

## Kingston Steer BBQ

Celebrate summer, and the longest running steer barbecue in North America, July 12 - 14 in Kingston.

- Schedule and promotion will run July 1 issue

Contact | [auroramarketing@ns.aliantzinc.ca](mailto:auroramarketing@ns.aliantzinc.ca) • 902-765-1494 local 568-5833



- Full colour
- Sample size 2 columns by 28 agate lines/ 3.25 inches by 2 inches (business card) \$77.84 plus tax OR
- Any ad, any size at \$1.39 per agate line per column
- Deadline June 25 noon



YOUR AIR FORCE  
VOTRE FORCE AÉRIENNE



# the Aurora

Vol. 45 No. 24

JULY 1, 2024 NO CHARGE

[www.auroranewspaper.com](http://www.auroranewspaper.com)



## 'I'm very proud of myself' Greenwood Cadet wins national recognition

**Officer Cadet  
Laura Lascelle**

This year's Royal Canadian Legion Cadet of the Year is Greenwood's 517 Flight Lieutenant Graham Royal Canadian Air Cadet Squadron's own graduating Cadet, Warrant Officer 1st Class Aiyana Barrieau.

The recipient was officially presented her national award by Weldon Rideout, president of the RCL's Branch 98 Kingston during the squadron's Annual Ceremonial Review June 5.

"I feel really happy - I mean, I worked really hard for it," said Barrieau after the presentation. "You know, finally realizing that I get that opportunity and received the award... at first, I didn't believe it, but like, I won it! And I'm very proud of myself."

Also a recipient of the 2023 Royal Canadian Legion Medal of Excellence and appointed 517 F/Lt Graham's squadron commander, Barrieau has cause to be proud: the Air Cadet of the Year award is presented to a single deserving Cadet, selected by the Air Cadet League of Canada on behalf of the Legion to attend the National Remembrance Day Ceremony in Ottawa as the youth representative and perform as a member of the vice-regal party during ceremonies. The Legion also provides their young guest

with transportation, meals and accommodations for the duration of the visit. Barrieau is excited to visit the capital for the first time.

"I feel it'll be really cool. I like travelling, and I've only ever been out of the province three times, so it'll be a fun experience."

Along with the invitation to represent her element as a guest of the Legion, Barrieau has also received a \$1,000 bursary, which she will invest in a Bachelor of Science and Aviation degree at Mount Allison University in Sackville, New Brunswick, this fall. The university partners with MFC Training to offer a four-year aviation program combin-

ing an undergraduate degree with ground school training. Barrieau will work on various qualifications, including a multi-engine class rating, night rating and even a commercial pilot's license; while completing over 200 hours of flying. Having already completed her private pilot's license through Cadets in 2023, she is looking forward to developing her air skills in the pursuit of a career in the aviation industry.

"I really want to be a pilot," says Barrieau. ✈

*For the 517 Flight Lieutenant Graham Royal Canadian Air Cadet Squadron Annual Ceremonial Review article, see Page 3.*



**517 Flight Lieutenant Graham Royal Canadian Air Cadet Squadron Warrant Officer 1st Class Aiyana Barrieau, centre, is the Royal Canadian Legion Cadet of the Year. Kingston Branch 098 President Weldon Rideout, right, and Brad Sommerfeld presented her with the 2024 national award at 517 F/Lt Graham's June 5 Annual Ceremonial Review in Greenwood.**

Officer Cadet L. Lascelle

**517 Flight Lieutenant Graham Royal Canadian Air Cadet Squadron Warrant Officer 1st Class Aiyana Barrieau prepares for the squadron's June 5 Annual Ceremonial Review in Greenwood. Barrieau, the squadron commander, graduates from Cadets this summer with national recognition as the 2024 Royal Canadian Legion Cadet of the Year.**

Officer Cadet L. Lascelle

**Congratulate our high school graduates on their achievements, and wish them well in the future.**



## Class of 2024 graduation

### Black and white

- 2 columns by 28 agate lines/ 3.25 inches by 2 inches (business card) \$70.56 plus tax OR
- 2 columns by 48 agate lines/ 3.25 inches by 3.5 inches \$120.96 plus tax OR
- Any ad, any size at \$1.26 per agate line per column

### Full colour

- 2 columns by 28 agate lines/ 3.25 inches by 2 inches (business card) \$77.84 plus tax OR
- 2 columns by 48 agate lines/ 3.25 inches by 3.5 inches \$133.44 plus tax OR Any ad, any size at \$1.39 per agate line per column
- July 15 issue (**deadline July 9 noon**)

Contact | [auroramarketing@ns.aliantzinc.ca](mailto:auroramarketing@ns.aliantzinc.ca) • 902-765-1494 local 568-5833

# Celebrating connection Wing, Valley First Nations' special relationship highlights National Indigenous Persons Day

**Officer Cadet Laura Lascelle**

Members of 14 Wing Greenwood and community friends gathered at the base's main gate June 21 to raise the Mi'kmaq Grand Council flag in celebration of National Indigenous Peoples Day, and the summer solstice.

