

**CANEX** [www.canex.ca](http://www.canex.ca)

**No Interest Credit Plan** **Plus** **NO MONEY DOWN**

Your choice of **12 · 24 · 36** Month terms

**NOT EVEN THE TAXES!**  
14 Wing Greenwood O.A.C.  
902-765-6994

## the front page

This premium advertising space should have been yours!

Call 902-765-1494 local 5833 to find out how.



**Parsons Motors**  
Middleton, NS

**Specializing in VW, Audi & BMW repairs**  
[www.parsonsmotors.ca](http://www.parsonsmotors.ca)  
13640 HIGHWAY #1 • 902-825-3455

Vol. 40 No. 34 SEPTEMBER 16, 2019 NO CHARGE [www.auroranewspaper.com](http://www.auroranewspaper.com)

# Working for that FORCE 400

**Sara White,**  
Managing editor

Officer Cadet Kelly Low admits she's "pretty active."

She's a regular at the gym, a hockey player, busy with two children, an Acadia University student and a logistics officer with the Canadian Armed Forces at 14 Wing Greenwood.

All of that recently added up to 400: a perfect score on the CAF's mandated, annual Fitness for Operational Requirements of CAF Employment (FORCE) fitness test.

"I've always done well," Low says, earning exemptions on the EXPRES test she started her military career with in 2004, and hitting the platinum level - a result better than or equal to 99.9 per cent of the CAF - as the FORCE test was adopted several years ago.

"For me, it's a personal thing."

She credits much of her success to her workout partner, Master Corporal Pete Redden, who she's partnered with at the gym since 2012. They work out, training for the test with regular fitness but tailoring their program a few months out from their test dates to work on the test's task-specific techniques.

The FORCE test incorporates the movements in the CAF's Common Military Task Fitness Evaluation into four test components: a sandbag drag (a 100-kilogram weight over 20 metres, non-stop), a sandbag lift (20-kilogram bags, lifted 30 times above one metre within three minutes and 30 seconds), an intermittent loaded shuttle (a 400-metre carry with and without a 20-kilogram sandbag in less than five minutes



**Officer Cadet Kelly Low recently scored a perfect 400 on the FORCE fitness test.**

Master Corporal P. Redden, Courseware Development, 404 Squadron

and 21 seconds) and a series of 20-metre rushes (from prone to sprinting, every 10 metres over 80 metres, in less than 51 seconds).

"I take my test times from the year before and work on them," Low says.

Test day was July 25 at the 14 Wing Greenwood Fitness & Sports Centre. Sessions are generally pretty quiet, as CAF members grind through the tasks and timings.

"Pete came, he cheered me on, he yells at me - that

helps, I find, to have someone urging you to go faster. We're trying to be the best."

It worked this time: Low's times were 31.5 seconds in the rushes, 46.2 seconds in the sandbag lift, 14.7 seconds in the drag and two

minutes 14 seconds in the shuttles.

"This was my first time getting the perfect score, and all my times were personal bests. I was always trying for Platinum, but I worked for this." →

**CF1 Members receive up to \$10,000 off a Jeep Cherokee**

**Kentville**  
We're better. We'll prove it.  
[kentvillechryslerdodge.com](http://kentvillechryslerdodge.com)  
1-866-469-4066

news. advertising. community.

14 WING • ESCADRE 14 GREENWOOD, NS

**the Aurora**  
newspaper

**CIBC** PRIVATE WEALTH MANAGEMENT CIBC WOOD GUNDY

**WELCOME TO OUR TEAM**

**Laura MacMillan, B.Comm**  
Investment Advisor

8-24 Harbourside Drive  
Wolfville, NS B4P 2C1  
902 542-6152 | 1 844 542-6150  
[laura.macmillan@cibc.com](mailto:laura.macmillan@cibc.com)



# Wing's workplace giving campaign underway Fun, fundraising starts with food-stuffed Corm pull September 27

Sara White, Managing editor

The season of giving is underway at 14 Wing Greenwood, with lots of fun, challenge and community spirit being planned by 14 Wing Combined Charities volunteers.

The wing's Combined Charities program is a part of the annual Government of Canada Workplace Charitable Campaign,

running from September through December. 14 Wing personnel will eat, play and give for the next four months as they raise funds for approximately 60 local and regional non-profit groups, including schools and youth programs, veterans, sports and recreation clubs, animal welfare, health campaigns and more.

