



the

Aurora

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143 Construction Engineering Flight celebrates 25th anniversary

**Honorary Colonel
Dan Hennessey,
14 Construction
Engineering Squadron**

The need to celebrate was evident November 28, as a very special milestone was reached by 143 Construction Engineering Flight. The flight was happy to celebrate its 25th anniversary with a mixed formal Mess dinner at Branch 24 Royal Canadian Legion in Bridgewater.

The unit was established September 6, 1994, originally named "Airfield Engineering Flight Lunenburg" (AEF Lunenburg); eventually, it would be designated as "143 Airfield Engineering Flight - Lunenburg County" (143 AEF). In late 2008, the flight was re-designated as "143 Construction Engineering Flight - Lunenburg County" (143 CEF). This name change was in keeping with an air force directive, and better reflected what the unit actually did.

AEF Lunenburg established a store front office on King Street in Bridgewater during the first week of September 1994

and had over 100 applicants in the first two days of operation. Twelve applicants were found qualified and enrolled in the CAF November 25, 1994. After years of planning and extensive renovations, 143 CEF moved into its own building at 391 Harold Whynot Road (the old Bluenose RV Centre) during the summer of 2014 and have since made it its base of operations.

The Air Force Reserve unit has supported numerous operations over the years, starting with Op PIVOT in Haiti and, currently, Op IMPACT. The members of the unit are always ready to answer the call to support ongoing Canadian Armed Forces operations at home or around the world; they also support local communities through projects which allow them to keep their skills at deployment-level readiness.

Major Michael Burris, commanding officer of 14 Construction Engineering Squadron, spoke about the high level of professionalism the members strive for, and how they are often the first to answer the call when needed to support CAF missions. ➔



Major Michael Burris, commanding officer 14 Construction Engineering Squadron, addressing the mixed formal Mess dinner November 28, marking the 25th anniversary of 143 Construction Engineering Flight.



Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron

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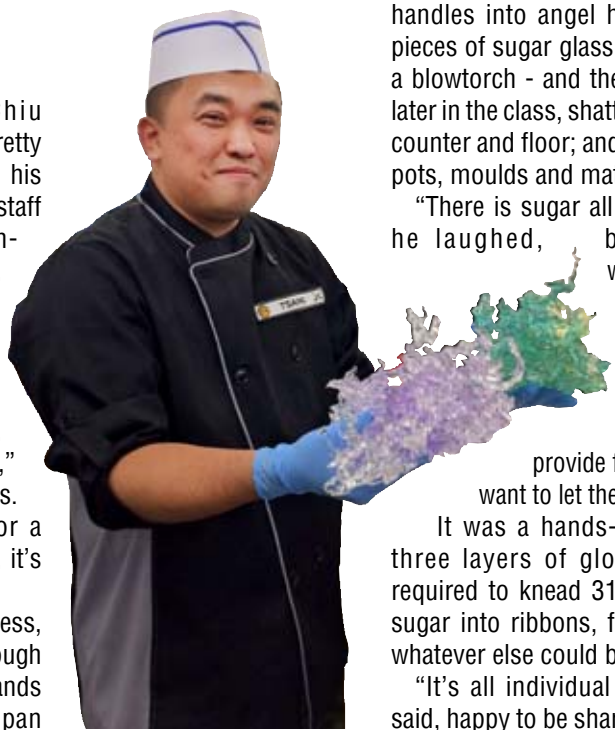
Sweet way to learn

Sara White, Managing editor

Warrant Officer Chiu (Chewy) Tsang gave a pretty sweet demonstration to his Annapolis Café kitchen staff October 9, crafting under-the-sea sculptures, the walls of a “glass” house, delicate, swirling pieced shapes and flowers – all from sugar.

“If you’re good at it, you can make sculpture,” he told the in-kitchen class. “This is culinary art for a reason: it’s not cooking, it’s creating art.”

Tsang also created a mess, as sugar floss floated through the air as he shaped strands over ladles and frying pan



handles into angel hair nests, fused pieces of sugar glass into shapes with a blowtorch - and then knocked them later in the class, shattering them to the counter and floor; and filled a sink with pots, moulds and matting.

“There is sugar all over the place!” he laughed, but said the lesson was more about “sharing knowledge.”

“The more my cooks can do, the more I can provide from my kitchen. I want to let them experience it.”

It was a hands-on lesson, with three layers of gloves sometimes required to knead 310 degree melted sugar into ribbons, flower petals and whatever else could be imagined.

“It’s all individual expression,” he said, happy to be sharing his skill. “I’m

in an office now, and don’t get the opportunity to ‘play’ day-to-day in the kitchen.”

He talked about how to add colour and flavour to the melted sugar, demonstrated how to lift pieces out of silicone moulds and stressed the importance of asking event organizers where they’d like the final sugar sculpture placed.

“At VIP functions, you ask ‘Where do you want this? I’m not moving this after it’s put together!’ Sugar is NOT forgiving, it’s like glass. If it cracks, oh well.

Tsang likes to push creativity in the kitchen, and is the Canadian Armed Forces “Team Canada” culinary coach. He was part of the first team in 2013, tasked to spin a sugar cage for their dessert at an international military cooking competition in Virginia. →



S. White

Team effort, success builds flight safety

Sara White, Managing editor

Everyday work is something everyone faces: “We get it, we’re busy – we’re all busy,” said Colonel John Alexander, as he spoke to 14 Wing Greenwood personnel in one of two briefings November 6.

The Royal Canadian Air Force’s Director Flight Safety, with Flight Safety Chief Warrant Officer Benoit Laliberte, visited the wing for two days on their annual circuit across Canada.

“Use the proper procedures and materials,” Alexander said. “Our people and our equipment are our resources, and we need to save them for the fight ahead.”