After the flag raising, 14 Wing Commander Colonel Jeff Davis presented Annapolis Valley First Nation councillors Nastasya Kennedy and Monique Holland with the Special Edition Royal Canadian Air Force Centennial Coin, in recognition of the impact a developing and on-going partnership with the AVFN has had on 14 Wing and the community. This presentation marked the second of only seven coins provided to 14 Wing as part of the "100 Coins to 100 Canadians"

initiative. The special edition coins are awarded to deserving individuals who have had an impact on the RCAF, wing and community as a whole, in commemoration of this year's RCAF Centennial.

"This is our chance to recognize and reflect on all the contributions that Indigenous persons bring to society," said Davis, who took a moment of the day's celebration to acknowledge the continued efforts of the AVFN band's members and councillors to enhance community ties with the wing. "But - it's not only about June 21, or September 30: it's all year long, in order to establish that future that we want to have as a collective society."

From the AVFN's recent annual Strawberry Pow Wows and base-hosted lunch n' learns to collaborating on the Defense Indigenous Advisory



**June 21, during 14 Wing Greenwood's National Indigenous Persons Day flag-raising event, Annapolis Valley First Nation councillors Nastasya Kennedy and Monique Holland, third and fourth from left, respectively; were presented a Special Edition Royal Canadian Air Force Centennial Coin, in recognition of the impact a developing and on-going partnership with the AVFN has had on 14 Wing and the community, by 14 Wing Commander Colonel Jeff Davis, left, with Defence Indigenous Advisory Group civilian co-chair Marla Ward, second from left; DIAG military co-chair Master Corporal Nick Whaley, third from right; DIAG champion Lieutenant-Colonel Garrett Milne, second from right; and Wing Chief Warrant Officer Jonathan Proulx.**

Group's painted headquarters crosswalk design, the AVFN's partnership with the wing has been indispensable in the building of community relations, which, as the Davis said, "have made great bounds over the last two-and-a-half years. While the intent of the 100 Coins initiative is to recognize Canadians who, through their behaviour, exemplify the spirit of the RCAF and the Canadian Armed Forces' values and ethos, it is also a symbol of the wing's

commitment to building and strengthening community connections within the Valley.

After the presentation, the AVFN councillors joined members of the wing under the shade of a nearby tree, where DIAG civilian co-chair Marla Ward, also a member of the AVFN, performed a smudging for participants, cleansing mind, body, heart and spirit; before everyone set off to take advantage of the summer sunshine that characterizes the longest day of the year. →



**14 Wing Greenwood Defence Indigenous Advisory Group civilian co-chair Marla Ward and Wing Chief Warrant Officer Jonathan Proulx shared flag-raising duties June 21, as the Grand Council flag went up at the base's main gate.**

Officer Cadet L. Lascelle

# Cadets' ACR shows youth 'coming into leadership roles'

**Officer Cadet Laura Lascelle**

517 Flight Lieutenant (F/Lt) Graham Royal Canadian Air Cadet Squadron held its 74th Annual Ceremonial Review June 9, on a warm, sunny evening, in a 14 Wing Greenwood parking lot, outside The Aurora Newspaper.

The annual parade recognizes Cadets who, whether through their performance, volunteerism or esprit de corps; have distinguished themselves during the 2023 to 2024 training year. The ceremony is also an opportunity for the squadron to bid farewell to Cadets graduating from the program.

"Watching you here, it floods me with memories," said the event's reviewing officer, 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Alex Gignac, who looks back fondly at his time in the Air Cadet program as a youth in Ottawa. Though the reviewing officer had countless stories he could share with the group, he admits, "no one ever really remembers the full speech." He opted to leave the young leaders with four important words, all describing qualities he believes will lead the young Cadets through life: discipline, "something that drives you;" integrity "to drive you to do the right thing; perseverance, "to press through;" and initiative, "to press forward;" and, qualities the 517 F/Lt Graham Cadet squadron has embodied this past year. To the three cadets graduating this June, Gignac said, no matter where life's adventures take them, they will always be a part of the tight-



knit Air Cadet community, one that spans across the country. To all Cadets on parade, he encouraged everyone to "enjoy this moment, and the time you have here with your peers."

President of Royal Canadian Legion Branch 98 Weldon Rideout, who had the pleasure of presenting Cadet Warrant Officer First Class Aiyana Barrieau with the 2024 Royal Canadian Legion Cadet of the Year award, also thanked the Cadets for their efforts throughout the year.

"It's a great thing to see, when youth are coming into leadership roles. The Air Cadet program is a stepping stone towards leadership in your community. Thank you, and keep doing a great job."



Officer Cadet L. Lascelle

manding Officer Captain Jacqueline Roberts seconded Rideout's sentiments, and expressed her satisfaction with the department of the group, particularly when representing the squadron during local events, such as this year's biathlon competition.