"It's going to be busy – we have a lot planned," says Captain Sarah Fralick, at the start of her second year as the chair of

Combined Charities.

With a committee of representatives from every squadron and unit on the wing coordinating a range of campaign events, military and civilian employees are encouraged to take part and add to what is generally a \$40,000 annual charitable contribution.

This year's campaign kicks off with a new event, a Cormorant pull September 27. With the wing already involved in Canadian Armed Forces national sports day activities, the helicopter challenge in the afternoon will be an opportunity to put some muscle into action for the Upper Room Food Bank. Five-member teams will be challenged to gather 50 non-perishable food items for the chance to move all that collected food, loaded into a search and rescue helicopter, across the parade square. The fastest time wins bragging rights, and coveted points in the bank for the February Winter Carnival inter-squadron challenge.

A gift card "Survivor" gets underway September 27, with elimination draws continuing Fridays at the Annapolis Mess' TGIF until winners are picked October 25. Half of the \$20 entry fee will be returned in gift card prizes to three winners in descending values, while the other half adds to the Combined Charities' fund.

The annual Megapotluck will take place October 25 at noon at the Annapolis Mess, as units and squadrons contribute food for a wing-wide gathering. Lunch is by freewill offering for Combined Charities, and extras will include a 50/ 50 and inflatable sumo wrestling challenges. Units and squadrons may also enter the best pie contest for a chance at Winter Carnival points.

Register your unit hockey and dodge ball teams for a fun day in the rink and gym November 1, with a day of mini-games, snacks and Winter Carnival points up for grabs.

The wing's Festival of Trees is Combined Charities' marquee event: squadrons and community business and organizations decorate tabletop trees with gift certificates, themed toys, tools, household items, crafts, electronics, sports equipment and more. Close to 50 trees will then be up for either silent auction bidding or raffle ticket draws November 23, and there are often extras, including 14 Wing Band performances, family photos, 50/ 50, treats and more.

The wing maintains a year-long dress down Friday initiative but, through the Combined Charities period, participants' \$2 donations support the wing's workplace program.

By far one of the most successful parts of Combined Charities is the pay allotment program. If every employee at 14 Wing donated \$1 per pay for a calendar year, it would raise the annual goal on its own. Participants may select any one time or per-pay contribution and have it recorded on their T4 as a charitable donation. They may also direct their donation to a non-profit program close to their heart, or see it added to the overall Combined Charities fund. →

**Gift card Survivor**  
**Carte cadeau Survivor**



**Entry \$20 | 20 \$ entré**

*Entry deadline noon September 23*  
*Date limite d'inscription 23 septembre*

Weekly draws 3 p.m. | Tirage hebdomadaire à 15 h  
(first draw September 27, final draw October 25)  
(premier tirage le 27 septembre, tirage final le 25 octobre)

**TGIF, Annapolis Mess | Mess Annapolis, TGIF**

Contact your unit Combined Charities representative to participate  
Contactez votre représentant de charité pour participer

Presented by / Présenté par  
Combined Charities / programme de Charité combiné  
Licence number: ADG-104923-19



**In a competitive marketplace, GTO is helping businesses like ours take the next step in growing their business.**

MARGARET BRIGLEY,  
CEO & PARTNER, NARRATIVE RESEARCH

The Graduate to Opportunity (GTO) program provides salary contributions to small businesses, start-up companies, social enterprises, and non-profit organizations to help hire a recent grad. To breathe new life into your workforce, visit [NOVASCOTIA.CA/GTO](http://NOVASCOTIA.CA/GTO)

Aqsa Zaidi  
Research Analyst,  
Narrative Research




**Kingston Recreation**  
**ADULT SKATING**  
MONDAYS 10:30 AM - 12 NOON  
Starting Monday September 16  
[www.creditunioncentre.ca](http://www.creditunioncentre.ca)  
902-765-2800 | 902-765-2516  
Cost: \$4/Person  
Need a Helmet? Please ask.  
Contact: [recreation@kingstonnovascotia.ca](mailto:recreation@kingstonnovascotia.ca)



# Dorian affects life, work beyond weekend storm

Sara White, Managing editor

Storm stories kept Nova Scotians going all week, after post-tropical cyclone Dorian made landfall at 7:15 p.m. September 7.

