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 the **Aurora**

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Submitted

Sara White, Managing editor

How big is the news the Royal Canadian Air Force is getting the CP-8A Poseidon to replace the CP140 Aurora?

Formally announced in November in a \$10.4 billion agreement, a team of 14 Wing Greenwood personnel have been working closely with Canadian Multi-Mission Aircraft (CMMA) Project personnel for a year on everything needed in advance of the arrival of 14 CP-8A aircraft to the fleet (14 Wing and 19 Wing Comox).

A runway extension, plus resurfacing of some taxiways and aprons.

Construction of a new multi-bay hangar for aircraft maintenance, including a wash hangar.

A "schoolhouse" for the new CP-8A simulators and training aids, instructors and classrooms;

Space for tactical support and storage.

Space for, and identifying the roles and responsibilities of, CP-8A maintenance.

The CP-8A transition reaches throughout the wings. Leads from 14 Mission Support Squadron are thinking about mules, tools, parts – from sourcing to delivery to storage, and fueling and airfield support equipment. 14 Operations Support Squadron leads are considering increases in tactical supports. 404 (Long Range Patrol and Training) Squadron is time-lining the last of the Aurora Block IV MOAT courses with overlapping

travel for 10 flight crews and eight future instructors for CP-8A training in the United States and local training courses for air crew and technicians.

"The aim," said Lieutenant-Colonel Pierre-Luc Lafontaine at a March 7 briefing by members of the Wing's CP-8A transition team to 14 Wing peers, "is a safe, rapid and effective transition as we fly an older fleet a bit longer – and then jump into a new platform. We want to make sure all the major moves are coordinated."

The transition team has been thinking about how to continue to train for the Aurora and start conversion training of personnel to the CP-8A platform for its expected 2026 arrival. Where is there workspace for personnel moving into the CP-8A lines? Where are those people coming from, while ongoing operations continue? Is recruiting and career planning stepping up to get more people trained – and experienced – through in-demand occupations? And – what if the first CP-8As' arrival is delayed?

"We don't control all the timelines for delivery, but we are constantly planning and adjusting – and identifying contingencies – so things are in place at the right time."

It's expected Greenwood will receive the first of the CP-8As, in mid-to-late 2026; Comox should see the first of its aircraft arrive in 2028. The CP-8A transition will likely stretch out to 2028, and there is an immediate need for training, hangars, airfield support, equipment and training space.

"There are some risks in our timeline, but the end state is

to create a proposal and structure to fully employ the CP-8A fleet," Lafontaine said. "The transition vision is pushing the process. The plan could change – and it will change – over time. We're working to make the vision happen." ✈

Anticipated timeline

- 2024 – eight Aurora air crew start three-year placements with the Royal Air Force out of Lossiemouth, to gain CP-8A experience and support the RCAF CP-8A fleet transition upon their return
- 2024 – eight Aurora air crew start three-year placements with the United States Navy, to become CP-8A instructors and support the establishment of the RCAF "schoolhouse" upon their return
- 2026 – the RCAF begins testing and evaluation of the expected CP-8A configuration
- 2026 – the last CP140 Aurora OTU/ MOAT course begins
- 2026 – aircrews and technicians start CP-8A training in the United States
- 2026 – first CP-8A arrives at 14 Wing
- 2028 – first CP-8A arrives at 19 Wing
- 2028 – CP-8A flight training begins at 14 Wing
- 2028 – the CP140 Aurora retires
- 2032 – all infrastructure is in place
- TBD – CP-8A capability upgrades and air-to-surface armaments packages



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Light the sky blue for RCAF100 celebration



April 1, 2024, the Royal Canadian Air Force (RCAF) will celebrate its official centennial.

For 100 years, the RCAF and its personnel have defended Canada, its people, allies and interests. In celebration of the centennial and in commemoration of the men and women who have - and continue to - serve Canada at home and abroad, famous landmarks, city halls, businesses, embassies and residences across the world will be illuminating their facades in blue April 1.

"This illumination initiative has grown exponentially over the last year," says Lieutenant-General Eric Kenny, Commander of the Royal Canadian Air Force and Chief of the Air Force Staff. "Our goal is to celebrate the achievements of the Royal Canadian Air Force throughout its first century as an independent service. As we commemorate 100 years of the RCAF, we honour the sacrifices and successes of our members who have served Canada with distinction, and we look to inspire the next generation

"The RCAF will continue to play an important role in Canada's future."

