RCAF Association will host an open doubles dart tournament at the Greenwood centre. Cost is \$30 a team, with all money back out as prizes. Contact Denis at 902-824-4626 to register.

Supper
August 23, 5 p.m. to 7 p.m., the Royal Canadian Legion Ortona 69 - Berwick hosts a Friday night BBQ supper (eat-in or take-out): sausage, burgers, hot dogs, salads and desserts. The public is welcome. Prices range from \$4 to \$8.25.

Autos for Autism
August 24, 10 a.m. to 3 p.m., a car show and fundraising event will be held at the Credit Union Centre in Kingston. Entry by donation. Any and all vehicles welcome. BBQ, 50/50 draw, driver prizes, raffle items and more! Information and vendors related to autism will be set up (Project Lifesaver, FSTRA, Rowans Room, NSECDIS, AV Mental Health, The Pearl jewelry and more). All proceeds go to support local children, teens and adults with autism. For more info, contact the Annapolis Valley chapter of Autism NS at 902-242-2019 or Marty Cress, event organizer, at 902-341-2035.



Cemetery (740 Tremont Mountain Road). Extra hands and whipper snippers welcome.

Cemetery service
August 25, 2 p.m., the annual cemetery service and blessing of the graves for Torbrook Mines United Church will be held, with Rev. Joy Noble conducting the service. Plot-holders and interested members of the public with ties to this cemetery are encouraged to attend. Offering for cemetery purposes.

At the Evergreen
August 25, 8 p.m., the Evergreen Theatre, 1941 Stronach Mountain Road, Margaretsville; presents Across the Pond: The British Invasion, Then and Now. After the Fab Four appeared on the Ed Sul-



ivan Show in 1964, North American music was never the same! Across the Pond celebrates over 50 years of British pop and rock music. Tickets \$30 (military \$25, students \$15) through TIXHUB,

evergreentheatre.ca.
Story time
August 27, 10:30 a.m., the Kingston Library hosts story time with Shelly for pre-school aged children and their parent/ caregiver.

horoscopes

August 18 to August 24

- ARIES - Mar 21/Apr 20**
There are a few obstacles in your career path right now, Aries. Thankfully, you have a clever way to navigate right around them. All it takes is a little charm.
- TAURUS - Apr 21/May 21**
It can be difficult to make decisions when under pressure, Taurus. This week you may be put on the spot to answer some difficult questions.
- GEMINI - May 22/June 21**
Now may be a good time to invest some money into a luxury purchase, Gemini. This can be anything from an extensive vacation to a new car. Just consider the budget beforehand.
- CANCER - Jun 22/Jul 22**
Cancer, a minor health scare could have you rethinking your diet and exercise regimen. Speak with a doctor about the best course of action if you want to overhaul your health.
- LEO - Jul 23/Aug 23**
Leo, some tough choices will be falling on your shoulders in the days ahead. Not everyone may agree with your decisions, but you need to stand by them.
- VIRGO - Aug 24/Sept 22**
There is only so much that debate will accomplish, Virgo. You may have to sit back and go with the flow on this one, even if that may be difficult.
- LIBRA - Sept 23/Oct 23**
All it may take is a weekend getaway to completely recharge your mind and body, Libra. Trips do not have to be long to prove rejuvenating. A change of scenery is important.
- SCORPIO - Oct 24/Nov 22**
Scorpio, make a list of the pros and cons of a career change and then mull it over carefully. Explore if salary, environment or status are driving factors in wanting something new.
- SAGITTARIUS - Nov 23/Dec 21**
Memories of good times could have you temporarily living in the past, Sagittarius. That is okay as long as you can come back to the present when necessary.
- CAPRICORN - Dec 22/Jan 20**
Capricorn, put your pride to the side and focus on what would be best for the majority of people in your family circle. Then you can gear your decisions toward their well-being.
- AQUARIUS - Jan 21/Feb 18**
Aquarius, if your diet and exercise regimen hasn't been as successful as you'd hoped, you may want to speak with a dietitian. Then you can get back on track.
- PISCES - Feb 19/Mar 20**
Pisces, there are a few cosmic disturbances on the horizon but nothing you cannot handle with a little finesse. Expect things to blow over shortly.

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The Village of Kingston

Notice

CHANGE IN MEETING DATES

Effective its September 2019 meeting, the regular meeting of the Kingston Village Commission will now occur on the **second Thursday of every month.**

All Commission meetings are at 7:00 pm at the Kingston Village office - 671 Main Street, Kingston, NS.

