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the **Aurora**

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Wing adds smudge kit, capability to members' supports

Officer Cadet Laura Lascelle

After receiving multiple inquiries during recent 14 Wing Greenwood events on the availability of smudging practices, Marla Ward, civilian co-chair for 14 Wing's Defence Indigenous Advisory Group (DIAG) volunteered to learn how to provide services to members who need it.

The chaplaincy, whose core mandate is the facilitation and support of all faiths' spiritual and religious needs, has had a smudge kit available in the office for several years that had been loaned to Indigenous members who wished to perform their own smudging ceremonies.

While Annapolis Valley First Nation Elder Sarah Macdonald has often visited the wing to offer smudging ceremonies, the DIAG recognized a need to have this practice consistently available to the community.

Padre Maya Bevan, a member of 14 Wing's DIAG, says the DIAG became interested in being able to offer the service to members. Ward decided to take on the task.

"And so, Marla said, 'I will learn' - that is really stepping forward. Now (the wing) has a resource in Marla, to be able to offer this to Indigenous members."

Bevan is happy to support Ward in her new role.

"The chaplaincy service has the ability to procure these sacred objects and to support and facilitate their use. But now, what Marla is trained to offer is, I think, the most important aspect for Indigenous members and their families on the wing."

MacDonald visited Marla over the December holidays to teach her the practice.

"She was nice enough to come to my house. So, I actually had Nick (Corporal Nicholas Whaley, the military



Marla Ward, civilian co-chair for 14 Wing's Defence Indigenous Advisory Group, left, and Padre Padre Maya Bevan, also a DAIG member, are ready to offer 14 Wing members Indigenous smudge support, or a borrowable personal kit, in an expansion of offerings available.

Officer Cadet L. Lascelle

14 Wing DIAG co-chair) at my house at the same time when she was teaching me. She taught me everything and, afterwards, I did smudge them both."

At the end of the lesson, MacDonald gifted Ward with her very own eagle feather and sacred medicines to smudge with.

While Ward is still learning the practice, she says members can ask her anytime for a smudge.

"I'm hoping that, as it gets out to people, they know it's more readily available, that they'll go with that. That was another reason I wanted to learn, because I said, 'If it's available, let's get it out

there."

The 14 Wing chaplaincy team still has a smudging kit available for those who wish to perform their own smudging, and Bevan encourages anyone who wishes to borrow the kit to contact the office. She also encourages members to reach out to Ward herself.

"It's very important to, first of all, have the sacred objects available to Indigenous members and, even more important, to have leaders, such as Marla: people who are willing to offer these services."

Ward invites anyone interested in receiving a smudging to contact her at marla.ward@forces.gc.ca. →



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All things Kingston Steer BBQ





S. White

Boot drive adds up

14 Fire Emergency Services firefighters Sergeant Luc Vallée, left, and Corporal Brett Fredericks, boots in hand for donations in their June 14 Muscular Dystrophy Canada fundraiser.



Corporal J. Fox

14 Fire Emergency Services members line up to check out the cheque they'll be sending Muscular Dystrophy Canada after a successful June 14 14 Wing Greenwood boot drive event. 14 Mission Support Squadron Lieutenant-Colonel James Gannon, himself a past 14 FES fire chief, and Chief Warrant Officer Trevor Porteous congratulated the department on their \$2,826 effort: "It's been awhile since we've done this, and it was a pleasure to be at the front gates and great to have it back in Greenwood," said Gannon. "Way to punch it out!"

Corporal D. Ouellet, 14 Wing Imaging

Solstice flag-raising honours long-lasting Indigenous contributions

Officer Cadet Laura Lascelle Wing Commander Colonel Jeff Davis and 14 Wing Defence Indigenous Advisory Group (DIAG) civilian co-chair Marla Ward raised the Grand Council flag June 21 at 14 Wing Greenwood's main gate in celebration of National Indigenous Peoples Day. Davis thanked those in attendance for participating in the morning's events, held in recognition of the significant contributions Indigenous peoples have made to Canada. Corporal Nick Whaley, 14 Wing DIAG military co-chair, shared a few words prior to the raising of the flag. NIPD, which takes place on the summer solstice, "is the longest day of the year, so it affords us a few extra moments to honour a new season of life, a chance to start fresh and leave past burdens behind. In this time, the DIAG would like to raise the Mi'kmaq flag and take a moment to remember our missing and murdered Indigenous women, our residential school survivors, and the Every Child Matters movement." The flag-raising was followed by a moment of silence and the playing of the Honor Song. Participants were smudged by Ward, who recently learned the practice from Annapolis Valley First Nation Elder Sarah MacDonald. MacDonald, who stood alongside Ward during her first smudging, initiated the ceremony with a prayer to the Creator and spoke on the significance of the practice. →

14 Wing Defence Indigenous Advisory Group civilian co-chair Marla Ward was joined by Wing Commander Colonel Jeff Davis June 21, National Indigenous Peoples Day, raising the Grand Council flag at the main gate.



Officer Cadet L. Lascelle

Taking a break to say thanks

Sara White, Managing editor A big knife and some quick math made short work of divvying up a celebratory cake June 15, as 14 Wing Greenwood served up every piece to civilian personnel marking National Public Service Week. Wing leadership hosted a coffee and cake morning at the Annapolis Café, inviting all base civilians and their military supervisors and managers to join them. "This year's National Public Service Week theme is 'proudly serving Canadians,'" said Wing Commander Colonel Jeff Davis. "We're here to celebrate you – the great 14 Wing public servants, and the work you do. The past year's work and what you've accomplished, and looking forward to new projects and new work as we move forward together. Congratulations!" Wing Chief Warrant Officer Jonathan Proulx acknowledged the wing operates as "one team, but it's important to appreciate what you do here on the wing when it comes to executing something. "You make the military all look good, day-to-day," Proulx said. "We're transient, and we rely on you. Thank you for those contributions." June 11 to 17 was National Public Service Week, recognizing public servants and the work they do in support of, particularly, the Department of National Defence, the Canadian Armed Forces and Canadians from coast to coast. →

July 7 marks 413 Squadron change of command

413 (Transport and Rescue) Squadron will mark a change of command July 7, 11 a.m., as out-going Lieutenant-Colonel Greg Surek is posted to Ottawa Force Development, doing NATO and NORAD liaison work. He will be replaced by Lieutenant-Colonel Mark Norris, a former Tusker, but arriving now from the Naval Fleet School Atlantic. 14 Wing Greenwood Commander Colonel Jeff Davis will be the presiding officer. The ceremony will be held at 413 Squadron on the operational side of the wing, in 14 Hangar's A-Bay. Attendance is by invitation only. →



14 Wing Greenwood Commander Colonel Jeff Davis, left, and Wing Chief Warrant Officer Jonathan Proulx, right, were joined by 14 Mission Support Squadron administrative assistant Marie Corbett to cut the National Public Service Week celebratory cake. Wing leadership hosted a coffee and cake morning at the Annapolis Café to recognize the work of the wing's public servants.