Over 300 landmarks in 20 countries are confirmed to participate in the illumination campaign. The full list of participating locations may be found on the RCAF Centennial website.

In Canada, this includes the CN Tower, Montréal Tower, Calgary Tower, Vancouver Sails of Light, Esplanade Riel and Niagara Falls. Over 100 locations, across all 10 provinces in Canada, will also be

participating.

In Nova Scotia, watch for illumination in Halifax at the Camp Hill Cenotaph, the Canada Remembers sign, Government House, Halifax City Hall, the Halifax Sea Port, the Poppy Foundation's Veterans Memorial Garden, the Port of Halifax and Province House. Other registered participants include the Chester Municipal Office, the Square Theatre and Gazebo in Carmichael Park, New Glasgow; and the Truro Public Library.

More landmarks are wel-

come to join the illumination campaign, and the RCAF encourages Canadians to join in and light up their cities, businesses and homes in blue. Share photos on social media using the hashtags #RCAF100 and #100YearsOfFlyingBlue in support, and to be included in a Guinness World Records record-breaking attempt: the RCAF100 lights campaign aims to set a new record for the most landmarks illuminated in 24 hours!

"It's marvelous to see so many people come together in

celebrating the Royal Canadian Air Force Centennial," says Colonel Margaret Jacula, RCAF 2024 campaign manager.

"The RCAF has accomplished so many incredible things in the past century - all thanks to the amazing people who have contributed to it. This day of celebration belongs to Canadians across the world."

For more information on this activity, and year-long RCAF100 events, visit the RCAF 2024 Centennial website at rcaf2024arc.ca. →



bravo zulu | promotions & presentations

14 Wing Imaging unless otherwise indicated.



January 18, Captain Harding, second from left, was presented the Canadian Forces Decoration by 415 (Long Range Patrol Force Development) Squadron Lieutenant-Colonel Keith Fugger, left, with Master Warrant Officer Ed Delorme, right, and Chantal Harding.



March 19, during an honours and awards event, Second Lieutenant Dovick and Sergeant Hume received Wing Commander's Coins for their resourcefulness and dedication in creating the digital airfield management system. The coins were presented by 14 Wing Greenwood Commander Colonel Jeff Davis, left, with 413 (Transport and Rescue) Squadron Chief Warrant Officer Stephen Bates, right.



March 19, during an honours and awards event, Major Christopher Parent, centre, was presented the Canadian Forces Decoration by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.



March 19, during an honours and awards event, Corporal Marc-Andrew Brideau, centre, was presented the Canadian Forces Decoration by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.



March 19, during an honours and awards event, Captain Ryan Dave, centre, was presented the Canadian Forces Decoration First Clasp by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.



March 19, during an honours and awards event, Corporal Stephane Fiola, centre, was presented the Special Service Medal - Expedition by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.



March 19, during an honours and awards event, Captain Michael Merlin, centre, was presented the General Service Medal - Expedition by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.



March 19, during an honours and awards event, Sergeant Jeff Wright, centre, was presented the Canadian Forces Decoration First Clasp by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.



March 19, during an honours and awards event, Master Jamie Flemming, centre, was presented the Canadian Forces Decoration by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May. During Q4 2023, Meihuizen spent significant time completing two transfers of aircraft while balancing her primary role within ETO. With her positive attitude, experience and professionalism, A-Lists were completed in minimal time and allowed AMO crews to focus on generating aircraft to meet the squadron's flying program.



March 19, during an honours and awards event, Corporal Katharina Meihuizen, centre, was named Squadron Eagle of the Quarter by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.



March 19, during an honours and awards event, Master Warrant Officer Marcel Joyal, centre, was presented the Canadian Forces Decoration First Clasp by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.



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14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
www.airforce.forces.gc.ca/en/14-wing/index.page

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The editorial board reserves the right to edit, condense or reject copy or advertising to suit the aims of a service newspaper as specified in the Interim Canadian Forces Newspapers Policy and/or by the editorial board. Opinions and advertisements appearing in The Aurora Newspaper are those of the individual contributor or advertiser and do not necessarily reflect those of Staff of the Non Public Funds, the Department of National Defence, the Canadian Armed Forces, the Canadian Forces Morale and Welfare Services or the printers. Published each Monday by 14 Wing under the authority of Colonel Jeff Davis, Wing Commander. Le comité de rédaction se réserve le droit d'éditer, de condenser ou de rejeter des textes ou des publicités pour répondre aux objectifs d'un journal militaire, tel que spécifié dans la politique intérimaire des journaux des Forces canadiennes et/ou par le comité de rédaction. Les opinions et les publicités publiées dans le journal Aurora sont celles de l'auteur ou de l'annonceur et ne reflètent pas nécessairement celles du personnel des fonds non publics, du ministère de la Défense nationale, des Forces armées canadiennes, des Services de bien-être et de maintien du moral des Forces canadiennes ou des imprimeurs. Publié chaque lundi par la 14e Escadre sous l'autorité du Colonel Jeff Davis, commandant de l'Escadre.