He and Laliberte reviewed a number of flight safety inci-



Director Flight Safety Colonel John Alexander and Flight Safety Chief Warrant Officer Benoit Laliberte visited various sections and shops at 14 Wing Greenwood November 6 and 7, in town to deliver the annual DFS briefings and promote flight safety initiatives across the Royal Canadian Air Force.

Ordinary Seaman J. Norris, 14 Wing Imaging

dents of note from the 3,200 catalogued over the past year, including one caught at 14 Wing involving unorthodox wire bundling. More serious incidents involved an un-

controlled roll of the prime minister’s plan into a hangar at 8 Wing Trenton, and the ejection of a Snowbird pilot and the crash of his jet at a Georgia airshow.

The difference with a flight safety investigation, the men said, is its focus on prevention.

“We don’t do criminal investigations,” Alexander said.

“We take 20 to 30 years of our experience to look at what happened, and come up with a reasonable explanation of why it happened – not for punishment, but so we can learn and get preventative measures in place.”

Whether incidents stem from maintenance or person-centric deviations to other human factors, it’s more important to know that why, with every rank and every experience level included in the effort.

“I speak with Lieutenant-General Al Meinzing (the commander of the RCAF) every two weeks and ask him ‘what do you want me to cov-

er?’ The idea is flight safety is not owned by him, or the commanding officers, or the Directorate Flight Safety team: it’s owned by you,” Alexander said. “We all have a role in promotion of flight safety, management, reporting and the just culture that means you should be able to talk to anyone about flight safety without repercussion.

“We will not sacrifice our flight safety program – 70 years of just culture – to go after one person we think is guilty of something that should be disciplined. We need to work together as a team: operate as one, flight safety as one.” →


The Aurora Newspaper will not publish **December 23, 30** or **January 6.**

The office will be closed **December 17** through **January 2.**


Le journal Aurora ne sera pas publié entre le **23, 30** et le **6 janvier.**

Le bureau sera fermé du **17 décembre** au **2 janvier.**





the Aurora



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The Aurora News

Useful links | Liens utiles

Royal Canadian Air Force website
Site Web de l'Aviation royale canadienne
www.rcacf-arc.forces.gc.ca

CAF Connection Site
Site du portail communautaire des Forces canadiennes
www.cafconnection.ca

14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
www.airforce.forces.gc.ca/en/14-wing/index.page

National Defence and the Canadian Forces
Défense nationale et Forces canadiennes
www.forces.gc.ca

Combat Camera | Caméra de combat
www.combatcamera.forces.gc.ca

Recruiting | Recrutement
www.forces.ca

Military Family Resource Centre
Centre des ressources pour les familles des militaires
www.cafconnection.ca

VPI | VPI
www.vpiinternational.ca

SAR crews watching the waves

November 26, as the winter lobster fishing season got underway on “dumping day” off Southwestern Nova Scotia, the Halifax Joint Rescue Coordination Centre placed a 14 Wing Greenwood-based 413 (Transport and Rescue) Squadron Cormorant helicopter in Yarmouth, and had a Hercules on standby to overfly the fishing grounds.

The Cormorant was called while airborne early that evening to respond to a vessel that had run aground in the vicinity of Saulnierville, just before 8 p.m. The helicopter was stood down minutes later, advised that the vessel had sunk and crewmembers had swum to shore.

November 29, just after 10 a.m., a Cormorant and Coast Guard vessel Westport were tasked to find the source of a Canadian-registered EPIRB sounding near the mouth of St. Mary’s Bay. The Westport located the source and confirmed no distress, and all assets were stood down by noon.

December 1, just after 6 a.m., a Cormorant was tasked

to aid the fishing vessel Hell Cat, located 12 nautical miles off Clarkes Harbour and taking on water. Four personnel on board were reported donning their survival suits. The mission was stood down shortly after the cal, as the boat’s crew informed JRCC they had the water pumped out and their situation under control. →

~ In Memory ~

Nora Helen Russell (Hubley)

December 14, 1916
- December 12, 2011

Eight years have come and gone since we last saw your smiling face. Though you bless another world your warmth still fills this place.

Dearly missed by her family, extended family, and her many, many friends.

14 Wing Chapel Special Christmas Services

St. Mark’s Protestant Chapel

Monday 9 December • 7 p.m. • Blue Christmas

Blue Christmas is a service of readings and quiet music for all who find the holiday season difficult for any reason. For more information, contact Padre Kean local 5119.

Tuesday 24 December • 7 p.m. • Family Service • for families with children of all ages

Tuesday 24 December • 10 p.m. • Christmas Eve Service with Holy Communion

Queen of Heaven Roman Catholic Chapel

Tuesday 24 December • 6 p.m. • Christmas Eve Family Mass

Wednesday 25 December • 11 a.m. • Christmas Day Mass

Wednesday 1 January 2020 • 11 a.m. • Mary the Holy Mother of God Mass

During silent hours over the holidays, the duty chaplain will be on call 24/7 and may be reached through Wing Operations at 902-765-1494 local 5457.