"Not only were they amazing athletes, but I had others approach me to thank me for their leadership during the tournament." →

**1st year Perfect Attendance Award:** Cadet Corporal James Cook

**Top Level 1 Award (awarded to two cadets):** Cadet Leading Air Cadet Aubrielle MacLeod, and Cadet Leading Air Cadet Carl Sokolov

**Top Level 2 Award:** Cadet

Corporal James Cook  
**Top Level 3 Award:** Cadet Flight Corporal Dominic Davidson

**Top Level 4 Award:** Cadet Sergeant Alexander Leduchowski

**Top Band Member Award:** Cadet Warrant Officer Second Class Avery MacLeod

**Jim Wallace Memorial Citizenship Award:** Cadet Warrant Officer Second Class Justin Shumate

**Esprit de Corp Award:** Cadet Warrant Officer Second Class Trey Pickens

**Most Improved Cadet Award (awarded to two cadets):** Cadet Corporal Layla Comeau-Gravel, and Cadet Flight Sergeant Shawn-Elliott Anouan

**Outstanding Participation**

**Award:** Corporal James Cook

**Top All Round Cadet Award:** Cadet Warrant Officer Second Class Trey Pickens

**Royal Canadian Legion Cadet Medal of Excellence:** Cadet Warrant Officer Second Class Morvarid Rezaei Noei


**Lord Strathcona Medal:** Cadet Warrant Officer Second Class Avery MacLeod

**Wellely Gérard Cyr Education Bursary:** Cadet

**Warrant Officer Second Class Morvarid Rezaei Noei**

**Air Cadet of the Year Award:** Cadet Warrant Officer First Class Aiyana Barrieau

**Graduating Cadets:** Cadet Flight Sergeant Berfin Ilbeyci, Cadet Warrant Officer Second Class Morvarid Rezaei Noei, and Cadet Warrant Officer First Class Aiyana Barrieau, Cadet Warrant Officer Second Class Justin Shumate



the Aurora

The Aurora News  
CFB Greenwood Aurora News

**Useful links | Liens utiles**

**Royal Canadian Air Force website**  
Site Web de l'Aviation royale canadienne  
www.rcfaf-arc.forces.gc.ca

**CFMWS Site**  
Site du portail communautaire des Forces canadiennes  
www.cfmws.ca • www.sbmfc.ca

**14 Wing Greenwood Site**  
Site de la 14e Escadre Greenwood  
www.airforce.forces.gc.ca/en/14-wing/index.page

**National Defence and the Canadian Forces**  
Défense nationale et Forces canadiennes  
www.forces.gc.ca

**Combat Camera | Caméra de combat**  
www.combatcamera.forces.gc.ca

**Recruiting | Recrutement**  
www.forces.ca

**VPI | VPI**  
www.vpiinternational.ca

**Managing Editor |** Directrice de rédaction  
Sara White • 902-765-1494 local/poste 568-5441  
auroraeditor@ns.alianzinc.ca

**Business & Advertising |** Affaires commerciales et publicité  
902-765-1494 local/poste 568-5833  
auroramarketing@ns.alianzinc.ca

**Graphic Designer |** Graphiste  
Brian Graves • 902-765-1494 local/poste 568-5699  
aurora@production@ns.alianzinc.ca

**Administrative Clerk |** Commis à l'administration  
Trudy Simmonds • 902-765-1494 local/poste 568-5440  
aurorareads@ns.alianzinc.ca

**Editorial Advisor |** Conseiller à la rédaction  
Captain Camille MacKenzie Dolphin  
902-765-1494 local/poste 568-5101  
+W14 Public Affairs@WCComd PAO@Greenwood

**Circulation |** Circulation: **4,500 Mondays** | Lundis  
**Agreement No. |** Numéro de contrat : **462268**  
Fax: 902-765-1717

**Website |** Site Web : **www.auroranewspaper.com**  
**The Aurora, PO Box 99, Greenwood NS B0P 1N0**  
L'Aurora, C.P. 99, Greenwood (N.-É.) B0P 1N0

**Location |** Emplacement : **61 School Road, Morfee Annex**  
61 School Road, Annexe Morfee

**Mail subscriptions: annual \$107 plus tax, weekly \$2.28 plus tax.**  
Abonnements par correspondance: 107\$ par année plus taxes, 2,28\$ par semaine plus taxes.

The editorial board reserves the right to edit, condense or reject copy or advertising to suit the aims of a service newspaper as specified in the Interim Canadian Newspapers Policy and/or by the editorial board. Opinions and advertisements appearing in The Aurora Newspaper are those of the individual contributor or advertiser and do not necessarily reflect those of Staff of the Non Public Funds, the Department of National Defence, the Canadian Armed Forces, the Canadian Forces Morale and Welfare Services or the printers. Published each Monday by 14 Wing under the authority of Colonel Jeff Davis, Wing Commander.

Le comité de rédaction se réserve le droit d'éditer, de condenser ou de rejeter des textes ou des publicités pour répondre aux objectifs d'un journal militaire, tel que spécifié dans la politique intermédiaire des journaux des Forces canadiennes et/ou par le comité de rédaction. Les opinions et les publicités publiées dans le journal Aurora sont celles de l'auteur ou de l'annonceur et ne reflètent pas nécessairement celles du personnel des fonds non publics, du ministère de la Défense nationale, des Forces armées canadiennes, des Services de bien-être et de maintien du moral des Forces canadiennes ou des imprimeurs. Publié chaque lundi par la 14e Escadre sous l'autorité du Colonel Jeff Davis, commandant de l'Escadre.