Dorian made its presence known by mid-day that Saturday, with Category 2 hurricane-level winds coming ashore in Southwestern Nova Scotia and working up the coast into the night. Heavy rains and storm surges caused major damage. Environment Canada's Dorian rainfall summary saw Kentville receive 110.4 millimetres, Berwick 98, Greenwood 82 and Middleton 79.

At its peak, over 400,000 of Nova Scotia Power customers were without power; that lasted into the 10s of thousands into September 10, with schools across the province closed September 9 and 10.

September 7, the Canadian Armed Forces launched Operation Lentus in response to a request from the Province of Nova Scotia. Up to 700 military personnel in Atlantic Canada prepared to deploy September 8, and assist with the restoration of power, clearing roads and evacuating residents in flooded or damaged areas.

At 14 Wing Greenwood, commitments to Exercise Cutlass Fury off the East Coast over the weekend were canceled, including a fly past

of Royal Canadian Air Force and participating NATO aircraft over Halifax Harbour September 9. The exercise's naval component, which had planned public ship tours over the weekend, left Halifax Harbour September 6 for shelter. The exercise picked back up again September 9.

At the base itself, operations were unaffected; instead, it was facilities and people most affected.

Half the wing's 500 Residential Housing Units lost power September 7 as a set of tall pines at Kingswood Road and Eleventh Crescent toppled over onto power lines. Another power pole snapped at Central Avenue and 7th Crescent. Fire and Military Police secured the areas, with crews and private contractors out with Nova Scotia Power to clean up the mess.

Wing Commander Colonel Brendan Cook used social media first thing September 8 to reach families on and off the base with storm and worksite updates, and shared information on power outage handling, damage and supports available, including food, showers and snacks. He urged caution as people traveled through base residential and operational spaces, or attempted to pick up smaller debris on their own. By the end of day, he expected the base to be operating at normal levels September 9.

"Commanding officers and

supervisors have the flexibility to accommodate individual situations as circumstances dictate," he said, as ongoing power outages continued to affect RHU and off-base residences. "In particular, flexibility will be provided for those whose are still without power or for whom schooling or daycare options are not available.

"Bottom line: 14 Wing will take care of our people, but will strive to get back to normal as soon as possible. Operate as One."

14 Wing Military Police Captain Mark Childs said the weekend didn't bring any significant calls their way, other than the downed trees and lines.

"I think, for the most part, everyone was pretty well prepared."

Crews were out quickly September 9, tackling the problem areas. The most dramatic were the downed trees and lines on Kingswood, but also a row of tall poplar trees overlooking the base's ballfield. All came down, taking a ballfield light standard and damaging the fencing.

"It's going to change the whole dynamic of the ballfield – the way the wind blows down here, it's where everybody sat in the shade," said Graham White, the Personnel Support Program's sports coordinator. "They've been there a long time."

The 14 Wing Community Centre opened into the following week to the public, offering showers, charging and wifi, the gym for casual play and its kitchenette. The bowling centre offered free bowling and snacks Monday, and there was a steady stream of families dropping in, as Valley schools were closed. The 14 Wing Fitness & Sports Centre also offered showers, and the Greenwood Military Family Resource Centre opened its Ivy Room lounge for families looking for conversation and a coffee. The



Some West Nova Scotia Regiment Pioneer-qualified soldiers shared some skills with others headed out on OP LENTUS relief tasks.

Major M. Bobbitt, West Nova Scotia Regiment



Members of 4 Engineer Support Regiment from CFB Gaagetown arrived along the South Shore September 9 to help with post-Dorian relief and clean-up efforts. The soldiers were hosted at 14 Construction Engineering Squadron HQ and made a significant difference with their equipment and dedicated members.

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron

Annapolis Mess also offered its computer room for military and their families, along with charging capabilities and space to hang out.

September 10, as recovery work was underway, the wing's ability to take and place external phone calls were affected by regional phone service provider issues caused by the storm. The Greenwood Golf Course and CANEX both remained without power and closed September 12. →



Crews worked September 9 to clear up a fallen row of poplar trees which, pre-Dorian, overlooked the base's ballfield.

S. White



## HELP US BUILD OUR TEAM

We support military and police communities by hiring serving members, veterans and their families.