~ Obituary ~

**WELLS, Captain (Ret’d)
Eric Donald Ernest,**
Wolfville, NS

Captain (Ret’d) Eric Donald Ernest Wells, CD, age 79, passed away peacefully in the Wolfville Nursing Home on Friday, November 29, 2019 after a nine year battle with Parkinson’s disease. He leaves to mourn his high school sweetheart and wife of 57 years, Betty; a son, Chris (Mary) Wells, Almonte, Ontario; a daughter, Deborah (David) Page; grandsons, Luc Hashey and Ordinary Seaman Sam Hashey, all of Halifax; as well as two older sisters, Barbara Bennet and Norma (Bill) McCachen of Victoria, B.C. Eric, a proud member of the Royal Canadian Air Force, spent the majority of his career in Greenwood, Nova Scotia on 404, 405 and 415 Squadrons and then to West Germany with ICAG (Canadian Air Group) for three years. Upon his return to Canada he served as an instructor at the Air Nav School in Winnipeg and back to Greenwood for his final tour. After retirement Eric was very involved in Adult Literacy at the local and provincial levels and was an avid model railroader. He was active with Betty in both square dancing and in ballroom dance with Dance Time in Port Williams. Eric loved to sing and was a member of the Dukes of Kent for more than 15 years. Cremation has taken place and there was no visitation, by request. A memorial celebration service of Eric’s life was held on Sunday, December 8, 2019 at 1:00 p.m. in the White Family Funeral Home, Kentville. In lieu of flowers, donations in Eric’s memory can be made to the Parkinson Canada – Atlantic Canada or The Dukes of Kent in Kentville, Nova Scotia. Arrangements have been entrusted to the White Family Funeral Home and Cremation Services, Kentville. On-line condolences, inquiries and to view a live stream of the service, please visit www.whitefamilyfuneralhome.com.





Corporal Sandy McLean, left, a human resources administrator with 14 Wing's Personnel Administration Flight; competed in individual and team lifesaving and racing events.

L. Goveas, Canadian Forces Morale and Welfare Services



14 Fire and Emergency Services' firefighter Aviator Wes Aucoin was the Canadian men's starting keeper at the recent Military World Games, then named MVP of the tournament for the CISM soccer team.

Submitted

Military games 'once-in-a-lifetime' opportunity

One hundred seventy-two Canadian military athletes participated in the 7th Military World Games in Wuhan, China, October 18 to 27 – bringing home six medals – the most ever by a Canadian Armed Forces contingent.

Part of the CAF team were a number of 14 Wing Greenwood personnel: Corporal Sandy McLean, a human resources administrator with 14 Wing's Personnel Administration Flight; Captain Jacinda Smit, an air combat systems officer working between 404 (Long Range Patrol and Training) and 415 (Long Range Patrol Force Development) squadrons; Lieutenant Chris Topshee, 434 Squadron; Captain Mylene Caron, 26 Canadian Forces Health Services; and 14 Fire and Emergency Services' fire chief Lieutenant Dani Vortisch and firefighter Aviator Wes Aucoin.

"Arriving in Wuhan and being shut down for the duration of the games to ensure our safety and prompt arrival at each venue. Skyscrapers and high rises were adorned with millions of lights, and sometimes videos.

"The opening ceremonies were held in a massive open-air stadium, full of acrobats and dancers. Jackie Chan closed the ceremonies with three of China's most popular pop stars. The athletes' village could easily rival any Olympic athletes' village - or even surpass it. The dining hall had cuisine from around the world and the sporting venues were beautiful. It goes without say-

ing the level of competition was indeed world class."

Topshee was a member of the Canadian golf team, while Caron was a trainer for the CISM fencing team.

On the soccer pitch, Aucoin and the Canadian men went 0-4, with a 0-4 loss to Oman, 1-2 loss to Greece, 0-3 loss to Egypt and 1-3 against Iran. Aucoin, who has played soccer since age six, then as an award-winning high school, John Abbot College and Concordia University keeper; was the Canadian starting keeper. Playing locally, Aucoin helped the 14 Wing men's team win the 2019 Atlantic regional title and was selected 2019 keeper of the year in the Nova Scotia AAA men's premier league from his Valley United team.

"With the Military World Games, I was the most prepared I could ever be for this once-in-a-lifetime opportuni-

ty," Aucoin says. "The amount of dedication, work and extra time spent on the pitch made it all worth it for this competition. I ended up receiving the award of MVP of the tournament for the CISM soccer team (the youngest player to ever receive it on the CISM soccer program, at age 24).

"I learned a lot from playing at the world stage and I can only see myself getting better individually and as a team member. Big things are about to happen in our next world stage competition, the World Football Trophy in Egypt 2021."

In women's volleyball, Vortisch was on the court with Canada as a setter. The women went 2-3 in five matches, with a 3-2 win over the United States and a 3-1 win over the Netherlands; they went 0-3 against Brazil, 0-3 against China and 2-3 in a rematch against the

United States.

McLean and Smit were both in the pool, competing in individual and team lifesaving and racing events. Smit placed ninth overall in the 200 Super Livesaver, in 2:43.72; 14th in the 100M, in 1:09.69. McLean placed 10th overall in the 200 Obstacle, in 2:28.16. Both were part of the women's 4x50M relay team, which set a Canadian record with its eighth place overall finish, in 1:51.08.

"When I first received word I had been selected to compete in China at the World Military Games, I was ecstatic," McLean said. "Without the support of my chain of command and from the talented Personnel Support Program staff, I wouldn't have been as successful as I was. I am so thankful for each person who supported this amazing endeavour.

"As a Canadian CISM ath-

lete, the first thing we need to understand is that we are military first, athletes second, and we are competing against countries which have current Olympians as their athletes, ranging from athletes who are fulfilling conscription obligations to sport being a military trade. We, as Canadians, show up and embrace what CISM is about: 'Friendship through sport.' We work full-time, have families or other daily obligations and try to find the time to train as an elite athlete. It becomes a challenge, yet a challenge we gladly accept."

The International Military Sports Council (CISM) is one of the largest multidisciplinary organizations in the world, organizing sporting events for the armed forces of 140 member countries. One hundred thirty-eight countries competed in China in 25 sports and two demonstration sports. →

Initiatives launched to retain, increase RCAF personnel experience levels

New initiatives to ensure the continuing health of the Royal Canadian Air Force and its ability to achieve mission success are vital in the face of an unprecedented level of global competition for the skills of pilots, technicians, highly trained aviation specialists and support personnel.

Across the RCAF, we are

working on restoring and retaining levels of personnel experience, ensuring we are able to meet our current mandate and properly transfer skills and knowledge to the next generations of aviators.