**14 Wing Fitness** Online work-outs, resources and tips | **PSP Greenwood Community Recreation** Online activities, resources and fun | **Annapolis Mess** Special events and entertainment | **14 Wing Greenwood Winter Carnival/14e Escadre Carnaval d'hiver** Annual winter Defence Team fun and challenge events | **14 Wing Greenwood PSP** A wider resource for PSP entities (recreation, fitness, health promotion, news and events) | **Greenwood Military Family Resource Centre** Resources, activities and program highlights | **14 Wing Greenwood Bowling Centre** Centre updates | **14 Wing Aquatics** Pool recreation, competitive, training, news | **Greenwood Military Police - Police militaire de Greenwood** Safety, security and public information from 24 Military Police Flight | **14 Wing Combined Charities** Wing activities in support of our community | **14 Wing Spiritual Resilience Page** Hosted by the 14 Wing Chaplains, with spiritual support and resources | **GMM.ca** Follow news and events at the Greenwood Military Aviation Museum | **14 Wing Welcome** Schedule of events details | **Lake Pleasant Campground** 14 Wing's family campground | **14 Wing Greenwood Curling Club** Open to military, community members | **14 Wing Health Promotion** Tips, program highlights and resources | **14 Wing Greenwood Rec Hockey Club** - youth hockey programs open to military families and community members

# First LEED Silver wing structure shows off its sign

Officer Cadet Laura Lascelle



May 21, Real Property Operations Unit Atlantic (RPOU) Detachment Greenwood's engineering team proudly stood around 14 Wing air traffic control tower (ATCT)'s newly-installed LEED Silver (Leadership in Energy and Environmental Design) certification plaque.

of an energy management control system, monitored by Real Property's energy manager, Alex England, and control technicians in Real Property's Refrigeration and Mechanical Shop.

Through the LEED green building rating system, new constructions are judged in seven categories, including water efficiency, materials and resources, and energy and atmosphere; and awarded points towards certification. As part of the ATCT's innovative design, the design team included daylight harvesting, water efficient landscaping and occupancy sensors that engage ventilation and



A new plaque hanging in the main floor lobby of 14 Wing Greenwood's nine-storey air traffic control tower marks the achievement of Real Property Operations Unit Atlantic Detachment Greenwood's engineering team's role in the design, build and operation of the wing's first LEED Silver (Leadership in Energy and Environmental Design) certified structure.

Officer Cadet L. Lascelle taken to support alternative modes of transportation to the building. →

## CAF dress regs updated, effective July 2

New updates have been made to the Canadian Forces Dress Instructions to improve consistency in adhering to QR&O 17.02 QR&O: Volume I – Chapter 17 Dress And

Appearance, where "the deportment and appearance of all ranks, in uniform or when wearing civilian attire, shall on all occasions reflect credit on the CAF and the individual."

The changes take effect July 2, 2024. Canadian Armed Forces (CAF) members and leaders now have the opportunity to review and understand these updates and make

any adjustments before the changes take effect. The new updates include the following four key elements:

- Hair extending below the lower portion of the shirt collar must be tied back away from the face. The volume of hair must not prevent the proper wearing of the headdress or protective equipment.
- Where they are necessary, hair accessories such as bobby pins and/or barrettes must be black, or similar in colour to the member's hair.
- Facial hair is to be no more than 2.5 cm (1 inch) in length/bulk for any style.
- Language and illustrations will be included in the grooming standard to clarify expectations.



Members obtaining a religious or spiritual accommodation, in accordance with DAOD 5516-3, will have it inserted in their personnel file, alleviating the need to request

the same accommodations following cyclical postings or unit transfers. Members should communicate these requirements to their chain of command. Leaders retain the right to impose restrictions based on the need to meet the safety and operational requirements of their operating context.

A significant update to the CF Dress Instructions occurred in September 2022 to make the policy more inclusive and less prohibitive, and to allow CAF members increased freedom to make personal choices regarding their appearance. While the changes have had many positive effects, there has been inconsistent interpretation and application. The National Defence Clothing and Dress Committee meets regularly to discuss matters related to clothing and dress. Adjustments to the CF Dress Instructions are made to align with the stated principles and occur on an ongoing basis. →



NAUSS, Stuart Dennis, June 29, 1949 – May 29, 2024

### ~ In Memoriam of ~

You would have turned 75 on June 29, 2024, and it's been one month since you've passed.

We love and miss you more each and every day.

Thank you to everyone for the kind messages and support we have received.

Love Eternally, Carol, Diane and Family

When it's time to put your ears in the best hands.



With a 30 day before you buy trial, you can experience better hearing instantly. Reconnect with loved ones, and engage with all the things you love to do. Why wait, try it for yourself!

Proudly serving the Valley communities!

Hearing INSTITUTE ATLANTIC

Home of the 30 day before you buy trial

Call to book your free 30 day trial.

902.681.2222

New Minas 9129 Commercial Street

Kingston 1540 Bridge Street

hearinginstitute.ca

# Flight, rockets, engines, airfields

Officer Cadet Laura Lascelle

May 30, Tech Ed students from West Kings District High School visited 14 Wing Greenwood's Airfield Operations Zone for the aviation portion of their information and technology curriculum.

During the three weeks leading up to the field trip, classes covered aircraft components, recovery systems, Newton's laws and rocket launch processes; even building their own rockets, launched behind their school May 28 - but not before taking pictures of their creations in front of a green screen, as part of the photography and photo editing portion of their course.

"I really liked going inside of the planes and sitting in the seats," said one student, following the highlight 14 Wing visit. "It was really fun, and the rockets were really fun to make, too. The rockets went really high and fast!"