The Village of Kingston
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Kingston, NS B0P 1R0
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www.kingstonnovascotia.ca

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- Fax: 902-765-1717
- Drop into our office located at 61 School Road (Morfee Annex)

Entry deadline: Noon, August 22, 2019

Full name _____ Phone number _____

Complete the following questions from ads in this week's issue and win a **\$20.00 coupon to play Friday Night BINGO** from Aylesford & District Lions. Coupons valid for 1 year. Age 17+ on regular games.

- Who wants you to join us today? _____
- What business is still located at 780 Central Avenue, Greenwood? _____
- Who got her degree at Dalhousie in 2015? _____
- Who has a B.Comm working out of Wolfville? _____
- Who performs between 6:30 and 8 pm, August 22? _____

Congratulations to last week's winner: FRANKLYN DALE MCKAY

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902-847-9374

Community colour: yellow

Operation Yellow Ribbon took place in two Nova Scotian communities in recent weeks. Placing the first ribbon on the Veterans Memorial Bridge in Bridgewater, left, July 22 was Mayor David Mitchell and Major Michael Burris, commanding officer of 14 Construction Engineering Squadron. Assisting was Branch 24 Royal Canadian Legion president Wayne Thorburne and Master Warrant Officer Jonathon Porter. In Pictou August 6, members of 14 CES joined 144 Construction Engineering Flight in Pictou to place yellow ribbons in the downtown area. Town Mayor Jim Ryan hosted a ceremony at Market Square with local residents, visitors and Legion members. The yellow ribbon is a symbol of support for military members and their families at home.

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron

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the Aurora

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classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroramarketing@ns.aliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annonces classées doivent être réservées et payées à l'avance avant 10 h, le jeudi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroramarketing@ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

crossword solution

C	E	S	S	A	G	H	A	S	T	R	A	P
O	L	I	O	T	R	A	N	C	E	U		
A	F	F	I	R	M	A	T	I	O	N	S	H
T	I	T	R	E	D	E	L	T	A	P	E	A
I	N	S	E	A	M							
A	B	A	S		C	I	V	E		E	D	I
G	A	B		P	E	R	I	L	E		N	A
A	I	S	H	A		G	E	L	D		A	G
A	B	I	D	E	R		T	I	R	A	N	A
B	U	S		L	U	N	A	R		T	A	N
E	L	I		I	N	O	P	E	R	A	T	I
A	B	N		S	C	R	E	A	M		E	M
M	S	G		T	H	I	R	D	S		S	A



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FOR SALE - Cottages for sale - 2 and 3 bedroom cottages on Zwickers Lake, Annapolis County. Winterized and ready to move in. Great location for families or friends. For viewing or questions call Nolan: 902-233-7796 or Kristin: 902-824-0801. (4029-4tp)

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Energy improvement work continues at 14 Wing

Progress on building energy efficiency upgrades is being made each day at 14 Wing Greenwood.

Work will reduce 14 Wing's energy consumption and greenhouse gas emissions, as part of the Department of National Defence's "Strong, Secure, Engaged" defence policy, aiming to green defence infrastructure and tackle climate change. Upon comple-

tion of improvements to over 50 buildings at the base, an expected annual greenhouse gas emission reductions of 7,467 tonnes of equivalent carbon dioxide will equal taking 1,600 cars off the road. This work is key to help reach DND's goal of a 40 per cent reduction over 2005-level greenhouse gas emissions by 2030.

Construction is almost done at the Annapolis Mess, the 14 Wing Fitness and Sports Centre and the Birchall Training Centre, where LED lighting upgrades and improvements to the building automation system have been installed. HVAC upgrades at the Morfee Centre will begin soon, including new heating and air system controls. This work will continue through the

summer and result in a more comfortable, energy-efficient building. Additional work expected to run through the summer months includes lighting retrofits at Hangars 11 and 14, building automation upgrades at Hangars 11, 12 and 13, and insulation upgrades to steam vaults and building entry pits.

New energy efficient equipment will also upgrade the indoor pool in the Fitness and Sports Centre during a scheduled shutdown in August. A fluid-cooled dehumidification unit with heat-reclaiming capabilities will replace the existing one, reducing the overall energy consumption and demand on the steam and hot water heating system. It will also improve humidity levels within the pool area. →

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 - Letter H - 80/20
 - Triple Jackpot - R-W-B
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14 Wing Imaging unless otherwise indicated.



June 12, Sergeant Jeremy Shepperd, second from right, Transportation Electrical and Mechanical Engineering Flight, 14 Mission Support Squadron; was promoted to his current rank from master corporal. Pictured with him are his wife, Ann Marie Lapierre, second from left; past officer commanding TEME Major Todd Batt, right; and TEME Master Warrant Officer Frank Macdonald.



