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Drive, service a way to give back Mitchell marks end of engineer, SAR career 'at the top of my game'

Sara White,
Managing editor

Chief Warrant Officer Keith Mitchell C.V., M.M.M., M.S.M., CD could add two more years to his exceptional, 40-plus year military service, but he's calling it a career March 31.

"I'm the highest decorated currently member of the Canadian Armed Forces. I'm a chief warrant officer. I'm happy, I'm healthy. I'm going out at the top of my game."

It wasn't always that way.

Mitchell admits to being an unruly kid with a chip on his shoulder, the middle child of three with a single mother who'd left a difficult relationship. They lived in a poor neighbourhood in Montreal, moving year after year from one apartment to a cheaper apartment.

"When I was 10, I got my first paper route – 250 papers, huge – and that

contributed to my family," Mitchell says. "High school was not my thing – I didn't get my leaving certificate; I failed French. I joined the military as soon as I turned 17, the army Reserves. The military in Quebec was not a big draw, as the sting of the FLQ crisis and martial law was still a real thing, but I'd always wanted to join."

In 1980, he joined the Army Reserves, spending four years as a field engineer, learning and experiencing all he could before deciding, "this is what I wanted to do for the

rest of my life. I loved all the military could offer me."

In 1984, Mitchell joined the Regular Force, heading to boot camp in Cornwallis. He knew the difference, then, between Reserve and Regular training, and wanted the full "break you down, build you all up" experience.

His first posting as a combat engineer was in Petawawa, where he went back to school and earned his high school Grade 12 leaving certificate. He was in the Special Service Force as an airborne diver,



Continued on page 2...



Then-Warrant Officer Keith Mitchell, working from below the Cormorant helicopter during 413 (Transport and Rescue) Squadron exercises in 2008. DND file

In 1984, Keith Mitchell moved from the Reserves to the Regular Force, re-taking basic training at CFB Cornwallis. Submitted

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Mitchell...

...cover

providing demolition support to the regiment.

"We were building bridges, demolishing infrastructure – first in, last out is the engineer motto. I always wanted to be at the pointy end. I needed to do something physical, or I'd just get into trouble."

There was even a jungle warfare training with the French Foreign Legion in French Guyana.

After a posting in Ottawa, where he helped work on the new reverse osmosis water purification system later sent to Iraq with the engineers, he applied in 1992 to change his trade to either clearance diver or search and rescue technician. Both came through; he chose SAR-Tech.

"It was a natural crossover – and the element of risk was appealing, pushing me to the edge."

Why work and train and live so hard and so dangerously? "The element of risk, combined with the opportunity to help people in dangerous situations appealed to me. I always believed I owed the military something for offering me a life beyond the unstable environment I grew up in. As a soldier and aviator,

I was able to excel in a demanding environment and still give back.

You see that drive from the beginning: top candidate in his combat engineer course, then para training, the combat leader course, the SAR Tech team leader course. His resume includes commanders' coins and commendations from multiple levels and nations, the Order of Military Merit, the Meritorious Service Medal, the Afghanistan Campaign Star, the Queen's Diamond and Golden Jubilee medals and the Canadian Forces Decoration Second Clasp.

"Work was good, very busy," Mitchell says, describing his first eight-year SAR posting to 14 Wing Greenwood. There wasn't anything different about the November 12, 1996 call that earned him the Cross of Valour – until there was.

"We were flying top cover for a Goose Bay medevac. The helicopter encountered bad weather en route and had to set down and wait it out. We went back out to the boat to do an assessment, and the patient was getting worse. Our job is helping people. So Bryan and I made the decision to go in."

Then-master corporals

Keith Mitchell and Bryan Pierce parachuted out of the Hercules and fought through three-metre, freezing waves towards the Danish trawler before the fishing boat crew could reach them in a Zodiac. Once on board, they provided medical care for 15 hours, as the trawler headed to Iqaluit.

"Bryan and I were SAR coursemates – that speaks a lot, knowing the other's SAR abilities," Mitchell says. "I knew his capability, his mindset, and he was very much like me. We knew if one of us got in trouble, the other would be there to help."