Join us today at [commissionaires.ns.ca](http://commissionaires.ns.ca)



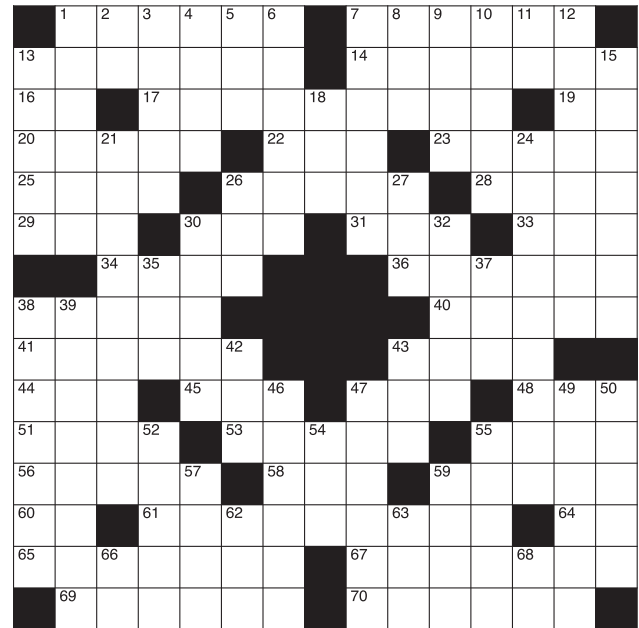


The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email [auroraeditor@ns.aliantzinc.ca](mailto:auroraeditor@ns.aliantzinc.ca). Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse [auroraeditor@ns.aliantzinc.ca](mailto:auroraeditor@ns.aliantzinc.ca). Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédant la publication, à moins d'avis contraire.

# metro crossword

solution page 3



- ACROSS**
- 1. Study of sight
  - 7. Becomes less intense
  - 13. Juicy, soft fruit
  - 14. A great ape
  - 16. All-time NY Giants great
  - 17. Big Apple native
  - 19. Home of the Flyers (abbr.)
  - 20. People stand in them
  - 22. Automotive legend
  - 23. Influential linguist
  - 25. and Andy, TV show
  - 26. Wives (law)
  - 28. Discriminating
  - 29. Star Wars hero Solo
  - 30. Married woman
  - 31. A digital tape recording of sound
  - 33. Chinese dialect
  - 34. Angolan monetary unit
  - 36. A type of sheen
  - 38. 'Ash Wednesday' poet
  - 40. Nobel Prize-winning chemist
  - 41. Spoke angrily
  - 43. Separated with a tool
  - 44. Relative biological effectiveness (abbr.)
  - 45. Actors' group
  - 47. A type of ship (abbr.)
  - 48. Bar bill
  - 51. Romanian city
  - 53. Greek sorceress
  - 55. Small water bird
  - 56. Tropical Asian plants
  - 58. 'Unforgettable' singer
  - 59. Belonging to a bottom layer
  - 60. Potato state
  - 61. A toy that spins
  - 64. 'A-Team' character
  - 65. Ornamental molding
  - 67. Covers again
  - 69. Poets write them
  - 70. Appear
- DOWN**
- 1. Popular mid-size Kia (abbr.)
  - 2. Image management
  - 3. Prongs
  - 4. Cools
  - 5. It produces milk
  - 6. Trends
  - 7. Concurred
  - 8. Chinese cabbage — choy
  - 9. Greek war god
  - 10. Straits along the Red Sea
  - 11. Railway
  - 12. Washing with water
  - 13. Supreme being
  - 15. Ductless gland
  - 18. Parts producer (abbr.)
  - 21. Not arranged in a straight line
  - 24. Red sweet peppers
  - 26. Famed protest yacht
  - 27. Drain
  - 30. Distributes
  - 32. Small, savory dishes
  - 35. Web of Things (abbr.)
  - 37. Defunct aerospace company
  - 38. Lacking consistency
  - 39. Type of retriever
  - 42. Barrier
  - 43. Senior officer
  - 46. Call it a career
  - 49. Suitable for growing crops
  - 50. High jumping legend
  - 52. Hairy
  - 54. Dish made with lentils
  - 55. TNT broadcaster Craig
  - 57. Used to align parts
  - 59. Cold, dry Swiss wind
  - 62. Water in the solid state
  - 63. A great play
  - 66. Atomic #45 (abbr.)
  - 68. Big shot lawyer (abbr.)