Though the students were thrilled to participate in the outdoor activity, teachers offered Timbits and a McDonald's Door Dash prize to the students with the best-looking and highest-flying projectiles as extra motivation. In the field, teams called out to each other to "lock it!" as they prepared to recover the rockets on their descent, and one excited teen called out, "Low key, if this goes the highest, I will be amazed!" before initiating the launch of his craft.

The tour of the 14 Wing



West Kings students were encouraged to put their muscles to the match of the engine power required to turn just one of the CP140 Aurora's propellers, a May 30 hands-on lesson in their flight technology unit.

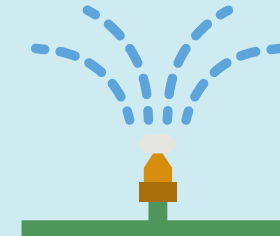
Officer Cadet L. Lascelle again, at school. "The coolest parts were touring the planes, being told how they work, learning about the different jobs in the military and sitting - as well as being - in the cockpits of the planes," said one participant. →



# WATER CONSERVATION

SMART WATER USE BEGINS WITH YOU!

The Municipality of the County of Kings is asking residents and businesses to practice responsible water consumption. Customers of the Greenwood Water Utility are reminded of **By-law 107**, which regulates the consumption of water according to the Municipality's Source Water Protection Plans.



Did you know the average sprinkler puts out about 4 m3 of water/hour?

That is equal to 16,000 glasses of water, which is way more than your lawn and garden likely need!

### WHEN TO WATER YOUR LAWN AND LANDSCAPES

Did you know it is best to water your lawn and garden during the coolest part of the day?

Water landscapes early in the morning, when air is still and evaporation loss is minimal.

### REDUCE YOUR NEED FOR FRESH WATER

Help soil retain moisture! Mulches are a great option for holding water in soil and keeping weeds under control.

Mowing a lawn less frequently helps it stay healthy and gives you more time for... basically anything that is not mowing.

### REUSE WATER

Rain barrels are a great way to collect and store water for gardening/watering plants. Don't want to buy a rain barrel? No problem! Any container that holds liquid will work.

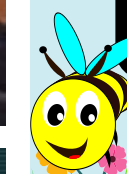
### DO YOU REALLY NEED TO?

New lawn? We get it - you want your grass to grow and thrive. If you must use a sprinkler, run it on a timer and make sure all of the water is landing on the grass (not driveways, or roads).

Thinking of washing your car? If you must, please do so sparingly. Conserving water is good for everyone and not washing your car also saves you time and energy.

### TIPS FOR CONSERVING WATER INDOORS

1. Turn off the tap when brushing, shaving and soaping up.
2. Install low-flow showerheads and set timers.
3. Switch to low-flush toilets.
4. Use a two-sink system for dishes.
5. Do full loads of laundry (in cold water!)



For more information on By-law 107 please visit [www.countyofkings.ca/bylaw107](http://www.countyofkings.ca/bylaw107) or call: 1-888-337-2999



The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.alianzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.alianzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédant la publication, à moins d'avis contraire.

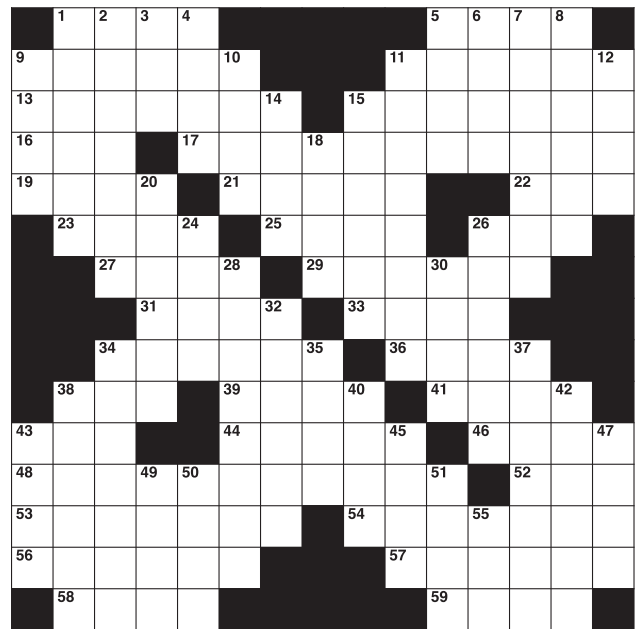
**Summer reading program**  
To August 31, the Annapolis Valley regional Library invites everyone - babies, kids, teens and adults - to join its Summer Reading Challenge. Log your summer reading hours to win fabulous prizes. Learn more and register at your local library, or visit valleylibrary.ca/src

**Drum circle - military community**  
July 2, 1:30 p.m. to 2:30 p.m., 7Arts in Greenwood hosts Health

RHYTHMS, a community drum circle, free for veterans, military members, and their families. Sponsored by True Patriot Love. Please register by emailing mindfullymore@gmail.com.