That Cross of Valour is exceptional: since its creation in 1972 within the Canadian system of honours, only two have been awarded to the Royal Canadian Air Force – Mitchell's and Pierce's, with three others awarded to Navy personnel. Just 20 have ever been presented by the governor-general: only the Victoria Cross ranks higher.

"When I walk in a room in full dress uniform, people do a double take and ask questions – that's good, because it's a history lesson that's not about me: it's about what the Cross of Valour represents – and what they, too, could do."

Mitchell left operational SAR work in 2008 and head-



Chief Warrant Officer Keith Mitchell C.V., M.M.M., M.S.M., CD retires March 31 as chief warrant officer with Director Air Reserve.

ed to French-language training for a year. He returned to 14 Wing Greenwood in 2009 as a Reserve member, working at Readiness Training Flight, then the Civil Air Search and Rescue program with 413 (Transport and Rescue) Squadron. Taking a position with the wing's Air Reserve Flight expanded his experience and knowledge, readying him for promotion to chief warrant officer in 2019. He finishes his career with the Director Air Reserve in Ottawa, working remotely from 14 Wing as the non-

commissioned members' career manager.

He's ready to step back. He and his wife, Melissa, raised two children and enjoy being grandparents. Mitchell spends downtime playing guitar, kayaking and puttering at his home and property with his dog, Sam, by his side. In just the past few years, he's returned to his family's roots, looking beyond his early years deeper into history. His own military service adds weight and understanding to what he's found. His biological father was a stoker in the Canadian Navy, while an uncle joined the United States 173rd Airborne, with time in Vietnam. A grandfather served in the Welsh Home Guard during the Second World War, while a great-uncle was awarded the Military Cross after service and injury behind enemy lines, supporting the French Resistance. He was later awarded the Order of the British Empire for work in Manila with the British Army.

"Knowing what I know now about military service, and what I found out about all of these men while exploring genealogy, they were tough as nails."

They aren't the only ones. →

Legion recognizes excellence in 517 Squadron Cadet

Jim Hildebrand, Publicity chair, Kingston Legion Branch 098

"I'm very happy to be a part of the Cadet program," said Warrant Officer 2nd Class Nathan Gray, while recently receiving the Royal Canadian Legion Medal of Excellence. The medal is available to Canadian Cadets, one Cadet per corps or squadron annually, and is awarded by the Royal Canadian Legion to a candidate who has displayed excellence in citizenship outside of the Cadet program.

Gray certainly fits the criteria. A member of 517 F/Lt Graham Canadian Air Cadet Squadron in Greenwood since 2015, he has participated in a slew of squadron activities, which has allowed him to rack up over 30 hours of community service. His commitment to the squadron has been exemplary, with 100 per cent attendance and participation in orienteering, biathlon, drill team and rifle drill team; as well as instructing other Cadets.

Outside of Cadets, Gray is involved with the West Kings District High School

drumline, participating in Annapolis Valley parades and performances for local events throughout the year. He is also a member of the school's rugby and badminton teams.

You would think this would eat up most of his time; however, he also is involved with the Nova Scotia Society of Canada and the Royal Astronomical Society of Canada, attending meetings, giving presentations and doing speaking engagements.

Captain Rhonda Bull, the 517 Squadron commanding officer, has high praise for



Kingston Legion Branch 098 President Al Peterson, left; was happy to present 517 Royal Canadian Air Cadet Squadron's Warrant Officer 2nd Class Nathan Gray, centre, with the Royal Canadian Legion Medal of Excellence, with Branch 98 Cadet Liaison Officer Art Leduc.

J. Hildebrand

Gray.

"He is a model Cadet who has earned the respect of his peers. He sets a fine example, his dress, drill and deportment being impec-

cable. He is highly deserving of the Legion Medal of Excellence."