S. White

the Aurora

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More info at: Canada.ca/drone-safety

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To learn more about the Federal Government's carbon tax, contact your local Member of Parliament.

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14 Wing Imaging unless otherwise indicated.



May 31, 14 Mission Support Squadron Captain Keegan Beal, centre, was presented a Wing Commander's Commendation by 14 Wing Commander Colonel Jeff Davis, left, with Wing Chief Warrant Officer Johnathan Proulx, for outstanding leadership and dedication to ensure no interruption to flight operations during the 2022-2023 SNIC (snow and ice control) season.



Master Corporal Stubbert, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Captain Gillian Rideout, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Warrant Officer Doucette, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Sergeant Collins, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Master Corporal Davidson, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Corporal Matt Martin, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Sergeant Trace, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Sergeant Levert, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Sergeant Skaling, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Corporal Chiasson, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Sergeant Walsh, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Corporal Arnold, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Master Warrant Officer Hunter, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Master Corporal Provost, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Master Corporal German, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Sergeant Walsh, centre, was presented with with the trophy for squadron "Esprit de Corps" at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Corporal Magonya, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Corporal Berquist, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Corporal Cajolet, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Corporal Holloway, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Corporal Pinard, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Major Parent, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.



Corporal Snow, centre, was presented with a certificate of appreciation at the June 8 14 Air Maintenance Squadron honours and awards by Commanding Officer Lieutenant-Colonel Aleem Sajjan, left, with Chief Warrant Officer Dave McDowell.

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LAST CHANCE

Cadets' change of command recognizes leadership's ability to 'make a mark'

Sara White, Managing editor

In an 18-year circle, Captain Jacqueline Roberts has moved from recruit to commanding officer of 517 Flight Lieutenant Graham Royal Canadian Air Cadet Squadron.

the outgoing CO, Captain Rhonda Bull. 14 Wing Greenwood Commander Colonel Jeff Davis was the presiding officer, as a flight of Cadets, with their unit colours, stood witness. "Eighteen years ago, I joined 517," Roberts said. "I've moved around, but I keep coming 'home.'" Roberts thanked 517 leadership for their support as she returned to the unit as

staff in 2021, preparing for the command position. "And thank you for making a difference in the lives of our Cadet youth. To the Cadets – without you, the program doesn't exist. Thank you for committing, for showing up, for making me laugh and for having fun together." Roberts specifically thanked Bull for her five years as commanding officer: "these were exceptionally difficult years, and Rhonda handled it with grace." Bull acknowledged the "ups and downs," particularly the impact of COVID-19. "We kept going through the pandemic, and we adapted – we dressed for online meetings from the waist up, with fuzzy slippers on our feet. If I couldn't see you, you didn't need to wear your boots across your mother's floor! "But the human element makes the most impact: Cadets come into our organization as 12-year-olds, and they leave ready for the world as a mature young person," Bull said, turning to her staff



14 Wing Greenwood Wing Chief Warrant Officer Jonathan Proulx, standing left, with 517 Flight Lieutenant Graham Royal Canadian Air Cadet Squadron Warrant Officer First Class Olivia Milligan, standing right, witness as 14 Wing Greenwood Commander Colonel Jeff Davis, centre, presides over the formal change of command of the squadron from Captain Rhonda Bull, seated right, to Captain Jacqueline Roberts June 15.



Warrant Officer First Class Olivia Milligan, left, escorts 14 Wing Greenwood Commander Colonel Jeff Davis, right, and Wing Chief Warrant Officer Jonathan Proulx through a review of 517 Flight Lieutenant Graham Royal Canadian Air Cadet Squadron representatives during the squadron's June 15 change of command ceremony.

Military match x 2

Honorary Colonel Dan Hennessey, 14 Construction Engineering Squadron

Aviator Justin Buckmaster knew his life needed a positive change: he decided joining the Royal Canadian Air Force Reserves would be that change. January 31, 2022, Buckmaster enrolled with 14 Construction Engineering Squadron in Bridgewater, and immediately immersed himself in the military world. He completed his BMQ (basic

military qualification) in June 2022 and decided on becoming a mobile support equipment operator (MSEOP), completing that trades training in December 2022. His enthusiasm for his new life choice inspiring him, upon returning from his trades training, he decided to pop the question to his long-time girlfriend, Abigail McDormand, who gave him a resounding yes! Buckmaster's enthusiasm became contagious: May 25, McDormand took the oath to join the 14 CES family, des-

igned to work alongside her future husband. McDormand is now looking forward to her upcoming BMQ and has set her sights on the role of human resource administrator, which will suit her personality so well. This couple will eventually work side-by-side in Bridgewater, with Buckmaster attached to 143 Construction Engineering Flight and McDormand working at 14 CES headquarters. Looks like this was a military match made in heaven! →



Engaged couple Aviator Justin Buckmaster and Abigail McDormand are doing a lot of matching nowadays: headed to the altar and both newly-enlisted Canadian Armed Forces members.

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron

N.S. Tattoo lines up Snowbirds, Alan Syliboy & The Thundermakers

The Royal Nova Scotia International Tattoo announced May 4 Alan Syliboy & The Thundermakers have joined the cast of the 2023 Tattoo; the Canadian Armed Forces Snowbirds will take part in the show's festival. One of the CAF's most thrilling demonstration teams, the Snowbirds perform across the country showcasing the skills and

strengths of the CAF. Their Canada Day performance marks their first appearance in Nova Scotia in three years. If inclement weather cancels the Canada Day demonstration, at noon over the Halifax Harbour, the Snowbirds will perform July 2. The Snowbirds' performance will replace the Tattoo's traditional Canada Day Parade.

Alan Syliboy & The Thundermakers, headlined by one of the most famous indigenous artists in the world, will appear in the 2023 Tattoo. Alan Syliboy & The Thundermakers have performed with Symphony Nova Scotia multiple times as part of its Fusion and Pjila'si Sessions, and frequently blends music with art, storytelling, spoken word and indigenous danc-

ers to deliver mesmerizing live performances around the Maritimes. Syliboy has been short-listed for the Lieutenant Governor of Nova Scotia Masterworks Arts Award several times, received the Queens Golden Jubilee Medal, and was the Halifax Public Libraries' Artist & Innovator in Residence, Fall 2022. He has worked with the Vancouver

2010 Olympics among other high-profile organizations. They join previously announced performing groups from Australia, Germany, Switzerland, the United Kingdom, and the United States. Further Tattoo Festival events will be announced soon, featuring Tattoo performers at free events around the Halifax Regional Municipality.