The Chief of the Defence Staff's recently launched "Operation Experience" directs the Canadian Armed Forces to implement immediate ac-

tions to stabilize and rapidly increase levels of pilot experience. These actions are nested within a broader RCAF campaign plan, "Operation Talent," which focuses on the quality of life and quality of service of all personnel and their families. It addresses, in particular, the intake, training, absorption and employment of our members.

Without action to stabilize our levels of experienced personnel, the RCAF's operational output will be further impacted. Increasing our intake and training capacity is not enough. We must nurture an environment where the RCAF's quality of life and quality of service make it more attractive for our members to stay than to

leave. Some solutions can be implemented quickly, but others may take up to five to seven years to put in place. We're already seeing progress on the establishment of a new air operations support technician occupation (Reserve Force) to augment force protection capabilities and provide support to aircraft maintenance and search and

rescue activities. Planning is also under way to establish an air operations officer occupation (Regular Force) to focus on non-flying activities, returning more aircrew to the flight lines. More immediate actions include adjusting the restricted release policy and increasing the length of first flying tours to a minimum of four years. →



Healthy holiday stocking stuffer ideas

(NC) Need a few gifts that are small enough to fit inside a stocking? Instead of filling stockings with trinkets or boring socks, aim for gifts that are fun, delicious and encourage healthy living. These gift ideas may even spark an early start for new year's resolutions.

Stress relief. Essential oils are great for relaxing, and who doesn't need more stress relief during the holidays? Choose organic blend sets of essential oils like cinnamon, evergreen, peppermint or citrus that capture the essence of the season in a tiny bottle.

Clean routine. Help friends and family achieve their healthy lifestyle goals with clean-living stocking stuffers. Try products with naturally derived ingredients like lip scrubs, hand soaps, shampoos or even toothpaste.

Sweet treats. Try adding sweet treats like power balls, which are a combination of dried fruit or dark chocolate. Pair them with loose-leaf herbal tea or fair-trade coffee for a cozy gift. Locally sourced jam, honey or spreads are also great options. Not only are they sweet, but they will help support local businesses.

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Un plat de pâtes italien classique pour les Fêtes

(EN) Savourez la combinaison classique des épinards et de la ricotta dans ce délicat ravioli, garni de trois types de fromage biologique et de vraie crème. Pour que vos pâtes se distinguent vraiment, il est préférable de les servir avec une sauce légère ou, dans ce cas, avec un simple sauté de tomates juteuses et de légumes verts à feuilles.

Temps de préparation : 10 min

Temps de cuisson : 5 min
Portions : 2

Ingrédients

- 300 g (1 emb.) de Raviolis aux œufs farcis aux épinards et ricotta PC Biologiques surgelés
- 45 ml (3 c. à soupe) d'huile d'olive
- 2 gousses d'ail, émincées
- 142 g (1 emb.) de mélange à salade chou frisé, bette à cardes, épinards biologiques
- 1 tomate Roma, coupée en dés
- 1 ml (1/4 c. à thé) de poivre noir
- 30 ml (2 c. à soupe) de



- persil italien frais, haché
- 60 ml (1/4 tasse) de fromage parmesan, en copeaux
- Méthode**
- Faire bouillir 2 L (8 tasses) d'eau légèrement salée dans une grande casserole. Ajouter délicatement les pâtes; cuire, en remuant de temps en temps et en réduisant le feu pour maintenir une légère ébullition, jusqu'à ce qu'elles soient tendres, mais fermes; 3 à 4 minutes. Égoutter.
- Pendant ce temps, chauffer l'huile dans une grande poêle antiadhésive à feu moyen; cuire l'ail, en remuant, jusqu'à ce qu'il dégage son parfum, environ 30 secondes. Ajouter le mélange de salade; cuire, en remuant, jusqu'à ce qu'il soit ramolli, environ 1 minute. Ajouter les tomates et le poivron; cuire, en remuant, jusqu'à ce que le tout soit bien chaud, environ 1 minute.
- Ajouter les pâtes et 15 ml (1 c. à soupe) de persil dans la poêle; remuer pour combiner. Répartir dans les plats de service. Garnir de fromage et de 15 ml (1 c. à soupe) de persil restant.
- Information nutritionnelle par portion : 620 calories, 38 g de lipides (dont 10 g de gras saturés), 850 mg de sodium, 51 g de glucides, 5 g de fibres, 4 g de sucre et 21 g de protéines

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A guilt-free pizza with a fiery kick

(NC) Don't settle for everyday marinara when saucing your next pizza. Here, we've topped a gluten-free cauliflower crust with a fiery curry sauce and tandoori-spiced chicken for an Indian-inspired pie.

Chicken Tikka Masala Pizza
Prep time: 10 minutes
Cook time: 30 minutes
Serves: 6

- Ingredients:**
- 1 pkg (300 g) PC cauliflower pizza crust
 - 2 boneless skinless chicken thighs
 - 1 tsp (5 mL) tandoori spice blend
 - 2 tsp (10 mL) olive oil
 - 1 cup (250 mL) lightly packed baby spinach
 - 1/3 cup (83 mL) tikka masala cooking sauce
 - 1/4 cup (60 mL) thinly sliced

red onion
1 cup (250 mL) shredded mozzarella cheese

Directions:

- Preheat oven to 450°F (230°C). Place crust, bottom (flat) side up, on wire rack set over baking sheet. Bake, flipping crust halfway through, until edges are golden, 20 to 24 minutes.
- Meanwhile, sprinkle chicken with tandoori spice. Heat oil in non-stick skillet over medium heat. Cook chicken, turning once, until golden and no longer pink inside; about 8 minutes. Transfer to cutting board; let cool enough to handle. Thinly slice into bite-size pieces.
- Wipe skillet clean; heat over medium heat. Cook spin-

ach, stirring, until wilted and liquid has evaporated; about 2 minutes. Remove from heat.