Kingston Legion Branch 098 President Al Peterson said, "it gives our Legion

members a great deal of satisfaction that we can recognise the strengths of the Cadet program through this award. Our congratulations to WO2 Gray and 517 RCACS." →

Small scale celebration marks 53rd RCLS birthday



Aviator James Beaton is pictured with the Annapolis Café's cake, prepared by Food Services personnel in celebration of the 53rd Royal Canadian Logistics Services birthday February 1.

Lieutenant-Colonel S. Buckler, 14 Mission Support Squadron

Aviator James Beaton, Cook, 14 Mission Support Squadron

There is a long-standing tradition in the Royal Canadian Logistics Services of the Canadian Armed Forces that, every year on the February 1 birthday of the branch, kitchens across Canada present cakes staff have made in honour of the RCLS, as well as take part in a small competition to see whose cake turned out the best.

Even though, this year, many kitchens were unable to participate in the competition, 14 Wing Greenwood's 14 Mission Support Squadron's Food Services personnel still supplied an entry. A joint effort between myself, Aviator James Bea-

ton, and civilian employee Daniel Jesso, we worked multiple days to craft a beautiful cake to present to a small gathering of our peers and our chain of command. It was an honour to be chosen to assist in making such an important product, and to be chosen to write this article.

One of the topics I was asked to touch on in this piece is what the Logistics Branch means to me; to me, the job of any RCLS member is support, in physical and, sometimes, emotional ways. As the old saying goes, "bullets don't fly without supply." While the cooks not only keep our soldiers fed, they also help keep up morale. It is crucial to remember the importance of our other

N.S.-based calls keep SAR crews busy

The Halifax Joint Rescue Coordination Centre tasked 14 Wing Greenwood-based search and rescue crews out on a number of calls in recent days.

March 6, both Cormorant Rescue 912 and Hercules Rescue 344 were tasked around 6:30 p.m. in response to a crewmember in medical distress aboard the Atlantic Protector, 90 nautical miles southwest of Nova Scotia. The Hercules flew top cover while the Cormorant search and res-

cue technicians conducted a medevac of the patient to hospital in Yarmouth. Aircraft returned to Greenwood after 9:30 p.m.

March 7, Cormorant Rescue 912 as airborne at 2:37 p.m. to assist with an airlift of an individual experiencing cardiac issues four nautical miles from Peggy's Cove. The helicopter was back in Greenwood around 5 p.m., after completing the hoist and transfer of the individual to medical assistance ashore.

March 11, a Cormorant and Hercules were both airborne, in response to a call of a boat on fire on the Bay of Fundy. The Hercules was stood down just before 9 p.m., as the reporting was suspected to be a false alarm and the suspected location was too close to shore for the aircraft to be of assistance. The Cormorant continued its response but, with nothing found, stood down and returned to Greenwood just after 10 p.m. →

the Aurora

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Useful links | Liens utiles

Royal Canadian Air Force website
Site Web de l'Aviation royale canadienne
www.rcf-arc.forces.gc.ca

CAF Connection Site
Site du portail communautaire des Forces canadiennes
www.cafconnection.ca

14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
www.airforce.forces.gc.ca/en/14-wing/index.page

National Defence and the Canadian Forces
Défense nationale et Forces canadiennes
www.forces.gc.ca

Combat Camera | Caméra de combat
www.combatcamera.forces.gc.ca

Recruiting | Recrutement
www.forces.ca

Military Family Resource Centre
Centre des ressources pour les familles des militaires
www.cafconnection.ca

VPI | VPI
www.vpinternational.ca

14 Wing Health Promotion Tips, program highlights and resources | 14 Wing Fitness Online work-outs, resources and tips | 14 Wing Community Recreation Online activities, resources and fun | Annapolis Mess Special events and entertainment | 14 Wing Greenwood Winter Carnival/14e Escadre Carnaval d'hiver Annual winter Defence Team fun and challenge events | 14 Wing Greenwood PSP A wider resource for PSP entities (recreation, fitness, health promotion, news and events) | Greenwood Military Family Resource Centre Resources, activities and program highlights | 14 Wing Greenwood Bowling Centre Centre updates | 14 Wing Aquatics Pool recreation, competitive, training, news | 14 Wing Library Online story time, resources for learning and fun | Greenwood Military Police – Police militaire de Greenwood Safety, security and public information from 24 Military Police Flight | 14 Wing Combined Charities Wing activities in support of our community | 14 Wing Spiritual Resilience Page Hosted by the 14 Wing Chaplains, with spiritual support and resources | GMAM.ca Follow news and events at the Greenwood Military Aviation Museum | 14 Wing Welcome Schedule of events details