The Royal Nova Scotia International Tattoo is the world's largest annual indoor show, and it returns June 30 to July 3, at the Scotiabank Centre in Halifax, celebrating OCEANS. Tickets are available exclusively through the Ticket Atlantic Box Office online. Kids 18 and under are free with the purchase of adult/ senior tickets. →



Kingston Steer BBQ

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Thursday, July 6

- 2 p.m. - Colouring Contest awards presentation at the Post Office
- 11 a.m. - 7 p.m. - Open House at Kingston Library, 671 Main St.
- 3 p.m. - 7 p.m. - Kingston Farmers Market on the grounds of the Aurora Inn, 831 Main St.

Friday, July 7

- 9 a.m. - 5 p.m. - Golf Tournament at Paragon Golf and Country Club, register teams at the Village Office
- Friday Night Street Party on 429 Elm St.
 - FOAM Party with Nova Foam Parties, Tennis Courts (be prepared to get soapy!)
 - Music by Timothy V. at outdoor bandstand, lawn games
 - TJ's Food Truck, Snow Cones & Cotton Candy
- +19 Dance Featuring: **Broken Circuit** at the Kingston Legion/ Tickets at door, \$10

Saturday, July 8

- 7:30 a.m. - 9:30 a.m. - Rodeo Breakfast, Kingston Fire Hall, 570 Sparky St.
- 9:30 a.m. - 4:30 p.m. - Market inside Credit Union Centre Arena, 1490 Westwood St.
- 10:45 a.m. - 11:45 a.m. - Grand Street Parade along Main St. Kingston, plaques crafted by DeCoste Kitchens
- 11:30 a.m. - 5 p.m. - Main Attractions on field space behind arena, 1490 Westwood St.
 - Burger Bits, Hamburgers, Hot Dogs, Fries, Poutine, Beverages, Strawberry Shortcake by the Lions and Legion. Food tickets to be purchased at Ticket Booth
 - Steer comes off the spit around noon
 - Bounce Kingdom (obstacle course, climbing wall and more), Henna Artist, Mechanical Steer, Kiddie Train, Petting Zoo by DragonFly Haven, Carnival games with local sport organizations and Autism NS, 7-Arts face painting, and more
 - Touch a truck (ballfield), Axe Throwing
 - Beer Garden - Kingston Legion, also featuring cider from Wild Wines & Spirits
 - COOL RIDES BMX demonstration (various times)

12 p.m.

- 1 p.m. - Live Entertainment on Main Outdoor Stage:
- 1 p.m. - 2 p.m. - **The Black Line**
- 2:15 p.m. - 3:15 p.m. - **Ruth Manning + the Prospectors**
- 3:30 p.m. - 4:30 p.m. - **Left of Centre**
 - Free Throw Basketball Tournament starts, pre-registration required
 - The Great Tim Beanie Magic Show in the warm room upstairs at arena
 - Fire Fit Competition with local departments in the ball field
 - Topple Time - Domino Man's Toppling Time inside the Arena

Sunday, July 9

- 9 a.m. - 5km Running of the Steers at Centennial Park. Meet Kingsley the Steer, wear red and white and bring your cowbells and enjoy music, games, and refreshments
- 1 p.m. - 4:30 p.m. - Concert in the Park, Food Trucks, Recycled Door Mural Painting
- Entertainment by: **Two in the Morning and Bob Deveau**



Schedule is subject to change. Follow the Kingston Steer BBQ Facebook page for updates.

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Kingston Steer BBQ

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Kingston Steer BBQ events set for July 6 to 9

Kingston is laying plans to resume a time-honoured tradition July 8, feting our village mascot, Kingsley the Steer. Kingsley has come out of the barn where he winters and is mounted on his perch on Main Street, in front of the Kingston Superstore - up for a party!

Even before July 8, there will be a colouring contest run by Canada Post Kingston to entice the children to get their creative juices flowing. Mind Benders, Greenwood Mall, is offering prizes for the best creations.

Thursday, July 6, the Kingston library will host an open house to showcase the resources and programs to be found in our excellent com-

munity library. Inquire at the library for a full slate of the activities planned for the day. If you haven't already, make time to check out this awesome facility. Any time from 3 p.m. to 7 p.m., wander down to the eastern end of the village and take in the brand new Kingston Farmers' Market on the lawn of the lovely Aurora Inn.

Then, Friday, July 7, for the first time ever, Paragon Golf and Country Club are hosting a Steer BBQ golf tournament, administered by some good folks associated with the Credit Union Centre Arena. Also Friday evening, there will be a foam party from 5 p.m. to 8 p.m. in the Westwood Street tennis courts, while

food trucks serve up goodies. Kids should come to the foam party with the intention of getting very wet! Tim Vallillee will also provide fabulous musical entertainment that evening. And, besides all this, the Kingston Legion is hosting a dance from 8 p.m. to midnight, featuring Broken Circuit. Tickets are \$10 and will be available at the door.

On the morning of July 8, plan to attend a freewill offering, full rodeo breakfast at the Kingston District Fire Department fire hall to start your day.

Saturday's main attraction is the grand parade down Main Street, just before noon. Does your village, town or business have a float you would like to enter in our parade? See Kingston STEER BBQ's Facebook page to find an application. For the first time, plaques for parade winners are crafted by none other than DeCoste Kitchens! How great would one of these plaques look on your wall?

The parade ends at the Credit Union Centre, Westwood Street, around noonish, just as the steer is coming off the spit! Yes! That's right, folks! A steer! Donated by Fraser's Pro Home Centre! Probably the most important thing to most Kingston residents steeped in the tradition of feting our steer are the Lions' burger

bits. Is there anyone who isn't familiar with burger bits? Well, burger bits are not hamburger meat: they are succulent morsels of beef, roasted to perfection, chopped into bite-size pieces and served over a bun, kissed with a splash of delightful gravy. There is nothing more delicious than burger bits, and we have waited a whole year to enjoy them again. There will be other food offerings as well, but the burger bits define our festival.

The brief grand opening which follows gives all in attendance the opportunity to show our appreciation to the community groups, and levels of government, the Canadian military, and members of the business community that have contributed time and money to make this BBQ a success.