14 Wing Fitness Online work-outs, resources and tips | PSP Greenwood Community Recreation Online activities, resources and fun | Annapolis Mess Special events and entertainment | 14 Wing Greenwood Winter Carnival/ 14e Escadre Carnaval d'hiver Annual winter Defence Team fun and challenge events | 14 Wing Greenwood PSP A wider resource for PSP entities (recreation, fitness, health promotion, news and events) | Greenwood Military Family Resource Centre Resources, activities and program highlights | 14 Wing Greenwood Bowling Centre Centre updates | 14 Wing Aquatics Pool recreation, competitive, training, news | Greenwood Military Police - Police militaire de Greenwood Safety, security and public information from 24 Military Police Flight | 14 Wing Combined Charities Wing activities in support of our community | 14 Wing Spiritual Resilience Page Hosted by the 14 Wing Chaplains, with spiritual support and resources | GMM.ca Follow news and events at the Greenwood Military Aviation Museum | 14 Wing Welcome Schedule of events details | Lake Pleasant Campground 14 Wing's family campground | 14 Wing Greenwood Curling Club Open to military, community members | 14 Wing Health Promotion Tips, program highlights and resources | 14 Wing Greenwood Rec Hockey Club - youth hockey programs open to military families and community members

Pay into play

The Rotary Club of Middleton returns support for its weekly Goldmine 50/50 Toonie Toss to the community, most recently with a \$2,500 donation to Dwight Ross Elementary for accessible playground swings. Rotarian Daniel D'Aubin, left, was happy to visit with DRES representative Gloria Field and Grade 3 student Aiden Cardona.



HFX opens applications for 2024 Peace With Women Fellowship

HFX has opened its call for applications for the 2024 Peace With Women Fellowship. The fellowship is a three-week executive study tour for senior female military officers from NATO and NATO-partner countries. The 2024 program will include meetings with senior military, political, business,

technology and civil society leaders in Canada and the United States, and will conclude at the annual Halifax International Security Forum. "Women's participation and leadership in international and security affairs is essential to strengthening strategic cooperation among the world's democracies," says Peter Van Praagh, HFX president. "HFX is proud to shape the future with this unmatched program that advances women's leadership and builds a dynamic network of senior military officers from around the world."

The 2024 fellows will join

a diverse and dynamic alumnae network of 68 officers from 20 countries, many of whom have been promoted within their respective service branches since participating in the fellowship.

The fellowship is open to active-duty female military officers from NATO and NATO-partner countries of rank equivalent to army colonel or naval captain (NATO rank OF-05) or above. Applications are due by May 8, 11:59 p.m. ET.

For more information about the fellowship, including application instructions, visit halifaxtheforum.org/fellowship/.

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Flag-raising opportunity to see, support trans people

Sunday, March 31, is Transgender Day of Visibility.

Join the 14 Wing Greenwood Defence Team Pride Advisory Organization as members, and the wider 14 Wing community, raise the transgender flag to celebrate the wing's and the greater Defence Team's messages of inclusion and belonging. The flag will be raised at the main gate at 9 a.m. Tuesday, April 2 to mark Transgender Day of Visibility. Everyone is welcome.

Transgender Day of Visibility (TDOV) is internationally marked, raising awareness since 2010 about transgender people, celebrating the lives and contributions of trans people, and draw-

ing attention to the poverty, discrimination and violence the community faces.

TDOV is an opportunity to empower trans people to live authentically, while still acknowledging not every trans person can or wants to be visible. Society is becoming more accepting, as trans people feel increasingly comfortable and confident being publicly and fully themselves, and media representations of their lives begin to improve.