- Spread sauce onto crust, leaving 1/2-inch (1 cm) edge uncovered. Arrange chicken, spinach, onion and cheese over top in even layers. Bake until bubbling and browned; 7 to 8 minutes. Let stand 2 minutes.

Chef's tip: Baking the crust on a rack allows for maximum air circulation while also supporting the weight of the toppings – and avoiding any messy spills in the oven.

Nutritional information per serving: calories 210, fat 10 g (4.5 g of which is saturated), sodium 390 mg, carbohydrates 16 g, fibre 0 g, sugars 2 g, protein 11 g.



CANEX 50
LE MAGASIN MILITAIRE DU CANADA
1 OCTOBER/OCTOBRE - 31 DECEMBER/DÉCEMBRE 2019

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Sale December 9-15

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<p>Foley's Chocolate Macaroons & Rosebuds \$0.67/100g 25% off!</p>	<p>Ginger Chocolates \$1.84/100g 20% off!</p>	<p>Pure Chocolate Chips \$0.96/100g 20% off!</p>	<p>Pretzel Sticks & Ques \$0.52/100g 25% off!</p>
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Tips for staying on top of your holiday to-do list

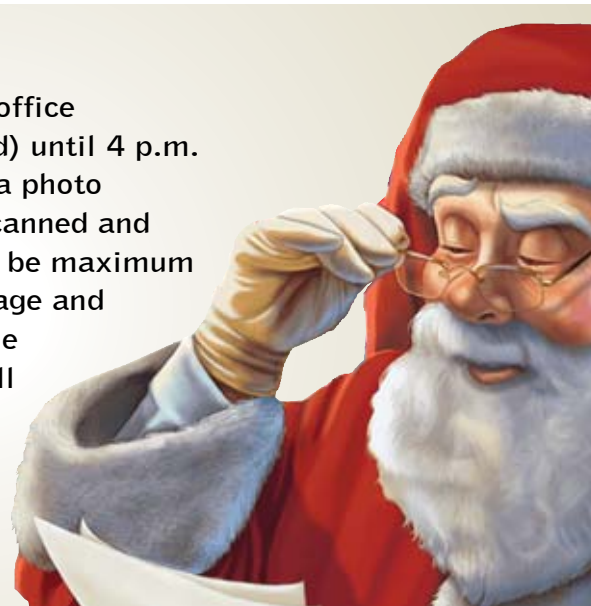
(NC) This season is a time of short, joyous days and long, growing to-do lists. How can we keep on top of it all while finding me-time? Here are three ways to achieve less stress and more joy this holiday season. **Try a relaxing playlist** Even a busy moment can be an opportunity to

decompress. Enjoy baking for your cookie swap while listening to winter tunes. Consider a soundtrack of ambient sounds — the crackle of a roaring fire can be an incredible relaxer. **Let your phone be your personal assistant** Nothing is better than a well-curated digital calendar and the right notification reminders for keeping everything on track. Add new events while responding to texts on the go or checking

off shopping lists, offering an entirely new way of multitasking. **Try a one-day digital detox** So many of us are distracted by online life while balancing real life. This season consider a one-day digital detox. Put away the laptop, TV and social media apps for 24 hours while spending the day at home. Find out how much wrapping, cooking and cuddling with kids can be completed in a day without distraction.

Dear Santa...

Hand deliver your letter to the newspaper's office (61 School Road, Morfee Annex, Greenwood) until 4 p.m. December 11, 2019. You may also bring in a photo of yourself, and your signature (all will be scanned and added to your letter in print). Letters should be maximum 50 words and include the child's full name, age and home community. A parent's name and phone number must also be included. All letters will be published in the December 16 edition.



the Aurora

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Putting in the time

The Greenwood Triathlon Club hosted a time trial event November 22, aiming to see participants make the Canadian Armed Forces' running nationals qualification standards in two distance and various age divisions. Master Corporal Myles Marcotte, Master Corporal Patrick Allen, Captain Mylene Caron met the qualification times for the five-kilometre distance, while Second Lieutenant Jennifer Coolen and Colonel Brendan Cook met the standard for the 10-kilometre distance. The standards may change before the 2020 season gets underway, so a spot in events isn't yet guaranteed. The Greenwood club also hosted a swim clinic November 27 through 29. For more information on training and clinic opportunities, follow the Greenwood Triathlon Club on Facebook. Submitted

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classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.alianzinc.ca or fax 902-765-1717.

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• Letter H - 80/20
• Triple Jackpot - R-W-B
• 1 Lucky 7 - Progressive
• 1 Bonanza - Progressive
• Jackpot - 3 Chances
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• Double Action
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crossword solution

S	O	L	D	B	O	M	
U	N	S	E	A	L	P	E
S	A	M	U	R	A	L	P
S	A	R	O	N	O	P	E
R	E	T	S	E	N	A	T
D	I	S	A	R	E	S	
C	O	I	R	A	R	I	S
L	O	H	S	E	E	S	
F	E	N	C	E	S	S	
J	R	M	S	I	A	R	E
O	T	O	M	E	T	R	E
D	O	N	T	G	O	T	H
O	P	T	I	O	N	S	
R	I	O	T	E	D		
A	N	I	S		S	P	E

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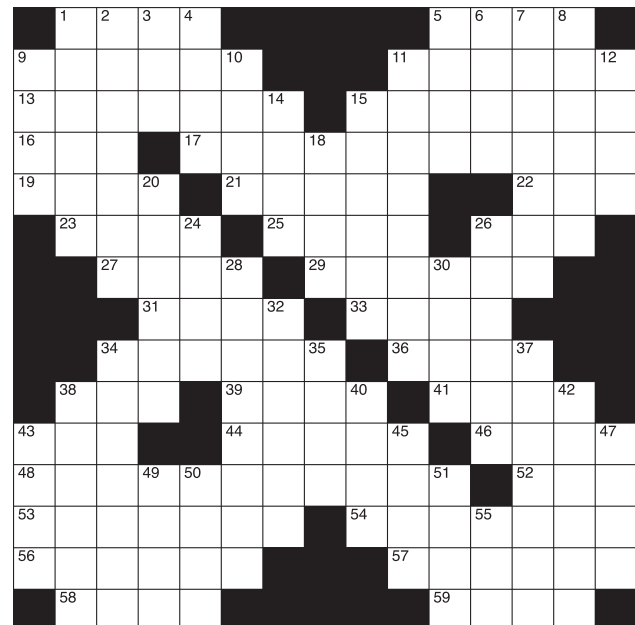