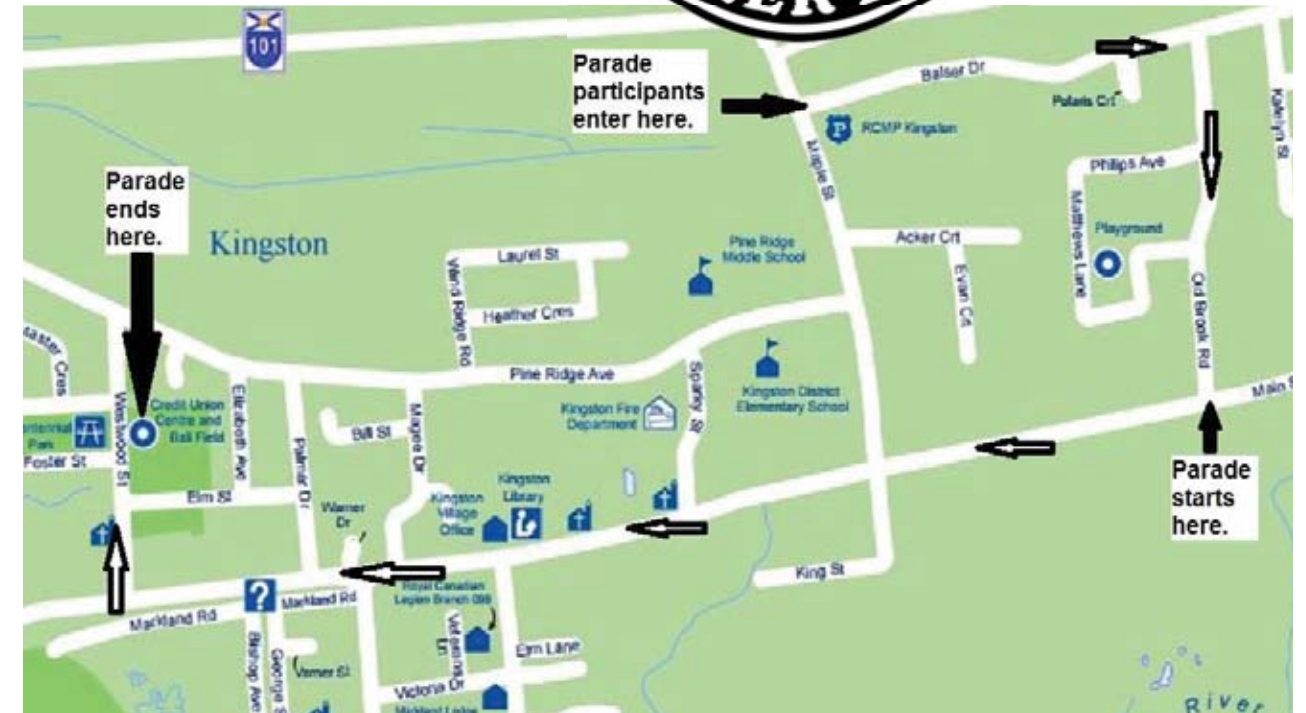
For the rest of the day, there will be food, entertainment and activities for folks of all ages. Music, a magic show, domino topples, BMX bike demonstrations, a fire fit event, axe-throwing, touch-a-truck show, Boar's Nest beverage tent, introducing local cider offerings from Boar's Back Cider; a petting zoo, basketball event, face painting, the Lions' kiddie train, Bounce Kingdom, with an obstacle course and climbing wall and the mechanical bull (sponsored by Fraser's Pro Home Centre) will all be

bucking awesome!

One aspect of the 2023 Steer BBQ will be a market inside the Credit Union Centre Arena. Between the breakfast and the parade, you may want to visit the to admire all the wares, and shop before the crowds build. Vendors of all kinds have the opportunity to display their creations and products for sale; or, you or your club may want to think about arranging a stall at our market. Call Muriel at 902-765-8554 to discuss how you can be a vendor.

July 9, to start off Sunday, register for the 9 a.m. Running of the Steers, which starts bright and early at the Centennial Park. This five-kilometre run has been revived by our new Kingston Farmers' Market Society. Food trucks will also be on hand, while a collection of artistic folks glam up some doors with murals, under the auspices of 7Arts. These doors will later adorn Stronach Park. And, at 2 p.m. there will be a free concert in Centennial Park with more food trucks will be onsite.

Think ahead to the 2023 Kingston Steer BBQ. Think of summer fun. Think about getting back to some of the things we love to do. Check the 2023 Kingston STEER BBQ Facebook page frequently, as plans for the BBQ evolve. We hope to see you there! →



Great day for a parade

July 8 is the Kingston Steer BBQ's main attraction: the kick-off Saturday grand parade down Main Street, underway at 10:45 a.m.

Does your community organization, village, town or business have a float, decorated car, walking group, band or other showpiece you would like to enter in our parade? Visit the Kingston STEER BBQ on Facebook to find an appli-

cation, or visit kingstonnovascotia.ca. Deadline to register for the parade is July 5.

The parade forms up July 8 from 9:30 a.m. Please enter Ravenwood Park via Balsar Drive (next to the RCMP detachment on Maple Street) to be directed to your parade position number. Entry judging is underway at 10 a.m. For the first time, plaques for parade winners are crafted by none



How great would one of these plaques look on your wall?

The parade enters Main Street from Old French Road, and ends at the Credit Union Centre Arena, Westwood Street, around noonish, just as the steer is coming off the spit and the afternoon's activities get underway on the grounds.

Check the 2023 Kingston STEER BBQ Facebook page frequently, as plans for the Kingston Steer BBQ continue to build. →

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From us to you, enjoy the Kingston Steer BBQ.

Independently owned and proud community supporters.

613 Main St., Kingston 902-765-2103 | 26 Commercial St., Middleton 902-825-4822



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Kingston Steer BBQ!



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KINGSTON - 902-765-3111
#1540 Bridge Street

BRIDGETOWN - 902-665-4449
#32 Queen Street

KENTVILLE - 902-678-8044
#14 Pelton Drive

ANNAPOLIS - 902-532-1500
#4733 Highway #1



Kingston Steer BBQ

Credit Union Centre grounds • 1490 Westwood Street, Kingston



Steers ready to run loose!

July 9's Running of the Steers in Kingston is a family fun event that celebrates the longest running BBQ of its kind in North America, the July 8 Kingston Steer BBQ.



This five-kilometre run has been revived by our new Kingston Farmers' Market Society. Spectators and participants alike are encouraged to wear red and white and bring

their cowbells for the event! Start and finish at Centennial Park on Westwood Street, just across from the Credit Union Centre Arena. Race check-in opens at 8 a.m. for the 9 a.m. start.

The park itself will be set up with music, games and refreshments. Bring the whole family to meet Kingsley the Steer. Food trucks will be on hand, while a collection of artistic folks glam up some

doors with murals, under the auspices of 7Arts. These doors will later adorn Stronach Park. And, at 2 p.m. there will be a free concert in Centennial Park (bring a lawn chair or picnic blanket) with more food trucks onsite.

Register for the fun run at raceroster.com/75602. The 5km run is \$25 (free for children age 12 and under). →

Tee-up Steer BBQ fun

A little golf, a warm-up steak sandwich? Sounds like a great way to tee-up your annual Kingston Steer BBQ fun!

The Kingston Steer BBQ is hosting a golf tournament Friday, July 7, at the Paragon Golf & Country Club. A four-member team entry is \$300, which includes the 9 a.m. shotgun start to a day

of golf fun (best ball scramble) and a steak sandwich and salad meal, prepared by The Oaken Barrel.