June 12, Master Corporal Krystal Harvey, second from right, was promoted to her current rank from corporal. Pictured with her are her son, Kaydin; officer commanding Transportation Electrical and Mechanical Engineering Flight Major Todd Batt, right; and Master Warrant Officer Frank MacDonald.



June 12, Master Corporal Joseph Comeau, second from right, was promoted to his current rank from corporal. Pictured with him are his wife, Rebecca, second from left; daughter Chloe, center; officer commanding Transportation Electrical and Mechanical Engineering Flight officer commanding Major Todd Batt, right; and Master Warrant Officer Frank MacDonald.



July 17, Master Corporal Gregory Gillis, centre, Transportation Electrical and Mechanical Engineering, 14 Mission Support Squadron; was promoted to his current rank from corporal. Pictured with him are officer commanding Major Mark Henneberry, left, and Master Warrant Officer Frank MacDonald.



June 12, Master Corporal Andy Anthony, centre, was promoted to his current rank from corporal. Pictured with him are officer commanding Transportation Electrical and Mechanical Engineering Flight Major Todd Batt, right, with Master Warrant Officer Frank MacDonald.



June 12, Master Corporal Sheldon Cole, second from right, was promoted to his current rank from corporal. Pictured with him are, Holly, second from left; officer commanding Transportation Electrical and Mechanical Engineering Flight Major Todd Batt, right; and Master Warrant Officer Frank MacDonald.



July 25, Corporal Derek Loder, 24 Military Police Flight, centre; was presented the Sacrifice Medal by 14 Wing Greenwood Commander Colonel Mike Adamson, front left; with Wing Chief Warrant Officer Dan Campbell, front right; 24 Military Police Flight Detachment Commander Captain Mark Childs, back left; and Warrant Officer Robert Hallett, Loder enrolled in the Canadian Armed Forces in June 2004 as a combat engineer, and served on three deployments to Afghanistan, experiencing multiple ambushes, fire fights and explosions which injured and killed fellow CAF members and local interpreters. He also conducted a number of post-blast investigations of IED strikes. He went on to teach at the Canadian Forces School of Military Engineering and, in July 2018, he transferred to the Military Police and attended the Canadian Forces Military Police Academy. He was posted to 24 MP Flight in December 2018.

Corporal T. Matheson, 14 Wing Imaging



May 29, Corporal Jeffrey Stevens, centre left, was presented the Flight Safety Award for professionalism following an incident where his "keen attention to detail in noticing the loose bolt and his initiative to rectify the issue prevented costly damage and operational delays." The award was presented by 413 (Transport and Rescue) Squadron Commanding Officer Lieutenant-Colonel Frank Gauvin, left; with Major Ashley Oliver, centre right; and Master Warrant Officer Chris Lamothe.

Ordinary Seaman J. Morris, 14 Wing Imaging

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as you surf the books, DVDs, magazines and more at the **14 Wing Greenwood Library.** No code or password needed to access a world of information: just use the "Library Guest" setting to access your free connection.



From left are 14 Wing triathletes Private Mat Duheme (Olympic), Lieutenant Jonathan Lapointe (Olympic), Captain Shannon Archer (Sprint) and Captain Brad Allen (Olympic). The four competed at the July 6 Canadian Armed Forces' nationals, part of the Triathlon de Gatineau. Submitted

Four represent wing at CAF nationals triathlon

Four 14 Wing Greenwood members travelled to take part in the July 6 Triathlon de Gatineau, specifically entering the Canadian Armed Forces' nationals division within the event. Athletes must complete a race prior to the CAF triathlon to enter the July race, with qualifying times varying for the various race distances

and gender. The triathlon includes two events: the Olympic (1,500 metre swim, 40 kilometre bike, 10 kilometre run) and the Sprint (750 metre swim, 20 kilometre bike, five kilometre run).

This was Captain Shannon Archer's first CAF nationals.

"It was an amazing experience – the team is full of exceptional air, navy, and army men and women, all an exceptional group of athletes and people. They were all very supportive and welcoming. I look forward to competing again next year."

Lieutenant Johnathan Lapointe thanked 14 Wing Greenwood leadership and co-workers for their support of the base's triathlon contingent.

"It's always fun to race at Gatineau and compete against other members of the CAF," he said. "A big thank you to the wing and the chain of command for supporting sporting events such as the CAF triathlon nationals."

The four are members,

train and volunteer with the 14 Wing Greenwood-based Zedez Tri Club. Captain Brad Allen is president, and says the group is always aiming to grow triathlon in the com-

munity, offering athletes of all levels the opportunity to learn about the sport, train and compete together. The club offers regular clinics, club events and training plans. →

HAPPY 50th Anniversary

Linda and Jim Carr
August 23rd, 1969

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