Anti-LGBTQ activists target trans people, especially children. This anti-trans hypervisibility harms all trans people, being demonized and scapegoated by politicians and in many media



outlets. That's why it's still necessary for trans people to be seen through authentic, diverse and accurate stories which reflect the actual lived experiences of trans people; both for themselves and for those people who believe they've never met a trans person. This year for TDOV, advocates and organizations are working on initiatives to counteract the disinformation campaign targeting the trans community. →

Three call SAR weekend

March 16, just before 3 p.m., the Halifax Joint Rescue Coordination Centre tasked two 14 Wing Greenwood aircraft with 413 (Transport and Rescue) Squadron to assist with a medevac of an individual 100 nautical miles south of Yarmouth. Cormorant Rescue 905 conducted the

medevac and transported the patient to Yarmouth; Hercules rescue 333, which was doing top cover, then picked the patient up for transport to Halifax from Yarmouth.

March 16, at 12:29 p.m., Cormorant R905 left Greenwood to assist an injured hiker near Cape Split. R905

successfully transported the injured hiker to hospital in Saint John hospital, and returned to Greenwood at 3:30 p.m.

March 17, Hercules R333 was tasked at 12:30 a.m. to assist with an investigation into an ELT sounding. The tasking was stood down just after 1 a.m. →

VPI, VAC and you: March 28 briefing on claims tips

Members of the Greenwood chapter of VP International, and anyone interested, is invited to attend a Thursday, March 28, presentation with Master Warrant Officer (retired) Jeremy Simms at the VP International building,

Greenwood. Simms worked with Veterans Affairs Canada (VAC) for approximately three years before retirement, and will present an overview of where to find disability claims you may qualify for, and how to

complete and submit a claim to give you the best opportunity for success. Questions will be entertained after the briefing.

Simms' presentation starts at 2 p.m., with the regular VPI meeting starting at 4 p.m. →

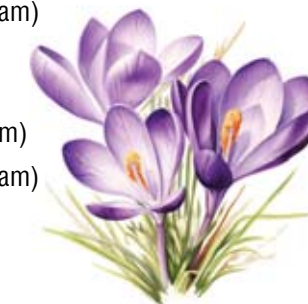
14 Wing Chapel Easter services

Queen of Heaven Chapel (Roman Catholic)

- 24 March Palm Sunday Mass – 1100 hrs (11 am)
- 28 March Holy Thursday Mass – 1900 hrs (7 pm)
- 29 March Good Friday Service – 1500 hrs (3 pm)
- 30 March Easter Vigil – 2000 hrs (8 pm)
- 31 March Easter Sunday Mass – 1100 hrs (11 am)

St. Mark's Chapel (Protestant)

- 29 March Good Friday Service – 1500 hrs (3 pm)
- 31 March Easter Sunday Service – 1000 hrs (10 am)



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The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.alianzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14 Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.alianzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédent la publication, à moins d'avis contraire.

Games afternoon
Fridays (second and fourth), the Kingston Area Seniors Association (KASA) hosts fun afternoons at the Kingston Royal Canadian Legion, beginning at 1 p.m. Cost \$2. Enjoy an afternoon of cards, games, easy conversation and light refreshments. Open to seniors 50+. Questions: 902-765-4228.
Drawing gnomes
March 25, 7 p.m. to 9 p.m. celebrate Spring at 7Arts in

Greenwood by drawing Spring gnomes in gardens! You do not need any previous drawing experience. Laughs, learning - and chips! Materials provided, or bring your own sketchbook/supplies. Cost is \$25 per person. Email info@7arts.ca to register.
Youth art lessons
March 26; 4:30 p.m. to 5:30 p.m., 7Arts in Greenwood offers youth art lessons. New artists and projects each week. Ages seven to 12, \$25/ lesson or

\$80 for four lessons. Register at info@7Arts.ca.
Youth try lacrosse
Tuesdays, March 26 and April 2, 9; 5 p.m. to 6:30 p.m.. Valley Thunder Lacrosse invites new and experienced box lacrosse players to free, co-ed, ages five to 20 drop-in try lacrosse sessions at the St. Mary's Elementary School gym, in Aylesford. Bring a helmet with cage, gloves, indoor shoes, water, active wear. Non-VTL registered participants will complete an activity waiver at the door. For more info, valleythunderlax.com.
Fibre arts sessions
March 27; 6:30 p.m. to 8:30 p.m.: are you a female-identifying fibre craft artist (knitting, crochet, cross stitch, embroidery, felting or rug hooking) over the age of 25? Drop by 7Arts, Greenwood, for our craft and chat group. Bring your own materials or purchase a kit from us.