Register by July 3: there is an entry form online at kingstonnovascotia.ca, and registration and payment may be made via email or at the Kingston Village Office, 655 Main Street, Kingston. →

Big breakfast, firefighter-style

On the morning of July 8, plan to attend a freewill offering, full rodeo breakfast at the Kingston District Fire Department fire hall, 570 Spark Street, to start your Kingston Steer BBQ day.

Firefighters and volunteers will be serving up sausage, scrambled eggs, baked beans, pancakes and toast, plus coffee and tea, between 7:30 a.m. and 9:30 a.m.



Bring the family (or treat your staff!) for this delicious plate of favourites!



Market call: vendors, visitors welcome to Steer BBQ showcase

Saturday, July 8, you will want to visit the 2023 Steer BBQ indoor, all-day market at the Credit Union Centre Arena at 1490 Westwood Street.

Admire all the wares: shop that morning before the crowds build, or take advantage of a cool, shady visit during the afternoon, as displays will be

in place to 4:30 p.m. Vendors of all kinds have been invited to display their creations and products for sale; or, you or your organization may want

to present an information or fundraising stall. To book a market space, call Muriel at 902-765-8554. Stall space is 12 feet square (\$20 →

you may have multiples; tables are \$5 each and electricity is \$5; bring your own chair). Set-up time is from 8 a.m., with planned opening for 9:30 a.m.

Check the 2023 Kingston STEER BBQ Facebook page frequently, as plans for the BBQ build. We hope to see you there! →

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Steer BBQ Golf Tournament
Friday, July 7th

\$300 /4 person Team

Paragon Golf & Country Club
380 Brookside Dr. Kingston

Tournament Schedule
Registration 8:15am
Shotgun Start 9:00am
Meal included!

Reserve Carts with Paragon *extra fee!
902-765-2554

RSVP by Monday, July 3rd
Contact Village office for more information
eharris@kingstonnovascotia.ca
902-765-2800

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Join me in welcoming your community to this year's

Kingston Steer Barbecue

Chris d'Entremont
Member of Parliament for West Nova/Député - Nova-Ouest

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CHAMBRE DES COMMUNES
CANADA

1-866-280-5302 (Toll free/ Sans frais) | chris.dentremont@parl.gc.ca

Kingston Office | 778 Main Street, Kingston, NS B0P 1R0 | 902-242-3605



The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.aliantzinc.ca. Les annonces avec

date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédant la publication, à moins d'avis contraire.

Intro to the Innovation Lab and one-on-one tech help

July 4, book a one-hour slot at the Kingston Library (teens and adults) and learn how to use equipment in the Innovation Lab (3D scanner and printer, Cricut Maker, sewing machines, and more). Once you are comfortable to go it alone, you'll be able to book the lab whenever the library is open. Or, book one-on-one tech assistance with our digital literacy instructor. Please help us

prepare for your visit by letting us know what you would like to cover. Registration required. **One-on-one tech help** July 4, adults may book a one-hour slot at the Berwick Library (in person or via Zoom). Ask about basic computer skills, how to use email, word processing, how to use our online library services, how to get started with a tablet or phone – and more. Registration required.

Be the Maker

July 4, 3:30 p.m. to 4:30 p.m., the Berwick Library is calling all Makers aged eight to 13! Different Make activity every week: create alarms and sirens with Snap Circuits, invent a game with Turing Tumble, build a structure you can stand in with MakeDo, code with WeDo, learn some basics of electricity using playdough, build a neighbourhood for an Ozobot, showcase your imagination with an LED Card... and more! Registration required.

HealthRHYTHMS drum circle for veterans

July 4 (first Tuesday of every month). We explore creativity through rhythms and wellness exercises. Free for veterans and their spouses. No experience required. Supplies and

refreshments provided. Book a private session for your group at 7Arts Studio, 619 Central Ave., Greenwood. Register at mindfullymore@gmail.com.

Fam-Jam Games Night

July 4, 7 p.m. to 8 p.m., the Middleton Library hosts an all-ages family games night! Bring your favourite game from home, or borrow one of ours. Snacks and drinks provided. Registration required.

White spruce giveaway

July 4 to 8, drop into the Middleton Library and pick up a free white spruce tree sapling. While supplies last. One tree per person, please. Registration not required.

Talk, Sing, Read! Storytime

July 5, 9:45 a.m. to 10:15 a.m., the Berwick and District Library invites youth ages zero to five, with caregivers, to share the fun and adventure of reading, rhymes and songs.

Be the Maker

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One-on-one tech help

July 5, adults may book a one-hour slot at the Middleton Library (or via Zoom) with a digital literacy instructor. Learn basic computer skills, how to use email, word processing, how to

use our online library services, how to get started with a tablet or phone – and more.

Develop your green thumb

July 6, 13, 20 and 27, 6:30 p.m. to 7:30 p.m.; the Middleton Library hosts a four-week session with Esme, an Olds College Prairie Horticulture certificate holder now training to become a master gardener through Dalhousie University. She is registered with the Atlantic Master Gardener Association. Explore common gardening challenges and how to set up for success, houseplants, and how to care for therapeutic and decorative plants; vegetable garden preparations and indoor window herbs. For adults 18+. Plan to attend all sessions. Registration will close July 5.

Make your own beach wind chimes

July 6, 7 p.m. to 8 p.m., the Kingston Library invites ages 16+ to make your own wind chimes with a breezy beach vibe! No experience necessary. All materials supplied. Registration required.

Big Fun Library Party!

July 6, 1 p.m. to 3 p.m., the Kingston Library hosts an open house to celebrate the Kingston Steer BBQ. Free activities, crafts, the ever-popular prize wheel, and more. Family-friendly, all-ages. Registration not required.

Kingston Library open house

Thursday, July 6, 11 a.m. to 7:30 p.m., the Kingston Library kicks off the 2023 Kingston Steer BBQ. Come explore everything the library has to offer: the Innovation Lab, 3D printer, LEGO and

SnapCircuit, spin the prize wheel, discover a scavenger hunt, take a StoryWalk, and sign up for a library card. Everyone welcome. Registration not required.

Babies and Babies

July 7, 10 a.m. to 10:30 a.m., the Kingston Library invites caregivers and their babies (newborn to 18 months) for quiet stories, rhymes and songs. Registration not required.

Lego Club

July 7, 3:30 p.m. to 4:30 p.m., the Kingston Library invites youth ages 8 to 12 for after school LEGO fun. Build something amazing using our gigantic collection of LEGO. Registration required.

Intro to the Innovation Lab and one-on-one tech help

July 7, book a one-hour slot at the Kingston Library (teens and adults) and learn how to use equipment in the Innovation Lab (3D scanner and printer, Cricut Maker, sewing machines, and more). Once you are comfortable to go it alone, you'll be able to book the lab whenever the library is open. Or, book one-on-one tech assistance with our digital literacy instructor. Please help us prepare for your visit by letting us know what you would like to cover. Registration required.