The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.aliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire.

metro crossword

solution page 9



- ACROSS**
- No longer on the market
 - W. African language
 - A way to open
 - A type of pigeon
 - Japanese warrior
 - Pelvic areas
 - No seats available
 - Not working
 - In a way, soaks
 - Growing outward
 - Ritz local — Air
 - Telegraphic signals
 - Metric units
 - Large wine cask
 - Fiber from the husk of a coconut
 - Gets up
 - French river
 - Witnesses
 - They make great neighbors
 - The sun does it
 - Used to store ashes
 - First Chinese dynasty
 - Network of nerves
 - Word element meaning ear
 - Metric unit of length
- (Brit.)
- Tributary of the Danube
 - Off-limits
 - Appeal earnestly
 - It's good to have them
 - Commercial flying company
 - Acted out in protest
 - State capital
 - One with supernatural insight
 - Starts all over again
 - Jai alai arena
 - Star Wars antagonist
 - Freestanding structure
 - The ideal place
 - The extended location of something
 - Made level
 - Distinctive smell
 - Greek goddess of discord
 - Got older
 - Type of monkey
 - Travels to
 - Geological times
 - Edge
- DOWN**
- Trapped
 - About osmosis
 - Romanian monetary unit
 - Form of Persian
 - Cold wind
 - Leave out
 - Small vehicle
 - A little off
 - Soviet Union
 - A narrow path or road
 - Contrary beliefs
 - One who speaks Gaelic
14. Private school in New York
- Jackson and Townshend are two
 - Soldier in an airborne unit
 - Taken illegally
 - Capital of Valais
 - Male reproductive organs
 - State capital
 - One with supernatural insight
 - Starts all over again
 - Jai alai arena
 - Star Wars antagonist
 - Freestanding structure
 - The ideal place
 - The extended location of something
 - Made level
 - Distinctive smell
 - Greek goddess of discord
 - Got older
 - Type of monkey
 - Travels to
 - Geological times
 - Edge

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Berwick Community Market
Saturdays, 9 a.m. to 1 p.m., enjoy the Berwick Community Market: a farmers' market plus. Located at the Berwick Legion, 232 Main Street. For info, contact Chris at 902-538-5815 or chris48goddard@icloud.com/.

Church service
December 9, 7 p.m., St. Mark's Protestant Chapel, Greenwood, hosts a Blue Christmas service of readings and quiet music for all who find the holidays difficult for any reason. All welcome.

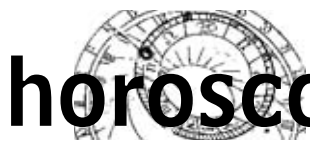
Music open house
December 9 to 13, 11 a.m. to 3:30 p.m., take a break from the hustle and bustle and enjoy the Kings County Museum's Yuletide decorations, 37 Cornwallis Street. Bring your own brown bag lunch and enjoy sweets and tea in our historic candle lit courtroom. Visit our "Century of Dolls" exhibit & Victorian Christmas parlour.

Christmas tea
December 9, 1 p.m. You are invited to a Christmas tea with live music at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road, Wilmot. Call 902-765-2386 for more info.

Let's Get Crafty!
December 10, 7 p.m. to 8 p.m., the Bridgetown & Area Library invites adults for an enjoyable evening of holiday crafting. All materials supplied. Space is limited, please register early.

Luncheon
December 10, noon to 1 p.m., the Kingston Lions host their monthly community luncheon, 1482 Veterans Lane. \$10 at the door, \$11 delivery to Kingston/Greenwood (for delivery, call 902-765-2128 by 10:30 a.m.).

Spanish flu exhibit
To December 10, the Kings County Museum, Kentville, features "Maladies, Remedies & Pharmacies: The Spanish Flu



horoscopes

December 8 to December 14

ARIES - Mar 21/Apr 20
Take some time to think a response through before saying the first thing that comes to mind. Aries. It's not easy to take the words back once they're out there.

TAURUS - Apr 21/May 21
Taurus, even though it can be difficult to cede control, sometimes you have to hand the reins over to someone else. You can still be involved from a distance.

GEMINI - May 22/June 21
Gemini, sometimes it can be challenging to figure out what other people are thinking. Focus on yourself instead of trying to get into the heads of those around you.

CANCER - June 22/July 22
A focus on finances takes priority this week. Cancer. Holiday spending may force you to reevaluate your budget. It could be time to scale back.

LEO - July 23/Aug 23
Some situations are beyond your control, Leo. This way you're fully behind the idea. You're a force to be reckoned with when you are motivated.

VIRGO - Aug 24/Sept 22
Time is running out to get an important job done, Virgo. This is not a week to procrastinate, but to bear down and finish your tasks. You'll breathe easier afterward.

LIBRA - Sept 23/Oct 23
Big changes are on the horizon, Libra. You may have wanted a certain outcome, but another arrived instead. It could take some time getting used to a new situation.

SCORPIO - Oct 24/Nov 22
Sometimes you have to table the things you want to say in the interest of consensus, Scorpio. Focus your energy on positive things this week.

SAGITTARIUS - Nov 23/Dec 21
Sagittarius, be patient with yourself this week, as you have many different balls in the air at once. Even the most organized person may stumble here or there.