Introduction to watercolour painting
March 27, April 3, 10 and 17 (four-week program). Learn how to paint with watercolours and create several paintings at 7Arts in Greenwood: all you need is an open mind and a desire to learn! Cost \$140 with all supplies included. Register at info@7Arts.ca.
VPI meeting & special presentation
March 28, members of VP Inter-



Shoreline service

March 31, there will be a public Easter Sunrise Service in Morden at the French Cross, led by Reverend Val Taylor of the Aylesford United Church. Started by the late Reverend Gordon Fraser in 1981, this Bay of Fundy shoreline service takes place where Acadians were deported in 1755: the French Cross was erected in 1924 to commemorate the expulsion of 2,000 Acadians. The annual Easter service, whatever the weather (except when roads are impassable ties in the story, mystery and meaning of the empty tomb. With a 7 a.m. start, and generally quite cool, the service is followed by a small gathering at the Morden Community Hall, featuring boiled eggs, muffins, toast and hot beverages.

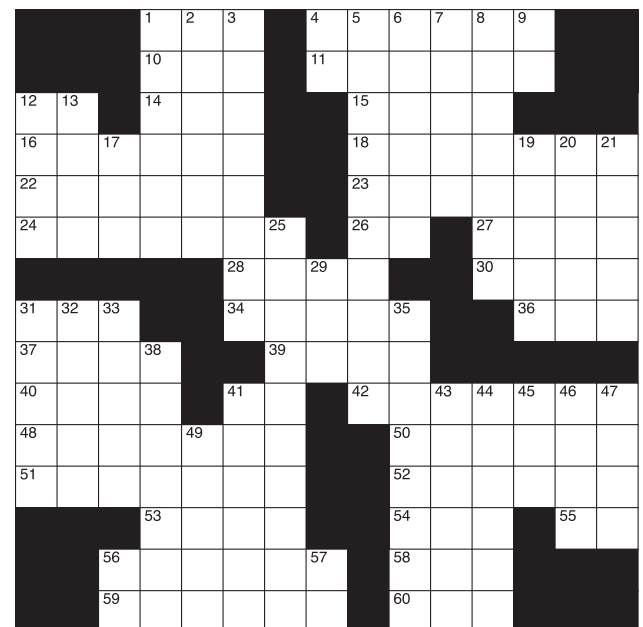
M. Rolph

national and those interested are welcome to a 2 p.m. presentation at the VPI building, Greenwood, with Master Warrant Officer (retired) Jeremy Simms, who worked with Veterans Affairs Canada for approximately three years before retirement. He will present an overview of where to find disability claims, qualifications, how to complete and submit a claim to give you the best opportunity for success. Questions will be entertained after the briefing. The regular VPI meeting starts at 4 p.m.
MakerSpace
March 30, 12:30 p.m. to 3:30 p.m.; at 7Arts, Greenwood. Bring a project to work on or purchase one of our kits. Drop-ins welcome and encouraged! Cost is \$5. Caregivers are free.

Easter bonnet tea
April 6, 1 p.m. to 3 p.m., come to an Easter bonnet tea at All Saints Anglican Church, 521 Pleasant St., Kingston. Admission: \$5, with sandwiches, sweets and refreshments served. Prizes for the best bonnets and fascinators will be awarded!
Breakfast
April 13, 8 a.m. to 10 a.m., come for a community breakfast at Holy Trinity Anglican Church, 45 Main Street, Middleton. All are welcome! Freewill offering. Known as the breakfast that buys local and buys fresh: when you buy the best you serve the best. Reviews: "Best eggs east of Tofino" - Anon.
Berwick Girl Guide cookies sale
April 13, 10 a.m. to noon, Berwick Girl Guides will be out and about with the classic chocolate and vanilla sandwich cookies. Find us at Bargain Harley's, Wilson's Pharmacy, Berwick Home Hardware, the Berwick town