Family movie night

July 8, 6:30 p.m., join us for our semi-monthly family movie night at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road. Snacks and drinks provided. Movie: Disney's "Cruella." Everyone welcome. Call 902-765-2386 for info.

Origami with Atsuko: Children's edition!

July 8, 11 a.m. to noon, the Middleton Library invites youth ages eight to 12 to learn the fun and beautiful Japanese art of paper folding! All supplies provided. No experience necessary. Registration required.

Mindfulness workshop

July 8, 15, 22, 29, and August 5 (five sessions), 11 a.m. to noon, the Middleton Library hosts an ages 18+ mindfulness series. Practice beginner mindfulness: cultivate self-awareness, reduce reactivity to triggers, choose helpful responses to stress, focus attention, enhance creativity

, be more present in relationships, improve sleep habits. Participants will be seated in chairs (bring mats/ pillows if you prefer to sit on the floor). Wear comfortable clothes and no scents.

HealthRHYTHMS seniors drum circle

July 13 (second Thursday of every month). Free for seniors. We explore creativity through rhythms and wellness exercises. No experience necessary. Supplies and refreshments provided. 7Arts Studio, 619 Central Ave., Greenwood. Please register at mindfullymore@gmail.com.

Reading Where We Live: A Celebration of Local Writing

July 15, 4 p.m. to 8 p.m., Reading Where We Live: A Celebration of Local Writing, at the West Dalhousie Community Hall, 4868 West Dalhousie Road, West Dalhousie; is a presentation of the Ernest Buckler Literary Event Society, following successful presentations in 2015, 2017 and 2019. Guest presenters: Whit Fraser, Elizabeth Hay, Ken Maher, Alan Silybo with The Thundermakers. Tickets @\$45 (by June 30) include a homemade dinner and dessert, and may be purchased at Mad Hatter Books (Annapolis Royal), Endless Shores Books (Bridgetown), Macdonald Museum (Middleton), Inside Story (Greenwood) and Black Cat Books (Kentville). Cash bar, door prizes. For info: Jane Borecky, 902-665-2038.

Port George Jamboree

July 29, all day - 38th Port George Country Jamboree, hosted by the Port George Recreation Centre, the Kingston and Lawrencetown Lions Clubs and lots of volunteers. Musical stage events, various activities and the Kiddy Train for the kids, 200-plus table flea market, three cash 50/50 draws, breakfast and supper, canteen (fish and chips, lobster rolls, hamburgers, hot dogs, strawberry shortcakes and more). Come and bring your friends - and meet new ones! - at this well-attended, family event. Find us on Facebook or countryjamboree.ca. For info: Lion Bob Lyle at 902-765-3225 or bobbarb@eastlink.ca.

classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 9 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

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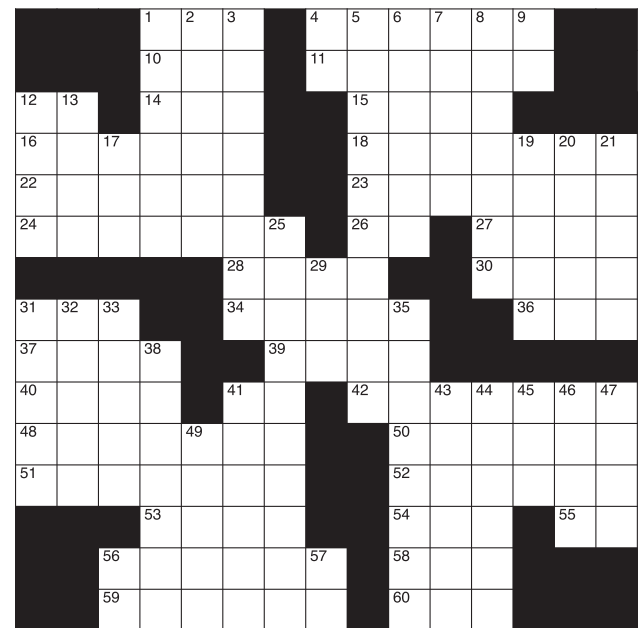
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crossword

solution page 13



- ACROSS**
- 1. Small Eurasian deer
 - 4. Irish county
 - 10. A major division of geological time
 - 11. Broadway actor Lane
 - 12. Canadian province
 - 14. It causes fainting (abbr.)
 - 15. Two
 - 16. A notable one is blue
 - 18. Utter repeatedly
 - 22. Rings
 - 23. Sullies
 - 24. Occurs
 - 26. Publicity
 - 27. Near
 - 30. Offer in good faith
 - 31. "American idol" network
 - 34. Garments
 - 36. Soviet Socialist Republic
 - 37. Retired NFL DC Dean
 - 39. Hot meal
 - 40. A type of gin
 - 41. Percussion
 - 42. A \$10 bill
 - 48. About ground
 - 50. Medicine man
 - 51. Seedless raisin
 - 52. National capital of Albania
 - 53. Appendage
 - 54. OJ trial judge
 - 55. By the way
 - 56. Bicycle parts
 - 58. Barbie's friend
 - 59. In a way, stretched
 - 60. Commercialism
- DOWN**
- 1. Make up for
 - 2. American songbird
 - 3. Pay
 - 4. International organization
 - 5. Engravers
 - 6. Declared as fact
 - 7. Criminal
 - 8. Jewelry
 - 9. Hospital worker (abbr.)
 - 12. Nonsense (slang)
 - 13. Town in Galilee
 - 17. Value
 - 19. Another name
 - 20. Sheep in second year before shearing
 - 21. Town in Surrey, England
 - 25. Appropriate during a time of year
 - 29. Creative output
 - 31. Recesses
 - 32. District in N. Germany
 - 33. Rider of Rohan
 - 35. The official emblem of the German Third Reich
 - 38. One who puts down roots
 - 41. Scribe
 - 43. Painted a bright color
 - 44. Tycoons
 - 45. Actress Thurman
 - 46. Walking accessory
 - 47. Crest of a hill
 - 49. Member of a North American people
 - 56. Type of computer
 - 57. U.S. State (abbr.)

McDonald's
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 Greenwood
 902-765-6381

horoscopes

July 2 to July 8

ARIES - Mar 21/Apr 20

This week you are surrounded by a heightened sense of romance. It could be from reading a favorite book or watching a beloved movie, Aries. Use it to spice up your love life.

TAURUS - Apr 21/May 21

Taurus, something you desperately need seems to be missing from your life right now. It's more than a misplaced item. Focus your attention this week on figuring out what it is.

GEMINI - May 22/June 21

Try not to listen to any gossip this week, Gemini. It will only frustrate you and could put you further out of sorts. Avoid people who love to talk about others for the time being.

CANCER - Jun 22/July 22

Is there a luxury you have been craving lately, Cancer? You could be very tempted to give in and make a purchase this week, even if your finances may not be on solid ground. Be careful.