**Fibre arts group**  
July 3, 10, 17, 24 & 31, 6:30 p.m. to 8:30 p.m. Are you a female-identifying fibre craft artist (knitting, crochet, cross stitch, embroidery, felting or rug hooking) over the age of 25? Drop by 7Arts in Greenwood for

### crossword solution page 7



- ACROSS**
- Six (Spanish)
  - Invests in little enterprises
  - Large dung beetle
  - Gored
  - Partially paralyzed
  - Still a little wet
  - Legal field media company
  - Not working
  - 500 sheets of paper
  - Church structure
  - Sheep disease
  - Small drink of whiskey
  - Weaving tradition
  - Pestilence
  - Body part
  - Nabs
  - Places to stay
  - Witnesses
  - Looked for
  - Arranges
  - Political action committee
  - Middle eastern nation (alt. sp.)
  - Hair-like structure
  - Parts producer
  - Greek city
  - Subway dwellers
  - Norm from 'Cheers'
  - Clean a floor
  - Vied for
  - Canned fish offerings
  - Inspire with love
  - Sent down moisture
  - Wrest
  - Partner to carrots
  - things ordered one after another
  - Innermost spinal cord membranes
  - Cassava
  - A restaurant's list of offerings
  - Annoy constantly
  - Orchestra
  - Z Z Z
  - Astute
  - Highly decorated tea urn
  - Teach to behave
  - Endurance
  - Urnating
  - Barbie friend dolls
  - Repeats
  - Man-eating giant
  - Jewish calendar month
  - Accelerated
  - Husband of Sita in Hindu
  - Practice boxing
  - Containers
  - Contrary beliefs
  - Bleached
  - Pre-Islamic Egyptian
  - A group of similar

### horoscopes

**June 30 to July 6**

**ARIES - Mar 21/Apr 20**  
After some time, a difficult situation is beginning to settle down, Aries. Enjoy this well-earned peace and consider how a new perspective can help you forward.

**TAURUS - Apr 21/May 21**  
Taurus, a new plan can be just what you need to make notable progress. Finding a mentor or someone who has forged a path already can be a useful step.

**GEMINI - May 22/June 21**  
Gemini, you have a lot going on in your life right now to keep you busy. With so much going on, try not to worry about what is going on with others. Stay in your lane.

**CANCER - Jun 22/July 22**  
It is a fine week to really think about your future, Cancer. If you have goals to start a business, start hashing out plans and give thought to seeking a partner.

**LEO - Jul 23/Aug 23**  
Leo, this week you start out with a lot of energy, but likely will burn through it early on. If you want to reach your goal, you are going to have to learn how to pace yourself.

**VIRGO - Aug 24/Sept 22**  
A lot of emotions are running through your mind, Virgo. They may be very confusing. It is alright to feel out of sorts. Perhaps talking to someone can offer you perspective.

**horoscopes brought to you compliments of**

**FRASER'S PRO Home Centre**  
BERWICK • 1-800-959-3727  
KINGSTON • 1-902-765-3111  
KENTVILLE • 1-902-678-8044  
BRIDGETOWN • 1-902-665-4449  
ANNAPOLIS ROYAL • 1-902-532-1500  
www.frasers.ca



**Rotary backs robotics**  
The Spot, on School Street, Middleton; is a welcoming youth centre for individuals ages 13 to 19, regardless of religion, gender identity, race, ethnicity, abilities, etc. Activities offered at the centre range from cooking classes to pick-up basketball to arts - and more. May 27, Rotarian Daniel D'Aubin, right, presented \$4,000, on behalf of the Rotary Club of Middleton, to the coordinator of The Spot, Leslie Archibald, for a new robotics program they plan to start. To see what The Spot has to offer check out thespotns.ca or their Facebook and Instagram socials.

participate in the project of the week. Drop-ins welcome and encouraged! Cost is \$5. Caregivers free.

**Teen ArtBeat Lounge**  
July 6 & 20, 4 p.m. to 6 p.m., 7Arts in Greenwood hosts the ArtBeat Lounge for ages 13 to 17. Whether you're into visual arts, music, dance, or poetry, this is your space to shine. FREE for teens. Sponsored by the Kingston Lions Club. Pre-registration not required.

### sudoku solution page 7

6			1	4	5
	5				
			4	6	1
4	9	7	5	3	2
8	5	7	2		6
			8	7	5
	6		9	4	
2	3		4	8	
7	4	8	1	6	2

**Fun By The Numbers**  
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

**Kingston Lions**  
See us at the Kingston Steer BBQ July 13

**AYLESFORD & DISTRICT LIONS CLUB**  
2160 Hwy 1, Aylesford  
Starts 7:00 pm Friday  
902-847-9374

## Food for Thought from the Upper Room Food Bank

During May, the Upper Room Food Bank in Kingston served 231 families, consisting of 367 adults and 271 children, with 13,398 pounds of product going out and 12,702 pounds coming in. The incoming total includes 2,600 pounds the Feed Nova Scotia network provided, and 1,768 pounds bought with local cash donations. The rest is from local food bank sharing and local donations, including regular arrangements with local businesses.

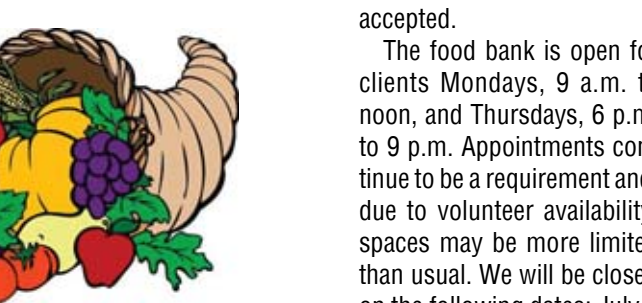
Clients needing service must call ahead to the food bank to arrange an appointment during normal operating hours. If calling outside of food bank office hours, leave a message and someone will get back to you to arrange a time. When ready, the order is placed in the designated area for client pickup. No one other than approved volunteers is allowed in the building.