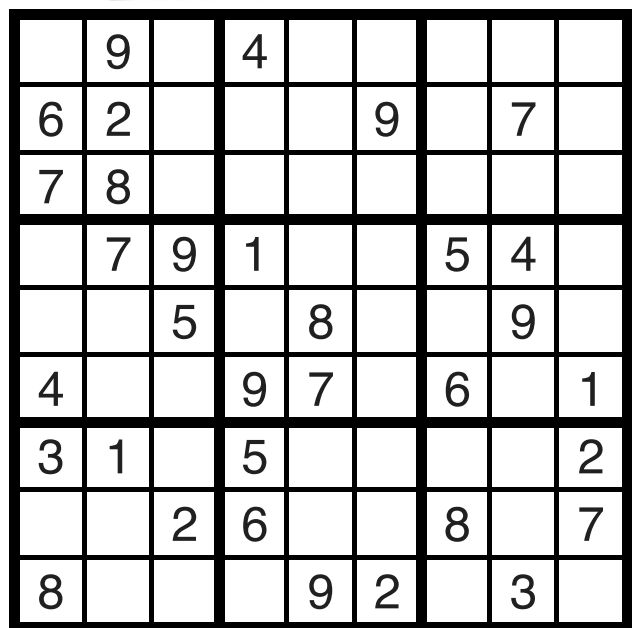
hall front lawn; and at Friendly Neighbours Convenience on Hwy 1 in Cambridge. If you miss us, call/text Sara, 902-599-1833. \$6 a box supports girl greatness!
Breakfast
April 20, 8 a.m. to 10:30 a.m., the Aylesford United Church, 2414 Highway 1, hosts a pancake breakfast. Freewill offering. Menu: made-from-scratch pancakes, sliced fried ham, pork and apple breakfast sausage, fluffy scrambled eggs. Tea, coffee, juice. We hope to see you there.
Arts & crafts show
April 27, 1:30 p.m., there will be an arts and crafts show at the Wilmot Christian Fellowship Centre, 208 Dodge Road. Book a free table no later than April 19 to display your crafts. The public is invited to view the crafts, meet the crafters and enjoy a fun afternoon of fellowship and refreshments. Call 902-698-9467 to book a table or for more information.

crossword solution page 7



- ACROSS
- Small Eurasian deer
 - Irish county
 - A major division of geological time
 - Broadway actor Lane
 - Canadian province (abbr.)
 - Human gene
 - Two
 - A famous one is blue
 - Utter repeatedly
 - Ring-shaped objects
 - Spoils
 - Occurs
 - Commercial
 - Near
 - Products you may need
 - Pledge thrown down as a challenge
 - TV network
 - Silk or cotton garments
 - Soviet Socialist Republics
 - Retired American football coach Dean
 - Nonsense (slang)
 - Hot dish
 - A type of gin
 - Atomic #84
 - Sawhorse
 - About ground
 - Medicine man
 - Seedless raisin
 - Capital of Albania
 - Appendage
 - QJ trial judge
 - By the way (abbr.)
 - Bicycle parts
 - Barbie's friend
 - Moved one's neck to see
 - Commercials
- DOWN
- Make up for
 - Baltimore ballplayer
 - Salary
 - Influential world body
 - Engravers
 - Declared as fact
 - One who steals
 - Jewelry
 - Hospital employee (abbr.)
 - Non-sense (slang)
 - Town in Galilee
 - Value
 - A fake name
 - Sheep in their second year
 - Town in Surrey, England
 - Appropriate for a particular time of year
 - QJ trial judge
 - Creative works
 - Recesses
 - W. Pacific island group
 - Tolkien character
 - Ancient symbol co-opted by the Nazi party
 - Pioneer
 - Scribe
 - Painted a bright color
 - Lowest members of British nobility
 - Actress Thurman
 - Type of sugar
 - Crest of a hill
 - N. American people of British Columbia
 - Device
 - The Mount Rushmore State

sudoku solution page 7



Fun By The Numbers
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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Six decades-plus sorority service

Winna Smith, right, of Clementsport was recently presented with a certificate of appreciation and lifetime membership in Eta Master Chapter of Beta Sigma Phi, Greenwood, by president Mabel Haynes. Her sorority sisters felt this was a fitting way to show the high regard in which she is held. Smith joined the international women's sorority in 1957 and, still, as she nears the century mark; is a faithful member, having served in every executive office and committee in various chapters across Nova Scotia – even progressing to the highest of seven degrees to the level of Torchbearer. Smith and her husband lived for many years in Annapolis Royal, from where she travelled to Greenwood for meetings. Eventually, she settled in Clementsport, where she is well known for her beautiful gardens. Smith has always contributed greatly to the communities where she has lived, and has received many commendations for her contributions to other organizations.