**ALWAYS FRESH. ALWAYS.**  
GREENWOOD • 902-765-6947

**Exercise group**  
Mondays, Wednesdays and Fridays, 11 a.m. to noon, a low impact exercise group meets at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road, Wilmot. Call Wendy at 902-765-0135 for info.

**Library book club**  
September 17, 2 p.m. to 3 p.m., the Bridgetown & Area Library adult book club meets (monthly). For information, call 902-665-2758.

**Mad Science: The five senses**  
September 18, 3:15 p.m. to 4:15 p.m., the Berwick and District Library celebrates Science Week. Make your voice just like Darth Vader's using our amplified frequency modulator, uncover the hidden colours in everyday light and take our CO2 taste test. This class will stimulate students to think about the basic concepts behind seeing, hearing,

smelling, touching and tasting. Ages five to nine. Registration required.

**Harry Potter escape room**  
September 19, 6 p.m. to 6:45 p.m. and 7 p.m. to 7:45 p.m., the Berwick and District Library hosts two sessions of its Harry Potter-themed escape room for Potterheads, aspiring muggle sleuths and undercover wizards! Ages seven to 107. Registration required at 902-538-8060.

**Girl Guides – Berwick**  
September 20, 6 p.m. to 8 p.m., Berwick Girl Guides will be at the Town of Berwick's registration event at the town hall with program info, and to help with registration for interested youth members and adult volunteers. Sparks (ages 5-6), Brownies (ages 7-8), Guides (ages 9-12), Pathfinders (ages 12-15) and Rangers (ages 15-18) are all ready to start unit activities. To

find a unit and register online, visit [girlguides.ca](http://girlguides.ca). For Berwick-specific info, contact Sara, [cskeddy@hotmail.ca](mailto:cskeddy@hotmail.ca).

**Kindermusik**  
September 20, 10:30 a.m. to 11:30 a.m., the Bridgetown & Area Library hosts Kindermusik. Join Mindy Ogilvie for a fun hour of music and movement for preschoolers and their caregivers. Registration required.

**Berwick La Leche Breastfeeding Group**  
September 20, 10 a.m. to 11:30 a.m., the Berwick and District Library hosts Carrie and Laura, trained volunteer leaders of the Berwick La Leche League group (monthly). La Leche is a community of breastfeeding mothers that wish to share their experiences, joys and challenges of breastfeeding. If you have questions, contact Carrie at 902-538-1808.

**Skywatch: Autumn equinox**  
September 20, 7:30 p.m. to 9:30 p.m., join Melody and Bruce Hamilton at Fort Anne National Historic Site as they train their telescopes on the night sky

and reveal some of the marvels above us. Open to all ages. Rain date September 21.

**Supper**  
September 20, 5 p.m. to 7 p.m., the Royal Canadian Legion Ortona 69 – Berwick hosts a Friday night BBQ supper (eat-in or take-out): sausage, burgers, hot dogs, salads and desserts. The public is welcome. Prices range from \$4 to \$8.25.

**ElderDog walk**  
September 21, 10:30 a.m. to 11:30 a.m., ElderDog Canada Kings Pawd will host a Kings County walk from the Elm Street entrance of the Wolfville Farmers' Market. Registration is by freewill offering.

**Moses Mountain hike**  
September 21, 9 a.m., Hike Nova Scotia and the Municipality of the District of West Hants present a guided hike on Moses Mountain, Windsor. You must pre-register at 902-790-9647. Qualify to win a trail prize. See [hikenovascotia.ca](http://hikenovascotia.ca) for details.

**Forest Home hike**  
September 21, 10 a.m., Hike Nova Scotia and the Valley



# services & trades

Call 902-765-1494 local 5833 for info

the **Aurora**

**RALPH FREEMAN MOTORS LTD.**  
FINANCING • FINANCING • FINANCING

- Any credit is accepted
- No hassle same day approval
- Apply for financing on our website

YOUR LOCAL USED CAR DEALER  
LICENSED MECHANIC AVAILABLE ON SITE  
[www.freemansautosales.com](http://www.freemansautosales.com)  
820 Main Street, Kingston • 902-765-2555

Low Minimum Orders  
\$10.00 off 450 litres with card

**Fuel for Less, 1-888-338-0331**  
Waterville, N.S. 902-538-0677  
Bridgetown, N.S. 902-665-5293  
(Summer oil delivery Wednesdays and Thursdays)

**Driveway Sealing and Repair**

Complete Mobile Service • repairs • replacements • truck sliders  
MIDDLETON: 902-825-3659

Trekkers present a guided walk on the Forest Home Trail, Forest Home (Kings County). Register at the event. Qualify to win a trail prize. See [hikenovascotia.ca](http://hikenovascotia.ca) for details.