Please make every effort to call our office early to arrange your appointment. Volunteers will do their best to help last-minute drop-ins during open hours, but you should come early, be prepared to wait, and they will fit you in where they can. Understand volunteers may also leave early when there are no more appointments or clients waiting, but they don't want to miss anyone in need either. If you can't make your scheduled appointment, call the office.

Our Facebook page is a spot for us post notices, repeat our numbers from this article and answer quick questions; keeping the public informed. Since our Messenger account is not

monitored 24/7, if your inquiry requires a quick response, it is best to contact the office.

Donations may be dropped off at the food bank, found behind the library at 669 Main Street, Kingston (during open hours); or, at the Kingston village offices, 655 Main Street. Processing of donated food continues following directives from Feed Nova Scotia and the Nova Scotia Health Authority. Cash donations are always



accepted.

The food bank is open for clients Mondays, 9 a.m. to noon, and Thursdays, 6 p.m. to 9 p.m. Appointments continue to be a requirement and, due to volunteer availability, spaces may be more limited than usual. We will be closed on the following dates: July 1 and 22, August 5 and 19, and September 2 and 30.

Our office number is 902-765-0303, or email us at upperroomfoodbk@hotmail.com. Be sure to follow us on Facebook! →

## services & trades classifieds

Call 902-765-1494 local 568-5833 for info

Low minimum delivery **Now offering propane**

**Fuel For Less**  
Quality Service at Discount Prices  
902-538-0677

Fuel for Less, 1-888-338-0331  
Waterville, N.S. 902-538-0677  
Bridgetown, N.S. 902-665-5293

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 9 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 568-5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraadvertising@ns.alianzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 568-5833; email auroramarketing@ns.alianzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9\$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annonces classées doivent être réservées et payées à l'avance avant 9 h, le mercredi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 568-5833, ou un courriel à auroramarketing@ns.alianzinc.ca.

**FLEA MARKET**  
SOMETHING FOR EVERYONE INDOOR  
FLEA MARKET - 812 King St., Kingston, N.S. Behind Tim Hortons and Freemans ESSO. Sundays only 9 a.m. to 3 p.m., weather permitting. Admis-

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 568-5833, ou un courriel à auroramarketing@ns.alianzinc.ca.

Admission \$1.00 (Adults) Children under 12 free. Everyone welcome. Christmas crafts, antiques, furniture, fire hydrant, 1920's car tenders, records, books, old tools, tea towels, knitted scarfs, hats, hanging shelves, rock hummingbird carvings, dream catchers, trees of life, toys, sport cards, filing cabinets and other interesting items. Be kind to each other. Tables available for rent call 902-847-0324. Thank you. (4524-4tbp)

**Paper carriers needed**

**Route #20 - Forest Brook Subdivision**  
Cherry, Mapplewood and Princess Lanes, Oakwood and Sunset Drives, all of Marshall Road to Highway 101 and the seniors complex at the corner of Highway 1 and Marshall Road.

170 papers  
**Effective June 15**

**Route #14 - Robie Route**  
Brittany, Robie and Tufts Avenues, Maggie Drive and William Street,

100 papers approx.  
**Available now**  
902-765-1494 local 5440  
auroranewspaper.com

**the Aurora find & win**

**Three easy ways to enter.**

- Through our website: www.auroranewspaper.com
- Fax: 902-765-1717
- Drop into our office located at 61 School Road (Morfee Annex)

**ONE ENTRY PER PERSON**

Full name \_\_\_\_\_ Phone number \_\_\_\_\_

Complete the following questions from ads in this week's issue and win a \$20 coupon to play Friday Night BINGO from Aylesford & District Lions Club. Coupons valid for 1 year. Age 17+ on regular games.

- Who is going to sing at the Riverside Stage?
- Where are the Kingston Lions going to be on July 13?
- How many Aurora paper carriers are needed?
- What's By-law 107 about?
- Who is selling rough and planed lumber?

**Congratulations to this week's winner: HELGA WHEELER**

**ROUGH & PLANED LUMBER**  
902-825-6424  
DAN'S FIREWOOD & LUMBER

**Kingston Legion Br 98 ~ July 2024**

Office 902-765-4920 • Bar 902-765-4428 • Fax 902-765-2479  
E-Mail legion98sect@eastlink.ca • Facebook: Kingston Legion Br.098

Sun	Mon	Tues	Wed	Thu	Fri	Sat
	Canada Day 1 We are Open! **Newfie Shoot Dart Tournament		Veteran Social 10 a.m.	Fun Darts 7:30 p.m. \$5	Drop in Single Darts \$5 7 p.m.	Meet Draw Chase the Ace!
BINGO 1 p.m.			Veteran Social 10 a.m.	Fun Darts 7:30 p.m. \$5 Foot Care Clinic Call Heather 902-300-3559 to book an appt.		Meet Draw Chase the Ace! Steer BBQ Parade *Steer BBQ Dance
BINGO 1 p.m.	We are closed for maintenance		Veteran Social 10 a.m.	Fun Darts 7:30 p.m. \$5		Meet Draw Chase the Ace!
BINGO 1 p.m.	EXECUTIVE MEETING 5 p.m.		Veteran Social 10 a.m.	Fun Darts 7:30 p.m. \$5 Foot Care Clinic Call Heather 902-300-3559 to book an appt.		Meet Draw Chase the Ace!
BINGO 1 p.m.			Veteran Social 10 a.m.		**Newfie Shoot Dart Tournament July 1st. Contact Stef to register: 902-297-2058 *Steer BBQ Parade begins at 10:45 in Downtown Kingston Steer BBQ Dance: \$9 Min/night \$10 per person. Darrin Beston Band. All are Welcome.	