LEO - Jul 23/Aug 23

Leo, your emotions will be all over the place the next couple of days. This turmoil may compromise your usual objectivity as well as your good sense. Try to talk your feelings through.

VIRGO - Aug 24/Sept 22

Virgo, your imagination knows no bounds this week. If you're ready to delve into a creative project, do so now when you have a lot of ideas and outside inspiration.

LIBRA - Sept 23/Oct 23

You could have doubts about a friend you thought was close to you. Has this person promised to do you a favor and didn't deliver, Libra? Be patient before you draw conclusions.

SCORPIO - Oct 24/Nov 22

Feelings of confusion may get in the way of your ability to make sound decisions this week, Scorpio. You might need to lighten your load, since you often take on too much.

SAGITTARIUS - Nov 23/Dec 21

Sagittarius, do not get into an argument with someone who has a different opinion from your own. Ask to get more information about why he or she sees things in a particular way.

CAPRICORN - Dec 22/Jan 20

A bothersome feeling may persist for much of the week, Capricorn. It's almost as if you've forgotten to do something but do not know what. All will be revealed in due time.

AQUARIUS - Jan 21/Feb 18

Aquarius, be prepared to be a listening ear to a friend or loved one who needs to work through a few issues. You are able to give trusted advice in this matter.

PISCES - Feb 19/Mar 20

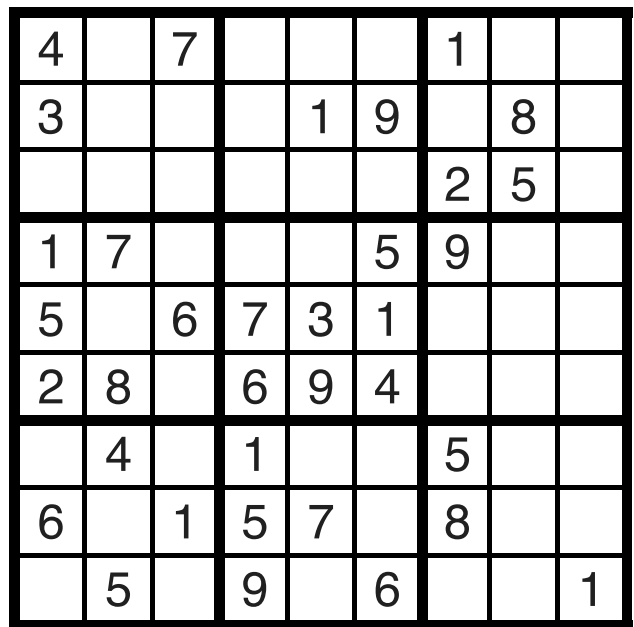
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sudoku

solution page 13

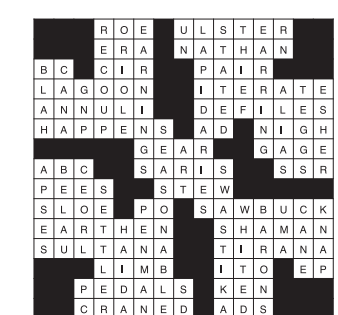


Fun By The Numbers

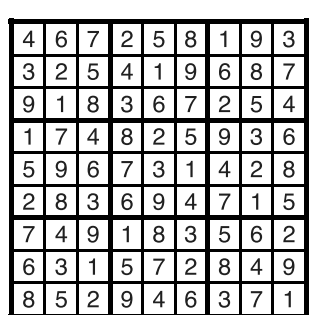
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Level: Beginner

crossword solution



sudoku solution



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CONGRATULATIONS TO LAST WEEK'S FIND & WIN WINNER: CHRIS BURNS

Town hall topics Air Reserve working to meet people, work, change

Sara White,
Managing editor

A June 14 town hall session with 14 Wing Greenwood's Air Reserve members was an opportunity for the national leadership to recognize their work, but also to address their questions and concerns.

"Thank you for coming – seeing your work on tours around 14 Wing this morning was outstanding," said Director General Air Strategic Resources and Air Reserve Brigadier-General Justin Thibert. "This is my first time in Greenwood, visiting people on the ground, doing their work for the air force."



Director General Air Strategic Resources and Air Reserve Brigadier-General Justin Thibert speaks to 14 Wing Greenwood Reservists, detailing goals for the Air Force Reserve at a June 14 town hall.

He was echoed by Air Reserve Chief Warrant Officer Jim McKenzie, who did spend time in the early years of his career posted in Greenwood. "You do outstanding work," McKenzie said. "We hear it from everyone we go see, the flight commanders and commanding officers: they know what they need to do would fail without you."

14 Wing Air Reserve Flight Commander Major Fred Stanley introduced the men on the

town hall stage and encouraged flight members to ask questions.

"This is the top of the Air Reserve chain: hit 'em up, see what the top says!"

Thibert agreed to the challenge, getting set to provide opening remarks about the state of the Air Reserve.

"We have a lot of ideas – but not all of them. By all means, share them with us."

Thibert opened acknowledging the challenges facing both the Canadian Armed Forces as a whole, and the Air Reserve.

"Our strategic intake was about 40 per cent last year, and we need more to sustain the needs across the CAF," Thibert said. "It's quite alarming, and we're also struggling with attrition – our organization was shrinking."

Pandemic effects on recruitment and adding time to the processing of potential members only exacerbated problems that have been growing for a number of years. "Without the people, we don't have the ability to deliver air power – for the capabilities we have, and the capabilities that are coming."

The positives are on the horizon, as the CAF undertakes the largest modernization of its mission since the Second World War, NORAD modernizes, the F35 initiative advances and more change lies ahead. "People power? We're really going to have to press hard to meet those requirements," Thibert said.

He and McKenzie have spent the last 18 months focused on attraction, recruitment and retention changes, from figuring out better ways and places to meet people potentially interested in the Air Reserve, to "file-following" recruits through applications and acceptance all the way to experienced members looking for service extensions beyond age 60.



Royal Canadian Air Force Reserve Chief Warrant Officer Jim McKenzie, left, and Chief Warrant Officer Sean MacEachern share the stage during a town hall June 14 with 14 Air Reserve personnel during a visit to Greenwood.

Corporal J. Fox, 14 Wing Imaging

"We're working on taking better care of our people: the application of Class C employment, and locations that qualify; capability-based recruiting, delegating authorities to move at a faster pace."

McKenzie said there has been change in recent years, "but I don't think we're changing fast enough. Of 2,000 Air reserve members, 900 are over age 50. Reservists are doing tremendous work; we're working on recruiting and retaining – but Reservists

and component transfers have to know they're coming to a place where we do enough."

Thibert and McKenzie have several proposals in front of leadership now they hope to have accepted – by the end of this month, or in the near future. They have more proposals waiting in the wings, intending to take initial "wins" as examples of what good change looks like, and how more can be actioned. Some of these files, and next steps, may help address town hall-raised issues such as FORCE testing recruits before enrolment, separate CAF and Air Reserve pay systems, localized CAF entry testing, skilled trade equivalency for new recruits, Class C pay delays, medical care for Reservists in roles that require medical standards – or all Reservists.