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NOVA SCOTIA

Annapolis Special Olympics athlete, coach win provincial awards

Special Olympics Nova Scotia hosted its annual Provincial Awards event and fundraiser February 24, the Inspired Appeal & Auction. As Special Olympics programming supports over 2,500 athletes, the organization thanked and recognized volunteers and donors with a virtual video event.



Annapolis Special Olympics coach and vice-regional coordinator Jim Spurrell was named Special Olympics Nova Scotia's coach of the year, with Dylan Taylor named male athlete of the year.

Among award recipients recognized were two Annapolis Valley men, both for their involvement primarily in crosscountry skiing. Male Athlete of the Year

is Dylan Taylor, an Annapolis County athlete for the past four years. Taylor has a background playing Unified

basketball while a student at Middleton Regional High School. In 2017, he was a member of the provincial Summer Games gold medal soccer team. In 2018, the team won silver. In 2019, at the Winter Games, Taylor won crosscountry skiing gold in the 1K, 500m and 100m classical races. In 2019, his soccer team won gold at the Summer Games, and he participated in motionball. In 2020, Taylor competed at the Special Olympics National Winter Games in Thunder Bay, winning crosscountry skiing gold in the 5K Classical, and bronze in both the 1K and 2.5K Classical races.

In Taylor's nomination, he was described as an "all-around great athlete; he is very team oriented in his sports, and gets along easily with others and is supportive of his fellow athletes. He has always jumped at the opportunity to participate. He is never afraid to try a new sport, and was asked to try crosscountry skiing and has even tried figure skating! He does well with any sport he tries due to his natural athletic abilities. He achieved his goals by participating in the 2020 Special Olympics Canada Winter National Games in Thunder Bay and enjoyed every minute of it. He enjoyed meeting new friends from across Canada. Dylan is an all-round swell kind of guy that gets along with anyone, and enjoys sports and encouraging his fellow athletes."

Male Coach of the Year is Jim Spurrell, with 10 years of involvement in the Annapolis region Special Olympics program. Most recently, Spurrell coached the provincial 2020

National Winter Games cross-country skiing team. In past years, he has coached the provincial Summer Games soccer coach (2014 to 2019), the provincial Winter Games crosscountry skiing team (2015, 2017, 2019) and also coached the 2016 provincial National Winter Games cross-country skiing team. He has served as the vice regional coordinator since 2018.

In the words of his nominator, Spurrell "gives much of his free time to volunteering with our athletes. Jim cares about the wellbeing of each of the athletes, and tries to find ways to motivate each and every athlete. During COVID-19, he reaches out via Facebook with ways to keep each athlete interested in Special Olympics, and shares educational materials with

them to practice on their own to keep them in shape. He is eager to help in any way he can; as long as he is available, he is there when to help when asked. He is always eager to have new athletes come out and participate. He is supportive of the athletes and makes sure they are included in events.

"Jim started a fall/ winter multisport program a few years ago, held at a local high school. He has brought in new activities for the athletes to try. This past winter (2019), he arranged for them to try wheelchair basketball. He has many community contacts that he has connected us to that have helped us in fundraising and community awareness. Jim is a great volunteer and great asset to our region." →



Annapolis Special Olympics athlete Dylan Taylor competed at the 2020 Special Olympics National Winter Games in Thunder Bay, winning crosscountry skiing gold in the 5K Classical, and bronze in both the 1K and 2.5K Classical races.