Support the Kingston Legion by buying 50/50 tickets on-line at: www.raffiebox.ca/raffie/clcns  
Remember to select in support of: Kingston Br.98

Legion Calendar Sponsored by  
**PHARMASAVE VALLEY DRUG MART**  
613 Main St. KINGSTON 902-765-2103  
26 Commercial St. MIDDLETON 902-825-4822

**AYLESFORD & DISTRICT LIONS CLUB**

2160 Hwy 1, Aylesford  
Starts 7:00 pm Friday  
902-847-9374

# Community stands with, remembers, servicemen long lost in protection of free world

**Officer Cadet  
Laura Lascelle**

In 1942, I.O.D.E. Rosemary Chapter Middleton members made a promise to the family of fallen Aircraftman 2nd class Ivor Badham, who died May 2, 1942, while stationed at Royal Air Force Station Greenwood; to take care of their son's grave. They did so every year, for Badham and 26 other servicemen, until 2022.

June 9, Royal Canadian Legion Branch 1 Middleton President Andrew Bent led the annual decoration of the Commonwealth war graves at the Old Holy Trinity cemetery in Middleton. The Middleton Legion and 14 Wing Greenwood partner to continue lead the annual wreath-laying memorial service begun by Rosemary Chapter, gathering the second Sunday of June to place a single rose on the cemetery's 27 graves, each belonging to a Commonwealth Second World War



'Greater love has no man than this, than to lay down his life for his friends,' said Reverend Leon Langille. 'After they enlisted in their homelands, in the far reaches of the British Empire, they were sent here to the Valley to train so that they could stand against the tyranny that was threatening the entire free world.'

The Commonwealth service personnel who lost their lives while training and serving in Greenwood during the Second World War originated from the British Isles, Australia, New Zealand, and Canada. During the Second World War, there were 28 air-

plane crashes in Greenwood, resulting in 70 deaths, including those of the 27 aircrew buried in the Old Holy Trinity cemetery.

'Let us never forget,' said Langille, 'that we have been given such a lifestyle at great cost. By and large, my friends, such a life is a gift of grace to us from those who gave their all, that we might live in such freedom.'

The Middleton Legion, 14 Wing and the community will never forget the sacrifices of the aircrew killed while serving at Royal Air Force Station Greenwood during the Second World War, nor the dedication of the I.O.D.E. members who assisted the families of the deceased servicemen by caring for their graves for many decades. →



Officer Cadet L. Lascelle

## Summer camps for youth interested in skilled trades


Nova Scotian youth will learn more about the skilled trades this summer at safe, fun and interactive camps for youth aged 12 to 15, in a partnership between the Nova Scotia Apprenticeship Agency, Nova Scotia Community College (NSCC), industry and various community partners

Ten week-long camps will be offered in the construction, industrial/ manufacturing and cooking sectors throughout the province. They will focus on safety training, promoting teamwork and community building, career exploration and hands-on skilled trades experience. Similar camps will be offered during March Break in 2025.

Camps will take place in July and August at NSCC campuses in Dartmouth, Middleton, Yarmouth, Digby, Halifax, Stellarton and Port Hawkesbury.

Skilled trades exploration camp registration may be found here [nsc.ca/tradescamps](http://nsc.ca/tradescamps). →

**Chris d'Entremont**  
Member of Parliament for West Nova/Député - Nova-Ouest



**We are now open to the public Mondays, Tuesdays, Wednesdays and Thursdays 10 a.m. - 4 p.m.**

**Kingston Office**  
778 Main Street,  
Kingston, NS B0P 1R0  
902-242-3605

**1-866-280-5302 (Toll free/ Sans frais);  
chris.dentremont@parl.gc.ca**



**Voyageur Aviation commémore fièrement le centenaire de l'ARC**

**Voyageur Aviation proudly commemorates the RCAF Centennial**

Proposer des solutions innovantes.



Delivering innovative solutions. [voyav.com](http://voyav.com)



**AUGUST 12-17, 2024**



**MARK YOUR CALENDARS!**

**Get your tickets & passes online today**  
Don't miss out on some great Early Bird specials!

**FUN FOR THE WHOLE FAMILY**

Get your tickets now!  
Online at:




**Jess Moskaluke**  
Riverside Stage  
Sat. Aug 17 @ 8:30 pm



You could win big too!  
50/50 raffle tickets at:



**Morgan Toney**  
Youth Arena Stage  
Sat. Aug 17 @ 2:00 pm



Stay up to date at:  
[annapolisvalleyexhibition.com](http://annapolisvalleyexhibition.com)  
[facebook.com/annapolisvalleyex](https://facebook.com/annapolisvalleyex)