Submitted

horoscopes

- MARCH 24 to MARCH 30**
ARIES - Mar 21/Apr 20
Aries, this week you need to get back to business, especially if hobbies or other interests have been taking up much of your time lately. Avoid distractions at all costs.
TAURUS - Apr 21/May 21
You may be excited about new prospects that are on the horizon, Taurus. With so much change coming, it can be exciting to see what lies in wait.
GEMINI - May 22/June 21
Gemini, you may discover that you are devoting a lot of attention to others of late, sometimes cutting into your own needs. Be attentive and caring, but pay attention to your own needs as well.
CANCER - Jun 22/Jul 22
Cancer, if you check the calendar lately you are bound to find a number of dates are filled. You may want to consider slowing down; otherwise, you may prematurely burnout.
LEO - Jul 23/Aug 23
Leo, if expenses and finances have been troubling you of late, you can breathe a sigh of relief when things lighten up this week. Right now you are in a good spot financially.
VIRGO - Aug 24/Sept 22
Virgo, you will need to uphold your end of the bargain for the time being as others are counting on you delivering. You cannot dodge any responsibilities right now.
- LIBRA - Sept 23/Oct 23**
Libra, over the next few days you may receive some offers from employers or entrepreneurs that seem very appealing. Before you jump into something new, do your homework.
SCORPIO - Oct 24/Nov 22
Scorpio, it will become obvious how others rely on you for advice and to get jobs done correctly. All of that responsibility can put extra pressure on you, so take it all in stride.
SAGITTARIUS - Nov 23/Dec 21
This week you may discover that people are flocking to you left and right, Sagittarius. You will not have trouble making new friends if you so desire.
CAPRICORN - Dec 22/Jan 20
Capricorn, take ownership of any actions that may have put you into a strained relationship with those close to you. Admitting mistakes is the first step in mending fences.
AQUARIUS - Jan 21/Feb 18
Aquarius, you may only now be getting to those resolutions you made a few months ago, but better late than never. Focus on projects around the home that will revitalize your spaces.
PISCES - Feb 19/Mar 20
Physical activity can do wonders for you, Pisces. If you are feeling stressed, overwhelmed or even tired, take a walk or hit the gym for some exercise that can alleviate many symptoms.

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Food for Thought from the Upper Room Food Bank

During February, the Upper Room Food Bank in Kingston served 214 families, consisting of 355 adults and 253 children, with 16,394 pounds of product going out and 19,348 pounds coming in. The incoming total includes 6,270 pounds provided by the Feed Nova Scotia network and 1,310 pounds bought with local cash donations. The rest is from local food bank sharing and donations, including regular arrangements with local businesses.

Our Facebook page is a spot for us to post notices, repeat our numbers from this article and answer quick questions, keeping the public informed. We can not plan for pick-up or interview new clients from facebook. If your inquiry requires a quick response, it is best to contact the office and leave a message if no one is there.

Clients needing service must call ahead to the food bank to arrange an appointment during normal operating hours. If calling outside of office hours, leave a message. When ready, the order is placed in the designated area for client pickup. No one other than approved volunteers is allowed in the building. This process limits personal contact, while also reducing waiting time for clients. Volunteers will do their best to help last-minute drop-ins during open hours, but you should come early, be prepared to wait and they will fit you in where they can. We understand it is not always possible to call ahead, but clients will find the process easier with a scheduled appointment. If you can't make your scheduled appointment, call the office.

Donations may be dropped off at the food bank, found behind the library at 669 Main Street, Kingston (during open hours); or at the Kingston village office at 655 Main Street.

Finally, a shout out to our manager, Harley Hazelwood. He has done this job for many years, most of it on a strictly volunteer basis. It is due to Harley's dedication to the Upper Room Food Bank and the community it serves we have been able to make arrangements with local stores for advance notice of sale items so extra may be brought in and products that cannot be sold but are perfectly fine are donated. He works tirelessly, applying for grants and sharing his knowledge with other locations so they may benefit as well. Some donations from large corporations come with conditions on how money is spent. Harley spends many hours ensuring the paperwork is filled out and returned so we don't lose those corporate grants. As a result, we have been able to acquire a van to pick up donations, increased efficiency with a walk-in fridge and freezer, had the roof repaired at a cost, and had new climate control systems and a public address system installed to help during COVID-19 - and beyond. In short, our food bank would be much less effective without our powerhouse of a manager. Way to go, Harley! And, on behalf of the community, thanks!

Our regular hours in effect, with the food bank open for clients on Mondays from 9 a.m. to noon and Thursdays from 6 p.m. to 9 p.m. Our number is 902-765-0303 or email upperroomfoodbk@hotmail.com. →

classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

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et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ns.alianzinc.ca ou nous transmettre un fax au 902-765-1717.

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SLOE	PO SAWBUCK									
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sudoku solution

5	9	1	4	2	7	3	8	6
6	2	3	8	1	9	4	7	5
7	8	4	3	5	6	2	1	9
2	7	9	1	6	3	5	4	8
1	6	5	2	8	4	7	9	3
4	3	8	9	7	5	6	2	1
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BINGO



Greenwood Skating Club athlete Zara Kenley, centre, won a gold medal in the Friendship Skate in New Brunswick in January.