Travelling with Thibert and McKenzie were Colonel Maryse Simard, Lieutenant-Colonel Sarah Thornton, Captain Jeffrey Arnold and the incoming Air Reserve chief warrant officer, Chief Warrant Officer Sean MacEachern.

MacEachern, wrapping up a term as Air Reserve career manager, and with a few moments to greet Reservists; encouraged them to think about all Thibert and McKenzie's efforts, and also "be our own advocates."

"Sell the CAF to people who may be thinking of joining; then, treat new members and each other well so people stay," MacEachern said. "Trust us that we've heard you, that we're working hard to get you what you need to work. We have to get better: people can't wait for us. They won't." →

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RCAF Air Reserve takes change of appointment on the road to 14 Wing

Sara White,
Managing editor

After 30-plus years in the Canadian Armed Forces, Chief Warrant Officer Jim McKenzie wondered, as he was appointed chief warrant officer of the Air Reserve in January 2020, "what would be ahead?"

"The same challenges as my predecessors? Did I miss that mark!"

McKenzie spoke at 14 Wing Greenwood June 15, as he prepared to turn over his responsibilities to the next incoming Air Reserve chief, Chief Warrant Officer Sean MacEachern, in a change of appointment ceremony.

"The pandemic, working from home, techs navigating through rules and regulations – but, always with professionalism and flawless dedication," McKenzie said. "With some return to normalcy, it became amazingly clear as we travelled the country, visiting bases

and wings, how well our Reservists are relied upon and are contributing to the CAF mission."

"Being the Air Reserve chief has truly been an honour and a privilege I will remember for a lifetime."

McKenzie thanked Director General Air Strategic Resources and Air Reserve Brigadier-General Justin Thibert for his leadership and mentorship, and his full support "the well-being of our members would come first. That has been very much appreciated."

"Sean, brother: you now have a very short time to make a difference as chief but, over the past few years as the Air Reserve career manager, you have been there for our people. You're more than capable of filling this role, looking at the outdated policies, the time it takes to enroll ab initio Reservists – it will be worth the fight."

And, McKenzie thanked



Incoming Royal Canadian Air Force Air Reserve Chief Warrant Officer Sean MacEachern, left, signs on to his new role, with Brigadier-General Justin Thibert and outgoing Chief Warrant Officer Jim McKenzie during the June 15 change of appointment ceremony. The event was hosted by 14 Wing Greenwood as Air Reserve leadership visited the wing.

Corporal J. Fox, 14 Wing Imaging

his wife, Brenda, and family, in emotional comments for "continued support and sacrifice you've endured over the years."

"My time in the CAF is quickly approaching an end, and I look forward to the

time I'll be able to send with you all."

Thibert cautioned McKenzie this change isn't yet "goodbye," as McKenzie is heading into a new role.

"I tip my hat to you for a job well done, I thank you

for your counsel and your sound advice when I needed it, and your outstanding performance and amazing leadership taking care of our people through some pretty tumultuous times."

Thibert welcomed

MacEachern to the chief's position, and the beginning of their command relationship: "I could not see anyone better to fill Chief McKenzie's shoes. We have a lot of challenges, but we also have the opportunity moving forward with the biggest modernization of the air force since the Second World War."

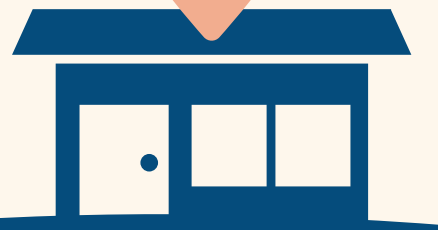
With the signing of the official appointment paperwork and the passing of the chief's drill cane, MacEachern accepted his new role with "humility and excitement."

"Being selected for this is an honour, and I'm truly grateful for the opportunity," MacEachern said. "Jim's hard work and dedication over the past almost four years has left an indelible mark on the Air Reserve, his leadership has guided us through unforeseen and uncharted waters – you were the leader we needed at that time. I'm committed to maintaining that standard of excellence." →

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100-Plus Who Care Giving Group Annapolis Valley co-chairs Steph Sedgwick, right, and Kathy White-wood, left, congratulate presenters at the June 8 100-Plus Who Care meeting: 9-Lives Cat Rescue was voted the recipient of the 100 Who Care's financial donation, with the Kings Historical Society and the Valley Cancer Patient Navigator Program receiving Rewind 89.3 promotional support vouchers..

S. White



100 Who Care lend support to 9-Lives

The 100-Plus Who Care Giving Group Annapolis Valley met June 8, inviting all its members and newcomers to its June quarterly meeting at the Main Street Station dining room in Kentville. A special presentation by Gaspereau Elementary School brought members up to speed on their fundraising efforts to build a new school playground, starting this fall. The 100 Who Care were one of the first major donors to kick-start the \$100,000-plus playground project after the school community's successful 2022 pitch.

Members heard from the Kings Historical Society, the Valley Cancer Patient Navigator Program and 9-Lives Cat Rescue. The vote determined Nine Lives as the donation recipient, with the historical society and the patient navigator program receiving Rewind 89.3 promotional support to help them in their work.

9-Lives Cat Rescue volunteers primarily in Hants County, but offers support to peer agencies and people across the province. Presenter Margo Corkum described the group's foster and vet care program, work on behalf of abandoned cats and a pet food bank. When it formed in 2016, it helped 100 cats and their owners; in 2022, it helped over 970 cats. Fundraising and deep relationships with community partners supports their work.

The Kings Historical Society, which operates the Kings County Museum, maintains over 25,000 artefacts and an extensive historical and genea-

logical library, showcasing the area's founding cultures and welcoming thousands of visitors and researchers annually. Curator Ellen Lewis and society president Ivan Norton said the 100 Who Care's funding would ensure the museum's heritage building becomes more accessible, with ramp and staircase improvements.

Nurse Dianna Hutt described the Valley Cancer Patient Navigator Program's work helping patients and their supporters work through what is happening through their diagnoses and treatment, and what resources are available to help, including financial support with medical and specialised equipment, travel, meal and parking expenses. The program guides between 80 and 100 patients monthly, 30 of them new to the cancer care environment.

The group, currently 80 members strong, meets quarterly to hear from three member-nominated non-profit groups. After five-minute presentations from each organization, members vote on which group will be the recipient of each member's \$100 donation. Since 2017, the group has donated over \$146,000 to local and regional projects. Visit 100valleygiving.ca for information on past non-profit recipients, joining details and upcoming events.

The 100-Plus Who Care Giving Group Annapolis Valley will hold its next quarterly meeting September 14 in the dining room of Main Street Station, Kentville. New members are welcome. →

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