Submitted

Food for Thought from the Upper Room

The Upper Room Food Bank continues to follow measures to comply with provincial COVID-19 guidelines. Clients requiring service must call ahead to the food bank to arrange an appointment during normal operating hours. If the food bank is closed, leave a message and someone will get back to you to arrange a time. When ready, the order is placed in the designated area for client pickup. No one other than approved volunteers are allowed in the facility. This limits personal contact, while also reducing waiting time for clients. This new process is working so well, it may continue post-COVID restrictions.

During February, the Upper Room Food Bank served 122 families (a 27 per cent increase over January), consisting of 184 adults and 101 children, with 11,610 pounds of product going out and 8,590 pounds coming in. The incoming total includes 1,800 pounds provided by the Feed Nova Scotia network and 995 pounds purchased with local cash donations. The remainder is from local food bank sharing and local donations, including regular arrangements with several local businesses. The stockpiling of goods as they went on sale means we didn't have to purchase as much this month. Donations continue to

be accepted by dropping off at the food bank located behind the library at 669 Main Street, Kingston (during open hours) or at the Kingston village offices (655 Main Street). Processing of donated food continues in accordance with directives from Feed Nova Scotia and the Nova Scotia Health Authority. Cash donations are also always accepted.

Regular hours are in effect, with the food bank open Mondays from 9 a.m. to noon, and Thursdays from 6 p.m. to 9 p.m. Our office number is 902-765-0303, or email us at upperroomfoodbk@hotmail.com. We may also be found on Facebook. →



Rotarian Dianne McDonald, Middleton, sporting just one of the masks made over the past year by two dozen-plus volunteers for community good.

Submitted

Mask-making effort adds up for Middleton Rotary, volunteers

Shortly after the pandemic was declared in March 2020, Rotary Club of Middleton member Dianne McDonald suggested the club should make lifesaving face masks - but not just any face mask. Our focus should be on "specialty designs."

The project started with Nova Scotia tartan masks and quickly expanded to include Cape Breton tartan, Newfoundland Labrador tartan, New Brunswick tartan, a maple leaf design emblematic of all Canada, and even Rotary-logo'd masks.

Under the guidance of coordinators McDonald and club vice-president Sharon Hutton, a team of approximately 30 volunteer crafters has now sewn almost 2,000 masks - many of which have been shipped to various locations in North America to people with a connection to the Annapolis Valley. Others have contributed material, elastic and thread to the project: we even received a gift of a sewing machine from a local resident! Others have been involved in the sale and delivery of the masks, doing on-site displays, and even retailing them in their stores, with all proceeds going to the Rotary Club. Those involved ranged in age from eight to 93 years old - truly a remarkable variety of people.

Some of those volunteers include Debbie Medicraft and Ann Cliché, Nictaux Falls; Salvation Army Corps, Bridgetown; Donna Elmore, Port George; Janet Boates,



Rotarian Sharon Hutton, Kingston, helped spearhead the Rotary Club of Middleton's mask-making project as the pandemic set in in March 2020.

Melvorn Square; Beverly Boates, Wilmot; Lois Foster; Clara Reagh and Delle Fairclough, Prince Albert; Jean Fry, Kris Stojic and Diane Crocker, Middleton; and Kelly Hutton and Sheryl Fritz, Kingston. We know we have missed some of those involved, and for that we apologize. Nonetheless, all those who contributed can be proud of the countless hours and effort that have gone into this project. Thank you!

We cannot help but wonder how many lives may have been saved, because of these face masks, crafted with love and caring in this wonderful project!

Most of the masks, the

Rotary Club sold for \$5 each. The project raised \$10,462 and, out of that, \$9,001.68 was donated right back into community projects. When you think about the Rotary Club's 2020 donation of \$50,000 to the Middleton collaborative care centre and another \$50,000 to the Middleton fire hall project, plus a defibrillator for the Bridgetown athletic facility and a new freezer for the Middleton food bank - these community efforts really add up. Another 465 masks were made and donated to 13 different organizations, including the food bank, several local nursing homes and Soldiers Memorial Hospital. →



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sudoku

solution page 7

		7		9			2	3
8						7	4	
6		2	3		5			
			2	3			5	9
5	3	4			6		7	2
	2		5	4	7		1	
2			4	5				7
	1	9					6	4
	7			6	3			

Level: Beginner

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

horoscopes

March 21 to March 27

ARIES - Mar 21/Apr 20

Don't shy away from the issues that keep cropping up this week, Aries. They may cause a few headaches, but they also are making the days much more exciting.