Kali Fugger, left, Zara Kenley and Cassie Johnson will represent the Greenwood Skating Club this spring as members of Team NS at the Atlantic Skating Championships in Dartmouth.

Submitted



Greenwood Skating Club members with their 2023 season ending awards.

Skaters putting in work – fun – in 50th club season

This season, the Greenwood Skating Club (GSC) celebrates 50 years as a Skate Canada-sanctioned club, as well as a 14 Wing Greenwood recreation club. What an accomplishment!

Dedicated volunteers and coaches over the years have come together to teach both children and adults foundational skating skills. In the past 27 years, since registration has been tracked online, more than 3,260 skaters have been on the ice with the GSC. In 1996, 27 skaters participated in programs; that number grew to 113 in 2006 and, in 2016, there were 142 skaters. Numbers peaked prior to COVID-19 at 151 skaters; this 2023/ 2024 season, the GSC is climbing back, with approximately 140 skaters.

The GSC is proud to offer

Skate Canada’s nationally recognized programs. The CanSkate program develops children’s skills and gives them the confidence they need to be successful on the ice - and in their daily lives, promoting physical fitness, independence and mental resilience.

After the foundational skills come the more technical skating skills. The GSC provides the Star Skate program, Skate Canada’s figure skating program designed to introduce skaters to a series of evaluation and performance opportunities as they progress through 10 Star levels, and the four disciplines within the levels.

Throughout the year, the GSC offers many opportunities for skaters to showcase their skills and, heading into its 50th season, it was no

different. With typical practice days each week (some skaters skate three to four days a week for 1.5 hours a session), there are also test days and competitions, hosted by different clubs. GSC skaters also have the opportunity to skate in the club’s annual Christmas ice show; this season, the 18th presentation of “The Nutcracker on Ice.” Skaters reenact the classic tale, each with a part to play: even the smallest skaters, just learning to skate, have their role as mice. It’s a must-see every year.

In February, the GSC hosted its very first Star 1-3 competition at the Greenwood Gardens Arena. One hundred forty skaters from across the province competed in front of a panel of Skate Canada Nova Scotia judges. Over 400 people were on the ice

and in the stands throughout the day: a wonderful sight to see the facility filled with enthusiasm and love for the sport. Hosting the event was a group effort, as club members and parents volunteered over 60 hours in four days to organize and execute the large event. GSC skaters who were not competing also volunteered to make other skaters feel welcome,

fulfilling many tasks to ensure events ran smoothly. Club leadership is proud of the members for all coming together, showcasing what a small club can do!

There’s no slowing down for the Greenwood skaters. At the end of February, the National Special Olympic Winter Games were held in Calgary, and GSC skater Jessica Cran- ton brought home both a

gold and bronze medal for her singles program and free skate program. Skaters also competed at provincials in Amherst, where three members qualified for the Atlantic Skating Competition in April. Zara, Cassie and Kali will compete in Dartmouth with Team Nova Scotia against skaters from across the Atlantic provinces. We will be cheering them on! ➔

Skating through songs, skills of the decades at Golden Ice Show April 6

The Greenwood Skating Club has had an exciting and eventful season this winter - but we’re not done! To celebrate reaching their significant, 50-year milestone, the GSC is hosting a 50th anniversary celebration to give skaters another opportunity to showcase their skills and share their pride.

April 6, from 1 p.m. to 3 p.m., the GSC presents a “Golden Ice Show,” with club skaters performing and showcasing their skills. Skating through each decade, the GSC’s talented skaters will take you on a nostalgic

journey through the past 50 years, starting in 1973, when it all began. Get ready to sing and dance along to the music you know and love!

Skaters are very excited to perform and experience meeting professional figure skater, social media sensation and show special guest Elladj Balde; an opportunity to share in some of their experiences and see the possibilities the figure skating world has to offer.

After the show, the club will hold a 50th gala and awards ceremony at the 14 Wing Greenwood Com-

munity Centre. Skaters will go back in time and share some of the club’s history, as well as celebrate big and small accomplishments over the years. It’s something the GSC looks forward to every year: acknowledging the hard work put in by skaters and volunteers, “Celebrating big and small! Small steps lead to big changes.” That focus has taken the GSC far!

The GSC skating, leadership and family team would love to see family, friends and neighbours in the stands as they celebrate. Tickets are \$25 online at Showpass.com.

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