**Chase the Ace**  
September 21, 1 p.m. to 3 p.m., the Kingston Legion holds its Chase the Ace draw. Tickets are available at Brown's Auto, Pharmasave Kingston, Needs; and at the Legion during bar hours. Tickets are \$1 each (age 19-plus). The draw takes place at 3:30 p.m. (you do not have to be present to win). We are supporting Kingston Scouts Canada programs.

**Breakfast**  
September 21, 8 a.m. to 11 a.m., come for breakfast at the Aylesford United Church. Freewill offering. Sponsored by the Committee of Stewards for church expenses.

**Volkssport walk**  
September 21, the Valley Trekkers Volkssport Club hosts a walk in Forest Home. Take Exit 13 off Hwy 101. Take Hwy 12 south for 13kms. Park at Gaspereau Lake Dam, just past Forest Home sign. Registration begins at 9:30 a.m. for walking at 10 a.m. This is a 5/10 km, 2B walk. More info: 902-678-3794.

**Religious education**  
September 22, 9:30 a.m. to 10:30 a.m., Queen of Heaven Chapel, Greenwood, Sunday school classes begin at the Birchall Training Centre. We offer full classes for grades Pre-Primary (age four) to Grade 6, including sacrament preparation for First Communion, First Reconciliation and Confirmation. To register, contact coordinator Samantha Ford, 902-848-6421 or [samantha-ford@outlook.com](mailto:samantha-ford@outlook.com). Please join our Facebook page: "Queen of Heaven Chapel @ CFB Greenwood."

**Food bank AGM**  
September 23, 7 p.m., the public is welcome to attend the annual meeting of the Upper Room

Food Bank, 669 Main Street, Kingston.

**Luncheon**  
September 24, 11 a.m. to 1 p.m., the Middleton Fireflies host a luncheon at the Middleton Fire Hall. On the menu will be homemade chicken cold plate for \$10, or your choice of turkey vegetable soup or corn chowder for \$9 each. Included will be your choice of apple crisp or strawberry shortcake and tea or coffee. For free delivery in the Middleton area, call Bonnie at 902-825-3062 by September 23.

**Nova Scotia & the Spanish flu**  
September 24, 7:30 p.m., the Kings County Museum, 37 Cornwallis Street, Kentville; presents Dr. Allan Marble as the guest speaker at the monthly meeting of the Kings Historical Society. During the four months the Spanish flu was at its peak in Nova Scotia 100 years ago, from about September to December 1918, about 2,000 died; the number of people who had the flu was about 10 times that." Lessons learned from the past will be pivotal on how Nova Scotians respond to the next global pandemic.

**Lunch & learn**  
September 25, noon to 1 p.m., the Rosa M. Harvey Middleton & Area Library hosts a lunch and learn session: learn about federal grants, loans and tax incentives that can help you get the training you need. Well-paying jobs involving Red Seal trades are in demand. Baby boomers are retiring and there are grants to encourage training to fill these positions. Bring your lunch and learn more about accreditation training. A question and answer period will follow. Registration required.

**Turkey supper**  
September 26, 4:30 p.m. to 6 p.m., the Kingston United Church, 733 Main Street; hosts a fall turkey supper with all the trimmings. Adults \$15, children under 12 \$6.

# classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified, contact 902-765-1494 local 5833, visit the office, 61 School Road, Morfee Annex, Greenwood; email [auroraproduction@ns.aliantzinc.ca](mailto:auroraproduction@ns.aliantzinc.ca) or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email [auroramarketing@ns.aliantzinc.ca](mailto:auroramarketing@ns.aliantzinc.ca).

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annoncées classées doivent être réservées et payées à l'avance avant 10 h, le jeudi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à [auroraproduction@ns.aliantzinc.ca](mailto:auroraproduction@ns.aliantzinc.ca) ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à [auroramarketing@ns.aliantzinc.ca](mailto:auroramarketing@ns.aliantzinc.ca).