TAURUS - Apr 21/May 21

Taurus, many people like to live by the mantra "don't judge a book by its cover," but many times appearances matter. Don't regret picking out a nice outfit or a trendy restaurant.

GEMINI - May 22/Jun 21

Change may take you in unexpected directions this week, Gemini. The good news is that things are finally turning around for you. Enjoy this exciting time.

CANCER - Jun 22/Jul 22

Cancer, you may be drawn to people who appeal to your analytical side this week. You could be interested in some intellectual debate and need a worthy sparring partner.

LEO - Jul 23/Aug 23

Leo, if you see a chance to get ahead this week, jump on it. No matter what is involved or how inconvenient, you do not want to let this opportunity pass you by.

VIRGO - Aug 24/Sept 22

There is much more clarity in your life this week, Virgo. It's almost as if a veil has been lifted or if your eyeglasses prescription has been fine-tuned.

LIBRA - Sept 23/Oct 23

Libra, there might be a lot of activity going around you over the course of the week. Whether it's good or bad, you won't be directly involved in any of it.

SCORPIO - Oct 24/Nov 22

Exercise caution when sharing your secrets, Scorpio. Make sure others can be tight-lipped, as some people cannot resist passing on a little gossip here and there.

SAGITTARIUS - Nov 23/Dec 21

There is great harmony in your life right now and it's due mostly to the fact that you are working together with people both at home and at work. Keep up the collaborations.

CAPRICORN - Dec 22/Jan 20

Listen to people around you to get a fresh perspective on various components of life that you share. People may have good ideas and be willing to share their advice.

AQUARIUS - Jan 21/Feb 18

Aquarius, if you have been trying to become better acquainted with someone in your personal life or even at the office, pay attention to their body language. It can say a lot.

PISCES - Feb 19/Mar 20

Pisces, trust your heart this week and be honest with how you feel about situations. Not every decision has to be based on analysis. Trust your gut.

fyi

The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood, by fax, 902-765-1717; or email auroraeditor@ns.ailantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escalier Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.ailantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédent la publication, à moins d'avis contraire.

metro crossword

solution page 7

1	2	3	4	5	6	7	8	9	10	11	12	13		
14				15					16					
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64						65			66					
67						68			69					

- ACROSS**
- Volcanic crater
 - Long times
 - Swedish rock group
 - Having the means to do something
 - Roots or spindles
 - La Tar Pits, Hollywood
 - Missing soldiers
 - Measuring instrument
 - All of the components considered individually
 - Play 'Irish Rose'
 - Gene
 - Barrels
 - London-based soccer team
 - Breed of sheep
 - Body part
 - Doctors' group
 - One who follows the rules
 - Cigarette residue
 - Ancient Greek sophist
 - Polish yeast cakes
 - Promotional materials
 - Pancakes made from buckwheat flour
 - Completed perfectly
 - Photo
 - A peninsula in SW Asia
 - The common gibbon
 - Disfigure
 - Ribonucleic acid
 - Japanese honorific
 - Pieces of music
 - Expressed pleasure
 - Having ten
 - Type of sword
 - Humble request for help
 - Eating houses
 - Italian Seaport
 - Cain and
 - Measure the depth
 - U. of Miami's mascot
 - Political outsiders
 - Greek sorceress
 - Body part
 - body
 - Automobile
 - Scandinavian god of battle
 - Expresses surprise
 - Secret political clique
 - Yields Manila hemp
 - River in central Italy
 - Brain injury science acronym
 - Mental illness
 - A person from Asia
 - Father
 - General's assistant (abbr.)
 - Cooked or prepared in a specified style
 - Large terrier
 - Hillsides
 - Golf score
 - Not or
 - Type of student
 - Flower cluster
 - Closes tightly
 - Saudi Arabian desert
 - Famed vaccine developer
 - Multi-function radar (abbr.)
 - Actress Jessica
 - Pay attention to
 - Beloved big screen pig
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Tim Horton's

attend all sessions. No previous art or creative writing experience required. This workshop will be facilitated by veteran spouse and art therapy graduate student (Toronto Art Therapy Institute) Jaime Lee Lightle, and Sarah Osborne, registered counselling therapist and certified expressive arts therapist. Register by March 26 at: arttherapyforyou2@gmail.com.