CAPRICORN - Dec 22/Jan 20
Capricorn, you may need to delegate when demands at home start to feel a little overwhelming. Any free time you can muster will be put to good use.

AQUARIUS - Jan 21/Feb 18
Some situations are beyond your control, Aquarius. Fixating on the things you cannot change will not prove productive. Surround yourself with friends.

PISCES - Feb 19/Mar 20
Enjoy the moments that you have with family members in the weeks to come, Pisces. These are the most reliable people in your life.

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Pandemic (1918-1920)." As the First World War closed, a new enemy faced the world: 50 to 100 million people died in the next two years from this catastrophic flu event. This exhibit explores the impact on Kings County.

Preschool upcycle art
December 11, 10:30 a.m. to 11:30 a.m., the Kingston Library has an art program designed just for preschool aged children and their parent/ caregiver. Join Cheryl, a 7 arts artist, for an hour of upcycled art.

What Does it Say to you?
Book Club
December 11, 1 p.m., the Kingston Library's What Does it Say to You? Book Club is a monthly book club that explores community, life, meaning and so much more through popular fiction. Facilitated by Lynn Uzans. Stop by the library and reserve a copy of the book.

Tween Scene
December 12, 6:30 p.m., the Kingston Library hosts tweens ages eight to 12. If you like

Christmas crafts, snacks and games, come to the library for Tween Scene.

Christmas crafts
December 12, 3:30 p.m. to 4:30 p.m., the Kingston Library invites youth ages five to 12 to come on by and create. Please register to save a spot!

Festive fun
December 12, 3:30 p.m. to 4:30 p.m., the Bridgetown & Area Library invites kids ages five to 10 to the library for a holiday crafting event. All materials supplied. Pre-register.

Concert
December 13, 7 p.m., Musique Royale presents the Glenn Patschka Trio in a concert of Louisiana Cajun music and holiday tunes at the Dawn Oman Art Gallery, Bridgetown. This is the concert cancelled in September because of Hurricane Dorian. Tickets are \$25 at the door: advance tickets (\$20) are available at the gallery, by phone 902-588-2002, or online at musiqueroyale.com.



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Let's Get Crafty – adults
December 13, 10 a.m. to 11:30 a.m., the Rosa M. Harvey Middleton & Area Library Join us for a holiday craft party! For adults 18+. Supplies provided. Pre-register.

Holiday event
December 13, noon to 4 p.m., Kings County Museum, 37 Cornwallis Street, and Webster Court corner, Kentville; will be "Bright and Merry" with holiday festivities. Join our neighbourhood celebration! The museum, gallery, cafe and other businesses invite you to enjoy oxen cart rides, a working blacksmith demonstration, old fashioned homemade ice cream, cookie decorating, carolers, craft making, mulled cider, tea room, "Century of Dolls" exhibit and more.

Afterschool art with Caitlyn
December 13, 3:15 p.m. to 4:30 p.m., the Berwick and District Library invites youth ages eight to 14 to drop by afterschool and hangout with Caitlyn. Create some art, chat and munch on snacks.

Doll collection exhibit
To December 13, take in a min-exhibit at the Kings County Museum, 37 Cornwallis Street, Kentville: "A Century of Dolls." The displays feature a century (1860 -1960) of vintage dolls, from early wooden dolls to bisque, glazed porcelain and china head dolls - over 50 dolls from collector Deborah Parrott's private collection, PLUS doll house miniatures from Shelley Acker of Kentville's Freedom Miniatures shop and more.

Musical play
December 13 and 14, 7 p.m., the Aylesford and Kingston United

churches are pleased to present "Scrooge's Tale," a musical play based on Charles Dickens' classic, "A Christmas Carol," written by the Rev. John Moses with music composed by William F. Treadgold. Familiar favourites include Old Jacob Marley, the ghostly spirits, Bob Cratchit and Tiny Tim and, of course, Miserly Ebenezer Scrooge; as well as a host of other characters and a full chorus to entertain you in song. Performances will be at the Aylesford United Church, 2414 Highway 1 (wheelchair accessible). Admission is free-will and all proceeds will go to the Berwick and Kingston food banks.

Musical evening
December 14, 7 p.m., there will be an evening of country and Christmas music at the Three Rivers Community Centre, 41 Messenger Road. Admission \$5. 50/ 50 available. Canteen and Three Rivers Cafe will be serving home baked goodies. For information, call 902-760-2471.

Game day!
December 14, 1 p.m. to 3 p.m., the Berwick and District Library invites all ages to bring your favourite game to share at the library.

Chase the Ace
December 14, 1 p.m. to 3 p.m., the Kingston Legion holds its Chase the Ace draw. Tickets are available at Brown's Auto, Pharmasave Kingston, Needs, JOY-EL Investments, Aylesford, and at the Legion during bar hours. Tickets are \$1 each (ages 19-plus). The draw takes place at 3:30 p.m. (you do not have to be present to win). We are supporting Kingston Scouts Canada programs.

Breakfast
December 14, 8 a.m. to 10 a.m., there will be a community breakfast at the Kingston Baptist Church, 695 Main Street. Traditional and healthy food choices. Freewill.

Tea and ticket auction
December 14, 2 p.m. to 4 p.m., there will be a tea and ticket auction at the Woodville Community Centre. Freewill offering for tea/ coffee, sandwiches and desserts, with proceeds to Relay for Life through Pastor Tim Bigelow's Team.

Concert
December 14, 7 p.m., the 25-voice Manning Chapel Choir of Acadia University, directed by John Scott, presents a concert of traditional and medieval carols in the Dawn Oman Art Gallery, Bridgetown. The choir will be accompanied by fiddle, harp, bouzouki and Irish flute. Tickets are \$20 at the door (advance tickets \$15 may be purchased at the gallery or by phone 902-588-2002).