**FOR SALE**  
**M&M Firewood**  
\$225 a cord. Cut, split and delivered on two cord and over orders. Seasoned hardwood.  
**Milton: 902-825-8440**

# APARTMENT FOR RENT

FOR RENT – Middleton - Two bedroom apartment, with small deck, close to downtown amenities and hospital. quite building, \$710 including heating. Phone 902-825-2338. (4032-4tp)

**DAN'S FIREWOOD**  
Hardwood, \$240 a cord  
Softwood, \$200 a cord  
Cut, Split, Delivered  
Ph: 902-825-6424

**Kingston Legion**  
**BINGO**  
Sunday, 1:30 p.m.  
Tuesday, 7:00 p.m.  
Regular Games - \$100  
• 3 Specials - 60/40  
• Letter H - 80/20  
• Triple Jackpot - R-W-B  
• 1 Lucky 7 - Progressive  
• 1 Bonanza - Progressive  
• Jackpot - 3 Chances  
**Consolation \$300**  
• Double Action  
Lic.# 115910-08

FOR RENT – One-bedroom adult apartment, central Kingston, close to everything. Quiet neighbourhood. Non-smoking. Ideal for people on IR. Fridge, stove, microwave. Heat & lights extra. 902-765-3664. Available October 15. (4033-4tp)

FOR RENT – Very clean modern one, two & three-bedroom apartments. Middleton to Cambridge. Well managed properties. Seniors units available. References required. Call Ross at 902-840-0534. (3539-ufn)

**FIREWOOD FOR SALE**  
Clear Dry or Green  
Hardwood Cut,  
Split and Delivered.  
Quality Guaranteed  
please phone  
**T: 902-825-3361**

**Valleywide In-Home Computer Repair**  
Offers a full range of services in the comfort of your home

- Upgrades • Sales •
- Networking • Tutoring •
- Pickup/Return •
- Laptop Repair •
- Eve-Weekend Appointments •
- Drop-off in Aylesford •

*For Fast, Economical, Convenient Service*  
**~ Call Valleywide ~**  
**902-844-2299**

**FOR SALE**  
FOR SALE – 33 acres – Newer home (2014) in quiet location near Fundy Shore, Walkout basement, garage, excellent drilled well, gardens, fruit trees, woodlot with hard and soft woods. Available next Spring, \$187,000. Call 902-665-3030. (4033-2tp)

**FOR SALE – 2012 Silver Hyundai Veloster, standard transmission, Bluetooth, A/C, in good shape and inspected to 2020. Asking \$4,800 or best offer. Call 902-824-2753. (4033-2tp)**

**GARAGE SALE**  
MOVING/ GARAGE SALE – Saturday, September 21 from 8 a.m. to 2 p.m. at 693 Acker Court, Kingston. Large variety of items including tools and furniture pieces. Rain date, Saturday September 28. (4034-1tp)

**FUTURE GLASS and MIRROR LTD.**  
Sampson Dr., Greenwood  
**902-765-2105**  
WINDSHIELD SPECIALISTS  
replacements • chip repairs

ALSO: plateglass, plexie & lexan, mirrors, vehicle accessories, window & screen repairs, replacement thermo pane windows and more...

**Insurance Claims are our Speciality. Mention this ad for \$100 off your deductible.**  
[www.windshieldreplacements.ca](http://www.windshieldreplacements.ca)

**David A. Proudfoot**  
Barrister \* Solicitor \* Notary

811 Central Avenue, PO Box 100  
Greenwood, NS B0P 1N0

**Email: [dap@davidproudfoot.com](mailto:dap@davidproudfoot.com)**  
**Web: [www.davidproudfoot.com](http://www.davidproudfoot.com)**  
**T: 902-765-3301 F: 902-765-6493**

- Real Estate
- Wills / Estates
- Consultations / Referrals

the **Aurora** find & win

**Three easy ways to enter.**  
1. Through our website: [www.auroranewspaper.com](http://www.auroranewspaper.com)  
2. Fax: 902-765-1717  
3. Drop into our office located at 61 School Road (Morfee Annex)

**Entry deadline: Noon, September 12, 2019**

**Full name** \_\_\_\_\_ **Phone number** \_\_\_\_\_

Complete the following questions from ads in this week's issue and win a **\$20.00 coupon to play Friday Night BINGO** from Aylesford & District Lions. Coupons valid for 1 year. Age 17+ on regular games.