Art therapy workshop
 Starts April 6, and continues April 13, 20 and 27, from 10:30 a.m. to 1 p.m. at Nova 7 Arts, 619 Central Avenue, Greenwood. "Behind the Olive Drab: Visual Stories About Overcoming Adversity" is a free art therapy workshop for military veteran spouses of transitioned (retired) or transitioning Canadian Armed Forces members who want to explore fictional, visual art storytelling. Workshop sessions wrap up includes participant reading April 27. Participants are encouraged to

Youth lacrosse try-it
 March 27, 11 a.m. to noon, Kentville Credit Union Rec Complex. Hosted by Valley Thunder Lacrosse. No gear needed, sticks provided. Bring a mask, athletic clothes, indoor sneakers, water.

Blood donor clinic
 March 31, noon to 3 p.m. and 5 p.m. to 7 p.m., Canadian Blood Services will host a blood donor clinic at the Berwick Lions Hall, Veterans Drive, Berwick. Register for an appointment in advance at blood.ca, or download the Canadian Blood Services' app.

Blood donation clinic
 March 29, 5 p.m. to 8 p.m., and March 30, noon to 3 p.m. and 5

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Greenwood Military Aviation Museum volunteer Bill Flinn, left, was recently presented the museum society's Meritorious Service pin from its chairman, Ian Patrick.



Greenwood Military Aviation Museum volunteer Bill Flinn, left, was recently presented with a Commander's Coin by 14 Wing Commander Colonel Brendan Cook, recognizing Flinn's significant volunteer contributions to the museum's restoration projects.

THE MUNICIPALITY OF THE COUNTY OF KINGS
 181 Coldbrook Village Park Drive
 Coldbrook, NS B4R 1B9

NOTICE TO RESIDENTS

PERSONAL TAX EXEMPTION 2021/2022
 The Council of the Municipality of the County of Kings directs, by policy, that an exemption be granted for the taxation year 2021/2022 pursuant to Section 69 of the Municipal Government Act, in an amount not exceeding \$316.00; upon property owned and occupied by a person who is a resident of the Municipality of Kings, and;

Whose total gross income from all sources for the year 2020, excluding any allowance paid pursuant to the War Veterans Allowance Act (Canada) or pension paid pursuant to the Pension Act (Canada), but including the income of all members of the same family residing in the same household, is less than \$36,000 gross income, and;

Where property is jointly owned, only one tax exemption shall be allowed and the sharing in such exemption shall be on the basis of ownership in such joint property.

Applications for such tax exemption will be received at the Municipality prior to December 31, 2021.

Paula Delorey, Tax Clerk
pdelorey@countyofkings.ca

Tel: (902) 690-6144 Fax: (902) 679-2820
 Toll Free 1-888-337-2999
www.countyofkings.ca

Museum volunteer recognized for excellence

Ian Patrick, Chairman, Greenwood Military Aviation Museum Society

William (Bill) Flinn is a Greenwood Military Aviation Museum volunteer, par excellence!

Flinn has been a volunteer with the GMAM since its inception over 25 years ago. Actively involved with the moves of the Argus, Lancaster and Neptune to their current locations, and active in helping prepare the current museum for its grand opening, Flinn is a "Jack-of-all-Trades,"

truly "retro," and comprised of computer-generated instruments, rather than the originals, eliminating the risk of unhealthy radiation - a problem with the paint on the proper instruments.