14 Wing Christmas Concert
December 15, 7 p.m., the 14 Wing Greenwood Band hosts a Christmas concert at the Annapolis Mess, 14 Wing Greenwood. Featuring: Honorary Colonel Terry Kelly, the Kingston and District School Choir and the Canadian Military Wives' Choir Greenwood. The concert is open to the general public, military and families. Free admission, with food donations graciously accepted for the Upper Room Food Bank.

Concert
December 15, 7 p.m., the Lawrencetown Male Choir, directed by Jean Prosser, presents its Christmas concert of music,

readings and congregational carols in the Lawrencetown United Baptist Church, Lawrencetown. Audience members are invited to share fellowship and refreshments in the church hall after the concert.

Library book club
December 17, 2 p.m. to 3 p.m., the Bridgetown & Area Library hosts its adult book club (third Tuesday of every month). Share views and ideas about selected books, usually fiction. For information: 902-665-2758.

Caregiver stress manager workshop
December 17, 1:30 p.m. to 4 p.m., please join Caregivers Nova Scotia for a free workshop: do you give unpaid care to a family member or friend who has a physical or mental health condition, or who is chronically ill or frail? As a caregiver, you may feel overwhelmed by all of your responsibilities. Our goal is to help you identify common stressors and address them before they become harmful to your health. We will focus on strategies to regain or maintain your life balance. Workshop will be held at the New Minas Baptist Church (External Building), 9453 Commercial Street. Pre-registration required by December 13: call Jennine Wilson at 902-680-8706 or toll free 1-877-488-7390 to register or for information. Storm date: December 19.

Preschool upcycle art
December 18, 10:30 a.m. to 11:30 a.m., the Kingston Library has an art program designed just for preschool aged children and their parent/ caregiver. Join Cheryl, a 7 arts artist, for an hour of upcycled art.

HR tip: apply to the Military Spouse Employment Initiative – Casual Inventory

To better support military families, the Department of National Defence launched the Military Spouse Employment Initiative (MSEI) to support employment of military spouses and partners both within and outside of the Federal Public Service. The first phase is a casual job inventory, which is open exclusively to spouses of serving Canadian Armed Forces members. Note positions are not funded; MSEI aims to provide another option of temporary employment to managers in support of Strong Secure and Engaged (SSE)

- Build your reputation as a high performer
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- Access professional networks that can help build your career
- With your new found Government of Canada experience, be more competitive and better prepared when seeking longer-term and permanent employment opportunities in the public service (e.g. term, indeterminate)

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If you are interested, apply on the GC Jobs website by searching for the process number 18-DND-CEO-NATNL-259724 and clicking "Jobs Open to the Public." →

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Drop ballot off at The Aurora Newspaper 61 School Rd., Fax to 902-765-1717, or enter online at auroranewspaper.com by noon, December 11, 2019.



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December 13 vs Pictou County | 7 pm
December 15 vs Truro | 6 pm
January 18 vs Yarmouth | 7 pm
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2. Fax: 902-765-1717
3. Drop into our office located at 61 School Road (Morfee Annex)

Full name _____ **Phone number** _____

Complete the following questions from ads in this week's issue and win a \$20.00 coupon to play Friday Night BINGO with Aylesford & District Lions. Coupons valid for 1 year. Age 17+ on regular games.

1. What business is featuring a boxing month? _____
2. Who uses Lic. # 115910-08? _____
3. Who do you reach when you call 902-765-1494 local 5457? _____
4. What's in Tremont Sunday, December 15 at 7 pm? _____
5. How much can you save on a Rap Pro Nitro Auger? _____

Congratulations to last week's winner: LORETTA TOTTEN

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3 Pack Micro Cable **\$6²⁸**

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Outdoor led 50 count, size c6 **\$9⁹³**

 SAVE **63%**
 Reg 26.99 | 151-3383

Lightshow Snowflake, Blue **\$9⁹⁸**

 SAVE **60%**
 Reg 24.99 | 151-3710

Fat Bel 9/32" 125gr **\$2⁹⁸**

 SAVE **57%**
 Reg 6.99 | 175-1968

Certified 53pc Toolset **\$45⁹⁸**

 SAVE **69%**
 Reg 149.99 | 58-0234

8 Pin Lighting Cable **.93¢**

 SAVE **84%**
 Reg 5.99 | 35-5189

A 6 Port USB Charger **\$14⁹⁸**

 SAVE **75%**
 Reg 59.99 | 35-5268

9' Cluster Starry Gold **\$9⁹³**

 SAVE **75%**
 Reg 39.99 | 151-3689

Canada Coaster, 2 pk **\$4⁹³**

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 Reg 14.99 | 299-8723

Lightshow Kaleidoscope RG **\$12⁹³**

 SAVE **32%**
 Reg 18.99 | 151-3717

Silver, 6pc 80 mm FACD **\$1⁴³**

 SAVE **71%**
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Event Grill **\$163⁹⁸**

 SAVE **34%**
 Reg 249.99 | 399-2083

F1 Fuel Saver 475ml **\$12⁹³**

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 Reg 21.99 | 38-8049

Nerf Mega Magnus **\$17⁴⁸**

 SAVE **30%**
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Cuis 8x12.75" Board **\$3⁹³**

 SAVE **74%**
 Reg 14.99 | 42-8567

Rink Resurfacer **\$16⁹⁸**

 SAVE **72%**
 Reg 59.99 | 83-6988

Harley Pasternak Blender **\$99⁹⁸**

 SAVE **67%**
 Reg 299.99 | 43-1298

Rap Pro Nitro Auger 8" **\$299⁹⁹**

 SAVE **50%**
 Reg 99.00 | 78-8842

Wimbledon Tennis Racket **\$9⁹⁸**

 SAVE **88%**
 Reg 80.00 | 93-0734

Tailwind 70 Luggage **\$29⁹⁸**

 SAVE **83%**
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