1. Who has a licensed Mechanic available on site? \_\_\_\_\_
2. Who is located at 13640 Highway #1? \_\_\_\_\_
3. What does GTO stand for? \_\_\_\_\_
4. What's happening in Dandelion Park? \_\_\_\_\_
5. What is Afv's email address? \_\_\_\_\_

**Congratulations to last week's winner: STEPHANIE HILL**

**AYLESFORD & DISTRICT LIONS CLUB**  
2160 Hwy 1, Aylesford  
Starts 7:15pm Friday's  
**902-847-9374**



**Warrant Officer (retired) Wilfred Gaston, with 27 years of service, stands to meet 14 Wing Commander Colonel Brendan Cook and Wing Chief Warrant Office Dan Campbell.**



**Warrant Officer (retired) John Doiron, with 42 years of service, shakes hands with Colonel Brendan Cook.**

# Airshow experience exceptional

**Tracy Frazier, recreation director, Rita Winger, resident council president, and Jan Gaston Heart of the Valley Nursing Home**

Residents of the Heart of the Valley Nursing Home in Middleton were treated like royalty August 31, VIP guests of the Atlantic International Airshow at 14 Wing Greenwood.

The Trans County Transportation bus from Bridgetown delivered residents to the show, where airshow executive director Colin Stephenson escorted the group to the VIP tent. As they arrived, hosting volunteer Patricia Myatt greeted the residents, then escorted one by one by volunteers

through the VIP tent – and saluted by Royal Canadian Air Cadets. White chairs were set out and refreshments were served as residents were treated to a spectacular show of precision flying.

14 Wing Greenwood Wing Commander Colonel Brendon Cook and his wife greeted the residents, along with Wing Chief Warrant Officer Dan Campbell and his wife.

The residents at Heart of the Valley would like to extend their gratitude to everyone involved in making this a most memorable day

that we will not forget for a long time. A great time was had by all, and the volunteers were exceptional. →



**Vianney Tardif, seated, worked for 20 years at 14 Wing Greenwood as a linesman. He was happy to meet Wing Chief Warrant Officer Dan Campbell.**

Submitted

## Apply now for community health board Wellness Funds

**Pat Nixon, Co-chair, Kingston Greenwood Community Health Board**

The Nova Scotia Health Authority designates funds every year for community health boards (CHBs) across the province to distribute as Wellness Funds.

Last year, the Kingston Greenwood CHB was provided with just over \$11,000 to distribute within its catchment area. The CHB received 14 ap-

plications last year to consider, and recommended grants to eight of those applicants.

CHBs are now accepting applications for 2019/ 2020 grants. Funds are available to non-profit groups in support of projects that advance CHB priorities and use a population health-based approach in addressing the social determinants of health, such as income, education, social supports, early childhood development, etc. Funding is

intended for new and innovative projects and programs.

Applications are due by midnight, October 15. Applicants are strongly encouraged to check in with Kingston Greenwood CHB coordinator Tamara Stevens prior to submitting an application, at 902-825-6160 local 1762357 or tamara.stevens@nshealth.ca. Information may also be found at communityhealthboards.ns.ca/wellness-funds. →

**1<sup>ST</sup> ANNUAL MILITARY FAMILY APPRECIATION DAY**  
 Friday, September 20, 3 to 5 p.m.  
 New Dandelion Park

**CANEX**  
 A division of CFMWS  
 Une division des SBMFC

**GREENWOOD - AFRC - GMFC**

Check GMFRC social media for more details

# Corm pull

**1 p.m. to 3 p.m. | September 27**  
**14 Wing parade square**

A timed race for 5-member teams to pull a Corm-full of food 50 feet  
**Register by September 20**

**Registration:** 50 items of non-perishable food  
**11:30 a.m. to 1 p.m. lunch in WTIS parking lot | freewill food item**

All food items donated to the Upper Room Food Bank, Kingston  
 Contact your unit Combined Charities representative to participate  
 OPI/ BPR | Captain/ le capitaine Sarah Fralick : sarah.fralick@forces.gc.ca

**Winter Carnival 2020 points**

Presented by / présenté par

Combined Charities / programme de Charité combiné

I care / J'y crois  
 #Give / #JeDonne  
 It matters / C'est important