At 91 years of age, Flinn is the oldest volunteer at the museum and has now been restoring the interior of the Expedito for more than two years, mostly on his own. He is a very positive individual, always with a good story

or joke to go along with his ready smile. Anyone with an interest in aviation may volunteer at the museum, but most work is done during the day, Monday through Friday. Visit the museum webpage, gmam.ca, for volunteer details.

The museum is open, with the proper COVID-19 safety protocols, including masks; from 10 a.m. to 3 p.m., Thursday through Saturday. →

classifieds

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot supplémentaire coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

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crossword solution

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A	B	L	E	A	X	L	E	S	B	R	E	A
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sudoku solution

1	5	7	8	9	4	6	2	3
8	9	3	6	2	1	7	4	5
6	4	2	3	7	5	9	8	1
7	6	1	2	3	8	4	5	9
5	3	4	9	1	6	8	7	2
9	2	8	5	4	7	3	1	6
2	8	6	4	5	9	1	3	7
3	1	9	7	8	2	5	6	4
4	7	5	1	6	3	2	9	8

Could ticks be there? Be tick aware

Brenda Sterling-Goodwin

March is the Canadian Veterinarian Medical Association's Tick Awareness Month. This awareness program is in its sixth year, and this year's theme is, "Could ticks be there? Be tick aware!"

The focus is on the increasing geographical distribution of ticks in North America. Veterinarians have taken an evidence-based approach, with some having taken part in a cross-Canada survey, in viewing the growing problem. It was not that many years ago it was believed there was no risk for ticks to be active in the wintertime. Climate change is here, and the risk of coming into contact with ticks exists whenever the temperature is



novascotia.ca/ticksafety



above four degrees Celsius. It is to the point year-round treatment should be considered for your pets.

Check your pet whenever they come back indoors, especially the head, neck, ears and mouth area, as 50 per cent of ticks are found in these areas. A full body check is recommended at least once a day.

It is also important to be aware, if your pets can get a tick, so can you. There is a strong need to be aware for

yourself and your family – dress properly when outside with long sleeves and pants

tucked into socks, use repellents, put clothes in the dryer, shower and perform body checks after being in areas where ticks may be active. There are cases where pets have Lyme, as well as their owners. You don't have to be on a trail or in the woods; it can happen in your own back yard.

The question is, where are the ticks? The tick range is

ever changing, and ticks can be found in every region of Canada. Ticks hitch a ride on migratory birds, bringing them into new, unexpected areas. Deer, as well as many other animals, act as "taxis," helping transport ticks even further. The entire province of Nova Scotia is at risk, and the risk is high. There were once areas considered low risk, but

that is no longer true. Any risk is a risk; one must keep up their awareness.

This month would be a good time to make an appointment with your veterinarian to discuss what options are available to keep your pet safe. It would also be a good time to increase your awareness in order to keep yourself and family safe. Education is key! →

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2021 Easter on the Wing

Saturday, April 3

11 a.m. | *Easter Bunny Parade*
2 p.m. | *Drive-thru Easter Fun*



Pâques à l'Escadre 2021

Samedi 3 avril

Parade du lapin de Pâques | 11 h
Plaisirs de Pâques au volant | 14 h

For updates and details on the Easter Bunny Parade, stay tuned to the 14 Wing Community Recreation facebook page!
Pour les mises-à-jour et les détails sur la parade du lapin de Pâques, restez à l'écoute de la page facebook du centre communautaire de la 14e Escadre!

TO REGISTER FOR THE DRIVE-THRU | **POUR VOUS INSCRIRE AU DRIVE-THRU**
CAFconnection.ca/greenwood/2021EasterOnTheWing
OR | OU
902-765-5611

Register by Tuesday, March 30 | **Inscription avant le mardi 30 mars**



Instructions de conduite pour le plaisir de Pâques au volant | **Church st. sera une rue à sens unique**
 Entrez par l'entrée principale de la base, prenez Administration dr., Swordfish dr., Church st. puis sortez par Pathfinder dr.
Driving instructions for the drive-thru Easter Fun | **Church St. will be one way traffic**
 Enter main gate to Administration Dr. to Swordfish Dr. to Church St. and exit to Pathfinder Dr.






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